



WALTON COUNTY, FLORIDA  
**COMMUNITY HEALTH IMPROVEMENT PLAN**  
2020-2022

RELEASED: APRIL 2020  
WALTON.FLORIDAHEALTH.GOV

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# LETTER TO COMMUNITY

The Florida Department of Health in Walton County (DOH-Walton) and the Walton Community Health Improvement Partnership (WCHIP) believe that all Walton County residents should have the opportunity to make the choices that allow them to live a long, healthy life, regardless of their income, education, ethnic background or abilities. This plan uses the prioritized health issues from the 2019 Community Health Assessment (CHA) for Walton County, Florida and addresses some of the root causes to those issues.

The findings from our 2019 CHA helped identify top health issues facing our community. Through collective input, goals, strategies, and objectives were developed to address these issues in order to reach our vision of a healthy and connected Walton County. The plan will be implemented over the next few years and will be reviewed annually to monitor the progress being made. Based on the top health issues outlined in the 2019 CHA, WCHIP partners chose the four priorities for 2020-2022 Community Health Improvement Plan, which are:

- Healthy Homes
- Healthy Places
- Healthy People
- Healthy Behaviors

We would like to thank our community members and partners for their dedication and participation in the development of this county-wide plan. As a member of the community, we invite you to attend an upcoming WCHIP meeting. To become involved, contact WCHIP at [wchip@flhealth.gov](mailto:wchip@flhealth.gov) or visit [walton.floridahealth.gov](http://walton.floridahealth.gov).

***A #HealthyWalton Begins Today!***  
***Join the Movement!***



In healthy regard,

***Holly B. Holt***

Holly B. Holt, RN, BSN, MSM  
Health Officer & Administrator  
Florida Department of Health in Walton County

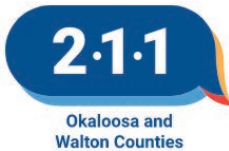
# OUR PARTNERS

## Walton Community Health Improvement Partnership (WCHIP) Steering Committee

Kathryn Barley, Florida Department of Health in Walton County  
Kay Brady, Retired Professional  
Jill Breslawski, UF/IFAS Extension Office - Walton County  
Bryan Callahan, Walton County Prevention Coalition  
Brandi Gill, Florida Department of Health in Walton County  
Holly Holt, Florida Department of Health in Walton County  
Tracy Leitner, Walton Community Health Center  
Dianne McManus, Homelessness and Housing Alliance  
Ryan Mims, Florida Department of Health in Walton County  
Tina Odom, Chautauqua Healthcare Services of Lakeview/211  
Emily Proctor, Caring and Sharing of South Walton  
Denise Song, Habitat for Humanity of Walton County  
Cheryl Stacy, Sacred Heart Hospital on the Emerald Coast | Ascension  
Wendy Ta, Florida Department of Health in Walton County

## Walton Community Health Improvement Partnership (WCHIP) Local Public Health System Partners, 2019-2020

|   |   |
|---|---|
| 90 Works  | Kindred at Home                               |
| AARP Florida                                    | Lighthouse Health Plan                        |
| BeGenerous, Inc.                                | Main Street DeFuniak Springs                  |
| Big Bend Community Based Care                   | Matrix Community Outreach Center              |
| Boys & Girls Clubs of the Emerald Coast         | Mental Health Association of Okaloosa-Walton  |
| Caring and Sharing of South Walton              | Northwest Florida Area Agency on Aging        |
| Catholic Charities of Northwest Florida         | OASIS Florida                                 |
| Chautauqua Healthcare Services of Lakeview      | PanCare of Florida                            |
| Chautauqua Rehabilitation and Nursing Center    | Point Washington Medical Clinic               |
| CIL Disability Resource Center                  | Sacred Heart on the Emerald Coast   Ascension |
| City of DeFuniak Springs                        | Shelter House of Northwest Florida            |
| City of Freeport                                | Tri-County Community Council                  |
| Early Learning Coalition of the Emerald Coast   | UF/IFAS Extension Office - Walton County      |
| Emerald Coast Children's Advocacy Center        | United Way Emerald Coast                      |
| Emerald Coast Technical College                 | Walton Area Chamber of Commerce               |
| Florida Department of Children and Families     | Walton County Board of County Commissioners   |
| Florida Department of Health in Okaloosa County | Walton Community Health Center                |
| Florida Department of Health in Walton County   | Walton County Emergency Management            |
| FYZICAL Therapy & Balance Centers               | Walton County Housing Agency                  |
| Habitat for Humanity of Walton County           | Walton County Prevention Coalition            |
| Healthmark Regional Medical Center              | Walton County School District                 |
| Healthy Start of Okaloosa and Walton Counties   | Walton County Sheriff's Office                |
| Homelessness and Housing Alliance               | Walton County Tax Collector                   |
| Hope Medical Clinic                             | Walton Okaloosa Council on Aging              |
| Humana  | West Florida Area Health Education Center     |



WALTON COUNTY



"Improving the quality of life for elders" since 1979



TAX COLLECTOR

# EXECUTIVE SUMMARY

The Florida Department of Health in Walton County (DOH-Walton) and the Walton Community Health Improvement Partnership (WCHIP) initiated a new community health improvement process in 2019. Over the past year, local public health system partners joined forces to develop the 2020-2022 Walton County Community Health Improvement Plan (CHIP). A CHIP is a strategic plan to address public health priorities in a community and defines how DOH-Walton and public health system partners will work together to improve the health of Walton County. Critical sectors invited to participate in the development of Walton County's CHIP included local hospitals and health care organizations, local government, community-based organizations, social service organizations, and schools.

Utilizing the National Association of City and County Health Officials (NACCHO) Mobilizing for Action through Planning and Partnerships (MAPP) framework, the planning team engaged in a comprehensive community health assessment (CHA). The findings from the CHA were reviewed, analyzed, and synthesized to inform the development of Walton County's CHIP. Strategic health priorities were identified through a facilitated process that examined crosscutting strategic issues that emerged in the CHA. When establishing health priorities for Walton County's CHIP, feasibility, impact on health outcomes, and the promotion of health equity and the social determinants of health were considered.

Through this process, four strategic priorities were identified for Walton County's CHIP:

- **Healthy Homes:** Healthy homes promote good physical and mental health. Good health depends on having homes that are safe and free from physical hazards. In contrast, poor quality and inadequate housing contributes to health problems such as chronic diseases and injuries, and can have harmful effects on childhood development.
- **Healthy Places:** The built environment includes all of the physical parts of where we live and work (e.g., homes, buildings, streets, open spaces, and infrastructure). The built environment influences a person's level of physical activity. For example, inaccessible or nonexistent sidewalks and bicycle or walking paths contribute to sedentary habits. These habits lead to poor health outcomes such as obesity, cardiovascular disease, diabetes, and some types of cancer.
- **Healthy People:** Disparities in health outcomes exist in specific groups of people. When exploring preventable injuries, chronic diseases, and infectious diseases, specific populations are more at-risk or vulnerable. Defining characteristics of these populations include age, sex, geography, race, ethnicity, or income.
- **Healthy Behaviors:** Behavioral health is essential to a person's overall health and wellbeing, interpersonal relationships, and ability to live a full and productive life. Mental illness can influence the onset, progression, and outcome of other illnesses and often correlates with health risk behaviors such as substance abuse, tobacco use, and physical inactivity.

These priorities guided the development of goals, objectives, and key activities that will be implemented to promote optimal health and well-being for all who live, work, learn, play, and pray in Walton County. The result of the MAPP process is a well-crafted roadmap that we will review and revise annually to meet emerging challenges and opportunities.

# STRATEGIC PRIORITIES

## STRATEGIC PRIORITY 1

### Healthy Homes



#### GOALS:

- Increase capacity for affordable housing.
- Improve housing stability through supportive services for vulnerable populations, including older adults, people with disabilities, homeless people, and individuals and families at risk of becoming homeless.

## STRATEGIC PRIORITY 2

### Healthy Places



#### GOALS:

- Improve the built environment to support healthy lifestyles of individuals across the lifespan.
- Increase collaboration across sectors to reduce barriers to health.

## STRATEGIC PRIORITY 3

### Healthy People



#### GOALS:

- Prevent and reduce intentional and unintentional injuries and deaths.
- Prevent the spread of disease through prevention and community education.

## STRATEGIC PRIORITY 4

### Healthy Behaviors



#### GOALS:

- Reduce substance use through prevention and community education.
- Increase awareness of mental health and substance use disorder services.
- Reduce illness, disability, and death related to tobacco use.

# **METHODS & KEY FINDINGS**







# METHODS

The 2019 Community Health Assessment (CHA) was conducted by the Florida Department of Health in Walton County (DOH-Walton) in support of the Walton Community Health Improvement Partnership (WCHIP). Created in part to guide a community health improvement planning process, WCHIP is an independent collaborative made up of various community members and organizations that serve Walton County.

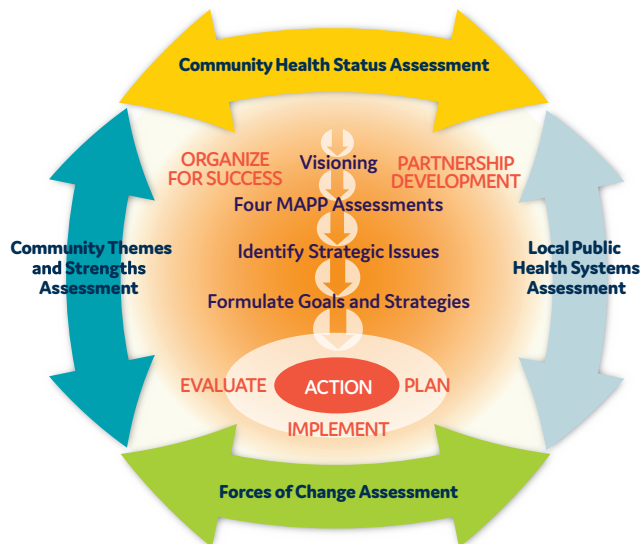
This assessment details the top health issues for Walton County after consideration of all the data collected. To develop the CHA, we used the Mobilizing for Action through Planning and Partnerships (MAPP) model. The MAPP model is made up of four assessments that help identify public health issues in our community

In 2018-2019, DOH-Walton held meetings every month with partner agencies to organize and coordinate the assessment data collection process. Additionally, the DOH-Walton staff reviewed local and state health assessments for methodology and data collection comparisons. Various data profiles from FLHealthCHARTS, Florida Department of Health's Community Health Assessment Resource Tool Set, were used to find relevant data regarding diseases, health behaviors, and social determinants of health. The CHA yielded the top eight health issues for Walton County: substance use, mental health, housing, preventable injuries, healthy food access, education, vaccine-preventable diseases, and poverty.

Through voting, WCHIP partners then decided which of the top health issues to adapt to priorities for the 2020-2022 Community Health Improvement Plan. Partners decided to keep the priorities broad to allow flexibility for potential emerging issues during the plan's time frame.

# MAPP

Mobilizing for Action through Planning and Partnerships



## A FOCUS ON THE SOCIAL DETERMINANTS OF HEALTH<sup>1, 2</sup>

**Health begins where you live, learn, work, play, and pray.** All Walton County residents should have the opportunity to make the choices that allow them to live a long, healthy life, regardless of their income, education, ethnic background or abilities. It is important to work toward raising the bar for all so that everyone can have the opportunity to make healthy choices.

The majority of our health is determined by social, economic and environmental factors. These “social determinants of health” strongly influence health behaviors, access to clinical care, and even our genes and biology. Income, education, housing and transportation create opportunities or barriers to health. This plan address these social determinants of health within each of the priorities.

Policy is a critical tool for changing environments. The goal is to create a systematic approach through informed policy changes by local government, thereby addressing a root cause of health inequities. Needed policy changes for the priorities are featured on pages 19-26.

## MAPP PROCESS

### Phase 1: Organize for Success/Partnership Development

Lead organizations begin planning the MAPP process and enlisting other community organizations to participate in the process.

### Phase 2: Visioning

The community develops a shared vision for Walton County and common values to determine an ideal end point for the MAPP process.

### Phase 3: The Four MAPP Assessments

1. Forces of Change Assessment: The impact of forces, such as legislation and technology, that affect the context of the community are evaluated.
2. Local Public Health System Assessment: Comprehensively examines organizations from across multiple sectors and their contribution to the public's health.
3. Community Themes and Strengths Assessment: Examines health issues Walton County residents feel are important and the assets the community possesses to address those issues.
4. Community Health Status Assessment: Investigates health outcomes and quality of life at a detailed level. Health issues are identified and highlighted by gathering data for a variety of indicators and analyzing differences across time periods, among population subgroups, or with peer, state, or national data.

### Phase 4: Identify Strategic Issues

This phase takes data from all four assessments and identifies the most critical issues that must be addressed for Walton County to achieve its vision.

### Phase 5: Formulating Goals and Strategies

After identifying a list of strategic issues, broader goals addressing these issues are created and specific strategies to meet these goals are developed.

### Phase 6: Action Cycle

Strategies are planned, implemented, and evaluated in a continuous cycle which celebrates successes and adapts to new challenges.

## MAPP TIMELINE

**August 15, 2018**  
**MAPP Phase 1 & 2**  
Steering Committee Meeting

**September 12, 2018**  
**MAPP Phase 3**  
Forces of Change Community Meeting

**March 20, 2019**  
Local Public Health Systems

**June 19, 2019**  
Community Health Status Assessment

**May 15, 2019**  
Community Themes and Strengths

**August 21, 2019**  
Steering Committee Reviewed Draft of 2019 CHA

**September 18, 2019**  
**MAPP Phase 4**  
2019 CHA Presented to Community Stakeholders to Determine CHIP Priorities.

**November 13, 2019**  
**MAPP Phase 5**  
Healthy Walton Summit

**January 15, 2019**  
WCHIP Community Meeting to Finalize Goals and Strategies

**February 19, 2020**  
**MAPP Phase 5**  
Objectives Finalized and Initiated Action Plan Development

# LOCAL PUBLIC HEALTH SYSTEMS<sup>3</sup>

Conducted March 20, 2019 – April 17, 2019

## AVERAGE ESSENTIAL PUBLIC HEALTH SERVICE SELF-ASSESSMENT

| Essential Public Health Service        | Score | Rating      |
|--|-------|-------------|
| Monitor Community Health Status        | 71%   | Significant |
| Diagnose & Investigate Health Problems | 80%   | Optimal     |
| Inform, Educate & Empower Public       | 82%   | Optimal     |
| Mobilize Community Partnerships        | 78%   | Optimal     |
| Develop Policies & Plans               | 71%   | Significant |
| Enforce Laws & Regulations             | 70%   | Significant |
| Link People to Health Resources        | 79%   | Optimal     |
| Assure Competent Health Workforce      | 65%   | Significant |
| Evaluate Health Services               | 67%   | Significant |
| Research Innovative Health Solutions   | 69%   | Significant |
| Average Overall Score                  | 73%   | Significant |

### Strongest Performance

**Inform, Educate, and Empower People About Health Issues** This Essential Public Health Service centers around planning and implementing initiatives using health education and communication sciences to build knowledge and shape attitudes, inform decision-making choices, and develop skills and behaviors for healthy living.

### Weakest Performance

**Assure a Competent Public and Personal Health Care Workforce** This Essential Public Health Service centers around assessing the public health and personal health workforce by maintaining public health workforce standards, using public health competencies, providing continuing education and life-long learning opportunities, and facilitating leadership development.

## COMMUNITY THEMES & STRENGTHS<sup>3</sup>

Conducted May 1, 2019 – July 31, 2019

### KEY INFORMANT INTERVIEWS *\*For a listing of all of the Key Informants, please go the 2019 CHA.*

#### Top Important Issues that Must Be Addressed to Improve Health

1. Affordable and healthy housing
2. Opportunities to live healthy lives (at home, work, and school)
3. Drug and alcohol use
4. Access to medical and behavioral health care
5. Flexible and affordable public transportation
6. Dependable jobs families with livable wages

## COMMUNITY SURVEY

Total Number of Respondents: 280

| Priority Population Respondents             | Response % | Actual % |
|---|------------|----------|
| Less than High School Diploma or Equivalent | 2.9%       | 14.1%    |
| Black or African American                   | 6.1%       | 5%       |
| Hispanic                                    | 5%         | 6%       |
| Income Less Than \$15,000                   | 13.6%      | --       |
| Disabled                                    | 4.6%       | 16.6%    |
| Unemployed                                  | 1.8%       | 3.6%     |
| Over Age of 60                              | 40%        | 27%      |

#### Top Community Issues

| Priority Populations                     | All Respondents                                  |
|--|--|
| 1. Unaffordable and inaccessible housing | 1. Unaffordable and inaccessible housing         |
| 2. Crime                                 | 2. Employment and entrepreneurship opportunities |
| 3. Education                             | 3. Education                                     |

#### Top Unhealthy Behaviors

| Priority Populations              | All Respondents                   |
|-----------------------------------|-----------------------------------|
| 1. Drug use                       | 1. Drug use                       |
| 2. Text/using phone while driving | 2. Text/using phone while driving |
| 3. Being overweight or obese      | 3. Alcohol use                    |

# FORCES OF CHANGE<sup>3</sup>

Conducted: September 12, 2018

| Forces<br>(Trends, Events, Factors)  | Opportunities   | Threats  |
|--|---|--|
| <b>Walton County Demographics</b>  |   |  |
| <ul style="list-style-type: none"> <li>Aging population</li> <li>Global travel</li> <li>Steadily increasing new residents</li> <li>Limited affordable housing</li> <li>Improving education system</li> <li>Increasing new businesses and economic development</li> </ul> | <ul style="list-style-type: none"> <li>More focus on addressing issues such as the homeless, poverty, and older adults in the community.</li> <li>Ability to leverage area volunteer programs to increase civic participation in the community.</li> <li>Local government has a focus on bettering economic development opportunities to drive community growth.</li> <li>Increasing focus in the field of public health on minority health and health equity.</li> <li>More focus on addressing issues such as the homeless, poverty, and older adults in the community.</li> </ul>  | <ul style="list-style-type: none"> <li>Increasing population and global travel offers more possibility of environmental issues and communicable disease spread</li> <li>Increasing drug use within community with novel types of drugs that healthcare providers might not be educated on.</li> <li>Lack of specific community resources (ie. geriatric dental, urgent care centers, mental health treatment).</li> <li>With the increase in residents and tourists, there is an increased likelihood of individuals potentially coming in contact with bacteria or algal blooms that cause illness (ie. Vibrio, enterococci, red tide, etc.).</li> <li>Lack of affordable housing locally continues to be an increasing problem, which then affects the workforce, the ability to seek and obtain proper healthcare, and transportation.</li> <li>Increasing homeless and aging population</li> <li>Limited control to offer competitive wages to employees.</li> <li>Extreme socioeconomic differences between North and South Walton County.</li> </ul> |
| <b>Walton County Geography</b>   |   |  |
| <ul style="list-style-type: none"> <li>Rural areas with limited transportation</li> <li>Population split between North and South Walton County</li> <li>Coastal Location (hurricanes, tourists, etc.)</li> </ul>   | <ul style="list-style-type: none"> <li>Telehealth services are increasing in popularity, which could help with access to care needs.</li> </ul>   | <ul style="list-style-type: none"> <li>Lack of specific community resources (ie. geriatric dental, urgent care centers, mental health treatment).</li> <li>Walton County residents are susceptible to potential deadly endemic diseases (ie. rabies, West Nile virus, etc.).</li> <li>Limitations on public transit and control over transportation</li> </ul>   |
| <b>Funding</b>   |   |  |
| <ul style="list-style-type: none"> <li>Limited allocated funding for community public health initiatives</li> <li>Changes in Medicaid</li> </ul>   | <ul style="list-style-type: none"> <li>Increasing national, state and local focus on substance use and mental health with increased funding for community resources for prevention and intervention.</li> </ul>   | <ul style="list-style-type: none"> <li>No control over possible budget changes.</li> <li>Uncontrollable managed Medicaid changes to contract winners.</li> <li>Limited control to offer competitive wages to employees.</li> </ul>   |
| <b>Partnerships and Communication</b>  |   |  |
| <ul style="list-style-type: none"> <li>Access to technology</li> <li>Lack of awareness of sexual health issues</li> </ul>  | <ul style="list-style-type: none"> <li>Possibility of a formalized network to allow “smooth” transition of services from one agency to another (ie. inmate releases).</li> <li>Increasing participation among community partners and ability to increase interagency communication.</li> <li>Ability to increase local community leaders’ and partners’ awareness of health equity and the social determinants of health. Increasing focus in the field of public health on minority health and health equity.</li> <li>Increasing emphasis on disease prevention and healthy living including diet, exercise and mental health.</li> </ul> | <ul style="list-style-type: none"> <li>Public unawareness of the importance of routine services for males.</li> <li>Decision-makers not always at the table for important public health discussions.</li> <li>Lack of community knowledge, education, communication and media resources within Walton County (i.e. “Walton County is a media black hole”).</li> </ul>  |
| <b>Social</b>  |   |  |
| <ul style="list-style-type: none"> <li>Strong faith-based community</li> <li>Growing numbers of “communities”</li> <li>Limited social outlets for children and young adults</li> <li>Segmented generational populations</li> <li>Social media</li> </ul>                 | <ul style="list-style-type: none"> <li>Increasing community focus on stigmatized public health issues such as mental health, substance use, and HIV lead to opportunities to break stigmas and have conversations.</li> <li>Robust religious community that could be leveraged to build educational awareness for parents, specifically families of different racial or ethnic backgrounds.</li> </ul>  | <ul style="list-style-type: none"> <li>Younger generation being less responsible for their actions and the increase in their use of technology to “fix” everything.</li> <li>Teenagers have “nothing to do” because there are limited area entertainment opportunities.</li> </ul>   |

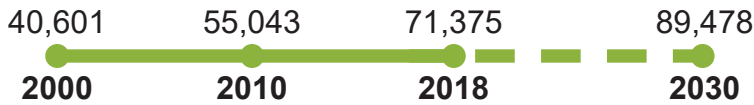
# COMMUNITY HEALTH STATUS<sup>3</sup>

Conducted June 1, 2019 – August 21, 2019

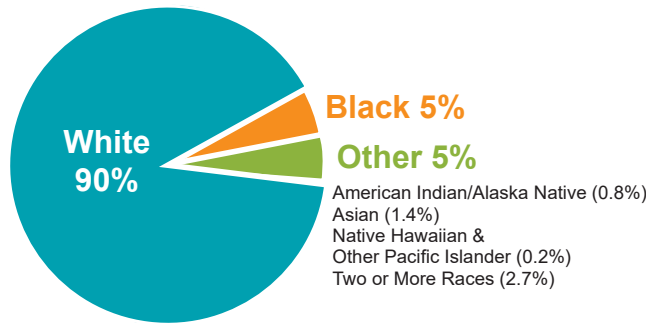
## OUR DEMOGRAPHICS

### Population Growth

According to U.S. News, Walton County is the fifth fastest-growing county in the United States.<sup>4</sup> From 2017 to 2018, Walton County had a population growth rate of 4.38%.<sup>5</sup>

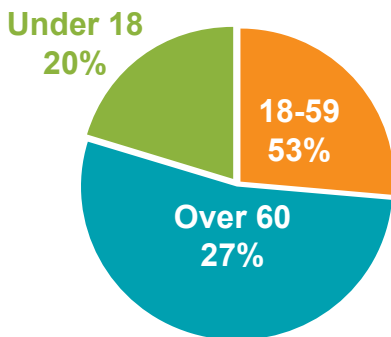


### Population by Race and Ethnicity (2018)<sup>5</sup>



By 2030, the Hispanic population is anticipated to represent almost 12% of Walton County's total population.<sup>6</sup>

### Population by Age (2018)<sup>5</sup>



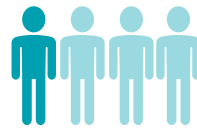
### Life Expectancy<sup>7</sup>



Certain populations tend to experience adverse health outcomes or have different health needs based on demographics. Key populations that can be at risk and should be monitored include the following:

### Older Adults<sup>5</sup>

Tracking the population of older adults is important because this population has unique health needs, which should be considered separately from other age groups. Walton County's older adults is one of the fastest growing demographics.



1 in 4 residents are over the age of 60.

### People Living in Poverty<sup>8</sup>

Living in poverty creates barriers for achieving optimal health. Examples include limited access to health services, healthy food, and other necessities to living a healthy life.



1 in 7 residents are living in poverty.

### People with Disabilities<sup>9</sup>

Until recently, people with disabilities have been overlooked in public health surveys, data analyses, and health reports. Emerging data indicate that individuals with disabilities experience health disparities in health behaviors, clinical preventive services, and chronic conditions. Walton County has a higher percentage of individuals with disability status, compared to Florida and the United States.



## OUR HEALTH STATUS INDICATORS, 2019

| Indicator   | Walton County | Florida  | Local Trend |
|---|---------------|----------|-------------|
| <b>Healthy Homes</b>  |               |          |             |
| Homeless Estimate (2018) <sup>10</sup>  | 173           | 29,717   | ▲           |
| Median Household Income, by Race (2018) <sup>9</sup>  |               |          |             |
| White   | \$55,903      | \$56,008 | ▲           |
| Black   | \$30,044      | \$39,586 | ▲           |
| Median Household Income, by Ethnicity (2018) <sup>9</sup>   |               |          |             |
| Hispanic  | \$44,688      | \$46,627 | ▲           |
| Non-Hispanic  | \$55,948      | \$58,853 | ▲           |
| Unemployment Rate (2018) <sup>11</sup>  | 3.1%          | 3.6%     | ▼           |
| Homeless Students (2018-2019) <sup>12</sup>   | 468           | --       | ▲           |
| <b>Healthy Places</b>   |               |          |             |
| Food Insecurity Rate (2017) <sup>13</sup>   | 14.2%         | 13.4%    | ▼           |
| Population Living ½ Mile of a Healthy Food Source (2019) <sup>14</sup>                                  | 6.6%          | 31%      | ▲           |
| Population Living Within ½ Mile of a Park (2019) <sup>14</sup>  | 16.6%         | 45.2%    | ▲           |
| Employers Participating in the Healthy Walton Worksites Program <sup>15</sup>                           | 3             | --       | --          |
| Local Governments in the AARP Network of Age-Friendly States and Communities <sup>16</sup>              | 1             | 32       | ▲           |
| <b>Healthy People</b>   |               |          |             |
| Female Breast Cancer Deaths, per 100,000 (2018) <sup>7</sup>  | 39.9          | 18.5     | ▲           |
| Total Motor Vehicle Crashes, per 100,000 (2017) <sup>17</sup>   | 1,979.5       | 1,957.5  | ▼           |
| Adult Females That Have Been Told They Had Diabetes (2016) <sup>18</sup>                                | 16.4%         | 11%      | ▲           |
| Infant Mortality Rate, per 1,000 Live Births (2010-2018) <sup>7</sup>                                   | 6.1           | 6.2      | ▼           |
| Unintentional Falls Age-Adjusted Death Rate, per 100,000 (2016-2018) <sup>7</sup>                       | 7.8           | 10.0     | ▼           |
| Immunization Levels in Kindergarten (2019) <sup>19</sup>  | 92.7%         | 93.8%    | ▼           |
| Religious Exemptions to Vaccination, Children Age 4-18 (2018) <sup>19</sup>                             | 5.1%          | 2.9%     | ▲           |
| All Acute Hepatitis Rate, per 100,000 (2015-2017) <sup>19</sup>   | 8.9           | 5.7      | ▲           |
| <b>Healthy Behaviors</b>  |               |          |             |
| Adults Who Have Ever Been Told They Had a Depressive Disorder (2016) <sup>18</sup>                      | 19.6%         | 14.2%    | ▲           |
| Limited Activities Due to Physical, Mental or Emotional Problem, Age 65+ (2016) <sup>18</sup>           | 37.2%         | 27.1%    | ▲           |
| Tobacco-Related Cancer Deaths to Persons 35 and Over, Rate Per 100,000, 35 and Over (2018) <sup>7</sup> | 204.9         | 160.8    | ▲           |

# PRIORITIZATION

Conducted September 18, 2019

On September 18, 2019, DOH-Walton and WCHIP convened a meeting of approximately 35 community partners. Attendees were educated on the MAPP process, health equity, social determinants of health and the connection between health outcomes. An abbreviated version of the 2019 CHA was presented to the attendees by the WCHIP Steering Committee and other subject matter experts.

CHA pages were reviewed based on the "top health issues" identified by the WCHIP Steering Committee upon review of the MAPP assessments, which included substance use, mental health, housing, preventable injuries, healthy food access, education, vaccine-preventable diseases, and poverty. The social determinants of health and addressing health inequities were featured in aspects of top health issues and heavily considered in the prioritization process of this plan.

Following the review of the CHA and the top health issues, attendees voted to select the final priority areas that would form 2020-2022 Community Health Improvement Plan (CHIP) work groups. Posters were placed around the room, and each of the attendees had two votes, signified by colored stickers, for their first and second choices for priorities. For a CHIP workgroup to be finalized, there had to be at least one community member "lead." Each workgroup was also assigned a DOH-Walton staff member as a facilitator. Leads also serve on the WCHIP Steering Committee to share what their group is working on and the progress that has been made.

Upon completion of voting, attendees then discussed whether or not some of the top health issues were connected or made sense being categorized together into one workgroup. The attendees chose to combined substance use with mental health, preventable injuries with vaccine-preventable diseases, and housing with poverty.



**Image Caption:** On September 18, 2019, WCHIP partners reviewed the 2019 Community Health Assessment findings to determine the priorities for the 2020-2022 Community Health Improvement Plan.

The following priorities were selected as CHIP workgroups:



**Healthy Homes**



**Healthy Places**



**Healthy People**



**Healthy Behaviors**



# FORMULATING GOALS & STRATEGIES

Conducted November 13, 2019

On November 13, 2019, DOH-Walton and WCHIP convened the 2019 Healthy Walton Summit to formulate goals and strategies for each of the defined priorities. Over 70 community members attended and joined the discussion to guide the 2020-2022 CHIP.

The Healthy Walton Summit's agenda included a presentation to overview the State Health Improvement Plan, a discussion panel, and workgroup breakouts. The discussion panel included representatives from the City of Freeport, Chautauqua Healthcare Services of Lakeview, AARP Florida, Walton County Planning and Development Services, Walton County School District, Walton County Sheriff's Office, City of DeFuniak Springs, and the Walton Community Health Center. The discussion panel was facilitated by a local religious and community leader from Caring and Sharing of South Walton.


During the breakouts, workgroups were tasked with identifying assets (i.e. *What programs/services exist?, Which organizations or groups provide related programs/services?, Are those groups/organizations here today?*) and identifying gaps (i.e. *What should the community be doing to address the priority area?, What programs/services does our community need?, Which organizations should play a role?*)

To conclude the Healthy Walton Summit, WCHIP Steering Committee reviewed the activities and achievements completed from the 2017-2019 CHIP.

With the publication of the Community Health Improvement Plan 2020-2022, the chosen CHIP workgroups will continue to meet during the implementation phase of the action plans. Annual evaluation and reports will be published to provide the community with updates on progress toward achieving the goals.



**Image Caption:** On November 13, 2019, DOH-Walton facilitated community members in formulating goals and strategies for each of the 2020-2022 CHIP priorities at the 2019 Health Walton Summit.

| Agenda   |   |  |      |
|--|---|--|------|
|  <b>Walton Community Health Improvement Partnership</b><br>Healthy Walton Summit<br>3524 US Highway 98, Santa Rosa Beach, Florida 32459<br>November 13, 2019<br>10:00 a.m. – 3:00 p.m. |   |  |      |
| <b>Meeting Purpose:</b> To improve community health by engaging partners in community health improvement planning and the Mobilizing for Action through Planning and Partnerships (MAPP) framework.  |   |  |      |
| Time   | Topic   | Leader   | Time |
| 10:00  | 1.0 Invocation and Pledge of Allegiance   | Pastor Pete Hyde, Community Church   | 5    |
| 10:05  | 2.0 Call to Order   | Holly Holt, Administrator & Health Officer, DOH-Walton   | 5    |
| 10:10  | 3.0 Meeting Overview<br>• Objectives  | Ryan Mims, Chief Health Strategist, DOH-Walton   | 5    |
| 10:15  | 4.0 State Health Improvement Plan (SHIP) Overview   | Jennifer Johnson, Director, Division of Public Health Statistics and Performance Management, DOH | 30   |
| 10:45  | 5.0 Panel Discussion for Priority Areas   | Emily Proctor, SoWal Community Chaplain  | 75   |
| 12:00  | LUNCH/NETWORKING  | All  | 60   |
| 1:00   | 6.0 Priority Area Workgroup Breakouts<br>• Healthy Homes – Dianne McManus (Homelessness and Housing Alliance), Denise Song (Habitat for Humanity)<br>• Healthy Places – Jill Breslawski (Walton County UF IFAS Extension)<br>• Healthy People – Kay Brady (Walton Okaloosa Council on Aging)<br>• Healthy Behaviors – Bryan Callahan (Walton County Prevention Coalition/Lakeview Center) | Workgroup Leads  | 60   |
| 2:00   | 7.0 Workgroup Reports   | Workgroup Leads  | 20   |
| 2:20   | 8.0 2019 Review of Activities/Achievements  | Ryan Mims, Chief Health Strategist, DOH-Walton   | 15   |
| 2:35   | 9.0 Partner Awards  | Holly Holt, Administrator & Health Officer, DOH-Walton   | 15   |
| 2:50   | 10.0 Next Steps   | Ryan Mims, Chief Health Strategist, DOH-Walton   | 10   |
| 3:00   | 11.0 Adjournment<br>Turn in Meeting Evaluations!  | All  | 0    |
| Next WCHIP Meeting: January 15, 2020<br>Time: 8:45 a.m. – 11:30 a.m.<br>Location: DOH-Walton<br>362 State Highway 83, DeFuniak Springs, Florida 32433  |   |  |      |

**Image Caption:** Agenda for Healthy Walton Summit held on November 13, 2019.



# OUR PRIORITIES



# PRIORITY 1: HEALTHY HOMES

## Workgroup Leads

Dianne McManus, Homelessness and Housing Alliance  
Denise Song, Habitat for Humanity of Walton County

## Workgroup Facilitator

Holly Holt, Florida Department of Health in Walton County

## Workgroup Members

Dianne McManus, Homelessness and Housing Alliance  
Denise Song, Habitat for Humanity of Walton County  
Holly Holt, Florida Department of Health in Walton County  
Dede Hinote, Walton County Board of County Commissioners  
Mac Carpenter, Walton County Planning Development Services  
Kelly Schultz, City of DeFuniak Springs  
Chris Strawn, City of DeFuniak Springs  
Emily Proctor, Caring and Sharing of South Walton  
Tom Baker, Walton County Housing Agency  
Leslie Spencer, AARP Florida  
Janet Brack, Walton County School District  
Candy Nowling, Matrix Community Outreach Center



## Workgroup Focuses

- Affordable and safe housing
- Homelessness
- Housing instability
- Poverty
- Coordination of community services
- Employment

## Community Assets and Resources

- State Housing Initiatives Partnership (SHIP)
- Rural development/HUD
- Florida Housing Financing Corporation
- Density Bonus Program
- Private donations
- Emergency shelter grants
- Opportunity zones
- Community Reinvestment Act
- Homelessness and Housing Alliance – Continuum of Care
- Case manager providers
- Community of Transformation Program
- Some transitional housing
- eCivis
- Weatherization Programs
- Walton County Affordable Housing Advisory Committee

## Housing and Health<sup>20</sup>

There is strong evidence determining housing's relationship to health. A number of environmental factors within homes are correlated with poor health. Substandard housing conditions such as water leaks, poor ventilation, dirty carpets, and pest infestation have been associated with poor health outcomes, most notably those related to asthma. Additionally, exposure to high or low temperatures is correlated with adverse health events, including cardiovascular events—particularly among the elderly.

People who are not chronically homeless but face housing instability (in the form of moving frequently, falling behind on rent, or couch surfing) are more likely to experience poor health in comparison to their stably housed peers. Residential instability is associated with health problems among youth, including increased risks of teen pregnancy, early drug use, and depression.

Housing the homeless has consistently been shown to improve health outcomes. In one of several randomized controlled trials of interventions to address homelessness, long-term housing subsidies had positive impacts on measures of psychological distress and intimate partner violence. Particularly among chronically homeless people, having a safe place to stay can both improve health and decrease health care costs.

## GOAL 1.1: INCREASE CAPACITY FOR AFFORDABLE HOUSING



**Strategy 1.1.1:** Assist local government with planning and development of affordable housing through policy and systems changes.



**Objective 1.1.1A:** By June 30, 2020, inventory and evaluate existing properties with land use designations that address affordable housing.

**Owner:** Mac Carpenter, Walton County Planning Development Services



**Objective 1.1.1B:** By December 31, 2022, inventory existing county properties which could be surplus and available for affordable housing sites.

**Owner:** Mac Carpenter, Walton County Planning Development Services



**Objective 1.1.1C:** By December 31, 2022, create an overlay district showing mixed-use areas for economic development and affordable housing.

**Owner:** Mac Carpenter, Walton County Planning Development Services

**Objective 1.1.1D:** By December 31, 2022, develop a mobility plan to support residents with alternative transit operations to get jobs or community assets.

**Owner:** Mac Carpenter, Walton County Planning Development Services



**Strategy 1.1.2:** Promote affordable housing development among real estate developers and home builders.



**Objective 1.1.2A:** By June 30, 2020, host a lunch-and-learn for area developers to discuss incentives for affordable housing.

**Owner:** Dianne McManus, Homelessness and Housing Alliance



## GOAL 1.2: IMPROVE HOUSING STABILITY THROUGH SUPPORTIVE SERVICES FOR VULNERABLE POPULATIONS, INCLUDING OLDER ADULTS, PEOPLE WITH DISABILITIES, HOMELESS PEOPLE, AND INDIVIDUALS AND FAMILIES AT RISK OF BECOMING HOMELESS



**Strategy 1.2.1:** Enhance systems and programs to coordinate community resources effectively.



**Objective 1.2.1A:** By December 31, 2021, establish a partnership within north Walton County to administer the Communities of Transformation program to help move families away from instability, isolation, and dependence, and toward self-sufficiency.

**Owner:** Emily Proctor, Caring and Sharing of South Walton



**Objective 1.2.1B:** By December 31, 2021, educate local social services agencies on the Homeless Management Information System.

**Owner:** Dianne McManus, Homelessness and Housing Alliance



**Objective 1.2.1C:** By December 31, 2022, develop a triage center for resource coordination among local social service agencies.

**Owner:** Holly Holt, Florida Department of Health in Walton County

### Icon Key:



Likely to Impact Health Disparities



Policy Change Needed



Aging Adults



People Living in Poverty



Community



Schools



Evidence-Based



Some Evidence



Expert Opinion

# PRIORITY 2: HEALTHY PLACES

## Workgroup Lead

Jill Breslawski, UF/IFAS Extension Office

## Workgroup Facilitator

Jennifer Jordan, Florida Department of Health in Walton County

## Workgroup Members

Jill Breslawski, UF/IFAS Extension Office  
Jennifer Jordan, Florida Department of Health in Walton County  
Crystal Steele, Florida Department of Health in Walton County  
Judea Kring, Walton County Prevention Coalition  
Joyce Matthews, Walton County Prevention Coalition  
Susan Foster, CIL Disability Resource Center  
Kelly Schultz, City of DeFuniak Springs  
Kay Brady, Retired Professional  
Latilda Hughes-Neel, City of Freeport  
Emily Proctor, Caring and Sharing of South Walton  
Kay Brady, Retired Professional  
Leslie Spencer, AARP Florida  
Sydney Harper, Florida Department of Health in Okaloosa County  
Eva Wise, Catholic Charities of Northwest Florida  
Kelli Maynard, Healthmark Regional Medical Center  
Jena Gilmore, UF/IFAS Extension Office



## Workgroup Focuses

- Built environment
- Age-friendly communities
- Healthy food access
- Removing barriers to health
- Faith-based partnerships
- Worksite wellness

## Community Assets and Resources

- Healthy Walton Worksites
- Walton County Prevention Coalition's Not in My Lot Program
- Farmers' Markets and the Farmers' Market Nutrition Program for WIC clients and older adults.
- School-based programs:
  - Summer Food Service Programs/Summer BreakSpot by Feeding the Gulf Coast
  - Backpack Program-Food for Thought
- Healthy eating and physical activity programs
- Grocery store tours with Sacred Heart Hospital on the Emerald Coast
- Area food pantries
- OTHERS of Northwest Florida
- IMPACT 100 of Northwest Florida
- Local grocery stores donations
- Peanut butter challenge

### Building on Success:

#### *Age-Friendly Walton Initiative*

In May 2019, Walton County was the first community in the Florida Panhandle to enter into the AARP Network of Age-Friendly States and Communities. DOH-Walton is facilitating the collaboration of local government and WCHIP to ensure that the issues affecting older adults and individuals with disabilities are addressed strategically.

#### *Healthy Walton Worksites*

In January 2019, WCHIP launched the Healthy Walton Worksites initiative that recognizes employers making efforts to positively affect the health and well-being of their employees, their families and their community by implementing comprehensive worksite wellness strategies. Healthy Walton Worksites gives employers the resources and tools needed to foster health as part of the culture of the work environment. In 2019, four local employers received designation as a Healthy Walton Worksite.



## GOAL 2.1: IMPROVE THE BUILT ENVIRONMENT TO SUPPORT HEALTHY LIFESTYLES OF INDIVIDUALS ACROSS THE LIFESPAN



**Strategy 2.1.1:** Identify practical improvements, new interventions, and health promotion enhancements to the built environment.

**Objective 2.1.1A:** Recognize local parks that meet the Healthy Walton Parks criteria.

**Owner:** Jill Breslawski, UF/IFAS Extension Office

**Objective 2.1.1B:** Attend at least 75% of the scheduled Community Traffic Safety Team meetings to support local governments in traffic enhancement.

**Owner:** Ryan Mims, Florida Department of Health in Walton County

## GOAL 2.2: INCREASE COLLABORATION ACROSS SECTORS TO REDUCE BARRIERS TO HEALTH



**Strategy 2.2.1:** Engage new partners to promote healthy places to live, learn, work, play and pray.

**Objective 2.2.1A:** By December 31, 2022, recognize three local faith-based institutions that meet the Healthy Walton Faith criteria

**Owner:** Judea Kring, Walton County Prevention Coalition

**Objective 2.2.1B:** By December 31, 2022, recognize ten local employers using the Healthy Walton Worksites criteria.

**Owner:** Jennifer Jordan, Florida Department of Health in Walton County

**Objective 2.2.1C:** By December 31, 2022, establish or enhance three partnerships that are addressing food insecurity in areas that have limited food access.

**Owner:** Jill Breslawski, UF/IFAS Extension Office

**Objective 2.2.1D:** By December 31, 2022, assist three city municipalities to apply for membership in the AARP Network of Age-Friendly States and Communities.

**Owner:** Kay Brady, Retired Professional

### Icon Key:

 Likely to Impact Health Disparities

 Policy Change Needed

 Aging Adults

 People Living in Poverty

 Community

 Schools

 Evidence-Based

 Some Evidence

 Expert Opinion

# PRIORITY 3: HEALTHY PEOPLE

## Workgroup Lead

Kay Brady, Retired Professional

## Workgroup Facilitator

Kathryn Barley, Florida Department of Health in Walton County

## Workgroup Members

Kay Brady, Retired Professional

Kathryn Barley, Florida Department of Health in Walton County

Ardelle Bush, Healthy Start of Okaloosa and Walton Counties

Diana Broxson, Healthmark Regional Medical Center

Elise Barrow, Lighthouse Health Plan

Marlee Tucker, Early Learning Coalition of the Emerald Coast

Kurt Goodman, OASIS Florida

Kim Bowman, Emerald Coast Hospice

Marti Hearn, Northwest Florida Area Agency on Aging

Gwen Rhodes, Northwest Florida Area Agency on Aging

Cheryl Stacy, Ascension

Cortni Potapowicz, FYZICAL Therapy & Balance Centers

Keith Webster, PanCare Florida

Marti Hearn, Northwest Florida Area Agency on Aging



## Workgroup Focuses

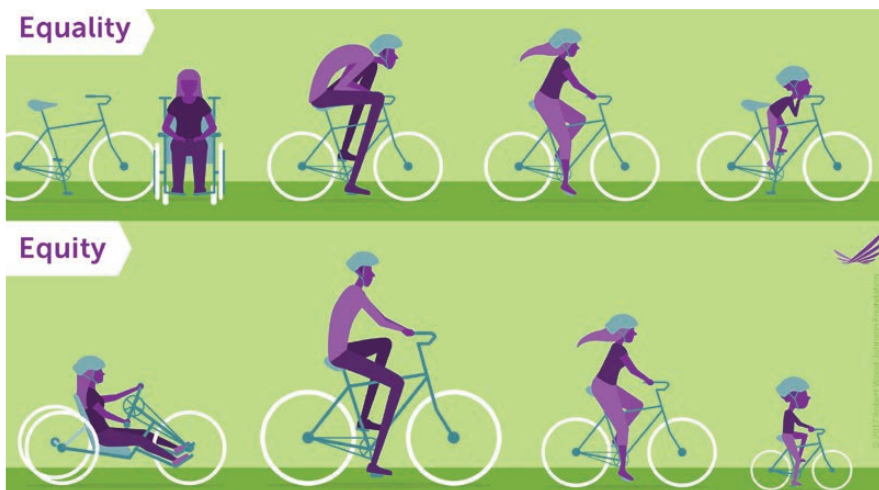
- Fall prevention
- Motor vehicle injury prevention
- HIV/AIDS
- Infant mortality
- Infectious diseases
- Vaccine hesitancy

## Community Assets and Resources

- Senior fall prevention programs through home health/hospice agencies
- Tai Chi with AHEC
- New texting and driving law, school education programs
- Ongoing flu prevention activities seasonally
- Healthy Babies initiative
- Tobacco prevention (SWAT, Walton County Prevention Coalition, and AHEC)
- Walton County Sheriff's Office Teen Driving Program
- OASIS Florida with HIV prevention
- Car seat safety classes (Healthy Start, UF/IFAS)
- AARP CarFit Program

## Making Sure All People Have the Choice to be Healthy<sup>1</sup>

Healthy choices should be convenient choices for everyone in Walton County. Health equity is attainment of the highest level of health for all people. Achieving health equity requires valuing everyone equally with focused and ongoing societal efforts to address avoidable inequalities, historical and contemporary injustices, and the elimination of health and health care disparities. This is different from equality which applies a “one-size-fits-all” approach to bettering health.





## GOAL 3.1: PREVENT AND REDUCE UNINTENTIONAL INJURIES AND DEATHS



**Strategy 3.1.1:** Establish and coordinate injury prevention campaigns to reduce disparities in at-risk populations.

|   |  |
|---|--|
| <p><b>Objective 3.1.1A:</b> By December 31, 2022, implement one new community strategy to reduce unintentional injuries and deaths due to motor vehicle accidents.</p>            | <p><b>Owner:</b> Kathryn Barley, Florida Department of Health in Walton County</p> |
| <p><b>Objective 3.1.1B:</b> By December 31, 2022, develop a fall prevention campaign based on local best practices of healthcare agencies and organizations.</p>                  | <p><b>Owner:</b> Kay Brady, Retired Professional</p>                               |
| <p><b>Objective 3.1.1C:</b> By December 31, 2022, develop a county-wide social marketing campaign to provide education on preventative strategies to reduce infant mortality.</p> | <p><b>Owner:</b> Ardelle Bush, Healthy Start of Okaloosa and Walton Counties</p>   |

## GOAL 3.2: REDUCE THE SPREAD OF DISEASES THROUGH PREVENTION AND COMMUNITY EDUCATION



**Strategy 3.2.1:** Enhance community partnerships to identify, prevent, and reduce the spread of diseases and disparities in at-risk populations.

|   |  |
|---|--|
| <p><b>Objective 3.2.1A:</b> By December 31, 2022, partner with at least two community organizations in developing and implementing a campaign addressing vaccine hesitancy.</p> | <p><b>Owner:</b> Kathryn Barley, Florida Department of Health in Walton County</p> |
| <p><b>Objective 3.2.1B:</b> By December 31, 2022, partner with at least three community organizations in coordinating prevention efforts for infectious diseases.</p>           | <p><b>Owner:</b> Kathryn Barley, Florida Department of Health in Walton County</p> |

### Icon Key:

 Likely to Impact Health Disparities

 Policy Change Needed

 Aging Adults

 People Living in Poverty

 Community

 Schools

 Evidence-Based

 Some Evidence

 Expert Opinion

# PRIORITY 4: HEALTHY BEHAVIORS

## Workgroup Lead

Bryan Callahan, Walton County Prevention Coalition

## Workgroup Facilitator

Tracy Leitner, Florida Department of Health in Walton County

## Workgroup Members

Bryan Callahan, Walton County Prevention Coalition  
 Tracy Leitner, Florida Department of Health in Walton County  
 Tina Odom, Chautauqua Healthcare Services of Lakeview  
 Jud Boyd, Walton County Sheriff's Office  
 Miriam Lavandier, West Florida Area Health Education Center  
 Inez Cassidy, Tri-County Community Council  
 Stephanie King, Chautauqua Healthcare Services of Lakeview  
 Susan Foster, CIL-Disability Resource Center  
 Trecia Meadows, Walton County School District  
 Wyndy Crozier, Emerald Coast Technical College  
 Amanda Colwell, Florida Department of Health in Okaloosa County  
 Tracie Moorer, Big Bend Community Based Care  
 George Parsons, PanCare Florida  
 Lyvonnica Green, Walton Community Health Center  
 Marietta Scheer, Mental Health Association of Okaloosa-Walton  
 Tamara Bogle, Walton County Sheriff's Office



## Workgroup Focuses

- Mental health
- Substance use
- Access to behavioral health services
- Tobacco use

## Community Assets and Resources

- Senior fall prevention programs through home health/hospice agencies
- Tai Chi with AHEC
- New texting and driving law, school education programs
- Ongoing flu prevention activities seasonally
- Healthy Babies initiative
- Tobacco prevention (SWAT, Walton County Prevention Coalition, and AHEC)
- Walton County Sheriff's Office Teen Driving Program
- OASIS Florida with HIV prevention
- Car seat safety classes (Healthy Start, UF/IFAS)
- AARP CarFit Program

## Building on Success:

### Addiction & Mental Health Resource List

In March 2019, WCHIP created a document that includes all the local and regional resources related to mental health and substance use services available. The document was shared throughout the community through the "Addiction: A Community Concern" presentations. The document was also shared by WCHIP partners at local community service organizations, via social media, and on websites. The document is reviewed and updated annually.

| ADDITION & BEHAVIORAL HEALTH RESOURCES   |  |                              |
|--|--|------------------------------|
| COMMUNITY MENTAL AND BEHAVIORAL HEALTH PROVIDERS                                 |  |                              |
| <b>Bridgeview Center</b>   | 137 Hoscoe Dr   Fort Walton Beach, FL 32448<br>www.bridgeviewcenter.org                                | 850-833-7100                 |
| <b>CCAC Behavioral Healthcare</b>  | 2808 N 30th Ave   Panama City, FL 32363<br>www.ccaac.org   | 850-994-0944                 |
| <b>WFLD, WESC, FCL &amp; Veteran's Program</b>                                   | 2808 N 30th Ave   Panama City, FL 32363<br>www.waltoncountyfla.gov                                     | 850-489-3500                 |
| <b>Lakeview Center (Main Campus)</b>   | 1221 W Lakeview Ave   Panama City, FL 32361  | 850-437-8900                 |
| <b>Aspen Center</b>  | 6024 Spikes Way   Milton, FL 32583   | 850-296-6280                 |
| <b>Century Clinic</b>  | 6821 Industrial Blvd   Century, FL 32539   | 850-830-5045                 |
| <b>Chautauqua Healthcare Services</b>  | 3686 US Hwy 331 E 331   DeFuniak Springs, FL 32438   | 850-453-7722                 |
| <b>Pathway Drug Court Program</b>  | 1302 W Avery St, Bldg C   Panama City, FL 32361  | 850-609-1004                 |
| <b>One 11th Ave, Suite C-2   Lakeview, FL 32379</b>                              |  |                              |
| <b>Surrend Group</b>   | 3268 Surrend Blvd, Suite 12   Panama City, FL 32363  | 850-437-8962                 |
| <b>Life Management Center of Northwest Florida</b>                               | 526 E 12th St   Panama City, FL 32360  | 850-850-4480                 |
| <b>Walton Community Health Center</b>  | www.lmccenter.org  | 850-788-8750                 |
| <b>DePaul Health Program</b>   | 382 State Hwy 83   DeFuniak Springs, FL 32433  | 850-882-8015                 |
| ADDITION TREATMENT CENTERS (INPATIENT & OUTPATIENT)                              |  |                              |
| <b>Bayshore Retreat</b>  | 437 Cuthoun Ave   Destin, FL 32541<br>www.bayshoreretreat.com  | 850-687-6831                 |
| <b>Bitu By the Sea</b>   | 3308 Seaside Hwy 98   Destin, FL 32541<br>www.bitubythesea.com   | 850-408-0984                 |
| <b>CARE (Chemical Addictions Recovery Effort), Inc.</b>                          | 4000 E 3rd St   Panama City, FL 32364<br>www.care000.com   | 850-872-7676                 |
| <b>JourneyPure Emerald Coast</b>   | 2221B Panama City Beach Pkwy<br>Panama City Beach, FL 32413<br>www.emeraldcoastjourneypure.com         | 850-424-1823                 |
| <b>New Vision™</b>   | 2802 Hospital Dr   Bonifay, FL 32428   | 850-541-8082                 |
| <b>Doctors Memorial Hospital</b>   | www.opendocuments.com/new-vision-bonifay.aspx  | 850-938-CARE                 |
| <b>Panama City Metro Treatment Center</b>  | 2420 S Hwy 29   Cantonment, FL 32533<br>www.pcmcc.com  | 877-284-7074                 |
| <b>Treatment Centers of America</b>  | 1530 Harrison Ave   Panama City, FL 32405<br>www.treatmentcentersofamerica.com                         | 850-789-0985                 |
| <b>Twelve Oaks Recovery</b>  | 2068 Health Care Dr   Navarre, FL 32566<br>www.twelveoaksrecovery.com                                  | 850-918-8624                 |
| RESIDENTIAL RECOVERY PROGRAMS  |  |                              |
| <b>AHEC &amp; Women's Initiatives Recovery Effort at CARE (Women Only)</b>       | 3407 9th Ave   Panama City, FL 32404<br>www.care000.com/residential.html                               | 850-799-8156                 |
| <b>Jo Ann Brigg Women and Children's Center (Chautauqua Healthcare Services)</b> | 3886 US Hwy 331 S   DeFuniak Springs, FL 32438<br>www.chautauquahealthcare.com/women-and-childrens-ctr | 850-892-8030                 |
| <b>SOB (Stepping Over Straps) at CARE (Men Only)</b>                             | 4000 E 3rd St   Panama City, FL<br>www.care000.com/residential.html                                    | 850-872-7676                 |
| <b>The Frisky</b>  | 4400 Hickory Shores Blvd   Gulf Breeze, FL 32563   | 850-932-0279                 |
| <b>Lakeview Center</b>   | www.lakeviewcenter.org/therapy   | 850-332-2271                 |
| <b>Twelve Oaks Recovery</b>  | 2068 Health Care Dr   Navarre, FL 32566<br>www.twelveoaksrecovery.com                                  | 850-918-8624                 |
| ADDITION MEDICINE & MEDICATION ASSISTED TREATMENT (MAT)                          |  |                              |
| <b>Lakeview Center</b>   | www.lakeviewcenter.org   | 850-296-6280                 |
| <b>Century Clinic</b>  | 6021 Industrial Blvd   Century, FL 32539   | 850-437-8900                 |
| <b>Panama City</b>   | 1800 N Palmetto St   Panama City, FL 32501   | 850-489-3500                 |
| <b>Shalimar Clinic</b>   | 1 Everett Ave, Bldg C-1   Shalimar, FL 32579   | 850-437-8900                 |
| <b>Surrend Group</b>   | 3268 Surrend Blvd, Suite 12   Panama City, FL 32363  | 850-437-8962                 |
| <b>The Frisky</b>  | 4400 Hickory Shores Blvd   Gulf Breeze, FL 32563   | 850-932-0279                 |
| <b>Panama City Metro Treatment Center</b>  | 2420 S Hwy 29   Cantonment, FL 32533<br>www.pcmcc.com  | 877-284-7074                 |
| <b>www.pcmcc.com</b>   |  | 850-999-3095                 |
| OTHER REGIONAL TREATMENT RESOURCES   |  |                              |
| <b>River Oaks Hospital</b>   | New Orleans, LA<br>www.riveroakshospital.com   | 850-332-4315<br>850-332-2271 |

## GOAL 4.1: REDUCE SUBSTANCE USE THROUGH PREVENTION AND COMMUNITY EDUCATION



**Strategy 4.1.1:** Enhance community partnerships to identify, prevent, and reduce the substance use and disparities in at-risk populations.

|   |  |
|---|--|
| <b>Objective 4.1.1A:</b> By December 31, 2022, increase the number of locations that the public can dispose of unused prescription drugs from zero (0) to three (3) locations.          | <b>Owner:</b> Bryan Callahan, Walton County Prevention Coalition |
| <b>Objective 4.1.1B:</b> Objective 4.1.1b: By December 31, 2022, assist a healthcare sector partner in developing a patient education program on prescription drug safety and disposal. | <b>Owner:</b> Wyndy Crozier, Emerald Coast Technical College     |
| <b>Objective 4.1.1C:</b> By December 31, 2022, provide three community trainings in overdose education and naloxone administration to reduce opioid overdose deaths.                    | <b>Owner:</b> Bryan Callahan, Walton County Prevention Coalition |

## GOAL 4.2: INCREASE AWARENESS OF MENTAL HEALTH AND SUBSTANCE USE DISORDER SERVICES



**Strategy 4.2.1:** Disseminate and share local resources to improve access to care.

|   |  |
|---|--|
| <b>Objective 4.2.1A:</b> Annually, revise the services listed on the Mental Health and Addiction Resource List.   | <b>Owner:</b> Tracy Leitner, Florida Department of Health in Walton County |
| <b>Objective 4.2.1B:</b> By June 30, 2021, coordinate a community meeting with the school district that addresses the mental health services provided in schools. | <b>Owner:</b> Wyndy Crozier, Emerald Coast Technical College               |

## GOAL 4.3: INCREASE AWARENESS OF MENTAL HEALTH AND SUBSTANCE USE DISORDER SERVICES



**Strategy 4.3.1:** Disseminate and share local resources to improve access to care.

|  |   |
|--|---|
| <b>Objective 4.3.1A:</b> By June 20, 2022, increase the number of healthcare referrals to tobacco cessation classes by 25%, from 44 (2018-2019) to 55 (2021-2022). | <b>Owner:</b> Miriam Lavandier, West Florida Area Health Education Center |
|--|---|

### Icon Key:





A photograph of a grocery store produce section. The image shows several green plastic bins filled with various vegetables. In the foreground, a bin contains yellow and red bell peppers. A person's hand is visible on the left, reaching towards the peppers. Other bins in the background contain items like purple eggplants, green beans, and white mushrooms. The scene is brightly lit, typical of a supermarket.

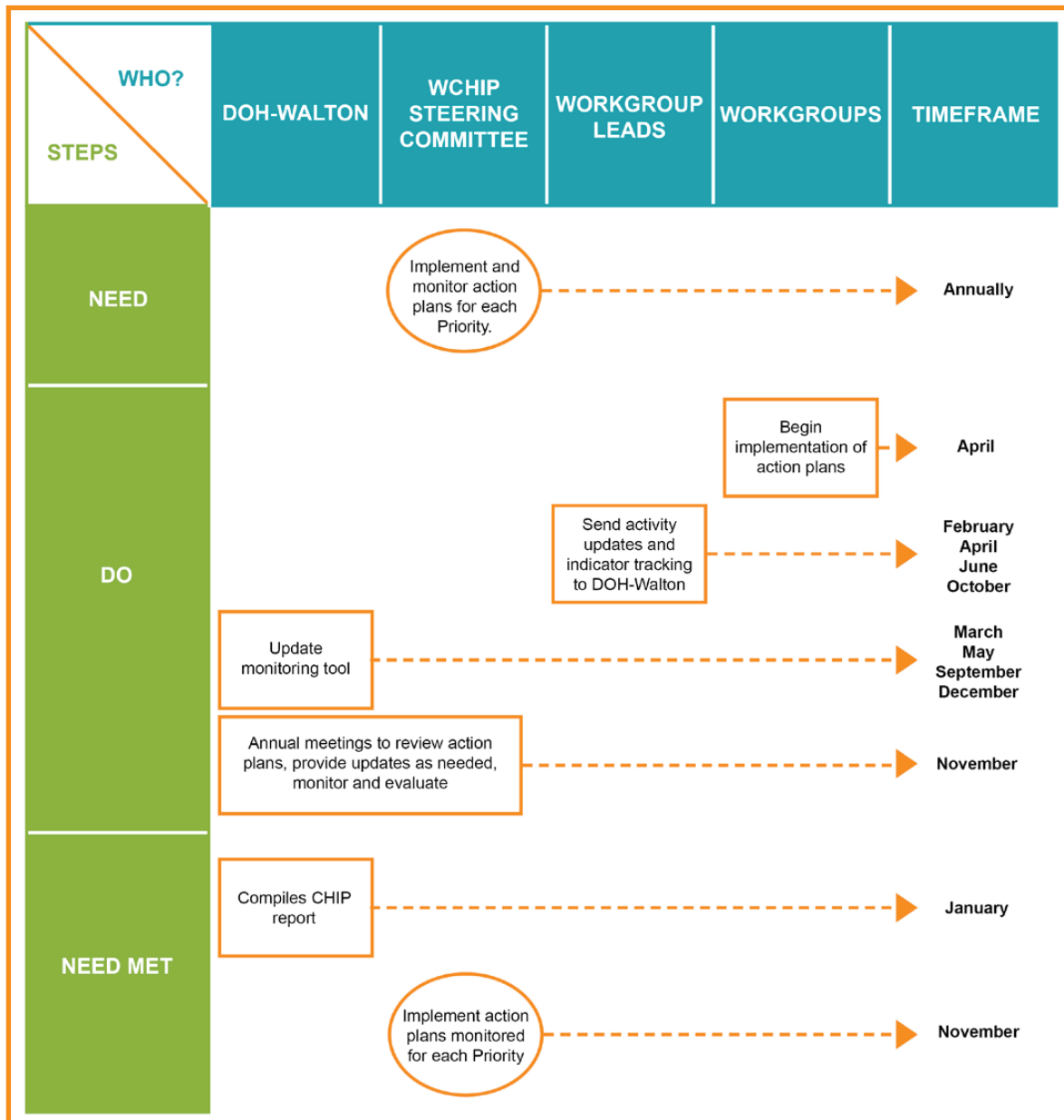
# APPENDICES

# APPENDIX 1: MONITORING PLAN

To hold DOH-Walton staff and WCHIP partners accountable, the action plans will be monitored on a quarterly basis at scheduled WCHIP Steering Committee meetings. Workgroup leads and facilitators will work together to make sure action plans are up-to-date and include all vital information for tracking progress. This monitoring tool will reflect the status of each action step within each action plan, and will track progress on the process and outcome indicators.

Additionally, the WCHIP Steering Committee will host an annual review meeting each November to review the progress made on the action plans and to make amendments as needed. The WCHIP Steering Committee will update the CHIP annually based on the feedback from the annual review meeting. The internal DOH-Walton Performance Management Council will monitor progress of the CHIP action plans quarterly. Figure 1.1 provides an illustration of the CHIP implementation and monitoring process for the 3 year cycle (1/1/2020 – 12/31/2022). An example monitoring tool is included on the next page.

**Figure 1.1:** CHIP Implementation and Monitoring Process Map





Date: \_\_\_\_\_

- Healthy Homes
- Healthy Places
- Healthy People
- Healthy Behaviors

## Monitoring Tool

2020 Quarter 1 Report (January 1, 2020 – March 31, 2020)

**Goal:**

**Strategy:**

**Objective:**

| Action Steps | Action Status                | Owner/Lead                              | Key Partners  | Resources Needed                                      | Outputs (Products)   | Actual Start Date                          | Actual End Date                                 | Progress Notes   |
|--------------|------------------------------|---|---|---|--|--|---|--|
| 1.           | See status definitions below | Name of owner/lead for this action step | Names of partners, consultants, etc. who helped carry out the action step in Q1 | List of needed resources to complete the action step. | Description of any products or results of the action completed during Q1 | Actual start date of action step described | Actual finish/end date of action step described | Any information that would be helpful in knowing more about this action step's progress and activities in Q1 |
| 2.           |                              |   |   |   |  |  |   |  |
| 3.           |                              |   |   |   |  |  |   |  |
| ...          |                              |   |   |   |  |  |   |  |

**Complete** = Action Step is complete on or after the target date.

**On Schedule** = No changes/delays and no scope changes.

**At Risk** = Action Step needs some attention; milestones in action step are maybe being met, but results are not as anticipated.

**Not On Schedule** = It looks like the Action Step will not be met by the target date. Action Step may take longer to complete than originally anticipated.

**Not Feasible** = Action Step has been excluded from the Action Plan.

Please email completed form to [wchip@flhealth.gov](mailto:wchip@flhealth.gov)

# APPENDIX 2: ALIGNMENT

| Walton County<br>CHIP                        | DOH-Walton<br>Strategic Plan   | Florida State Health Improvement Plan<br>(SHIP)   | Healthy People 2020   |
|--|--|---|---|
| <p><b>Priority 1:</b><br/>Healthy Homes</p>  | <p><b>HE1</b> – Eliminate health gaps between different communities.</p>   | <p><b>HE2</b> – Strengthen the capacity of state and local agencies and other organizations to work collaboratively with communities to reduce disparities in SDOH and advance HE.; <b>Goal HE3</b> – Strengthen the capacity of state and local agencies and other organizations to work collaboratively with communities and each other to support the specific needs of Florida’s most vulnerable populations.</p> | <p><b>SDOH-3</b> – Proportion of persons living in poverty.; <b>SDOH-4</b> – Proportion of households that experience housing cost burden.</p>  |
| <p><b>Priority 2:</b><br/>Healthy Places</p> | <p><b>HE1</b> – Eliminate health gaps between different communities.;<br/><b>LHL1</b> – Promote an age-friendly community.; <b>LHL2</b> – Reduce prevalence of chronic diseases.; <b>REHT</b> – Promote tobacco-free environments.</p> | <p><b>HW1</b> – Improve the food environment and nutrition habits across the lifespan to increase healthy weight.; <b>Goal CD1</b> – Increase cross-sector collaboration for the prevention, early detection, treatment and management of chronic diseases and conditions to improve health equity.;<br/><b>AD3</b> – Protect individuals with ADRD from further vulnerability.</p>                                   | <p><b>PA-1</b> – Reduce the proportion of adults who engage in no leisure-time physical activity.; <b>NWS-14</b> – Increase the contribution of fruits to the diets of the population aged 2 years and older.;<br/><b>NWS-15</b> – Increase the variety and contribution of vegetables to the diets of the population aged 2 years and older.;<br/><b>ECBP-8</b> – Increase the proportion of worksites that offer an employee health promotion program to their employees.;<br/><b>OA-6</b> – Increase the proportion of older adults with reduced physical or cognitive function who engage in light, moderate, or vigorous leisure-time physical activities.</p> |



| Walton County<br>CHIP                           | DOH-Walton<br>Strategic Plan  | Florida State Health Improvement Plan<br>(SHIP)  | Healthy People 2020  |
|---|---|--|--|
| <p><b>Priority 3:</b><br/>Healthy People</p>    | <p><b>HE1</b> – Eliminate health gaps between different communities.;<br/><b>LHL4</b> – Reduce injury and improve infant mortality; <b>LHL5</b> – increase vaccination rates for children, teens and adults.;<br/><b>LHL6</b> – Reduce incidence of sexually transmitted disease.;<br/><b>REHT1</b> – Reduce incidence of infectious diseases</p> | <p><b>MCH1</b> – Reduce infant mortality and related disparities.; <b>IM1</b> – Increase access to immunizations for infants and pregnant women.; <b>IM2</b> – Increase access to immunizations for vaccine preventable disease in children and teens.; <b>ISV1</b> – Prevent and reduce intentional and unintentional injuries and deaths in Florida.; <b>ID3</b> – Demonstrate readiness for existing and emerging infectious disease threats.</p> | <p><b>IVP-1</b> – Reduce fatal and nonfatal injuries.; <b>IVP-2</b> – Reduce fatal and nonfatal traumatic brain injuries. IVP-9 – Prevent an increase in poisoning deaths.; <b>IVP-10</b> – Prevent an increase in nonfatal poisonings.; <b>IVP-11</b> – Reduce unintentional injury deaths. <b>IVP-12</b> – Reduce nonfatal unintentional injuries.; <b>IVP-13</b> – Reduce motor vehicle crash-related deaths.; <b>IVP-14</b> – Reduce nonfatal motor vehicle crash-related injuries.; <b>IVP-18</b> – Reduce pedestrian deaths on public roads.; <b>IVP-19</b> – Reduce nonfatal pedestrian injuries on public roads.; <b>IVP-23</b> – Prevent an increase in fall-related deaths.;<br/><b>IID-1</b> – Reduce, eliminate, or maintain elimination of cases of vaccine-preventable diseases.; <b>IID-10</b> – Maintain vaccination coverage levels for children in kindergarten.; <b>IID-10</b> – Increase the percentage of children and adults who are vaccinated annually against seasonal influenza.</p> |
| <p><b>Priority 4:</b><br/>Healthy Behaviors</p> | <p><b>HE1</b> – Eliminate health gaps between different communities.;<br/><b>LHL3</b> – Improve mental health.;<br/><b>REHT</b> – Promote tobacco-free environments.</p>  | <p><b>BH3</b> – Reduce the number of opioid overdose deaths among individuals with opioid use disorders.</p>   | <p><b>TU-1</b> – Reduce tobacco use by adults.;<br/><b>TU-4</b> – Increase smoking cessation attempts by all adults.; <b>MHMD-12</b> – Increase the proportion of homeless adults with mental health problems who receive mental health services</p>   |

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