Safe Gardening Tips

REMEMBER THESE FEW SIMPLE STEPS, IF YOU WANT TO BE SAFE IN THE GARDEN:

PREPARING YOUR GARDEN

- Add clean compost or soil to your garden.
- Be sure phosphate and pH levels do not fall below recommendations.
- Ask your county agriculture extension office to evaluate your soil.

WORKING IN THE GARDEN

- Be sure to wear gloves.
- Don't eat, drink or smoke while in the garden.
- Avoid dust. Use mulch and do not garden in dry soil when it is windy.
- Remove shoes before entering the house.
- Wash your hands and dirty clothing after gardening.

PREPARING FRUITS AND VEGETABLES

- Limit the amount of homegrown root crops you eat, especially carrots.
- Use raised beds of clean topsoil to grow root crops.
- Wash leafy vegetables growing close to the ground (like collards). Add a little vinegar to the wash water to help remove dirt.

FOR MORE INFORMATION see the Florida Department of Health website at: hazwaste.floridahealth.gov. Or call 877-798-2772 anytime, toll-free.

Florida HEALTH

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