## Florida WIC App

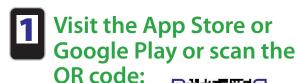
## With the Florida WIC App, you can:

- View details on upcoming appointments
- View information on your benefits
- Scan an item to see if it is WIC approved
- Find WIC clinics near you
- Find where to shop
- Receive notifications
- Access other resources and Florida WIC information
- Upload your documents to WIC
- Sign WIC documents
- Submit food items for WIC approval

**Visit FloridaWIC.org for more information.** 

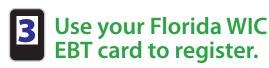


## To get started:





2 Install.





Don't forget to use all of your WIC food benefits each month!



## Remember these shopping tips:

- Save time and money by making a list first. This way you will only buy foods that you need.
- Have a snack before shopping. Grocery shopping while hungry can lead us straight to the chips and cookies!
- Choose your perishable foods last. This will help foods stay a safe temperature longer.
- Use your **Florida WIC app** to see if the food you want is an approved WIC food on your EBT card.

