Job aid for clinicians

Clinician guidance for submitting suspected acute flaccid myelitis (AFM) information to the Florida Department of Health





After expert review, patient classification will be relayed to clinician.

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Specimens to collect and send for testing for suspected AFM cases

sample	amount	tube type	processing	storage	shipping
CSF	0.15 mL, 0.5-2 mL preferred (collect at same time or within 24hrs of serum)	Cryovial	Spun and CSF removed to cryovial	Freeze at ≤-20°C	Ship on dry ice.
Serum	0.5 mL, 1 mL preferred (collect at same time or within 24hrs of serum)	Tiger/red top	Spun and serum removed to tiger/ red top	Freeze at ≤-20°C	Ship on dry ice.
Stool	1 gram, 10 – 20 grams preferred (2 samples collected 24hrs apart)	Sterile container	N/A	Freeze at ≤-20°C	Ship on dry ice. Rectal swabs should not be sent in place of stool.
Respiratory (NP)/ Oropharangeal (OP) swab	0.5 mL, 1 mL preferred (minimum amount)	N/A	Store in vial transport medium	Freeze at ≤-20°C	Ship on dry ice.

Source: The U.S. Centers for Disease Control and Prevention (CDC), www.cdc.gov/acute-flaccid-myelitis

Coordinate with your county health department to send information about suspected AFM cases and ship specimens to the Bureau of Public Health Laboratories.