

## What to bring to the WIC certification visit:

- Bring EACH family member who is applying to receive WIC services.
- Bring proof of ALL income for everyone in the household (before taxes and deductions are taken out), such as: salaries, child support, alimony, unemployment, foster care payments, and military earnings.

**Proof of income must be all income for the last 30 days.** If paid weekly, bring 4 pay stubs; if paid monthly, bring one pay stub; if paid every two weeks or biweekly, bring 2 pay stubs. Electronic versions are acceptable for bank statements, paychecks/stubs, and unemployment benefits. **OR.**

**If you receive Medicaid, Temporary Cash Assistance (TCA), or Food Assistance, you are income-eligible for WIC.**

- Bring ONE proof of where you live (no P.O. boxes), must be current with name and address, such as a utility bill, bank/insurance statement, or driver's license. You must be currently living in Florida, but you don't have to be a U.S. citizen. Electronic versions are acceptable for utility bills, unemployment benefits, bank statements, and paychecks/stubs.
- Bring ONE proof of ID for you and ONE proof of ID for any infant or child applying for WIC, such as a birth certificate, driver's license, crib card, military ID, photo ID, Social Security Card, or hospital record. Electronic versions are acceptable for paychecks/stubs and unemployment benefits.
- If your doctor has completed a WIC Medical Referral Form, bring this form with you.
- Bring the Social Security Number for each person applying for WIC, if available.
- Bring the shot record for each child, if available.

## Local WIC office:

In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA.

Persons with disabilities who require alternative means of communication for program information (e.g. Braille, large print, audiotape, American Sign Language, etc.), should contact the Agency (State or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English.

To file a program complaint of discrimination, complete the USDA Program Discrimination Complaint Form [<https://www.usda.gov/sites/default/files/documents/USDA-OASCR%20P-Complaint-Form-0508-0002-508-11-28-17Fax2Mail.pdf>], (AD-3027) found online at: How to File a Complaint [<https://www.usda.gov/oascr/how-to-file-a-program-discrimination-complaint>], and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by:

(1) mail: U.S. Department of Agriculture  
Office of the Assistant Secretary for Civil Rights  
1400 Independence Avenue, SW  
Washington, D.C. 20250-9410;

(2) fax: (202) 690-7442; or

(3) email: [program.intake@usda.gov](mailto:program.intake@usda.gov).

This institution is an equal opportunity provider.

DH 150-310, 6/22



# Contact WIC today!

Do you have a baby or child under age 5?

Are you pregnant or breastfeeding?

Look inside to see if you meet the WIC Income Guidelines!

FloridaWIC.org  
1-800-342-3556



Florida Department of Health  
WIC Program

# WIC is a nutrition program for women who are pregnant or breastfeeding or who have recently been pregnant, infants & children under age 5.

## WIC provides the following at no cost:

- healthy food
- nutrition education and counseling
- breastfeeding support
- referrals to health care, immunizations, and community services

## To be income-eligible for WIC:

You must have a total household income equal to or less than the amount in the **WIC Income Guidelines**.

**OR** you are income-eligible if you are currently receiving Medicaid, Temporary Cash Assistance (TCA), or Food Assistance (SNAP).



## To apply for WIC:

- Visit **FloridaWIC.org** or **SignUpWIC.com** or call toll free **1-800-342-3556** and the operator will provide you with the local phone number.
- The local WIC office will give you a date and time for a WIC certification visit. At this visit, the household income and the medical/nutrition status of each applicant will be reviewed. On that day, you will find out if you and your children are eligible for WIC.
- To find out what to bring to the WIC certification visit, see the other side of this brochure.



## WIC Income Guidelines

For a pregnant woman, each unborn baby counts as 1 extra person in the household size.

Household Size	Monthly Income before taxes & deductions
1.....	\$2,096
2.....	\$2,823
3.....	\$3,551
4.....	\$4,279
5.....	\$5,006
6.....	\$5,734
7.....	\$6,462
8.....	\$7,189

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