

## **Malaria Testing and Shipping Procedures**

When malaria is suspected, blood smears should be obtained and examined without delay. For routine examination or malaria diagnosis confirmation, please submit blood and blood smears (at least 2 thick and 2 thin blood smears) and an EDTA preserved blood tube to:

Florida Department of Health
Bureau of Public Health
Laboratories - Parasitology
1217 Pearl Street
Jacksonville, FL 32202
Phone (904) 791-1600

Florida Department of Health Bureau of Public Health Laboratories 1325 N.W. 14th Avenue Miami, FL 33125 Phone (305) 324-2432

**Type of Sample Required:** Blood smears from venous blood should be prepared as soon as possible after collection. Anticoagulants added to the venous blood specimen can interfere with parasite morphology and staining characteristics making identification difficult. <u>Capillary blood samples are preferable.</u>

In some cases, when species identification cannot be made by microscopic examination, analysis by polymerase chain reaction (PCR) is helpful. Approximately 3-5 ml blood sample collected in Vacutainer® EDTA tubes prior to anti-parasitic therapy is needed for PCR testing.

- Whenever possible, collect specimens before any treatment is initiated.
- Since the parasitemia may fluctuate, multiple smears might be needed.
- Thick and thin smears should be prepared as soon as possible after collection.

Detailed instructions on to prepare thick and thin blood smears are described at:

http://dpd.cdc.gov/dpdx/html/Frames/DiagnosticProcedures/body\_dp\_bloodprocess.htm

## Shipping: Notify the BPHL directly prior to shipping of any prioritized specimens or specimens that need to be analyzed during the weekend

- 1. Place labeled tube of anticoagulated (EDTA) blood in enough absorbent material to contain any leakage, and place in a sealed plastic bag or 50 ml screw cap centrifuge tube.
- 2. Pack this bag or container in a box, cushioned so that the blood tube doesn't break.
- 3. A completed Florida DOH Clinical Laboratory Submission Form DH1847 form should accompany all specimens: (Important)
  - a. Submitter's name, address and phone number
  - b. Health care provider's name, address and phone number
  - c. Patient's name, travel history (places and dates) and treatment information
  - d. Specimen collection date
  - e. What tests are requested and what organisms are suspected

Ship via courier or overnight delivery to permit optimum recovery of parasites; refrigeration during shipment (preferably at 4°C) may be necessary and should be discussed beforehand with the receiving laboratory.