

Mission:
To protect, promote & improve the health
of all people in Florida through integrated
state, county & community efforts.



Rick Scott
Governor

John H. Armstrong, MD, FACS
State Surgeon General & Secretary

Vision: To be the Healthiest State in the Nation

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FLORIDA DEPARTMENT OF HEALTH ANNOUNCES HEALTHIEST WEIGHT SNAPSHOTS

TALLAHASSEE—Today, the Florida Department of Health announced the update of its County-Level Healthiest Weight Snapshots. Florida has a robust data collection system and it is one of the only states in the country with a methodology in place to collect and report county level data in this format.

“These County-Level Snapshots help local decision makers to see health data relevant for their area,” said State Surgeon General and Secretary of Health Dr. John Armstrong. “These reports are mileposts on our road to becoming the healthiest state in the nation.”

The County-Level Snapshots are the result of collaborative efforts among the department’s Bureau of Epidemiology, Bureau of Chronic Disease Prevention, Bureau of Community Health Assessment and Healthiest Weight Florida. The data contained in the reports is sourced from several data collection systems in an effort to make it easier for public health professionals and local governments to plan and evaluate programs and projects.

This 2015 update to the tool includes the latest demographic and behavioral measures relating to the community’s healthy weight status, as well as data examining respondents’ proximity to food sources and their choice of commute to work. This information can be used to support community health assessments, provide data for health and weight related research, and encourage communities to improve nutrition and increase physical activity by showing them where they stand.

Healthiest Weight Florida is a public-private collaboration bringing together state agencies, not-for-profit organizations, businesses and entire communities to help Florida’s children and adults make consistent, informed choices about healthy eating and active living. Learn more about the Healthiest Weight Florida initiative at www.HealthiestWeightFL.com.

To learn more about the County-Level Healthiest Weight Snapshots from the Florida Community Health Assessment Resource Tool Set (Florida CHARTS), please visit www.HealthiestWeightFL.com/Resources.

The department works to protect, promote and improve the health of all people in Florida through integrated state, county and community efforts.

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