# Florida FLU REVIEW 2016-17 Season

### Week 40: October 2-8, 2016

### State influenza and influenza-like illness (ILI) activity:

**Summary** 

- During the first week (week 40) of the 2016-17 influenza season, influenza activity increased slightly but remains at low levels across the state.
- Emergency department (ED) and urgent care center (UCC) visits for ILI remained low, which is typical for this time in the influenza season.
- In recent weeks, the preliminary estimated number of deaths due to pneumonia and influenza (P&I) increased slightly and is above levels seen in previous seasons at this time. We are working to better understand this trend in P&I mortality.
- In week 40, the majority of counties reported "mild" or no influenza activity.
- No influenza-associated pediatric deaths were reported in week 40.
  - No influenza-associated pediatric deaths have been reported so far this season. Annual vaccination remains the best way to protect children against influenza infection. Now is the perfect time to get your annual vaccine.
- In week 40, no outbreaks of influenza or ILI were reported.
- In the last four weeks, the most common influenza subtype detected at the Bureau of Public Health Laboratories (BPHL) has been influenza B Yamagata lineage. Throughout the summer months, influenza B Yamagata lineage viruses predominated in Florida, where influenza A (H3) has been the predominantly circulating strain nationally. As Florida transitions into the winter months, we often see a change to influenza A as the most commonly circulating strain. In recent weeks, influenza A (H3) viruses have also been detected at BPHL.

### National influenza activity:

- Influenza activity continues to circulate at low levels nationally. In recent weeks, influenza and ILI activity increased but remains below the national baseline.
- In recent weeks, influenza A (H3) has been the most common subtype reported to the Centers for Disease Control and Prevention (CDC) by public health laboratories across the nation. It is not uncommon for the national predominantly circulating strain to be different from the predominantly circulating strain in Florida.
- On August 25, 2016, the 2016-17 influenza vaccine recommendations were published in a CDC Morbidity and Mortality Weekly Report.
  - For the 2016-17 season, CDC recommends use of inactivated influenza vaccines (IIV) or recombinant influenza vaccines (RIV). Live attenuated influenza vaccines (LAIV) should not be used during the 2016-17 influenza season. This recommendation follows poor or relatively lower effectiveness of LAIV between 2013 and 2016.
  - To learn more, please visit: http://www.cdc.gov/mmwr/volumes/65/rr/ rr6505a1.htm?s\_cid=rr6505a1\_w.
- There is increased risk for highly pathogenic avian influenza (HPAI) H5 virus identification in birds as we enter the fall migratory season. HPAI H5 has not been identified in Florida birds and would be expected to be seen in more northerly states first, but identifications are possible. To date, only one wild duck in Alaska has tested positive for HPAI H5 since November 2015. No human HPAI infections have been identified in Florida or other states.
  - To learn more about HPAI, please visit: www.floridahealth.gov/novelflu.

### Weekly State Influenza Activity

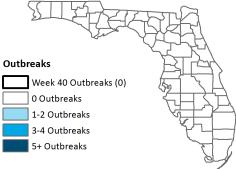


see page 2 🕨

### **Predominately Circulating Strain**



### Influenza and ILI Outbreaks Reported as of 10/8/2016



For more information see page 5

### **County Influenza Activity**

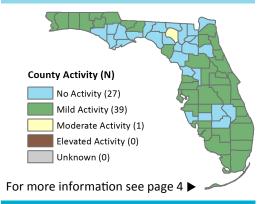


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Posted October 12, 2016 on the Bureau of Epidemiology (BOE) website: www.floridahealth.gov/floridaflu Produced by the BOE, Florida Department of Health Contributors: Heather Rubino, PhD; Julia Munroe, MS; Brandon Ramsey, MS; Leah Eisenstein, MPH; Lea Heberlein-Larson, MPH; Valerie Mock, BS; Marshall Cone, MS; Pam Colarusso, MSH; Janet Hamilton, MPH.



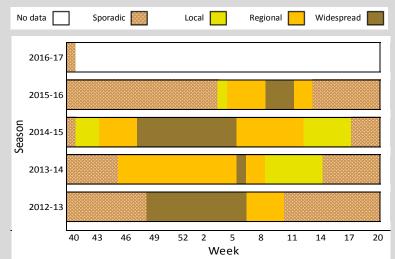
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### Weekly State Influenza Activity Reporting

Below is the state influenza activity level reported to CDC each week since the 2012-13 influenza season. Florida reported sporadic influenza activity for week 40.



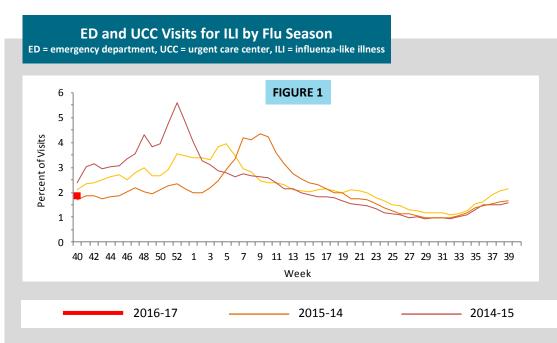
The graphic above shows how influenza activity in Florida can vary widely from season to season. This unpredictability underscores the importance of influenza surveillance in Florida.

#### Influenza surveillance goals:

- Influenza surveillance is conducted to detect changes in the influenza virus. These data are used to help determine the annual national vaccine composition and to prepare for potential epidemics or pandemics.
- Surveillance is also conducted to identify unusually severe presentations of influenza infection, detect outbreaks, and determine seasonal influenza trends in order to guide influenza prevention, particularly in high-risk populations like children, adults ≥65 years old, and pregnant women.
- See the back page of this report for more information on influenza surveillance systems used in Florida: Page 13

### **Statewide ILI Visits**

Influenza-like illness (ILI) is defined as a fever ≥100°F AND sore throat and/or cough in the absence of another known cause.



**Figure 1** shows the percent of visits for ILI from ED and UCC chief complaint data for ESSENCE-FL participating facilities (n=274), week 40, 2013 to week 40, 2016.

In week 40 (the first week of the 2016-17 season), the percent of visits to EDs and UCCs for ILI increased but remains similar to levels seen in previous seasons at this time.

2013-14

### Statewide ILI Outpatient Visits and P&I Deaths

2016-17



2015-16

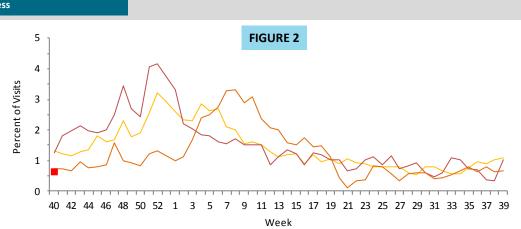
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2013-14

#### Visits for ILI to Outpatient Providers by Flu Season ILI = influenza-like illness

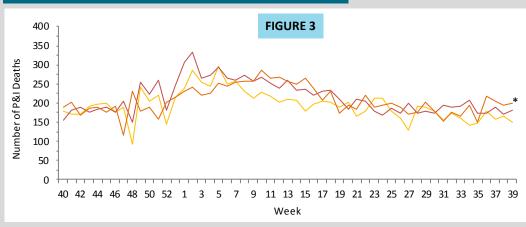
**Figure 2** shows the percent of visits for ILI reported by ILINet outpatient providers statewide (n=41), week 40, 2013 to week 40, 2016.

In week 40 (the first week of the 2016-17 season), the percent of visits for ILI reported by ILINet outpatient providers decreased and is below levels seen in previous seasons at this time.



2014-15





**Figure 3** shows P&I deaths\* for all Florida counties from the Bureau of Vital Statistics, as reported into ESSENCE-FL, week 40, 2013 to week 39, 2016.

\*As of week 39 (ending October 1, 2016), 10,759 P&I deaths have been reported in the 2015-16 influenza season.

The number of P&I deaths increased slightly and is above levels seen in previous seasons at this time.

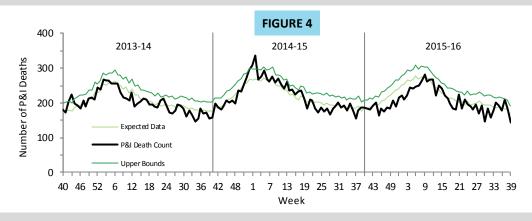
#### P&I Deaths\*, Multi-Year Regression Model P&I = pneumonia and influenza

Figure 4 shows the number of preliminary estimated P&I deaths\* for all Florida counties, the number of deaths predicted using a multi-year regression model, and the upper bound of the 95% confidence interval for this prediction.

For week 39 (ending October 1, 2016):

143 preliminary estimated P&I deaths were reported.

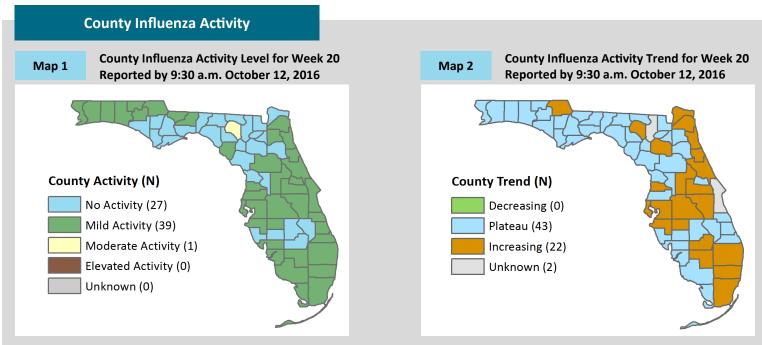
The upper bound of the 95% confidence interval for prediction is 191 deaths, with no excess deaths.



\* Current season P&I death counts are preliminary estimates, and may change as more data are received. The most recent data available are displayed here. Vital statistics death records received in ESSENCE-FL are considered to be complete through week 39, 2016.

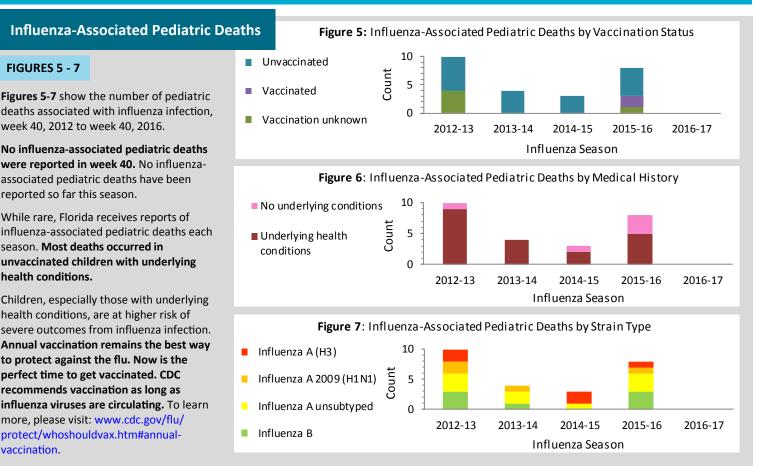
# County Influenza and ILI Activity Maps

County influenza activity data are reported by county health departments through EpiGateway on a weekly basis. Information is used to determine county activity and includes laboratory results, outbreak reports, and ILI activity. The figures below reflect a county health department's assessment of influenza activity within their county. For week 40, 22 counties reported "increasing" activity, 43 counties reported activity at a "plateau," and two counties reported "unknown" activity.



As of 9:30 a.m. October 12, 2016, a total of 67 (100%) counties reported their weekly level of influenza activity. Please note that data reported after the deadline Tuesday at 5 p.m. are recorded but may not be included in the activity maps for this week.

# Influenza-Associated Pediatric Deaths



# ILI Activity and Outbreaks by Setting



The map to the right shows influenza and ILI outbreaks by county for week 40, 2016. No outbreaks of ILI were reported during the first week of the **2016-17 influenza season (week 40).** No outbreaks of influenza and ILI have been reported into EpiCom or Merlin so far in the 2016-17 season.

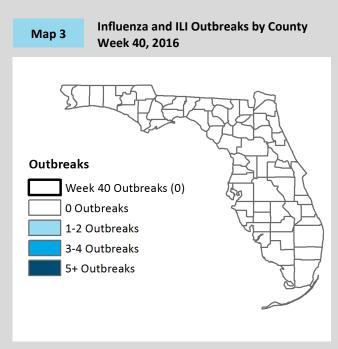
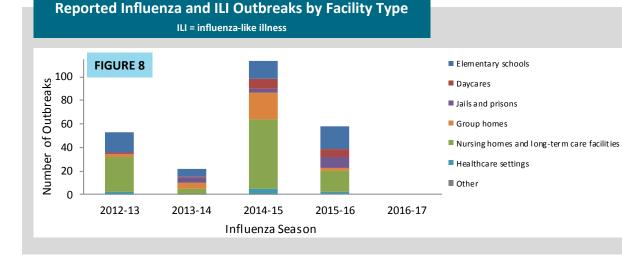


TABLE 1: Summary of Florida Influenza and ILI Outbreaks by Setting, Week 40 through Week 40, 2016											
Setting	Total	A (H3)	A 2009 (H1N1)	A Unsubtyped	A & B Unsubtyped	B Yamagata	B Victoria	B Unsubtyped	Influenza Unspecified	Other respiratory viruses	Currently unknown pathogen
Schools	-	-	-	-	-	-	-	-	-	-	-
Daycares	-	-	-	-	-	-	-	-	-	-	-
Jails & prisons	-	-	-	-	-	-	-	-	-	-	-
Mental health facilities	-	-	-	-	-	-	-	-	-	-	-
Nursing homes & long term care facilities	-	-	-	-	-	-	-	-	-	-	-
Health care facilities	-	-	-	-	-	-	-	-	-	-	-
Other	-	-	-	-	-	-	-	-		-	-
Total	0	0	0	0	0	0	0	0	0	0	0

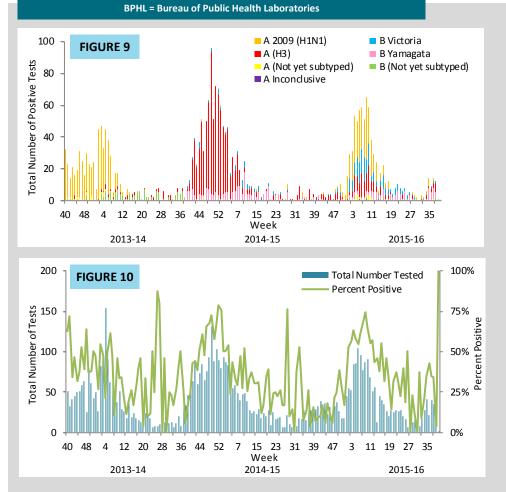


# **Figure 8** shows the distribution of outbreaks by facility type and season.

No outbreaks of influenza or ILI have been reported during the first week of the 2016-17 season.

In Florida, influenza activity often increases in children and then moves through other age groups. As such, it is expected that early season outbreaks will occur in facilities serving children, such as schools and daycares.

### Laboratory Surveillance



**BPHL Viral Influenza Specimen Testing** 

Figures 9 and 10 use BPHL viral surveillance data.

**Figure 9** shows the number of influenza-positive specimens, tested by subtype and lab event date\*.

Influenza B Yamagata lineage has been the most commonly identified influenza subtype by BPHL in the last four weeks. Throughout the summer months, influenza B Yamagata lineage was the most commonly identified strain of influenza at BPHL. Nationally, influenza A (H3) has been identified as the predominantly circulating strain of influenza. It is not uncommon for the national predominantly circulating strain to be different from the predominantly circulating strain in Florida. As Florida transitions into the winter months, an increase in the proportion of specimens testing positive for influenza A is expected.

**Figure 10** shows the number of specimens tested by BPHL and the percent that were positive for influenza by lab event date\*.

In recent weeks, the number of specimens tested for influenza and the percent of laboratory results testing positive for influenza has decreased. Both indicators are below levels seen in previous seasons at this time.

### TABLE 2: Bureau of Public Health Laboratories (BPHL) Viral Surveillance by Lab Event Date\* Reported by 10:00 a.m. October 12, 2016

Influenza Type	Current Week 40°	Previous Week 39**	Current 2016-17 Season
Total Specimens Tested	1	25	1
Influenza positive specimens (% of total specimen tested)	1 (100%)	1 (4%)	-
Influenza A 2009 (H1N1) (% of influenza positives)	-	-	-
Influenza A (H3) (% of influenza positives)	-	-	-
Influenza A not yet subtyped (% of influenza positives)	1 (100%)	-	1 (100%)
Influenza A inconclusive** (% of influenza positives)	-	-	-
Influenza B Yamagata (% of influenza positives)	-	-	-
Influenza B Victoria (% of influenza positives)	-	-	-
Influenza B not yet subtyped (% of influenza positives)	-	1 (100%)	-

\*"Lab event date" is defined as the earliest of the following dates associated with influenza testing at the laboratory: date specimen collected, date received by the laboratory, date reported or date inserted.

\*\*Influenza A inconclusive test results are due to technical difficulties including an insufficient sample for testing or internal sample control failure and occur occasionally in routine laboratory testing.

\*Week 40, 2016 is the first week of the 2016-17 influenza season.

\* Week 39, 2016 is the last week of the 2015-16 influenza season.

For county-specific laboratory data, please refer to the Flu Lab Report in Merlin. For instructions on how to use the Flu Lab Report, please see the Guide to Flu Lab Report on the Bureau of Epidemiology website: www.floridahealth.gov/diseases-and-conditions/influenza/\_documents/flulabreportguide.pdf

### **Regional ILI Visits**

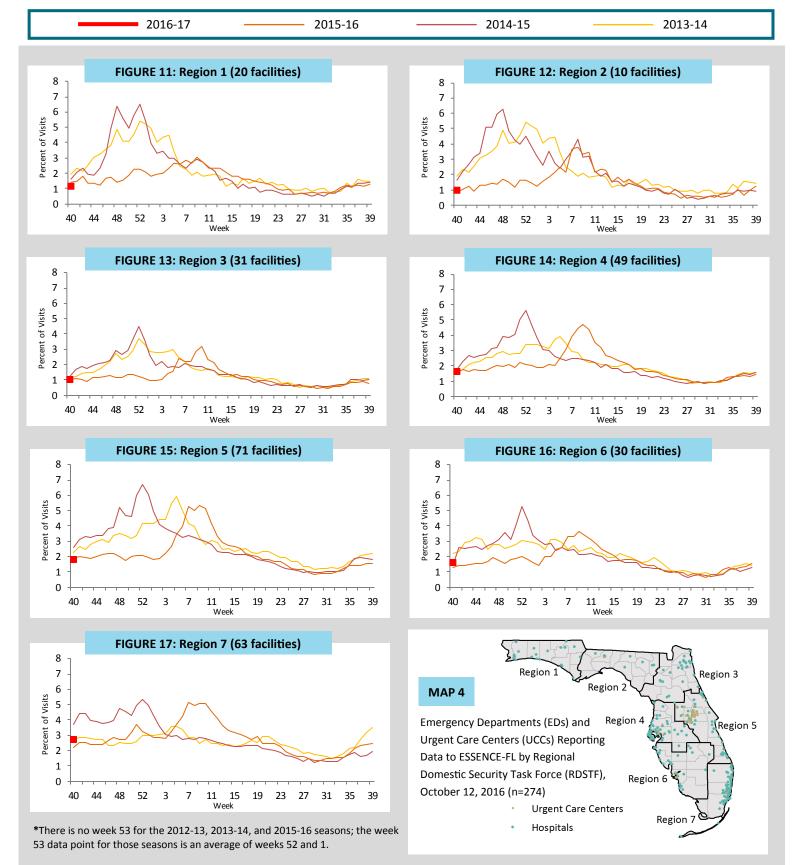
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### ED and UCC Visits for ILI by Region

ED = emergency department, UCC = urgent care center, ILI = influenza-like illness

**Figures 11-17** show the percent of visits for ILI from ED and UCC chief complaints for ESSENCE-FL participating facilities (n=274), by ESSENCE-FL Regional Domestic Security Task Force (RDSTF) regions (see map 4) from week 40, 2013 to week 40, 2016\*. **In week 40 (the** 

first week of the 2016-17 flu season), the percent of ED and UCC visits for ILI increased in regions 3, 4, 5, 6, and 7, and decreased in all other regions. The percent of ED and UCC visits for ILI is similar to or below levels seen in previous seasons in all regions at this time.



## Age Groups: ILI Visits and P&I Deaths

5 to 24 years old



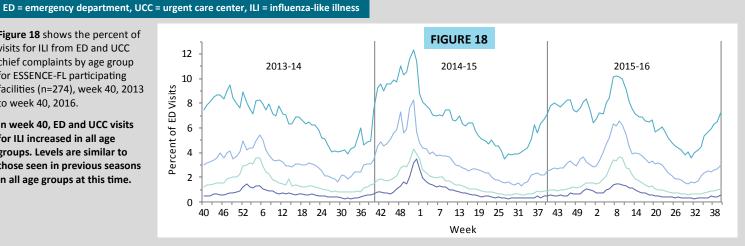
### ≥65 years old

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ED and UCC Visits for ILI by Age Group

Figure 18 shows the percent of visits for ILI from ED and UCC chief complaints by age group for ESSENCE-FL participating facilities (n=274), week 40, 2013 to week 40, 2016.

In week 40, ED and UCC visits for ILI increased in all age groups. Levels are similar to those seen in previous seasons in all age groups at this time.



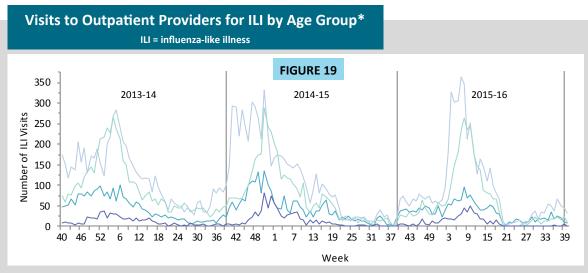
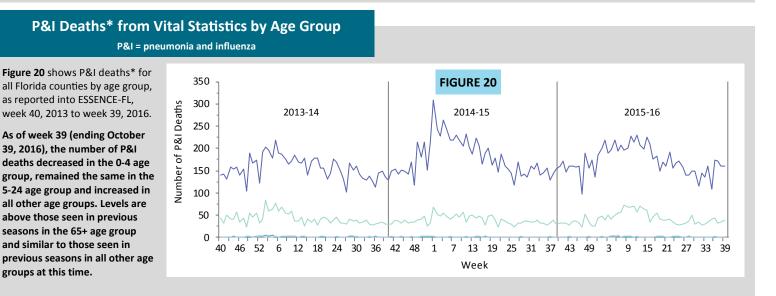


Figure 19 shows the number of visits for ILI reported by ILINet outpatient providers statewide (n=41) by age group, week 40, 2013 to week 40, 2016.

In week 40, the number of visits for ILI decreased in all age groups. Levels are similar to those seen in previous seasons in all age groups at this time.

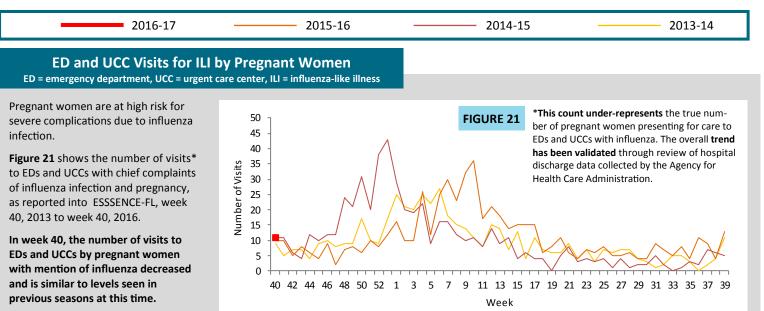
\*Data presented here are counts, not proportions. This is because age group denominator data is not available through ILINet.



\*Current season P&I death numbers are preliminary estimates, and may change as more data are received. The most recent data available are displayed here. Vital statistics death records received in ESSENCE-FL are currently considered to be complete through week 39, 2016.

## **At-Risk Populations: ILI Visits**

ESSENCE-FL collects data daily from 274 EDs and UCCs. Data are processed into 11 different syndrome categories based on the patient's chief complaint. One of the categories is ILI, which is composed of chief complaints that include the words "influenza" or "flu," or complaints that contain "fever," "cough," and/or "sore throat." The Florida Department of Health uses ED and UCC chief complaint data to monitor influenza and ILI activity in a timely manner in groups at higher risk of severe health outcomes (such as hospitalization and death) from influenza infection. These at-risk groups include pregnant women, children ≤18 years old, and adults ≥65 years old.



#### ED and UCC Visits for ILI by Children ≤18 Years Old ED = emergency department, UCC = urgent care center, ILI = influenza-like illness

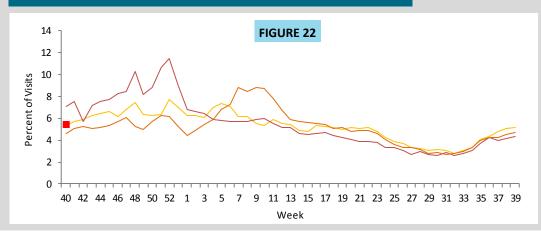


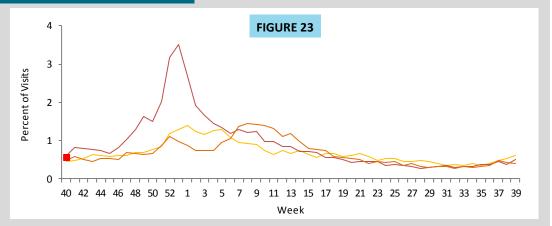
Figure 22 shows the percent of ILI visits among all ED and UCC visits for children ≤18 years old, as reported into ESSSENCE-FL, week 40, 2013 to week 40, 2016.

In week 40, the percent of ILI visits among all ED and UCC visits for children ≤18 years old is similar to levels seen in previous seasons at this time.

#### ED and UCC Visits for ILI by Adults ≥65 Years Old ED = emergency department, UCC = urgent care center, ILI = influenza-like illness

Figure 23 shows the percent of ILI visits among all ED and UCC visits for adults ≥65 years old, as reported into ESSSENCE-FL, week 40, 2013 to week 40, 2016.

In week 40, the percent of ILI visits among all ED and UCC visits for adults ≥65 years old is similar to levels seen in previous seasons at this time.



## ILI Activity by Population and Setting Type

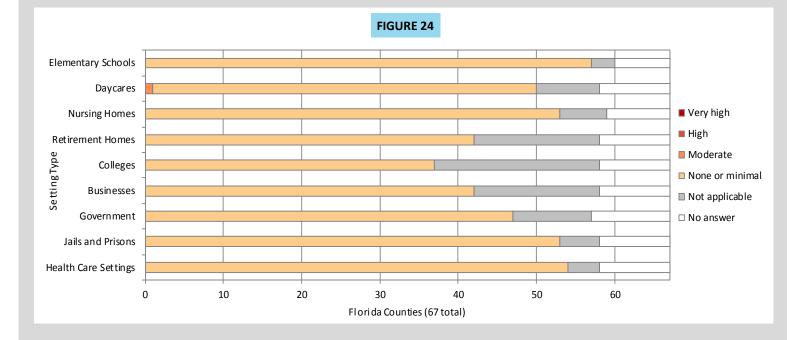
#### ILI Activity by Setting Type ILI = influenza-like illness

County health departments are asked to evaluate influenza activity in certain settings within their county. The assessment scale for activity ranges from no or minimal activity to very high activity.

Figure 24 shows the results of the influenza activity assessment for week 20, 2016.

Counties that reported "not applicable" for the listed settings are excluded from the denominator in the calculations below.

- ILI Activity Levels:
- No or very minimal activity
- Moderate activity
- High activity
- Very high activity



### Settings for Children under 18

**In elementary schools**, 57 counties (89%) reported no or minimal influenza or ILI activity.

**In daycare settings**, 49 counties (83%) reported no or minimal influenza or ILI activity.

### **Settings for Adults over 65**

**In nursing homes**, 53 counties (87%) reported no or minimal influenza or ILI activity.

**In retirement homes**, 42 counties (82%) reported no or minimal influenza or ILI activity.

### Settings for Adults ages 18 to 65

**In colleges**, 37 of 46 counties (80%) reported no or minimal influenza or ILI activity.

In businesses, 42 counties (82%) reported no or minimal influenza or ILI activity.

**In government offices**, 47 counties (83%) reported no or minimal influenza or ILI activity.

### **Other Unique Settings**

**In jails and prisons**, 53 counties (86%) reported no or minimal influenza or ILI activity.

In health care settings, including rehabilitation facilities and mental health facilities, 54 counties (86%) reported no or minimal influenza or ILI activity.

### **Respiratory Syncytial Virus Surveillance**

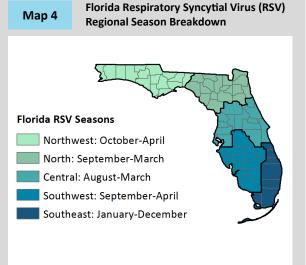
RSV Activity Summary and Seasonality RSV = respiratory syncytial virus

#### State respiratory syncytial virus (RSV) activity:

- In week 40, the percent of children under the age of five diagnosed with RSV at EDs and UCCs continued to increase and remains notably above levels observed in previous seasons at this time.
- To learn more about RSV in Florida, please visit: http://www.floridahealth.gov/rsv.

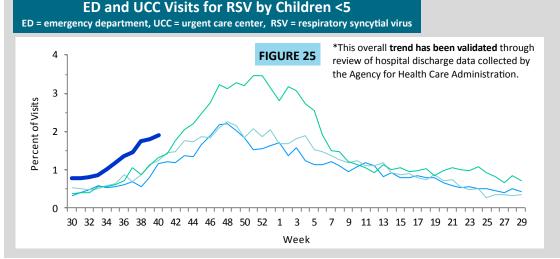
#### **RSV Seasonality:**

- RSV activity in Florida typically peaks in the months of November through January, though activity can vary dramatically by region. According to CDC, the start of RSV season is marked by the first two consecutive weeks during which the average percentage of specimens testing positive for RSV is at or above ten percent.
- Florida has established regular RSV seasons based on these thresholds.
- Currently all regions are considered to be in RSV season (see map 4).
- Florida's RSV season is longer than the rest of the nation and has distinct regional seasonality. For more information on RSV seasonality in Florida, see the American Academy of Pediatrics' 2015 Red Book.



#### **RSV surveillance goals:**

- A statewide RSV surveillance system was implemented in Florida to support clinical decision-making for prophylaxis of premature infants. The determination of unique seasonal and geographic trends of RSV activity has important implications as it relates to prescribing patterns for initiating prophylaxis to children at high-risk for RSV infection.
- See the back page of this report for more information on RSV surveillance systems used in Florida: Page 13 🕨



**Figure 25** shows the percent of visits to EDs and UCCs with discharge diagnoses that include RSV or RSV-associated illness, as reported by participating ESSSENCE-FL facilities (n=274), week 30, 2013 to week 40, 2016.

In week 40, the percent of children diagnosed with RSV increased and remains notably above levels seen in previous seasons at this time.

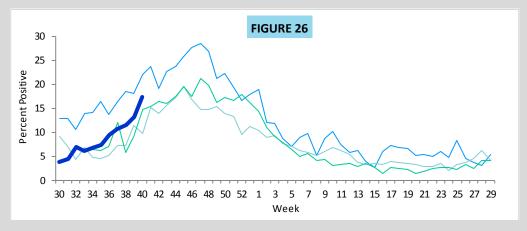


Laboratory RSV Surveillance RSV = respiratory syncytial virus

**Figure 26** shows the percent of laboratory results testing positive for RSV, as reported by hospital laboratories (n=11), week 40, 2013 to week 40, 2016.

In week 40, the percent of specimens testing positive for RSV increased, and is above levels observed in previous two seasons at this time.





### Other Respiratory Virus Surveillance

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### **Other Respiratory Virus Surveillance**

#### Statewide activity:

- In week 40, the percent of specimens testing positive for rhinovirus decreased, but remains elevated and above levels observed in previous seasons at this time.
- In week 40, the percent of specimens testing positive for human metapneumovirus (MPV) continued to increase, and is above levels observed in previous seasons at this time.
- In week 40, the percent of specimens testing positive for RSV continued to increase and is above levels observed in the last two seasons.

#### Enterovirus D68 (EV-D68) activity:

- In week 40, no new cases of EV-D68 were identified in Florida.
- Eight cases of EV-D68 have been identified in Florida since February 2016. These eight cases were identified in different regions of the state and represent the full spectrum of disease. These are the first identifications of EV-D68 in the United States since the fall of 2014.
- Six of these cases were identified as a result of Florida's participation in the Influenza Incidence Surveillance Project (IISP).
  - To learn more about EV-D68, please visit: http://www.floridahealth.gov/diseases-and-conditions/d68.

#### Outbreaks:

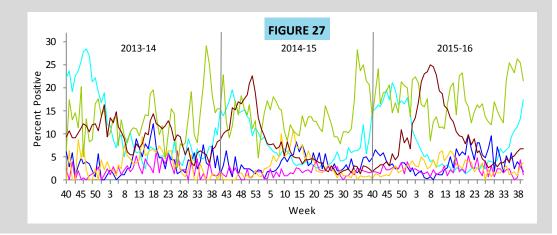
• In week 40, no outbreaks of RSV, parainfluenza, MPV, adenovirus, or rhinovirus were reported.

### Laboratory Viral Respiratory Surveillance

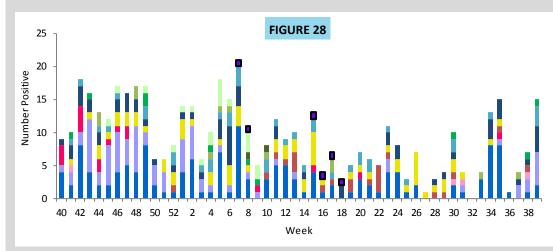
**Figure 27** shows the percent of laboratory results testing positive for eight common respiratory viruses, as reported by hospital laboratories (n=11), week 40, 2013 to week 40, 2016.

In recent weeks, the percent of specimens testing positive for rhinovirus and RSV remained higher than other viruses under surveillance.



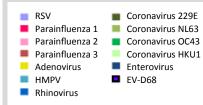


### Non-Influenza IISP Laboratory Outpatient Surveillance\* IISP = Influenza Incidence Surveillance Project



**Figure 28** shows the number of specimens testing positive for 12 common respiratory viruses, as reported by BPHL and IISP outpatient providers statewide (n=6), week 40, 2015 to week 39, 2016.

In recent weeks, the most commonly identified viruses among IISP specimens were RSV and enterovirus.



\*Data presented here are counts, not proportions. The most recent data available are displayed here. IISP laboratory data are currently considered to be complete through week 39, 2016.

### Florida ILINet · Data source for figures: 2 and 19

 ILINet is a nationwide surveillance system composed of sentinel providers, predominately outpatient health care providers. Florida has 88 sentinel providers enrolled in ILINet who submit weekly ILI and total visit counts, as well as submit ILI specimens to the Bureau of Public Health Labs (BPHL) for confirmatory testing.

### ESSENCE-FL Syndromic Surveillance and Vital Statistics Portal · Data source for figures 1, 3-7, 11-18, 20-23, 25; map 4

- Electronic Surveillance System for the Early Notification of Community-based Epidemics (ESSENCE-FL) measures trends in ILI visits from emergency departments (ED) and urgent care clinics (UCC) and influenza mortality by using death certificates from the Bureau of Vital Statistics. Participating EDs and UCCs (n=273) electronically transmit visit data into ESSENCE-FL daily or hourly.
- For statewide and regional data on influenza-like illness, visits are counted as ED or UCC visits to participating facilities that include influenza-like illness in patient chief complaints.
- For pneumonia and influenza (P&I) surveillance, death record literals are queried using a free-text query that searches for references to P&I on death certificates. Any mention of P&I in the death certificate literals, with certain exceptions, is counted as a P&I death.
- For respiratory syncytial virus (RSV) surveillance, visits are counted as ED or UCC visits to participating facilities for which RSV or RSVassociated illness is included in the discharge diagnosis.

### County Influenza Activity in EpiGateway · Data source for figures 19, 24, and maps 1 and 2

 County health department (CHD) epidemiologists report their county's influenza and ILI surveillance data weekly into the EpiGateway website. Influenza activity is classified as: No Activity, Mild, Moderate or Elevated. Setting-specific influenza activity and influenza trend information is also reported. EpiGateway data provided by CHDs creates a county-by-county breakdown of influenza and ILI activity around the state.

### Outbreak Reporting in EpiCom $\cdot$ Data source for figure 8, map 3, and table 1

- EpiCom tracks influenza and ILI outbreak investigations by county health departments (CHDs). Reports by CHDs include the type of respiratory disease causing the outbreak and settings where outbreaks are occurring. CHD epidemiologists report outbreaks of influenza and ILI into EpiCom, Florida's online communication setting.
- $\cdot\,$  Outbreaks are defined as two or more cases of influenza or ILI in a specific setting.
- Outbreak Reporting in Merlin · Data source for figure 8, map 3, and table 1
- Merlin tracks influenza and ILI outbreak investigations by CHDs. Reports by CHDs include the type of respiratory disease causing the outbreak and settings where outbreaks are occurring. CHD epidemiologists report outbreaks of influenza or ILI into Merlin, Florida's reportable disease surveillance system.
- $\cdot\;$  Outbreaks are defined as two or more cases of influenza or ILI in a specific setting.
- Bureau of Public Health Laboratories (BPHL) · Data source for figures 9, 10 and table 2
- BPHL performs confirmatory testing and subtyping on surveillance specimens from ILINet sentinel providers, outbreak investigations, patients with severe or unusual influenza presentations and medical examiners.
- For county-specific laboratory data, please refer to the Flu Lab Report in Merlin. For instructions on how to use the Flu Lab Report, please see the Guide to Flu Lab Report on the Bureau of Epidemiology website at www.floridahealth.gov/diseases-and-conditions/influenza/\_documents/flulabreportguide.pdf.

### Laboratory Viral Respiratory Surveillance- Data sources for figures 26-28

 The National Respiratory and Enteric Virus Surveillance System (NREVSS) and Electronic Laboratory Reporting (ELR) collect data from laboratories in Florida on a weekly basis and monitor temporal and geographic patterns of eight commonly circulating respiratory viruses. NREVSS data is collected by the Centers for Disease Control and Prevention (CDC) and electronic laboratory report (ELR) data is collected by the Florida Department of Health (DOH).

### **Case-Based Influenza Surveillance**

- · Influenza-associated pediatric deaths (reported into Merlin, DOH's reportable disease surveillance system).
- · Influenza due to novel or pandemic strains (reported into Merlin)
- Deaths in children with laboratory-confirmed influenza infection and patients with influenza infection due to novel or pandemic strains are reportable in Florida. For more information about reportable diseases please visit www.Floridahealth.gov/ diseasereporting.