



# Community Health Improvement Plan Annual Progress Report 2018

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*Florida Department of Health in Charlotte  
County*



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## Introduction

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This annual review report summarizes the work, progress, and accomplishments of the 2016-2018 Charlotte County Community Health Improvement Plan. The 2016-2018 Charlotte County Community Health Improvement Plan resulted from primary and secondary data collected through the MAPP process in the 2015 Community Health Assessment (CHA).

This document will serve as a progress review of the strategies that were developed, objectives and initiatives that have been implemented, and collaborations that were established and maintained through the Community Health Improvement Partnership (CHIP) known to the community as Healthy Charlotte. Healthy Charlotte has defined a healthy community through their Vision Statement: *Our vision for a healthy Charlotte County is a safe, equitable and vibrant community in which people feel empowered to seek and obtain opportunities and services to achieve and maintain a high quality of life.*

The Healthy Charlotte community partners are committed to improving the health and wellness of their community and have contributed their valuable time, skills, and resources to improving the quality of life in Charlotte County. Healthy Charlotte is a community driven and collectively owned partnership that is committed to continuous quality improvement assessment and evaluation of the health improvement plan (Appendix J).

The Florida Department of Health in Charlotte County provides a leadership support role to include: leading and scheduling meetings, identifying evidence-based initiatives or best practices available, collection of data, tracking progress, administrative support, and development, communication and publication of an annual review report.



## Overview of the Community Health Improvement Plan

In 2012, the Community Health Improvement Partnership (CHIP) was formed in Charlotte County. The first plan spanned 2012 through 2015, prompting the need for an updated plan in 2016. Through analyzing data from the [2015 Community Health Assessment](#), each CHIP subcommittee strategically identified goals for the upcoming years (see table below).

Through funding from the Lung Cancer Research Council, a CHIP website was launched in 2014 to inform the community of our work and serve as a resource center for information on all aspects of community health. Additional funding was provided in 2016 by Gulfcoast South Area Health Education Center, in 2017 by Florida SouthWestern State College, and by DOH-Charlotte in 2018 to maintain hosting services: [www.healthycharlottecounty.org](http://www.healthycharlottecounty.org).

Below is a brief overview of the initiatives of the 2016-2018 Community Health Improvement Plan.

Strategic Perspective	Objectives	Initiatives	Owner
<b>ACCESS TO HEALTHCARE</b>  To reduce barriers associated with accessing needed healthcare in Charlotte County.	Timely provision of health services for under and uninsured residents in Charlotte County.	<ul style="list-style-type: none"> <li>Increase medical trips of non-sponsored ADA and non-sponsored Transportation Disadvantaged through the implementation of annual Try Transit Days</li> </ul>	Suzanne Roberts
	Increase the number of children enrolled in health insurance plans.	<ul style="list-style-type: none"> <li>To reach out to area parents with education on available health insurance options for their children and encourage the use of the Affordable Care Act Navigator for enrollment</li> </ul>	Suzanne Roberts
	Increase the number of applications for previously incarcerated individuals.	<ul style="list-style-type: none"> <li>Provide outreach education to Charlotte County Sheriff's Office and reach inmates upon their release and encourage the use of the Affordable Care Act Navigator for enrollment</li> </ul>	Suzanne Roberts
<b>CHRONIC DISEASE PREVENTION</b>  To implement strategies to reduce modifiable risk factors for chronic disease.	To decrease lung cancer deaths in Charlotte County.	<ul style="list-style-type: none"> <li>Promote lung cancer screenings through advertising in post card form at providers, Lung Cancer Race, and Celebrate Life event.</li> </ul>	Abbey Ellner
	To improve the knowledge of healthy eating and proper exercise of elementary school students.	<ul style="list-style-type: none"> <li>To expand the 5-2-1-0 Let's Go! program to summer camps and promote 5-2-1-0 during Screen Free Week</li> </ul>	Abbey Ellner

<b>MATERNAL AND CHILD HEALTH</b>  To improve the overall health of pregnant women and children in Charlotte County.	To increase the percentage of Charlotte County pregnant women entering prenatal care in the first trimester by 2% from the 2014 baseline of 72.2%.	<ul style="list-style-type: none"> <li>• DOH-Charlotte to promote sense of urgency to family planning clients newly pregnant through increased follow-up phone calls</li> <li>• Promote the use of PEPW to initiate prenatal care</li> </ul>	Magi Cooper
	To decrease the percentage of Charlotte County pregnant women who smoke during their pregnancy to less than 10.0%.	<ul style="list-style-type: none"> <li>• Encourage OB/GYNs to refer smoking patients to Healthy Start</li> <li>• Multimedia Campaign (radio and print)</li> <li>• Poster smoking cessation campaign</li> </ul>	Magi Cooper
<b>MENTAL HEALTH</b>  To identify and address pressing needs in Charlotte County related to mental health, behavioral health, and substance abuse.	Decrease the number of deaths due to suicide by Charlotte County youth (ages 0-19) from 3 (2012-2014) to 2 or fewer.	<ul style="list-style-type: none"> <li>• Implement and support the Signs of Suicide/Zero Suicides prevention program in local schools by expanding to high school</li> <li>• Purple Packet postvention implementation</li> <li>• Community Mental Health First Aid training</li> </ul>	Victoria Scanlon
	To positively impact families in chaos.	<ul style="list-style-type: none"> <li>• Increase the number of individuals who work with children who attend trauma-informed-care training.</li> <li>• Expand the Strengthening Families program</li> </ul>	Victoria Scanlon
<b>POSITIVE AGING</b>  To improve the health of Charlotte County residents as they age.	To reduce isolation in homebound seniors.	<ul style="list-style-type: none"> <li>• Expand and promote the Friendship at Home program by recruiting for volunteers and participants</li> </ul>	Debra Bragg
	To provide education on issues identified in the Senior Community Health Assessment	<ul style="list-style-type: none"> <li>• Additional Positive Aging Symposiums that address the topics identified/requested in the Senior Community Health Assessment</li> </ul>	Debra Bragg

## Summary of CHIP Annual Review Meetings

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The annual review meetings serve to evaluate progress towards achieving the plan's strategies, goals and objectives, obtain community feedback, reassess, and revise the Community Health Improvement Plan as appropriate.

In April 2018 Healthy Charlotte held a community or 'All Committee' meeting in which interim administrator Dr. Joseph Pepe presented the CHA annual update. This annual update is used as a vehicle to continuously assess, monitor and communicate health related information and trends that are aligned with current Community Health Improvement Plan (CHIP) initiatives. In addition, it presents and incorporates the results of the annual results of the Behavioral Risk Factor Surveillance System (BRFSS) and County Health Rankings to our community (Appendixes A,B,C).

During this meeting, data identifying priority health areas was discussed with their alignment to the Community Health Improvement Plan. The data presented primarily focused on emerging trends such as Adverse Childhood Experiences or ACEs. In this update, there is data to support that behavioral patterns are the leading cause of premature death and other health issues. The CHA update presentation continued to include annual 2017 data on the topics of Access to Healthcare, Mental Health, Maternal and Child Health, and Chronic Disease.

In August 2018, Healthy Charlotte reviewed their Mission, Purpose, and Vision. During this meeting a formalized Charter was also created (Appendix K).

In September 2018, the Healthy Charlotte Steering Committee met to discuss the conclusion of the current CHIP, celebrate their accomplishments, and to discuss the beginning of the next CHIP plan. During this meeting, secondary data was reviewed from multiple sources such as: The Behavioral Risk Factor Surveillance System, Florida Department of Highway Safety & Motor Vehicles, Florida Department of Health Bureau of Vital Statistics, the Agency for Health Care Administration, Healthy People 2020, and many others (Appendixes D,E,F).

Data was presented to the group on various aspects of the following topics: Tobacco, Alcohol, and Substance Abuse, Maternal Health and Birth Outcomes, Cancer, Chronic Disease, Healthy Weight, Immunization, Injury and Violence Prevention, Mental and Behavioral Health, Oral Health, Respiratory Diseases, Sexually Transmitted Diseases, and Emerging Trends like ACES and Human Trafficking. The Healthy Charlotte Steering Committee members were separated into workgroups to evaluate the data and trends presented and provided feedback identifying priority areas.

On October 26, 2018, Healthy Charlotte stakeholders reviewed the priority areas as identified by the Steering Committee and selected Adverse Childhood Experiences to be the primary focus of the new 2019-2020 CHIP (Appendixes G,H,I).

## **Summary of Strategic Perspectives**

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### **Strategic Perspective: Access to Healthcare**

Limited access to health care services has negative consequences on an entire community. Poor health outcomes and higher health care costs create an economic burden on society and drive down the quality of life. The changing face of the Health Insurance Marketplace has left gaps in coverage for many Charlotte County residents.

#### **Objective 1: Timely provision of health services for under and uninsured residents of Charlotte County**

##### ***Why this is important to our community?***

Primary data survey results indicating 20% of Charlotte County residents surveyed indicated that they did not have adequate transportation. The success of this objective was measured by the number of medical trips by non-sponsored ADA and non-sponsored Transportation Disadvantaged persons as identified by the Transportation Disadvantaged Annual Performance Report.

##### **Initiative 1: Try Transit Day marketing campaigns.**

Try Transit Day is a day where free transportation was offered to the public to increase the awareness of available transportation in Charlotte County. This event was promoted using a multimedia campaign.

#### **Objective 2: Increase number of children enrolled in health insurance through the Health Insurance Navigator (from 0 to 50 between July 1, 2016 and June 30, 2017).**

##### ***Why this is important to our community?***

Secondary data through the American Community Survey that indicates that Charlotte County had a higher percentage of residents under age 18 that are uninsured than the State of Florida as of 2014 (Charlotte 13.0% vs. 9.3% Florida). The success of this objective was measured by the number of children (under the age of 18) enrolled in the Health Care Marketplace through the Healthcare Navigator.

##### **Initiative 1: Attending back-to-school fairs and outreaches at food pantries and youth services.**

Though the initiatives were completed, and the number increased from 0 to 16, they did not change the measure to reach the goal set by the subcommittee of 50 children enrolled.

### Objective 3: Increase the number of health insurance applications for previously incarcerated individuals/recently released.

#### *Why this is important to our community:*

Those who are recently released from incarceration may have medical conditions that require care, but they are unaware that they are eligible for special enrollment in health insurance through the Healthcare Marketplace. The success of this objective was measured by the number of applications on healthcare.gov for incarcerated consumers within 30 days of release.

#### **Initiative 1: Outreach to Charlotte County Sheriff's Office jail**

#### **Initiative 2: Getting a Healthcare Navigator to work with Charlotte County Sheriff's Office.**

The target was to have 15 applications of specifically recently released persons. Due to the inability of being able to determine which applications on the website were of persons who were recently released from incarceration as well as the inability of the Navigator to work directly with those incarcerated, the objective was terminated. However, the subcommittee continues to work with Charlotte County Sheriff's Office to provide educational material.

The InsightVision performance management scorecard for the Access to Healthcare Subcommittee objectives is depicted below. All 3 objectives were met 100%. A total of 10 initiatives were implemented.

CHIP Access to Healthcare Subcommittee

Name	Prior Value	Current Value	Most Recent Period	Change	Target Value
CHIP: Increase the Number of Applications for Previously Incarcerated Individuals					
CHIP: Number of applications on healthcare.gov for incarcerated consumers within 30 days of release	N/A	0	FY 17-18 Q1	0	15
Name	Status	Notes & Sub Initiatives		%Complete	
Outreach to Charlotte County Sheriff's Office and Jail	CHIP: Reached or surpassed target	[Icon] [Icon]		100%	
Contact CCSO Jail	CHIP: Reached or surpassed target	[Icon] [Icon]		100%	
Navigator at CCSO	CHIP: Reached or surpassed target	[Icon] [Icon]		100%	
CHIP: Increase the number of children enrolled in health insurance plans					
CHIP: Health insurance applications completed on behalf of children under the age of 18	0.0	16.0	2017	1	50.0
Name	Status	Notes & Sub Initiatives		%Complete	
KidCare Initiative	CHIP: Some progress towards target	[Icon] [Icon]		100%	
KidCare at Back-to-School Fairs	CHIP: Reached or surpassed target	[Icon] [Icon]		100%	
KidCare food pantry outreach	CHIP: Some progress towards target	[Icon] [Icon]		100%	
KidCare youth service outreach	CHIP: Some progress towards target	[Icon] [Icon]		100%	
CHIP: Timely provision of health services for under and uninsured residents of Charlotte County					
CHIP: Medical trips of non-sponsored ADA and non-sponsored Transportation Disadvantaged	12,537.0	15,128.0	2016	1	13,164.0
Name	Status	Notes & Sub Initiatives		%Complete	
Try Transit Day	CHIP: Reached or surpassed target	[Icon] [Icon]		100%	
Try Transit Day 2016	CHIP: Reached or surpassed target	[Icon] [Icon]		100%	
Try Transit Day 2017	CHIP: Reached or surpassed target	[Icon] [Icon]		100%	



**Key Partners of the Access to Healthcare Subcommittee:**

20th Circuit APD	Area Agency on Aging
Charlotte 2-1-1	Charlotte Behavioral Health Care
Charlotte County Government - Transit	Charlotte County Human Services
Charlotte County Justice Center	Florida Department of Health in Charlotte County
Healthy Start	Health Planning Council of Southwest Florida
Metropolitan Planning Organization	Pretrial Services
Virginia B. Andes Volunteer Clinic	

**Strategic Perspective: Chronic Disease Prevention**

Chronic diseases are the most common and costly of all health problems, but they are also the most preventable. We are tackling the main contributors to chronic disease: tobacco use and unhealthy weight through evidence-based strategies that improve high-risk behaviors and environmental factors.

**Objective 1: Screen 250 eligible persons for lung cancer through low-dose CT between July 1, 2016 and December 31, 2017*****Why this is important to our community?***

Charlotte County's age-adjusted rate per 100,000 of deaths from lung cancer have remained steady in recent years. However, lung cancer is a concern as it has one of the highest death rates of any cancer. For example, in 2013 the age-adjusted death rate per 100,000 Charlotte County residents for lung cancer was 44.0, for breast cancer 19.7, colorectal cancer 11.9, and prostate cancer 10.6. The prevalence of smoking in Charlotte County and the high mortality rate associated with lung cancer prompted Healthy Charlotte County to promote lung cancer awareness and to encourage those at high risk for developing lung cancer to get screened. The success of this objective is measured by the number of low-dose CT scans provided, the target is 250 scans.

**Initiative 1: Promote lung cancer screenings**

Lung cancer screenings were promoted through mass mailings, the Lung Cancer 5k event, and scheduled to be promoted at the Celebrate Life Cancer Survivor event. The Celebrate Life event was canceled due to Hurricane Irma in September of 2017. The committee is working with getting the Board of County Commissioners to pass an ordinance to require a display about lung cancer screenings at cigarette point of sale.



## Objective 2: Improve the knowledge of healthy eating and proper exercise of elementary school students

### *Why this is important to our community?*

Data from the 2013 Behavioral Risk Factor Surveillance System survey indicate 37.1% of Charlotte County residents considered themselves to be overweight, and 25.9% considered themselves to be obese. Primary survey data from the 2015 Community Health Assessment indicate 41% of Charlotte County residents considered themselves to be overweight. Teaching elementary school children proper nutrition and exercise has been shown to mitigate obesity in adulthood. The success of this objective is measured by the number of elementary school children who have had 5-2-1-0 Let's Go! formal teaching.

**Initiative 1: Provide 5-2-1-0 Let's Go! Educational program to students.**














**Initiative 2: Coordinate and promote Screen Free Week as part of 5-2-1-0 Let's Go! annually**

The 5-2-1-0 program has expanded to all Charlotte County schools as well as two summer camps. As part of the 5-2-1-0 program, students designed a point of decision prompt to encourage the use of stairs instead of elevators. Screen Free Week has been promoted annually as a reinforcement of 5-2-1-0 teaching for 2016, 2017, and is scheduled for 2018.



The InsightVision performance management scorecard for the Chronic Disease Prevention Subcommittee objectives is depicted below: Both objectives were met 100%. All 16 initiatives implemented.

CHIP Chronic Disease Prevention Subcommittee

Name	Prior Value	Current Value	Most Recent Period	Change	Target Value
CHIP: Decrease the rate of deaths due to lung cancer					
CHIP: Lung cancer low dose CT scans	300	600	Q2 '17	1	50
Name	Status	Notes & Sub Initiatives	%Complete		
Nurse Navigator	CHIP: Reached or surpassed target		100%		
client tracking	CHIP: Some progress towards target		33%		
obtain nurse navigator	CHIP: Reached or surpassed target		100%		
promote lung cancer screenings	CHIP: Some progress towards target		100%		
CHIP: Improve knowledge of healthy eating and proper exercise of elementary school students					
Strat Plan FY 17-19: 2.1.1A: Number of students participating in "5210 Let's Go!"	0	258	FY18 Q1	1	100
Name	Status	Notes & Sub Initiatives	%Complete		
5-2-1-0 in schools	CHIP: Reached or surpassed target		100%		
Expand Point of Decision Prompts	CHIP: Reached or surpassed target		100%		
Expand stair POD to businesses	CHIP: Reached or surpassed target		100%		
Expand to Peace River Elementary and two more elementary schools	CHIP: Reached or surpassed target		100%		
5-2-1-0 in summer camps	CHIP: Reached or surpassed target		100%		
Screen Free Week	CHIP: Reached or surpassed target		100%		
Screen Free Week 2018	CHIP: Reached or surpassed target		100%		
Screen Free Week Facebook page	CHIP: Reached or surpassed target		100%		
Screen-Free Week 2016	CHIP: Reached or surpassed target		100%		
Screen-Free Week 2017	CHIP: Reached or surpassed target		100%		
Screen-Free Week 2018	CHIP: Reached or surpassed target		91%		
Stairs Point of Decision Prompts	CHIP: Reached or surpassed target		100%		

### Key Partners of the Chronic Disease Prevention Subcommittee:

Bayfront Health	Charlotte County Government
Charlotte County Schools	Drug Free Charlotte County
Drug Free Punta Gorda	Florida Department of Health in Charlotte County
Florida SouthWestern State College	Charlotte County Human Services
Lung Cancer Research Council	YMCAA

### Strategic Perspective: Maternal and Child Health

Maternal and child health was determined to be an issue as well, as the percent of total births in Charlotte County that were to mothers that reported smoking while pregnant was a higher rate than the rest of the state. Additionally, the percent of births to mothers with no prenatal care has also been on the rise.

**Objective 1: To increase the percentage of Charlotte County pregnant women entering prenatal care in the first trimester.**

#### *Why this is important to our community?*

Secondary data compiled in the 2015 Community Health Assessment, indicate that the percent of births to mothers in Charlotte County with no prenatal care has been on the rise in recent years. First trimester care is imperative to the health of the mother and child. The success of

this objective is measured by the percentage of mothers that receive care in the first trimester as identified by FLHealthCHARTS.

**Initiative 1: Promote PEPW insurance option for uninsured pregnant women.**

PEPW was promoted using tear off pads and posters in the community.

**Initiative 2: Promote a sense of urgency at DOH-Charlotte family planning clients newly pregnant**

This sense of urgency is promoted through standard messaging to all clients newly pregnant as well as conducting follow-up phone calls in regards to having found prenatal care.

**Objective 2: Decrease the percentage of Charlotte County women who indicate smoking during pregnancy**

***Why this is important to our community?***

The Community Health Assessment data indicated that the percent of live births that were under 2,500 grams (low birth weight) has risen in recent years. Smoking during pregnancy is one of the leading causes of adverse outcomes for babies and is often a factor in low birth weights. The percentage of women who indicate smoking during pregnancy in Charlotte County is higher than that of the state of Florida, per FLHealthCHARTS. The success of this objective is measured by the percentage of women who indicate smoking during pregnancy as reported in FLHealthCHARTS. Though the initiatives were completed, the rate of pregnant women who reported smoking increased. The Maternal and Child Health subcommittee is continuing to address women who report smoking during pregnancy through 2018. In November and December of 2017 Maternal and Child Health reviewed additional initiatives to support this objective. Smoking cessation classes, collaborated through Bayfront Health Port Charlotte and Tobacco Free Florida, will be offered specifically for pregnant women in 2018.

**Initiative 1: Encourage OB/GYNs to refer patients to Healthy Start even if score is under six (6).**






















Encourage local physicians to support smoking cessation during pregnancy and beyond by sending letters and emails to local OB/GYNs stressing the importance of smoking cessation during pregnancy.

**Initiative 2: Media campaign to encourage smoking cessation in pregnant women.**

Radio and print media campaigns were run promoting the importance of smoking cessation for pregnant women.

The InsightVision performance management scorecard for the Maternal and Child Health subcommittee objectives is depicted below: One objective was met while the other made some progress towards the target. Therefore, 50% of its objectives were met and 10 initiatives fully implemented.

CHIP Maternal and Child Health Subcommittee

Name	Prior Value	Current Value	Most Recent Period	Change	Target Value
CHIP: Decrease the percentage of Charlotte County women who indicate smoking during pregnancy					
CHIP: Mothers identified as smokers at time of delivery	N/A	95	2017	0	90
CHIP: Resident Live Births to Mothers who Smoked During Pregnancy	13.90%	14.50%	2016	1	10.00%
Name	Status	Notes & Sub Initiatives	%Complete		
Encourage OB/GYNs to refer patients to Health Start	CHIP: Little to no movement towards target	 	20%		
encourage physicians to support smoking cessation during pregnancy and beyond	CHIP: Little to no movement towards target	 	0%		
Letters to OB/GYN	CHIP: Reached or surpassed target	 	100%		
Media Campaign	CHIP: Reached or surpassed target	 	100%		
Print Media	CHIP: Reached or surpassed target	 	100%		
Radio Campaign	CHIP: Reached or surpassed target	 	100%		
CHIP: Increase the percentage of Charlotte County pregnant women in prenatal in the first trimester					
CHIP: Percentage of women entering into prenatal care in the first trimester	71.10%	74.56%	Q4 '16	2	74.20%
Name	Status	Notes & Sub Initiatives	%Complete		
Initiate steps to promote a sense of urgency at DOH-Charlotte FP clients newly pregnant	CHIP: Reached or surpassed target	 	100%		
DOH-Charlotte FP clinic follow-up calls	CHIP: Reached or surpassed target	 	100%		
Standard Messaging in DOH-Charlotte FP clinic	CHIP: Reached or surpassed target	 	100%		
Promote the use of PEPW to initiate prenatal care	CHIP: Reached or surpassed target	 	100%		
Distribute PEPW tear-off pads	CHIP: Reached or surpassed target		100%		
PEPW tear-off pads	CHIP: Reached or surpassed target		100%		

### Key Partners of the Maternal and Child Health Subcommittee:

Bayfront Health Port Charlotte	Center for Abuse & Rape Emergencies (C.A.R.E)
Charlotte Behavioral Health Care	Charlotte County Healthy Start
Drug Free Charlotte County	Florida Department of Health in Charlotte County
Staywell	The Florida Center for Early Childhood Inc.

### Strategic Perspective: Mental Health

Mental health includes our emotional, psychological, and social wellbeing. It affects how we think, feel and cope with everyday life. It also helps determine how we handle stress, relate to others, and make choices that affect us physically. Simply put, mental health is essential to overall health.

**Objective 1: Decrease the number of deaths due to suicide in Charlotte County youth (ages 0-19) from 3 (2012-2014) to 2 or fewer**

#### *Why this is important to our community?*

The number of deaths due to suicide for youth (ages 0-19) as indicated on Florida Charts in 2012 was two and has been one death due to suicide in 2014, 2015, and 2016. Though the

number of deaths due to suicide are lower for youth than adults, providing youth with coping skills, and skills to identify suicide risk behavior will mitigate deaths due to suicide as that generation ages. The success of this objective is measured the number by which deaths due to suicide for youth have decreased, as identified in FLHealthCHARTS.

**Initiative 1: Coordinate and implement Signs of Suicide program in middle schools.**

The Signs of Suicide program was initiated in the 2016-2017 school year and carried forward to the 2017-2018. In the 2017-2018 school year, almost twice as many middle school youths were provided education on suicide.

**Initiative 2: Community Mental Health First Aid**

Provide evidence-based mental health first aid training to people in the community so that the community is better equipped to help those in need.

**Initiative 3: Purple Packet**

The Purple Packet postvention is a packet provided to those affected by a death due to suicide. This postvention is evidence based in preventing suicides of those affected by a death due to suicide.

**Objective 2: Positively impact families in chaos.**

***Why this is important to our community?***

Primary data survey results indicate that 39% of Charlotte County residents surveyed stated someone in their household has a mental or emotional problem and 29% did not know what to do when someone they know has suicidal thoughts. Providing education to families and communities will reduce stigma and encourage those who need help to seek help. The success of this objective is measured by the number of person receiving Trauma Informed Care training.

**Initiative 1: Connect SEDNET with Head Start and Early Head Start staff.**

Provide free training to those who regularly interact with families in chaos. Training was provided to Charlotte County public schools as well as Head Start and Early Head Start staff.

The InsightVision performance management scorecard for the Mental Health Subcommittee objectives is depicted below: All 3 objectives were met (100%). A total of 18 initiatives were fully implemented.

CHIP Mental Health Subcommittee									
	Name		Prior Value	Current Value	Most Recent Period	Change	Target Value		
CHIP: Decrease the number of deaths due to suicide in Charlotte County youth (ages 0-19).									
CHIP: Number of students educated in Signs of Suicide/Zero Suicide curriculum			1,263.0	2,400.0	2016	1	1,250.0		
	Name	Status	Notes & Sub Initiatives		%Complete				
	Signs of Suicide/Zero Suicide prevention program	CHIP: Reached or surpassed target			100%				
	Instructor	CHIP: Reached or surpassed target			0%				
	Schedule 2016-2017	CHIP: Reached or surpassed target			100%				
	Schedule 2017-2018	CHIP: Reached or surpassed target			100%				
	Signs of Suicide Parent Education night	CHIP: Reached or surpassed target			100%				
	Signs of Suicide Fundraising	CHIP: Reached or surpassed target			100%				
CHIP: Number of youth deaths due to suicide			1	1	2017	3	0		
	Name	Status	Notes & Sub Initiatives		%Complete				
	Community Mental Health First Aid	CHIP: Reached or surpassed target			100%				
	Community Training Events Englewood (2)	CHIP: Reached or surpassed target			100%				
	Community Training Events Port Charlotte (2)	CHIP: Reached or surpassed target			100%				
	Community Training Events Punta Gorda (2)	CHIP: Reached or surpassed target			100%				
	Purple Packet	CHIP: Reached or surpassed target			100%				
	Design Purple Packet	CHIP: Reached or surpassed target			100%				
	Distribute Purple Packet	CHIP: Reached or surpassed target			100%				
	Purple Packet Trainging	CHIP: Reached or surpassed target			100%				
CHIP: Positively impact families in chaos									
CHIP: Number of persons receiving Trauma Informed Care Training			0.0	950.0	2017	1	500.0		
	Name	Status	Notes & Sub Initiatives		%Complete				
	Obtain Trauma Informed Care training agency	CHIP: Reached or surpassed target			100%				
	Identify agency to provide Trauma Informed care	CHIP: Reached or surpassed target			100%				
	Provide Trauma Informed Care to Charlotte County Public Schools	CHIP: Reached or surpassed target			100%				
	Provide Trauma Informed Care to Head Start and Early Head Start Staff	CHIP: Reached or surpassed target			100%				

### Key Partners of the Mental Health Subcommittee:

Charlotte County 2-1-1	Charlotte Behavioral Health Care
Charlotte County Public Schools	Drug Free Charlotte County
Englewood Community Coalition	Faith Lutheran Church
Florida Department of Health in Charlotte County	Kays-Ponger & Uselton Funeral Homes
Riverside Behavioral Center	The Other West Coast Films
Tidewell Hospice	

### Strategic Perspective: Positive Aging

Positive aging was identified as the newest strategic issue. This subcommittee held its first meeting in January 2016. The strategic issue was identified because of population estimates that indicate that nearly 60% of Charlotte County residents are age 50 and older. The elderly population is known to have unique health issues and our community partners felt it necessary to focus on this group separately.

**Objective: To reduce isolation in homebound seniors through promotion of the Friendship at Home Program**



## Why this is important to our community?

Being isolated from the community can lead to many problems such as depression or even injury. Isolation can have a significant negative impact on quality of life for people of any age, and even more so for the elderly. The success of this objective was measured by the number of volunteers for the Friendship at Home program as well as the number of seniors that signed up for the program.

### Initiative 1: Friendship at Home marketing

### Initiative 2: Volunteer Coordinator for Friendship at Home

The Friendship at Home program was promoted through the creation of a business and training plan, post cards so that volunteers and seniors could express interest in the program, as well as promotion through the Meals on Wheels program. A Volunteer Coordinator was hired to assist in training and matching volunteers with seniors.

### Initiative 3: Increase frequency of Positive Aging Symposiums

Increasing the frequency of the Positive Aging Symposiums allows community subject matter experts to educate seniors on important health issues based on the Senior Health Assessment. This also serves as an opportunity for seniors to mingle and become less isolated.

The InsightVision performance management scorecard for the Positive Aging Subcommittee is depicted below: All 3 objectives were met (100%). A total of 6 initiatives were implemented.

CHIP Positive Aging Subcommittee					
	Name	Prior Value	Current Value	Most Recent Period	Change Target Value
CHIP: Reduce Isolation in Homebound Seniors					
CHIP: Number of SENIORS participating in Friendship at Home program		0.0	6.0	Q2 '17	1 50.0
	Name	Status	Notes & Sub Initiatives	%Complete	
Friendship at Home Marketing		CHIP: Some progress towards target		100%	
Friendship at Home Business and Training Plans		CHIP: Reached or surpassed target		100%	
Friendship at Home PostCards		CHIP: Reached or surpassed target		100%	
Friendship at Home/Meals on Wheels		CHIP: Reached or surpassed target		100%	
CHIP: Number of VOLUNTEERS FOR Friendship at Home program		0.0	3.0	Q3 '17	1 50.0
	Name	Status	Notes & Sub Initiatives	%Complete	
Volunteer Coordinator for Friendship at Home		CHIP: Reached or surpassed target		100%	
CHIP: Positive Aging Symposium Attendance		25.0	34.0	2018	1 20.0
	Name	Status	Notes & Sub Initiatives	%Complete	
Positive Aging Symposium		CHIP: Reached or surpassed target		0%	

The Positive Aging Subcommittee also worked to create a Senior Health Assessment under the leadership of Jennifer Sexton, Health Planner, at the Florida Department of Health in Charlotte County. This assessment identified many areas which can be improved as well as opportunities for future objectives and initiatives. The Positive Aging Subcommittee has also been working to present the annual Positive Aging Symposium.



**Key Partners of the Positive Aging Subcommittee:**

AARP	Alzheimer's Association
Area Agency on Aging of SWFL	Bayfront Health
Charlotte County Human Services Senior Division	Charlotte County Transit
Florida Department of Health in Charlotte County	Florida SouthWestern State College
Friendship Centers	Lifelong Learning Institute
Riverside Behavioral Center	TEAM Parkside

## Revisions

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The Charlotte County Community Health Improvement Plan is the result of a multi-year collaborative effort that includes local residents, healthcare professionals, and organizations vested in making Charlotte County a healthy community. The collaborative, known as Healthy Charlotte, grew from its 2012 inception to cover five strategic issue areas by 2018.

December 2018 marked the conclusion of the current 2016-2018 CHIP. As in every year, the All-Committee reviewed the plan to assess progress towards achievement of goals. No revisions were made to the plan as it was the final year and the group's attention was focused on wrapping up initiatives and aiming for the next CHIP.

A summary of some of the key Healthy Charlotte CHIP initiatives implemented during 2018 are listed below and can be found in the DOH-Charlotte Annual report, which is made available to the public every year via DOH-Charlotte website [charlotte.floridahealth.gov](http://charlotte.floridahealth.gov)


Healthy Charlotte All-Committee meetings were held in April and October of 2018. In April the Department of Health in Charlotte county provided its CHA annual data update presentation to the committees. During this meeting, the subcommittees had breakout sessions to discuss data findings and information that would inform to the prioritization of the new CHIP initiatives.



In October 2018 Healthy Charlotte met and determined the priority for the upcoming 2019-2020 Community Health Improvement Plan. The Healthy Charlotte County determined that Adverse Childhood Experiences (ACEs) will be the priority for the upcoming plan.

## Accomplishments

The 2016 – 2018 Community Health Improvement Plan objectives and initiatives have yielded positive health results in Charlotte County. Subcommittees that have seen notable progress include Access to Healthcare, Chronic Disease Prevention, Maternal and Child Health, and Mental Health. The specific accomplishments are detailed in the table below.

Information about the CHA as well as a copy of the CHA can be found on the Healthy Charlotte County (CHIP) website: [www.healthycharlottecounty.org](http://www.healthycharlottecounty.org). In addition to the CHA, the Senior Community Health Assessment that was completed by CHIP is now available to the public on the Healthy Charlotte Website.

Objective	Initiative	Accomplishment
<b>Timely provision of health services for under and uninsured residents of Charlotte County.</b>	Increase Charlotte County Transit ridership 5% from previous year through promoting Try Transit Day.	By promoting Try Transit Day in partnership with Charlotte County Transit two years in a row, the community is becoming more aware of transportation options available to them for medical, and non-medical trips. Transit ridership experienced a 3.8% increase by 2018.
How it's important to our community: By increasing the number of people using public transportation, more residents are able to access needed healthcare.		
<b>To improve knowledge of healthy eating and proper exercise of elementary school students.</b>	Expand the 5-2-1-0 Let's Go! program to Charlotte County summer camps  Screen-Free Week 	5-2-1-0 Let's Go! has been expanded from one to two (2) Charlotte County Summer camps as well as one additional school.  Screen-Free week was successfully implemented. The 5-2-1-0 curriculum, reached all 10 Charlotte County public elementary schools in 2018.
How it's important to our community: By improving knowledge of healthy eating and exercise in elementary school students, it can decrease the obesity rates in children. This can also extend into longer life habits of these children and ultimately reduce obesity rates of adults in the future.		
<b>To increase the percentage of Charlotte County pregnant women entering prenatal care in the first trimester.</b>	Promoting the use of PEPW to imitate prenatal care for Charlotte County residents	Through promoting temporary Medicaid for pregnant women in strategic locations throughout the community, fewer women have lack of health insurance as a barrier to accessing prenatal care early in their pregnancy.
How it's important to our community: Early entry into prenatal care is crucial for identifying pregnancy issues early on, which can impact the health of both mom and baby.		
<b>Decrease the number of deaths due to suicide by Charlotte County youth (ages 0-19) from 3 (2012-2014) to 2 or fewer.</b>	Signs of Suicide/Zero Suicides prevention program in Charlotte County Schools  Purple Packet training	Through Purple Packet training and education to students, their parents, and first responders in the community, Charlotte County has come together to identify that suicide is not the answer. Our community is more aware and has become educated on the signs of an individual that might have a mental health issue. They also know where to find resources to get that individual help.

	<p>Community-Based Mental Health First Aid for Youth</p> 	<p>Successful implementation of the <i>Community-Based Mental Health First Aid for Youth</i> initiative. Healthy Charlotte coordinated a youth mental health first aid training, which is designed to provide guidance on how to help an adolescent who is experiencing a mental health or addictions challenge or is in crisis. In addition to teaching about common mental health challenges for youth, mental health first aid also offered a 5-step action plan for how to help in both crisis and non-crisis situations. This training was held in April 2018 at Bayfront Health Punta Gorda in collaboration with Charlotte Behavioral Health Care and the Mental Health subcommittee of Healthy Charlotte.</p>
<p>How it's important to our community: By educating youth and adults, we are reducing the stigma associated with mental illness for generations to come. We are also getting the community more informed on mental health resources available in Charlotte County. First responders who arrive on the scene of a suicide are now armed with Purple Packets to direct those surviving family members to get help as there is a higher risk for someone who has had a death by suicide in the family to also die by suicide.</p>		
<p><b>To reduce isolation in homebound seniors through promotion of the Friendship at Home Program</b></p>	<p>Increase frequency of Positive Aging Symposiums</p> 	<p>In 2018 Charlotte County was given two opportunities to advance their knowledge on elder issues - with a Positive Aging Symposium in February and September. The February Symposium, held at the Port Charlotte Beach Complex, focused on staying engaged and the physiology of aging. Presenters included Dr. Maureen Mickus, Ph.D., from Western Michigan University and Erin McLeod, President and CEO of Friendship Centers. The September Symposium, Putting Your Best Fork Forward, provided participants with tips for mindful eating, diabetes prevention, and education on how to find healthy food on a fixed income.</p>
<p>How is this important to our community: Being isolated from the community can lead to many problems such as depression or even injury. Isolation can have a significant negative impact on quality of live for people of any age, and even more so for the elderly. The success of this objective was measured by the number of volunteers for the Friendship at Home program as well as the number of seniors that signed up for the program.</p>		

The 2016-2018 CHIP Plan contained a grand total of 13 objectives to be accomplished in three years. A total of 12 objectives fully met their targets and only 1 did not, due to leadership transition. This is a accomplishment rate of 92%.

Within the objectives, there were a total of 62 initiatives and tasks to be implemented of which 55 of them were fully completed. This is an accomplishment rate of 89%.

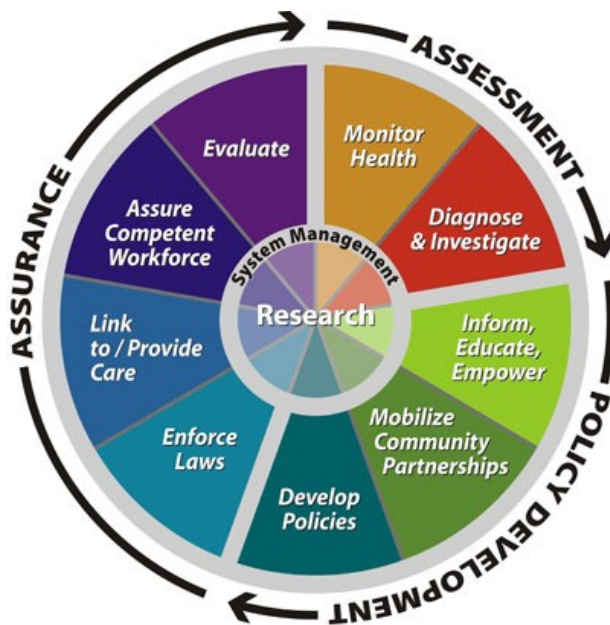
## Conclusion

The Community Health Improvement Plan serves as a roadmap for a continuous health improvement process for the local public health system by providing a framework for the chosen strategic perspectives. It is not intended to be an exhaustive and static document. Healthy Charlotte will evaluate progress on an ongoing basis through quarterly CHIP reports.

Healthy Charlotte also holds semi-annual updates to 'All-Committee' Healthy Charlotte Stakeholders. Annual reviews and revisions will be based on input from partners after which an annual progress report will be created.

The Community Health Improvement Plan will be updated as identified by the Healthy Charlotte Steering Committee during the creation of the CHIP. Healthy Charlotte will continue to adapt and evolve over time as new information, health trends, and insight emerge at the local, state, and national levels thru the evaluation of data.

Healthy Charlotte is reinventing itself for the 2019-2020 CHIP by focusing on one priority area. The structure of the CHIP will consist of a Steering Committee and multiple taskforces that will serve in short periods of time implementing specific initiatives from different perspectives. By implementing this change, all resources can be focused to make identifiable change in the community and “move the needle” in the right direction. Working together, we can have a significant impact on the community’s health, improving where we live, work, and play and realize the vision of a healthier Charlotte.



## Appendices

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### Appendix A



#### All Committee Meeting Agenda

Date: Wednesday April 3, 2018

Time of Meeting: 9:00 – 11:00am

Meeting Location: 1100 Loveland Blvd, Port Charlotte

Time	Item	
9:00 – 9:05	Welcome	Jacqueline Martin
9:05 – 10:00	Presentation: Community Health Assessment Update	Dr. Joseph Pepe
10:00 – 10:10	Annual Progress Report	Jacqueline Martin
10:10 – 10:50	Open Discussion on Structure/Growth/Direction of Healthy Charlotte	All
10:50 – 11:00	Community Engagement Survey	
	Adjournment	

*"Our vision for a healthy Charlotte County is a safe, equitable and vibrant community in which people feel empowered to seek and obtain opportunities and services to achieve and maintain a high quality of life"*

## Appendix B

Community Health Improvement Partnership (CHIP)  
All Committee Meeting  
April 3, 2018 9:00 AM – 10:30 AM  
1100 Loveland Blvd, Port Charlotte



### Meeting Minutes

#### Attendees

Name	Organization	Name	Organization
Faezeh Andrews	Charlotte 2-1-1	Kim Barger	Health Planning Council of SWFL/Early Steps
Thomas Cappiello	Lung Cancer Research Council	Kim Clark	Englewood Community Coalition
Elena Eastman	DOH-Charlotte	Carrie Hussey	Charlotte County Government
Abbey Ellner	DOH-Charlotte	Farrah Fishman	DOH Charlotte
Marilyn Gregory	Area Agency on Aging/HPC	Bonnie Leroy	Lifelong Learning Institute
Jacqueline Martin	DOH-Charlotte	Angie Matthissen	United Way of Charlotte County
Terry McGannon	Friendship Centers	Valerie Miller	Bayfront Health
Joseph Pepe	DOH-Charlotte	Stephanee Phillips	Charlotte County Government
Diane Ramseyer	Drug Free Charlotte County	Suzanne Roberts	Virginia B. Andes Volunteer Clinic
Rachel Struebing	Drug Free Charlotte County	Kay Tvaroch	Englewood Community Coalition
Amy Vogel	Community at Large/ C.A.R.E	Denis Wright	Florida SouthWestern State College
Lindsey Cometa	Community at Large	Tabbatha Carter	Charlotte County Sheriff's Office

<b>Meeting Called By:</b>	Jacqueline Martin
<b>Call to Order</b>	The meeting was called to order at 9:07 AM.
<b>Community Health Assessment Data update</b>	<p>Joe Pepe interim Health Officer of the Florida Department of Health in Charlotte county presented Community Health Assessment Data update as well as overview of how DOH-Charlotte and Healthy Charlotte partner together to better the community. Presentation attached with minutes.</p> <p>Some highlights from the presentation are:</p> <ul style="list-style-type: none"> <li>- 55% of premature death is behavioral and social</li> <li>- Florida Department of Health State Big 7 priority issues: <ul style="list-style-type: none"> <li>o Decrease HIV infection rate</li> <li>o Increase childhood vaccination rate</li> <li>o Decrease infant mortality rate</li> <li>o Decrease inhaled nicotine use</li> </ul> </li> </ul>

Community Health Improvement Partnership – All Committee Meeting

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Community Health Improvement Partnership (CHIP)  
All Committee Meeting  
April 3, 2018 9:00 AM – 10:30 AM  
1100 Loveland Blvd, Port Charlotte



### Meeting Minutes

	<ul style="list-style-type: none"> <li>o Increase trauma services</li> <li>o Decrease time to licensure</li> <li>- County Health Rankings</li> <li>- Charlotte County demographics: Age, Charlotte is an older county</li> <li>- Health Disparities: not always a 'minority issue'</li> <li>- Unintentional injuries</li> <li>- Importance of Protective Factors</li> <li>- Economics of Public Health</li> <li>- DOH works to support Healthy Charlotte (CHIP) efforts but does not lead</li> </ul>
<b>Annual Progress Report</b>	Jacqueline Martin provided update regarding Healthy Charlotte Annual Progress Report. Report has been attached to email to All Committee members. Highlighted initiatives thus far in the 2016-2018 Healthy Charlotte Community Health Improvement Plan. The report available on Healthy Charlotte website soon as well.
<b>Open Discussion on Structure/Growth/Direction of Healthy Charlotte</b>	<p>An opportunity exists to shift the paradigm of Healthy Charlotte. The Steering Committee Chair is no longer in that position. Healthy Charlotte has an opportunity to not only address secession planning, but also the structure of Healthy Charlotte overall. Previous Steering Committee meeting discussed possibility of working to cover the 'health' aspect of Together Charlotte and work on objectives and initiatives in a more task-force driven format to reduce duplication of meetings.</p> <p>Carrie Hussey summarized Together Charlotte as an overarching Health and Human Services group that focuses on one topic per year through working with stakeholders and making advocacy decisions. There could be a good cooperation between Healthy Charlotte and Together Charlotte as there is not only overlap of attendees, but of objectives of interest.</p> <p>Terry McGannon suggested that the subcommittees meet less frequently (i.e.: quarterly) but a task-force of the subcommittee meet more often if needed to reduce meetings. Dr. Andrews stated that some committees, such as the Mental Health Committee, were concerned about a decrease in participation if met less than monthly. Group discussed that task forces could be formed to meet <u>regularly</u> and an All Committee/Community meeting could be held 2-3 times per year to keep all committee and community members up to date.</p> <p>Diane Ramseyer suggested that Healthy Charlotte create an asset map to show what agencies are addressing what objectives/issues and work to support what is already being done, as well as work to address gaps. Together Charlotte is structuring a Data Committee to work on something similar to find assets, what is being duplicated, gap analysis, and also working towards policy changes based on data.</p>

Community Health Improvement Partnership – All Committee Meeting

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**Meeting Minutes**

	<p>Tom Cappiello stated that part of the problem of participation is that nobody knows what Healthy Charlotte does and that there needs to be a marketing committee to spread the word of the work being done as well as getting buy-in from the community.</p> <p>Carrie Hussey stated that the Healthy Charlotte subcommittees were based on the Community Health Assessment (CHA) that is conducted by DOH-Charlotte. There is a new CHA process starting in 2019. It was recommended that Healthy Charlotte work toward defining the direction if wants to go, as well as work with Together Charlotte so that a structure is in place to assist with and be able to address the findings of the next CHA.</p> <p>Healthy Charlotte to meet in one month to discuss: direction, marketing, and asset mapping. Jacqueline will bring examples of what other counties use as a Community Health Improvement Partnership as well as information on data-driven evaluation.</p> <p><b>**All committee members to bring information on what their agency is currently addressing for assistance in asset mapping**</b></p>
<b>Next Meeting</b>	<b>May 9, 2018 9:00-10:30am 1100 Loveland Blvd., Port Charlotte</b>
<b>Adjournment</b>	The meeting was adjourned at 10:37 AM.



## Appendix C



### CHIP All Committee Meeting Tuesday, April 3, 2018

Last Name	First Name	Organization	Email	Signature
Andreu	Whitney	Park Royal	Wandreu@parkroyalhospital.com	
Andrews	Faezeh	Charlotte 2-1-1	faezeh.andrews@charlottecountyfl.gov	
Arb	Breeze	Tidewell Hospice	barb@tidewell.org	
Armen	Brian	Faith Lutheran Church / Englewood Community Coalition	pastor@allvirgfaith.org	
Ashley	Teri	Western Michigan University	teri.ashley@bayfronthhealth.com	
Austin	Mitchell	City of Punta Gorda	maustin@pgorda.us	
Babcock	Monica	Drug Free Punta Gorda	monica.babcock@yourcharlotteschools.net	
Barger	Kim	Health Planning Council of Southwest Florida / Early Steps	kimbarger@hpcswf.com	
Blicking	Pam	Charlotte County Healthy Start	pbllicking@cchsf.org	
Boston	Thaddeus	Human Services	thaddeus.boston@charlottecountyfl.gov	
Bragg	Debra	Friendship Centers	dbragg@friendshipcenters.org	
Brokaw	Sommer	SUN Newspapers	sbrokaw@sun-herald.com	
Brush	Bob	Bayfront Health Port Charlotte	rbrush23@gmail.com	
Callwood	Anna	Trabue-Woods United Assoc., Inc.	twuapg@outlook.com	
Canja	Tess	TEAM Parkside / AARP	tcanja@aol.com	
Cappiello	Thomas	Lung Cancer Research Council	thomas.cappiello@mssb.com	



### CHIP All Committee Meeting Tuesday, April 3, 2018

Last Name	First Name	Organization	Email	Signature
Carrigan	Sue	Englewood Community Coalition	suecarrigan1@gmail.com	
Carter	Glama	Florida Department of Health in Charlotte County	glamariel.carter@flhealth.gov	
Carter	Stephen	The Cultural Center	director@theculturalcenter.com	
Chervinski	Noreen	Virginia E. Andes Volunteer Clinic	pgifolks@yahoo.com	
Clark	Kim	Englewood Community Coalition	kimberlyclark99@yahoo.com	
Coble	Maureen	Children's Network	mcoble@cnsfl.org	
Coldiron	Sue	Medsol Clinical Research	scoldiron@medsolcsc.com	
Cooper	Magi	Healthy Start	mcooper@charlottecountyhealthystart.com	
Cox-McKimmey	Jennifer	Charlotte County Public Schools	jennifer.cox-mckimmey@yourcharlotteschools.net	
Cummings	Adam	Lifelong Learning Institute	adam.cummings@edwardjones.com	
Currier	Sandi	Charlotte County Schools	sandi.currier@yourcharlotteschools.net	
Curtis	Mary	Lifelong Learning Institute	mcurtis.fff@gmail.com	
Doherty	Ken	Charlotte County Government	Ken.Doherty@charlottefl.com	
Dowling	Deedra	Charlotte County Human Services Senior Division	deedra.dowling@charlottecountyfl.gov	
Eastman	Elena	Florida Department of Health in Charlotte County		
Edwards	Michelle	Charlotte County Government - Transit	michelle.edwards@charlottecountyfl.gov	



**CHIP All Committee Meeting  
Tuesday, April 3, 2018**

Last Name	First Name	Organization	Email	Signature
Eichenberger	Stacy	Medsol Clinical Research	seichenberger@medsolcsrc.com	
Ellner	Abbey	Florida Department of Health in Charlotte County	abbey.ellner@flhealth.gov	Abbey Ellner
Ernst	Jennifer	Charlotte Behavioral Health Care	jernst@cbhcf.org	
Fishman	Farrah	Florida Department of Health in Charlotte County	farrah.fishman@flhealth.gov	Farrah Fishman
Fletcher	Theresa	Charlotte County Schools	theresa.fletcher@yourcharlotteschools.net	
Flores	Hector	Charlotte County Government	Hector.Flores@charlottefl.com	
Garcia	Tania	Green Living Green Planet	contact@greenlivinggreenplanet.com	
Grafals	Melanie	Florida Department of Health in Sarasota County	melanie.grafals@flhealth.gov	
Gregory	Marilyn	Area Agency on Aging/HPC	charlottenavigator@gmail.com	Marilyn Gregory
Haddock	Ellison	Trabue-Woods United Assoc., Inc.	uspsmailmar4god2@yahoo.com	
Hall	Chris	C.A.R.E / Green Dot	chris.hall@carefl.org	
Hall	Tammy	Charlotte County Government - Transit	tammy.hall@charlottecountyfl.gov	
Harvey	Ellen	Charlotte County Schools	ellen.harvey@yourcharlotteschools.net	
Henry	Karl	Florida Department of Health in Charlotte County	karl.henry@flhealth.gov	
Hill	Ruth	Center for Abuse & Rape Emergencies (C.A.R.E)	ruth.hill@carefl.org	



**CHIP All Committee Meeting  
Tuesday, April 3, 2018**

Last Name	First Name	Organization	Email	Signature
Holton	Gail	Area Agency on Aging of SWFL	gail.holton@aaaswfl.org	
Holzschuh	Bevin	Bayfront Health	bevin.gallo@bayfronthealth.com	
Howard	Linda	Bayfront Health	Linda.Howard@bayfronthealth.com	
Hoy	Sandy	Staywell	sandy.hoy@wellcare.com	
Hussey	Carrie	Charlotte County Government	carrie.hussey@charlottecountyfl.gov	
Johnson	Nancy	TEAM Punta Gorda	nancy.johnson@comcast.net	
Jones	Carolyn	Harry Chapin Food Bank	cjones@harrychapinfoodbank.org	
Kearley	Angela	Family Health Centers	akearley@hcnetwork.org	
Ketterhagen	Donald	Community-at-Large	dwk@ketterhagen.com	
Kilbride	Barbara	Florida SouthWestern State College	barbara.kilbride@fsw.edu	
King	Cynthia	Drug Free Charlotte County	cindy.king@yourcharlotteschools.net	
Leroy	Bonnie	Lifelong Learning Institute	charlotte.lli@fsw.edu	BL
Long	Jessica	Charlotte County Sheriff's Office	jlong@ccsofl.net	
Lorini	Marianne	Area Agency on Aging of SWFL	marianne.lorini@aaaswfl.org	
Martell	Jessica	Charlotte Behavioral Health Care / Healthy Start	jmartell@cbhcf.org	
Martin	Jacqueline	Florida Department of Health in Charlotte County	jacqueline.martin@flhealth.gov	



**CHIP All Committee Meeting  
Tuesday, April 3, 2018**

Last Name	First Name	Organization	Email	Signature
Martineau	Paul	Pretrial Services	pmartineau@ca.cjis20.org	
Matthiessen	Angie	United Way of Charlotte County	resourcedevelopment@unitedwayccfl.org	
McGannon	Terry	Friendship Centers	tmcgannon@friendshipcenters.org	
McWhirter	Sarah	Florida Department of Health in Charlotte County	sarah.mcwhirter@flhealth.gov	
McWhirter	Will	Charlotte County Schools	will.mcwhirter@yourcharlotteschools.net	
Miller	Valerie	Bayfront Health	valerie.miller@bayfronthealth.com	
Monville	Ann	Florida Department of Health in Charlotte County	ann.monville@flhealth.gov	
Mora	Ansley	Gulfcoast South Area Health Education Center	amora@health.usf.edu	
Munroe	Sherry	Charlotte County Justice Center	smunroe@ca.cjis20.org	
Newman	Linda	The Florida Center for Early Childhood Inc.	linda.newman@thefloridacenter.org	
O'Donnell	Kirsten	Area Agency on Aging of SWFL	kirsten.odonnell@aaaswfl.org	
Pepe	Joe	Florida Department of Health in Charlotte County	joseph.pepe@flhealth.gov	
Phillips	Chantal	Families First	chantal.phillips@yourcharlotteschools.net	
Phillips	Stephanee	Charlotte County Government	stephanee.phillips@charlottecountycl.gov	
Pomerville	Kelly	Charlotte Behavioral Health Care	kpomerville@cbhcf.org	



**CHIP All Committee Meeting  
Tuesday, April 3, 2018**

Last Name	First Name	Organization	Email	Signature
Possehl	Jocelyn	Bayfront Health Port Charlotte	jocelyn.possehl@bayfronthealth.com	
Pugh	Laura	Medsol Clinical Research	lpugh@medsolcra.com	
Ramseyer	Diane	Drug Free Charlotte County	diane.ramseyer@yourcharlotteschools.net	
Reed	Jennifer	Charlotte Behavioral Health Care	jreed@cbhcf.org	
Rice	Tom	Community-at-Large	ricetom@aol.com	
Roberts	Suzanne	Virginia B. Andes Volunteer Clinic	sroberts@volunteercare.org	
Robshaw	Mike	Charlotte County Schools	mike.robshaw@yourcharlotteschools.net	
Salazar	Chrissie	Drug Free Punta Gorda	chrissie.salazar@yourcharlotteschools.net	
Sanderson	Kim	Charlotte Behavioral Health Care		
Schoeck	Kathy	Healthy Start	ccoalt1196@embarqmail.com	
Scott	Wendy	Metropolitan Planning Organization	scott@ccmpo.com	
Sexton	Jennifer	Florida Department of Health in Charlotte County	jennifer.sexton@flhealth.gov	
Sparks	Darlene	Gulfcoast South Area Health Education Center	darlenesparks@health.usf.edu	
Struebing	Rachel	Drug Free Charlotte County	rstruebing@gmail.com	
Swett	Carla	Bayfront Health Port Charlotte	carla.swett@bayfronthealth.com	





CHIP All Committee Meeting

Tuesday, April 3, 2018

Last Name	First Name	Organization	Email	Signature
Taylor-Levine	Abrielle	Precious Angels Home Care	abrielle@preciousangelshomecare.com	
Todd	Susan	Center for Abuse & Rape Emergencies (C.A.R.E.)	sue.todd@carefl.org	
Tucker	Ami	Bayfront Health Port Charlotte	noami.tucker@bayfronthealth.com	
Tucker	Jean	Charlotte Behavioral Health Care	jtucker@cbhcfi.org	
Tvaroch	Kay	Englewood Community Coalition	kay@ccenglewood.com	Ks Tvaroch
Vogel	Amy	Community at large/C.A.R.E	amy.vogel99@gmail.com	Amy Vogel
Whitacre	Terri	Charlotte County Schools	terri.whitacre@yourcharlotteschools.net	
Worthen	Melissa	Charlotte Behavioral Health Care	mworthen@cbhcfi.org	
Wright	Denis	Florida SouthWestern State College	dwright@fsw.edu	Denis H. Wright
Wynn	Gina	Charlotte Behavioral Health Care	gwynn@cbhcfi.org	
Cometa	Lindsey	Resident		Spady County
Carter	Talitha	Charlotte Co Sheriff's Office	TCarter@ccso.org	

## Appendix D



### Steering Committee Workshop

#### Agenda

Date: September 5, 2018

Time: 9:00 AM – 12:00 PM

Location: Florida Department of Health in Charlotte County, 1100 Loveland Blvd, Port Charlotte

Time	Item	
9:00 – 9:03	Call to Order	Jennifer S. Sexton
9:03 – 9:10	Steering Committee Membership Role	Jennifer S. Sexton
9:10 – 9:15	Data Review Process	Jennifer S. Sexton
9:15 – 11:15	Review Health Data by Topic	All
11:15 – 11:35	Identify Top Health Issues	All
11:35 – 11:50	Nominations for Steering Committee Chair and Vice Chair	Jennifer S. Sexton
11:50 – 11:55	Other Business	
11:55 – 12:00	Community Engagement Survey	
<b>Next meeting: TBD</b> October 2018, 9:00 AM, Florida Department of Health in Charlotte County, 1100 Loveland Blvd, Port Charlotte		

*Our vision for a healthy Charlotte County is a safe, equitable and vibrant community in which people feel empowered to seek and obtain opportunities and services to achieve and maintain a high quality of life.*

## Appendix E

Healthy Charlotte County  
Steering Committee Workshop  
September 5, 2018 9:00 AM – 11:00 AM  
1100 Loveland Blvd, Port Charlotte



### Meeting Minutes

#### Attendees

Name	Organization	Name	Organization
Debra Braqq	Friendship Centers	Xenia Rosado-Merced	Gulfcoast South Area Health Education Center
Maqi Cooper	Healthy Start	Jennifer S. Sexton	DOH-Charlotte
Elena Eastman	DOH-Charlotte	Sarah Stanley	Charlotte Behavioral Health Care
Abbey Ellner	DOH-Charlotte	Jean Tucker	Charlotte Behavioral Health Care
Rev. Ellison Haddock	Trabue Woods United Association	Colleen Turner	Charlotte County Government
Sandy Hoy	Staywell/WellCare	Kay Tvaroch	Englewood Community Coalition
Jacqueline Martin	DOH-Charlotte	Sharon Woodward	Pregnancy Solutions
Diane Ramseyer	Drug Free Charlotte County		

Call to Order and Introductions	The meeting was called to order at 9:03 AM. Introductions were made around the room.
Steering Committee Membership Roles	<p>The group reviewed the Healthy Charlotte Charter, specifically the role of Steering Committee Members.</p> <p>Steering Committee Member Role:</p> <ul style="list-style-type: none"> <li>Review and identify top priority health issues in Charlotte County provided by the CHIP Coordinator, to present to Stakeholders.</li> <li>Review and identify top evidence-based initiatives provided by the CHIP Coordinator, to present to Stakeholders.</li> <li>Identify and recruit Task Force members for chosen initiatives.</li> <li>Monitor progress on initiatives and provide support to Task Forces.</li> <li>Provide progress report to Stakeholders twice a year.</li> </ul>

Community Health Improvement Partnership – All Committee Meeting

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Healthy Charlotte County  
Steering Committee Workshop  
September 5, 2018 9:00 AM – 11:00 AM  
1100 Loveland Blvd, Port Charlotte



### Meeting Minutes

	<p><b>Term Limits</b></p> <ul style="list-style-type: none"> <li>Steering Committee Chair – 1-year term, elected from existing, active Steering Committee members.</li> <li>Steering Committee Vice Chair – 1-year term, designated to move into Steering Committee Chair role upon completion of one year of service.</li> <li>Steering Committee Chair/Vice Chair – Terms will run January 1 through December 31 of each year.</li> </ul>
Data Review Process	<p>Jennifer S. Sexton explained the process that the group would be using to review the Charlotte County health data. Sexton explained that each health indicator had a column for the Healthy People 2020 goal (national goal), the State Long Range Plan / State Health Improvement Plan (state goal), and then the State average and the Charlotte County rate/count.</p> <p>The data was coded by color as well. All Charlotte County indicators that were better than the State rate and the Healthy People 2020 goal were GREEN. All Charlotte County indicators that were worse than the State rate and/or Healthy People 2020 goal were RED. All Charlotte County indicators that were borderline were YELLOW.</p> <p>The data was categorized by topic, and the group would review the data one topic at a time.</p>
Review Health Data by Topic	<p><b>Tobacco, Alcohol, and Substance Abuse</b></p> <p>Diane Ramseyer informed the group that the AHCA numbers for Neonatal Abstinence Syndrome are low because it is infrequently reported. She stated that the Substance Exposed Newborn Taskforce is currently getting numbers directly from the NICU, which indicate that over 50% of NICU infants in Charlotte County are in withdrawal.</p> <p>Xenia Rosado-Merced stated that many high school students are turning from cigarettes to vaping.</p> <p>Ramseyer noted about marijuana use by adults, it is not just those of a certain age or socio-economic status.</p> <p>Kay Tvaroch stated that the perception in the community is that public intoxication is socially acceptable.</p>

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### Meeting Minutes

	<p><b>Maternal Health and Birth Outcomes</b></p> <p>Magi Cooper reminded that group that maternal and child health indicators in Charlotte County often appear worse on paper than they truly are, due to the low rate of births in the county. Cooper stated that first trimester prenatal care is still an issue, but it is often due to physicians who are unwilling to accept temporary Medicaid. Smoking in pregnant women was also identified as an area of concern in the county, including both cigarettes and marijuana.</p> <p><b>Cancer</b></p> <p>Sharon Woodward asked for clarification about the data on cervical cancer screening. Jennifer S. Sexton explained that the Healthy People 2020 goal is to have 93.0% of females aged 21 to 65 screened, while Charlotte County had 78.3% in that same age group. Woodward asked if that age range was reasonable for this measure. Elena Eastman informed the group that there are newer guidelines which will affect this number.</p> <p><b>Chronic Disease</b></p> <p>Debra Bragg stated that seniors with diabetes is something she sees in her work. Bragg stated that sometimes finances are an issue, and sometimes residents are provided with new medical equipment from their physician but are not educated on how to use the equipment.</p> <p>Jennifer S. Sexton stated that Suzanne Roberts had expressed concern with the high rate of hypertension that she has seen in clients at Virginia B. Andes.</p> <p><b>Elder Issues</b></p> <p>Colleen Turner pointed out that grandparents raising children is an issue for the 55+ age group, and there is a program for this. The data suggests that it isn't quite a problem in the 65+ age group. Sexton stated that the SNAP participation rate for seniors is just over half of the state participation rate, which is alarming. Rev. Ellison Haddock asked if there is data available that breaks out the different types of diabetes. Sexton stated that she did not find diabetes data broken out when researching for this meeting, but would look further to see what data is available.</p>
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Community Health Improvement Partnership – All Committee Meeting

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### Meeting Minutes

	<p><b>Healthy Weight</b></p> <p>The group agreed that the "goal" for healthy weight is disheartening. (33.9% of adults at a healthy weight is the national goal.)</p> <p><b>Immunization</b></p> <p>It was noted that the rate of vaccinated children in Charlotte County has seen a slight downward decline in recent years.</p> <p><b>Injury &amp; Violence Prevention</b></p> <p>Woodward noted that the rate of children experiencing child abuse in Charlotte County is double the state rate. Jean Tucker noted that cases that Charlotte Behavioral have had referred from Child Services has more than doubled in the last two years. Magi Cooper stated that she has heard similar anecdotes in the field.</p> <p><b>Mental / Behavioral Health</b></p> <p>The group questioned the term "seriously mentally ill". Tucker explained that these are mostly schizophrenia. Tucker stated that there are possible interventions to improve quality of life for those individuals. Turner stated that the Civil Citation Program has doubled in the last year (aka "diversion"). Turner stated that many of these kids are getting fairly intensive services, which should reduce the number of youth arrests over time. Tucker reminded the group that the overall suicide rate for Charlotte County is a major issue.</p> <p>Kay Tvaroch added that the elder population has potential access to medications that they could use to intentionally overdose.</p> <p><b>Oral Health</b></p> <p>Debra Bragg informed that group that she receives a lot of calls from the elder population regarding dental services. Sharon Woodward stated that many pregnant women use Medicaid while they are pregnant to catch up on dental care they need.</p>
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### Meeting Minutes

	<p><b>Respiratory Diseases</b></p> <p>Xenia Rosado-Merced noted that COPD rates were not included in the data. Sexton pulled up data from Florida Charts (AHCA data) for hospitalizations for COPD as first-listed diagnosis. The rate for Charlotte County has seen a steady increase since 2007. This rate was noticeably higher in Charlotte County than the state rate the past two years.</p> <p><b>Sexually Transmitted Diseases</b></p> <p>The group reviewed the data for sexually transmitted diseases, including pulling up data specific to various age groups. Across the board, rates in Charlotte County were significantly lower than the state average, for all age groups.</p> <p><b>Emerging Trends</b></p> <p>The group reviewed and discussed data on the following emerging health issues:</p> <ul style="list-style-type: none"> <li>• Adverse childhood experiences (ACEs) / trauma</li> <li>• Human trafficking</li> <li>• Undiagnosed diabetes</li> <li>• Shortage of trained healthcare personnel</li> </ul> <p>Sarah Stanley informed the group the 20-year ACEs research shows how the higher score on ACEs relate to physical health. The primary researcher strongly encourages screenings.</p> <p>Magi Cooper stated that training on Trauma Informed Care will be held at Murdock Church in November with a speaker from FSU.</p> <p>Sexton explained that upon researching healthcare personnel shortages for the state of Florida, the most recent data revealed that there no longer is an expectation of an RN shortage, but that there is expected to be a shortage of LPNs throughout the state.</p>
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### Meeting Minutes

<b>Identify Top Health Issues</b>	<p>As the group reviewed the data, areas of concern were noted. At the conclusion of the data review, each Steering Committee member was asked to select the top three areas of concern. Once the selections were tallied, the group had identified the following five health issues for the Healthy Charlotte Stakeholders group to choose from:</p> <ul style="list-style-type: none"> <li>• Diabetes (including undiagnosed diabetes)</li> <li>• Adult drug use (including alcohol use)</li> <li>• Child abuse</li> <li>• ACEs (trauma)</li> <li>• Suicide</li> </ul>				
<b>Steering Committee Sign-Up</b>	<p>Jennifer S. Sexton requested that anyone interested in committing to be a member of the Healthy Charlotte Steering Committee to sign up at the conclusion of the meeting.</p>				
<b>Other Business</b>	<p>Xenia Rosado-Merced informed the group of an e-cigarette presentation in Sarasota on October 18<sup>th</sup>.</p> <p>Jean Tucker stated that the annual Recovery Event will be held September 28<sup>th</sup> at 7:00 PM at Lashley Park.</p> <p>Kay Tvaroch informed the group that Joe Pepe will be delivering a presentation on ACEs on September 27<sup>th</sup>.</p> <p>Debra Bragg stated that beginning on September 28<sup>th</sup>, there will be a monthly caregiver series at the Friendship Center at Harbor Heights.</p> <p>Jacqueline Martin reminded the group about the Positive Aging Symposium that will be held September 13<sup>th</sup> at the Cultural Center. Martin added that she is offering free yoga in collaboration with Charlotte County Government on the 4th Wednesday of each month at the Port Charlotte Beach Complex at 6:30 PM.</p>				
<b>Adjournment</b>	<p>The meeting was adjourned at 11:17 AM.</p>				
<b>Next Meeting (of the Stakeholders)</b>	<p>(TBD) October 2018, at the Florida Department of Health in Charlotte County, 1100 Loveland Boulevard, Port Charlotte</p>				
<b>Items of Action</b>	<table> <tr> <th data-bbox="893 1682 1071 1707">Person Responsible</th><th data-bbox="1071 1682 1291 1707">Target Completion Date</th></tr> <tr> <td data-bbox="893 1707 1071 1730">Research best practices and evidence-based strategies to tackle identified issues</td><td data-bbox="1071 1707 1291 1730">Jennifer S. Sexton 10/15/2018</td></tr> </table>	Person Responsible	Target Completion Date	Research best practices and evidence-based strategies to tackle identified issues	Jennifer S. Sexton 10/15/2018
Person Responsible	Target Completion Date				
Research best practices and evidence-based strategies to tackle identified issues	Jennifer S. Sexton 10/15/2018				



## Appendix F



### Steering Committee Workshop Wednesday, September 5, 2018

Last Name	First Name	Organization	Email	Signature
Callwood	Anna	Trabue-Woods United Assoc., Inc.	twuapg@outlook.com	
Carter	Tabbatha	Charlotte County Sheriffs Office-Detention	tcarter@ccso.org	
Clark	Kim	Englewood Community Coalition	kimberlyclark99@yahoo.com	
Eastman	Elena	Florida Department of Health in Charlotte County		Elena Eastman
Edwards	Michelle	Charlotte County Government - Transit	michelle.edwards@charlottecountyfl.gov	
Ellner	Abbey	Florida Department of Health in Charlotte County	abbey.ellner@flhealth.gov	Abbey Ellner
Hall	Tammy	Charlotte County Government - Transit	tammy.hall@charlottecountyfl.gov	
Hoy	Sandy	Staywell/WellCare	sandy.hoy@wellcare.com	SHoy
Hussey	Carrie	Charlotte County Government	carrie.hussey@charlottecountyfl.gov	
Johnson	Marjie			
Kearley	Angela	Family Health Centers	akearley@hcnetwork.org	
Lorini	Marianne	Area Agency on Aging of SWFL	marianne.lorini@aaaswfl.org	
Martin	Jacqueline	Florida Department of Health in Charlotte County	jacqueline.martin@flhealth.gov	
McGannon	Terry	Friendship Centers	tmcgannon@friendshipcenters.org	
O'Bryan	Jennifer			
Pepe	Joe	Florida Department of Health in Charlotte County	joseph.pepe@flhealth.gov	



### Steering Committee Workshop Wednesday, September 5, 2018

Last Name	First Name	Organization	Email	Signature
Ramseyer	Diane	Drug Free Charlotte County	diane.ramseyer@yourcharlotteschools.net	
Rosado-Merced	Xenia	Gulfcoast South Area Health Education Center	xrosadom@health.usf.edu	Xenia Rosado-Merced
Sexton	Jennifer	Florida Department of Health in Charlotte County	jennifer.sexton@flhealth.gov	
Stanley	Sarah	Charlotte Behavioral Health Care	sstanley@cbhcf.org	
Tucker	Jean	Charlotte Behavioral Health Care	jtucker@cbhcf.org	
Turner	Colleen	Charlotte County Government	colleen.turner@charlottecountyfl.gov	Colleen Turner
Tvaroch	Kay	Englewood Community Coalition	kay@ccenglewood.com	Kay Tvaroch
Woodward	Sharon	Pregnancy Solutions	Sharon@pregnancysolutions.org	
Bragg	Jenna	Friendship Centers		
Cooper	Nay	Healthy Start	ncooper@celstfl.org	
Rosado-Merced	Xenia	SAHEDC		
Haddock	Ellison	Trabue-Woods United Assoc	twuapg@outlook.com uspried@englewoodcc.org	Rev. Ellison Haddock

## Appendix G



### Agenda – Stakeholders Meeting

Date: October 26, 2018

Time: 9:00 AM – 11:00 AM

Location: Florida Department of Health in Charlotte County, 1100 Loveland Blvd., Port Charlotte

Time	Item	
9:00 – 9:05	Call to Order and Introductions	Jennifer S. Sexton
9:05 – 9:10	Data Review Process	Jennifer S. Sexton
9:10 – 10:10	Review Health Data by Topic	All
10:10 – 10:25	Identify Top Health Issue	All
10:25 – 10:50	Identify Potential Initiatives and Partner Agencies	All
10:50 – 10:55	Other Business	
10:55 – 11:00	Community Engagement Survey	
<b>Next meeting:</b> November 16, 2018, 10:30 AM - noon, Florida Department of Health in Charlotte County, 1100 Loveland Blvd, Port Charlotte		

*Our vision for a healthy Charlotte County is a safe, equitable and vibrant community in which people feel empowered to seek and obtain opportunities and services to achieve and maintain a high quality of life.*

## Appendix H

Healthy Charlotte County  
Stakeholder Meeting  
October 26, 2018 9:00 AM – 11:00 AM  
1100 Loveland Blvd, Port Charlotte



### Meeting Minutes

#### Attendees

Name	Organization	Name	Organization
Nicole Allen	Children's Network of SWFL	Joseph Pepe	DOH-Charlotte
Kristen Anderson	Bayfront Health	Stephanee Phillips	Charlotte County Government
Glamarier Carter	DOH-Charlotte	Jennifer S. Sexton	DOH-Charlotte
Elena Eastman	DOH-Charlotte	Wendy Silva	C.A.R.E.
Abbey Ellner	DOH-Charlotte	Sarah Stanley	Charlotte Behavioral Health Care
Sandy Hoy	Staywell/WellCare	Kay Tvaroch	Englewood Community Coalition
Carrie Hussey	Charlotte County Government	Vicki Vertich	Bayfront Health
Angela Kearley	Family Health Centers of SWFL	Arlene Williams	Florida SouthWestern State College
Angie Matthiessen	United Way of Charlotte County		

<b>Call to Order and Introductions</b>	The meeting was called to order at 9:06 AM. Introductions were made around the room.
<b>Data Review Process</b>	<p>Jennifer S. Sexton explained the process that the group would be using to review the Charlotte County health data. Sexton explained that each health indicator had a column for the Healthy People 2020 goal (national goal), the State Long Range Plan / State Health Improvement Plan (state goal), and then the State average and the Charlotte County rate/count.</p> <p>The data was coded by color as well. All Charlotte County indicators that were better than the State rate and the Healthy People 2020 goal were GREEN. All Charlotte County indicators that were worse than the State rate and/or Healthy People 2020 goal were RED. All Charlotte County indicators that were borderline were YELLOW.</p> <p>The data was categorized by topic, and the group would review the data one topic at a time, in addition to examining the existing and potential program options to address each topic.</p>

Community Health Improvement Partnership – All Committee Meeting

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Healthy Charlotte County  
Stakeholder Meeting  
October 26, 2018 9:00 AM – 11:00 AM  
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### Meeting Minutes

<b>Review Health Data by Topic / Identify Top Health Issue &amp; Potential Initiatives</b>	<p><b>Diabetes</b></p> <p>Abbey Ellner explained the program for diabetes prevention that is currently being offered by the Department of Health. Ellner stated that 8 people are currently attending on a regular basis.</p> <p>Angela Kearley informed the group that Family Health Centers of Southwest Florida offers a diabetes management program for those clients who are diagnosed with diabetes.</p> <p>Jennifer S. Sexton stated that the YMCA offers a diabetes prevention program at their Englewood location, and would be interested in opening this up in other locations if there was interest in the community.</p> <p><b>Alcohol and Substance Abuse</b></p> <p>Vicki Vertich stated that a lot of babies in the NICU are going through withdrawals. She explained that through a United Way collaborative grant, a Navigator is helping mothers to have a successful pregnancy. These mothers can go through a tour prior to giving birth where they are also educated on what will happen to their babies after they are born.</p> <p><b>Child Abuse</b></p> <p>Nicole Allen informed the group that there aren't enough foster homes for all of the children that are in need.</p> <p>Wendy Silva explained that C.A.R.E. helps educate the families that they work with about more gentle parenting methods, but these families have already been affected by trauma.</p> <p><b>Suicide</b></p> <p>Sexton noted that 21 of the 31 suicides in 2017 were to residents ages 50 and older. Also, that same number were done with a firearm. The group reviewed suicide prevention options related to law enforcement and gun shop owners.</p> <p><b>ACEs (Adverse Childhood Experiences)</b></p>
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Community Health Improvement Partnership – All Committee Meeting

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Healthy Charlotte County  
Stakeholder Meeting  
October 26, 2018 9:00 AM – 11:00 AM  
1100 Loveland Blvd, Port Charlotte



**Meeting Minutes**

	<p>The group reviewed the data related to adverse childhood experiences, and discussed their correlation to all of the other four health issues previously discussed. The group agreed that focusing work on ACEs and trauma-sensitivity would positively impact these issues and more in Charlotte County.</p> <p>Sexton shared some examples of communities that are working towards being more trauma-informed and self-healing. The group watched a video clip about Peace4Tarpon, which was the first trauma-informed community in the nation. The group agreed to move towards a similar model that would address the unique needs and population of Charlotte County.</p> <p>Glamarier Carter suggested that the first step would be to take inventory of what is currently being done related to education, mentorship, etc.</p> <p>Carrie Hussey suggested caution with the messaging to ensure that we do not create a generation divide by labeling the up-and-coming generation as "traumatized". Vertich reiterated this by stating that "trauma" might not be the best key word to use in messaging.</p> <p>Joe Pepe suggested that after an inventory has been completed, that the group identify and eliminate any duplication, and then create a community dash-board.</p> <p>Sexton stated that she will develop a framework plan, and will present that to the group in November.</p>	
<b>Other Business</b>	<p>Carrie Hussey reminded the group that Together Charlotte will hold its Stakeholders meeting on December 7<sup>th</sup> at Port Charlotte Beach. The group will be reviewing the past year's work, as well as selecting a new topic for 2019.</p>	
<b>Adjournment</b>	<p>The meeting was adjourned at 10:50 AM.</p>	
<b>Next Meeting (of the Stakeholders)</b>	<p><b>November 16, 2018, at the Florida Department of Health in Charlotte County, 1100 Loveland Boulevard, Port Charlotte</b></p>	
<b>Items of Action</b>	<b>Person Responsible</b>	<b>Target Completion Date</b>
Develop Community Health Improvement Plan based on input from Stakeholders	Jennifer S. Sexton	11/15/18
Develop and send out a tool to begin an inventory	Jennifer S. Sexton	12/21/18



## Appendix I



### Stakeholders Meeting Friday, October 26, 2018

Last Name	First Name	Organization	Email	Signature
Allen	Nicole	Children's Network	NAllen@cnsfwf.org	<i>Nicole Allen</i>
Andreu	Whitney	Park Royal	Wandreu@parkroyalhospital.com	
Babcock	Monica	Drug Free Punta Gorda	monica.babcock@yourcharlotteschools.net	
Barger	Kim	Health Planning Council of Southwest Florida / Early Steps	kimbarger@hpcswf.com	
Bicking	Pam	Charlotte County Healthy Start	pbicking@cchsfl.org	
Bragg	Debra	Friendship Centers	dbragg@friendshipcenters.org	
Callwood	Anna	Trabue-Woods United Assoc., Inc.	twuapg@outlook.com	
Canja	Tess	TEAM Parkside / AARP	tcanja@aol.com	
Cappiello	Thomas	Lung Cancer Research Council	thomas.cappiello@mssb.com	
Carrigan	Sue	Englewood Community Coalition	suecarrigan1@gmail.com	
Carter	Giana	Florida Department of Health in Charlotte County	giamarier.carter@flhealth.gov	<i>Giana Carter</i>
Carter	Stephen	The Cultural Center	director@theculturalcenter.com	
Chervinski	Noreen	Virginia B. Andes Volunteer Clinic	pgifolks@yahoo.com	
Clark	Kim	Englewood Community Coalition	kimberlyclark99@yahoo.com	
Coble	Maureen	Children's Network	mcoble@cnsfwf.org	
Coldiron	Sue	Medsol Clinical Research	scoldiron@medsolcrrc.com	



### Stakeholders Meeting Friday, October 26, 2018

Last Name	First Name	Organization	Email	Signature
Cooper	Magi	Healthy Start	mcooper@charlottecountyhealthystart.com	
Cox-McKimmey	Jennifer	Charlotte County Public Schools	jennifer.cox-mckimmey@yourcharlotteschools.net	
Currier	Sandi	Charlotte County Public Schools	sandi.currier@yourcharlotteschools.net	
Doherty	Ken	Charlotte County Government	Ken.Doherty@charlottefl.com	
Dowling	Deedra	Charlotte County Human Services Senior Division	deedra.dowling@charlottecountyfl.gov	
Eastman	Elena	Florida Department of Health in Charlotte County	elena.eastman@flhealth.gov	<i>Elena Eastman</i>
Edwards	Michelle	Charlotte County Government - Transit	michelle.edwards@charlottecountyfl.gov	
Eichenberger	Stacy	Medsol Clinical Research	seichenberger@medsolcrrc.com	
Ellner	Abbey	Florida Department of Health in Charlotte County	abbey.ellner@flhealth.gov	<i>Abbey Ellner</i>
Figliuolo	Tina	Charlotte County Homeless Coalition	tina.figliuolo@cchomelesscoalition.org	
Fletcher	Theresa	Charlotte County Schools	theresa.fletcher@yourcharlotteschools.net	
Garcia	Tania	Green Living Green Planet	contact@greenlivinggreenplanet.com	
Georgoulis	Ioannis	Medsol Clinical Research		
Gregory	Marilyn	Area Agency on Aging		
Haddock	Ellison	Trabue-Woods United Assoc., Inc.	uspsmailman4god2@yahoo.com	



Stakeholders Meeting  
Friday, October 26, 2018

Last Name	First Name	Organization	Email	Signature
Hall	Chris	C.A.R.E. / Green Dot	chris.hall@carefl.org	
Hall	Tammy	Charlotte County Government - Transit	tammy.hall@charlottecountyfl.gov	
Harvey	Ellen	Charlotte County Public Schools	ellen.harvey@yourcharlotteschools.net	
Hill	Ruth	Center for Abuse & Rape Emergencies (C.A.R.E.)	ruth.hill@carefl.org	
Holton	Gail	Area Agency on Aging of SWFL	gail.holton@aaaswfl.org	
Howard	Linda	Bayfront Health	Linda.Howard@bayfronthhealth.com	
Hoy	Sandy	Staywell/WellCare	sandy.hoy@wellcare.com	<i>Sandy Hoy</i>
Hussey	Carrie	Charlotte County Government	carrie.hussey@charlottecountyfl.gov	<i>Carrie Hussey</i>
Jones	Carolyn	Harry Chapin Food Bank	cjones@harrychapinfoodbank.org	
Kearley	Angela	Family Health Centers	akearley@hcnetwork.org	<i>Angela Kearley</i>
King	Cynthia	Drug Free Charlotte County	cindy.king@yourcharlotteschools.net	
Leroy	Bonnie	Lifelong Learning Institute	charlotte.lli@fsw.edu	
Long	Jessica	Charlotte County Sheriff's Office	jlong@ccscofl.net	
Lorini	Marianne	Area Agency on Aging of SWFL	marianne.lorini@aaaswfl.org	
Martell	Jessica	Charlotte Behavioral Health Care / Healthy Start	jmartell@cbhcf.org	
Martineau	Paul	Pretrial Services	pmartineau@ca.cjis20.org	



Stakeholders Meeting  
Friday, October 26, 2018

Last Name	First Name	Organization	Email	Signature
Matthiessen	Angie	United Way of Charlotte County	resourcedevelopment@unitedwayccfl.org	<i>Angie Matthiessen</i>
McGannon	Terry	Friendship Centers	tmcgannon@friendshipcenters.org	
McWhirter	Sarah	Florida Department of Health in Charlotte County	sarah.mcwhirter@flhealth.gov	
McWhirter	Will	Charlotte County Public Schools	will.mcwhirter@yourcharlotteschools.net	
Miller	Valerie	Bayfront Health	valerie.miller@bayfronthhealth.com	
Mora	Ansley	Gulfcoast South Area Health Education Center	amora@health.usf.edu	
Munroe	Sherry	Charlotte County Justice Center	smunroe@ca.cjis20.org	
Newman	Linda	The Florida Center for Early Childhood Inc.	linda.newman@thefloridacenter.org	
O'Donnell	Kirsten	Area Agency on Aging of SWFL	kirsten.odonnell@aaaswfl.org	
Pepe	Joe	Florida Department of Health in Charlotte County	joseph.pepe@flhealth.gov	<i>Joe Pepe</i>
Phillips	Chantal	Families First	chantal.phillips@yourcharlotteschools.net	
Phillips	Stephanee	Charlotte County Government	stephanee.phillips@charlottecountyfl.gov	<i>SPhillips</i>
Pomerville	Kelly	Charlotte Behavioral Health Care	kpomerville@cbhcf.org	
Pugh	Laura	Medsol Clinical Research	lpugh@medsolcra.com	
Ramseyer	Diane	Drug Free Charlotte County	diane.ramseyer@yourcharlotteschools.net	
Reed	Jennifer	Charlotte Behavioral Health Care	jreed@cbhcf.org	





**Stakeholders Meeting  
Friday, October 26, 2018**

Last Name	First Name	Organization	Email	Signature
Roberts	Suzanne	Virginia B. Andes Volunteer Clinic	sroberts@volunteercare.org	
Robishaw	Mike	Charlotte County Schods	mike.robishaw@yourcharlotteschools.net	
Salazar	Chrissie	Drug Free Punta Gorda	chrissie.salazar@yourcharlotteschools.net	
Sanderson	Kim	Charlotte Behavioral Health Care		
Schoeck	Kathy	Healthy Start	ccoalit1196@embarqmail.com	
Scott	Wendy	Metropolitan Planning Organization	scott@ccmpo.com	
Sexton	Jennifer	Florida Department of Health in Charlotte County	jennifer.sexton@flhealth.gov	Jennifer Sexton
Silva	Wendy	C.A.R.E.	wendy.silva@carefl.org	Wendy Silva
Sparks	Darlene	Gulfcoast South Area Health Education Center	darlenesparks@health.usf.edu	
Stanley	Sarah	Charlotte Behavioral Health Care	SStanley@cbhcf.org	Sarah Stanley
Struebing	Rachel	Drug Free Charlotte County	rstruebing@gmail.com	
Swett	Carla	Bayfront Health Port Charlotte	carla.swett@bayfronthealth.com	
Taylor-Levine	Abrielle	Precious Angels Home Care	abrielle@preciousangelshomecare.com	
Tucker	Ami	Bayfront Health Port Charlotte	noami.tucker@bayfronthealth.com	
Tvaroch	Kay	Englewood Community Coalition	kay@ccenglewood.com	Kay Tvaroch
Vertich	Vicki	Bayfront Health	Nicki.Vertich@bayfronthealth.com	Vicki Vertich



**Stakeholders Meeting  
Friday, October 26, 2018**

Last Name	First Name	Organization	Email	Signature
Vogel	Amy	Community at large/C.A.R.E	amy.vogel98@gmail.com	
Whitacre	Terri	Charlotte County Public Schools	terri.whitacre@yourcharlotteschools.net	
Whitelaw	Nicole	Community-at-Large	nwhitelaw198@yahoo.com	
Wood-Stanley	Michelle	Drug Free Charlotte County	michelle.wood-stanley@yourcharlotteschools.net	
Wynn	Gina	Charlotte Behavioral Health Care	gwynn@cbhcf.org	
Williams	Arlene	FSW State College	Arlene.Williams@fsw.edu	Arlene Williams
Anderson	Kristen	Bayfront Health	Kristen.anderson@bayfronthealth.com	Kristen Anderson

## Appendix J

### Comprehensive List of All Community Partners

- 20th Circuit APD
- AARP
- Alzheimer's Association
- Area Agency on Aging of SWFL
- Bayfront Health
- Center for Abuse & Rape Emergencies (C.A.R.E)
- Charlotte Behavioral Health Care
- Charlotte County 2-1-1
- Charlotte County Government
- Charlotte County Government - Transit
- Charlotte County Healthy Start
- Charlotte County Human Services
- Charlotte County Human Services Senior Division
- Charlotte County Justice Center
- Charlotte County Public Schools
- Charlotte County Sheriff's Office
- Drug Free Charlotte County
- Drug Free Punta Gorda
- Englewood Community Coalition
- Faith Lutheran Church
- Florida Department of Health in Charlotte County
- Florida SouthWestern State College
- Friendship Centers
- Health Planning Council of Southwest Florida
- Healthy Start
- Kays-Ponger & Uselton Funeral Homes
- Lifelong Learning Institute
- Lung Cancer Research Council
- MedSol Clinical Research Center
- Metropolitan Planning Organization
- Pretrial Services
- Riverside Behavioral Center
- Staywell
- TEAM Parkside
- The Florida Center for Early Childhood Inc.
- The Other West Coast Films
- Tidewell Hospice
- Virginia B. Andes Volunteer Clinic



## Appendix K

### Healthy Charlotte Charter



**Mission:** To identify community health assets and issues in Charlotte County, set actionable strategies for priority health objectives, and monitor progress toward those objectives.

**Purpose:** To improve quality of life for all Charlotte County residents.

**Vision:** Our vision for a healthy Charlotte County is a safe, equitable and vibrant community in which people feel empowered to seek and obtain opportunities and services to achieve and maintain a high quality of life.

**Membership/Roles:**

Healthy Charlotte is comprised of representatives from agencies throughout Charlotte County, Florida, as well as private citizens.

**Community Health Improvement Plan Coordinator** (*primary Department of Health representative*)  
**Role:**

- Lead meetings
- Identify evidence-based initiatives and/or best practices for identified priorities
- Track next steps and action items
- Develop progress reports
- Provide administrative support, to include: agendas, minutes, and scheduling meetings

**Steering Committee Member Role:**

- Review and identify top priority health issues in Charlotte County provided by the CHIP Coordinator, to present to Stakeholders.
- Review and identify top evidence-based initiatives provided by the CHIP Coordinator, to present to Stakeholders.
- Identify and recruit Task Force members for chosen initiatives.
- Monitor progress on initiatives and provide support to Task Forces.
- Provide progress report to Stakeholders twice a year.

**Term Limits**

- *Steering Committee Chair – 1-year term, elected from existing, active Steering Committee members.*
- *Steering Committee Vice Chair – 1-year term, designated to move into Steering Committee Chair role upon completion of one year of service.*
- *Steering Committee Chair/Vice Chair – Terms will run January 1 through December 31 of each year.*

**Stakeholder Member Role:**

- Determine priority health issue from Steering Committee recommendations.
- Determine initiative(s) from Steering Committee recommendations.
- Establish and participate in Task Force(s).
- Provide feedback to Steering Committee and Task Force(s) based on progress reports.

Developed August 2018

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### Task Force Member Role:

- Develop action plan and timeline for identified initiative.
- Implement action plan.
- Monitor for and identify barriers to success; report back to Steering Committee.
- Monitor for and identify factors of success; report back to Steering Committee.

### Meeting Schedule and Process:

- 1) Frequency of Steering Committee meetings: minimum of quarterly
- 2) Frequency of Stakeholder meetings: minimum of twice a year

### Measures of Success:

- 1) Action items completed
- 2) Initiatives completed (as demonstrated by completion of a Plan Do Check Act [PDCA] cycle and decision to Adopt, Adapt, or Abandon)
- 3) Statistically significant outcomes documented (did we noticeably move the needle?)
- 4) Accomplishments communicated to community

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