



# Child Care Food Program Afterschool Meals Program Fact Sheet

*Vision: To be the **Healthiest State** in the Nation!*



The Afterschool Meals Program provides reimbursement for nutritious meals and snacks served at eligible after school program sites. This program is funded by the U.S. Department of Agriculture and is administered in Florida by the Department of Health, Bureau of Child Care Food Programs.

## Eligibility Requirements

- Programs must be operated by a public or private nonprofit organization or certain for-profit organizations.
- Program sites must be located in an area served by a school in which at least 50% of the enrolled children are eligible for free or reduced-price meals.
- The program must provide after school care with regularly scheduled educational or enrichment activities that are structured and supervised.
- A license or proof of licensure exemption is required.
- Sites where programs are offered must meet state and local health and safety standards.

## Funding

The Afterschool Meals Program will reimburse for up to one snack and one meal per child, per day.

- Reimbursement is available for snacks and meals served to children through age 18 and certain children over age 18.
- Meals and snacks may be reimbursed if they are served after school on school days, and on weekends and holidays during the school year.
- Current reimbursement for FY 21-22 is \$1.97 for breakfast, \$3.92 for lunch and/or supper (includes cash-in lieu rate), and \$1.00 for snack.

## Record Keeping Requirements

Programs must keep attendance records, daily meal counts, menus and expenditure records to qualify for reimbursement.

## Nutrition Requirements

Meals and snacks served to children must meet specific U.S. Department of Agriculture meal pattern requirements.

To qualify for reimbursement, meals and snacks must include, at a minimum, food components in amounts specified by age.

Supper meals must contain the following components:

- Fluid milk
- Fruit
- Vegetable
- Grain
- Meat and meat alternates

Snacks must contain a minimum of 2 of the above components.

A sample menu is provided on the reverse side.

## For further information, telephone or write to:

Florida Department of Health  
Division of Community Health Promotion  
Bureau of Child Care Food Programs  
4052 Bald Cypress Way, Bin #A-17  
Tallahassee, FL 32399-1727  
Phone: 850.245.4323 Fax: 850.414.1622  
Email: [ccfp@flhealth.gov](mailto:ccfp@flhealth.gov)  
[www.FloridaHealth.gov/CCFP](http://www.FloridaHealth.gov/CCFP)

## Child Care Food Program Sample Afterschool Meals Program Menu

Refer to the Child Care Food Program Meal Pattern for Children when planning portion sizes for the different age groups.

Children 6 years old and older must be served unflavored or flavored lowfat (1%) or fat-free (skim) milk.

<b>Example Week 1</b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>Snack</b>	WG muffin Milk	Cheese crackers Milk	Fresh apple wedges Pretzels	WG crackers Carrot sticks <b>Ranch dressing</b>	Yogurt Graham crackers
<b>Lunch or Supper</b>	Sliced ham & cheese sandwich WG bread <b>Mustard, Mayo</b> Lettuce, tomato, pickle *Potato salad Pineapple tidbits Milk	*Ravioli WG garlic bread Broccoli Pears Milk	Baked chicken Rice WG roll <b>Butter</b> Peas & carrots Peaches Milk	*Breaded fish <b>Ketchup</b> WG bun Green beans Banana Milk	Tacos (with ground turkey or beef, shredded cheese ) WG flour tortilla Shredded lettuce and diced tomato <b>Mild salsa</b> Corn Milk
<b>Example Week 2</b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>Snack</b>	String cheese Orange wedges	WG tortilla chips <b>Mild salsa</b> Apple wedges	English muffin <b>Peanut butter</b> Milk	Provolone cheese slice WG crackers	Cheerios cereal Milk
<b>Lunch or Supper</b>	*Sloppy Joe WG bun Mixed vegetables Peaches Milk	*Chicken strips Biscuit Sliced tomatoes Baked potato wedges <b>Ketchup</b> Fruit cocktail Milk	Sliced ham *Macaroni & cheese WG roll Broccoli Applesauce Milk	Cheeseburger WG bun <b>Mustard, Mayo, &amp; Ketchup</b> Lettuce, tomato, pickle Green beans Banana Milk	Turkey and cheese sandwich WG bread <b>Mayo &amp; Mustard</b> Bell pepper strips (red and green) Mandarin oranges Milk

\*Requires a Child Nutrition (CN) Label, Product Formulation Statement (PFS), or standardized recipe

When a drink is not specifically listed with a snack, water is recommended as a beverage (Note: Water is NOT a creditable food item).

At least one serving of grains per day, across all eating occasions, must be 100% whole grain or whole grain-rich. Menus must clearly identify the whole grain or whole grain-rich item (e.g. "WG bread" or "WGR crackers").

Note: Additional sample menus can be found on our website: [www.FloridaHealth.gov/ccfp](http://www.FloridaHealth.gov/ccfp)