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Hendry and Glades Counties Community Health Improvement Plan



Prepared by:

The Florida Department of Health in
Hendry and Glades Counties and
The Health Planning Council of
Southwest Florida, Inc.



Table of Contents

Executive Summary 3

Community and Partner Engagement 7

Healthier Hendry/Glades Task Force Members 8

CHIP Planning Process and Updates..... 9

Hendry County Profile – Executive Summary 10

Glades County Profile – Executive Summary 11

The Community Health Improvement Plan 12

Community Health Initiatives 14

Using the Plan and Next Steps 17

Appendix A: State and National Alignment 17

Executive Summary

The Florida Department of Health in Hendry and Glades Counties, in conjunction with The Healthier Hendry Glades Task Force (HHGTF), is pleased to present the Community Health Improvement Plan (CHIP) for Hendry and Glades Counties. The two counties combined the Community Health Improvement Plan into one because of the size in population in both Glades & Hendry Counties. This task force is made up of numerous public health partners and community members, all with the common goal of improving the health of the two counties. The group met to better understand the current public health needs of area residents and to develop a plan for community health improvement. The process consisted of reviewing data, prioritizing health issues and planning the steps to address the needs in our community. The product of this process is the Hendry and Glades Counties Community Health Improvement Plan. The intent of this plan is to identify priority goals and strategies while fostering community partnerships in order to improve the overall health of the community. The HHGTF met from December 2018 through September 2019 to update and improve the plan. The task force has worked to review the data contained in the 2019 Community Health Assessments for Hendry and Glades Counties in preparation for the development of the CHIP. The strategic areas addressed in this plan (Strategic Area One: Mental Health & Strategic Area Two: Child Safety) emerged from the review of the data and the input and discussions of the Healthier Hendry Glades Task Force.

The 2019 Hendry and Glades County Community Health Assessments can be found on the following websites:

- Florida Department of Health.
- Health Planning Council of Southwest Florida:
(<http://www.hpcswf.com/health-planning/health-planning-projects/>).

Next, the Healthier Hendry Glades Task Force (HHGTF) was asked to describe the current health of Hendry and Glades Counties. Using the Mentimeter tool, the HHGTF members supplied 52 responses. These responses were also presented in the form of a word cloud. The most common of which were overweight, poor, stressed, challenged, rural, work in progress, segregated, obese and good intentions. It was indicated that there is potential room for improvement for the health in the area.



Source: Healthier Hendry Glades Taskforce via Mentimeter, Spring 2019

The Healthier Hendry Glades Task Force (HHGTF) then worked to identify the top health priorities to ensure the CHIP addresses the priorities where we believe we can make a difference in an appropriate and effective manner. The CHIP details the objectives, strategies, action steps, and measures that were developed to address the community's health initiatives.

Strategic Areas Identified by The Healthier Hendry Glades Task Force:

- Strategic Area One: Mental Health.
 - Goal: Increase Awareness and Usage of Mental Health Resources.

- Strategic Area Two: Child Safety.
 - Goal 1: Reduce infant mortality and rate of hospitalizations and fatalities of children ages 0-19 for unintentional injuries.
 - Goal 2: Increase awareness of childhood trauma.

The HHGTF will continue to meet as we work toward our common goal of improving the health of Hendry and Glades Counties. Implementation of these objectives is already underway with positive results expected to follow soon. CHIP progress will be an ongoing agenda item at bimonthly HHGTF meetings as a method to track results. Minutes will be recorded at meetings to reflect progress that is made. Annual reports will be completed based on progress and then reviewed as a group. To ensure proper documentation an online tracking system will be updated according to feedback provided by the task force.

We look forward to engaging the entire community in our efforts, and we welcome your participation and feedback in our community health improvement efforts.

Community and Partner Engagement

Healthier Hendry Glades Task Force Members

Hendry and Glades Counties' CHIP process engaged a large group of community residents and local public health system stakeholders. Specifically, there were community stakeholders representing hospitals, healthcare providers, social service organizations, and community members.

During HHGTF meetings community members and partners volunteered to become initiative co-chairs in strategic areas that best fit their strengths and interests (a verbal agreement was made and noted in the minutes). The co-chairs then created subcommittees for each strategic area to designate roles and responsibilities to achieve goal completion. Participants are responsible for reporting out their progress on designated assignments during each meeting. Sub-committees meet more frequently and share their group updates at the HHGTF meetings. Regular information sharing and progress updates occur as needed via email to the entire group.

Listed below are the individuals who worked on the improvement plan as a member of the Healthier Hendry Glades Task Force.

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Area Agency on Aging for

Southwest Florida

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Healthy Start Coalition of

Southwest Florida

Estela Aguilar

IMPOWER

Wendy Amos

Health Planning Council of

Southwest Florida

Peggy Brown

Julia Cooper

Community Health Improvement Plan Planning Process & Updates

- ❖ December 2018 - January 2019 – The Healthier Hendry Glades Task Force (HHGTF) reviewed and helped to promote community survey for Community Health Assessment (CHA).
- ❖ March 2019 – HHGTF reviewed the results of the Community Survey for the CHA.
- ❖ May 2019 – HHGTF reviewed CHA data, gave feedback.
- ❖ July 2019 – HHGTF reviewed CHA data and had a brainstorming and prioritization session to begin process of updating Community Health Improvement Plan (CHIP). HHGTF identified CHIP issues and themes and began discussion of action steps.
- ❖ August 2019 – HHGTF reviewed CHIP plan and created a subcommittee to focus on each identified priority.
- ❖ September 2019 – HHGTF finalized CHIP and named subcommittee heads.
- ❖ January 2020 - Modified Priority 1.1.1 to *By December 31st, 2020 committee will create a tentative schedule and tentative hosts trainings* & Priority 2.1.3, changed date to June 30, 2023. Approved by Healthier Hendry Glades Task Force members.
- ❖ October/November 2020 - Modifications to formatting and changes made based on central office feedback:
 - Added appendix for alignment.
 - Overall formatting changes.
 - Community Healthy Initiative Section:
 - Changed language from priority area to strategic area.
 - Revised goals based on central office feedback.
 - Strategic area two – split goal into two sections; updated data.
- ❖ November 2020 - HHGTF review and approved modifications.
- ❖ December 2020 – PMC Review and approved modifications.

Community Health Assessment

Hendry County Profile – Executive Summary

Below is a brief summary of select findings from the Hendry County Community Health Assessment (CHA). The full CHA and an Executive Summary can be found at:

<http://www.hpcswf.com/health-planning/health-planning-projects/>

Demographics:

- ❖ Residents of Hendry County make up 0.2% of Florida's total population.
- ❖ The county has a population density of about 34 persons per square mile compared to a state average of 392 persons per square mile.
- ❖ Males outnumber females in Hendry County (52.0% vs. 48.0%). Statewide the percentages are 49% male and 51% female.
- ❖ More than half of the population of Hendry County identifies as Hispanic (52% vs. 48% non-Hispanic). Statewide the percentages are 25% Hispanic and 75% non-Hispanic.

Socioeconomics:

- ❖ Residents living below poverty level: 25.5% Hendry County vs. 15.5% Florida.
- ❖ Children (ages 0-18) living below poverty level: 31.1% Hendry County vs. 22.3% Florida.
- ❖ Unemployment at 10.6% in Hendry County is significantly higher than the state at 6.3%.
- ❖ Residents aged 25 and older who are high school graduates or higher is 62.9% in Hendry County (2017). Statewide the percentage is 87.2%.

Health and Healthcare:

- ❖ Percent who smoke: 15.0% in Hendry County vs. 15.0% in Florida.
- ❖ Percent with limited access to health foods: 15.0% in Hendry County vs. 7.0% in Florida.
- ❖ Percent with diabetes: 15.9% in Hendry County vs. 11.8% in Florida.
- ❖ Percent obese: 33.0% in Hendry County vs. 27.0% in Florida.
- ❖ The most frequent causes of death in Hendry County are heart disease and cancer.
- ❖ Among the types of cancer, lung cancer causes the highest number of deaths in Hendry County.
- ❖ Community Leaders interviewed stated that the most pressing needs for Hendry and Glades Counties included: mental healthcare, nutrition services, diabetes-related services, and preventative care to reduce chronic diseases.
- ❖ In a community survey, members of the community stated that the most important health concerns for Hendry County were unmet mental health needs/mental health concerns, diabetes, obesity and addiction.

Community Health Assessment

Glades County Profile – Executive Summary

Below is a brief summary of select findings from the Glades County Community Health Assessment. The full document and an Executive Summary can be found at:

<http://www.hpcswf.com/health-planning/health-planning-projects/>

Demographics:

- ❖ Residents of Glades County make up 0.1% of Florida’s total population.
- ❖ The county has a population density of about 16.1 persons per square mile compared to a state average of 392 persons per square mile.
- ❖ Males outnumber females in Glades County (56% vs. 44%). Statewide the percentages are 49% male and 51% female.

Socioeconomics:

- ❖ Residents living below poverty level: 18% Glades County vs. 15.5% Florida.
- ❖ Children (ages 0-18) living below poverty level: 26.9% Glades County vs. 22.3% Florida.
- ❖ Unemployment at 4.0% in Glades County is slightly higher than the state at 3.6%.
- ❖ Residents aged 25 and older who are high school graduates or higher is 74.4% in Glades County (2017). Statewide the percentage is 87.2%.

Health and Healthcare:

- ❖ Percent who smoke: 21.0% in Glades County vs. 15.0% in Florida.
- ❖ Percent with diabetes: 21.9% in Glades County vs. 11.8% in Florida.
- ❖ Percent obese: 33.0% in Glades County vs. 27.0% in Florida.
- ❖ The most frequent causes of death in Glades County are heart disease and cancer.
- ❖ Among the types of cancer, lung cancer causes the highest number of deaths in Glades County.
- ❖ Glades County has been designated as a Health Professional Shortage Area for primary care.
- ❖ Glades County has been designated as a Health Professional Shortage Area for dental care for its low-income and migrant farmworker populations.
- ❖ Community Leaders interviewed stated that the most pressing needs for Hendry and Glades Counties included: mental healthcare, nutrition services, diabetes-related services, and preventative care to reduce chronic diseases.
- ❖ In a community survey, members of the community stated that the most important health concerns for Glade County included: unmet mental health needs/mental health concerns, diabetes, obesity and addiction.

The Community Health Improvement Plan

The mission of the Healthier Hendry Glades Task Force (HHTGF) as determined by its members is:

To improve the health of the people of Hendry and Glades Counties through partnership and collaborations.

The HHGTF uses information from the Community Health Assessment and other data sources to regularly review the health of the community and determine issues to address.

The Healthier Hendry Glades Task Force identified various health-related issues in the county through analysis of local Community Health Assessments for Hendry and Glades Counties. A number of health-related priorities were identified and deemed a potential focus for the groups Community Health Improvement Plan. The group leveraged their membership and partner strengths to determine which of the strategic areas to focus on. In a July 2019 HHGTF meeting, members reviewed CHA data and had a brainstorming and prioritization session where CHIP issues and themes were identified, and action steps were discussed. The criteria used when discussing, selecting, and prioritizing focus areas were as follows:

Need	Impact	Feasibility
<ul style="list-style-type: none">• Community Concern• Focus on equity and accessibility• Addresses health inequities• Urgency	<ul style="list-style-type: none">• Effectiveness• Measurable• Resolves gaps in current efforts	<ul style="list-style-type: none">• Stakeholder capacity• Economic Resources• Socio-cultural aspects• Alignment with partners' missions and goals

To keep the Community Health Improvement Plan (CHIP) realistic and manageable, the task force narrowed these issues down to two strategic areas for Hendry and Glades Counties: mental health and child safety. HHGTF members chose to eliminate nutrition and physical activity as a strategic area of focus due to lack of feasibility and stakeholder engagement, however, the health department included this in their internal strategic plan for both Hendry and Glades Counties.

The CHIP is structured to include overarching strategic areas, goals, measurable objectives, and strategies.

- The strategic areas are general categories of focus.
- The goals represent a desired outcome.
- The measurable objectives detail more specifically what the community hopes to achieve and includes responsible parties.
- The strategies detailed in the plan provide the specific steps for how the objectives will be approached to meet the overall goals.

The goal of the Community Health Improvement Plan (CHIP) is to not only outline health issues, future action steps, and strategies to improve the Health of Hendry/Glades Counties, but also to align with existing local, state, and national objectives, program, projects, and organizations. Efforts were made to align Hendry & Glades Counties with state by referring to the Florida State Health Improvement Plan (Appendix A). DOH Hendry/Glades also aligned their strategic issues with existing local programs and projects when possible.

Recommended Policy Changes: The Healthier Hendry Glades Task Force recommends all agencies that can aid in the areas of mental health/substance abuse list themselves with United Way 2-1-1.

Community Health Initiatives

Strategic Area 1: Mental Health

Alignment: State Health Improvement Plan: Priority 6 Goal BH1 Strategy BH1.2
State Strategic Plan: Priority 2: Long Healthy Life
Hendry and Glades Strategic Plan Strategy 2.1.2: Improve the mental health of residents.

Goal 1: Increase Awareness and Usage of Mental Health Resources

Objective	
1	By December 31, 2023, increase number of Mental Health First Aid trainings conducted in Hendry and Glades Counties from zero to three per year. <i>Strategy 1.1. By December 31st, 2020 committee will create a tentative schedule with tentative hosts.</i>
2	Through December 31, 2023 maintain attendance at community outreach events to educate members of the community about mental health at least once per quarter. <i>Strategy 2.1. Attend one community outreach event per quarter.</i> <i>Strategy 2.2. By June 30, 2020, create a unified marketing strategy that members of the task force use to educate the community about mental health at outreach events.</i>
3	By June 1, 2020, develop one resource guide for all mental health providers and services in Hendry and Glades Counties (Baseline: zero). <i>Strategy 3.1. Establish resource guide for mental health services.</i> <i>Strategy 3.2. By December 1, 2019, committee will create plan and schedule for distribution of resource guide.</i>
Community Co-Chairs: Michael Giebelhouse, Centerstone Lisa Sands, United Way	

Strategic Area 2: Child Safety

Alignment: State Health Improvement Plan: Priority 4 Goal ISV1 Strategy ISV1.2, 1.4
State Strategic Plan: Priority 2: Long Healthy Life
State of Florida Strategy 2.1.4: Improve the mental health of residents.

Goal 1: Reduce infant mortality and rate of hospitalizations, ED visits, and fatalities of children ages 0-19 for unintentional injuries.

Objective

1 By June 30, 2023, reduce the annual black infant mortality rate in Hendry County from 19.3 per 1,000 live births (2016-2018) to 9.65 per 1,000 live births and in Glades County from 40 per 1,000 live births (2016-2018) to 20 per 1,000 live births.

Strategy 1.1. By June 30, 2020, create unified message that members of the task force can use to educate the community about the importance of child safety, including safe sleep practices for infants.

Strategy 1.2. Between January 1, 2021 and June 30, 2023, maintain participation in at least one community outreach event per quarter to provide community education on child safety topics, including safe sleep practices for infants.

Strategy 1.3. By January 1, 2022 develop a plan to decrease childhood exposure to smoking and prenatal smoking.

Strategy 1.4. Between January 1, 2021 and June 30, 2023, increase community education on available home visiting services from 4 presentations annually to 6 presentations annually (via presentations, outreach, and community wide meetings).

2 By June 30, 2023, reduce the rate of *non-fatal unintentional injury hospitalizations* of children ages 0-19 in Hendry County from 390.0 per 100,000 to 347.6 per 100,00 and in Glades County from 348.4 per 100,00 to 304.9 per 100,00, and the rate of *non-fatal unintentional injury emergency department visits* of children ages 0-19 in Hendry County from 11,870.4 per 100,000 to 10,683.4 per 100,000 and in Glades County from 6,881.5 per 100,000 to 6,184.7 per 100,000; Reduce the rate of *fatal unintentional injuries* of children ages 0-19 in Hendry County from 8.5 per 100,000 to 0.0 per 100,000 and in Glades County from 130.7 per 100,000 to 87.1 per 100,000.

Strategy 2.1. By June 30, 2020, create unified message that members of the task force can use to educate the community about the importance of child safety.

Strategy 2.2. Between January 1, 2021 and June 30, 2023, maintain participation in at least one community outreach event per quarter to provide community education on child safety topics (child passenger safety, ATV, safe sleep, poison, and drowning, etc.).

Community Co-Chairs: Sally Kreischer, Golisano Children's Hospital
Traci Thomas, Florida Community Health Centers

Goal 2: Increase awareness of childhood trauma.

Objective

1 By June 30, 2023 increase number of community-wide trainings on Adverse Childhood Experiences (ACEs) from one to three annually.

Strategy 1.1. By June 2021, establish annual calendar of ACEs trainings and develop flyer.

Strategy 1.2. Distribute training flyer to community via PIO, United Way Family Services Network distribution group, Healthier Hendry/Glades Task Force distribution group, and at community outreach events.

Strategy 1.3. Between January 1, 2021 and June 30, 2023 provide information on childhood trauma and ACEs training flyer during a minimum of one community outreach event per quarter.

Community Co-Chairs: Sally Kreuzscher, Golisano Children’s Hospital
Traci Thomas, Florida Community Health Centers

Using the Plan and Next Steps

This Community Health Improvement Plan is intended to be a starting point, a beginning that will lead to a healthier community for future generations. The next step in the process is to transform planning into action. The Healthier Hendry/Glades Task Force has already been working on specific programs to implement the strategies contained in the plan and improvements will soon follow. The Hendry and Glades Counties Health Departments will continue to organize this community collaboration, as well as monitor and report back on the progress of initiatives and successes that this Community Health Improvement Plan will achieve.

The Hendry and Glades Counties Health Departments are dedicated to improving the health of community residents and will focus its efforts on collaborating with strategic partners as they work to achieve impacts in health outcomes.

For more information to get involved in the community health improvement activities, please contact:

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Appendix A: State and National Alignment

STRATEGIC AREA 1: Mental Health					
Hendry County CHIP	DOH – Hendry Strategic Plan	Florida SHIP	Agency Strategic Plan	Healthy People 2020	Healthy People 2030
Objective 1: By December 31, 2023, increase number of Mental Health First Aid trainings conducted in Hendry and Glades Counties from zero to three per year.	Strategy 1.1.2 Strategy 2.1.2	BH1.2	N/A	MHMD-1 MHMD-2 MHMD-6 MHMD-9	MHMD AH-D02 EMC-04 EMC-D04 EMC-D05 LGBT-06 LGBT-D02 DH-01 DH-02
Objective 2: Through December 31, 2023 maintain attendance at community outreach events to educate members of the community about mental health at least once per quarter.	Strategy 1.1.2 Strategy 2.1.2	BH1	N/A	MHMD	MHMD AH-D02 EMC-04 EMC-D04 EMC-D05 LGBT-06 LGBT-D02 DH-01 DH-02
Objective 3: By June 1, 2020, develop one resource guide for all mental health providers and services in Hendry and Glades Counties (Baseline: zero).	Strategy 1.1.2 Strategy 2.1.2	BH1	Strategy 3.1.7 Strategy 3.1.8	MHMD EMC-1 EMC-2	MHMD AH-D02 EMC-04 EMC-D04 EMC-D05 LGBT-06 LGBT-D02 DH-01 DH-02

STRATEGIC AREA 2: Child Safety

Hendry County CHIP	DOH – Hendry Strategic Plan	Florida SHIP	Agency Strategic Plan	Healthy People 2020	Healthy People 2030
Goal 1, Objective 1: By June 30, 2023, reduce the annual black infant mortality rate in Hendry County from 19.3 per 1,000 live births (2016-2018) to 9.65 per 1,000 live births and in Glades County from 40 per 1,000 live births (2016-2018) to 20 per 1,000 live births.	Strategy 1.1.1	MCH1 MCH2	Strategy 1.1.1 Strategy 3.1.4 Strategy 3.1.6	MICH-1 MICH-10 MICH-11 MICH-13 MICH-14 MICH-16 MICH-20 MICH-21	MICH
Goal 1, Objective 2: By June 30, 2023, reduce the rate of <i>non-fatal unintentional injury hospitalizations</i> of children ages 0-19 in Hendry County from <u>390.0 per 100,000</u> to <u>347.6 per 100,00</u> and in Glades County from <u>348.4 per 100,00</u> to <u>304.9 per 100,00</u> , and the rate of <i>non-fatal unintentional emergency department visits</i> of children ages 0-19 in Hendry County from <u>11,870.4 per 100,000</u> to <u>10,683.4 per 100,000</u> and in Glades County from <u>6,881.5 per 100,000</u> to <u>6,184.7 per 100,000</u> ; Reduce the rate of <i>fatal unintentional injuries</i> of children ages 0-19 in Hendry County from <u>8.5 per 100,000</u> to <u>0.0 per 100,000</u> and in Glades County from <u>130.7 per 100,000</u> to <u>87.1 per 100,000</u> .	Strategy 1.1.2	MCH1 ISV1	Strategy 2.1.4	SA-1 SA-2 MICH-3 MICH-4	IVP-01 IVP-03 MICH-03 MPS-01 MHMD-02 MICH-14 MICH-D03
Goal 2, Objective 1: By June 30, 2023 increase number of community-wide trainings on Adverse Childhood Experiences (ACEs) from one to three annually.	Strategy 2.1.3	BH1	N/A	AH IVP-33 IVP-42 SDOH-5	AH-D01 AH-D02 EMC-01 EMC-D07 SDOH-05 IVP-D03