



Florida Department of Health in Seminole County

COMMUNITY HEALTH IMPROVEMENT PLAN ANNUAL PROGRESS REPORT

2020

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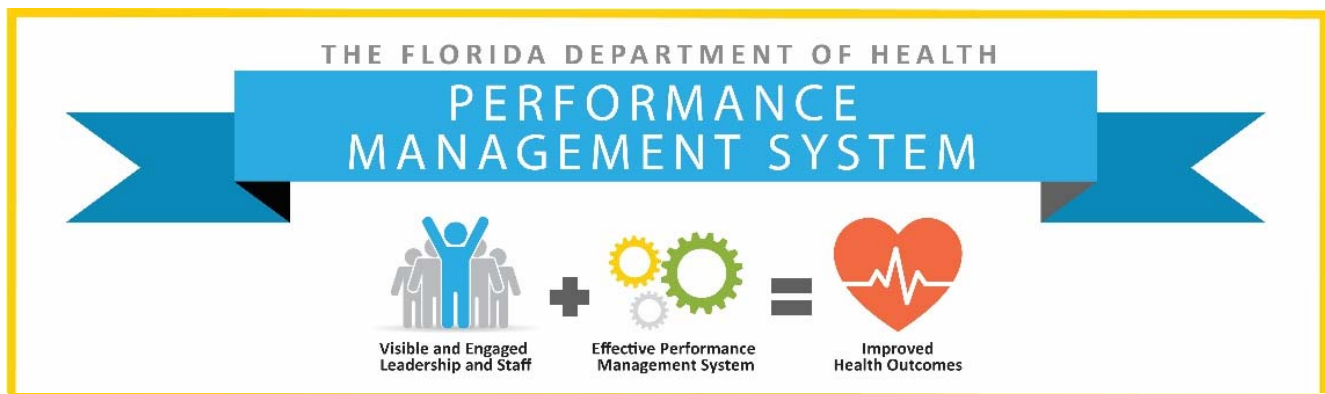
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Executive Summary

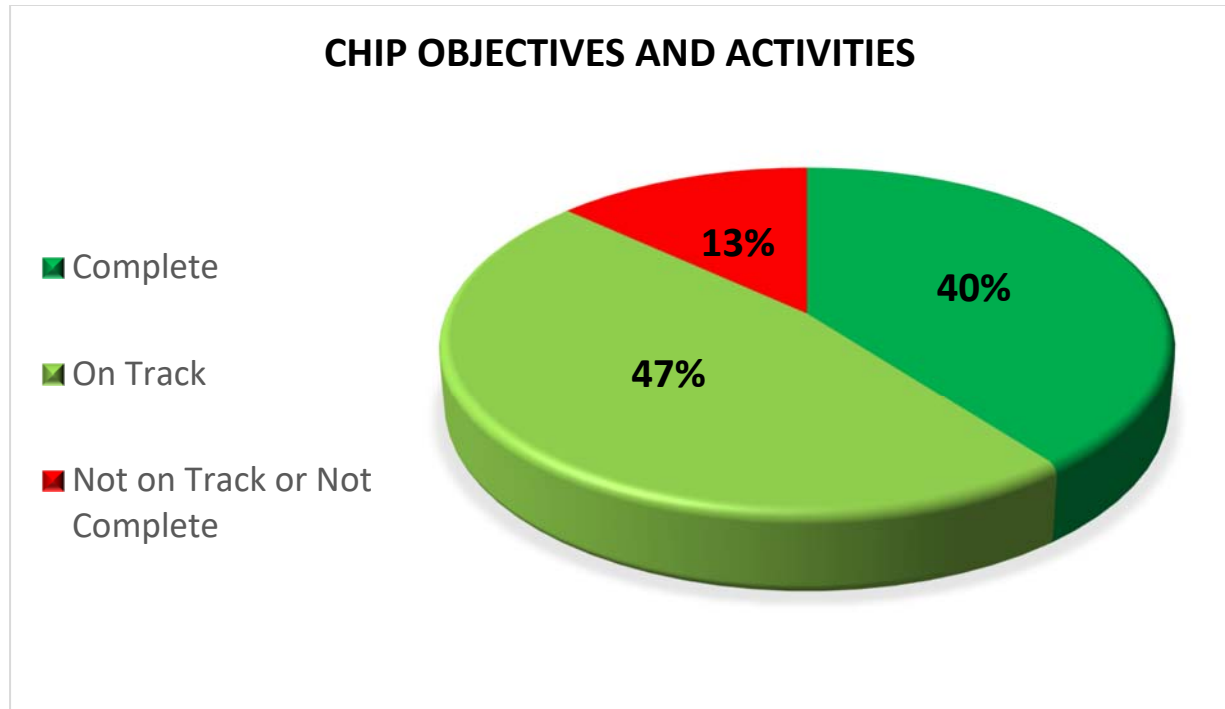
Public Health Accreditation Board (PHAB) 5.2.4.A: The health department must monitor, and revise as needed, the strategies in the community health improvement plan in collaboration with broad participation from stakeholders and partners.

This Community Health Improvement Plan (CHIP) Annual Progress Report provides a unified vision and framework for action for the Seminole County Residents. It serves as the roadmap to protect, promote and improve the health of Floridians in Seminole County. As part of the performance management system, the CHIP review cycle takes place all year round with quarterly reviews and evaluations on the status of strategic priorities, goals, objectives and activities. Progress towards achieving goals and objectives is continuously monitored by the Healthy Seminole Collaborative members through their established subcommittees and the Florida Department of Health (DOH-Seminole) Performance Management (PM) Council. In addition, multiple partners from various community organizations participate in the review and finalization of the Annual Progress Report.

To ensure the CHIP is routinely monitored, every quarter DOH-Seminole hosts a Healthy Seminole Collaborative meeting to provide an opportunity for subcommittees to provide updates on progress made towards accomplishment of assigned objectives and activities. Each subcommittee has two co-chairs who lead the subcommittees and two DOH-Seminole liaisons who provide support to the co-chairs. Progress is captured on the Activities Tracking Progress Report excel spreadsheet which is available to all Health Seminole Collaborative members.



By the end of 2020, 38% of combined CHIP objectives and activities (n=53) were completed, 49% were on track, 11% required a decision to be made and 2% were not on track or not completed as depicted in the pie chart below. The Healthy Seminole community improvement planning efforts have resulted in several important accomplishments in each of the three priority areas (see 2020 Accomplishments). These accomplishments have improved public health in Seminole County as well as enhanced collaboration among community partners.



2020 Accomplishments

Through the dedicated work of community partners, the Healthy Seminole Collaborative was able to achieve great outcomes in the past year despite challenges encountered due to the COVID-19 pandemic. One major accomplishment was Seminole County's improvement in the County Health Rankings from the Robert Wood Johnson Foundation. In 2019, Seminole County ranked 4th in both Health Factors and Health Outcomes. In 2020, Seminole County is ranked 3rd out of 67 counties in Florida for Health Outcomes and 2nd for Health Factors. Published online at countyhealthrankings.org, the Robert Wood Johnson county health rankings help counties understand what influences the health and longevity of residents. The rankings look at a variety of measures that affect the future health of communities, such as high school graduation rates, access to healthy foods, rates of smoking, obesity and teen births.

The diagrams below highlights accomplishments per priority:

PRIORITY 1

Health Equity

- Health Equity Advisory Board established with 18 diverse organizations and will continue recruitment of strategic partners to support progress on Health Equity established goal.
- Priority populations based on race, gender and ethnicity disparities were identified (Black, Male, Hispanic)
- Chronic conditions were identified (Cardiac, Respiratory, Diabetes, Cancer and Infant Mortality- included as a chronic condition in the community)
- Number of referrals to selected Federally Qualified Healthcare Center exceeded

PRIORITY 2

Behavioral Health - Includes Mental Health and Substance Abuse

- Aunt Bertha system was identified as the comprehensive listing of community mental health and substance abuse services with capacity to accept new clients, delineating services that offer low cost or free mental health and substance abuse services.
- Taskforce to collaborate in outreach activities which promote consistent and collaborative propagation of mental health and substance abuse services available in Seminole County was established
- The Youth Leadership Council (YLC) to Combat Opioids was established.
- Suicide rate among young adults ages 19-21 years was 0 in 2019.
- Funding to provide Youth Mental Health First Aid trainings were obtained.

PRIORITY 3

Healthy Weight, Nutrition and Physical Activity

- CHIC program is ongoing and food vouchers have been provided.
- Information about School Markets at Seminole County Public Schools was shared and is under consideration once COVID-19 pandemic safety regulations allows it.

2020 Progress and 2021 Revisions

PHAB 5.2.4.A.1: Report on progress made in implementing strategies in the community health improvement plan

Priority 1: HEALTH EQUITY

Goal HE 1: Improve access to care for identified Seminole County residents who are less likely to receive quality and affordable services.

Strategy HE 1.1: Provide culturally and linguistically relevant health education and service awareness to Seminole County adults who are at high risk for developing chronic diseases and have limited access to appropriate health information and health services navigation.

Organization(s) Responsible: DOH-Seminole and City of Oviedo

2020 Performance							
Activity Number	Objective	Baseline	Performance	Target Value	Target Date	Trend ¹	Status ²
HE 1.1.1	Increase the number of Health Equity Advisory Board (HEAB) hosted community health events for each specific disparate population from one in 2019 to three every year, beginning in 2020.	1 in 2019	Due to the COVID-19 pandemic, no in person events have been performed.	3 every year	June 30, 2023	N/A	On Track
2021 Revisions							
N/A	N/A	N/A		N/A	N/A		
Rationale							
N/A							

¹ & ²: See Trend and Status Descriptions on last page.

Progress in 2020

PHAB 5.3.3.A.1: Progress is evidenced by completing defined steps to reach a target, by completing objectives, or by addressing priorities and implementing activities.

In 2020, progress on this objective was delayed due to the COVID-19 pandemic. However, the Health Equity Advisory Board (HEAB) members made progress on established activities as described in the table below.

Activity HE 1.1.1.1: By July 31, 2020, the Healthy Seminole Health Equity Subcommittee will reestablish an inclusive membership of stakeholders from six in 2019 to at least ten community partner organizations for the Health Equity Advisory Board (HEAB).	Completed
Progress Made: The HEAB membership is now comprised of 18 organizations including city and county government leaders, healthcare providers, educational professionals and other community service providers.	
Activity HE 1.1.1.2: By August 31, 2020, the HEAB will identify at least three disparate groups (Men, Racial/Ethnic, Age, LGBTQ+, etc.) as the target populations for the community health events.	Completed

Progress Made: Three priority populations (<i>Male, Hispanic</i> and <i>Black</i>) were identified to address gender, ethnicity and race disparities respectively.	
Activity HE 1.1.1.3: By July 31, 2021, the HEAB will identify Culturally and Linguistically Appropriate Services (CLAS) providers to participate and resources to distribute at the community health events.	On Track
Progress Made: Progress toward completion of this activity has been delayed due to the COVID-19 pandemic. However, a Cultural Competency training, provided by DOH-Seminole's Office of Health Promotion and Education, was presented at the November's HEAB meeting. The training aims to start a conversation around cultural competency and provides attendees with additional tools (trainings, assessments, etc.) for further learning and understanding. Members are currently tasked to identify organizations that provide services that are in alignment with identified priority populations and chronic diseases. In addition, a survey was sent to identify current HEAB members who are CLAS providers. Survey results are anticipated to be available by first quarter of 2021.	
Activity HE 1.1.1.4: By July 31, 2020, the HEAB will identify a minimum of five chronic health conditions impacting the three identified disparate groups.	Completed
Progress Made: Five chronic diseases (<i>Cardiac, Respiratory, Diabetes, Cancer</i> and <i>Infant Mortality</i> , included as a chronic condition in the community) affecting identified priority populations were selected.	
Activity HE 1.1.1.5: By June 30, 2023, the HEAB will conduct population specific surveys at each of the community health events to determine actual barriers to access to care.	On Track
Progress Made: Progress on this activity was delayed due to the COVID-19 pandemic and limited ability to host community health events.	

How Targets Were Monitored

PHAB 5.3.3.A.1: [The annual reports must include how the targets are monitored.](#)

The number of Health Equity Advisory Board (HEAB) hosted community health events, for each specific disparate population, and related activities are monitored through a tracking tool which identifies and provides a summary of topics discussed during HEAB meetings.

Priority 1: HEALTH EQUITY

Goal HE 1: Improve access to care for identified Seminole County residents who are less likely to receive quality and affordable services.

Strategy HE 1.1: Provide culturally and linguistically relevant health education and service awareness to Seminole County adults who are at high risk for developing chronic diseases and have limited access to appropriate health information and health services navigation.

Organization(s) Responsible: DOH-Seminole and City of Oviedo

2020 Performance							
Activity Number	Objective	Baseline	Performance	Target Value	Target Date	Trend ¹	Status ²
HE 1.1.2	Increase the number of referrals to True Health, the Federally Qualified Health Center (FQHC) in Seminole County from 1,590 in 2019 to 2,000 by December 31, 2021.	1,590 in 2019	2908 (Jan1 – Nov 24)	2,000	December 31, 2021	▲	Completed
2021 Revisions							
N/A	N/A	N/A		N/A	N/A		
Rationale							
N/A							

¹ & ²: See Trend and Status Descriptions on last page.

Progress in 2020

PHAB 5.3.3.A.1: Progress is evidenced by completing defined steps to reach a target, by completing objectives, or by addressing priorities and implementing activities.

To accomplish the objective, HEAB members established the following activities:

Activity HE 1.1.2.1: By December 31, 2020, True Health will conduct a presentation to HEAB to provide information regarding the referral process to connect disparate groups to the services they need.	Completed
Progress Made: Presentation was conducted virtually on November 12 th , 2020	
Activity HE 1.1.2.2: By December 31, 2021, the HEAB will distribute information regarding True Health services at three community events targeting disparate groups.	Completed
Progress Made: Although in person community events were limited during COVID-19 pandemic, activities surrounding the COVID-19 pandemic response afforded the opportunity to reach targeted populations virtually and share health information regarding True Health services.	
Activity HE 1.1.2.3: By December 31, 2021, the HEAB will identify at least three additional CLAS community providers, specific to the chronic health conditions identified, to present their referral process to HEAB.	On Track
Progress Made: The HEAB continues to seek CLAS community providers, specific to the chronic health conditions identified, to present their referral process to HEAB.	

How Targets Were Monitored

PHAB 5.3.3.A.1: The annual reports must include how the targets are monitored.

The number of referrals to True Health, the Federally Qualified Health Center (FQHC) in Seminole County was measured and provided by a HEAB member representing True Health. Additional information is monitored and captured utilizing a tracking tool which provides a summary of topics discussed during HEAB meetings.

Priority 1: HEALTH EQUITY

Goal HE 1: Improve access to care for identified Seminole County residents who are less likely to receive quality and affordable services.

Strategy HE 1.1: Provide culturally and linguistically relevant health education and service awareness to Seminole County adults who are at high risk for developing chronic diseases and have limited access to appropriate health information and health services navigation.

Organization(s) Responsible: DOH-Seminole and City of Oviedo

2020 Performance							
Activity Number	Objective	Baseline	Performance	Target Value	Target Date	Trend ¹	Status ²
HE 1.1.3	Increase the percentage of Seminole County Hispanic adults who have a personal doctor from 46.6% in 2016 to 55% by December 31, 2023.	46.6% in 2016	New data not available at time report was completed.	55% in 2023	December 31, 2023.	N/A	On Track
2021 Revisions							
N/A	Increase the percentage of Seminole County Hispanic adults who have a personal doctor from 46.6% in 2016 to 55% by June 30, 2023.	N/A		N/A	June 30, 2023		
Rationale							
Target date adjustment to match Plan effective period (July 1, 2020 – June 30, 2023)							

¹ & ²: See Trend and Status Descriptions on last page.

Progress in 2020

PHAB 5.3.3.A.1: Progress is evidenced by completing defined steps to reach a target, by completing objectives, or by addressing priorities and implementing activities.

In 2020, progress on this objective was delayed due to the COVID-19 pandemic. However, the Health Equity Advisory Board (HEAB) members made progress on established activities as described in the table below.

Activity HE 1.1.3.1: By July 31, 2020, the Healthy Seminole Health Equity Subcommittee will reestablish an inclusive membership of stakeholders from six in 2019 to at least ten community partner organizations for the Health Equity Advisory Board (HEAB).	Completed
Progress Made: Same as progress reported in Activity HE 1.1.1.1.	

Activity HE 1.1.3.2: By December 31, 2021, the HEAB will seek a Healthcare Navigation representative to join HEAB.	On Track
Progress Made: HEAB members are currently recruiting Health Navigators, Community Health Workers, Health Workers, etc. to join the Board.	
Activity HE 1.1.3.3: By December 31, 2020, the HEAB will create a Service Inventory to support knowledge and education for access navigation that will be used by all Healthy Seminole members to refer clients with clinical and non-clinical needs to the most appropriate service provider in Seminole County.	Completed
Progress Made: Existing platforms such as Aunt BERTHA, CareDove, 211, were reviewed and found to meet the needs of the community.	

How Targets Were Monitored

PHAB 5.3.3.A.1: [The annual reports must include how the targets are monitored.](#)

The percentage of Seminole County Hispanic adults who have a personal doctor is monitored annually through the Florida Community Health Assessment Resource Tool Set (CHARTS). Additional information is monitored and captured utilizing a tracking tool which provides a summary of topics discussed during HEAB meetings.

ADDITIONAL ACTIVITIES ACCOMPLISHED IN HEALTH EQUITY

HEAB members are committed to support the goal to improve access to care for identified Seminole County residents who are less likely to receive quality and affordable services. Additional activities conducted in partnership with different organizations are listed below:

- ✓ **Addressing Male Population** - On Sunday, January 12th, Alicia Burke, Health Educator and Congregational Wellness Coordinator, attended New Bethel AME Church in Sanford for their annual Men's Day Celebration. The theme was "Faith in the Messiah is the basis of membership in God's new Kingdom". Information on community workshops and health resources including Diabetes Prevention and Self-Management Education Programs were presented to the program attendees. Additionally, the health resource table in the fellowship hall of the church was set up with Men's Health resources and other services offered by DOH-Seminole was shared with the congregation.
- ✓ **Addressing Respiratory diseases (COVID-19)** - Seminole County Emergency Management and the Florida Department of Health in Seminole County in partnership with True Health began hosting *Pop-Up Community Test Sites* for COVID-19 on Tuesday, April 21st. The *Apostolic Church-Jesus Christ* was the first location to provide the tests from 10am through 2pm with a total of 239 tests given.
- ✓ **Addressing Cultural Competency related to Cancer Disease** - The Health Council of East Central Florida in partnership with The East Central Cancer Control Collaborative released its annual Cultural Competency Report in relation to their three cancer priorities (Cervix (HPV), Lung, and Colorectum). Identified disparities – populations at risk for Seminole county where found for two of their cancer priorities: Black men and women as well as Hispanic men and women for colorectum cancer and Hispanic women for lung cancer.
- ✓ **Addressing Cardiac diseases** - On Saturday, February 8th, for the *Pink Goes Red for Heart Health* event here at the health department from 12:30 p.m. – 3:30 p.m. This free event is hosted

by Alpha Kappa Alpha Sorority, Incorporated- Kappa Sigma Omega Chapter of Sanford and community partners

- ✓ **Addressing Respiratory disease (COVID-19) to Hispanic population-** Starting Saturday, May 9th, 2020 a series of Pop-up test sites at Seminole County churches on Saturdays available to Hispanic communities which are experiencing a disparate number of COVID-19 cases in Seminole County, and others who visit the sites. These test sites are made possible through collaboration with The American Muslim Clinic, Bueno Pharmacy and Seminole County Government.



Depicted above: Staff and Volunteers from The American Muslim Clinic, Bueno Pharmacy, DOH-Seminole and Seminole County Government at a COVID-19 Pop-up Community Testing Site at Iglesia Presbiteriana El Redentor in the City of Oviedo.

- ✓ **Addressing Respiratory disease (COVID-19) Community partners at COVID-19 pop-up testing** at Rockhill Missionary Baptist Church in Jamestown Community of Oviedo targeting the black community. Rockhill Missionary Baptist is a partnering church with the Seminole Congregational Wellness Program.



Depicted above (from left to right): Venise White – DOH-Seminole, Larry Owens -True Health and Ben Williams - City of Oviedo at COVID-19 pop-up testing at Rockhill Missionary Baptist Church in the Jamestown Community of Oviedo.

Priority 2: BEHAVIORAL HEALTH – INCLUDES MENTAL ILLNESS AND SUBSTANCE ABUSE

Goal BH 1 Promote mental and emotional well-being for all Seminole County residents.

Strategy BH 1.1: Improve community awareness and engagement in mental health and substance abuse services.

Lead: DOH-Seminole and Central Florida Cares

2020 Performance							
Objective Number	Objective	Baseline	Performance	Target Value	Target Date	Trend ¹	Status ²
BH 1.1.1	By December 31, 2023, the number of Seminole County adults who self-report having frequent mental distress will decrease from 11.3% to 10%.	11.3%	New data not available at time report was completed.	10%	December 31, 2023	N/A	On Track
2021 Revisions							
N/A	By June 30, 2023, the percent of Seminole County adults who had poor mental health on 14 or more of the past 30 days will decrease from 7.2% in 2016 to 5.9%.	7.2% in 2016		5.9%	June 30, 2023		
Rationale							
Correction was made to baseline to align with updated data from the data source. Target date was adjusted to match Plan effective period (July 1, 2020 – June 30, 2023).							

^{1 & 2:} See Trend and Status Descriptions on last page.

Progress in 2020

PHAB 5.3.3.A.1: Progress is evidenced by completing defined steps to reach a target, by completing objectives, or by addressing priorities and implementing activities.

In 2020, progress on this objective was delayed due to the COVID-19 pandemic. However, the Healthy Seminole Behavioral Health subcommittee was able to make progress as indicated in the table below.

Activity BH 1.1.1.1: By September 30, 2020, the Healthy Seminole Behavioral Health subcommittee members will gather and analyze all known and available community resource guides to compile a comprehensive listing of community mental health and substance abuse services with capacity to accept new clients, delineating services that offer low cost or free mental health and substance abuse services.	Completed
Progress Made: Existing platforms such as Aunt BERTHA, CareDove, 211, were reviewed and found to meet the needs of the community.	
Activity BH 1.1.1.2: By December 31, 2020, the Healthy Seminole Behavioral Health subcommittee will convene a Task Force comprised of community services providers who provide outreach services in Seminole County to collaborate on outreach activities which promote consistent and collaborative propagation of mental health and substance abuse services available in Seminole County.	Completed

Progress Made: The Healthy Seminole Collaborative Behavioral Health Subcommittee will serve as the Task Force. Additional members have been recruited to increase capacity.	
Activity BH 1.1.1.3: By April 30, 2021, the Healthy Seminole Behavioral Health subcommittee - Task Force will create a messaging charter to use during outreach activities which promote consistent and 2020-2023 Community Health Improvement Plan - Seminole County 16 collaborative propagation of mental health and substance abuse services available in Seminole County.	On Track
Progress Made: On target for completion by the target date.	

How Targets Were Monitored

PHAB 5.3.3.A.1: The annual reports must include how the targets are monitored.

The number of Seminole County adults who self-report having frequent mental distress is monitored annually through the Florida Community Health Assessment Resource Tool Set (CHARTS). Additional information is monitored and captured utilizing a tracking tool which provides a summary of topics discussed during Healthy Seminole Collaborative and Behavioral Health subcommittee meetings.

Priority 2: BEHAVIORAL HEALTH – INCLUDES MENTAL ILLNESS AND SUBSTANCE ABUSE

Goal BH 1 Promote mental and emotional well-being for all Seminole County residents.

Strategy BH 1.1: Improve community awareness and engagement in mental health and substance abuse services.

Lead: Seminole County Sheriff's Office and Advent Health

2020 Performance							
Objective Number	Objective	Baseline	Performance	Target Value	Target Date	Trend ¹	Status ²
BH 1.1.2	By December 31, 2023, the number of deaths due to opioid use in Seminole County will decrease from 81 in 2019 to 75.	81 in 2019	103 in 2020	75	December 31, 2023	▲	Not on Track
2021 Revisions							
N/A	By June 30, 2023, the number of deaths due to opioid use in Seminole County will decrease from 83 in 2019 to 75.	83 in 2019		N/A	June 30, 2023		
Rationale							
Target date adjustment to match Plan effective period (July 1, 2020 – June 30, 2023) and baseline data adjustment per updated Seminole County Overdose Report.							

¹ & ²: See Trend and Status Descriptions on last page.

Progress in 2020

PHAB 5.3.3.A.1: Progress is evidenced by completing defined steps to reach a target, by completing objectives, or by addressing priorities and implementing activities.

In 2020, progress on this objective was delayed due to the COVID-19 pandemic. However, the Healthy Seminole Behavioral Health subcommittee was able to make progress as indicated in the table below.

Activity BH 1.1.2.1: By June 30, 2020, the Healthy Seminole Behavioral Health subcommittee will identify the baseline for the number of deaths due to opioid use in 2019.	Completed
Progress Made: Per monthly Seminole County Overdose Reports produced by the Special Investigations Unit at the Seminole County Sheriff's Office there were 83 opioid related overdose deaths in Seminole County in 2019.	
Activity BH 1.1.2.2: By December 31, 2020, AdventHealth and the Seminole County Sheriff's Office (SCSO), in partnership, will open the Hope and Healing Center, a substance abuse facility, in Seminole County.	Completed
Progress Made: As of Tuesday, February 2, 2021, the Intensive Outpatient Program (IOP) was opened.	
Activity BH 1.1.2.3: By August 31, 2020, a Youth Council will be created which will address mental health and substance abuse prevention services for youth	Completed
<div data-bbox="147 632 483 1081">  </div> <div data-bbox="483 632 1133 1081"> Progress Made: Youth Leadership Council (YLC) to combat opioid use was led by No Limit Health Education organization. The YLC's priority population is high school age students. The YLC is working to create a social media campaign, including a video, planning a virtual conference and presenting to the Sheriff's Office on combatting opioid use within the youth population. The Council will meet once a month, starting December 8, 2020 from 6:00 PM-7:30 PM. Volunteers from the Behavioral Health subcommittee will serve as advisory council for the youth. </div> <div data-bbox="1133 632 1479 1081">  </div>	
Activity BH 1.1.2.4: By June 30, 2023, the Seminole County Sheriff's Office, in partnership with community providers and the judicial system, will initiate a voluntary opioid diversion program as an alternative to incarceration.	On Track
Progress Made: An initial meeting with all involved partners, including the Seminole County Sheriff's Office and the judiciary, was held on March 12, 2020. Follow up meetings were stalled due to the COVID-19 pandemic.	

How Targets Were Monitored

PHAB 5.3.3.A.1: The annual reports must include how the targets are monitored.

The number of deaths due to opioid use in Seminole County was monitored through the monthly Seminole County Overdose Report produced by the Special Investigations Unit at the Seminole County Sheriff's Office. Additional information is monitored and captured utilizing a tracking tool which provides a summary of topics discussed during Healthy Seminole Collaborative and Behavioral Health subcommittee meetings.

Priority 2: BEHAVIORAL HEALTH – INCLUDES MENTAL ILLNESS AND SUBSTANCE ABUSE

Goal BH 1 Promote mental and emotional well-being for all Seminole County residents.

Strategy BH 1.1: Improve community awareness and engagement in mental health and substance abuse services.

Lead: DOH-Seminole and Central Florida Cares

2020 Performance							
Objective Number	Objective	Baseline	Performance	Target Value	Target Date	Trend ¹	Status ²
BH 1.1.3	The suicide rate for young adults ages 19-21 years will decrease from 24.0 to 15.0 by 2023.	24	0 per 100,000 in 2019	15		▼	Completed
2021 Revisions							
N/A	The suicide rate for young adults ages 19-21 years will decrease from 24 per 100,000 population in 2017 to 15 in 2023	24 per 100,000 population		N/A	June 30, 2023		
Rationale							
Baseline updated to more accurately reflect the metric.							

¹ & ²: See Trend and Status Descriptions on last page.

Progress in 2020

PHAB 5.3.3.A.1: Progress is evidenced by completing defined steps to reach a target, by completing objectives, or by addressing priorities and implementing activities.

In 2020, progress on this objective was delayed due to the COVID-19 pandemic. However, the Healthy Seminole Behavioral Health subcommittee was able to make progress as indicated in the table below.

Activity BH 1.1.3.1: Mobile Crisis Response (MCR) services will be available to uninsured and underinsured Seminole County residents who are experiencing mental distress and need immediate intervention services.	Completed
Progress Made: MCR services are available through several community behavioral health providers including Devereux and Aspire. Additionally, individuals in crisis can request assistance through the Heart of Florida United Way's 2-1-1 service.	
Activity BH 1.1.3.2: By July 31, 2021, funding for Youth Mental Health First Aid will be sought through grant opportunities which enable Seminole County behavioral health providers to receive free mental health first aid training.	Completed
Progress Made: Embrace Families received grant for Youth Mental Health First Aid.	
Activity BH 1.1.3.3: By December 15, 2023, Mental Health First Aide training will be offered to at least three community provider organizations who serve youth between the ages of 19-21 years.	Completed

Progress Made: Embrace Families is providing six virtual training sessions in 2021. The free, virtual training is designed to teach adults who regularly interact with young people (12-18) how to help those dealing with a mental health or addictions challenge or assist a youth in crisis. Attendees will receive a 3-year certification in Youth Mental Health First Aid.

How Targets Were Monitored

PHAB 5.3.3.A.1: [The annual reports must include how the targets are monitored.](#)

The suicide rate for young adults ages 19-21 years is monitored through the Florida Community Health Assessment Resource Tool Set (CHARTS). Additional information is monitored and captured utilizing a tracking tool which provides a summary of topics discussed during Healthy Seminole Collaborative and Behavioral Health subcommittee meetings.

ADDITIONAL ACTIVITIES ACCOMPLISHED IN BEHAVIORAL HEALTH

The Behavioral Health subcommittee members are committed to supporting the goal of promoting mental and emotional well-being for all Seminole County residents. Additional activities conducted in partnership with different organizations are listed below:

- ✓ DOH-Seminole, in partnership with the Seminole County Sheriff's Office (SCSO) and AdventHealth, was awarded a \$500,000 Implementing Overdose Prevention Strategies at the Local Level (IOPSLL) grant to combat the overdose epidemic in Seminole County. Over the course of the next eighteen months, DOH-Seminole's Community Integrated Mobile Health Services (CIMHS) team will work in partnership with the SCSO and AdventHealth to provide community paramedicine and substance abuse therapy overlay services to augment SCSO's Seminole Collaborative Opioid Response Effort (SCORE) services.
- ✓ Yoga 4 Change, Virtual Yoga and Meditation Classes from AdventHealth are offered on Mondays from 10-11 to bring accessible yoga and meditation to individuals in recovery, individuals who are incarcerated, military veterans, and youth.
- ✓ True Health expanded the use of telehealth to include behavioral health.

C

2020 Performance							
Objective Number	Objective	Baseline	Performance	Target Value	Target Date	Trend ¹	Status ²
HW 1.1.1	By December 31, 2023, participants enrolled in the Community Health Impact Council (CHIC) project at Advent Health Altamonte Springs, in partnership with Second Harvest Food Bank, will show a decrease in Hemoglobin A1c levels in 25 people, or 20% of total enrolled participants. Baseline value of 0 in 2019.	New Project	Due to the ongoing nature of the program, data will not be available until late 2022.	20% of total enrolled participants showed a decrease in Hemoglobin A1c levels	12/31/2023		On Track
2021 Revisions							
N/A	By December 31, 2023, participants Food Healthy Box Program (FHBP) at Advent Health Altamonte Springs, in partnership with Second Harvest Food Bank, will show a decrease in Hemoglobin A1c levels in 25 people, or 20% of total enrolled participants. Baseline value of 0 in 2019	N/A		N/A	6/30/2023		
Rationale							
Target date adjusted to align with the Plan effective period (July 1, 2020 – June 30, 2023) and program name update.							

¹ & ²: See Trend and Status Descriptions on last page.

Progress in 2020

PHAB 5.3.3.A.1: Progress is evidenced by completing defined steps to reach a target, by completing objectives, or by addressing priorities and implementing activities.

In 2020, due to the COVID-19 pandemic, client enrollment has been affected. As of December 2020, six clients enrolled in the CHIC program. However, the Healthy Seminole Healthy Weight, Nutrition and Physical Activity (HWNPA) subcommittee was able to make progress as indicated in the table below.

Activity HW 1.1.1.1: Advent Health will identify patients with poorly controlled diabetes, frequent ER visits and food insecurity for participation in the HFBP program (ongoing through June 30, 2023).	On Track
Progress Made: Clinical teams at AdventHealth recruit patients based on defined clinical criteria. A voucher is provided to all HFBP patients along with Second Harvest Food Bank's contact information. The voucher allows the participant to go to a Second Harvest Food Bank pantry to pick up a food box.	
Activity HW 1.1.1.2: 100% of HFBP program participants will receive a voucher for a healthy food box and fresh produce (ongoing through June 30, 2023).	Completed

Progress Made: Every enrolled HFBP participant is immediately provided with a voucher to pick up food box.	
Activity HW 1.1.1.3: 90% of HFBP program participants will receive quarterly monitoring and education visits with a healthcare provider (ongoing through June 30, 2023).	Not on Track
Progress Made: Due to the COVID-19 pandemic and safety protocols, this activity was suspended indefinitely.	
Activity HW 1.1.1.4: 85% of HFBP program participants will attend a food demonstration conducted by a trained chef/nutrition educator to improve healthy cooking knowledge and skills (ongoing through June 30, 2023).	Not on Track
Progress Made: Due to the COVID-19 pandemic and safety protocols, this activity was suspended indefinitely.	
Activity HW 1.1.1.5: 90% of HFBP program participants will receive quarterly nutrition education and biometric screenings (ongoing through June 30, 2023).	Not on Track
Progress Made: Due to the COVID-19 pandemic and safety protocols, this activity was suspended indefinitely.	

How Targets Were Monitored

PHAB 5.3.3.A.1: [The annual reports must include how the targets are monitored.](#)

The Hemoglobin A1c levels among HFBP project participants is monitored by AdventHealth and communicated to the Healthy Seminole HWNPA subcommittee through quarterly updates from Second Harvest Food Bank Health's Healthy Seminole Collaborative representative. Additional information is monitored and captured utilizing a tracking tool which provides a summary of topics discussed during Healthy Seminole Collaborative and HWNPA subcommittee meetings.

Priority 3: HEALTHY WEIGHT, NUTRITION AND PHYSICAL ACTIVITY

Goal HW 1: Strengthen the capacity of local agencies and health and human services providers to identify and refer Seminole County residents to services which promote healthy weight, nutrition and physical activities.

Strategy HW 1.1: Improve healthy weight, nutrition and physical activities for Seminole county residents.

Lead: AdventHealth and Second Harvest Food Bank

2020 Performance							
Objective Number	Objective	Baseline	Performance	Target Value	Target Date	Trend ¹	Status ²
HW 1.1.2	By December 2023, participants enrolled in the CHIC project at Advent Health Altamonte Springs, in partnership with Second Harvest Food Bank, will show a reduction in ER visits in 19 people, or 15% of total enrolled participants.	New Project	Due to the ongoing nature of the program, data will not be available until late 2022.	15% of total enrolled participants showed reduction in ER visits.	12/31/2023		On Track
2021 Revisions							
Delete	By December 2023, participants enrolled in Food Healthy Box Program (FHBP) at Advent Health Altamonte Springs, in partnership with Second Harvest Food Bank, will show a reduction in ER visits in 19 people, or 15% of total enrolled participants.	Delete	Delete	Delete	06/31/2023	Delete	Delete
Rationale							
Objective closed due to pandemic safety regulations affecting patient participation.							

¹ & ²: See Trend and Status Descriptions on last page.

Progress in 2020

PHAB 5.3.3.A.1: Progress is evidenced by completing defined steps to reach a target, by completing objectives, or by addressing priorities and implementing activities.

In 2020, due to the COVID-19 pandemic, client enrollment has been affected. As of December 2020, six clients enrolled in the CHIC program. However, the Healthy Seminole Healthy Weight, Nutrition and Physical Activity (HWNPA) subcommittee was able to make progress as indicated in the table below.

Activity HW 1.1.2.1: Advent Health will identify patients with poorly controlled diabetes, frequent ER visits and food insecurity for participation in the HFBP program (ongoing through June 30, 2023).		On Track
Progress Made: Clinical teams at AdventHealth recruit CIC participants based on clinical criteria.		
Activity HW 1.1.2.2: 100% of HFBP program participants will receive a voucher for a healthy food box and fresh produce (ongoing through June 30, 2023).		Completed
Progress Made: Every enrolled CHIC participant is immediately provided with a voucher to pick up food box.		
Activity HW 1.1.2.3: 90% of HFBP program participants will receive quarterly monitoring and education visits with a healthcare provider (ongoing through June 30, 2023).		Not on Track
Progress Made: Due to the COVID-19 pandemic and safety protocols, this activity was suspended indefinitely.		
Activity HW 1.1.2.4: 85% of HFBP program participants will attend a food demonstration conducted by a trained chef/nutrition educator to improve healthy cooking knowledge and skills (ongoing through June 30, 2023).		Not on Track
Progress Made: Due to the COVID-19 pandemic and safety protocols, this activity was suspended indefinitely.		
Activity HW 1.1.2.5: 90% of HFBP program participants will receive quarterly nutrition education and biometric screenings(ongoing through June 30, 2023).		Not on Track
Progress Made: Due to the COVID-19 pandemic and safety protocols, this activity was suspended indefinitely.		

How Targets Were Monitored

PHAB 5.3.3.A.1: [The annual reports must include how the targets are monitored.](#)

The reduction in ER visits among HFBP participants is monitored by AdventHealth and communicated to the Healthy Seminole HWNPA subcommittee through quarterly updates from Second Harvest Food Bank Health's Healthy Seminole Collaborative representative. Additional information is monitored and captured utilizing a tracking tool which provides a summary of topics discussed during Healthy Seminole Collaborative and HWNPA subcommittee meetings.

Priority 3: HEALTHY WEIGHT, NUTRITION AND PHYSICAL ACTIVITY

Goal HW 1: Strengthen the capacity of local agencies and health and human services providers to identify and refer Seminole County residents to services which promote healthy weight, nutrition and physical activities.

Strategy HW 1.1: Improve healthy weight, nutrition and physical activities for Seminole county residents.

Lead: Seminole County Public Schools and Second Harvest Food Bank

2020 Performance							
Objective Number	Objective	Baseline	Performance	Target Value	Target Date	Trend ¹	Status ²
HW 1.1.3	Seminole County School District, in partnership with Second Harvest Food Bank, will	0 in 2019	Temporary adaptation of food access through Snack Packs	2	12/31/2023		On Track

	increase the number of school markets from zero in 2019 to two by December 2023.		Program at 4 schools in 2020				
2021 Revisions							
N/A	Seminole County School District, in partnership with Second Harvest Food Bank, will increase the number of school markets from zero in 2019 to two by June 30, 2023.	N/A		N/A	6/30/2023		
Rationale							
Target date adjusted to align with the Plan effective period (July 1, 2020 – June 30, 2023)							

¹ & ²: See Trend and Status Descriptions on last page.

Progress in 2020

PHAB 5.3.3.A.1: Progress is evidenced by completing defined steps to reach a target, by completing objectives, or by addressing priorities and implementing activities.

In 2020, due to the COVID-19 pandemic, progress toward completion of this objective was stalled due to school closures and safety regulations. Although a school market or a traditional style pantry does not currently exist at any Seminole County School, the Second Harvest Food Bank began partnering with Seminole County Public Schools in December 2020 through their Kids Packs program which provides nutritious meals to children who do not have access to school cafeterias. Through this partnership, a total of 250 snack packs are delivered to four schools in Seminole County each month. Participating schools were Winter Spring, Lake Brantley, Lyman, and Seminole High. In addition, the Healthy Seminole Healthy Weight, Nutrition and Physical Activity (HWNPA) subcommittee was able to make some progress as indicated in the table below.

Activity HW 1.1.3.1: By March 31, 2021, DOH-Seminole and Healthy Seminole Healthy Weight, Nutrition & Physical Activity subcommittee representatives will attend the Health and Hunger Task Force meeting at Second Harvest Food Bank to develop partnerships for collaboration.	On Track
Progress Made: Healthy Seminole members, including DOH-Seminole Healthy Seminole Collaborative liaisons, participate in the Health and Hunger Taskforce.	
Activity HW 1.1.3.2: By April 15, 2020, the Second Harvest Food Bank of Central Florida will present a model of the school market at the School Health Advisory Committee (SHAC) meeting.	Completed
Progress Made: Cheyanna Johnson, School Market Program Manager from Second Harvest Food Bank of Central Florida presented at the SHAC meeting on 2/20/2020.	
Activity HW 1.1.3.3: By June 30, 2023, the DOH Seminole School Health program manager will connect with the Seminole County Public School (SCPS) representative that oversees the School Market curriculum.	On Track
Progress Made: DOH worked with SCPS to identify a point of contact. Due to COVID-19 pandemic, the workgroup decided suspend school market planning until the Spring of 2021.	
Activity HW 1.1.3.4: By January 15, 2021, the Second Harvest Food Bank of Central Florida will conduct a presentation to SCPS board / superintendent and/or individual school leadership.	On Track
Progress Made: Progress on this activity has been delayed due to the ongoing COVID-19 pandemic safety regulations. School market planning will be revisited in the Spring of 2021.	

Activity HW 1.1.3.5: By June 30, 2021, members from the Healthy Seminole Healthy Weight, Nutrition and Physical Activity subcommittee will visit one existing school food market in another county.	On Track
Progress Made: Progress on this activity has been delayed due to the ongoing COVID-19 pandemic safety regulations and school closures. School market planning will be revisited in the Spring of 2021.	
Activity HW 1.1.3.6: By July 31, 2021, the Healthy Seminole Healthy Weight, Nutrition and Physical Activity subcommittee will identify two potential school partners to implement the school market curriculum.	Completed
Progress Made: Although progress on this activity has been delayed due to the ongoing COVID-19 pandemic safety regulations and school closures, the Kids Packs program from Second Harvest Food Bank which provides nutritious meals to children who do not have access to school cafeterias was adapted to partner up with four Seminole County High Schools (Winter Spring, Lake Brantley, Lyman, and Seminole High) to maintain food accessible.	
Activity HW 1.1.3.7: By June 30, 2023, the Healthy Seminole Healthy Weight, Nutrition and Physical Activity subcommittee will compile a list of success stories, highlight the rate of growth in the number of markets, and show increased usage of meals. This information will be presented to the SCPS board.	On Track
Progress Made: Progress on this activity has been delayed due to the ongoing COVID-19 pandemic safety regulations and school closures. School market planning will be revisited in the Spring of 2021.	

Kids Pack Example



www.feedhopenow.org

Need additional food assistance?

Open your phone's camera to access our Food Finder website.



Contents:

- 1-Toasted Oats Cereal
- 1-Lowfat Milk Carton
- 1-Can of Beef Ravioli
- 1-Macaroni & Cheese Packet

1-Strawberry Nutrigrain Bar

1-Pack of Sunflower Seeds

1-Mixed Fruit Cup

1-Scooby Doo Graham Snacks

1-Strawberry Kiwi Juice Box

Key Info:

- Milk is shelf-stable. For best results, refrigerate before consumption.
- Products were made in facilities that works with multiple allergens including tree nuts, peanuts, cinnamon, gluten, and dairy. Please consume at your own-risk.

Información clave:

- La leche es estable al almacenamiento. Para mejores resultados, refrigere antes de consumir.
- Los productos se elaborarán en instalaciones que trabajan con alérgenos múltiples, incluyendo frutas secas, maní, canela, gluten y productos lácteos. Por favor, consuma a su propio riesgo.



How Targets Were Monitored

PHAB 5.3.3.A.1: The annual reports must include how the targets are monitored.

The number of school markets at Seminole County Public Schools is monitored through quarterly updates from Second Harvest Food Bank Health's Healthy Seminole Collaborative representative. Additional information is monitored and captured utilizing a tracking tool which provides a summary of topics discussed during Healthy Seminole Collaborative and HWNPA subcommittee meetings.

Priority 3: HEALTHY WEIGHT, NUTRITION AND PHYSICAL ACTIVITY

Goal HW 1: Strengthen the capacity of local agencies and health and human services providers to identify and refer Seminole County residents to services which promote healthy weight, nutrition and physical activities.

Strategy HW 1.1: Improve healthy weight, nutrition and physical activities for Seminole county residents.

Lead: East Central Florida Planning Council and DOH-Seminole

2020 Performance							
Objective Number	Objective	Baseline	Performance	Target Value	Target Date	Trend ¹	Status ²
HW 1.1.4	By December 31, 2023, The Healthy Seminole Healthy Weight, Nutrition & Physical Activity subcommittee will identify capital infrastructure improvements needed to improve safety and walkability in at least two Seminole County neighborhoods.		Progress on this objective has been affected due to ongoing COVID-19 pandemic activities and associated reduction in workforce capacity	Two County neighborhoods identified	12/31/2023		On Track
2021 Revisions							
N/A	By June 30, 2023, The Healthy Seminole Healthy Weight, Nutrition & Physical Activity subcommittee will identify community infrastructure improvements needed to improve safety and walkability in at least two Seminole County neighborhoods.	N/A		N/A	6/30/2023		
Rationale							
Target date adjusted to match Plan effective period (July 1, 2020 – June 30, 2023)							

¹ & ²: See Trend and Status Descriptions on last page.

Progress in 2020

PHAB 5.3.3.A.1: Progress is evidenced by completing defined steps to reach a target, by completing objectives, or by addressing priorities and implementing activities.

In 2020, team will continue to consider the use the REMI Policy Insight (PI+) model to estimate the economic impact of different health interventions to evaluate at least two different types of infrastructure interventions such as walking trails and food access. Two county areas (East Altamonte and Geneva) have been considered as potential locations. Progress on this objective has been affected due to ongoing COVID-19 pandemic activities and associated reduction in workforce capacity. The Healthy Seminole Collaborative HWNPA subcommittee is in the process of determining if this is a feasible objective at this time or if it should be replaced and revisited in the future.

Activity HW 1.1.4.1: By July 15, 2022, the Healthy Seminole Healthy Weight, Nutrition and Physical Activity subcommittee will identify community and resident representatives to provide leadership in community infrastructure improvements.	On Track
Progress Made: Progress on this activity has been delayed due to ongoing COVID-19 pandemic safety regulations. Improvements to the Goldsboro Trail, in historic Goldsboro were completed and ribbon cutting ceremony was held on Sunday January 24 th . Members of the community participated to make the Goldsboro Trail a cleaner and safer choice for a healthy physical activity.	
Activity HW 1.1.4.2: By November 1, 2022, the Healthy Seminole Healthy Weight, Nutrition and Physical Activity subcommittee will host at least two community Town Halls to determine resident needs/wants, pertaining to community infrastructure improvements in their communities.	On Track
Progress Made: Progress on this activity has been delayed due to ongoing COVID-19 pandemic safety regulations. DOH-Seminole Office of Health Promotion and Education staff worked with members of the congregational wellness committee to identify areas of need.	
Activity HW 1.1.4.3: By December 15, 2020, members of the Healthy Seminole Healthy Weight, Nutrition and Physical Activity subcommittee will conduct observation of identified areas.	On Track
Progress Made: Progress on this activity has been delayed due to ongoing COVID-19 pandemic safety regulations. On Sunday January 24 th . DOH-Seminole staff attended the ribbon cutting ceremony for the Goldsboro Trail.	
Activity HW 1.1.4.4: By January 31, 2022, the Healthy Seminole Healthy Weight, Nutrition and Physical Activity subcommittee will identify key municipality leaders capable of acting on recommendations for community infrastructure improvements.	On Track
Progress Made: Progress on this activity has been delayed due to ongoing COVID-19 pandemic safety regulations. The Office of Health Promotion and Education, in collaboration with the Congregational Wellness Committee, regularly meets to discuss recommendations for improvements in Seminole County communities.	
Activity HW 1.1.4.5: By July 31, 2022, the Healthy Seminole Healthy Weight, Nutrition and Physical Activity subcommittee will host two ribbon cutting ceremonies for community infrastructure improvements.	On Track
Progress Made: Progress on this activity has been delayed due to ongoing COVID-19 pandemic safety regulations. The Office of Health Promotion and Education collaborated with the City of Sanford to plan and execute the Goldsboro Trail project.	



How Targets Were Monitored

PHAB 5.3.3.A.1: [The annual reports must include how the targets are monitored.](#)

The community infrastructure improvements needed to improve safety and walkability in at least two Seminole County neighborhoods is being monitored through quarterly updates discussed at Health Seminole Collaborative and HWNPA subcommittee meetings. Information is monitored and captured utilizing a tracking tool which provides a summary of topics discussed during meetings.

ADDITIONAL ACTIVITIES ACCOMPLISHED IN HEALTHY WEIGHT, NUTRITION AND PHYSICAL ACTIVITY

The Healthy Weight, Nutrition and Physical Activity subcommittee members are committed to supporting the goal to strengthen the capacity of local agencies and health and human services providers to identify and refer Seminole County residents to services which promote healthy weight, nutrition and physical activities. Additional activities conducted in partnership with different organizations are listed below:

- ✓ **Nutrition and Health Equity** - Bring Hope Home is Second Harvest Food Bank of Central Florida's newest innovation in response to the high demand for home-delivered food due to the COVID-19 pandemic. The program utilizes external delivery partners as well as volunteer drivers to safely transport perishable and nonperishable food items directly to those in need in a contact-free manner. The target populations for this program are seniors, homebound individuals, individuals with a disability, veterans, and those in the high-risk group for contracting coronavirus.
- ✓ **Promote Physical Activity** - The City of Casselberry in partnership with Florida Recreation & Park Association and Walk Florida are encouraging residents to join the Walk Florida Program where a group of participants will attempt to "walk" the state of Florida (2,000,000 steps) over a period of four weeks. Participants enrolled with the City of Casselberry group, receive a pedometer and have a contact person from the city to report the steps.

New Objectives

Priority 3: HEALTHY WEIGHT, NUTRITION AND PHYSICAL ACTIVITY

Goal HW 1: Strengthen the capacity of local agencies and health and human services providers to identify and refer Seminole County residents to services which promote healthy weight, nutrition and physical activities.

Strategy HW 1.1: Improve healthy weight and nutrition for Seminole county residents.

Lead: Second Harvest Food Bank

New Objective Number	New Objective	Baseline	Target Value	Target Date
	By December 31, 2022, 600 healthy food boxes will be delivered to central Florida residents to address food insecurity.	0	600	December 31, 202
New Objective Rationale:				
To address food insecurities aggravated by COVID-19, joblessness, lack of transportation and other financial barriers, healthy food boxes will be delivered to eligible central Florida citizens through partnerships with local food banks such as Second Harves Food Bank of Central Florida and Harvest Time International.				
Target Source				
Second Harvest Food Bank; DOH-Seminole CIMHS.				

New Objective Number	Existing Objective	Baseline	Target Value	Target Date
N/A	By June 30, 2023, The Healthy Seminole Healthy Weight, Nutrition & Physical Activity subcommittee will identify community infrastructure improvements needed to improve safety and walkability in at least two Seminole County neighborhoods	0	600	December 31, 202
New Proposed Activity and Rationale:				
Proposed Activity: By August 15, 2021, the Metroplan Orlando will develop a <u>sidewalk assessment map</u> ? on Seminole County neighborhoods to identify gaps and select at least two with the greatest gaps (is there any measurement we could use to determine greatest gap?)				
Support the Seminole County Trail Master Plan.				
Plan is almost done and expected to be presented to Seminole County Commissioners late April.				

Will need to Reach to Richard Durr director of Seminole County Leisure Activities or appropriate contact person leading the Seminole County Trail Master Plan to understand how the subcommittee can support the initiative(If they decide to).

Seminole County Trail Master Plan <https://bikewalkcentralflorida.org/2021/04/13/seminole-county-calls-for-trails-master-plan-and-investment/>

Target Source

Second Harvest Food Bank; DOH-Seminole CIMHS.

Priority 2: BEHAVIORAL HEALTH – INCLUDES MENTAL ILLNESS AND SUBSTANCE ABUSE

Goal BH 1 Promote mental and emotional well-being for all Seminole County residents.

Strategy BH 1.1: Improve community awareness and engagement in mental health and substance abuse services.

Lead:

New Objective Number	New Objective	Baseline	Target Value	Target Date
New Objective Rationale:				
Target Source				

Priority 1: HEALTH EQUITY

Goal HE 1: Improve access to care for identified Seminole County residents who are less likely to receive quality and affordable services.

Strategy HE 1.1: Provide culturally and linguistically relevant health education and service awareness to Seminole County adults who are at high risk for developing chronic diseases and have limited access to appropriate health information and health services navigation.

Organization(s) Responsible:

New Objective Number	New Objective	Baseline	Target Value	Target Date
New Objective Rationale:				

Target Source

APPENDIX #: Objectives and Activities Tracking Tool

Priority	Objective	Department Responsible	Person Responsible	Baseline	Target	Target Date	Performance 2020	Trend 2020	Status
HEALTH EQUITY	Objective HE 1.1.1: Increase the number of Health Equity Advisory Board (HEAB) hosted community health events for each specific disparate population from one in 2019 to three every year, beginning in 2020.	HEAB Liaisons	Zeenat/Venise	1 in 2019	3 annually	6/30/2023	Due to COVID-19 pandemic, no in person events have been performed.		On Track
	Activity HE 1.1.1.1: By July 31, 2020, the Healthy Seminole Health Equity Subcommittee will reestablish an inclusive membership of stakeholders from six in 2019 to at least ten community partner organizations for the Health Equity Advisory Board (HEAB).	HEAB Liaisons	Zeenat/Venise	6 in 2019	10	7/31/2020	18 organizations	▲ Green	Completed
	Activity HE 1.1.1.2: By August 31, 2020, the HEAB will identify at least three disparate groups (Men, Racial/Ethnic, Age, LGBTQ+, etc.) as the target populations for the community health events.	HEAB	Ken/Jafet	No disparate group identified	Identify 3 disparate Groups	8/31/2020	Gender disparity: Male Ethnicity Disparity: Hispanic Race Disparity: Black	▲ Green	Completed
	Activity HE 1.1.1.3: By July 31, 2021, the HEAB will identify Culturally and Linguistically Appropriate Services (CLAS) providers to participate and resources to distribute at the community health events.	HEAB	Ken/Jafet	No CLAS provider identified	List of Identified CLAS Providers	7/31/2020	Delay due to COVID-19 Pandemic	▲ Green	On Track
	Activity HE 1.1.1.4: By July 31, 2020, the HEAB will identify a minimum of five chronic health conditions impacting the three identified disparate groups.	HEAB	Ken/Jafet	No chronic condition identified	Identify 5 chronic conditions	7/31/2020	1. Cardiac 2. Respiratory 3. Diabetes 4. Cancer 5. Infant Mortality (As a community Chronic Condition)	▲ Green	Completed
	Activity HE 1.1.1.5: By December June 30, 2023, HEAB will conduct population specific surveys at each of the community health events to determine actual barriers to access to care.	HEAB	Ken/Jafet		Access to Care Root Causes	12/31/2023	Delay due to COVID-19 Pandemic		On Track
	Objective HE 1.1.2: Increase the number of referrals to True Health, the Federally Qualified Health Center (FQHC) in Seminole County from 1,590 in 2019 to 2,000 by December 31, 2021.	True Health	Jafet Rios	1590 in 2019	2000	12/31/2021	2908 (Jan 1 - Nov 24)	▲ Green	Completed
	Activity HE 1.1.2.1: By December 31, 2020, True Health will conduct a presentation to HEAB to provide information regarding the referral process to connect disparate groups to the services they need.	True Health	Jafet Rios	No presentation	Conduct Presentation	12/31/2020	presentation conducted on November 12, 2020	▲ Green	Completed
	Activity HE 1.1.2.2: By December 31, 2020, HEAB will distribute information regarding True Health services at three community events targeting disparate groups.	HEAB	Ken/Jafet	No Baseline	3 Community Events	12/31/2020	Although in person community events were limited during COVID-19 pandemic, activities surrounding the COVID-19 pandemic response afforded the opportunity to reach targeted populations virtually and share health information regarding True Health services.		Completed
	Activity HE 1.1.2.3: By December 31, 2021, HEAB will identify at least three additional CLAS community providers, specific to the chronic health conditions identified, to present their referral process to HEAB.	HEAB	Ken/Jafet	No CLAS provider selected	3 CLAS providers Identified	12/31/2021	Delay due to COVID-19 Pandemic		On Track
	Objective HE 1.1.3: Increase the percentage of Seminole County Hispanic adults who have a personal doctor from 46.6% in 2016 to 55% by December 31 June 30, 2023.	HEAB	Liaisons	46.6% in 2016	55% in 2023	12/31/2023	46.6% in 2016		On Track
	Activity HE 1.1.3.1: By July 31, 2020, the Healthy Seminole Health Equity Subcommittee will reestablish an inclusive membership of stakeholders from six in 2019 to at least 10 community partner organizations for the Health Equity Advisory Board (HEAB).	DOH-Seminole/OHPE	Zeenat/Venise	6 in 2019	10	7/31/2020	18 organizations	▲ Green	Completed
	Activity HE 1.1.3.2: By December 31, 2021, the Health Equity Advisory Board will seek a Healthcare Navigation representative to join HEAB.	HEAB	Ken/Jafet	0 in 2019	1	12/31/2020	0		On Track
	Activity HE 1.1.3.3: By December 31, 2022, the Health Equity Advisory Board will create a Service Inventory to support knowledge and education for access navigation that will be used by all Healthy Seminole members to refer clients with clinical and non-clinical needs to the most appropriate service provider in Seminole County.	HEAB	Ken/Jafet		Service Inventory	12/31/2022	Existing platforms that should be considered. Aunt BERTHA, CareDove, etc.	▲ Green	Completed

Priority	Objective	Department Responsible	Person Responsible	Baseline	Target	Target Date	Performance 2020	Trend 2020	Status
BEHAVIORAL HEALTH	Objective BH 1.1.1: By December 31, 2023, the number of Seminole County adults who had poor mental health on 14 or more of the past 30 days self-report having frequent mental distress will decrease from 44.3 7.2% in 2016 to 40.5 9%.	BH Liaisons	Kelly/Lesli	44.3% 7.2%	40 5.9%	12/31/2023	11.4% in 2016		On Track
	Activity BH 1.1.1.1: By September 30, 2020 2019, the Healthy Seminole Behavioral Health subcommittee members will gather and analyze all known and available community resource guides to compile a comprehensive listing of community mental health and substance abuse services with capacity to accept new clients, delineating services that offer low cost or free mental health and substance abuse services.	BH Chairs	Telisha/Elizabeth Bufford	unknown	Create a comprehensive list of mental health and substance abuse services	9/30/2020	Aunt Bertha system was selected (partner updates annually)		Completed
	Activity BH 1.1.1.2: By December 31, 2020, the Healthy Seminole Behavioral Health subcommittee will convene a Task Force comprised of community services providers who provide outreach services in Seminole County to collaborate on outreach activities which promote consistent and collaborative propagation of mental health and substance abuse services available in Seminole County.	BH Chairs	Telisha/Elizabeth Bufford	unknown	Convene an Outreach Task Force	12/31/2020	The Healthy Seminole Collaborative Behavioral Health Subcommittee will be the same members of the Task Force. Additional members have been recruited to increase capacity.	▲ Green	Completed
	Activity BH 1.1.1.3: By April 30, 2021, the Healthy Seminole Behavioral Health subcommittee - Task Force will create a messaging charter to use during outreach activities which promote consistent and 2020-2023 Community Health Improvement Plan - Seminole County 16 collaborative propagation of mental health and substance abuse services available in Seminole County.	BH Chairs	Telisha/Elizabeth Bufford	unknown	Messaging Charter	4/30/2021	In process		On Track
	Objective BH 1.1.2: By December 31, 2023, the number of deaths due to opioid use in Seminole County will decrease from 84 83 in 2019 to 75.	BH Subcommittee Liaisons	Kelly/Lesli	84 83 in 2019	75	12/31/2023	103 in 2020	▲ Red	Not on Track
	Activity BH 1.1.2.1: By June 30, 2020 the Healthy Seminole Behavioral Health subcommittee will identify the baseline for the number of deaths due to opioid use in 2019.	BH Subcommittee member	Michele	no baseline identified	Identified Baseline	6/30/2020	83 in 2019		Completed
	Activity BH 1.1.2.2: By 12/31/2020, Advent Health and the Seminole County Sheriff's Office (SCSO), in partnership, will open the Hope and Healing Center, a substance abuse facility, in Seminole County.	BH Subcommittee member	Michele	unknown	Facility Open	12/31/2020	Construction is ongoing. The Intensive Outpatient Program (IOP) open as of February 2, 2021.	▲ Green	Completed
	Activity BH 1.1.2.3: By August 31, 2020, a Youth Council will be created which will address mental health and substance abuse prevention services for youth.	BH Subcommittee member	Pernell	unknown	Youth Council in place	8/31/2020	Youth Leadership Council to Combat Opioids was created. Online link available for students to join.		Completed
	Activity BH 1.1.2.4: By December 31, 2023, the Seminole County Sheriff's Office, in partnership with community providers and the judicial system, will initiate a voluntary opioid diversion program as an alternative to incarceration.	BH Subcommittee member	Michele	No program available	Program in place	12/31/2023	Meetings held with judiciary and other partners. Progress on hold due to COVID-19	▲ Green	On Track
	Objective BH 1.1.3: The suicide rate for young adults ages 19-21 years will decrease from 24.0 to 15.0 by 2023.	BH Subcommittee Liaisons	Kelly/Lesli	24 per 100,000 in 2017	15	6/30/2023	6 in 2018 0 in 2019	▲ Green	Completed
	Activity BH 1.1.3.1: Mobile Crisis Response services will be available to uninsured and underinsured Seminole County residents who are experiencing mental distress and need immediate intervention services.	BH Subcommittee member	Pernell	unknown	Devereux, Aspire, HFUW 2-1-1	Not displayed			Completed
	Activity BH 1.1.3.2: By July 31, 2021, funding for Youth Mental Health First Aid will be sought through grant opportunities which enable Seminole County behavioral health providers to receive free mental health first aid training.	BH Subcommittee member	Pernell	N/A	Funding achieved	7/31/2021	Embrace Families received grant for Youth Mental Health First Aid.		Completed
	Activity BH 1.1.3.3: By December 15, 2023, Mental Health First Aide training will be offered to at least three community provider organizations who serve youth between the ages of 19-21 years.	BH Subcommittee member	Pernell		3 organizations offered	12/31/2023	Embrace Families, contact for YMHA will send invite them to HS and share service with Pernell and Students Working Against Tobacco (SWAT)	▲ Green	Completed

Priority	Objective	Department Responsible	Person Responsible	Baseline	Target	Target Date	Performance 2020	Trend 2020	Status
HEALTHY WEIGHT, NUTRITION AND PHYSICAL ACTIVITY	Objective HW 1.1.1: By December 31, 2023, participants enrolled in the Community Health Impact Council (CHIC) project at Advent Health Altamonte Springs, in partnership with Second Harvest Food Bank, will show a decrease in Hemoglobin A1c levels in 25 people, or 20% of total enrolled participants. Baseline value of 0 in 2019.	HW Subcommittee Chair	Amanda	unknown	20% of enrolled participants will decrease A1c levels	12/31/2023	Due to COVID-19 client enrollment has been affected. As of December 2020 four clients enrolled in AdventHealth Seminole Campus		On Track
	Activity HW 1.1.1.1: Advent Health will identify patients with poorly controlled diabetes, frequent ER visits and food insecurity for participation in the HFBP CHIC program (ongoing through June 30 December 31 , 2023).	HW Subcommittee Chair	Amanda			12/31/2023	Clinical teams at AdventHealth have a clear recruitment criteria to offer program enrollment.		On Track
	Activity HW 1.1.1.2: By December 31, 2023, 100% of HFBP CHIC program participants will receive a voucher for a healthy food box and fresh produce (ongoing through June 30, 2023).	HW Subcommittee Chair	Amanda	New Program	100% of enrolled patients received food voucher	12/31/2023	100% of enrolled patients received food voucher		Completed
	Activity HW 1.1.1.3: By December 31, 2023, 90% of HFBP CHIC program participants will receive quarterly monitoring and education visits with a healthcare provider (ongoing through June 30, 2023).	HW Subcommittee Chair	Amanda	unknown		12/31/2023	Delay due to COVID-19 Safety measures		Not on Track
	Activity HW 1.1.1.4: By December 31, 2023, 85% of HFBP CHIC program participants will attend a food demonstration conducted by a trained chef/nutrition educator to improve healthy cooking knowledge and skills (ongoing through June 30, 2023).	HW Subcommittee Chair	Amanda			12/31/2023	Delay due to COVID-19 Safety measures		Not on Track
	Activity HW 1.1.1.5: By December 31, 2023, 90% of HFBP CHIC program participants will receive quarterly nutrition education and biometric screenings (ongoing through June 30, 2023).	HW Subcommittee Chair	Amanda			12/31/2023	Delay due to COVID-19 Safety measures		Not on Track
	Objective HW 1.1.2: By June 30 December 31 , 2023, participants enrolled in the CHIC project at Advent Health Altamonte Springs, in partnership with Second Harvest Food Bank, will show a reduction in ER visits in 19 people, or 15% of total enrolled participants.	HW Subcommittee Chair	Amanda			12/31/2023	Due to COVID-19 number of clients enrolled have been affected. As of December 2020 four clients enrolled in AdventHealth Seminole Campus		On Track
	Activity HW 1.1.2.1: Advent Health will identify patients with poorly controlled diabetes, frequent ER visits and food insecurity for participation in the HFBP CHIC program (ongoing through June 30 December 31 , 2023).	HW Subcommittee Chair	Amanda			12/31/2023	Clinical teams at AdventHealth have a clear recruitment criteria to offer program enrollment.		On Track
	Activity HW 1.1.2.2: By December 31, 2023, 100% of HFBP CHIC program participants will receive a voucher for a healthy food box and fresh produce (ongoing through June 30, 2023).	HW Subcommittee Chair	Amanda	New Program	100% of enrolled patients received food voucher	12/31/2023	100% of enrolled patients received food voucher		Completed
	Activity HW 1.1.2.3: By December 31, 2023, 90% of HFBP CHIC program participants will receive quarterly monitoring and education visits with a healthcare provider (ongoing through June 30, 2023).	HW Subcommittee Chair	Amanda			12/31/2023	Delay due to COVID-19 Safety measures		Not on Track
	Activity HW 1.1.2.4: By December 31, 2023, 85% of HFBP CHIC program participants will attend a food demonstration conducted by a trained chef/nutrition educator to improve healthy cooking knowledge and skills (ongoing through June 30, 2023).	HW Subcommittee Chair	Amanda			12/31/2023	Delay due to COVID-19 Safety measures		Not on Track
	Activity HW 1.1.2.5: By December 31, 2023, 90% of HFBP CHIC program participants will receive quarterly nutrition education and biometric screenings (ongoing through June 30, 2023).	HW Subcommittee Chair	Amanda			12/31/2023	Delay due to COVID-19 Safety measures		Not on Track





Priority	Objective	Department Responsible	Person Responsible	Baseline	Target	Target Date	Performance 2020	Trend 2020	Status
HEALTHY WEIGHT, NUTRITION AND PHYSICAL ACTIVITY	Objective HW 1.1.3: Seminole County School District, in partnership with Second Harvest Food Bank, will increase the number of school markets from zero in 2019 to two by June 30, December -2023.	HW Subcommittee members	Amanda / Gigi	0	4 Provisional Snack Packs Program.	12/31/2023	Delay on opening markets have been experienced due to COVID-19 Safety measures. To maintain food access, the Kids Snack Packs, normally provided at elementary settings in the past was adapted for High School Locations providing double quantities of the regular snack packs. Four High Schools in Seminole County currently doing the program (Winter Springs, Lake Brantley, Lyman, and Seminole High). Although is an achievement, subcommittee still wants to aim for incorporation of fresh markets at schools.	▲ Green	On Track
	Activity HW 1.1.3.1: By March 31, 2021 6 , the DOH-Seminole and Healthy Seminole Healthy Weight, Nutrition & Physical Activity subcommittee representatives will attend the Health and Hunger Task Force meeting at Second Harvest Food Bank to develop partnerships for collaboration.	HW Subcommittee Chair	Amanda			3/21/2020			On Track
	Activity HW 1.1.3.2: By April 15, 2020, the Second Harvest Food Bank of Central Florida will present a model of the school market at the School Health Advisory Committee (SHAC) meeting.	HW Subcommittee members	Amanda / Gigi	N/A	Complete presentation	4/15/2020	Cheyanna Johnson, School Market Program Manager from SHFBCF completed presentation at SHAC meeting on 2/20/2020.		Completed
	Activity HW 1.1.3.3: By June 30, 2023 December 31, 2020 , the DOH Seminole School Health program manager will connect with the Seminole County Public School (SCPS) representative that oversees the School Market curriculum.	HW Subcommittee members	Gigi			12/31/2020	DOH worked with SCPS to identify a contact. Due to COVID, the workgroup decided to revisit school market planning in the Spring of 2021.		On Track
	Activity HW 1.1.3.4: By January 15, 2021, the Second Harvest Food Bank of Central Florida will conduct a presentation to SCPS board / superintendent and/or individual school leadership.	HW Subcommittee Chair	Amanda			1/15/2021	Pending due to COVID-19 developments		On Track
	Activity HW 1.1.3.5: By June 30, 2021, members from the Healthy Seminole Healthy Weight, Nutrition and Physical Activity subcommittee will visit one existing school food market in another county.	HW Subcommittee members	Amanda / Gigi			6/30/2021	Pending due to COVID-19 developments		On Track
	Activity HW 1.1.3.6: By July 31, 2021, the Healthy Seminole Healthy Weight, Nutrition and Physical Activity subcommittee will identify two potential school partners to implement the school market curriculum.	HW Subcommittee members	Amanda / Gigi			7/31/2021	Provisional food distribution done through Snack Pack program at four High Schools in Seminole County (Winter Springs, Lake Brantley, Lyman, and Seminole High)	▲ Green	Completed
	Activity HW 1.1.3.7: By June 30 December 4 , 2023, the Healthy Seminole Healthy Weight, Nutrition and Physical Activity subcommittee will compile a list of success stories, highlight the rate of growth in the number of markets, and show increased usage of meals. This information will be presented to the SCPS board.	HW Subcommittee members	Amanda / Gigi			12/1/2023	Pending due to COVID-19 developments		On Track
	Objective HW 1.1.4: By June 30 December 31 , 2023, The Healthy Seminole Healthy Weight, Nutrition & Physical Activity subcommittee will identify community capital infrastructure improvements needed to improve safety and walkability in at least two Seminole County neighborhoods.	HW Subcommittee Chair	Luis	unknown	2 county neighborhoods identified.	12/31/2023			On Track
	Activity HW 1.1.4.1: By July 15, 2022 9 , the Healthy Seminole Healthy Weight, Nutrition and Physical Activity subcommittee will identify the community and resident representatives to provide leadership in capital infrastructure improvements.	HW Subcommittee Chair	Luis	unknown	community and resident representatives identified	7/15/2020	Delay due to COVID-19 Safety measures.		On Track
	Activity HW 1.1.4.2: By November 1, 2022 6 , the Healthy Seminole Healthy Weight, Nutrition and Physical Activity subcommittee will host at least two community Town Halls to determine resident needs/wants pertaining to community capital infrastructure improvements in their communities.	HW Subcommittee Chair	Luis	unknown	2 Town Halls hosted by HW subcommittee	11/1/2020	Delay due to COVID-19 Safety measures.		On Track
	Activity HW 1.1.4.3: By December 15, 2022 9 , members of the Healthy Seminole Healthy Weight, Nutrition and Physical Activity subcommittee will conduct observation of identified areas.	HW Subcommittee Chair	Luis	unknown	Summary of results of observation conducted on identified areas	12/15/2020	Delay due to COVID-19 Safety measures.		On Track
	Activity HW 1.1.4.4: By January 31, 2022, the Healthy Seminole Healthy Weight, Nutrition and Physical Activity subcommittee will identify key municipality leaders capable of acting on recommendations for community capital infrastructure improvements.	HW Subcommittee Chair	Luis	unknown	Key Municipality Leaders Identified	1/31/2022	Delay due to COVID-19 Safety measures.		On Track
	Activity HW 1.1.4.5: By June 30 July 31 , 2022, the Healthy Seminole Healthy Weight, Nutrition and Physical Activity subcommittee will host two ribbon cutting ceremonies for community infrastructure improvements. present recommendations for capital infrastructure improvements to identified key municipality leaders.	HW Subcommittee Chair	Luis	unknown	Recommendations Presentation	7/31/2022	Delay due to COVID-19 Safety measures.		On Track

APPENDIX #: Meeting Minutes Tracking Tool

Minutes from 3/4/2021 Healthy Seminole Collaborative meeting will be entered here

HWAPPENDIX #: Trend and Status Descriptions

¹Trend Descriptions:

-  = Data trend is upward and in the desired direction for progress.
-  = Data trend is downward and in the desired direction for progress.
-  = Data trend is upward and in the undesired direction for progress.
-  = Data trend is downward and in the undesired direction for progress.

²Status Descriptions:

- **On Track** = Objective progress is exceeding expectations or is performing as expected at this point in time.
- **Not on Track** = Objective progress is below expectations at this point in time.
- **Decision Required** = Objective is at risk of not completing/meeting goal. Management decision is required on mitigation/next steps.
- **Completed** = Objective has been completed or has been met and the target date has passed.
- **Not Completed** = Objective has not been completed or has not been met and the target date has passed.