

2022-2023

CCFP “Boxed Lunch” Menus

Below are five “box lunch” menus when requested by the Institution or Facility for field trips; the menus shall be rotated.

Menu One	Peanut butter and jelly sandwich (ages 1-5: 1Tbsp, ages 6-18: 2 Tbsp) on 100% whole grain bread Yogurt (ages 1-5: 4 oz, ages 6-18: 6 oz) Carrot sticks Apple wedges Milk
Menu Two	Chicken wrap (boneless chicken, cheddar cheese, and lettuce) Seasonal fresh fruit (cantaloupe, honeydew, mango, pineapple, strawberries, watermelon – no bananas/apples) Celery sticks <i>Ranch Dip</i> 100% whole grain tortilla Milk
Menu Three	Turkey and cheese sandwich on 100% whole grain bread <i>Mayo/mustard</i> Sliced cucumber and tomato Fruit cocktail Milk
Menu Four	Ham and cheese sandwich on 100% whole grain bread <i>Mayo/mustard</i> Carrot and celery sticks <i>Ranch Dip</i> Orange wedges Milk
Menu Five	Chicken salad Broccoli florets <i>Ranch Dip</i> Sliced peaches 100% whole grain crackers Milk