## STORM PREPAREDNESS & RESPONSE EMERGENCY WOUND CARE

The risk for injury is increased during and after a natural disaster. Floodwaters and standing waters pose various risks, including infectious diseases, chemical hazards, and injuries. Prompt first aid can help heal small wounds and prevent infection.

## Use these steps to protect yourself and your family:



Avoid contact with flood waters, especially if you have an open wound.



Cover clean, open wounds with a waterproof bandage to reduce chance of infection.



Keep open wounds as clean as possible by washing thoroughly with soap and clean water.

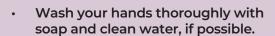


Seek immediate medical care if a wound develops redness, swelling, oozing, or other signs of infection, such as fever, increasing pain, shortness of breath, fast heart rate, confusion or disorientation, or high heart rate.

## Seek medical attention as soon as possible if:

- There is a foreign object (soil, wood, metal, or other objects) embedded in the wound.
- Wound is infected (pain and soreness, swelling, redness, draining, or you develop a fever).
- Wound is a result of a puncture by a dirty object.

## Take care of wounds:



- Avoid touching the wound with your fingers while treating it. If possible, use disposable gloves.
- Remove obstructive jewelry and clothing from the injured body part.
- Apply direct pressure to any bleeding wound to control bleeding.
- · Clean the wound after bleeding has stopped.
  - Check the wound for dirt and foreign objects.
  - Gently flood the wound with bottled water or clean running water (if available, saline solution is preferred).
  - Gently clean around the wound with soap and clean water.
  - Pat dry and apply an adhesive bandage or dry clean cloth.
- Leave unclean wounds, bites, and punctures open. Wounds that are not cleaned correctly can trap bacteria and result in infection.
- Provide pain relievers when possible.
- Monitor the wound every 24 hours for signs of infection.
- · Wound is a result of an animal bite.
- You have signs of sepsis, such as confusion or disorientation, shortness of breath, high heart rate, fever or shivering, extreme pain or discomfort, or clammy/sweaty skin.



If you receive a puncture wound or a wound contaminated with feces, soil, or saliva, have a health care professional determine whether a tetanus booster is necessary based on individual records.

