

## FL Food and Nutrition Resource Programs

Adult Care Food Program (ACFP) - Supports the provision of nutritious meals and/or snacks served to community-based adults attending adult day care centers. The nutritious meals support and may improve their nutritional status, enabling them to prolong living in their own community. <u>elderaffairs.state.fl.us/doea/acfp.php</u>

**Child Care Food Program (CCFP)** - The CCFP and two related programs, the Afterschool Meals Program and the Homeless Children Nutrition Program provide nutritious meals and snacks to children through public-private partnerships with organizations committed to caring for children. floridahealth.gov/programs-and-services/childrens-health/child-care-food-program

**Commodity Supplemental Food Program (CSFP)** - Distributes monthly food packages and nutritional information to elderly persons, 60 years of age or older, who are eligible based on income and reside in a qualifying county. fdacs.gov/Food-Nutrition/Nutrition-Programs/Commodity-Supplemental-Food-Program

**Expanded Food and Nutrition Education Program (EFNEP)** - A free nutrition education program for limited resource families funded by the USDA National Institute of Food and Agriculture and managed by America's land-grant universities – in Florida those schools are the University of Florida and Florida A&M University. <u>efnep.ifas.ufl.edu</u>

**Fresh Access Bucks** - is a USDA funded statewide nutrition incentive program that increases the purchasing power of SNAP recipients to buy fresh fruits and vegetables at farmers markets, produce stands, CSAs, mobile markets, and community grocery outlets. <u>feedingflorida.org/food-access/fresh-access-bucks</u>

**School Meals** - National School Lunch Program, School Breakfast Program, After School Snack Program and Fresh Fruit and Vegetable Program (NSLP, SBP, ASSP, FFVP) - Provides children and teenagers breakfast, lunch and snacks that meet federal nutrition standards in public schools. <u>fdacs.gov/Food-Nutrition/Nutrition-Programs/National-School-Lunch-Program</u>

**Senior Farmers' Market Nutrition Program (SFMNP)** - Supports good nutrition by providing low-income elders living in select counties in Florida with coupons that can be redeemed for locally grown, fresh, fruits and vegetables from participating farmers at local farmers' markets. <u>elderaffairs.state.fl.us/doea/farmers\_market.php</u>

**Congregate Meals** - Nutrition program services offer more than a just a home-delivered meal or a meal at a congregate meal site. Skilled nutritionists and other professionals in the Aging Network also provide nutrition education, counseling, and risk screening. Contact your Aging and Disability Resource Center for information on meals and nutrition programs in your area. <u>elderaffairs.org/programs-services/food-assistance/</u> <u>congregate-meal-and-nutrition-sites</u>

**Home Delivered Meals** - Older Americans Act (OAA) Title III C2 funds are provided to promote better health among frail elders by improving nutrition. Home delivered meals are generally delivered to the homes of homebound participants at least once a day, five or more days a week. <u>elderaffairs.org/programs-services/food-assistance/congregate-meal-and-nutrition-sites</u>

**Supplemental Nutrition Assistance Program** - The Food Assistance Program helps individuals and families purchase nutritional foods needed to maintain and promote good health. <u>myflfamilies.com/service-programs/access/snap</u>

**Supplemental Nutrition Assistance Program - Education (SNAP-Ed)** - Provides direct education to SNAPeligible populations. SNAP-Ed also supports activities intended to shape policies, practices, and physical environments to support healthy eating. **Webpage coming soon.** 



Summer BreakSpot Program - Provides nutritious meals at no cost to children 18 and under while school is out for the summer.

fdacs.gov/Food-Nutrition/Nutrition-Programs/Summer-Food-Service-Program

**The Emergency Food Assistance Program (TEFAP)** - A food distribution program that provides nutritious foods to low-income households. <u>fdacs.gov/Food-Nutrition/Nutrition-Programs/The-Emergency-Food-Assistance-Program-TEFAP</u>

**The Special Supplemental Nutrition Program for Women, Infants and Children (WIC)** - Provides healthy foods, nutrition education and counseling, breastfeeding support, and referrals for health care and community services. <u>floridahealth.gov/programs-and-services/wic</u>

**WIC Farmers' Market Nutrition Program (FMNP)** - Offers coupons that participants in the WIC program in certain counties can use to purchase locally grown fruits and vegetables at participating farmers markets and roadside stands. <u>fdacs.gov/Food-Nutrition/Nutrition-Programs/WIC-Farmers-Market-Nutrition-Program</u>

Program	Food Delivery	Meal/Snack Provided on Site	Nutrition Education	Food Pick-Up	Benefits to Purchase Food	Eligibility
						60+
CCFP						0-18
CSFP						60+
EFNEP						18+
Fresh Access Bucks						All Ages
School Meals						PreK-12 Students
SFMNP						60+
Congregate Meals						60+
Home Delivered Meals						60+ Homebound
SNAP						All Ages
SNAP-Ed						All Ages
Summer BreakSpot						0-18
The Emergency Food Program						All Ages
wic						0 up to 5 and pregnant breastfeeding, postpartum women
WIC FMNP						1 up to 5 and pregnant breastfeeding, postpartum women





