# Your Guide To Eating Fish Caught In Florida

June 2021<sub>v2</sub>

Fish Consumption Advisories are published periodically by the State of Florida to alert consumers about the possibility of chemically contaminated fish in Florida waters. The advisories are meant to inform the public of potential health risks of specific fish species from specific water bodies.



### Florida Department of Health

Prepared in cooperation with the Florida Department of Environmental Protection and Agriculture and Consumer Services, and the Florida Fish and Wildlife Conservation Commission

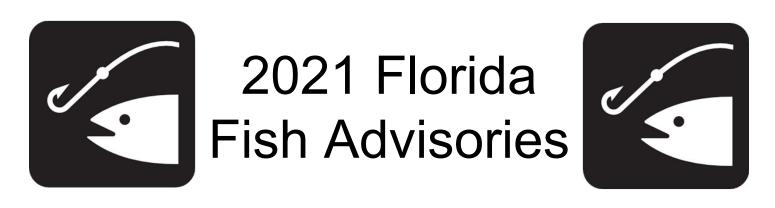


 Table 1: Eating Guidelines for Fresh Water, Marine and Estuarine Fish from Florida Waters
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#### **Version History**

Version #	Date published	Change summary
v1	June 1, 2021	New report format and data update for Lake Munson consultation
v2	June 21, 2021	Correction made to Lake Munson

## Eat Healthy, Eat Smart

Eating Fish is an important part of a healthy diet. Rich in vitamins and low in fat, fish contains protein we need for strong bodies. It is also an excellent source of nutrition for proper growth and development. In fact, the American Heart Association recommends that you eat two meals of fish or seafood every week.

At the same time, most Florida seafood has low to medium levels of mercury. Depending on the age of the fish, the type of fish and the condition of the water the fish lives in, the levels of mercury found in fish are different.

While mercury in rivers, creeks, ponds and lakes can build up in some fish to levels that can be harmful, most fish caught in Florida can be eaten without harm.

Florida specific guidelines make eating choices easier. To lower the risk of harm from mercury found in fish caught in Florida, guidelines based on tests of various freshwater, marine and estuarine water bodies are enclosed. This information should be used by everyone to determine the type and amount of fish to eat or avoid.

Extra guidelines for women and young children. For most people, the risk of eating fish exposed to mercury is not a health concern. However, developing fetuses and young children are more sensitive to the harmful effects mercury has on the brain than other people. As a result, women of childbearing age and young children should eat less fish than all others to avoid the higher health risks.

Eating fish from commercial, untested or unknown sources. Some fish you eat may not have been caught from water bodies tested for mercury. In cases where women of childbearing age, and young children do not know if the fish has been tested, or when it has been purchased from a store or restaurant, they should:

- o Not eat Shark, Swordfish, King Mackerel or Tilefish because they contain high levels of mercury.
- Eat up to 12 ounces a week of a variety of fish and shellfish that are lower in mercury. Commonly eaten seafood that are low in mercury include Shrimp, canned Light Tuna, Salmon, Pollock and Catfish OR
- Only eat one 6 ounce meal per month of Largemouth bass, Bowfin and Gar OR
- Eat up to 6 ounces of Albacore Tuna per week and a second meal of a fish low in mercury, since Albacore ("White Tuna") has more mercury than canned Light Tuna OR
- o Eat up to 6 ounces of fish per week from local water bodies not listed in the brochure.

How much fish is considered a meal portion? A meal is 6 ounces of cooked fish.

How would I determine the maximum amount of fish to eat each month? Based on recommendations in the charts, the amount of fish eaten from each water body should be added together to figure the maximum amount of fish to eat monthly. Fish from commercial, untested or unknown sources should also be included when figuring the total amount of fish consumed each month.

**Most freshwater fish caught in Florida can be eaten without harm.** Bream (such as Bluegill, Redear sunfish, Redbreast sunfish or Spotted sunfish) and marine fish such as Mullet, Snappers, Pompano, Flounder and Dolphin are generally low in mercury. Review the list of water bodies in this brochure to learn which fish can be consumed regularly and which should be avoided.

#### AVOID PUFFER OR SUFFER

Do not eat puffer fish caught in the Indian River Lagoon and from waters in Volusia, Brevard, Indian River, St. Lucie and Martin Counties. These include the southern puffer, northern puffer, marbled puffer, bandtail puffer, checkered puffer and least puffer. Eating Puffer fish (also called Blowfish) can cause saxitoxin poisoning which can lead to neurological symptoms such as tingling, burning, numbness, drowsiness, incoherent speech and difficulty breathing. In severe cases, the poisoning can cause death.

**Cooking or cleaning the fish will not destroy the toxin.** This toxin also has no taste, color or smell. If you experience any of the symptoms mentioned, contact your physician or visit the emergency room immediately. The Florida Fish and Wildlife Conservation Commission prohibits the harvesting of puffer fish from the Indian River Lagoon and all other Florida waters of Brevard, Martin, Indian River, Volusia and St. Lucie Counties.

**Table 1. Eating Guidelines for Freshwater, Marine and Estuarine Fish from Florida Waters** 

WATERBODY	COUNTY	SPECIES	Women of childbearing age, young children NUMBER OF MEALS	All other individuals NUMBER OF MEALS	
Aerojet Canal [see Canal C-111]	Miami-Dade				
Alafia River	Hillsborough, Polk	Bluegill	One per week	Two per week	Mercury
		Largemouth bass	One per month	One per week	Mercury
		Spotted sunfish	One per week	Two per week	Mercury
Alapaha River	Hamilton	Black crappie	One per month	One per month	Mercury
		Bluegill	One per month	One per week	Mercury
		Brown bullhead catfish	One per month	One per week	Mercury
		Channel catfish	One per month	One per week	Mercury
		Largemouth bass	One per month	One per week	Mercury
		Redbreast sunfish	One per month	Two per week	Mercury
		Redear sunfish	One per month	Two per week	Mercury
		Spotted bullhead catfish	One per week	Two per week	Mercury
		Spotted sunfish	One per month	Two per week	Mercury
		White catfish	One per week	Two per week	Mercury
All coastal waters	NA	Almaco jack	One per month	One per month	Mercury
		Atlantic croaker	Two per week	Two per week	Mercury
		Atlantic spadefish	One per week	One per week	Mercury
		Atlantic stingray	One per month	One per week	Mercury
		Atlantic thread herring	One per week	Two per week	Mercury
		Atlantic weakfish	One per week	Two per week	Mercury
		Black drum	One per week	Two per week	Mercury
		Black grouper	One per month	One per week	Mercury
		Blackfin tuna	DO NOT EAT	One per month	Mercury
		Bluefish	One per month	One per week	Mercury
		Bluntnose sting ray	One per week	Two per week	Mercury
		Bonefish	One per month	One per week	Mercury
		Cobia	DO NOT EAT	One per month	Mercury
		Dolphin	One per week	Two per week	Mercury
		Fantail mullet	Two per week	Two per week	Mercury

**Table 1. Eating Guidelines for Freshwater, Marine and Estuarine Fish from Florida Waters** 

WATERBODY	COUNTY	SPECIES	Women of childbearing age, young children NUMBER OF MEALS	All other individuals NUMBER OF MEALS	
All coastal waters, cont.	NA				
		Florida pompano	One per week	Two per week	Mercury
		Gafftopsail catfish	One per month	One per week	Mercury
		Gag	One per month	One per week	Mercury
		Greater amberjack	One per month	One per week	Mercury
		Gulf flounder	One per month	One per week	Mercury
		Hardhead catfish	One per week	Two per week	Mercury
		Hogfish	One per week	Two per week	Mercury
		King mackerel 31 or more			
		inches fork length	DO NOT EAT	DO NOT EAT	Mercury
		King mackerel less than 31			
		inches fork length	DO NOT EAT	One per month	Mercury
		Ladyfish	One per month	One per week	Mercury
		Lane snapper	One per month	Two per week	Mercury
		Little tunny	DO NOT EAT	One per month	Mercury
		Lookdown	One per week	Two per week	Mercury
		Mutton snapper	One per month	One per week	Mercury
		Pigfish	One per week	Two per week	Mercury
		Pinfish	One per week	Two per week	Mercury
		Red grouper	One per month	One per week	Mercury
		Red snapper	One per week	Two per week	Mercury
		Sand seatrout	One per month	One per week	Mercury
		Scamp	One per month	One per week	Mercury
		Shark, all species 43 inches or			
		more	DO NOT EAT	DO NOT EAT	Mercury
		Shark, all species less than 43			
		inches	DO NOT EAT	One per month	Mercury
		Sheepshead	One per month	Two per week	Mercury
		Silver perch	One per month	One per week	Mercury
		Skipjack tuna	One per month	Two per week	Mercury

**Table 1. Eating Guidelines for Freshwater, Marine and Estuarine Fish from Florida Waters** 

WATERBODY	COUNTY	SPECIES	Women of childbearing age, young children NUMBER OF MEALS	All other individuals NUMBER OF MEALS	
All coastal waters, cont.	NA				
		Snowy grouper	One per month	One per month	Mercury
		Southern flounder	One per week	Two per week	Mercury
		Southern kingfish	One per month	Two per week	Mercury
		Spanish mackerel	One per month	One per week	Mercury
		Spot	One per week	Two per week	Mercury
		Striped mojarra	Two per week	Two per week	Mercury
		Striped mullet	Two per week	Two per week	Mercury
		Tarpon	One per week	Two per week	Mercury
		Vermillion snapper	One per week	Two per week	Mercury
		Wahoo	One per month	One per week	Mercury
		White grunt	One per month	One per week	Mercury
		White mullet	Two per week	Two per week	Mercury
		Yellow-edge grouper	One per month	Two per week	Mercury
		Yellowfin tuna	One per month	Two per week	Mercury
		Yellowtail snapper	One per week	Two per week	Mercury
All coastal waters (excluding Florida Bay, Biscayne Bay, and Florida	NA				
(eys)		Crevalle jack	One per month	One per week	Mercury
		Gray snapper	One per week	Two per week	Mercury
		Great barracuda	One per month	Two per week	Mercury
		Red drum	One per month	Two per week	Mercury
		Snook	One per month	One per week	Mercury
		Spotted seatrout	One per month	One per week	Mercury
		Tripletail	One per month	Two per week	Mercury
Alligator Alley (I-75) Canals	Broward	Blue tilapia	Two per week	One per week	Mercury
		Bluegill	One per month	One per week	Mercury
		Butterfly peacock bass	One per month	Two per week	Mercury

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WATERBODY	COUNTY	SPECIES	Women of childbearing age, young children NUMBER OF MEALS	All other individuals NUMBER OF MEALS	CONTAMINANT
Alligator Alley (I-75)	Broward				
Canals, cont.		Largemouth bass	DO NOT EAT	One per month	Mercury
		Mayan cichlid	One per week	Two per week	Mercury
		Oscar	One per month	One per week	Mercury
		Redear sunfish	One per month	One per week	Mercury
		Spotted sunfish	One per month	One per week	Mercury
		Warmouth	One per month	One per week	Mercury
		Yellow bullhead catfish	One per month	One per month	Mercury
lligator Lake	Columbia	Black crappie	Two per week	Two per week	Mercury
		Bluegill	Two per week	Two per week	Mercury
		Brown bullhead catfish	Two per week	Two per week	Mercury
		Largemouth bass	One per week	Two per week	Mercury
		Redear sunfish	Two per week	Two per week	Mercury
		Warmouth	Two per week	Two per week	Mercury
Alligator Lake (Kissimmee Chain of Lakes)	Osceola	Black crappie	One per month	One per month	Mercury
		Bluegill	One per month	Two per week	Mercury
		Brown bullhead catfish	Two per week	Two per week	Mercury
		Channel catfish	One per month	Two per week	Mercury
		Largemouth bass	DO NOT EAT	One per month	Mercury
		Redear sunfish	One per month	Two per week	Mercury
		Warmouth	Two per week	Two per week	Mercury
nclote River	Pasco	Bluegill	Two per week	Two per week	Mercury
		Largemouth bass	One per month	One per week	Mercury
palachicola River [see	Calhoun, Franklin,				
eparate advisory for	Gadsden, Gulf, Jackson,				
ake Seminole]	Liberty	Blue catfish	Two per week	Two per week	Mercury
		Bluegill	One per week	Two per week	Mercury
		Channel catfish	Two per week	Two per week	Mercury

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WATERBODY	COUNTY	SPECIES	Women of childbearing age, young children NUMBER OF MEALS	All other individuals NUMBER OF MEALS	
Apalachicola River [see	Calhoun, Franklin,				
separate advisory for	Gadsden, Gulf, Jackson,				
Lake Seminole], cont.	Liberty				
		Flathead catfish	One per month	One per week	Mercury
		Largemouth bass	One per month	One per week	Mercury
		Redbreast sunfish	One per week	Two per week	Mercury
		Redear sunfish	One per month	Two per week	Mercury
		Spotted sunfish	One per week	Two per week	Mercury
		Striped bass	One per month	One per week	Mercury
		Warmouth	One per month	Two per week	Mercury
Aucilla River	Jefferson, Madison,				
	Taylor	Largemouth bass	One per month	One per month	Mercury
		Redbreast sunfish	One per month	Two per week	Mercury
		Spotted sunfish	One per month	One per month	Mercury
Banana Lake	Polk	Black crappie	Two per week	Two per week	Mercury
		Blue tilapia	Two per week	Two per week	Mercury
		Bluegill	Two per week	Two per week	Mercury
		Largemouth bass	One per week	Two per week	Mercury
		Redear sunfish	One per week	Two per week	Mercury
Barron River	Collier	Largemouth bass	One per month	Two per week	Mercury
Basin Bayou	Walton	Bluegill	One per week	Two per week	Mercury
		Largemouth bass	One per month	One per week	Mercury
Bear Lake	Orange	Bluegill	One per week	One per week	Mercury
		Largemouth bass	One per month	One per month	Mercury
		Redear sunfish	One per week	Two per week	Mercury
Bear Lake Fish	Santa Rosa				
Management Area		Bluegill	Two per week	Two per week	Mercury
		Largemouth bass	One per month	One per week	Mercury
		Redear sunfish	Two per week	Two per week	Mercury

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WATERBODY	COUNTY	SPECIES	Women of childbearing age, young children NUMBER OF MEALS	All other individuals NUMBER OF MEALS	CONTAMINANT OF CONCERN
Bethel Lake	Volusia	Bluegill	Two per week	Two per week	Mercury
		Largemouth bass	One per month	Two per week	Mercury
		Redear sunfish	Two per week	Two per week	Mercury
Big Cypress Preserve	Collier	Largemouth bass	DO NOT EAT	One per month	Mercury
		Warmouth	One per month	One per month	Mercury
Big Sand Lake	Orange	Black crappie	One per month	One per week	Mercury
		Bluegill	Two per week	Two per week	Mercury
		Largemouth bass	One per month	One per week	Mercury
		Redear sunfish	Two per week	Two per week	Mercury
Black Creek (South Fork)	Clay	Bluegill	One per month	Two per week	Mercury
		Largemouth bass	One per month	One per month	Mercury
		Redbreast sunfish	One per month	One per week	Mercury
		Redear sunfish	One per month	One per week	Mercury
Black Creek Canal (C-1)	Miami-Dade	Bluegill	Two per week	Two per week	Mercury
		Butterfly peacock bass	One per week	Two per week	Mercury
		Largemouth bass	One per week	Two per week	Mercury
		Mayan cichlid	Two per week	Two per week	Mercury
		Redear sunfish	Two per week	Two per week	Mercury
		Spotted sunfish	One per week	Two per week	Mercury
Blackwater Creek	Lake	Bluegill	One per month	Two per week	Mercury
		Largemouth bass	One per month	One per month	Mercury
		Redbreast sunfish	One per month	Two per week	Mercury
		Spotted sunfish	One per month	One per week	Mercury
		White catfish	Two per week	Two per week	Mercury

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WATERBODY	COUNTY	SPECIES	Women of childbearing age, young children NUMBER OF MEALS	All other individuals	
Blackwater River and tributaries (including Alligator Creek, Big Coldwater Creek, Big	Okaloosa, Santa Rosa	SPECIES	NOWIDER OF WEALS	NOWBER OF WEALS	OF CONCERN
Juniper Creek, and		Diversill		Two particols	N.4.0 m.0.1 m.1
Sweetwater Creek)		Bluegill	One per week	Two per week	Mercury
		Chain pickerel	One per month	One per month	Mercury
		Largemouth bass	DO NOT EAT	One per month	Mercury
		Longear sunfish	One per month	Two per week	Mercury
		Redear sunfish	One per month	Two per week	Mercury
		Shadow bass	One per month	One per month	Mercury
		Spotted sunfish	One per month	One per week	Mercury
		Warmouth	One per month	One per week	Mercury
Blue Cypress Lake	Indian River	Black crappie	One per month	One per month	Mercury
		Bluegill	One per week	Two per week	Mercury
		Largemouth bass	One per month	One per month	Mercury
		Redear sunfish	One per week	Two per week	Mercury
		White catfish	One per month	Two per week	Mercury
Bonnet Lake	Polk	Largemouth bass	One per month	Two per week	Mercury
Brick Lake	Osceola	Bluegill	One per month	One per month	Mercury
		Chain pickerel	DO NOT EAT	DO NOT EAT	Mercury
		Channel Catfish	One per month	One per month	Mercury
		Largemouth bass	DO NOT EAT	DO NOT EAT	Mercury
		Warmouth	One per month	One per week	Mercury
Buck Lake	Brevard	Bluegill	One per month	One per week	Mercury
		Largemouth bass	DO NOT EAT	One per month	Mercury
		Redear sunfish	One per week	Two per week	Mercury

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WATERBODY	COUNTY	SPECIES	Women of childbearing age, young children NUMBER OF MEALS	All other individuals NUMBER OF MEALS	
Bulow Creek	Flagler	Bluegill	Two per week	Two per week	Mercury
Butler Lake Chain (including Lakes Bessie, Butler, Chase, Down, Little Fish, Louise, Palmer, Pocket, Sheen, and Tibet)					
		Black crappie	One per month	One per week	Mercury
		Bluegill	One per week	Two per week	Mercury
		Chain pickerel	One per month	One per week	Mercury
		Largemouth bass	One per month	One per month	Mercury
		Redear sunfish	Two per week	Two per week	Mercury
		Warmouth	One per week	Two per week	Mercury
Bystre Lake	Hernando	Blue tilapia	Two per week	Two per week	Mercury
•		Bluegill	Two per week	Two per week	Mercury
		Largemouth bass	One per month	One per week	Mercury
C-100 Canal [see Cutler Drain Canal System]	Miami-Dade				
C-111 Canal (Aerojet	Miami-Dade				
Canal)		Bluegill	One per month	Two per week	Mercury
		Largemouth bass	DO NOT EAT	One per month	Mercury
		Mayan cichlid	One per month	Two per week	Mercury
		Redear sunfish	Two per week	Two per week	Mercury
C-13 Canal	Broward	Bullseye snakehead	One per week	Two per week	Mercury
C-14 Canal [see Cypress Creek Canal System]	Broward				

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WATERBODY	COUNTY	SPECIES	Women of childbearing age, young children NUMBER OF MEALS	All other individuals NUMBER OF MEALS	CONTAMINANT OF CONCERN
C-16 Canal (Boynton	Palm Beach	Bluegill	Two per week	Two per week	Mercury
Canal)		Butterfly peacock bass	One per week	Two per week	Mercury
		Largemouth bass	One per week	Two per week	Mercury
		Mayan cichlid	Two per week	Two per week	Mercury
		Redear sunfish	Two per week	Two per week	Mercury
		Spotted tilapia	Two per week	Two per week	Mercury
C-17 Canal [see Earman River Canal System]	Palm Beach				
C-44 Canal (St. Lucie	Martin				
Canal)		Black crappie	One per month	One per month	Mercury
		Blue tilapia	Two per week	Two per week	Mercury
		Bluegill	One per month	Two per week	Mercury
		Channel catfish	Two per week	Two per week	Mercury
		Largemouth bass	One per month	Two per week	Mercury
		Mayan cichlid	One per week	Two per week	Mercury
		Redear sunfish	Two per week	Two per week	Mercury
		White catfish	One per week	Two per week	Mercury
C-51 Canal (West Palm Beach Canal)	Palm Beach	Bluegill	Two per week	Two per week	Mercury
beach canaly		Largemouth bass	Two per week	Two per week	Mercury
		Mayan cichlid	Two per week	Two per week	Mercury
		Redear sunfish	Two per week	Two per week	Mercury
Caloosa Fish	Palm Beach		- P		,
Management Area		Channel catfish	Two per week	Two per week	Mercury
5		Mayan cichlid	Two per week	Two per week	Mercury
Caloosahatchee River and	Glades, Hendry, Lee	Bluegill	One per week	Two per week	Mercury
tributaries (including Lake	•	Largemouth bass	One per month	One per week	Mercury
Hicpochee)		Mayan cichlid	Two per week	Two per week	Mercury
, <i>,</i>		Redear sunfish	Two per week	Two per week	Mercury

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WATERBODY	COUNTY	SPECIES	Women of childbearing age, young children NUMBER OF MEALS	All other individuals NUMBER OF MEALS	CONTAMINANT OF CONCERN
Chassahowitzka River	Citrus	Largemouth bass	One per month	One per month	Mercury
Chattahoochee River	Jackson	Bluegill	Two per week	Two per week	Mercury
		Largemouth bass	One per month	Two per week	Mercury
Cherry Lake	Madison	Black crappie	One per week	Two per week	Mercury
		Bluegill	Two per week	Two per week	Mercury
		Largemouth bass	One per month	One per week	Mercury
		Redear sunfish	Two per week	Two per week	Mercury
		Warmouth	One per month	Two per week	Mercury
Cherry Lake (Ocklawaha (Harris) Lake Chain)	Lake				
		Black crappie	One per week	Two per week	Mercury
		Bluegill	Two per week	Two per week	Mercury
		Brown bullhead catfish	One per month	One per week	Mercury
		Largemouth bass	One per month	One per month	Mercury
		Redear sunfish	Two per week	Two per week	Mercury
Chipola River and tributaries (including	Calhoun, Gulf, Jackson	Bluegill	One per week	Two per week	Mercury
Juniper Creek and Dead		Largemouth bass	One per month	One per month	Mercury
Lakes)		Redbreast sunfish	One per month	Two per week	Mercury
		Redear sunfish	One per month	Two per week	Mercury
		Shadow bass	One per month	One per week	Mercury
		Spotted bullhead catfish	One per week	Two per week	Mercury
		Spotted sunfish	One per month	Two per week	Mercury
Choctawhatchee River	Bay, Holmes, Walton,	Bluegill	One per month	Two per week	Mercury
and tributaries	Washington	Flathead catfish	One per month	One per week	Mercury
		Largemouth bass	One per month	One per month	Mercury
		Redbreast sunfish	One per month	One per week	Mercury
		Redear sunfish	One per month	One per week	Mercury
		Spotted sunfish	One per month	One per week	Mercury
		Warmouth	One per month	One per week	Mercury

**Table 1. Eating Guidelines for Freshwater, Marine and Estuarine Fish from Florida Waters** 

WATERBODY	COUNTY	SPECIES	Women of childbearing age, young children NUMBER OF MEALS	All other individuals NUMBER OF MEALS	
Clear Lake	Orange	Largemouth bass	One per week	Two per week	Mercury
		Redear sunfish	Two per week	Two per week	Mercury
Colt Creek	Polk	Bluegill	Two per week	Two per week	Mercury
		Largemouth bass	One per week	Two per week	Mercury
		Redear sunfish	Two per week	Two per week	Mercury
Compass Lake	Jackson	Bluegill	One per month	Two per week	Mercury
		Largemouth bass	DO NOT EAT	One per month	Mercury
		Warmouth	One per month	One per month	Mercury
Conway Chain (Lake Conway, Little Lake	Orange				
Conway)		Bluegill	Two per week	Two per week	Mercury
		Brown bullhead catfish	Two per week	Two per week	Mercury
		Chain pickerel	One per month	Two per week	Mercury
		Largemouth bass	One per month	One per week	Mercury
		Redear sunfish	Two per week	Two per week	Mercury
		Warmouth	Two per week	Two per week	Mercury
Corbett WMA-all ponds on property	Palm Beach	Bluegill	One per month	Two per week	Mercury
		Largemouth bass	One per month	One per week	Mercury
		Redear sunfish	One per week	Two per week	Mercury
		Warmouth	One per month	One per week	Mercury
Cowpen Lake	Putnam	Bluegill	One per month	One per week	Mercury
		Largemouth bass	DO NOT EAT	One per month	Mercury
		Redear sunfish	One per month	One per week	Mercury
Crescent Lake	Escambia	Chain pickerel	DO NOT EAT	One per month	Mercury
		Largemouth bass	DO NOT EAT	DO NOT EAT	Mercury
		Redear sunfish	One per month	Two per week	Mercury

**Table 1. Eating Guidelines for Freshwater, Marine and Estuarine Fish from Florida Waters** 

WATERBODY	COUNTY	SPECIES	Women of childbearing age, young children NUMBER OF MEALS	All other individuals NUMBER OF MEALS	CONTAMINANT OF CONCERN
Crescent Lake/Dunns	Flagler, Putnam				
Creek		Black crappie	One per month	Two per week	Mercury
		Bluegill	Two per week	Two per week	Mercury
		Brown bullhead catfish	Two per week	Two per week	Mercury
		Channel catfish	Two per week	Two per week	Mercury
		Largemouth bass	One per month	Two per week	Mercury
		Redbreast sunfish	Two per week	Two per week	Mercury
		Spotted sunfish	One per week	Two per week	Mercury
		White catfish	Two per week	Two per week	Mercury
Crooked Lake	Polk	Bluegill	One per week	Two per week	Mercury
		Largemouth bass	One per month	One per month	Mercury
		Redear sunfish	One per week	Two per week	Mercury
ooked River	Franklin	Bluegill	One per week	Two per week	Mercury
		Largemouth bass	One per month	One per week	Mercury
		Spotted sunfish	One per month	Two per week	Mercury
Cue Lake	Putnam	Largemouth bass	One per month	One per month	Mercury
Cutler Drain Canal (C-10	0) Miami-Dade				
System		Bluegill	Two per week	Two per week	Mercury
		Butterfly peacock bass	One per week	Two per week	Mercury
		Largemouth bass	One per week	Two per week	Mercury
		Mayan cichlid	Two per week	Two per week	Mercury
		Redear sunfish	Two per week	Two per week	Mercury
Cypress Creek	Calhoun	Bluegill	One per month	Two per week	Mercury
		Largemouth bass	DO NOT EAT	One per month	Mercury
		Warmouth	One per month	Two per week	Mercury
		Yellow perch	One per month	One per week	Mercury

**Table 1. Eating Guidelines for Freshwater, Marine and Estuarine Fish from Florida Waters** 

WATERBODY	COUNTY	SPECIES	Women of childbearing age, young children NUMBER OF MEALS	All other individuals NUMBER OF MEALS	
Cypress Creek Canal (C-	Broward				
14) System		Bluegill	Two per week	Two per week	Mercury
		Bullseye snakehead	One per month	Two per week	Mercury
		Largemouth bass	One per month	Two per week	Mercury
		Redear sunfish	One per week	Two per week	Mercury
Dead Lake	Flagler	Black crappie	One per week	Two per week	Mercury
		Bluegill	Two per week	Two per week	Mercury
		Largemouth bass	One per month	One per week	Mercury
		Redear sunfish	Two per week	Two per week	Mercury
		White catfish	Two per week	Two per week	Mercury
Dead Lakes [see Chipola River and tributaries]	Calhoun, Gulf, Jackson				
Deerpoint Reservoir	Bay	Bluegill	One per week	Two per week	Mercury
		Largemouth bass	One per month	One per month	Mercury
		Redear sunfish	One per month	Two per week	Mercury
Dinners Lake	Highlands	Bluegill	Two per week	Two per week	Mercury
		Largemouth bass	One per month	Two per week One per week Two per week Two per week  Two per week  One per month Two per week	Mercury
		Redear sunfish	Two per week	Two per week	Mercury
Doctors Lake	Clay	Bluegill	One per week	Two per week	Mercury
		Largemouth bass	One per week	Two per week	Mercury
		Red drum	Two per week	Two per week	Mercury
		Redbreast sunfish	Two per week	Two per week	Mercury
		Redear sunfish	One per week	Two per week	Mercury
		White catfish	One per week	One per week	Mercury

**Table 1. Eating Guidelines for Freshwater, Marine and Estuarine Fish from Florida Waters** 

WATERBODY	COUNTY	SPECIES	Women of childbearing age, young children NUMBER OF MEALS	All other individuals NUMBER OF MEALS	
Doe Lake	Marion	Bluegill	One per month	Two per week	Mercury
		Largemouth bass	One per month	One per month	Mercury
		Warmouth	One per month	One per week	Mercury
Double Pond	Holmes	Largemouth bass	One per month	One per week	Mercury
Dunns Creek	Putnam	Black crappie	One per week	Two per week	Mercury
		Bluegill	Two per week	Two per week	Mercury
		Brown bullhead catfish	Two per week	Two per week	Mercury
		Channel catfish	Two per week	Two per week	Mercury
		Largemouth bass	One per month	Two per week	Mercury
		Redbreast sunfish	Two per week	Two per week	Mercury
		Spotted sunfish	One per week	Two per week	Mercury
		White catfish	Two per week	Two per week	Mercury
E-4 Canal System (Lake da, Lake Osborne,	Broward, Palm Beach				
Canals)		Bluegill	Two per week	Two per week	Mercury
		Largemouth bass	One per week	Two per week	Mercury
		Mayan cichlid	Two per week	Two per week	Mercury
		Redear sunfish	Two per week	Two per week	Mercury
Eagle Lake	Polk	Bluegill	Two per week	Two per week	Mercury
		Largemouth bass	One per month	One per week	Mercury
		Redear sunfish	Two per week	Two per week	Mercury
Eagle Lake FMA	Hamilton	Bluegill	One per week	Two per week	Mercury
		Largemouth bass	One per month	One per week	Mercury
		Sunshine bass	One per month	One per week	Mercury
arman River Canal (C-17	7) Palm Beach				
System		Bluegill	Two per week	Two per week	Mercury
		Largemouth bass	Two per week	Two per week	Mercury
		Mayan cichlid	Two per week	Two per week	Mercury
		Redear sunfish	Two per week	Two per week	Mercury

**Table 1. Eating Guidelines for Freshwater, Marine and Estuarine Fish from Florida Waters** 

WATERBODY	COUNTY	SPECIES	Women of childbearing age, young children NUMBER OF MEALS	All other individuals NUMBER OF MEALS	
East Lake Tohopekaliga	Osceola				
		Black crappie	One per month	One per week	Mercury
		Bluegill	Two per week	Two per week	Mercury
		Chain pickerel	One per month	One per week	Mercury
		Largemouth bass	One per month	One per week	Mercury
		Redear sunfish	One per week	Two per week	Mercury
		Warmouth	One per month	One per week	Mercury
Econfina Creek	Bay, Washington	Spotted sunfish	One per month	Two per week	Mercury
Econfina River	Taylor	Largemouth bass	DO NOT EAT	One per week	Mercury
		Redbreast sunfish	One per month	One per week	Mercury
		Spotted sunfish	One per month	One per week	Mercury
Econlockhatchee River	Orange, Seminole	Black crappie	One per month	One per week	Mercury
		Bluegill	One per month	Two per week	Mercury
		Largemouth bass	One per month	One per week	Mercury
		Redbreast sunfish	One per month	Two per week	Mercury
		Redear sunfish	One per week	Two per week	Mercury
		Spotted sunfish	One per month	One per week	Mercury
		Warmouth	One per month	Two per week	Mercury
		White catfish	One per week	Two per week	Mercury
Emeralda Marsh Wildlife	Lake, Orange	Black crappie	Two per week	Two per week	Mercury
Management Area		Bluegill	Two per week	Two per week	Mercury
(WMA) Areas 2, 3 and 4		Brown bullhead catfish	Two per week	Two per week	Mercury
[see also Ocklawaha Lake		Largemouth bass	One per week	Two per week	Mercury
Chain listing]		Redbreast sunfish	Two per week	Two per week	Mercury
		Redear sunfish	Two per week	Two per week	Mercury
		Sunshine bass	One per month	Two per week	Mercury
		Warmouth	One per week	Two per week	Mercury

**Table 1. Eating Guidelines for Freshwater, Marine and Estuarine Fish from Florida Waters** 

WATERBODY	COUNTY	SPECIES	Women of childbearing age, young children NUMBER OF MEALS	All other individuals NUMBER OF MEALS	CONTAMINANT OF CONCERN
Emeralda Marsh WMA	Lake				
Area 7		Bluegill	One per month	One per month	Pesticides
• • •		Golden shiner	One per month	One per month	Pesticides
		Largemouth bass	One per month	One per month	Pesticides
		Redear sunfish	One per week	One per week	Pesticides
		Warmouth	One per week	Two per week	Pesticides
Equaloxic Creek	Liberty	Bluegill	One per month	Two per week	Mercury
Equationic creek		Largemouth bass	DO NOT EAT	One per month	Mercury
		Redear sunfish	One per month	Two per week	Mercury
Escambia Bay; Upper and Lower	Escambia, Santa Rosa	Striped mullet (w/o skin)	One per week	One per week	PCBs
Escambia River and	Escambia, Santa Rosa				
tributaries		Bluegill	One per month	Two per week	Mercury
		Channel catfish	One per month	One per week	Mercury
		Largemouth bass	One per month	Two per week	Mercury
		Longear sunfish	One per week	Two per week	Mercury
		Redear sunfish	One per month	Two per week	Mercury
		Spotted sunfish	One per week	Two per week	Mercury
		Striped mullet (w/o skin)	One per week	One per week	PCBs
		Warmouth	One per month	Two per week	Mercury
Everglades National Park	Monroe	Common snook	One per month	One per week	Mercury
West: All drainages West		Gray snapper	One per month	Two per week	Mercury
of Shark Slough and		Largemouth bass	One per month	One per month	Mercury
South of Tamiami Trail to		Mayan cichlid	One per month	Two per week	Mercury
Park boundary (includes		Red drum	One per month	One per week	Mercury
Broad River, Rogers River,		Redear sunfish	One per month	Two per week	Mercury
Everglades National Park:	Miami-Dade				
Nine Mile Pond		Largemouth bass	One per month	One per month	Mercury
		Mayan cichlid	One per month	One per week	Mercury

**Table 1. Eating Guidelines for Freshwater, Marine and Estuarine Fish from Florida Waters** 

WATERBODY	COUNTY	SPECIES	Women of childbearing age, young children NUMBER OF MEALS	All other individuals NUMBER OF MEALS	CONTAMINANT OF CONCERN
Everglades National Park:	Miami-Dade, Monroe				
Shark River Slough south		Bluegill	One per month	One per week	Mercury
of Tamiami Trail,		Common snook	DO NOT EAT	One per month	Mercury
including Harney and		Gray snapper	One per month	Two per week	Mercury
Shark Rivers and Tarpon		Largemouth bass	DO NOT EAT	One per month	Mercury
Bay and its tributaries		Mayan cichlid	One per month	One per month	Mercury
(Squawk, Rookery, North		Red drum	DO NOT EAT	One per month	Mercury
Prong, & Otter Creeks)		Redear sunfish	One per month	Two per week	Mercury
,		Spotted sunfish	One per month	One per week	Mercury
		Yellow bullhead catfish	DO NOT EAT	One per month	Mercury
Evers Reservoir/Ward	Manatee				
Lake		Bluegill	One per month	Two per week	Mercury
		Largemouth bass	One per week	Two per week	Mercury
aka Union Canal	Collier	Bluegill	One per month	One per week	Mercury
		Largemouth bass	One per month	One per month	Mercury
		Mayan cichlid	One per month	One per week One per month Two per week One per month One per month Two per week One per week Two per week One per week Two per week	Mercury
		Redear sunfish	Two per week	Two per week	Mercury
		Spotted sunfish	One per month	One per week	Mercury
		Warmouth	One per month	Two per week	Mercury
Farles Lake	Marion	Bluegill	One per month	Two per week	Mercury
		Largemouth bass	DO NOT EAT	One per month	Mercury
Farm 13 Reservoir	Indian River				
(including Stick Marsh)		Black crappie	Two per week	Two per week	Mercury
		Bluegill	Two per week	Two per week	Mercury
		Largemouth bass	One per month	One per week	Mercury
		Redbreast sunfish	Two per week	Two per week	Mercury
		Redear sunfish	Two per week	Two per week	Mercury
		White catfish	Two per week	Two per week	Mercury

**Table 1. Eating Guidelines for Freshwater, Marine and Estuarine Fish from Florida Waters** 

WATERBODY	COUNTY	SPECIES	Women of childbearing age, young children NUMBER OF MEALS	All other individuals NUMBER OF MEALS	CONTAMINANT OF CONCERN
Fellsmere WMA	Indian River	Bluegill	Two per week	Two per week	Mercury
		Largemouth bass	One per week	Two per week	Mercury
		Redear sunfish	Two per week	Two per week One per month One per month One per week Two per week One per month One per week One per week One per week Two per week One per month Two per week One per month Two per week One per month One per month One per month One per month One per week	Mercury
enholloway River	Taylor	Largemouth bass	One per week	Two per week	Mercury
		Redear sunfish	One per week	Two per week	Mercury
		Spotted sunfish	Two per week	Two per week	Mercury
		White catfish	Two per week	Two per week	Mercury
isheating Creek	Glades, Highlands	Blue tilapia	One per week	Two per week One per month DO NOT EAT One per month One per week	Mercury
-		Bluegill	One per month	One per month	Mercury
		Largemouth bass	DO NOT EAT	DO NOT EAT	Mercury
		Spotted sunfish	DO NOT EAT	One per month	Mercury
		White catfish	One per month	One per week	Mercury
Floral City Pool of the Sala Apopka Chain of Jakes (Hampton, Tussock, and Floral City Lakes)		Bluegill	One per month	Two per week	Mercury
		Largemouth bass	One per month	<u> </u>	Mercury
		Redear sunfish	One per week	•	Mercury
lorida Bay, Biscayne Bay, and Florida Keys	NA	Crevalle jack	DO NOT EAT	·	Mercury
na rionaa keys		Gray snapper	One per month		Mercury
		Great barracuda	DO NOT EAT		Mercury
		Red drum	One per month		Mercury
		Snook	One per month	•	Mercury
		Spotted seatrout	One per month	· ·	Mercury
		Tripletail	One per month	· · · · · · · · · · · · · · · · · · ·	Mercury
ox/South Lakes	Brevard	Black crappie	One per week	Two per week	Mercury
•		Bluegill	Two per week	Two per week	Mercury
		Brown bullhead catfish	Two per week	Two per week	Mercury

**Table 1. Eating Guidelines for Freshwater, Marine and Estuarine Fish from Florida Waters** 

WATERBODY	COUNTY	SPECIES	Women of childbearing age, young children NUMBER OF MEALS	All other individuals NUMBER OF MEALS	CONTAMINANT OF CONCERN
Fox/South Lakes, cont.	Brevard	Chain pickerel	One per week	Two per week	Mercury
		Channel catfish	Two per week	Two per week	Mercury
		Largemouth bass	One per month	Two per week	Mercury
		Redear sunfish	Two per week	Two per week	Mercury
		Warmouth	One per week	Two per week	Mercury
		White catfish	Two per week	Two per week	Mercury
Gadsden Park, Tampa	Hillsborough	Bluegill	One per week	One per week	Mercury
		Largemouth bass	DO NOT EAT	One per month	Mercury
Gap Lake	Washington	Black crappie	One per month	One per month	Mercury
		Largemouth bass	DO NOT EAT	One per month	Mercury
Georges Lake	Putnam	Black crappie	One per month	One per week	Mercury
		Bluegill	One per week	Two per week	Mercury
		Largemouth bass	One per month	One per month	Mercury
		Redear sunfish	One per week	Two per week	Mercury
		Warmouth	One per month	Two per week One per month Two per week One per week Two per week One per month	Mercury
Grasshopper Lake	Lake	Bluegill	One per month	Two per week	Mercury
		Largemouth bass	One per month	One per month	Mercury
		Warmouth	One per month	Two per week One per week One per month One per month One per month One per week Two per week One per week One per week Two per week One per week One per month One per month Two per week One per month Two per week One per month Two per week One per week Two per week	Mercury
Grassy Lake	Highlands	Bluegill	One per week	Two per week	Mercury
		Largemouth bass	DO NOT EAT	One per month	Mercury
		Redear sunfish	One per week	Two per week	Mercury
Halfmoon Lake	Marion	Bluegill	Two per week	Two per week	Mercury
		Largemouth bass	One per month	One per week	Mercury
		Redear sunfish	Two per week	Two per week	Mercury
		White catfish	Two per week	Two per week	Mercury
Hardee Lakes FMA	Hardee	Black crappie	Two per week	Two per week	Mercury
		Bluegill	Two per week	Two per week	Mercury
		Channel catfish	One per week	One per week	Mercury
		Largemouth bass	Two per week	Two per week	Mercury
		Redear sunfish	Two per week	Two per week	Mercury

**Table 1. Eating Guidelines for Freshwater, Marine and Estuarine Fish from Florida Waters** 

WATERBODY	COUNTY	SPECIES	Women of childbearing age, young children NUMBER OF MEALS	All other individuals NUMBER OF MEALS	
Harold Campbell Fish	Palm Beach				
Management Area (FMA)	)				
		Bluegill	Two per week	Two per week	Mercury
		Largemouth bass	One per month	One per week	Mercury
		Mayan cichlid	Two per week	Two per week	Mercury
		Redear sunfish	Two per week	Two per week	Mercury
		Spotted sunfish	One per month	Two per week	Mercury
		Warmouth	One per month	Two per week	Mercury
Henderson Lake	Citrus	Bluegill	One per month	Two per week	Mercury
		Largemouth bass	One per month	One per week	Mercury
		Redear sunfish	One per week	Two per week	Mercury
Hernando Pool of the	Citrus	Bluegill	One per month	Two per week	Mercury
Tsala Apopka Chain of		Largemouth bass	One per month	One per week	Mercury
Lakes (Bellamy, Dodd,		Redear sunfish	One per week	Two per week	Mercury
Higginbotham Lake	Putnam	Largemouth bass	DO NOT EAT	DO NOT EAT	Mercury
Hillsboro Canal	Palm Beach	Bluegill	One per week	Two per week	Mercury
		Bullseye snakehead	One per week	Two per week	Mercury
		Largemouth bass	One per month	Two per week	Mercury
		Mayan cichlid	Two per week	Two per week	Mercury
		Redear sunfish	Two per week	Two per week	Mercury
Hillsborough River and tributaries	Hillsborough	Bluegill	One per week	Two per week	Mercury
		Largemouth bass	One per month	One per month	Mercury
		Redbreast sunfish	One per week	Two per week	Mercury
		Redear sunfish	Two per week	Two per week	Mercury
		Spotted sunfish	One per month	One per month	Mercury
		Warmouth	One per month	One per week	Mercury

**Table 1. Eating Guidelines for Freshwater, Marine and Estuarine Fish from Florida Waters** 

WATERBODY	COUNTY	SPECIES	Women of childbearing age, young children NUMBER OF MEALS	All other individuals NUMBER OF MEALS	CONTAMINANT OF CONCERN
Holeyland Wildlife	Palm Beach				
Management Area					
(WMA)		Bluegill	One per month	One per week	Mercury
		Largemouth bass	One per month	One per week	Mercury
		Mayan cichlid	One per month	One per week	Mercury
		Redear sunfish	One per month	One per week	Mercury
Holly Chain of Lakes (Including Lake Ella, Lake Holly, and connected small ponds)	Lake				
		Black crappie	One per month	Two per week	Mercury
		Bluegill	One per week	One per week	Mercury
		Chain pickerel	One per month	Two per week	Mercury
		Largemouth bass	One per month	One per week	Mercury
		Redear sunfish	One per week	One per week Two per week	Mercury
		Warmouth	One per month	Two per week	Mercury
Holmes Creek	Washington	Bluegill	One per month	Two per week	Mercury
		Flathead catfish	One per month	One per week Two per week One per week Two per week One per week One per week One per week Two per week Two per week One per month Two per week One per month	Mercury
		Largemouth bass	One per month	One per month	Mercury
		Redbreast sunfish	One per month	One per week	Mercury
		Redear sunfish	One per month	One per week	Mercury
		Spotted sunfish	One per month	One per week	Mercury
		Warmouth	One per month	One per week	Mercury
Homosassa River	Citrus	Bluegill	One per month	Two per week	Mercury
		Gray snapper	One per week	Two per week	Mercury
		Largemouth bass	One per month	One per week Two per week One per week One per week One per week Two per week Two per week One per week	Mercury
Hungryland Wildlife and	Palm Beach	Bluegill	One per month	Two per week	Mercury
Environmental Area		Largemouth bass	DO NOT EAT	One per month	Mercury
		Redear sunfish	Two per week	Two per week	Mercury

**Table 1. Eating Guidelines for Freshwater, Marine and Estuarine Fish from Florida Waters** 

WATERBODY	COUNTY	SPECIES	Women of childbearing age, young children NUMBER OF MEALS	All other individuals NUMBER OF MEALS	CONTAMINANT OF CONCERN
Hunters Lake	Hernando	Black crappie	DO NOT EAT	DO NOT EAT	Mercury
		Bluegill	One per week	Two per week	Mercury
		Largemouth bass	One per month	One per week	Mercury
		Redear sunfish	Two per week	Two per week	Mercury
Hurricane Lake Fish	Okaloosa				
Management Area (FMA)					
		Bluegill	Two per week	Two per week	Mercury
		Largemouth bass	One per month	One per week	Mercury
		Redear sunfish	Two per week	Two per week	Mercury
Ichetucknee River	Suwannee	Largemouth bass	One per month	One per week	Mercury
		Spotted sunfish	One per week	Two per week	Mercury
ndian River Lagoon and	Brevard, Indian River,				
all marine waters of the	Martin, St. Lucie,				
listed counties	Volusia	All puffer fish	DO NOT EAT	DO NOT EAT	Saxitoxin
Inverness Pool of the	Citrus				
Tsala Apopka Chain of					
Lakes (Henderson, Big					
Henderson, Tsala Apopka,					
Spivey, and Davis Lakes)		Bluegill	One per month	Two per week	Mercury
		Largemouth bass	One per month	One per week	Mercury
		Redear sunfish	One per week	Two per week	Mercury
lacks Lake	Lake	Largemouth bass	One per month	One per month	Mercury
loe Budd Pond	Gadsden	Bluegill	Two per week	Two per week	Mercury
		Channel catfish	Two per week	Two per week	Mercury
		Sunshine bass	Two per week	Two per week	Mercury
lohns Lake	Lake	Black crappie	One per month	One per week	Mercury
		Bluegill	One per week	Two per week	Mercury
		Chain pickerel	One per month	One per week	Mercury
		Largemouth bass	One per month	One per week	Mercury
		Redear sunfish	One per week	Two per week	Mercury

**Table 1. Eating Guidelines for Freshwater, Marine and Estuarine Fish from Florida Waters** 

WATERBODY	COUNTY	SPECIES	Women of childbearing age, young children NUMBER OF MEALS	All other individuals NUMBER OF MEALS	CONTAMINANT OF CONCERN
Juniper Creek	Calhoun	Bluegill	One per week	Two per week	Mercury
		Largemouth bass	One per month	One per week	Mercury
		Redbreast sunfish	One per month	Two per week	Mercury
		Redear sunfish	One per month	Two per week	Mercury
		Shadow bass	One per month	One per week	Mercury
		Spotted bullhead catfish	One per month	Two per week	Mercury
		Spotted sunfish	One per month	Two per week	Mercury
Juniper Lake	Walton	Bluegill	One per week	Two per week	Mercury
•		Largemouth bass	One per month	One per week	Mercury
		Redear sunfish	One per week	Two per week	Mercury
Juniper Run	Marion	Bluegill	Two per week	Two per week	Mercury
		Largemouth bass	One per month	One per week	Mercury
		Redbreast sunfish	One per week	Two per week	Mercury
		Redear sunfish	Two per week	One per week	Mercury
		Spotted sunfish	One per month	Two per week	Mercury
Karick Lake Fish Management Area (FMA)	Okaloosa				
		Bluegill	Two per week	Two per week	Mercury
		Brown bullhead catfish	Two per week	Two per week	Mercury
		Largemouth bass	One per month	One per week	Mercury
		Redear sunfish	Two per week	Two per week	Mercury
Kenansville Lake	Brevard	Black crappie	Two per week	Two per week	Mercury
		Bluegill	Two per week	Two per week	Mercury
		Brown bullhead catfish	Two per week	Two per week	Mercury
		Redear sunfish	Two per week	Two per week	Mercury
		Warmouth	Two per week	Two per week	Mercury
		White catfish	Two per week	Two per week	Mercury

**Table 1. Eating Guidelines for Freshwater, Marine and Estuarine Fish from Florida Waters** 

WATERBODY	COUNTY	SPECIES	Women of childbearing age, young children NUMBER OF MEALS	All other individuals NUMBER OF MEALS	
Kissimmee River System	Highlands,				
(all Pools)	Okeechobee, Osceola,				
	Polk	Black crappie	One per week	Two per week	Mercury
		Bluegill	One per week	Two per week	Mercury
		Channel catfish	One per week	Two per week	Mercury
		Largemouth bass	One per month	One per week	Mercury
		Mayan cichlid	One per month	Two per week	Mercury
		Redbreast sunfish	Two per week	Two per week	Mercury
		Redear sunfish	One per week	Two per week	Mercury
		Spotted sunfish	One per month	Two per week	Mercury
		White catfish	Two per week	Two per week	Mercury
Koch Property	Sarasota	Largemouth bass	One per month	Two per week	Mercury
		Redear sunfish	Two per week	Two per week	Mercury
Koon Lake	Lafayette	Bluegill	One per week	Two per week	Mercury
		Brown bullhead catfish	Two per week	Two per week	Mercury
		Largemouth bass	One per month	Two per week	Mercury
Krome Avenue Canal (L- 30)	Miami-Dade	Bluegill	One per month	One per week	Mercury
		Largemouth bass	DO NOT EAT	One per month	Mercury
		Mayan cichlid	One per month	One per week	Mercury
		Redear sunfish	One per month	One per week	Mercury
L-13 (Ocean Canal)	Palm Beach	Largemouth bass	Two per week	Two per week	Mercury
L-30 Canal [see Krome Ave. Canal]	Miami-Dade				
L-31W Canal	Miami-Dade	Bluegill	One per month	One per week	Mercury
		Largemouth bass	One per month	One per week	Mercury
		Mayan cichlid	One per month	One per week	Mercury
		Redear sunfish	One per week	Two per week	Mercury

**Table 1. Eating Guidelines for Freshwater, Marine and Estuarine Fish from Florida Waters** 

WATERBODY	COUNTY	SPECIES	Women of childbearing age, young children NUMBER OF MEALS	All other individuals NUMBER OF MEALS	CONTAMINANT OF CONCERN
L-35A Canal	Broward	Bluegill	Two per week	Two per week	Mercury
		Bullseye snakehead	One per week	Two per week	Mercury
		Largemouth bass	One per month	One per week	Mercury
		Mayan cichlid	Two per week	Two per week	Mercury
		Redear sunfish	Two per week	Two per week	Mercury
-35B Canal	Broward	Bluegill	One per week	Two per week	Mercury
		Butterfly peacock bass	One per month	One per week	Mercury
		Largemouth bass	One per month	One per week	Mercury
		Mayan cichlid	One per week	Two per week	Mercury
		Redear sunfish	One per week	Two per week	Mercury
		Spotted sunfish	One per month	Two per week	Mercury
		Warmouth	One per month	One per week	Mercury
		Yellow bullhead catfish	One per month	One per week	Mercury
36 North Canal	Palm Beach	Bullseye snakehead	One per week	Two per week	Mercury
-38E Canal	Broward	Bluegill	One per week	Two per week	Mercury
		Butterfly peacock bass	One per month	One per week	Mercury
		Largemouth bass	One per month	One per week	Mercury
		Mayan cichlid	One per week	Two per week	Mercury
		Redear sunfish	One per week	Two per week	Mercury
		Spotted sunfish	One per month	Two per week	Mercury
		Spotted tilapia	Two per week	Two per week	Mercury
		Warmouth	One per month	One per week	Mercury
		Yellow bullhead catfish	One per month	One per week	Mercury
-38W Canal	Broward	Blue tilapia	Two per week	Two per week	Mercury
		Bluegill	One per month	One per week	Mercury
		Butterfly peacock bass	One per month	Two per week	Mercury
		Largemouth bass	DO NOT EAT	One per month	Mercury
		Mayan cichlid	One per month	Two per week	Mercury
		Oscar	One per month	One per week	Mercury
		Redear sunfish	One per month	One per week	Mercury

**Table 1. Eating Guidelines for Freshwater, Marine and Estuarine Fish from Florida Waters** 

WATERBODY	COUNTY	SPECIES	Women of childbearing age, young children NUMBER OF MEALS	All other individuals NUMBER OF MEALS	CONTAMINANT OF CONCERN
L-38W Canal, cont.	Broward	Spotted sunfish	One per month	One per week	Mercury
		Spotted tilapia	One per week	Two per week	Mercury
		Warmouth	One per month	One per week	Mercury
		Yellow bullhead catfish	One per month	One per month	Mercury
39 Canal	Palm Beach	Largemouth bass	One per month	One per week	Mercury
-40 Canal	Palm Beach	Bluegill	One per month	One per week	Mercury
		Largemouth bass	One per month	One per week	Mercury
		Mayan cichlid	One per month	Two per week	Mercury
		Redear sunfish	One per month	One per week	Mercury
		Spotted tilapia	Two per week	Two per week	Mercury
		Warmouth	One per month	One per week	Mercury
L-67A Canal	Broward	Blue tilapia	Two per week	Two per week	Mercury
		Bluegill	One per month	One per week	Mercury
		Butterfly peacock bass	One per month	Two per week	Mercury
		Largemouth bass	DO NOT EAT	One per month	Mercury
		Mayan cichlid	One per month	Two per week	Mercury
		Oscar	One per month	One per week	Mercury
		Redear sunfish	One per month	One per week	Mercury
		Spotted sunfish	One per month	One per week	Mercury
		Spotted tilapia	One per week	Two per week	Mercury
		Warmouth	One per month	One per week	Mercury
		Yellow bullhead catfish	One per month	One per month	Mercury
-7 Canal	Palm Beach	Black crappie	Two per week	Two per week	Mercury
		Bluegill	Two per week	Two per week	Mercury
		Largemouth bass	One per month	One per week	Mercury
		Mayan cichlid	One per month	Two per week	Mercury
		Redear sunfish	One per week	Two per week	Mercury
		Warmouth	One per month	One per week	Mercury

**Table 1. Eating Guidelines for Freshwater, Marine and Estuarine Fish from Florida Waters** 

WATERBODY	COUNTY	SPECIES	Women of childbearing age, young children NUMBER OF MEALS	All other individuals NUMBER OF MEALS	CONTAMINANT OF CONCERN
L-8 Canal	Palm Beach	Bluegill	Two per week	Two per week	Mercury
		Channel catfish	Two per week	Two per week	Mercury
		Largemouth bass	One per week	Two per week	Mercury
		Mayan cichlid	Two per week	Two per week	Mercury
		Redear sunfish	Two per week	Two per week	Mercury
Lake Agnes	Polk	Bluegill	One per week	Two per week	Mercury
		Largemouth bass	One per month	One per week	Mercury
		Redear sunfish	One per week	Two per week	Mercury
Lake Alfred	Polk	Bluegill	Two per week	Two per week	Mercury
		Largemouth bass	One per week	Two per week	Mercury
		Redear sunfish	Two per week	Two per week	Mercury
Lake Alto	Alachua	Bluegill	One per week	Two per week	Mercury
		Largemouth bass	One per month	One per month	Mercury
		Redear sunfish	One per week	Two per week	Mercury
Lake Annie	Highlands	Largemouth bass	DO NOT EAT	DO NOT EAT	Mercury
Lake Apopka	Lake, Orange	Black crappie	One per week	Two per week	Pesticides
		Blue tilapia	One per week	Two per week	Pesticides
		Bluegill	One per week	Two per week	Pesticides
		Brown bullhead catfish	One per month	One per week	Pesticides
		Largemouth bass	One per week	Two per week	Pesticides
		Redbreast sunfish	Two per week	Two per week	Mercury
		Redear sunfish	Two per week	Two per week	Mercury
		Sunshine bass	One per month	Two per week	Mercury
		Warmouth	Two per week	Two per week	Mercury
		White catfish	Two per week	Two per week	Mercury
		Yellow bullhead catfish	Two per week	Two per week	Mercury

**Table 1. Eating Guidelines for Freshwater, Marine and Estuarine Fish from Florida Waters** 

WATERBODY	COUNTY	SPECIES	Women of childbearing age, young children NUMBER OF MEALS	All other individuals NUMBER OF MEALS	CONTAMINANT OF CONCERN
Lake Apthorpe	Highlands	Largemouth bass	One per month	One per month	Mercury
		Redear sunfish	Two per week	Two per week	Mercury
Lake Arbuckle	Polk	Black crappie	One per month	One per week	Mercury
		Bluegill	One per month	Two per week	Mercury
		Largemouth bass	DO NOT EAT	One per month	Mercury
		Redear sunfish	Two per week	Two per week	Mercury
		Warmouth	One per month	Two per week	Mercury
		White catfish	One per week	Two per week	Mercury
Lake Ariana	Polk	Black crappie	One per week	Two per week	Mercury
		Bluegill	Two per week	Two per week	Mercury
		Chain pickerel	Two per week	Two per week	Mercury
		Largemouth bass	One per week	Two per week	Mercury
		Redear sunfish	Two per week	Two per week	Mercury
ake Ashby	Volusia	Black crappie	One per month	One per week	Mercury
		Bluegill	One per month	Two per week	Mercury
		Brown hoplo catfish	Two per week	Two per week	Mercury
		Largemouth bass	One per month	One per week	Mercury
		Redear sunfish	One per week	Two per week	Mercury
		Warmouth	One per month	Two per week	Mercury
ake Avalon	Collier	Largemouth bass	One per week	Two per week	Mercury
ake Baldwin	Orange	Bluegill	Two per week	Two per week	Mercury
		Largemouth bass	One per week	Two per week	Mercury
		Redear sunfish	Two per week	Two per week	Mercury
ake Beauclair	Lake	Black crappie	Two per week	Two per week	Mercury
		Bluegill	Two per week	Two per week	Mercury
		Brown bullhead catfish	Two per week	Two per week	Mercury
		Largemouth bass	Two per week	Two per week	Mercury
		Redbreast sunfish	Two per week	Two per week	Mercury
		Redear sunfish	Two per week	Two per week	Mercury
		Sunshine bass	One per month	Two per week	Mercury

**Table 1. Eating Guidelines for Freshwater, Marine and Estuarine Fish from Florida Waters** 

WATERBODY	COUNTY	SPECIES	Women of childbearing age, young children NUMBER OF MEALS	All other individuals NUMBER OF MEALS	CONTAMINANT OF CONCERN
Lake Beauclair, cont.	Lake	Warmouth	Two per week	Two per week	Mercury
		White catfish	Two per week	Two per week	Mercury
		Yellow bullhead catfish	Two per week	Two per week	Mercury
Lake Berry	Orange	Black crappie	One per week	Two per week	Mercury
		Bluegill	Two per week	Two per week	Mercury
		Largemouth bass	One per week	Two per week	Mercury
		Redbreast sunfish	Two per week	Two per week	Mercury
		Redear sunfish	Two per week	Two per week	Mercury
		Warmouth	Two per week	Two per week	Mercury
Lake Bessie	Orange	Black crappie	One per month	One per week	Mercury
		Bluegill	One per week	Two per week	Mercury
		Chain pickerel	One per month	One per week	Mercury
		Largemouth bass	One per month	One per month	Mercury
		Redear sunfish	Two per week	Two per week	Mercury
		Warmouth	One per week	Two per week	Mercury
ake Bradford	Leon	Bluegill	One per month	Two per week	Mercury
		Largemouth bass	DO NOT EAT	One per month	Mercury
		Redear sunfish	One per week	Two per week	Mercury
ake Broward	Putnam	Largemouth bass	One per month	One per month	Mercury
ake Bryant	Marion	Black crappie	Two per week	Two per week	Mercury
		Bluegill	One per week	Two per week	Mercury
		Largemouth bass	One per month	One per week	Mercury
		Redear sunfish	One per week	Two per week	Mercury
		Warmouth	One per month	Two per week	Mercury
ake Buffum	Polk	Black crappie	One per month	Two per week	Mercury
		Bluegill	One per week	Two per week	Mercury
		Brown bullhead catfish	One per week	Two per week	Mercury
		Channel catfish	Two per week	Two per week	Mercury
		Largemouth bass	One per month	One per week	Mercury
		Redear sunfish	One per week	Two per week	Mercury

**Table 1. Eating Guidelines for Freshwater, Marine and Estuarine Fish from Florida Waters** 

WATERBODY	COUNTY	SPECIES	Women of childbearing age, young children NUMBER OF MEALS	All other individuals NUMBER OF MEALS	CONTAMINANT OF CONCERN
Lake Buffum, cont.	Polk	Warmouth	One per week	Two per week	Mercury
		White catfish	One per week	Two per week	Mercury
Lake Butler	Union	Black crappie	One per week	Two per week	Mercury
		Bluegill	One per week	Two per week	Mercury
		Largemouth bass	DO NOT EAT	One per month	Mercury
		Redear sunfish	One per month	Two per week	Mercury
ake Butler (Butler Chain	Orange	Black crappie	One per month	One per week	Mercury
of Lakes)		Bluegill	One per week	Two per week	Mercury
		Chain pickerel	One per month	One per week	Mercury
		Largemouth bass	One per month	One per month	Mercury
		Redear sunfish	Two per week	Two per week	Mercury
		Warmouth	One per week	Two per week	Mercury
ake Cannon	Polk	Black crappie	One per week	Two per week	Mercury
		Blue tilapia	Two per week	Two per week	Mercury
		Bluegill	Two per week	Two per week	Mercury
		Brown bullhead catfish	Two per week	Two per week	Mercury
		Largemouth bass	One per month	Two per week	Mercury
		Redear sunfish	Two per week	Two per week	Mercury
		Warmouth	Two per week	Two per week	Mercury
		White catfish	Two per week	Two per week	Mercury
ake Carlton	Lake	Black crappie	Two per week	Two per week	Mercury
		Bluegill	Two per week	Two per week	Mercury
		Brown bullhead catfish	Two per week	Two per week	Mercury
		Largemouth bass	Two per week	Two per week	Mercury
		Redbreast sunfish	Two per week	Two per week	Mercury
		Redear sunfish	Two per week	Two per week	Mercury
		Sunshine bass	One per month	Two per week	Mercury
		Warmouth	Two per week	Two per week	Mercury
		White catfish	Two per week	Two per week	Mercury
		Yellow bullhead catfish	Two per week	Two per week	Mercury

**Table 1. Eating Guidelines for Freshwater, Marine and Estuarine Fish from Florida Waters** 

WATERBODY	COUNTY	SPECIES	Women of childbearing age, young children NUMBER OF MEALS	All other individuals NUMBER OF MEALS	CONTAMINANT OF CONCERN
Lake Catherine	Marion	Black crappie	One per month	Two per week	Mercury
		Bluegill	One per week	Two per week	Mercury
		Largemouth bass	DO NOT EAT	One per month	Mercury
		Redear sunfish	One per week	Two per week	Mercury
		Warmouth	One per month	One per week	Mercury
Lake Charles	Marion	Bluegill	One per month	Two per week	Mercury
		Redear sunfish	One per month	Two per week	Mercury
ake Charlotte	Highlands	Largemouth bass	DO NOT EAT	One per month	Mercury
ake Chase	Orange	Black crappie	One per month	One per week	Mercury
		Bluegill	One per week	Two per week	Mercury
		Chain pickerel	One per month	One per week	Mercury
		Largemouth bass	One per month	One per month	Mercury
		Redear sunfish	Two per week	Two per week	Mercury
		Warmouth	One per week	Two per week	Mercury
ake Clinch	Polk	Bluegill	Two per week	Two per week	Mercury
		Largemouth bass	One per month	One per month	Mercury
		Redear sunfish	Two per week	Two per week	Mercury
Lake Cone	Orange	Black crappie	One per month	One per week	Mercury
		Bluegill	One per month	One per week	Mercury
		Largemouth bass	One per month	One per month	Mercury
		White catfish	Two per week	Two per week	Mercury
_ake Conine	Polk	Black crappie	One per week	Two per week	Mercury
		Blue tilapia	Two per week	Two per week	Mercury
		Bluegill	Two per week	Two per week	Mercury
		Brown bullhead catfish	Two per week	Two per week	Mercury
		Largemouth bass	One per month	Two per week	Mercury
		Redear sunfish	Two per week	Two per week	Mercury
		Warmouth	Two per week	Two per week	Mercury
		White catfish	Two per week	Two per week	Mercury

**Table 1. Eating Guidelines for Freshwater, Marine and Estuarine Fish from Florida Waters** 

WATERBODY	COUNTY	SPECIES	Women of childbearing age, young children NUMBER OF MEALS	All other individuals NUMBER OF MEALS	CONTAMINANT OF CONCERN
Lake Conway	Orange	Bluegill	Two per week	Two per week	Mercury
		Brown bullhead catfish	Two per week	Two per week	Mercury
		Chain pickerel	One per month	Two per week	Mercury
		Largemouth bass	One per month	One per week	Mercury
		Redear sunfish	Two per week	Two per week	Mercury
		Warmouth	Two per week	Two per week	Mercury
ake Crosby	Bradford	Bluegill	One per week	Two per week	Mercury
		Largemouth bass	One per month	One per month	Mercury
		Redear sunfish	One per week	Two per week	Mercury
		Warmouth	One per month	Two per week	Mercury
ake Cypress	Osceola	Bluegill	Two per week	Two per week	Mercury
		Chain pickerel	One per month	One per week	Mercury
		Largemouth bass	One per month	One per week	Mercury
		Redbreast sunfish	Two per week	Two per week	Mercury
		Redear sunfish	Two per week	Two per week	Mercury
ake Dalhousie	Lake	Bluegill	Two per week	Two per week	Mercury
		Largemouth bass	One per month	One per week	Mercury
		Redear sunfish	Two per week	Two per week	Mercury
		Warmouth	Two per week	Two per week	Mercury
ake Daugharty	Volusia	Black crappie	One per month	One per month	Mercury
		Bluegill	One per week	Two per week	Mercury
		Largemouth bass	DO NOT EAT	One per month	Mercury
		Redear sunfish	One per month	One per week	Mercury
		Warmouth	One per month	One per week	Mercury
ake Deaton	Sumter	Bluegill	Two per week	Two per week	Mercury
		Largemouth bass	One per month	One per week	Mercury
		Redear sunfish	Two per week	Two per week	Mercury
ake Delancy	Marion	Black crappie	One per month	Two per week	Mercury
		Bluegill	One per week	Two per week	Mercury
		Largemouth bass	One per month	One per month	Mercury

**Table 1. Eating Guidelines for Freshwater, Marine and Estuarine Fish from Florida Waters** 

WATERBODY	COUNTY	SPECIES	Women of childbearing age, young children NUMBER OF MEALS	All other individuals NUMBER OF MEALS	CONTAMINANT OF CONCERN
Lake Delevoe	Broward	Bluegill	One per month	One per week	Mercury
		Largemouth bass	One per month	One per week	Mercury
		Redear sunfish	One per week	All other individuals NUMBER OF MEALS One per week	Mercury
Lake Dexter	Polk	Black crappie	One per week	Two per week	Mercury
		Bluegill	One per week	Two per week	Mercury
		Brown bullhead catfish	Two per week	Two per week	Mercury
		Largemouth bass	One per month	One per week	Mercury
		Redear sunfish	Two per week	Two per week	Mercury
		Warmouth	One per month	Two per week	Mercury
		White catfish	Two per week	Two per week	Mercury
		Yellow bullhead catfish	One per month	One per week	Mercury
ake Dias	Volusia	Black crappie	Two per week	One per week Two per week Two per week One per week	Mercury
		Bluegill	Two per week	Two per week	Mercury
		Largemouth bass	One per month	One per week Two per week Two per week One per week Two per week One per week One per week	Mercury
		Redear sunfish	Two per week	Two per week	Mercury
ake Disston	Flagler	Black crappie	One per month	Two per week Two per week One per week Two per week Two per week One per week Two per week One per week	Mercury
		Bluegill	One per month	One per week	Mercury
		Channel catfish	One per month	One per week One per week Two per week One per week Two per week	Mercury
		Largemouth bass	DO NOT EAT	DO NOT EAT	Mercury
		Redear sunfish	One per month	Two per week	Mercury
		Warmouth	One per month	One per week	Mercury
ake Dora	Lake	Black crappie	Two per week	Two per week	Mercury
		Bluegill	Two per week	Two per week	Mercury
		Brown bullhead catfish	Two per week	Two per week	Mercury
		Largemouth bass	Two per week	Two per week	Mercury
		Redbreast sunfish	Two per week	Two per week	Mercury
		Redear sunfish	Two per week	Two per week	Mercury
		Sunshine bass	One per month	Two per week	Mercury
		Warmouth	Two per week	Two per week	Mercury
		White catfish	Two per week	Two per week	Mercury

**Table 1. Eating Guidelines for Freshwater, Marine and Estuarine Fish from Florida Waters** 

WATERBODY	COUNTY	SPECIES	Women of childbearing age, young children NUMBER OF MEALS	All other individuals NUMBER OF MEALS	CONTAMINANT OF CONCERN
Lake Dora, cont.	Lake	Yellow bullhead catfish	Two per week	Two per week	Mercury
Lake Dorr	Lake	Black crappie	One per month	One per week	Mercury
		Bluegill	One per week	Two per week	Mercury
		Chain pickerel	One per month	One per month	Mercury
		Largemouth bass	One per month	One per month	Mercury
		Redear sunfish	Two per week	Two per week	Mercury
ake Down	Orange	Black crappie	One per month	One per week	Mercury
KC DOWN		Bluegill	One per week	Two per week	Mercury
		Chain pickerel	One per month	One per week	Mercury
		Largemouth bass	One per month	One per month	Mercury
		Redear sunfish	Two per week	Two per week	Mercury
		Warmouth	One per week	Two per week	Mercury
ake Eaton	Marion	Black crappie	One per month	One per week	Mercury
		Bluegill	One per week	Two per week	Mercury
		Largemouth bass	One per month	One per week	Mercury
		Redear sunfish	Two per week	Two per week	Mercury
		Warmouth	One per week	One per month Two per week Two per week One per week Two per week One per week Two per week Two per week Two per week Two per week One per month Two per week Two per week	Mercury
ake Eldorado	Lake	Largemouth bass	DO NOT EAT	One per month	Mercury
ake Ella	Lake, Marion	Black crappie	One per month	Two per week	Mercury
		Bluegill	One per week	Two per week	Mercury
		Chain pickerel	One per month	Two per week One per week One per month One per week Two per week Two per week Two per week One per week Two per week One per month Two per week Two per week One per month Two per week	Mercury
		Largemouth bass	One per month	One per month	Mercury
		Redear sunfish	One per week	Two per week	Mercury
		Warmouth	One per month	Two per week	Mercury
ake Ellen	Wakulla	Black crappie	One per month	One per week	Mercury
		Bluegill	One per week	Two per week	Mercury
		Largemouth bass	DO NOT EAT	One per month	Mercury
		Warmouth	One per month	One per week	Mercury
ake Eloise	Polk	Black crappie	One per week	Two per week	Mercury
		Blue tilapia	Two per week	Two per week	Mercury

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WATERBODY	COUNTY	SPECIES	Women of childbearing age, young children NUMBER OF MEALS	All other individuals NUMBER OF MEALS	CONTAMINANT OF CONCERN
Lake Eloise, cont.	Polk	Bluegill	Two per week	Two per week	Mercury
		Brown bullhead catfish	Two per week	Two per week	Mercury
		Largemouth bass	One per month	Two per week	Mercury
		Redear sunfish	Two per week	Two per week	Mercury
		Warmouth	Two per week	Two per week	Mercury
		White catfish	Two per week	Two per week	Mercury
Lake Emma	Lake	Bluegill	One per month	Two per week	Mercury
		Chain pickerel	One per month	One per week	Mercury
		Largemouth bass	One per month	One per month	Mercury
		Redear sunfish	One per month	Two per week	Mercury
ake Estelle	Orange	Largemouth bass	One per month	One per week	Mercury
ake Eustis	Lake	Black crappie	Two per week	Two per week	Mercury
		Bluegill	Two per week	Two per week	Mercury
		Brown bullhead catfish	Two per week	Two per week	Mercury
		Largemouth bass	One per week	Two per week	Mercury
		Redbreast sunfish	Two per week	Two per week	Mercury
		Redear sunfish	Two per week	Two per week	Mercury
		Sunshine bass	One per month	Two per week	Mercury
		Warmouth	Two per week	Two per week	Mercury
		White catfish	Two per week	Two per week	Mercury
		Yellow bullhead catfish	Two per week	Two per week	Mercury
ake Eva	Polk	Black crappie	Two per week	Two per week	Mercury
		Bluegill	Two per week	Two per week	Mercury
		Largemouth bass	One per week	Two per week	Mercury
		Redear sunfish	Two per week	Two per week	Mercury
ake Fairview	Orange	Black crappie	Two per week	Two per week	Mercury
	_	Bluegill	Two per week	Two per week	Mercury
		Largemouth bass	One per week	Two per week	Mercury
		Redear sunfish	Two per week	Two per week	Mercury

**Table 1. Eating Guidelines for Freshwater, Marine and Estuarine Fish from Florida Waters** 

WATERBODY	COUNTY	SPECIES	Women of childbearing age, young children NUMBER OF MEALS	All other individuals NUMBER OF MEALS	CONTAMINANT OF CONCERN
Lake Francis	Highlands	Largemouth bass	One per month	One per month	Mercury
		Redear sunfish	One per week	Two per week	Mercury
Lake Frederica	Orange	Largemouth bass	DO NOT EAT	One per month	Mercury
Lake Garfield	Polk	Black crappie	One per month	Two per week	Mercury
		Bluegill	One per week	Two per week	Mercury
		Largemouth bass	One per month	One per week	Mercury
		Redear sunfish	One per week	Two per week	Mercury
Lake Gentry	Osceola	Black crappie	One per month	One per week	Mercury
		Bluegill	One per month	All other individuals NUMBER OF MEALS One per month Two per week One per week Two per week Two per week Two per week One per week Two per week One per week One per week Two per week One per week Two per week	Mercury
		Chain pickerel	DO NOT EAT		Mercury
		Channel catfish	One per month		Mercury
		Largemouth bass	DO NOT EAT		Mercury
		Redear sunfish	One per week		Mercury
		Warmouth	One per month	One per week	Mercury
Lake George	Lake, Marion, Putnam, Volusia	Black crappie	One per week	Two per week One per month Two per week Two per week One per week Two per week One per week Two per week One per week One per week One per week Two per week	Mercury
		Bluegill	Two per week		Mercury
		Brown bullhead catfish	Two per week		Mercury
		Channel catfish	Two per week	Two per week	Mercury
		Largemouth bass	One per month	All other individuals NUMBER OF MEALS One per month Two per week One per month Two per week Two per week Two per week One per week Two per week One per week Two per week	Mercury
		Redbreast sunfish	One per week		Mercury
		Redear sunfish	Two per week		Mercury
		Spotted sunfish	Two per week	Two per week	Mercury
		Striped bass	Two per week	Two per week	Mercury
		Sunshine bass	One per week	Two per week	Mercury
		Warmouth	One per week	Two per week	Mercury
		White catfish	Two per week	Two per week	Mercury
ake Glona	Lake	Largemouth bass	DO NOT EAT	One per month	Mercury
_ake Griffin	Lake	Black crappie	Two per week	Two per week	Mercury
		Bluegill	Two per week	Two per week	Mercury

**Table 1. Eating Guidelines for Freshwater, Marine and Estuarine Fish from Florida Waters** 

WATERBODY	COUNTY	SPECIES	Women of childbearing age, young children NUMBER OF MEALS	All other individuals NUMBER OF MEALS	CONTAMINANT OF CONCERN
Lake Griffin, cont.	Lake	Brown bullhead catfish	Two per week	Two per week	Mercury
		Largemouth bass	Two per week	Two per week	Mercury
		Redbreast sunfish	Two per week	Two per week	Mercury
		Redear sunfish	Two per week	Two per week	Mercury
		Sunshine bass	One per month	Two per week	Mercury
		Warmouth	Two per week	Two per week	Mercury
		White catfish	Two per week	Two per week	Mercury
		Yellow bullhead catfish	Two per week	Two per week	Mercury
ake Haines	Polk	Black crappie	One per week	Two per week	Mercury
		Blue tilapia	Two per week	Two per week	Mercury
		Bluegill	Two per week	Two per week	Mercury
		Brown bullhead catfish	Two per week	Two per week Two per week Two per week Two per week	Mercury
		Largemouth bass	One per month	Two per week	Mercury
		Redear sunfish	Two per week	Two per week	Mercury
		Warmouth	Two per week	Two per week Two per week Two per week Two per week	Mercury
		White catfish	Two per week	Two per week	Mercury
ake Hamilton	Polk	Black crappie	One per week	Two per week	Mercury
		Blue tilapia	Two per week	Two per week	Mercury
		Bluegill	Two per week	Two per week	Mercury
		Brown bullhead catfish	Two per week	Two per week	Mercury
		Largemouth bass	One per month	Two per week	Mercury
		Redear sunfish	Two per week	Two per week	Mercury
		Warmouth	Two per week	Two per week	Mercury
		White catfish	Two per week	Two per week	Mercury
ake Hampton	Bradford	Black crappie	One per month	One per month	Mercury
		Bluegill	One per month	One per week	Mercury
		Chain pickerel	One per month	One per month	Mercury
		Largemouth bass	DO NOT EAT	One per month	Mercury
		Redear sunfish	One per week	Two per week	Mercury

**Table 1. Eating Guidelines for Freshwater, Marine and Estuarine Fish from Florida Waters** 

WATERBODY	COUNTY	SPECIES	Women of childbearing age, young children NUMBER OF MEALS	All other individuals NUMBER OF MEALS	CONTAMINANT OF CONCERN
Lake Hancock	Polk	Blue tilapia	Two per week	Two per week	Mercury
		Bluegill	Two per week	Two per week	Mercury
		Brown bullhead catfish	Two per week	Two per week	Mercury
Lake Harney	Seminole, Volusia	Black crappie	One per month	Two per week	Mercury
		Bluegill	One per week	Two per week	Mercury
		Brown bullhead catfish	Two per week	Two per week	Mercury
		Channel catfish	Two per week	Two per week	Mercury
		Largemouth bass	One per month	One per week	Mercury
		Redbreast sunfish	Two per week	Two per week	Mercury
		Redear sunfish	One per week	Two per week	Mercury
		White catfish	Two per week	Two per week	Mercury
ake Harris	Lake	Black crappie	Two per week	Two per week	Mercury
		Bluegill	Two per week	Two per week	Mercury
		Brown bullhead catfish	Two per week	Two per week	Mercury
		Largemouth bass	Two per week	Two per week	Mercury
		Redbreast sunfish	Two per week	Two per week	Mercury
		Redear sunfish	Two per week	Two per week	Mercury
		Sunshine bass	One per month	Two per week	Mercury
		Warmouth	Two per week	Two per week	Mercury
		White catfish	Two per week	Two per week	Mercury
		Yellow bullhead catfish	Two per week	Two per week	Mercury
ake Hartridge	Polk	Black crappie	One per week	Two per week	Mercury
		Blue tilapia	Two per week	Two per week	Mercury
		Bluegill	Two per week	Two per week	Mercury
		Brown bullhead catfish	Two per week	Two per week	Mercury
		Largemouth bass	One per month	Two per week	Mercury
		Redear sunfish	Two per week	Two per week	Mercury
		Warmouth	Two per week	Two per week	Mercury
		White catfish	Two per week	Two per week	Mercury

**Table 1. Eating Guidelines for Freshwater, Marine and Estuarine Fish from Florida Waters** 

WATERBODY	COUNTY	SPECIES	Women of childbearing age, young children NUMBER OF MEALS		
Lake Hatchineha	Osceola	Black crappie	One per month	One per week	Mercury
		Bluegill	Two per week	Two per week	Mercury
		Largemouth bass	One per month	One per month	Mercury
		Redbreast sunfish	Two per week	Two per week	Mercury
		Redear sunfish	Two per week	Two per week	Mercury
		Spotted sunfish	One per month	Two per week	Mercury
		Warmouth	One per month	One per week Two per week One per month Two per week	Mercury
ake Hellen Blazes	Brevard	Black crappie	One per month	One per week Two per week One per month Two per week	Mercury
		Bluegill	One per week	Two per week	Mercury
		Brown bullhead catfish	Two per week	Two per week One per month Two per week	Mercury
		Channel catfish	Two per week		Mercury
		Largemouth bass	One per month		Mercury
		Redbreast sunfish	Two per week		Mercury
		Redear sunfish	One per week		Mercury
		White catfish	Two per week		Mercury
ake Hicpochee	Glades	Bluegill	One per week	One per month Two per week Two per week Two per week One per week Two per week	Mercury
		Largemouth bass	One per month		Mercury
		Mayan cichlid	Two per week		Mercury
		Redear sunfish	One per week	Two per week	Mercury
ake Holly	Lake	Black crappie	One per month	Two per week	Mercury
		Bluegill	One per week	NUMBER OF MEALS  One per week Two per week	Mercury
		Chain pickerel	One per month	Two per week	Mercury
		Largemouth bass	One per month	One per month	Mercury
		Redear sunfish	One per week	Two per week	Mercury
		Warmouth	One per month	Two per week	Mercury
ake Howard	Polk	Black crappie	One per week	Two per week	Mercury
		Blue tilapia	Two per week	Two per week	Mercury
		Bluegill	Two per week	Two per week	Mercury
		Brown bullhead catfish	Two per week	Two per week	Mercury
		Largemouth bass	One per month	Two per week	Mercury

**Table 1. Eating Guidelines for Freshwater, Marine and Estuarine Fish from Florida Waters** 

WATERBODY	COUNTY	SPECIES	Women of childbearing age, young children NUMBER OF MEALS	All other individuals NUMBER OF MEALS	CONTAMINANT OF CONCERN
Lake Howard, cont.	Polk	Redear sunfish	Two per week	Two per week	Mercury
		Warmouth	Two per week	Two per week	Mercury
		White catfish	Two per week	Two per week	Mercury
Lake Huntley	Highlands	Bluegill	One per week	Two per week	Mercury
,		Largemouth bass	One per month	One per month	Mercury
		Redear sunfish	One per week	Two per week	Mercury
		Warmouth	One per month	Two per week	Mercury
Lake Iamonia	Leon	Black crappie	One per week	Two per week	Mercury
		Bluegill	One per week	Two per week	Mercury
		Brown bullhead catfish	Two per week	Two per week	Mercury
		Largemouth bass	One per month	One per week	Mercury
		Redear sunfish	One per week	Two per week	Mercury
Lake Ida [see E-4 Canal System]	Broward, Palm Beach				
Lake Idylwild	Polk	Black crappie	One per week	Two per week	Mercury
•		Blue tilapia	Two per week	Two per week	Mercury
		Bluegill	Two per week	Two per week	Mercury
		Brown bullhead catfish	Two per week	Two per week	Mercury
		Largemouth bass	One per month	Two per week	Mercury
		Redear sunfish	Two per week	Two per week	Mercury
		Warmouth	Two per week	Two per week	Mercury
		White catfish	Two per week	Two per week	Mercury
Lake Istokpoga	Highlands	Black crappie	One per month	Two per week	Mercury
		Bluegill	One per week	Two per week	Mercury
		Brown bullhead catfish	One per week	Two per week	Mercury
		Largemouth bass	One per month	One per week	Mercury
		Redear sunfish	One per week	Two per week	Mercury
		Warmouth	One per week	Two per week	Mercury
		White catfish	One per month	Two per week	Mercury

**Table 1. Eating Guidelines for Freshwater, Marine and Estuarine Fish from Florida Waters** 

WATERBODY	COUNTY	SPECIES	Women of childbearing age, young children NUMBER OF MEALS	All other individuals NUMBER OF MEALS	CONTAMINANT OF CONCERN
Lake Ivanhoe	Orange	Bluegill	Two per week	Two per week	Mercury
		Brown bullhead catfish	Two per week	Two per week	Mercury
		Largemouth bass	One per week	Two per week	Mercury
		Redbreast sunfish	Two per week	Two per week	Mercury
		Redear sunfish	Two per week	Two per week	Mercury
Lake Jackson (Highlands	Highlands				
County)		Bluegill	Two per week	Two per week	Mercury
		Largemouth bass	One per month	One per week	Mercury
		Redear sunfish	One per week	Two per week	Mercury
Lake Jackson (Leon	Leon				
County)		Black crappie	Two per week	Two per week	Mercury
		Bluegill	Two per week	Two per week One per week Two per week	Mercury
		Chain pickerel	Two per week	Two per week	Mercury
		Largemouth bass	One per month	One per week Two per week One per month Two per week Two per week	Mercury
		Redear sunfish	Two per week	Two per week	Mercury
		Warmouth	One per week	Two per week Two per week Two per week	Mercury
Lake Jackson (Walton	Walton				
County)		Largemouth bass	DO NOT EAT	One per month	Mercury
		Warmouth	One per month	Two per week	Mercury
Lake Jessie	Polk	Black crappie	One per week	Two per week	Mercury
		Blue tilapia	Two per week	Two per week	Mercury, Lead
		Bluegill	Two per week	Two per week	Mercury
		Brown bullhead catfish	Two per week	Two per week	Mercury
		Largemouth bass	One per month	Two per week	Mercury
		Redear sunfish	Two per week	Two per week	Mercury
		Warmouth	Two per week	Two per week	Mercury
		White catfish	Two per week	Two per week	Mercury
Lake Jesup	Seminole	Black crappie	Two per week	Two per week	Mercury
		Bluegill	Two per week	Two per week	Mercury
		Largemouth bass	One per week	Two per week	Mercury

**Table 1. Eating Guidelines for Freshwater, Marine and Estuarine Fish from Florida Waters** 

WATERBODY	COUNTY	SPECIES	Women of childbearing age, young children NUMBER OF MEALS	All other individuals NUMBER OF MEALS	CONTAMINANT OF CONCERN
Lake Jesup, cont.	Seminole	Redear sunfish	Two per week	Two per week	Mercury
		White catfish	Two per week	Two per week	Mercury
Lake Joanna	Lake	Largemouth bass	One per month	One per month	Mercury
Lake Josephine	Highlands	Black crappie	One per month	One per week	Mercury
		Bluegill	One per week	Two per week	Mercury
		Chain pickerel	One per month	One per week	Mercury
		Largemouth bass	One per month	One per month	Mercury
		Redear sunfish	One per week	Two per week	Mercury
Lake Juliana	Polk	Black crappie	One per week	Two per week	Mercury
		Bluegill	Two per week	Two per week	Mercury
		Largemouth bass	One per week	Two per week	Mercury
		Redear sunfish	Two per week	Two per week	Mercury
Lake June-in-Winter	Highlands	Bluegill	One per week	Two per week	Mercury
		Chain pickerel	One per month	One per week	Mercury
		Largemouth bass	One per month	One per week	Mercury
		Readear sunfish	Two per week	One per month One per week Two per week One per week One per month Two per week One per week One per week Two per week Two per week One per week Two per week One per week One per week Two per week	Mercury
Lake Kerr	Marion	Black crappie	One per month	Two per week	Mercury
		Bluegill	One per month	Two per week	Mercury
		Chain pickerel	One per month	Two per week Two per week One per week Two per week Two per week One per week One per month Two per week One per week Two per week One per week Two per week	Mercury
		Largemouth bass	One per month		Mercury
		Redear sunfish	One per week	Two per week	Mercury
		Warmouth	One per month	One per week	Mercury
Lake Kissimmee	Osceola, Polk	Black crappie	One per month	Two per week	Mercury
		Bluegill	Two per week	Two per week	Mercury
		Brown bullhead catfish	Two per week	Two per week	Mercury
		Chain pickerel	One per month	Two per week	Mercury
		Largemouth bass	One per month	One per week	Mercury
		Redear sunfish	Two per week	Two per week	Mercury
		Warmouth	One per week	Two per week	Mercury

**Table 1. Eating Guidelines for Freshwater, Marine and Estuarine Fish from Florida Waters** 

WATERBODY	COUNTY	SPECIES	Women of childbearing age, young children NUMBER OF MEALS	All other individuals NUMBER OF MEALS	CONTAMINANT OF CONCERN
Lake Lang	Hamilton	Largemouth bass	One per week	Two per week	Mercury
		Redear sunfish	One per week	Two per week	Mercury
Lake Lillian	Highlands	Largemouth bass	One per month	One per month	Mercury
Lake Livingston	Polk	Black crappie	One per month	Two per week	Mercury
		Bluegill	One per month	Two per week	Mercury
		Largemouth bass	One per month	One per week	Mercury
		Redear sunfish	One per week	Two per week	Mercury
		Warmouth	One per week	Two per week	Mercury
		White catfish	One per month	Two per week	Mercury
Lake Lochloosa	Alachua	Black crappie	Two per week	Two per week	Mercury
		Bluegill	Two per week	Two per week	Mercury
		Largemouth bass	One per week	Two per week Two per week Two per week	Mercury
		Redear sunfish	Two per week		Mercury
		Warmouth	One per month		Mercury
Lake Lotela	Highlands	Bluegill	Two per week	Two per week	Mercury
		Largemouth bass	One per month	One per week	Mercury
		Redear sunfish	Two per week	Two per week Two per week Two per week One per week Two per week One per week	Mercury
Lake Louisa	Lake	Black crappie	One per month	Two per week Two per week One per month Two per week	Mercury
		Bluegill	One per month	NUMBER OF MEALS  Two per week  Two per week  One per month  Two per week  One per month  One per week  One per week	Mercury
		Brown bullhead catfish	One per month	Two per week	Mercury
		Channel catfish	One per month	One per month	Mercury
		Largemouth bass	DO NOT EAT	Two per week Two per week One per month Two per week One per week One per week One per week Two per week One per week One per week One per month One per week One per week One per week One per week Two per week Two per week Two per week One per month Two per week One per week One per week	Mercury
		Redear sunfish	One per month	Two per week	Mercury
		Warmouth	One per month	One per week	Mercury
		White catfish	One per month	One per week	Mercury
		Yellow bullhead catfish	DO NOT EAT	One per month	Mercury
ake Louise	Orange	Black crappie	One per month	One per week	Mercury
		Bluegill	One per week	Two per week	Mercury
		Chain pickerel	One per month	One per week	Mercury
		Largemouth bass	One per month	One per month	Mercury

**Table 1. Eating Guidelines for Freshwater, Marine and Estuarine Fish from Florida Waters** 

WATERBODY	COUNTY	SPECIES	Women of childbearing age, young children NUMBER OF MEALS	All other individuals NUMBER OF MEALS	
Lake Louise, cont.	Orange	Redear sunfish	Two per week	Two per week	Mercury
		Warmouth	One per week	Two per week	Mercury
Lake Lucien	Orange	Largemouth bass	One per month	One per month	Mercury
Lake Lucy	Lake	Bluegill	One per month	Two per week	Mercury
		Chain pickerel	One per month	One per week	Mercury
		Largemouth bass	One per month	One per month	Mercury
		Redear sunfish	One per month	All other individuals NUMBER OF MEALS Two per week Two per week One per month Two per week One per month Two per week	Mercury
Lake Lulu	Polk	Black crappie	One per week	Two per week	Mercury
ane Lara		Blue tilapia	Two per week	Two per week	Mercury
		Bluegill	Two per week	Two per week	Mercury
		Brown bullhead catfish	Two per week	Two per week Two per week	Mercury
		Largemouth bass	One per month	Two per week	Mercury
		Redear sunfish	Two per week	Two per week	Mercury
		Warmouth	Two per week	Two per week	Mercury
		White catfish	Two per week	Two per week	Mercury
ake Maitland	Orange	Black crappie	One per week	One per week	Mercury
		Bluegill	Two per week	Two per week Two per week One per month Two per week One per week One per week Two per week	Mercury
		Largemouth bass	One per week	Two per week	Mercury
		Redbreast sunfish	Two per week	Two per week	Mercury
		Redear sunfish	Two per week	Two per week	Mercury
		Warmouth	Two per week	Two per week	Mercury
ake Manatee	Manatee	Bluegill	Two per week	Two per week	Mercury
		Channel catfish	Two per week	Two per week	Mercury
		Largemouth bass	One per month	One per week	Mercury
		Redear sunfish	Two per week	Two per week	Mercury
ake Mann	Orange	Black crappie	Two per week	Two per week	Mercury
		Bluegill	Two per week	Two per week	Mercury
		Largemouth bass	One per week	Two per week	Mercury

**Table 1. Eating Guidelines for Freshwater, Marine and Estuarine Fish from Florida Waters** 

WATERBODY	COUNTY	SPECIES	Women of childbearing age, young children NUMBER OF MEALS	All other individuals NUMBER OF MEALS	CONTAMINANT OF CONCERN
Lake Margaret	Putnam	Bluegill	One per month	One per week	Mercury
		Largemouth bass	DO NOT EAT	DO NOT EAT	Mercury
		Redear sunfish	One per month	One per week	Mercury
ake Marian	Osceola	Black crappie	One per week	Two per week	Mercury
		Bluegill	Two per week	Two per week	Mercury
		Brown bullhead catfish	Two per week	Two per week	Mercury
		Largemouth bass	One per month	Two per week One per week Two per week	Mercury
		Redear sunfish	Two per week	Two per week	Mercury
		White catfish	Two per week	Two per week	Mercury
ake Marion	Polk	Black crappie	One per month	Two per week	Mercury
		Bluegill	Two per week	Two per week	Mercury
		Largemouth bass	One per month	All other individuals NUMBER OF MEALS One per week DO NOT EAT One per week Two per week One per week Two per week One per month One per month One per month One per week Two per week Two per week Two per week Two per week	Mercury
		Warmouth	One per month		Mercury
ake Mary	Marion	Bluegill	One per month	Two per week One per week	Mercury
		Largemouth bass	DO NOT EAT	One per week	Mercury
		Redear sunfish	One per month	One per week	Mercury
		Warmouth	One per month	One per month	Mercury
_ake Mary Jane/Lak	e Hart Orange	Black crappie	One per month	One per month	Mercury
		Bluegill	One per month	One per week	Mercury
		Chain pickerel	One per month	One per month	Mercury
		Largemouth bass	DO NOT EAT	One per month	Mercury
		Redear sunfish	One per month	One per week	Mercury
ake Mattie	Polk	Black crappie	Two per week	Two per week	Mercury
		Bluegill	Two per week	Two per week	Mercury
		Channel catfish	Two per week	Two per week	Mercury
		Largemouth bass	One per month	Two per week	Mercury
		Redear sunfish	Two per week	Two per week	Mercury

**Table 1. Eating Guidelines for Freshwater, Marine and Estuarine Fish from Florida Waters** 

WATERBODY	COUNTY	SPECIES	Women of childbearing age, young children NUMBER OF MEALS	All other individuals NUMBER OF MEALS	CONTAMINANT OF CONCERN
Lake McLeod	Polk	Blue tilapia	Two per week	Two per week	Mercury
		Bluegill	One per week	Two per week	Mercury
		Brown bullhead catfish	Two per week	Two per week	Mercury
		Largemouth bass	One per month	One per week	Mercury
		Redear sunfish	One per week	Two per week	Mercury
ake Medard (Edward	HIllsborough				
Medard Reservoir)		Bluegill	Two per week	Two per week	Mercury
		Largemouth bass	One per week	Two per week	Mercury
		Redear sunfish	Two per week	Two per week	Mercury
ake Miccosukee	Jefferson, Leon	Bluegill	Two per week	Two per week	Mercury
		Largemouth bass	One per month	Two per week	Mercury
Lake Minnehaha (Lake	Lake				
County)		Bluegill	One per month	One per week	Mercury
		Channel catfish	One per week	Two per week	Mercury
		Largemouth bass	One per month	One per month	Mercury
		Redear sunfish	One per week	Two per week	Mercury
		Yellow bullhead catfish	One per month	All other individual NUMBER OF MEAL Two per week One per week One per month	Mercury
Lake Minnehaha (Orange County)	Orange	Black crappie	One per week	Two per week	Mercury
		Bluegill	Two per week	·	Mercury
		Largemouth bass	One per week		Mercury
		Redbreast sunfish	Two per week	· · · · · · · · · · · · · · · · · · ·	Mercury
		Redear sunfish	Two per week	•	Mercury
		Warmouth	Two per week		Mercury
ake Minneola	Lake	Bluegill	One per week	· · · · · · · · · · · · · · · · · · ·	Mercury
		Channel catfish	One per week		Mercury
		Largemouth bass	One per month		Mercury
		Redear sunfish	One per week	Two per week	Mercury

**Table 1. Eating Guidelines for Freshwater, Marine and Estuarine Fish from Florida Waters** 

WATERBODY	COUNTY	SPECIES	Women of childbearing age, young children NUMBER OF MEALS	All other individuals NUMBER OF MEALS	CONTAMINANT OF CONCERN
Lake Miona	Sumter	Bluegill	One per month	Two per week	Mercury
		Largemouth bass	One per month	Two per week	Mercury
		Redear sunfish	One per week	Two per week	Mercury
Lake Mirror	Polk	Black crappie	One per week	Two per week	Mercury
		Blue tilapia	Two per week	Two per week	Mercury
		Bluegill	Two per week	Two per week	Mercury
		Brown bullhead catfish	Two per week	Two per week	Mercury
		Largemouth bass	One per month	Two per week	Mercury
		Redear sunfish	Two per week	Two per week	Mercury
		Warmouth	Two per week	Two per week	Mercury
		White catfish	Two per week	Two per week	Mercury
Lake Mizell	Orange	Black crappie	One per week	Two per week	Mercury
		Bluegill	Two per week	Two per week	Mercury
		Largemouth bass	One per week	Two per week	Mercury
		Redbreast sunfish	Two per week	Two per week Two per week Two per week	Mercury
		Redear sunfish	Two per week		Mercury
		Warmouth	Two per week	Two per week	Mercury
Lake Monroe	Seminole, Volusia	Black crappie	One per week	Two per week	Mercury
		Bluegill	Two per week	Two per week	Mercury
		Brown bullhead catfish	Two per week	Two per week	Mercury
		Channel catfish	Two per week	Two per week	Mercury
		Largemouth bass	One per month	Two per week	Mercury
		Redbreast sunfish	One per week	Two per week	Mercury
		Redear sunfish	Two per week	Two per week	Mercury
		Spotted sunfish	Two per week	Two per week	Mercury
		Striped bass	Two per week	Two per week	Mercury
		Sunshine bass	One per week	Two per week	Mercury
		Warmouth	One per week	Two per week	Mercury
		White catfish	Two per week	Two per week	Mercury

**Table 1. Eating Guidelines for Freshwater, Marine and Estuarine Fish from Florida Waters** 

WATERBODY	COUNTY	SPECIES	Women of childbearing age, young children NUMBER OF MEALS	All other individuals NUMBER OF MEALS	CONTAMINANT OF CONCERN
Lake Munson	Leon	Bluegill	Two per week	Two per week	Mercury
		Brown bullhead catfish	Two per week	Two per week	Mercury
		Largemouth bass	One per week	Two per week	Mercury
		Redear sunfish	Two per week	Two per week	Mercury
		White catfish	Two per week	Two per week	Mercury
Lake Myrtle	Polk	Largemouth bass	One per month	One per month	Mercury
Lake Norris	Lake	Bluegill	One per month	Two per week	Mercury
		Largemouth bass	One per month	One per month	Mercury
		Redear sunfish	One per month	Two per week	Mercury
		Warmouth	One per month	One per week	Mercury
ake Octahatchee	Hamilton	Bluegill	One per month	One per week	Mercury
		Largemouth bass	DO NOT EAT	DO NOT EAT	Mercury
Lake Okahumpka	Sumter	Black crappie	One per week	DO NOT EAT Two per week Two per week	Mercury
		Bluegill	Two per week	Two per week	Mercury
		Largemouth bass	One per month	One per week	Mercury
		Redear sunfish	Two per week	Two per week	Mercury
Lake Okeechobee and	Glades, Hendry,				
Rim Canals	Martin, Okeechobee,				
	Palm Beach				
		Black crappie	One per week	Two per week	Mercury
		Bluegill	One per week	Two per week	Mercury
		Brown bullhead catfish	Two per week	Two per week	Mercury
		Channel catfish	Two per week	Two per week	Mercury
		Largemouth bass	One per month	One per week	Mercury
		Mayan cichlid	Two per week	Two per week	Mercury
		Redear sunfish	Two per week	Two per week	Mercury
		White catfish	One per week	Two per week	Mercury
Lake Olivia	Highlands	Largemouth bass	DO NOT EAT	One per month	Mercury

**Table 1. Eating Guidelines for Freshwater, Marine and Estuarine Fish from Florida Waters** 

WATERBODY	COUNTY	SPECIES	Women of childbearing age, young children NUMBER OF MEALS	All other individuals NUMBER OF MEALS	
Lake Osborne [see E-4	Broward, Palm Beach				
Canal System]					
Lake Osceola	Orange	Black crappie	One per week	Two per week	Mercury
		Bluegill	Two per week	Two per week	Mercury
		Largemouth bass	One per week	Two per week	Mercury
		Redbreast sunfish	Two per week	Two per week	Mercury
		Redear sunfish	Two per week	Two per week	Mercury
		Warmouth	Two per week	Two per week	Mercury
Lake Palmer	Orange	Black crappie	One per month	One per week	Mercury
		Bluegill	One per week	Two per week	Mercury
		Chain pickerel	One per month	One per week	Mercury
		Largemouth bass	One per month	One per month	Mercury
		Redear sunfish	Two per week	Two per week	Mercury
		Warmouth	One per week	Two per week	Mercury
ake Panasoffkee	Sumter	Black crappie	One per month	Two per week	Mercury
		Bluegill	Two per week	Two per week	Mercury
		Brown bullhead catfish	Two per week	Two per week	Mercury
		Largemouth bass	One per month	One per week	Mercury
		Redear sunfish	Two per week	Two per week	Mercury
ake Parker	Polk	Black crappie	Two per week	Two per week	Mercury
		Bluegill	Two per week	Two per week	Mercury
		Brown bullhead catfish	Two per week	Two per week	Mercury
		Largemouth bass	Two per week	Two per week	Mercury
		Redear sunfish	Two per week	Two per week	Mercury
ake Pasadena	Pasco	Bluegill	Two per week	Two per week	Mercury
		Largemouth bass	One per week	Two per week	Mercury
		Redear sunfish	Two per week	Two per week	Mercury
ake Pierce	Polk	Black crappie	Two per week	Two per week	Mercury
		Bluegill	Two per week	Two per week	Mercury
		Chain pickerel	One per month	Two per week	Mercury

**Table 1. Eating Guidelines for Freshwater, Marine and Estuarine Fish from Florida Waters** 

WATERBODY	COUNTY	SPECIES	Women of childbearing age, young children NUMBER OF MEALS	All other individuals NUMBER OF MEALS	CONTAMINANT
Lake Pierce, cont.	Polk	Largemouth bass	One per month	One per week	Mercury
		Redear sunfish	Two per week	Two per week	Mercury
		Warmouth	One per week	Two per week	Mercury
ake Placid	Highlands	Black crappie	One per month	One per week	Mercury
		Bluegill	One per week	Two per week	Mercury
		Largemouth bass	DO NOT EAT	One per month	Mercury
		Redear sunfish	One per week	Two per week	Mercury
ake Poinsett	Brevard, Orange, Osceola	Black crappie	One per month	Two per week One per week	Mercury
		Bluegill	One per week	Two per week	Mercury
		Brown bullhead catfish	Two per week	Two per week	Mercury
		Channel catfish	Two per week	Two per week	Mercury
		Largemouth bass	One per month	One per week	Mercury
		Redbreast sunfish	Two per week		Mercury
		Redear sunfish	One per week	Two per week	Mercury
		White catfish	Two per week	Two per week	Mercury
ake Ponte Vedra	St. Johns	Red drum	Two per week	Two per week	Mercury
ake Renfroe (St. Marks Vildlife Refuge)	Wakulla				
		Largemouth bass	One per month	One per month	Mercury
ake Rochelle	Polk	Black crappie	One per week	Two per week	Mercury
		Blue tilapia	Two per week	Two per week	Mercury
		Bluegill	Two per week	Two per week	Mercury
		Brown bullhead catfish	Two per week	Two per week	Mercury
		Largemouth bass	One per month	Two per week	Mercury
		Redear sunfish	Two per week	Two per week	Mercury
		Warmouth	Two per week	Two per week	Mercury
		White catfish	Two per week	Two per week	Mercury
ake Rosalie	Polk	Bluegill	One per week	Two per week	Mercury

**Table 1. Eating Guidelines for Freshwater, Marine and Estuarine Fish from Florida Waters** 

WATERBODY	COUNTY	SPECIES	Women of childbearing age, young children NUMBER OF MEALS	All other individuals NUMBER OF MEALS	CONTAMINANT OF CONCERN
Lake Rousseau	Citrus	Black crappie	One per week	Two per week	Mercury
		Bluegill	Two per week	NUMBER OF MEAL	Mercury
		Brown bullhead catfish	Two per week	Two per week	Mercury
		Chain pickerel	One per week	Two per week	Mercury
		Largemouth bass	One per month	One per week	Mercury
		Redear sunfish	Two per week	Two per week	Mercury
		Warmouth	Two per week	Two per week	Mercury
ake Rowell	Bradford	Bluegill	Two per week	Two per week	Mercury
		Chain pickerel	One per week	NUMBER OF MEAL Two per week Toper week Two per week Toper week Two per week Two per week Toper week	Mercury
		Largemouth bass	One per month	One per week	Mercury
		Redear sunfish	Two per week	Two per week	Mercury
		Warmouth	One per week	Two per week	Mercury
ake Roy	Polk	Black crappie	One per week	Two per week	Mercury
		Blue tilapia	Two per week	Two per week	Mercury
		Bluegill	Two per week	Two per week One per month One per week One per month Two per week One per week One per week One per week One per week Two per week	Mercury
		Brown bullhead catfish	Two per week		Mercury
		Largemouth bass	One per month		Mercury
		Redear sunfish	Two per week	Two per week	Mercury
		Warmouth	Two per week	Two per week	Mercury
		White catfish	Two per week	Two per week	Mercury
ake Russell	Osceola	Black crappie	DO NOT EAT	One per month	Mercury
		Bluegill	One per month	One per week	Mercury
		Largemouth bass	One per month	One per month	Mercury
		Redear sunfish	One per month	One per week	Mercury
ake Sampson	Bradford	Black crappie	One per month	One per month	Mercury
		Bluegill	One per week	Two per week	Mercury
		Chain pickerel	One per month	One per week	Mercury
		Largemouth bass	One per month	One per week	Mercury
		Redear sunfish	Two per week	Two per week	Mercury
		Warmouth	One per week	Two per week	Mercury

**Table 1. Eating Guidelines for Freshwater, Marine and Estuarine Fish from Florida Waters** 

WATERBODY	COUNTY	SPECIES	Women of childbearing age, young children NUMBER OF MEALS	All other individuals NUMBER OF MEALS	CONTAMINANT OF CONCERN
Lake Santa Fe	Alachua	Bluegill	Two per week	Two per week	Mercury
		Largemouth bass	One per month		Mercury
		Redear sunfish	Two per week	Two per week	Mercury
Lake Sawgrass	Brevard	Black crappie	One per month	Two per week	Mercury
		Bluegill	One per week	Two per week	Mercury
		Brown bullhead catfish	Two per week	NUMBER OF MEAL Two per week One per month Two per week	Mercury
		Channel catfish	Two per week	Two per week	Mercury
		Largemouth bass	One per month	One per week	Mercury
		Redbreast sunfish	Two per week	Two per week	Mercury
		Redear sunfish	One per week	Two per week	Mercury
		White catfish	Two per week	Two per week	Mercury
_ake Sebring	Highlands	Black crappie	One per month	One per week	Mercury
		Bluegill	Two per week	Two per week Two per week One per week Two per week	Mercury
		Largemouth bass	One per month	Two per week	Mercury
		Redear sunfish	Two per week	Two per week	Mercury
Lake Seminole	Pinellas	Black crappie	Two per week	Two per week	Mercury
		Bluegill	Two per week	Two per week	Mercury
		Channel catfish	Two per week	Two per week	Mercury
		Largemouth bass	Two per week	Two per week	Mercury
		Redear sunfish	Two per week	NUMBER OF MEALS  Two per week One per month Two per week	Mercury
Lake Seminole (Jim Woodruff Reservoir)	Jackson	Black crappie	Two per week	Two per week	Mercury
		Bluegill	Two per week	Two per week	Mercury
		Brown bullhead catfish	Two per week	Two per week	Mercury
		Largemouth bass	One per month	Two per week	Mercury
		Redear sunfish	Two per week	Two per week	Mercury
_ake Shangri-La	Hillsborough	Largemouth bass	One per month	One per week	Mercury
_ake Sheen	Orange	Black crappie	One per month	One per week	Mercury
		Bluegill	One per week	Two per week	Mercury
		Chain pickerel	One per month	One per week	Mercury

**Table 1. Eating Guidelines for Freshwater, Marine and Estuarine Fish from Florida Waters** 

WATERBODY	COUNTY	SPECIES	Women of childbearing age, young children NUMBER OF MEALS	All other individuals NUMBER OF MEALS	CONTAMINANT OF CONCERN
Lake Sheen, cont.	Orange	Largemouth bass	One per month	One per month	Mercury
		Redear sunfish	Two per week	NUMBER OF MEALS	Mercury
		Warmouth	One per week	Two per week	Mercury
Lake Shipp	Polk	Black crappie	One per week	Two per week	Mercury
anc ompp		Blue tilapia	Two per week	Two per week	Mercury
		Bluegill	Two per week	Two per week	Mercury
		Brown bullhead catfish	Two per week	Two per week	Mercury
		Largemouth bass	One per month	Two per week	Mercury
		Redear sunfish	Two per week	Two per week	Mercury
		Warmouth	Two per week	Two per week	Mercury
		White catfish	Two per week	Two per week	Mercury
ake Smart	e Smart Polk	Black crappie	One per week	Two per week	Mercury
		Blue tilapia	Two per week	Two per week One per week Two per week Two per week	Mercury
		Bluegill	Two per week		Mercury
		Brown bullhead catfish	Two per week	Two per week	Mercury
		Largemouth bass	One per week	Two per week	Mercury
		Redear sunfish	Two per week	Two per week	Mercury
		Warmouth	Two per week	Two per week	Mercury
		White catfish	Two per week	Two per week	Mercury
ake Stone FMA	Escambia	Bluegill	Two per week	Two per week	Mercury
		Largemouth bass	One per month	One per week	Mercury
		Redear sunfish	Two per week	Two per week	Mercury
ake Streety	Polk	Bluegill	One per week	Two per week	Mercury
		Largemouth bass	One per month	One per week	Mercury
		Redear sunfish	Two per week	Two per week	Mercury
		Warmouth	One per month	Two per week	Mercury
ake Sue	Orange	Black crappie	One per week	Two per week	Mercury
		Bluegill	Two per week	Two per week	Mercury
		Largemouth bass	One per week	Two per week	Mercury
		Redbreast sunfish	Two per week	Two per week	Mercury

**Table 1. Eating Guidelines for Freshwater, Marine and Estuarine Fish from Florida Waters** 

WATERBODY	COUNTY	SPECIES	Women of childbearing age, young children NUMBER OF MEALS	All other individuals NUMBER OF MEALS	
Lake Sue, cont.	Orange	Redear sunfish	Two per week	Two per week	Mercury
		Warmouth	Two per week	Two per week	Mercury
Lake Summit	Polk	Black crappie	One per week	Two per week	Mercury
		Blue tilapia	Two per week	Two per week	Mercury
		Bluegill	Two per week	All other individual NUMBER OF MEAL Two per week	Mercury
		Brown bullhead catfish	Two per week	Two per week	Mercury
		Largemouth bass	One per month	Two per week	Mercury
		Redear sunfish	Two per week	Two per week	Mercury
		Warmouth	Two per week	Two per week	Mercury
		White catfish	Two per week	Two per week	Mercury
ake Sylvan	Seminole	Largemouth bass	DO NOT EAT	One per month	Mercury
ake Talquin	Gadsden, Leon	Black crappie	Two per week	Two per week	Mercury
-4		Bluegill	Two per week	Two per week	Mercury
		Brown bullhead catfish	Two per week	Two per week	Mercury
		Channel catfish	Two per week	Two per week	Mercury
		Largemouth bass	One per month	All other individuals NUMBER OF MEALS Two per week	Mercury
		Redbreast sunfish	Two per week	Two per week	Mercury
		Redear sunfish	Two per week	Two per week	Mercury
		Spotted bullhead catfish	Two per week	Two per week	Mercury
ake Tarpon	Pinellas	Black crappie	One per week	Two per week	Mercury
		Bluegill	One per week	Two per week	Mercury
		Largemouth bass	One per month	One per week	Mercury
		Redear sunfish	One per week	Two per week	Mercury
ake Thonotosassa	Hillsborough	Black crappie	Two per week	Two per week	Mercury
		Bluegill	Two per week	Two per week	Mercury
		Brown bullhead catfish	Two per week	Two per week	Mercury
		Channel catfish	Two per week	Two per week	Mercury
		Largemouth bass	One per week	Two per week	Mercury
		Redear sunfish	Two per week	Two per week	Mercury

**Table 1. Eating Guidelines for Freshwater, Marine and Estuarine Fish from Florida Waters** 

WATERBODY	COUNTY	SPECIES	Women of childbearing age, young children NUMBER OF MEALS	All other individuals NUMBER OF MEALS	
Lake Tibet	Orange	Black crappie	One per month	One per week	Mercury
		Bluegill	One per week	Two per week	Mercury
		Chain pickerel	One per month	One per week	Mercury
		Largemouth bass	One per month	One per month	Mercury
		Redear sunfish	Two per week	Two per week	Mercury
		Warmouth	One per week	Two per week	Mercury
ake Tohopekaliga	Orange, Osceola	Black crappie	One per month	Two per week	Mercury
		Bluegill	Two per week	Two per week	Mercury
		Brown bullhead catfish	Two per week	All other individual NUMBER OF MEAL One per week Two per week One per week Two per week	Mercury
		Chain pickerel	One per month	Two per week	Mercury
		Largemouth bass	One per month	Two per week	Mercury
		Redear sunfish	Two per week	Two per week	Mercury
ake Tom John	Leon	Largemouth bass	One per month	One per week	Mercury
ake Tracy	Polk	Bluegill	Two per week	Two per week	Mercury
		Brown bullhead catfish	Two per week	Two per week	Mercury
		Largemouth bass	One per month	One per week One per month Two per week	Mercury
		Redear sunfish	Two per week	Two per week	Mercury
ake Trafford	Collier	Black crappie	One per week	Two per week	Mercury
		Bluegill	One per week	Two per week	Mercury
		Largemouth bass	One per month	Two per week	Mercury
		Mayan cichlid	One per week	Two per week	Mercury
		Redear sunfish	One per week	Two per week	Mercury
		Warmouth	One per week	Two per week	Mercury
ake Tsala Apopka	Citrus	Bluegill	Two per week	Two per week	Mercury
		Largemouth bass	One per month	One per week	Mercury
ake Victor	Holmes	Bluegill	Two per week	Two per week	Mercury
		Brown bullhead catfish	Two per week	Two per week	Mercury
		Largemouth bass	One per week	Two per week	Mercury
		Redear sunfish	Two per week	Two per week	Mercury

**Table 1. Eating Guidelines for Freshwater, Marine and Estuarine Fish from Florida Waters** 

WATERBODY	COUNTY	SPECIES	Women of childbearing age, young children NUMBER OF MEALS	All other individuals NUMBER OF MEALS	CONTAMINANT OF CONCERN
Lake Virginia	Orange	Black crappie	One per week	All other individual NUMBER OF MEALS Two per week	Mercury
		Bluegill	Two per week		Mercury
		Largemouth bass	One per week	Two per week	Mercury
		Redbreast sunfish	Two per week	Two per week	Mercury
		Redear sunfish	Two per week	Two per week	Mercury
		Warmouth	Two per week	NUMBER OF MEAL Two per week	Mercury
_ake Wales	Polk	Largemouth bass	One per week	Two per week	Mercury
Lake Walk-in-Water (Weohyakapka)	Polk	Black crappie	One per month	One per week	Mercury
		Bluegill	One per week	Two per week	Mercury
		Largemouth bass	One per month	One per week	Mercury
		Redbreast sunfish	Two per week	Two per week	Mercury
		Redear sunfish	Two per week	One per week Two per week One per week	Mercury
		Spotted sunfish	One per week		Mercury
		White catfish	Two per week	Two per week	Mercury
ake Washington	Brevard	Black crappie	One per month	Two per week	Mercury
		Bluegill	One per week	Two per week	Mercury
		Brown bullhead catfish	Two per week	Two per week	Mercury
		Channel catfish	Two per week	Two per week	Mercury
		Largemouth bass	One per month	One per week	Mercury
		Redbreast sunfish	Two per week	Two per week	Mercury
		Redear sunfish	One per week	Two per week	Mercury
		White catfish	Two per week	Two per week	Mercury
ake Wauberg	Alachua	Bluegill	Two per week	Two per week	Mercury
		Brown bullhead catfish	Two per week	Two per week	Mercury
		Largemouth bass	Two per week	Two per week	Mercury
		Redear sunfish	Two per week	Two per week	Mercury
ake Weir	Marion	Black crappie	One per month	One per week	Mercury
		Bluegill	One per week	Two per week	Mercury
		Chain pickerel	One per month	One per week	Mercury

**Table 1. Eating Guidelines for Freshwater, Marine and Estuarine Fish from Florida Waters** 

WATERBODY	COUNTY	SPECIES	Women of childbearing age, young children NUMBER OF MEALS	All other individuals NUMBER OF MEALS	CONTAMINANT OF CONCERN
Lake Weir, cont.	Marion	Largemouth bass	One per month	One per week	Mercury
		Redear sunfish	One per week	Two per week	Mercury
va Wilson Hillshorough		Warmouth	One per month	Two per week	Mercury
Lake Wilson	Hillsborough	Largemouth bass	DO NOT EAT	One per month	Mercury
Lake Winder	Brevard, Osceola	Black crappie	One per month	Two per week	Mercury
		Bluegill	One per week	Two per week	Mercury
		Brown bullhead catfish	Two per week	Two per week	Mercury
		Channel catfish	Two per week	Two per week	Mercury
		Largemouth bass	One per month	One per week	Mercury
		Redbreast sunfish	Two per week	Two per week	Mercury
		Redear sunfish	One per week	Two per week	Mercury
		White catfish	Two per week	Two per week	Mercury
ake Winterset	Polk	Black crappie	One per week	Two per week	Mercury
		Blue tilapia	Two per week	Two per week	Mercury
		Bluegill	Two per week	Two per week	Mercury
		Brown bullhead catfish	Two per week	Two per week	Mercury
		Largemouth bass	One per month		Mercury
		Redear sunfish	Two per week	Two per week	Mercury
		Warmouth	Two per week	Two per week	Mercury
		White catfish	Two per week	Two per week	Mercury
ake Yale	Lake	Black crappie	One per week	Two per week	Mercury
		Bluegill	Two per week	Two per week	Mercury
		Largemouth bass	One per month	One per week	Mercury
		Redear sunfish	Two per week	Two per week	Mercury
		Warmouth	One per week	Two per week	Mercury
akes Woodruff System	Lake, Volusia	Black crappie	One per week	Two per week	Mercury
including Lakes Dexter,		Bluegill	Two per week	Two per week	Mercury
Woodruff, and Spring		Brown bullhead catfish	Two per week	Two per week	Mercury
Garden Lake)		Channel catfish	Two per week	Two per week	Mercury
		Largemouth bass	One per month	Two per week	Mercury

**Table 1. Eating Guidelines for Freshwater, Marine and Estuarine Fish from Florida Waters** 

WATERBODY	COUNTY	SPECIES	Women of childbearing age, young children NUMBER OF MEALS	All other individuals NUMBER OF MEALS	CONTAMINANT OF CONCERN
Lakes Woodruff System	stem Lake, Volusia	Redbreast sunfish	One per week	Two per week	Mercury
(including Lakes Dexter,		Redear sunfish	Two per week	Two per week	Mercury
Woodruff, and Spring		Spotted sunfish	Two per week	Two per week	Mercury
Garden Lake), cont.		Striped bass	Two per week	Two per week	Mercury
		Sunshine bass	One per week	Two per week	Mercury
		Warmouth	One per week	Two per week	Mercury
		White catfish	Two per week	Two per week	Mercury
Little Econlockhatchee	Orange, Seminole	Bluegill	One per week	Two per week	Mercury
River		Largemouth bass	One per month	One per week	Mercury
		Redbreast sunfish	One per week	Two per week	Mercury
		Redear sunfish	One per week	Two per week	Mercury
		Spotted sunfish	One per month	One per week One per week Two per week	Mercury
ittle Fish Lake	Orange	Black crappie	One per month	One per week	Mercury
		Bluegill	One per week	Two per week	Mercury
		Chain pickerel	One per month	One per week	Mercury
		Largemouth bass	One per month	One per month	Mercury
		Redear sunfish	Two per week	Two per week	Mercury
		Warmouth	One per week	Two per week	Mercury
ittle Manatee River	Hillsborough	Bluegill	One per week	Two per week	Mercury
		Largemouth bass	One per month	Two per week	Mercury
		Redear sunfish	One per week	Two per week	Mercury
		Spotted sunfish	One per week	Two per week One per week Two per week Two per week One per week One per week One per week Two per week	Mercury
Little Orange Lake	Alachua	Bluegill	Two per week	Two per week	Mercury
		Largemouth bass	One per month	One per week	Mercury
		Redear sunfish	One per week	Two per week	Mercury
ittle River	Gadsden	Spotted sunfish	One per month	Two per week	Mercury
ittle Shark River	Monroe	Gray snapper	Two per week	Two per week	Mercury
oughman Lake	Brevard	Black crappie	One per month	One per week	Mercury
		Bluegill	One per week	Two per week	Mercury
		Largemouth bass	One per month	One per week	Mercury

**Table 1. Eating Guidelines for Freshwater, Marine and Estuarine Fish from Florida Waters** 

WATERBODY	COUNTY	SPECIES	Women of childbearing age, young children NUMBER OF MEALS	All other individuals NUMBER OF MEALS	CONTAMINANT OF CONCERN
Lowry Lake	Clay	Bluegill	One per week	Two per week	Mercury
		Largemouth bass	One per month	One per month	Mercury
Loxahatchee Slough Ca	anal Palm Beach				
(C-18)		Blue tilapia	Two per week	Two per week	Mercury
		Bluegill	One per week	Two per week	Mercury
		Largemouth bass	One per month	One per week	Mercury
		Mayan cichlid	One per week	Two per week	Mercury
		Redear sunfish	One per month	Two per week	Mercury
		Spotted tilapia	Two per week	Two per week	Mercury
Magnolia Lake	Clay	Bluegill	One per week	Two per week	Mercury
		Largemouth bass	DO NOT EAT	One per month	Mercury
Martin Lake	Bay	Bluegill	Two per week	Two per week	Mercury
		Largemouth bass	One per month	Two per week	Mercury
		Redear sunfish	Two per week	Two per week	Mercury
Medard Reservoir	Hillsborough	Bluegill	Two per week	Two per week	Mercury
		Channel catfish	Two per week	Two per week	Mercury
		Redear sunfish	Two per week	Two per week	Mercury
Meritt's Mill Pond	Jackson	Bluegill	Two per week	Two per week	Mercury
		Largemouth bass	Two per week	Two per week	Mercury
		Redear sunfish	Two per week	Two per week	Mercury
Miami Canal (East of V 3)	VCA Dade	Bluegill	Two per week	Two per week	Mercury
		Butterfly peacock bass	Two per week	Two per week	Mercury
		Largemouth bass	One per week	Two per week	Mercury
		Mayan cichlid	Two per week	Two per week	Mercury
Middle Lake	Pasco	Bluegill	One per week	One per week	Mercury
		Largemouth bass	One per month	One per week	Mercury
Milldam Lake	Marion	Black crappie	One per month	One per week	Mercury
		Bluegill	One per week	Two per week	Mercury
		Largemouth bass	One per month	One per week	Mercury

**Table 1. Eating Guidelines for Freshwater, Marine and Estuarine Fish from Florida Waters** 

WATERBODY	COUNTY	SPECIES	Women of childbearing age, young children NUMBER OF MEALS	All other individuals NUMBER OF MEALS	CONTAMINANT OF CONCERN
Milldam Lake, cont.	Marion	Redear sunfish	One per week	Two per week	Mercury
		Warmouth	One per week	Two per week	Mercury
Montgomery Lake	Columbia	Bluegill	Two per week	Two per week	Mercury
		Largemouth bass	One per month	Two per week	Mercury
		Redear sunfish	Two per week	Two per week	Mercury
		Warmouth	Two per week	Two per week	Mercury
Moore Lake	Leon	Largemouth bass	One per month	One per month	Mercury
Mosaic Fish Management Area (FMA) - all lakes on property	Polk				
•		Black crappie	One per month	One per week	Mercury
		Bluegill	Two per week	Two per week	Mercury
		Channel catfish	Two per week	Two per week	Mercury
		Largemouth bass	Two per week	Two per week	Mercury
		Redear sunfish	Two per week	Two per week Two per week	Mercury
Myakka River	Charlotte, Manatee,				
	Sarasota	Blue tilapia	Two per week	Two per week	Mercury
		Bluegill	One per week	Two per week	Mercury
		Largemouth bass	One per month	One per week Two per week	Mercury
		Redear sunfish	Two per week	Two per week	Mercury
		Spotted sunfish	One per month	One per week	Mercury
		Warmouth	One per week	Two per week	Mercury
		White catfish	One per week	Two per week	Mercury
Mystic Lake	Liberty	Largemouth bass	One per month	One per month	Mercury
Nassau River	Nassau	Bluegill	One per month	Two per week	Mercury
		Largemouth bass	One per month	One per week	Mercury
		Redbreast sunfish	One per week	Two per week	Mercury
		Redear sunfish	One per month	Two per week	Mercury
		White catfish	One per month	Two per week	Mercury

**Table 1. Eating Guidelines for Freshwater, Marine and Estuarine Fish from Florida Waters** 

WATERBODY	COUNTY	SPECIES	Women of childbearing age, young children NUMBER OF MEALS	All other individuals NUMBER OF MEALS	CONTAMINANT OF CONCERN
New River	Franklin, Liberty	Bluegill	One per month	One per week	Mercury
		Largemouth bass	DO NOT EAT	One per month	Mercury
		Spotted sunfish	One per month	One per week	Mercury
		Warmouth	One per month	One per week	Mercury
New River, North Fork	Broward	Big mouth sleeper	One per week	Two per week	Mercury
		Black mullet	Two per week	Two per week	Mercury
		Blue tilapia	Two per week	Two per week	Mercury
		Common snook	Two per week	Two per week	Mercury
		Mayan cichlid	One per week	Two per week	Mercury
		Spotted tilapia	Two per week	Two per week	Mercury
Newnans Lake	Alachua	Black crappie	One per week	Two per week	Mercury
		Bluegill	Two per week	Two per week	Mercury
		Brown bullhead catfish	Two per week	Two per week	Mercury
		Largemouth bass	One per week		Mercury
		Redear sunfish	One per week	Two per week	Mercury
North New River Canal (0 15)	G-Broward	Bluegill	One per week	Two per week	Mercury
		Bullseye snakehead	One per week	Two per week	Mercury
orth New River Canal (G- )		Butterfly peacock bass	One per week	Two per week	Mercury
		Largemouth bass	One per month	One per month One per week One per week Two per week One per week Two per week Two per week One per week One per week One per month Two per week One per month	Mercury
		Mayan cichlid	Two per week	Two per week	Mercury
		Redear sunfish	Two per week	Two per week	Mercury
		Spotted tilapia	Two per week	Two per week	Mercury
Ocean Pond	Baker	Black crappie	DO NOT EAT	One per month	Mercury
		Bluegill	One per month	Two per week	Mercury
		Chain pickerel	One per month	One per week	Mercury
		Largemouth bass	DO NOT EAT	One per month	Mercury
		Redear sunfish	One per month	Two per week	Mercury
Ocheesee Pond	Jackson	Bluegill	One per week	Two per week	Mercury
		Largemouth bass	One per month	One per week	Mercury

**Table 1. Eating Guidelines for Freshwater, Marine and Estuarine Fish from Florida Waters** 

WATERBODY	COUNTY	SPECIES	Women of childbearing age, young children NUMBER OF MEALS	All other individuals NUMBER OF MEALS	CONTAMINANT OF CONCERN
Ochlockonee River and	Franklin, Gadsden,	Bluegill	One per month	Two per week	Mercury
tributaries	Leon, Liberty, Wakulla	Channel catfish	One per month	One per week	Mercury
(see separate advisory for		Flathead catfish	One per month	One per month	Mercury
Lake Talquin)		Largemouth bass	DO NOT EAT	One per month	Mercury
		Redbreast sunfish	One per month	One per week	Mercury
		Redear sunfish	One per month	One per week	Mercury
		Spotted sunfish	One per month	Two per week	Mercury
		Striped bass	One per month	One per week	Mercury
		Warmouth	One per month	One per week	Mercury
Ochlockonee River north of US 90 bridge	Gadsden, Leon	Black crappie	One per month	One per month	Mercury
		Bluegill	One per month	Two per week	Mercury
		Flathead catfish	DO NOT EAT	One per month	Mercury
		Largemouth bass	DO NOT EAT	One per month	Mercury
		Redbreast sunfish	One per month	One per week	Mercury
		Redear sunfish	One per month	One per week	Mercury
		Spotted sunfish	One per month	One per week	Mercury
		Warmouth	One per month	One per week	Mercury
Ocklawaha (Harris) Lake	Lake, Orange	Black crappie	Two per week	Two per week	Mercury
Chain (including Lakes		Bluegill	Two per week	Two per week	Mercury
Apopka, Beauclair,		Brown bullhead catfish	Two per week	Two per week	Mercury
Carlton, Dora, Eustis,		Largemouth bass	Two per week	Two per week	Mercury
Griffin, and Harris and		Redbreast sunfish	Two per week	Two per week	Mercury
connected waters of		Redear sunfish	Two per week	Two per week	Mercury
Emeralda Marsh		Spotted sunfish	Two per week	Two per week	Mercury
Conservation Areas 2, 3,		Sunshine bass	One per month	Two per week	Mercury
and 4)		Warmouth	Two per week	Two per week	Mercury
		White catfish	Two per week	Two per week	Mercury
		Yellow bullhead catfish	Two per week	Two per week	Mercury

**Table 1. Eating Guidelines for Freshwater, Marine and Estuarine Fish from Florida Waters** 

WATERBODY	COUNTY	SPECIES	Women of childbearing age, young children NUMBER OF MEALS	All other individuals NUMBER OF MEALS	CONTAMINANT OF CONCERN
Ocklawaha River-Lower	Marion, Putnam	Bluegill	One per week	Two per week	Mercury
Section from below		Brown bullhead catfish	Two per week	Two per week	Mercury
Rodman Reservoir Dam		Chain pickerel	One per month	One per week	Mercury
to the confluence with		Channel catfish	Two per week	Two per week	Mercury
the		Largemouth bass	DO NOT EAT	One per month	Mercury
St. Johns River		Redbreast sunfish	One per week	Two per week	Mercury
		Redear sunfish	One per month	Two per week	Mercury
		Spotted sunfish	One per month	One per week	Mercury
		Warmouth	One per month	Two per week	Mercury
		White catfish	Two per week	Two per week	Mercury
Ocklawaha River-Upper section	Lake, Marion, Putnam	Blue tilapia	Two per week	Two per week	Mercury
from Lake Griffin outflow		Bluegill	One per week	Two per week	Mercury
to Rodman Reservoir		Brown bullhead catfish	Two per week	Two per week	Mercury
Dam		Largemouth bass	One per month	One per week	Mercury
		Redbreast sunfish	One per week	Two per week	Mercury
		Redear sunfish	One per week	Two per week	Mercury
		Spotted sunfish	One per week	Two per week	Mercury
		Warmouth	One per month	Two per week Two per week One per week Two per week Two per week	Mercury
Old Lake Davenport	Polk	Bluegill	One per week	Two per week	Mercury
		Largemouth bass	One per month	One per week	Mercury
		Redear sunfish	One per week	Two per week	Mercury
		Warmouth	One per month	One per week	Mercury
Orange Lake	Alachua	Black crappie	Two per week	Two per week	Mercury
		Bluegill	Two per week	Two per week	Mercury
		Brown bullhead catfish	Two per week	Two per week	Mercury
		Largemouth bass	One per week	Two per week	Mercury
		Redear sunfish	Two per week	Two per week	Mercury
		Warmouth	One per month	Two per week	Mercury

**Table 1. Eating Guidelines for Freshwater, Marine and Estuarine Fish from Florida Waters** 

WATERBODY	COUNTY	SPECIES	Women of childbearing age, young children NUMBER OF MEALS	All other individuals NUMBER OF MEALS	CONTAMINANT OF CONCERN
Oriskany Reef	Escambia	Bank seabass	DO NOT EAT	Two per week	PCBs
		Scamp grouper	DO NOT EAT	One per week	PCBs
Otter Creek	Levy	Bluegill	One per week	Two per week	Mercury
		Largemouth bass	DO NOT EAT	One per month	Mercury
		Redbreast sunfish	One per week	Two per week	Mercury
		Spotted sunfish	One per month	Two per week	Mercury
		White catfish	One per month	One per week	Mercury
Otter Creek (tributary to	Bay	Bluegill	One per month	One per month	Arsenic
the Choctawahatchee		Largemouth bass	DO NOT EAT	DO NOT EAT	Mercury
Otter Lake	Wakulla	Bluegill	One per month	One per week	Mercury
		Largemouth bass	One per month	One per month	Mercury
		Warmouth	One per month	One per week	Mercury
Palestine Lake	Union	Bluegill	One per month	Two per week	Mercury
		Largemouth bass	One per month	One per week	Mercury
		Redear sunfish	One per week	Two per week	Mercury
Palm Beach (E1WN) Cana	Palm Beach	Bullseye snakehead	One per week	Two per week	Mercury
Palm Lake FMA	St. Lucie	Black crappie	Two per week	Two per week	Mercury
		Bluegill	Two per week	Two per week	Mercury
		Channel catfish	One per month	Two per week	Mercury
		Largemouth bass	One per month	One per week	Mercury
		Redear sunfish	Two per week	Two per week	Mercury
Pate Lake	Washington	Bluegill	DO NOT EAT	One per month	Mercury
		Largemouth bass	DO NOT EAT	DO NOT EAT	Mercury
Peace River and	Charlotte, Desoto,	Bluegill	One per month	Two per week	Mercury
tributaries	Hardee, Polk	Brown bullhead catfish	One per week	Two per week	Mercury
	, -	Channel catfish	One per week	Two per week	Mercury
		Largemouth bass	One per month	One per week	Mercury

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WATERBODY	COUNTY	SPECIES	Women of childbearing age, young children NUMBER OF MEALS	All other individuals NUMBER OF MEALS	CONTAMINANT OF CONCERN
Peace River and	Charlotte, Desoto,				
tributaries, cont.	Hardee, Polk	Redear sunfish	One per month	Two per week	Mercury
		Spotted sunfish	One per week	Two per week	Mercury
		Warmouth	One per month	Two per week	Mercury
		White catfish	One per month	Two per week	Mercury
		Yellow bullhead catfish	One per month	Two per week	Mercury
Pellicer Creek	St. Johns	Bluegill	One per month	Two per week	Mercury
		Largemouth bass	One per month	One per week	Mercury
		Warmouth	One per month	Two per week	Mercury
Perdido River and	Escambia				
tributaries		Bluegill	One per month	Two per week	Mercury
		Largemouth bass	DO NOT EAT	One per month	Mercury
		Redear sunfish	One per month	Two per week	Mercury
		Spotted sunfish	One per month	Two per week	Mercury
Pine Meadows	Lake				Arsenic,
Conservation Area		Bluegill	Two per week	Two per week	Pesticides
					Arsenic,
		Hoplo catfish	Two per week	Two per week	Pesticides
				Two per week  Two per week  One per month Two per week  Two per week	Arsenic,
		Largemouth bass	Two per week	Two per week	Pesticides
					Arsenic,
		Yellow bullhead catfish	Two per week	Two per week	Pesticides
Piney Z Lake	Leon	Bluegill	One per week	Two per week	Mercury
		Brown bullhead catfish	One per week	Two per week	Mercury
		Largemouth bass	One per month	One per week	Mercury
		Redear sunfish	Two per week	Two per week	Mercury
		Warmouth	Two per week	Two per week	Mercury
Plantation Heritage Pond	Broward				
		Bluegill	Two per week	Two per week	Mercury
		Mayan cichlid	Two per week	Two per week	Mercury

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WATERBODY	COUNTY	SPECIES	Women of childbearing age, young children NUMBER OF MEALS	All other individuals NUMBER OF MEALS	CONTAMINANT OF CONCERN
Pocket Lake	Orange	Black crappie	One per month	One per week	Mercury
		Bluegill	One per week	Two per week	Mercury
		Chain pickerel	One per month	One per week	Mercury
		Largemouth bass	One per month	One per month	Mercury
		Redear sunfish	Two per week	Two per week	Mercury
		Warmouth	One per week	Two per week	Mercury
Porter Lake	Washington	Bluegill	One per month	Two per week	Mercury
		Chain pickerel	One per month	One per month	Mercury
		Largemouth bass	One per month	One per week	Mercury
		Warmouth	One per month	One per week	Mercury
Puzzle Lake	Seminole, Volusia	Black crappie	One per month	Two per week	Mercury
		Bluegill	One per week	Two per week	Mercury
		Brown bullhead catfish	Two per week	Two per week	Mercury
		Channel catfish	Two per week	Two per week	Mercury
		Largemouth bass	One per month	One per week Two per week Two per week Two per week Two per week One per week Two per week	Mercury
		Redbreast sunfish	Two per week		Mercury
		Redear sunfish	One per week	Two per week	Mercury
		White catfish	Two per week	Two per week	Mercury
Red Beach Lake	Highlands	Bluegill	One per week	Two per week	Mercury
		Largemouth bass	One per month	One per month	Mercury
		Redear sunfish	One per week	Two per week	Mercury
Red Bug Slough	Sarasota	Blue tilapia	Two per week	Two per week	Mercury
		Bluegill	Two per week	Two per week	Mercury
		Largemouth bass	Two per week	Two per week	Mercury
		Redear sunfish	Two per week	Two per week	Mercury
Reedy Lake	Polk	Black crappie	Two per week	Two per week	Mercury
		Bluegill	Two per week	Two per week	Mercury
		Largemouth bass	Two per week	Two per week	Mercury
		Redear sunfish	Two per week	Two per week	Mercury

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WATERBODY	COUNTY	SPECIES	Women of childbearing age, young children NUMBER OF MEALS	All other individuals NUMBER OF MEALS	CONTAMINANT OF CONCERN
Rodman Reservoir	Putnam	Blue tilapia	Two per week	Two per week	Mercury
		Bluegill	One per week	Two per week	Mercury
		Brown bullhead catfish	Two per week	Two per week	Mercury
		Largemouth bass	One per month	One per week	Mercury
		Redbreast sunfish	One per week	Two per week	Mercury
		Redear sunfish	One per week	Two per week	Mercury
		Spotted sunfish	One per week	Two per week	Mercury
		Warmouth	One per month	Two per week	Mercury
Sand Hammock Pond	Holmes	Largemouth bass	One per month	One per week	Mercury
Santa Fe River (Lower-	Alachua, Columbia,	Bluegill	One per week	Two per week	Mercury
downstream of "rise")	Gilchrist, Suwannee	Brown bullhead catfish	One per month	One per week	Mercury
iownstream or rise y		Channel catfish	One per week	Two per week	Mercury
		Largemouth bass	One per month	One per week	Mercury
		Redbreast sunfish	One per week	Two per week	Mercury
		Redear sunfish	One per week	Two per week Two per week	Mercury
		Spotted bullhead catfish	One per month	Two per week	Mercury
		Spotted sunfish	One per month	Two per week	Mercury
Santa Fe River (Upper- upstream of "sink")	Alachua, Bradford, Columbia, Union	Black crappie	One per month	One per week	Mercury
upstream or sink j	Columbia, Officia	Bluegill	One per week		Mercury
		Channel catfish	One per month	<u> </u>	Mercury
		Largemouth bass	One per month	· · · · · · · · · · · · · · · · · · ·	Mercury
		Redbreast sunfish	One per month	Two per week Two per week Two per week One per week Two per week One per week Two per week One per week One per week Two per week Two per week Two per week One per week One per week One per week One per week Two per week Two per week Two per week Two per week	Mercury
		Redear sunfish	One per month		Mercury
		Spotted sunfish	One per month	•	Mercury
		Warmouth	One per month		Mercury
Sebastian River	Indian River	Blue tilapia	Two per week		Mercury
Jedastian myer	The same of the sa	Bluegill	Two per week	Two per week	Mercury
		Gray snapper	Two per week	Two per week	Mercury
		Largemouth bass	One per month	Two per week	Mercury

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WATERBODY	COUNTY	SPECIES	Women of childbearing age, young children NUMBER OF MEALS	All other individuals NUMBER OF MEALS	CONTAMINANT OF CONCERN
Shell Creek	Charlotte	Bluegill	One per week	Two per week	Mercury
		Redear sunfish	One per week	Two per week	Mercury
Shoal River	Okaloosa, Santa Rosa				
		Bluegill	One per month	Two per week	Mercury
		Chain pickerel	One per month	One per week	Mercury
		Largemouth bass	One per month	One per week	Mercury
			Two per week	Mercury	
		Redear sunfish	One per month	One per week One per month Two per week One per week	Mercury
		Shadow bass	One per month	One per month	Mercury
		Spotted sunfish	One per month	Two per week	Mercury
		Warmouth	One per month	Two per week Two per week One per week Two per week	Mercury
Six Mile Creek	Hillsborough	Largemouth bass	One per month	One per week	Mercury
		Spotted sunfish	One per week	Two per week	Mercury
Smith Lake	Marion	Largemouth bass	DO NOT EAT	One per month	Mercury
Snake Creek Canal (C-9)	Palm Beach				
		Bluegill	Two per week	Two per week	Mercury
		Largemouth bass	One per week	Two per week	Mercury
		Mayan cichlid	Two per week	Two per week	Mercury
		Redear sunfish	Two per week	Two per week	Mercury
		Swamp eel	One per week	Two per week	Mercury
Sopchoppy River	Wakulla	Bluegill	One per month	Two per week	Mercury
		Largemouth bass	One per month	One per week	Mercury
		Redbreast sunfish	One per week	Two per week	Mercury
		Spotted sunfish	One per month	Two per week	Mercury
South New River Canal	Broward	Bluegill	Two per week	Two per week	Mercury
		Butterfly peacock bass	Two per week	Two per week	Mercury
		Jaguar guapote	Two per week	Two per week	Mercury
		Largemouth bass	Two per week	Two per week	Mercury
		Mayan cichlid	Two per week	Two per week	Mercury
		Redear sunfish	Two per week	Two per week	Mercury

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WATERBODY	COUNTY	SPECIES	Women of childbearing age, young children NUMBER OF MEALS	All other individuals NUMBER OF MEALS	CONTAMINANT OF CONCERN
Spring Lake	Seminole	Black crappie	One per week	Two per week	Mercury
		Bluegill	One per week	Two per week	Mercury
		Brown bullhead catfish	Two per week	Two per week	Mercury
		Largemouth bass	One per month	One per week	Mercury
		Redear sunfish	Two per week	Two per week	Mercury
		Warmouth	One per month	Two per week	Mercury
		White catfish	Two per week	Two per week	Mercury
		Yellow bullhead catfish	One per month	One per week	Mercury
St. Augustine FMA	Duval	Largemouth bass	One per week	Two per week	Mercury
St. Augustine Road Pond	Duval	Bluegill	Two per week	Two per week	Mercury
St. Johns River from nortl of the Route 115 Bridge	h Duval				
(Mathews Bridge) to south of E 21 St (Center					
Point Terminal Co)		Weakfish	DO NOT EAT	DO NOT EAT	PCBs, Pesticides
St. Johns River North of	Clay, Flagler, Lake,	Black crappie	One per week	Two per week	Mercury
SR 415 including Lakes	Marion, Putnam,	Bluegill	Two per week	Two per week	Mercury
George and Monroe	Seminole, St. Johns,	Brown bullhead catfish	Two per week	Two per week	Mercury
(Lower River)		Channel catfish	Two per week	Two per week	Mercury
		Largemouth bass	One per month	Two per week	Mercury
		Redbreast sunfish	One per week	Two per week	Mercury
		Redear sunfish	Two per week	Two per week	Mercury
		Spotted sunfish	Two per week	Two per week	Mercury
		Striped bass	Two per week	Two per week	Mercury
		Sunshine bass	One per week	Two per week	Mercury
		Warmouth	One per week	Two per week	Mercury
		White catfish	Two per week	Two per week	Mercury

**Table 1. Eating Guidelines for Freshwater, Marine and Estuarine Fish from Florida Waters** 

WATERBODY	COUNTY	SPECIES	Women of childbearing age, young children NUMBER OF MEALS	All other individuals NUMBER OF MEALS	
St. Johns River South of	Brevard, Orange,				
SR 415, including Lakes	Osceola, Seminole,				
Harney, Puzzle, Poinsett,	Volusia	Black crappie	One per month	Two per week	Mercury
Winder, Washington,		Bluegill	One per week	Two per week	Mercury
		Brown bullhead catfish	Two per week	Two per week	Mercury
		Channel catfish	Two per week	Two per week	Mercury
		Largemouth bass	One per month	One per week	Mercury
		Redbreast sunfish	Two per week	Two per week	Mercury
		Redear sunfish	One per week	Two per week	Mercury
		White catfish	Two per week	Two per week	Mercury
St. Marks River (St Marks Wildlife Refuge)	Leon, Wakulla				
		Black crappie	One per month	Two per week	Mercury
		Bluegill	Two per week	Two per week	Mercury
		Largemouth bass	One per month	One per week	Mercury
		Redbreast sunfish	Two per week	Two per week	Mercury
		Redear sunfish	One per week	Two per week	Mercury
		Spotted sunfish	Two per week	Two per week	Mercury
		Striped mullet	Two per week	Two per week	Mercury
		Warmouth	One per month	Two per week	Mercury
St. Mary's River and tributaries	Baker, Nassau	Bluegill	One per month	One per week	Mercury
		Largemouth bass	DO NOT EAT	One per month	Mercury
		Redbreast sunfish	One per month	One per week	Mercury
		Redear sunfish	One per month	One per week	Mercury
		Spotted sunfish	One per month	One per week	Mercury
		White catfish	One per month	One per month	Mercury

**Table 1. Eating Guidelines for Freshwater, Marine and Estuarine Fish from Florida Waters** 

WATERBODY	COUNTY	SPECIES	Women of childbearing age, young children NUMBER OF MEALS	All other individuals NUMBER OF MEALS	CONTAMINANT OF CONCERN
Starke Lake	Orange	Bluegill	Two per week	Two per week	Mercury
Steinhatchee River	Dixie, Lafayette, Taylor	Largemouth bass	DO NOT EAT	One per month	Mercury
		Redbreast sunfish	One per month	One per week	Mercury
		Redear sunfish	One per month	One per week	Mercury
		Spotted sunfish	One per month	One per week	Mercury
Suwannee Lake	Suwannee	Bluegill	Two per week	Two per week	Mercury
		Largemouth bass	One per week	Two per week	Mercury
		Redear sunfish	Two per week	Two per week	Mercury
Suwannee River System (Including Alapaha, Suwannee, and Withlacoochee Rivers; See separate advisory for	Alachua, Bradford, Columbia, Dixie, Gilchrist, Hamilton, Lafayette, Levy, Madison, Suwannee,				
Santa Fe River)	Union	Black crappie	One per month	One per month	Mercury
,		Bluegill	One per month	One per week	Mercury
		Brown bullhead catfish	One per month	One per week	Mercury
		Channel catfish	One per month	One per week	Mercury
		Largemouth bass	One per month	One per week	Mercury
		Redbreast sunfish	One per month	Two per week	Mercury
		Redear sunfish	One per month	Two per week	Mercury
		Spotted bullhead catfish	One per week	Two per week	Mercury
		Spotted sunfish	One per month	Two per week	Mercury
		White catfish	One per week	Two per week	Mercury
Sweet Water Creek	Calhoun, Liberty	Largemouth bass	DO NOT EAT	One per month	Mercury
Swift Creek Pond	Union	Black crappie	One per month	One per week	Mercury
		Bluegill	One per month	One per week	Mercury
		Flier	One per month	One per week	Mercury
		Largemouth bass	DO NOT EAT	One per month	Mercury
		Warmouth	One per month	One per week	Mercury

**Table 1. Eating Guidelines for Freshwater, Marine and Estuarine Fish from Florida Waters** 

WATERBODY	COUNTY	SPECIES	Women of childbearing age, young children NUMBER OF MEALS	All other individuals	CONTAMINANT OF CONCERN
Tamiami Canal-East	Miami-Dade	Blue tilapia	Two per week	One per week	Mercury
(Krome Avenue to Big		Bluegill	One per month	One per week	Mercury
Cypress boundary)		Butterfly peacock bass	One per month	Two per week	Mercury
		Largemouth bass	DO NOT EAT	One per month	Mercury
		Mayan cichlid	One per month	Two per week	Mercury
		Redear sunfish	One per month	One per week	Mercury
		Spotted sunfish	One per month	One per week	Mercury
		Spotted tilapia	One per week	Two per week	Mercury
		Warmouth	One per month	One per week	Mercury
		Yellow bullhead catfish	One per month	One per month	Mercury
Tamiami Canal-West (Big	Collier	Largemouth bass	One per month	One per week	Mercury
Cypress to Naples)		Mayan cichlid	One per month	One per month	Mercury
Tampa-Bypass Canal	Hillsborough	Bluegill	Two per week	Two per week	Mercury
		Largemouth bass	One per month	One per month	Mercury
		Redbreast sunfish	Two per week	Two per week	Mercury
		Redear sunfish	One per week	Two per week	Mercury
		Spotted sunfish	One per week	Two per week	Mercury
Telogia Creek	Liberty	Largemouth bass	DO NOT EAT	One per month	Mercury
		Redbreast sunfish	One per month	One per week	Mercury
		Spotted sunfish	One per month	One per week	Mercury
Tenoroc FMA including:	Polk	Black crappie	One per week	Two per week	Mercury
Lake 2, Lake 5, Lake A,		Blue tilapia	Two per week	Two per week	Mercury
Lake B, Derby Lake,		Bluegill	Two per week	Two per week	Mercury
Hydrilla Lake, Legs Lake,		Brown bullhead catfish	Two per week	Two per week	Mercury
Picnic Lake, and Shop		Channel catfish	Two per week	Two per week	Mercury
Lake		Largemouth bass	Two per week	Two per week	Mercury
		Redear sunfish	Two per week	Two per week	Mercury

**Table 1. Eating Guidelines for Freshwater, Marine and Estuarine Fish from Florida Waters** 

WATERBODY	COUNTY	SPECIES	Women of childbearing age, young children NUMBER OF MEALS	All other individuals NUMBER OF MEALS	CONTAMINANT OF CONCERN
Tiger Lake	Polk	Black crappie	One per week	Two per week	Mercury
		Bluegill	Two per week	Two per week	Mercury
		Largemouth bass	One per month	One per week	Mercury
		Redear sunfish	Two per week	Two per week	Mercury
		White catfish	Two per week	Two per week	Mercury
Гiger Tail Lake	Broward	Bullseye snakehead	One per week	Two per week	Mercury
Tomoka River	Volusia	Bluegill	One per week	Two per week	Mercury
		Gray snapper	One per week	Two per week	Mercury
		Largemouth bass	One per month	One per week	Mercury
		Redbreast sunfish	One per week	Two per week	Mercury
		Redear sunfish	One per week	Two per week	Mercury
		Spotted sunfish	One per week	Two per week	Mercury
		Warmouth	One per month	Two per week	Mercury
Tropical Park FMA	Miami-Dade	Bluegill	Two per week	Two per week	Mercury
		Redear sunfish	One per week	Two per week	Mercury
		Spotted tilapia	Two per week	Two per week	Mercury
Trout Lake	Lake	Largemouth bass	One per month	One per week	Mercury
Tsala Apopka Chain of Lakes	Citrus	Bluegill	One per month	Two per week	Mercury
		Largemouth bass	One per month	One per week	Mercury
		Redear sunfish	One per week	Two per week	Mercury
Furkey Lake	Orange	Black crappie	One per week	Two per week	Mercury
Furner River Canal	Collier	Largemouth bass	DO NOT EAT	One per month	Mercury
Waccasassa River and	Levy	Bluegill	One per week	Two per week	Mercury
ributaries (Including	,	Largemouth bass	DO NOT EAT	One per month	Mercury
Otter Creek and Wekiva		Redbreast sunfish	One per week	Two per week	Mercury
River)		Spotted sunfish	One per month	Two per week	Mercury
•		White catfish	One per month	Two per week	Mercury

**Table 1. Eating Guidelines for Freshwater, Marine and Estuarine Fish from Florida Waters** 

WATERBODY	COUNTY	SPECIES	Women of childbearing age, young children NUMBER OF MEALS	All other individuals NUMBER OF MEALS	CONTAMINANT OF CONCERN
Wacissa River	Jefferson	Largemouth bass	One per week	Two per week	Mercury
		Spotted sunfish	One per week	Two per week	Mercury
		Warmouth	One per week	Two per week	Mercury
Wagner Creek	Miami-Dade	Checker puffer fish	DO NOT EAT	DO NOT EAT	Dioxin
		Striped mojarra	DO NOT EAT	DO NOT EAT	Dioxin
Wakulla River	Wakulla	Black crappie	One per month	Two per week	Mercury
		Bluegill	Two per week	Two per week	Mercury
		Largemouth bass	One per month	One per week	Mercury
		Redbreast sunfish	One per week	Two per week	Mercury
		Redear sunfish	Two per week	Two per week	Mercury
		Spotted sunfish	One per week	Two per week	Mercury
		Warmouth	One per month	Two per week	Mercury
Walsingham Lake	Pinellas	Bluegill	Two per week	Two per week	Mercury
		Largemouth bass	One per month	One per week	Mercury
		Redear sunfish	Two per week	Two per week	Mercury
Water Conservation Area (WCA) 2A (Including the I 35B and L-38E Canals)	•				
		Bluegill	One per week	Two per week	Mercury
		Butterfly peacock bass	One per month	One per week	Mercury
		Largemouth bass	One per month	One per week	Mercury
		Mayan cichlid	One per week	Two per week	Mercury
		Redear sunfish	One per week	Two per week	Mercury
		Spotted sunfish	One per month	Two per week	Mercury
		Spotted tilapia	Two per week	Two per week	Mercury
		Warmouth	One per month	One per week	Mercury
		Yellow bullhead catfish	One per month	One per week	Mercury

**Table 1. Eating Guidelines for Freshwater, Marine and Estuarine Fish from Florida Waters** 

WATERBODY	COUNTY	SPECIES	Women of childbearing age, young children NUMBER OF MEALS	All other individuals NUMBER OF MEALS	
Water Conservation Area	Broward				
(WCA) 2B		Bluegill	One per week	Two per week	Mercury
		Butterfly peacock bass	One per month	Two per week	Mercury
		Largemouth bass	One per month	One per week	Mercury
		Mayan cichlid	One per month	One per week	Mercury
		Redear sunfish	Two per week	Two per week	Mercury
		Spotted sunfish	One per week	Two per week	Mercury
		Warmouth	One per month	Two per week	Mercury
		Yellow bullhead catfish	One per month	One per week	Mercury
Water Conservation Area (WCA) 3A (Including Alligator Alley Canals, Tamiami Canal, L-38W Canal, and L-67 Canal)	Broward, Miami-Dade				
		Blue tilapia	Two per week	Two per week	Mercury
		Bluegill	One per month	One per week	Mercury
		Butterfly peacock bass	One per month	Two per week	Mercury
		Largemouth bass	DO NOT EAT	One per month	Mercury
		Mayan cichlid	One per month	Two per week	Mercury
		Oscar	One per month	One per week	Mercury
		Redear sunfish	One per month	One per week	Mercury
		Spotted sunfish	One per month	One per week	Mercury
		Spotted tilapia	One per week	Two per week	Mercury
		Warmouth	One per month	One per week	Mercury
		Yellow bullhead catfish	One per month	One per month	Mercury

**Table 1. Eating Guidelines for Freshwater, Marine and Estuarine Fish from Florida Waters** 

WATERBODY	COUNTY	SPECIES	Women of childbearing age, young children NUMBER OF MEALS	All other individuals NUMBER OF MEALS	CONTAMINANT OF CONCERN
Water Conservation Area	Broward, Miami-Dade				
(WCA) 3B (Including L-67C		Blue tilapia	Two per week	Two per week	Mercury
and Miami Canals)		Bluegill	One per week	Two per week	Mercury
		Largemouth bass	DO NOT EAT	One per week	Mercury
		Mayan cichlid	One per month	Two per week	Mercury
		Redear sunfish	One per month	Two per week	Mercury
		Spotted tilapia	Two per week	Two per week	Mercury
		Swamp eel	One per week	Two per week	Mercury
Waters Lake	Gilchrist	Bluegill	One per week	Two per week	Mercury
		Largemouth bass	One per month	One per week	Mercury
Watertown Lake	Columbia	Bluegill	Two per week	Two per week	Mercury
		Largemouth bass	One per month	Two per week	Mercury
		Redear sunfish	Two per week	Two per week	Mercury
Webb Lake	Charlotte	Bluegill	One per month	Two per week	Mercury
		Largemouth bass	One per month	One per week	Mercury
		Nile tilapia	Two per week	Two per week	Mercury
		Redear sunfish	Two per week	Two per week	Mercury
Weeki Wachee River	Hernando	Bluegill	Two per week	Two per week	Mercury
		Largemouth bass	One per month	One per week	Mercury
		Redear sunfish	One per week	Two per week	Mercury
		Spotted sunfish	One per week	Two per week	Mercury
Wekiva River	Lake, Orange, Seminole	Bluegill	Two per week	Two per week	Mercury
		Largemouth bass	One per month	One per week	Mercury
		Redbreast sunfish	Two per week	Two per week	Mercury
		Redear sunfish	Two per week	Two per week	Mercury
		Spotted sunfish	One per week	Two per week	Mercury
		Warmouth	One per week	Two per week	Mercury
		Yellow bullhead catfish	One per week	Two per week	Mercury

**Table 1. Eating Guidelines for Freshwater, Marine and Estuarine Fish from Florida Waters** 

WATERBODY	COUNTY	SPECIES	Women of childbearing age, young children NUMBER OF MEALS	All other individuals NUMBER OF MEALS	
Wekiva River	Levy				
(Waccasassa River					
tributary)		Bluegill	One per week	Two per week	Mercury
		Largemouth bass	DO NOT EAT	One per month	Mercury
		Redbreast sunfish	One per week	Two per week	Mercury
		Spotted sunfish	One per month	Two per week	Mercury
		White catfish	One per month	One per week	Mercury
West Palm Beach Canal (C	Palm Beach				
51 Canal)		Bluegill	Two per week	Two per week	Mercury
		Largemouth bass	Two per week	Two per week	Mercury
		Mayan cichlid	Two per week	Two per week	Mercury
		Redear sunfish	Two per week	Two per week	Mercury
Wildcat Lake	Lake	Bluegill	One per week	Two per week	Mercury
		Largemouth bass	DO NOT EAT	One per month	Mercury
		Warmouth	One per month	One per week	Mercury
Winter Haven Lake Chain	Polk	Black crappie	One per week	Two per week	Mercury
(Including Lakes Cannon,		Blue tilapia	One per week	Two per week	Mercury
		Bluegill	Two per week	Two per week	Mercury
		Brown bullhead catfish	Two per week	Two per week	Mercury
		Largemouth bass	One per month	Two per week	Mercury
		Redear sunfish	Two per week	Two per week	Mercury
		Warmouth	Two per week	Two per week	Mercury
		White catfish	Two per week	Two per week	Mercury

**Table 1. Eating Guidelines for Freshwater, Marine and Estuarine Fish from Florida Waters** 

WATERBODY	COUNTY	SPECIES	Women of childbearing age, young children NUMBER OF MEALS	All other individuals NUMBER OF MEALS	CONTAMINANT OF CONCERN
Winter Park Lake Chain	Orange	Black crappie	One per week	Two per week	Mercury
(Including Lakes Berry,		Bluegill	Two per week	Two per week	Mercury
		Largemouth bass	One per week	Two per week	Mercury
		Redbreast sunfish	Two per week	Two per week	Mercury
		Redear sunfish	Two per week	Two per week	Mercury
		Warmouth	Two per week	Two per week	Mercury
Withlacoochee River North (Suwannee tributary)	Hamilton, Madison	Black crappie	One per month	One per month	Mercury
		Bluegill	One per month	One per week	Mercury
		Brown bullhead catfish	One per month	One per week	Mercury
		Channel catfish	One per month	One per week	Mercury
		Largemouth bass	One per month	One per week	Mercury
		Redbreast sunfish	One per month	Two per week	Mercury
		Redear sunfish	One per month	Two per week	Mercury
		Spotted bullhead catfish	One per week	Two per week	Mercury
		Spotted sunfish	One per month	Two per week	Mercury
		White catfish	One per week	Two per week	Mercury
Withlacoochee River South	Citrus, Hernando, Levy, Marion, Pasco, Polk, Sumter	Bluegill	One per month	Two per week	Mercury
		Brown bullhead catfish	One per week	Two per week	Mercury
		Largemouth bass	DO NOT EAT	One per month	Mercury
		Redbreast sunfish	One per week	Two per week	Mercury
		Redear sunfish	One per month	One per week	Mercury
		Spotted sunfish	One per month	One per week	Mercury
Woodbine Spring Lake	Santa Rosa	Bluegill	One per month	One per week	Mercury
		Channel catfish	One per month	Two per week	Mercury
		Largemouth bass	DO NOT EAT	DO NOT EAT	Mercury
		Redear sunfish	One per month	One per week	Mercury

**Table 1. Eating Guidelines for Freshwater, Marine and Estuarine Fish from Florida Waters** 

WATERBODY	COUNTY	SPECIES	Women of childbearing age, young children NUMBER OF MEALS	All other individuals NUMBER OF MEALS	
Yellow River and	Escambia, Okaloosa,				
tributaries	Santa Rosa	Bluegill	One per month	Two per week	Mercury
		Chain pickerel	One per month	One per week	Mercury
		Largemouth bass	One per month	One per month	Mercury
		Longear sunfish	One per week	Two per week	Mercury
		Redear sunfish	One per month	One per week	Mercury
		Spotted sunfish	One per month	Two per week	Mercury
		Warmouth	One per month	One per week	Mercury