The Child Care Food Program provides reimbursement for nutritious meals and snacks served to children in child care settings. This program is funded by the U.S. Department of Agriculture and is administered in Florida by the Department of Health, Bureau of Child Care Food Programs.

Eligibility Requirements
- Family day care homes participating must be licensed by the appropriate child care licensing authority.
- Family day care homes must operate under the auspices of a sponsoring organization that contracts with the Department.

Funding
The Child Care Food Program will reimburse up to two meals and one snack or two snacks and one meal per child, per day.

- Reimbursable meals and snacks may be served to eligible children 12 years of age and younger; migrant children may be served through age 15 and children with disabilities may be served regardless of their age if the majority of the persons being served are 18 or under.
- Reimbursement is determined by the number of eligible enrolled participants who are served creditable meals, and the current reimbursement rates set by the U.S. Department of Agriculture.
- Meals served to children are reimbursed at two different rates:
  - Tier I (Breakfast $1.66, Lunch or Supper 3.04, Snack $.97);
  - Tier II (Breakfast $1.66, Lunch or Supper $3.04, Snack $.97).
- Sponsors also receive an administrative payment based on the number of homes they sponsor (ranges from $72 - $137 per home).

Record Keeping Requirements
Programs must keep enrollment records, daily meal counts, and menus to qualify for reimbursement.

Nutrition Requirements
Meals and snacks served to children must meet specific U.S. Department of Agriculture meal pattern requirements.
To qualify for reimbursement, meals and snacks must include, at a minimum, food components in amounts specified by age.

Meals must contain:
- Fluid milk
- Fruit
- Vegetable
- Grain
- Meat and meat alternates

A sample menu is provided on the reverse side.

For further information, telephone or write to:
Florida Department of Health
Division of Community Health Promotion
Bureau of Child Care Food Programs
4052 Bald Cypress Way, Bin #A-17
Tallahassee, FL 32399-1727
Phone: 850.245.4323  Fax: 850.414.1622
Email: ccfp@flhealth.gov
www.FloridaHealth.gov/CCFP
# Child Care Food Program
## Sample Day Care Home Menu

Refer to the Child Care Food Program Meal Pattern for Children when planning portion sizes for the different age groups.

- Children age 1 must be served unflavored whole milk. Children ages 2-5 must be served unflavored lowfat (1%) or fat-free (skim) milk. Children 6 years old and older must be served unflavored or flavored lowfat milk (1%) or fat-free (skim) milk.

<table>
<thead>
<tr>
<th></th>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Breakfast</strong></td>
<td><strong>Cinnamon raisin bagel</strong></td>
<td><strong>WG waffle</strong></td>
<td><strong>WG Cheerios</strong></td>
<td><strong>Egg and cheese biscuit</strong></td>
<td><strong>WG English Muffin</strong></td>
</tr>
<tr>
<td></td>
<td><strong>Cream cheese</strong></td>
<td><strong>Applesauce</strong></td>
<td><strong>Banana</strong></td>
<td><strong>Strawberry slices</strong></td>
<td><strong>Butter</strong></td>
</tr>
<tr>
<td></td>
<td><strong>Peaches</strong></td>
<td><strong>Turkey sausage</strong></td>
<td><strong>Milk</strong></td>
<td><strong>Milk</strong></td>
<td><strong>Orange wedges</strong></td>
</tr>
<tr>
<td></td>
<td><strong>Milk</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Lunch or</strong></td>
<td><strong>Baked chicken</strong></td>
<td>*<strong>Vegetable lasagna</strong></td>
<td><strong>Pork tenderloin</strong></td>
<td>*<strong>Bean and Cheese quesadilla</strong></td>
<td>*<strong>Breaded Fish</strong></td>
</tr>
<tr>
<td><strong>Supper</strong></td>
<td><strong>Mashed potatoes</strong></td>
<td><strong>Garlic bread</strong></td>
<td><strong>Egg noodles</strong></td>
<td><strong>WG tortilla</strong></td>
<td><strong>WG bun</strong></td>
</tr>
<tr>
<td></td>
<td><strong>WG roll</strong></td>
<td><strong>Green peas</strong></td>
<td><strong>Sweet potato</strong></td>
<td><strong>Corn</strong></td>
<td><strong>Mixed greens salad</strong></td>
</tr>
<tr>
<td></td>
<td><strong>Broccoli</strong></td>
<td><strong>Pears</strong></td>
<td><strong>Mixed vegetables</strong></td>
<td><strong>Apple slices</strong></td>
<td><strong>(Spinach, Romaine, Tomato,</strong></td>
</tr>
<tr>
<td></td>
<td><strong>Seasonal fresh fruit</strong></td>
<td></td>
<td><strong>Milk</strong></td>
<td><strong>Milk</strong></td>
<td><strong>Cucumber)</strong></td>
</tr>
<tr>
<td></td>
<td><strong>Milk</strong></td>
<td></td>
<td></td>
<td></td>
<td><strong>Italian dressing</strong></td>
</tr>
<tr>
<td><strong>Snack</strong></td>
<td><strong>Mandarin oranges</strong></td>
<td><strong>Grape juice</strong></td>
<td><strong>Bell pepper strips</strong></td>
<td><strong>Yogurt</strong></td>
<td><strong>Corn muffin</strong></td>
</tr>
<tr>
<td></td>
<td><strong>String cheese</strong></td>
<td></td>
<td><strong>Ranch dressing</strong></td>
<td><strong>Pineapple tidbits</strong></td>
<td></td>
</tr>
<tr>
<td></td>
<td><strong>Pretzels</strong></td>
<td></td>
<td><strong>Cheese crackers</strong></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

*Requires a Child Nutrition Label, Product Formulation Statement, or standardized recipe

When a drink is not specifically listed with a snack, water is recommended as a beverage. (Note: Water is NOT a creditable food item)

At least one serving of grains per day, across all eating occasions, must be 100% whole grain or whole grain-rich. Menus must clearly identify the whole grain or whole grain-rich item (e.g. "WG bread" or "WGR crackers").

Note: Additional sample menus can be found on our website: [www.FloridaHealth.gov/ccfp](http://www.FloridaHealth.gov/ccfp)

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To file a program discrimination complaint, a Complainant should complete a Form AD-3027, USDA Program Discrimination Complaint Form which can be obtained online at: [USDA Program Discrimination Complaint Form](https://www.usda.gov/). From any USDA office, by calling (866) 632-9992, or by writing a letter addressed to USDA. The letter must contain the complainant’s name, address, telephone number, and a written description of the alleged discriminatory action in sufficient detail to inform the Assistant Secretary for Civil Rights (ASCR) about the nature and date of an alleged civil rights violation. The completed AD-3027 form or letter must be submitted to USDA by:

(1) mail: U.S. Department of Agriculture
Office of the Assistant Secretary for Civil Rights
1400 Independence Avenue, SW
Washington, D.C. 20250-9410; or
(2) fax: (833) 256-1665 or (202)690-7442; or
(3) email: program.intake@usda.gov

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