

**FOR IMMEDIATE RELEASE**

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**MOSQUITO-BORNE DISEASE ALERT ISSUED FOR LEON COUNTY**

*--Second Human Case of West Nile Virus Infection Confirmed--*

***Dr. Homer J. Rice, Administrator, Leon CHD, will hold a media availability tomorrow, 9 a.m.***

**Conference call information:**

**US toll free: 1-888-670-3525**

**Participant passcode: 4221423005 then #**

**Tallahassee**--Today, the administrators of Leon and Wakulla County Health Departments, Homer J. Rice, RS, MPH, PhD, and Padraic Juarez, RS, MS, CPM, announced that the Florida Department of Health (DOH) has issued a mosquito-borne illness alert for Leon County. Wakulla County remains under a mosquito-borne advisory. A second human case of West Nile Virus has been confirmed, and there is a heightened concern that additional residents may become ill. The most recent case involves a 60-year-old man who lived outside and traveled in both counties during the time he was exposed.

Symptoms of West Nile Virus may include headache, fever, fatigue, dizziness, weakness and confusion. Members of the public who develop a fever or other signs of illness should consult with their health care providers. Health care providers should contact Leon or Wakulla County Health Department if they suspect an individual may be infected with a mosquito-borne illness.

Both county health departments remind residents and visitors to avoid being bitten by mosquitoes. County Mosquito Control and the health departments continue surveillance and prevention efforts and encourage everyone to take basic precautions to help limit exposure by following the Department of Health recommendations below.

To protect yourself from mosquitoes, you should remember "Drain and Cover":

**DRAIN standing water to stop mosquitoes from multiplying.**

Drain water from garbage cans, house gutters, buckets, pool covers, coolers, toys, flower pots or any other containers where sprinkler or rain water has collected.

- Discard old tires, drums, bottles, cans, pots and pans, broken appliances and other items that aren't being used.
- Empty and clean birdbaths and pet's water bowls at least once or twice a week.
- Protect boats and vehicles from rain with tarps that don't accumulate water.
- Maintain swimming pools in good condition and appropriately chlorinated. Empty plastic swimming pools when not in use.

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### **COVER skin with clothing or repellent.**

- **CLOTHING** - Wear shoes, socks and long pants and long-sleeves. This type of protection may be necessary for people who must work in areas where mosquitoes are present.
- **REPELLENT** - Apply mosquito repellent to bare skin and clothing.
  - Always use repellents according to the label. Repellents with DEET (N,N-diethyl-m-toluamide), picaridin, oil of lemon eucalyptus and IR3535 are effective.
  - Use mosquito netting to protect children younger than 2 months old.

### **COVER doors and windows with screens to keep mosquitoes out of your house.**

- Repair broken screening on windows, doors, porches and patios.

### **Tips on Repellent Use:**

- Always read label directions carefully for the approved usage before you apply a repellent. Some repellents are not suitable for children.
- Products with concentrations of up to 30 percent DEET are generally recommended. Other US Environmental Protection Agency-approved repellents contain Picaridin, oil of lemon eucalyptus or IR3535. These products are generally available at local pharmacies. Look for active ingredients to be listed on the product label.
- Apply insect repellent to exposed skin or onto clothing **but not** under clothing.
- In protecting children, read label instructions to be sure the repellent is age-appropriate. According to the CDC, mosquito repellents containing oil of lemon eucalyptus should not be used on children under the age of three years. DEET is not recommended on children younger than two months old.
- Avoid applying repellents to the hands of children. Adults should apply repellent first to their own hands and then transfer it to the child's skin and clothing.
- If additional protection is necessary, apply a permethrin repellent directly to your clothing. Again, always follow the manufacturer's directions.

DOH continues to conduct statewide surveillance for mosquito borne illnesses, including West Nile virus infections, Eastern equine encephalitis, St. Louis encephalitis, malaria and dengue. Residents of Florida are encouraged to report dead birds via the web site for Surveillance of Wild-bird Die-offs located at <http://www.myfwc.com/bird/>. For more information, visit DOH's Environmental Public Health web site at <http://www.doh.state.fl.us/Environment/medicine/arboviral/index.html> or call Leon (850-606-8350) or Wakulla County Health Department's environmental health division (850-926-0400).

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