



WALTON COUNTY, FLORIDA
**2019 COMMUNITY HEALTH ASSESSMENT &
COMMUNITY HEALTH IMPROVEMENT PLAN**
JANUARY 2020– DECEMBER 2022

2021 ANNUAL UPDATE

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LETTER TO COMMUNITY

The Florida Department of Health in Walton County (DOH-Walton) and the Walton Community Health Improvement Partnership (WCHIP) believe that all Walton County residents should have the opportunity to make the choices that allow them to live a long, healthy life, regardless of their income, education, ethnic background or abilities. This plan uses the prioritized health issues from the 2019 Community Health Assessment (CHA) for Walton County, Florida and addresses some of the root causes to those issues.

The findings from our 2019 CHA helped identify top health issues facing our community. Through collective input, goals, strategies, and objectives were developed to address these issues in order to reach our vision of a healthy and connected Walton County. The plan will be implemented over the next few years and will be reviewed annually to monitor the progress being made. Based on the top health issues outlined in the 2019 CHA, WCHIP partners chose the four priorities for 2020-2022 Community Health Improvement Plan, which are:

- Healthy Homes
- Healthy Places
- Healthy People
- Healthy Behaviors

We would like to thank our community members and partners for their dedication and participation in the development of this county-wide plan. As a member of the community, we invite you to attend an upcoming WCHIP meeting. To become involved, contact WCHIP at wchip@flhealth.gov or visit walton.floridahealth.gov.

A #HealthyWalton Begins Today!
Join the Movement!



In healthy regard,

Holly B. Holt

Holly B. Holt, RN, BSN, MSM
Health Officer & Administrator
Florida Department of Health in Walton County

OUR PARTNERS

Walton Community Health Improvement Partnership (WCHIP) Steering Committee

Kathryn Barley, Florida Department of Health in Walton County
Kay Brady, Retired Professional
Jill Breslawski, UF/IFAS Extension Office - Walton County
Bryan Callahan, Walton County Prevention Coalition
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Emily Proctor, Caring and Sharing of South Walton
Wendy Ta, Florida Department of Health in Walton County

Walton Community Health Improvement Partnership (WCHIP) Local Public Health System Partners, 2019-2020

90 Works	Kindred at Home
AARP Florida	Lighthouse Health Plan
BeGenerous, Inc.	Main Street DeFuniak Springs
Big Bend Community Based Care	Matrix Community Outreach Center
Boys & Girls Clubs of the Emerald Coast	Mental Health Association of Okaloosa-Walton
Caring and Sharing of South Walton	Northwest Florida Area Agency on Aging
Catholic Charities of Northwest Florida	OASIS Florida
Chautauqua Healthcare Services of Lakeview	PanCare of Florida
Chautauqua Rehabilitation and Nursing Center	Point Washington Medical Clinic
CIL Disability Resource Center	Sacred Heart on the Emerald Coast Ascension
City of DeFuniak Springs	Shelter House of Northwest Florida
City of Freeport	Tri-County Community Council
Early Learning Coalition of the Emerald Coast	UF/IFAS Extension Office - Walton County
Emerald Coast Children's Advocacy Center	United Way Emerald Coast
Emerald Coast Technical College	Walton Area Chamber of Commerce
Florida Department of Children and Families	Walton County Board of County Commissioners
Florida Department of Health in Escambia County	Walton Community Health Center
Florida Department of Health in Okaloosa County	Walton County Emergency Management
Florida Department of Health in Walton County	Walton County Housing Agency
FYZICAL Therapy & Balance Centers	Walton County Prevention Coalition
Habitat for Humanity of Walton County	Walton County School District
Healthmark Regional Medical Center	Walton County Sheriff's Office
Healthy Start of Okaloosa and Walton Counties	Walton County Tax Collector
Homelessness and Housing Alliance	Walton Okaloosa Council on Aging
Hope Medical Clinic	West Florida Area Health Education Center
Humana	

Key Informants

Tony Anderson, Walton County Board of County Commissioners
Bob Campbell, City of DeFuniak Springs
Kathleen Dupuis, Sacred Heart Hospital on the Emerald Coast | Ascension
Mike Goodchild, UF/IFAS Extension Office - Walton County
Johnny Jordan, Walton County Sheriff's Office
Ron Kelley, Healthmark Regional Medical Center
Amy Leath, Boys & Girls Clubs of the Emerald Coast
Barry Lee, Walton County Sheriff's Office - Child Protective Unit
Dianne McManus, Homelessness and Housing Alliance
Trecia Meadows, Walton County School District & Emerald Coast Technical College
Emily Proctor, SoWal Community Chaplain & Caring and Sharing of South Walton
Candi Nowling, Matrix Community Outreach Center
Marti Sherrouse, Walton County Sheriff's Office
Judy Williams, City of Paxton

Data Collection Team

Key staff from the Florida Department of Health in Walton County

Photos throughout this document were provided by :

Louis Svehla, Public Information Manager,
Walton County Board of County Commissioners

Walton County Tourist Development Council



**A Healthy Walton
Begins Today!
Join the Movement!**

EXECUTIVE SUMMARY

The Florida Department of Health in Walton County (DOH-Walton) and the Walton Community Health Improvement Partnership (WCHIP) initiated a new community health improvement process in 2019. Over the past year, local public health system partners joined forces to develop the 2020-2022 Walton County Community Health Improvement Plan (CHIP). A CHIP is a strategic plan to address public health priorities in a community and defines how DOH-Walton and public health system partners will work together to improve the health of Walton County. Critical sectors invited to participate in the development of Walton County's CHIP included local hospitals and health care organizations, local government, community-based organizations, social service organizations, and schools.

Utilizing the National Association of City and County Health Officials (NACCHO) Mobilizing for Action through Planning and Partnerships (MAPP) framework, the planning team engaged in a comprehensive community health assessment (CHA). The findings from the CHA were reviewed, analyzed, and synthesized to inform the development of Walton County's CHIP. Strategic health priorities were identified through a facilitated process that examined crosscutting strategic issues that emerged in the CHA. When establishing health priorities for Walton County's CHIP, feasibility, impact on health outcomes, and the promotion of health equity and the social determinants of health were considered.

Through this process, four strategic priorities were identified for Walton County's CHIP:

- **Healthy Homes:** Healthy homes promote good physical and mental health. Good health depends on having homes that are safe and free from physical hazards. In contrast, poor quality and inadequate housing contributes to health problems such as chronic diseases and injuries, and can have harmful effects on childhood development.
- **Healthy Places:** The built environment includes all of the physical parts of where we live and work (e.g., homes, buildings, streets, open spaces, and infrastructure). The built environment influences a person's level of physical activity. For example, inaccessible or nonexistent sidewalks and bicycle or walking paths contribute to sedentary habits. These habits lead to poor health outcomes such as obesity, cardiovascular disease, diabetes, and some types of cancer.
- **Healthy People:** Disparities in health outcomes exist in specific groups of people. When exploring preventable injuries, chronic diseases, and infectious diseases, specific populations are more at-risk or vulnerable. Defining characteristics of these populations include age, sex, geography, race, ethnicity, or income.
- **Healthy Behaviors:** Behavioral health is essential to a person's overall health and wellbeing, interpersonal relationships, and ability to live a full and productive life. Mental illness can influence the onset, progression, and outcome of other illnesses and often correlates with health risk behaviors such as substance abuse, tobacco use, and physical inactivity.

These priorities guided the development of goals, objectives, and key activities that will be implemented to promote optimal health and well-being for all who live, work, learn, play, and pray in Walton County. The result of the MAPP process is a well-crafted roadmap that we will review and revise annually to meet emerging challenges and opportunities.

STRATEGIC PRIORITIES

STRATEGIC PRIORITY 1

Healthy Homes



GOALS:

- Increase capacity for affordable housing.
- Improve housing stability through supportive services for vulnerable populations, including older adults, people with disabilities, homeless people, and individuals and families at risk of becoming homeless.

STRATEGIC PRIORITY 2

Healthy Places



GOALS:

- Improve the built environment to support healthy lifestyles of individuals across the lifespan.
- Increase collaboration across sectors to reduce barriers to health.

STRATEGIC PRIORITY 3

Healthy People



GOALS:

- Prevent and reduce intentional and unintentional injuries and deaths.
- Prevent the spread of disease through prevention and community education.

STRATEGIC PRIORITY 4

Healthy Behaviors



GOALS:

- Reduce substance use through prevention and community education.
- Increase awareness of mental health and substance use disorder services.
- Reduce illness, disability, and death related to tobacco use.

COMMUNITY HEALTH ASSESSMENT FINDINGS





METHODS

The 2019 Community Health Assessment (CHA) was conducted by the Florida Department of Health in Walton County (DOH-Walton) in support of the Walton Community Health Improvement Partnership (WCHIP). Created in part to guide a community health improvement planning process, WCHIP is an independent collaborative made up of various community members and organizations that serve Walton County.

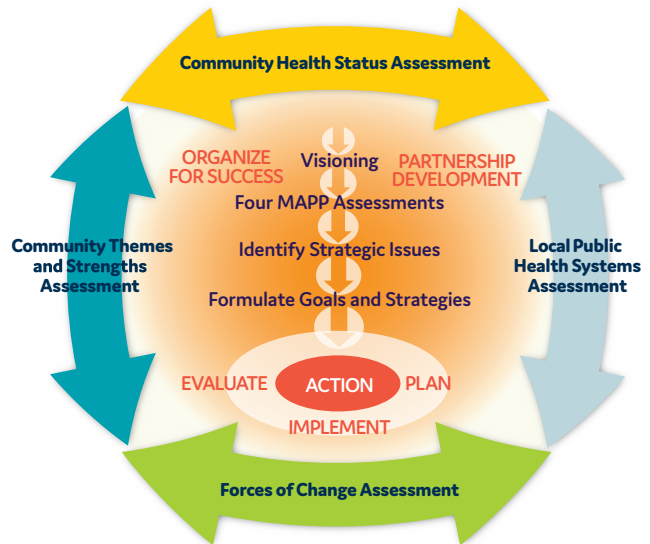
This assessment details the top health issues for Walton County after consideration of all the data collected. To develop the CHA, we used the Mobilizing for Action through Planning and Partnerships (MAPP) model. The MAPP model is made up of four assessments that help identify public health issues in our community

In 2018-2019, DOH-Walton held meetings every month with partner agencies to organize and coordinate the assessment data collection process. Additionally, the DOH-Walton staff reviewed local and state health assessments for methodology and data collection comparisons. Various data profiles from FLHealthCHARTS, Florida Department of Health's Community Health Assessment Resource Tool Set, were used to find relevant data regarding diseases, health behaviors, and social determinants of health. The CHA yielded the top eight health issues for Walton County: substance use, mental health, housing, preventable injuries, healthy food access, education, vaccine-preventable diseases, and poverty.

Through voting, WCHIP partners then decided which of the top health issues to adapt to priorities for the 2020-2022 Community Health Improvement Plan. Partners decided to keep the priorities broad to allow flexibility for potential emerging issues during the plan's time frame.

MAPP

Mobilizing for Action through Planning and Partnerships



A FOCUS ON THE SOCIAL DETERMINANTS OF HEALTH^{1, 2}

Health begins where you live, learn, work, play, and pray. All Walton County residents should have the opportunity to make the choices that allow them to live a long, healthy life, regardless of their income, education, ethnic background or abilities. It is important to work toward raising the bar for all so that everyone can have the opportunity to make healthy choices.

The majority of our health is determined by social, economic and environmental factors. These “social determinants of health” strongly influence health behaviors, access to clinical care, and even our genes and biology. Income, education, housing and transportation create opportunities or barriers to health. This plan address these social determinants of health within each of the priorities.

Policy is a critical tool for changing environments. The goal is to create a systematic approach through informed policy changes by local government, thereby addressing a root cause of health inequities. Needed policy changes for the priorities are featured on pages 19-26.

MAPP PROCESS

Phase 1: Organize for Success/Partnership Development

Lead organizations begin planning the MAPP process and enlisting other community organizations to participate in the process.

Phase 2: Visioning

The community develops a shared vision for Walton County and common values to determine an ideal end point for the MAPP process.

Phase 3: The Four MAPP Assessments

1. Forces of Change Assessment: The impact of forces, such as legislation and technology, that affect the context of the community are evaluated.
2. Local Public Health System Assessment: Comprehensively examines organizations from across multiple sectors and their contribution to the public's health.
3. Community Themes and Strengths Assessment: Examines health issues Walton County residents feel are important and the assets the community possesses to address those issues.
4. Community Health Status Assessment: Investigates health outcomes and quality of life at a detailed level. Health issues are identified and highlighted by gathering data for a variety of indicators and analyzing differences across time periods, among population subgroups, or with peer, state, or national data.

Phase 4: Identify Strategic Issues

This phase takes data from all four assessments and identifies the most critical issues that must be addressed for Walton County to achieve its vision.

Phase 5: Formulating Goals and Strategies

After identifying a list of strategic issues, broader goals addressing these issues are created and specific strategies to meet these goals are developed.

Phase 6: Action Cycle

Strategies are planned, implemented, and evaluated in a continuous cycle which celebrates successes and adapts to new challenges.

MAPP TIMELINE

August 15, 2018
MAPP Phase 1 & 2
Steering Committee Meeting

September 12, 2018
MAPP Phase 3
Forces of Change Community Meeting

March 20, 2019
Local Public Health Systems

May 15, 2019
Community Themes and Strengths

June 19, 2019
Community Health Status Assessment

August 21, 2019
Steering Committee Reviewed Draft of 2019 CHA

September 18, 2019
MAPP Phase 4
2019 CHA Presented to Community Stakeholders to Determine CHIP Priorities.

November 13, 2019
MAPP Phase 5
Healthy Walton Summit

January 15, 2020
WCHIP Community Meeting to Finalize Goals and Strategies

February 19, 2020
MAPP Phase 5
Objectives Finalized and Initiated Action Plan Development

LOCAL PUBLIC HEALTH SYSTEMS³

Conducted: March 20, 2019 – April 17, 2019

AVERAGE ESSENTIAL PUBLIC HEALTH SERVICE SELF-ASSESSMENT

Essential Public Health Service	Score	Rating
Monitor Community Health Status	71%	Significant
Diagnose & Investigate Health Problems	80%	Optimal
Inform, Educate & Empower Public	82%	Optimal
Mobilize Community Partnerships	78%	Optimal
Develop Policies & Plans	71%	Significant
Enforce Laws & Regulations	70%	Significant
Link People to Health Resources	79%	Optimal
Assure Competent Health Workforce	65%	Significant
Evaluate Health Services	67%	Significant
Research Innovative Health Solutions	69%	Significant
Average Overall Score	73%	Significant

Strongest Performance

Inform, Educate, and Empower People About Health Issues This Essential Public Health Service centers around planning and implementing initiatives using health education and communication sciences to build knowledge and shape attitudes, inform decision-making choices, and develop skills and behaviors for healthy living.

Weakest Performance

Assure a Competent Public and Personal Health Care Workforce This Essential Public Health Service centers around assessing the public health and personal health workforce by maintaining public health workforce standards, using public health competencies, providing continuing education and life-long learning opportunities, and facilitating leadership development.

COMMUNITY THEMES & STRENGTHS³

Conducted May 1, 2019 – July 31, 2019

KEY INFORMANT INTERVIEWS *Key Informants are listed on page 4*

Top Important Issues that Must Be Addressed to Improve Health

1. Affordable and healthy housing
2. Opportunities to live healthy lives (at home, work, and school)
3. Drug and alcohol use
4. Access to medical and behavioral health care
5. Flexible and affordable public transportation
6. Dependable jobs families with livable wages

COMMUNITY SURVEY

Total Number of Respondents: 280

Priority Population Respondents	Response %	Actual %
Less than High School Diploma or Equivalent	2.9%	14.1%
Black or African American	6.1%	5%
Hispanic	5%	6%
Income Less Than \$15,000	13.6%	--
Disabled	4.6%	16.6%
Unemployed	1.8%	3.6%
Over Age of 60	40%	27%

Top Community Issues

Priority Populations	All Respondents
1. Unaffordable and inaccessible housing	1. Unaffordable and inaccessible housing
2. Crime	2. Employment and entrepreneurship opportunities
3. Education	3. Education

Top Unhealthy Behaviors

Priority Populations	All Respondents
1. Drug use	1. Drug use
2. Text/using phone while driving	2. Text/using phone while driving
3. Being overweight or obese	3. Alcohol use

FORCES OF CHANGE³

Conducted: September 12, 2018

Forces (Trends, Events, Factors)	Opportunities	Threats
Walton County Demographics		
<ul style="list-style-type: none"> Aging population Global travel Steadily increasing new residents Limited affordable housing Improving education system Increasing new businesses and economic development 	<ul style="list-style-type: none"> More focus on addressing issues such as the homeless, poverty, and older adults in the community. Ability to leverage area volunteer programs to increase civic participation in the community. Local government has a focus on bettering economic development opportunities to drive community growth. Increasing focus in the field of public health on minority health and health equity. More focus on addressing issues such as the homeless, poverty, and older adults in the community. 	<ul style="list-style-type: none"> Increasing population and global travel offers more possibility of environmental issues and communicable disease spread Increasing drug use within community with novel types of drugs that healthcare providers might not be educated on. Lack of specific community resources (ie. geriatric dental, urgent care centers, mental health treatment). With the increase in residents and tourists, there is an increased likelihood of individuals potentially coming in contact with bacteria or algal blooms that cause illness (ie. Vibrio, enterococci, red tide, etc.). Lack of affordable housing locally continues to be an increasing problem, which then affects the workforce, the ability to seek and obtain proper healthcare, and transportation. Increasing homeless and aging population Limited control to offer competitive wages to employees. Extreme socioeconomic differences between North and South Walton County.
Walton County Geography		
<ul style="list-style-type: none"> Rural areas with limited transportation Population split between North and South Walton County Coastal Location (hurricanes, tourists, etc.) 	<ul style="list-style-type: none"> Telehealth services are increasing in popularity, which could help with access to care needs. 	<ul style="list-style-type: none"> Lack of specific community resources (ie. geriatric dental, urgent care centers, mental health treatment). Walton County residents are susceptible to potential deadly endemic diseases (ie. rabies, West Nile virus, etc.). Limitations on public transit and control over transportation
Funding		
<ul style="list-style-type: none"> Limited allocated funding for community public health initiatives Changes in Medicaid 	<ul style="list-style-type: none"> Increasing national, state and local focus on substance use and mental health with increased funding for community resources for prevention and intervention. 	<ul style="list-style-type: none"> No control over possible budget changes. Uncontrollable managed Medicaid changes to contract winners. Limited control to offer competitive wages to employees.
Partnerships and Communication		
<ul style="list-style-type: none"> Access to technology Lack of awareness of sexual health issues 	<ul style="list-style-type: none"> Possibility of a formalized network to allow “smooth” transition of services from one agency to another (ie. inmate releases). Increasing participation among community partners and ability to increase interagency communication. Ability to increase local community leaders’ and partners’ awareness of health equity and the social determinants of health. Increasing focus in the field of public health on minority health and health equity. Increasing emphasis on disease prevention and healthy living including diet, exercise and mental health. 	<ul style="list-style-type: none"> Public unawareness of the importance of routine services for males. Decision-makers not always at the table for important public health discussions. Lack of community knowledge, education, communication and media resources within Walton County (i.e. “Walton County is a media black hole”).
Social		
<ul style="list-style-type: none"> Strong faith-based community Growing numbers of “communities” Limited social outlets for children and young adults Segmented generational populations Social media 	<ul style="list-style-type: none"> Increasing community focus on stigmatized public health issues such as mental health, substance use, and HIV lead to opportunities to break stigmas and have conversations. Robust religious community that could be leveraged to build educational awareness for parents, specifically families of different racial or ethnic backgrounds. 	<ul style="list-style-type: none"> Younger generation being less responsible for their actions and the increase in their use of technology to “fix” everything. Teenagers have “nothing to do” because there are limited area entertainment opportunities.

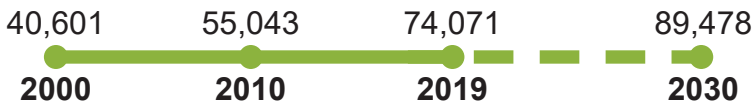
COMMUNITY HEALTH STATUS³

Conducted: June 1, 2019 – August 21, 2019 | Updated: January 1, 2021

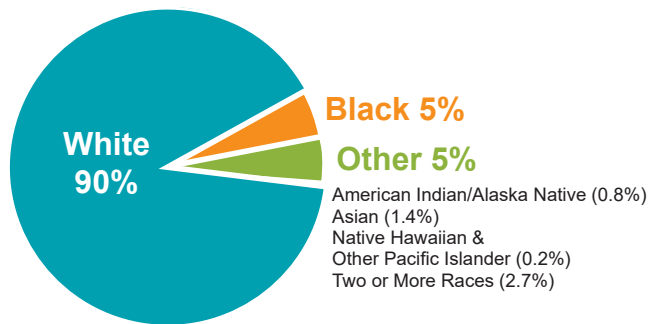
OUR DEMOGRAPHICS

Population Growth

According to U.S. News, Walton County is the fifth fastest-growing county in the United States.⁴ From 2018 to 2019, Walton County had a population growth rate of 4.72%.⁵

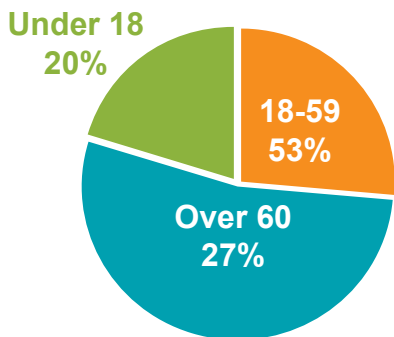


Population by Race and Ethnicity (2019)⁵

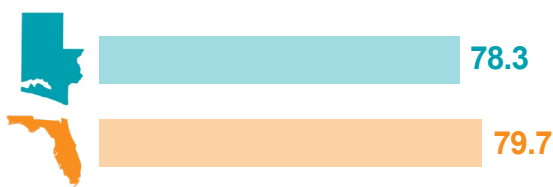


By 2030, the Hispanic population is anticipated to represent almost 12% of Walton County's total population.⁶

Population by Age (2018)⁵



Life Expectancy⁷



Certain populations tend to experience adverse health outcomes or have different health needs based on demographics. Key populations that can be at risk and should be monitored include the following:

Older Adults⁵

Tracking the population of older adults is important because this population has unique health needs, which should be considered separately from other age groups. Walton County's older adults is one of the fastest growing demographics.



1 in 4 residents are over the age of 60.

People Living in Poverty⁸

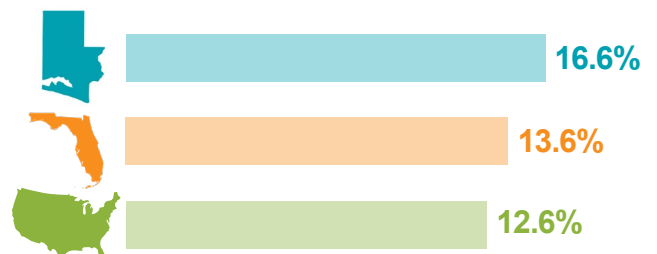
Living in poverty creates barriers for achieving optimal health. People living in poverty are less likely to have the education needed to earn higher income. Examples include limited access to health services, healthy food, safe and affordable housing, and other necessities to living a healthy life.



1 in 7 residents are living in poverty.

People with Disabilities⁹

Until recently, people with disabilities have been overlooked in public health surveys, data analyses, and health reports. Emerging data indicate that individuals with disabilities experience health disparities in health behaviors, clinical preventive services, and chronic conditions. Walton County has a higher percentage of individuals with disability status, compared to Florida and the United States.



Over the next decade, Walton County is expected to grow by nearly 21%, from 74,071 in 2019 to 89,478 in 2030, which is above the state of Florida's expected growth rate (6.8%). Walton County has slightly more males (50.5%) than females (49.5%). The population is also predominantly White (90%) and has a growing Hispanic population (7%), which is expected to almost double over the next decade. The median age in 2019 is 44.0 years old, slightly higher than the state of Florida overall (42.5). The percentage of residents age 25 years old or older living in the community with an education with that is a high school graduate or higher (89.1%) is higher than the state of Florida (88.2%) and nation (88.0%). From 2015 to 2019, the top ten leading causes of death for Walton County during are:

Cause of Death		# of Deaths
1	Cancer	764
2	Heart Disease	721
3	Chronic Lower Respiratory Disease	260
4	Unintentional Injury	181
5	Stroke	157
6	Alzheimer's Disease	98
7	Diabetes	95
8	Nephritis, Nephrotic Syndrome, & Nephrosis	85
9	Chronic Liver Disease & Cirrhosis	68
10	Suicide	62

“I believe a healthy community is one in which all residents have access to a quality education, safe and healthy homes, adequate employment, transportation, access to physical activity, and nutrition, in addition to quality health care.”

- Key Informant

Out of the top five leading causes of death in Walton County, four are chronic diseases largely caused by poor health habits and lifestyle choices, such as poor diet, lack of exercise, and tobacco use. Health is influenced by conditions where we live and the ability and means to access healthy food, good schools, affordable housing, and jobs. Unfortunately, significant gaps in life expectancy persist across many United States cities, towns, ZIP codes and neighborhoods. In Walton County, there are numerous zip codes that have higher rates of poverty and lower life expectancy: 32433, 32464, 32435, 32455, 32539, and 32567. The largest health disparities for our county are related to gender, race, income and education. For example, in Walton County:

- Nearly 50% of all cancer deaths from 2015 to 2019 were related to tobacco use.
- Residents without a high school diploma are most likely to smoke cigarettes (34.7%) compared to residents with a high school diploma (16.8%) and residents with more than a high school education (10.0%)
- Out of the residents that died by suicide, 9 out of 10 were White male residents.
- Black residents are twice as likely to die from diabetes than White residents.
- White residents of Walton County (88.5%) are more likely to have any type of health insurance compared to Black residents (87.9%) and Hispanics (68.6%)
- Out of the 34 females that died from breast cancer from 2015 to 2019, all of them were White residents.
- Male residents are nearly twice as likely to die from unintentional injury (70.3 per 100,000) compared to female residents (38.5 per 100,000).
- Those with annual incomes under \$25,000 (37.0%) are less likely to see a doctor due to cost compared to those with incomes between \$25,999 to \$49,999 (19.9%) and those with incomes \$50,000 and higher (3.7%)
- Female residents are nearly twice as likely to die from Alzheimer's disease (30.0 per 100,000) compared to male residents (16.8 per 100,000).

KEY HEALTH STATUS PERFORMANCE INDICATORS, 2020

Indicator	Walton County		Florida	Local Trend
	Current	Baseline		
Healthy Homes				
Homeless Estimate (2020) ¹⁰	27	(2018) 173	29,717	▼
Students Considered Homeless by School District (2019-2020) ²¹	341	(2018-2019) 468	--	▼
Median Household Income, by Race (2019) ⁹		(2018)		
White	\$59,321	\$55,903	\$58,809	▲
Black	\$33,438	\$30,044	\$41,702	▲
Wage Gap	\$25,883	\$25,859	\$17,107	▲
Median Household Income, by Ethnicity (2019) ⁹		(2018)		
Hispanic	\$32,188	\$44,688	\$49,266	▼
Non-Hispanic	\$59,510	\$55,948	\$61,682	▲
Wage Gap	\$27,322	\$11,260	\$12,416	▲
Unemployment Rate (2018) ¹¹	3.1%	(2017) 3.6%	3.6%	▼
Families Below Poverty Level (2019) ⁹	9.6%	(2018) 10.5%	10.0%	▼
Families with Female Householder (No Spouse Present) Below Poverty Level (2019) ²²	32.9%	(2018) 32.6%	24.2%	▲
Mobile Homes (2019) ²³	13.6%	(2018) 13.6	8.9%	▬
Unsatisfactory Inspections of Mobile Home and RV Parks, Percent of Mobile Home and RV Parks Inspected (2019) ¹⁴	18.6%	(2018) 27.2%	18.3%	▼
Local Social Services Agencies Using the Homeless Management Information System ³¹	12	(2019) 8	--	▲
Household with a Broadband Internet Subscription (2015-2019) ⁹	81.9%	(2014-2018) 80.8%	83.0%	▲
Healthy Places				
Food Insecurity Rate (2018) ¹³	13.2%	(2017) 14.2	13.0%	▼
Population Living ½ Mile of a Healthy Food Source (2019) ¹⁴	6.6%	(2016) 5.3%	31.0%	▲
Population Living Within ½ Mile of a Park (2019) ¹⁴	21.3%	(2016) 16.6%	45.2%	▲
Employers Participating in the Healthy Walton Worksites Program ¹⁵	5	4	--	▲
Local Governments in the AARP Network of Age-Friendly States and Communities ¹⁶	1	1	32	▬

Indicator	Walton County		Florida	Local Trend
	Current	Baseline		
Healthy People				
Female Breast Cancer Deaths, per 100,000 (2017-2019) ⁷	27.7	(2014-2016) 21.2	21.7	▲
Total Motor Vehicle Crashes, per 100,000 (2017) ²⁸	1,979.5	(2016) 2,048.4	1,957.5	▼
Adult Females That Have Been Told They Had Diabetes (2016) ¹⁸	16.4%	(2013) 9.2%	11%	▲
Infant Mortality Rate, per 1,000 Live Births (2017-2019) ⁷	5.0	(2014-2016) 4.4	6.0	▲
Unintentional Falls Death Rate, per 100,000 (2017-2019) ⁷	7.0	(2014-2016) 11.0	10.0	▼
Religious Exemptions to Vaccination, Children Age 4-18 (2020) ¹⁹	6.8%	(2018) 5.1%	2.9%	▲
All Acute Hepatitis Rate, per 100,000 (2015-2017) ²⁹	8.9	(2012-2014) 3.4	5.7	▲
COVID-19 Cases, per 100,000 (2020) ³⁰	6,473	(2019) 0	6,109	▲
Healthy Behaviors				
Adults Who Have Ever Been Told They Had a Depressive Disorder (2016) ¹⁸	19.6%	(2013) 16.1%	14.2%	▲
Limited Activities Due to Physical, Mental or Emotional Problem, Age 65+ (2016) ¹⁸	37.2%	(2013) 28.0%	27.1%	▲
Children Ages 1-5 Receiving Mental Health Treatment Services, Rate Per 1,000 (2018) ²⁵	7.0	(2017) 6.0	2.8	▲
Total Behavioral/Mental Health Professionals, Rate Per 100,000 Population (2018-2019) ²⁶	100.9	(2017-2018) 91.3	110.0	▲
Number of Controlled Substance Public Disposal Locations (2020) ³²	1	(2019) 0	--	▲
Percent of Students who, in the Past Year, did Something to Purposely Hurt Themselves Without Wanting to Die, Among All Middle and High School Students (2020) ²⁷	14.6%	(2019) 10.5%	12.4%	▲
Percent of Students who have Ever Tried Cigarettes, Cigars, Hookah, Electronic Vapor Products, Flavored Cigarettes, or Flavored Cigars, Among All Middle and High School Students (2020) ²⁷	46.0%	(2016) 33.3%	33.8%	▲
Tobacco-related Cancer Deaths, Rate Per 100,000 (2017-2018) ⁷	78.4	(2014-2016) 80.3	63.1	▼

PRIORITIZATION

Conducted: September 18, 2019

On September 18, 2019, DOH-Walton and WCHIP convened a meeting of approximately 35 community partners. Attendees were educated on the MAPP process, health equity, social determinants of health and the connection between health outcomes. An abbreviated version of the 2019 CHA was presented to the attendees by the WCHIP Steering Committee and other subject matter experts.

CHA pages were reviewed based on the "top health issues" identified by the WCHIP Steering Committee upon review of the MAPP assessments, which included substance use, mental health, housing, preventable injuries, healthy food access, education, vaccine-preventable diseases, and poverty. The social determinants of health and addressing health inequities were featured in aspects of top health issues and heavily considered in the prioritization process of this plan.

Following the review of the CHA and the top health issues, attendees voted to select the final priority areas that would form 2020-2022 Community Health Improvement Plan (CHIP) work groups. Posters were placed around the room, and each of the attendees had two votes, signified by colored stickers, for their first and second choices for priorities. For a CHIP workgroup to be finalized, there had to be at least one community member "lead." Each workgroup was also assigned a DOH-Walton staff member as a facilitator. Leads also serve on the WCHIP Steering Committee to share what their group is working on and the progress that has been made.

Upon completion of voting, attendees then discussed whether or not some of the top health issues were connected or made sense being categorized together into one workgroup. The attendees chose to combined substance use with mental health, preventable injuries with vaccine-preventable diseases, and housing with poverty.



Image Caption: On September 18, 2019, WCHIP partners reviewed the 2019 Community Health Assessment findings to determine the priorities for the 2020-2022 Community Health Improvement Plan.

The following priorities were selected as CHIP workgroups:



Healthy Homes



Healthy Places



Healthy People



Healthy Behaviors

FORMULATING GOALS & STRATEGIES

Conducted: November 13, 2019

On November 13, 2019, DOH-Walton and WCHIP convened the 2019 Healthy Walton Summit to formulate goals and strategies for each of the defined priorities. Over 70 community members attended and joined the discussion to guide the 2020-2022 CHIP.

The Healthy Walton Summit's agenda included a presentation to overview the State Health Improvement Plan, a discussion panel, and workgroup breakouts. The discussion panel included representatives from the City of Freeport, Chautauqua Healthcare Services of Lakeview, AARP Florida, Walton County Planning and Development Services, Walton County School District, Walton County Sheriff's Office, City of DeFuniak Springs, and the Walton Community Health Center. The discussion panel was facilitated by a local religious and community leader from Caring and Sharing of South Walton.

During the breakouts, workgroups were tasked with identifying assets (i.e. *What programs/services exist?, Which organizations or groups provide related programs/services?, Are those groups/organizations here today?*) and identifying gaps (i.e. *What should the community be doing to address the priority area?, What programs/services does our community need?, Which organizations should play a role?*)

To conclude the Healthy Walton Summit, WCHIP Steering Committee reviewed the activities and achievements completed from the 2017-2019 CHIP.

With the publication of the Community Health Improvement Plan 2020-2022, the chosen CHIP workgroups will continue to meet during the implementation phase of the action plans. Annual evaluation and reports will be published to provide the community with updates on progress toward achieving the goals.



Image Caption: On November 13, 2019, DOH-Walton facilitated community members in formulating goals and strategies for each of the 2020-2022 CHIP priorities at the 2019 Health Walton Summit.


Agenda			
 Walton Community Health Improvement Partnership Healthy Walton Summit 3524 US Highway 98, Santa Rosa Beach, Florida 32459 November 13, 2019 10:00 a.m. – 3:00 p.m.			
Meeting Purpose: To improve community health by engaging partners in community health improvement planning and the Mobilizing for Action through Planning and Partnerships (MAPP) framework.			
Time	Topic	Leader	Time
10:00	1.0 Invocation and Pledge of Allegiance	Pastor Pete Hyde, Community Church	5
10:05	2.0 Call to Order	Holly Holt, Administrator & Health Officer, DOH-Walton	5
10:10	3.0 Meeting Overview • Objectives	Ryan Mims, Chief Health Strategist, DOH-Walton	5
10:15	4.0 State Health Improvement Plan (SHIP) Overview	Jennifer Johnson, Director, Division of Public Health Statistics and Performance Management, DOH	30
10:45	5.0 Panel Discussion for Priority Areas	Emily Proctor, SoWal Community Chaplain	75
12:00	LUNCH/NETWORKING	All	60
1:00	6.0 Priority Area Workgroup Breakouts • Healthy Homes – Dianne McManus (Homelessness and Housing Alliance), Denise Song (Habitat for Humanity) • Healthy Places – Jill Breslawski (Walton County UF IFAS Extension) • Healthy People – Kay Brady (Walton Okaloosa Council on Aging) • Healthy Behaviors – Bryan Callahan (Walton County Prevention Coalition/Lakeview Center)	Workgroup Leads	60
2:00	7.0 Workgroup Reports	Workgroup Leads	20
2:20	8.0 2019 Review of Activities/Achievements	Ryan Mims, Chief Health Strategist, DOH-Walton	15
2:35	9.0 Partner Awards	Holly Holt, Administrator & Health Officer, DOH-Walton	15
2:50	10.0 Next Steps	Ryan Mims, Chief Health Strategist, DOH-Walton	10
3:00	11.0 Adjournment Turn in Meeting Evaluations!	All	0
Next WCHIP Meeting: January 15, 2020 Time: 8:45 a.m. – 11:30 a.m. Location: DOH-Walton 362 State Highway 83, DeFuniak Springs, Florida 32433			

Image Caption: Agenda for Healthy Walton Summit held on November 13, 2019.

2020-2022 COMMUNITY HEALTH IMPROVEMENT PLAN





2020 YEAR IN REVIEW

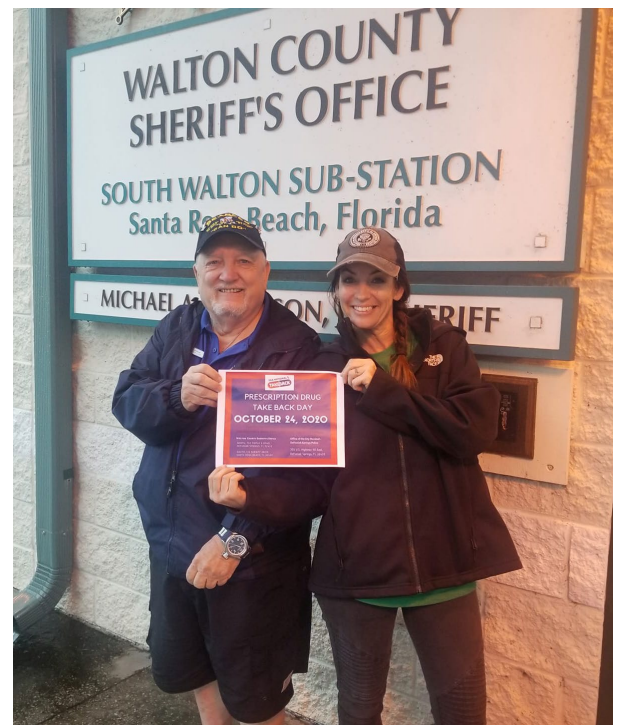
This year emphasized the importance of collaboration and partnership to better our community's health. WCHIP has stepped up to make sure that our community is protected from a new pandemic threat, COVID-19. The local response to the pandemic illustrates the local public health system at work to not only protect our public's physical health—but also the public's emotional, economic, educational, spiritual, and social health.

From fighting food insecurity to promoting healthy behaviors like handwashing and staying home if sick, WCHIP partners have carried out essential public health services in ways that helped combat the community issues that were magnified and amplified due to COVID-19. Community partners stepped up to the challenges and coordinated resources to best serve the public. Having a strong and robust partnership allowed us to utilize the connections that were already existing. WCHIP had to re-strategize our community, steering committee, and workgroup meetings to ensure social or physical distancing recommendations. Virtual meetings were implemented starting in June 2020.

Though many of these WCHIP activities were related to the local COVID-19 response this year, there were successes for each of the four priority workgroups that kept on track with what the partnership prioritized as priorities at the 2019 Healthy Walton Summit. Those successes are outlined in the following pages corresponding with the workgroups.



DOH-Walton provided 2,000 masks to the Matrix Community Outreach Center to include in their food distribution efforts. In June 2020, WCHIP distributed over 40,000 cloth face masks to the public. Masks went to older adults, individuals with underlying medical conditions, families experiencing poverty and food insecurity, and service industry employees. This was to promote mask wearing as a COVID-19 primary prevention strategy.



Stephen Brown and Stephanie McMinn, members of the Walton County Prevention Coalition, collected unused and expired medications for safe disposal in partnership with the Walton County Sheriff's Office. On October 24, 2020, over 70 pounds of medications was collected for National Prescription Drug Take Back Day.

In preparation of the flu season, WCHIP provided Flu Prevention Toolkits to local businesses and promoted the Healthy Walton Worksites initiative. The toolkits included bathroom mirror clings to promote proper handwashing, indoor and outdoor signage, and information to help keep employees healthy during flu season. COVID-19 information was also included.



In the months of October and November, the UF/IFAS Walton County Extension Office collected over 500 pounds of peanut butter for the annual community challenge. WCHIP partners helped collect jars throughout Walton County. The amount collected will be matched by the Florida Peanut Growers Association and distributed to local food pantries to feed neighbors in need.

To prepare for the expected COVID-19 vaccine, DOH-Walton provided a mass vaccination exercise using the flu vaccine. WCHIP partners helped with providing volunteers and sharing the event details with their clients, including older adults and those at-risk of severe illness. The exercise assisted in identifying lessons learned regarding logistics, operations, and mass communication strategies, and other methods to better plan for the COVID-19 vaccine roll-out.



PRIORITY 1: HEALTHY HOMES

Workgroup Lead

Dianne McManus, Homelessness and Housing Alliance

Workgroup Facilitator

Holly Holt, DOH-Walton

Workgroup Members

Dianne McManus, Homelessness and Housing Alliance

Holly Holt, DOH-Walton

Dede Hinote, Walton County Board of County Commissioners

Mac Carpenter, Walton County Planning Development Services

Kelly Schultz, City of DeFuniak Springs

Chris Strawn, City of DeFuniak Springs

Emily Proctor, Caring and Sharing of South Walton

Tom Baker, Walton County Housing Agency

Janet Brack, Walton County School District

Candy Nowling, Matrix Community Outreach Center

"Walton County still has residents living with dirt floors and no electricity."

-Key Informant

2020 Progress and Successes

DOH-Walton and Walton County Board of County Commissioners participated in the National Association of County Official's Housing and Health Action Learning Cohort in 2020. WCHIP aligned all objectives within the action plan for the Housing and Health Cohort to the 2020-2022 CHIP. The Housing and Health Cohort seeks to:

1. Support counties in their exploration, learning and action in understanding the impact of housing quality, stability, affordability, and neighborhood on county health outcomes.
2. Equip county officials and staff with the information necessary to make informed decisions towards better housing and health for their residents.
3. Develop individual housing and health roadmaps to assist counties in addressing housing challenges in their communities through a health equity lens.
4. Establish a county peer learning network on the intersection of housing and health

WCHIP also promoted the use of the Homeless Management Information System among local social service agencies to better coordinate resources and information for those experiencing or at-risk of homelessness



Workgroup Focuses

- Affordable and safe housing
- Homelessness
- Housing instability
- Poverty
- Coordination of community services
- Employment

Community Assets and Resources

- State Housing Initiatives Partnership (SHIP)
- Rural development/HUD
- Florida Housing Financing Corporation
- Density Bonus Program
- Private donations
- Emergency shelter grants
- Opportunity zones
- Community Reinvestment Act
- Homelessness and Housing Alliance – Continuum of Care
- Case manager providers
- Community of Transformation Program
- Some transitional housing
- eCivis
- Weatherization Programs
- Walton County Affordable Housing Advisory Committee

GOAL 1.1: INCREASE CAPACITY FOR AFFORDABLE HOUSING



Strategy 1.1.1: Assist local government with planning and development of affordable housing through policy and systems changes.



Objective 1.1.1A: By June 30, 2020, inventory and evaluate existing properties with land use designations that address affordable housing. *Baseline: 0 (2019)*

Owner: Mac Carpenter, Walton County Planning Development Services



Objective 1.1.1B: By December 31, 2022, inventory existing county properties which could be surplus and available for affordable housing sites. *Baseline: 0 (2019)*

Owner: Mac Carpenter, Walton County Planning Development Services



Objective 1.1.1C: By December 31, 2022, create an overlay district showing mixed-use areas for economic development and affordable housing. *Baseline: 0 (2019)*

Owner: Mac Carpenter, Walton County Planning Development Services

Objective 1.1.1D: By December 31, 2022, develop a mobility plan to support residents with alternative transit operations to get to jobs or community assets. *Baseline: 0 (2019)*

Owner: Mac Carpenter, Walton County Planning Development Services



Strategy 1.1.2: Promote affordable housing development among real estate developers and home builders.



Objective 1.1.2A: By June 30, 2021, host a lunch-and-learn for area developers to discuss incentives for affordable housing. *Baseline: 0 (2019)*

Owner: Dianne McManus, Homelessness and Housing Alliance

GOAL 1.2: IMPROVE HOUSING STABILITY THROUGH SUPPORTIVE SERVICES FOR VULNERABLE POPULATIONS, INCLUDING OLDER ADULTS, PEOPLE WITH DISABILITIES, HOMELESS PEOPLE, AND INDIVIDUALS AND FAMILIES AT RISK OF BECOMING HOMELESS



Strategy 1.2.1: Enhance systems and programs to coordinate community resources effectively.



Objective 1.2.1A: By December 31, 2022, establish a partnership within Walton County to administer the Communities of Transformation program to help move families away from instability, isolation, and dependence, and toward self-sufficiency. *Baseline: 1 (2019)*

Owner: Emily Proctor, Caring and Sharing of South Walton



Objective 1.2.1B: By December 31, 2022, increase the number of social services agencies using the Homeless Management Information System from 8 (2019) to 12. *Baseline: 8 (2019)*

Owner: Dianne McManus, Homelessness and Housing Alliance



Objective 1.2.1C: By June 30, 2021, research and determine feasibility of a triage center for resource coordination among local social service agencies. *Baseline: 0 (2019)*

Owner: Holly Holt, Florida Department of Health in Walton County

Icon Key:



Likely to Impact Health Disparities



Policy Change Needed



Aging Adults



People Living in Poverty



Community



Schools



Evidence-Based



Some Evidence



Expert Opinion

PRIORITY 2: HEALTHY PLACES

Workgroup Lead

Jill Breslawski, UF/IFAS Extension Office

Workgroup Facilitator

Jennifer Jordan, DOH-Walton

Workgroup Members

Jill Breslawski, UF/IFAS Extension Office

Jennifer Jordan, DOH-Walton

Linsey Hall, Ascension Sacred Heart Hospital Emerald Coast

Crystal Steele, Florida Department of Health in Walton County

Judea Kring, Walton County Prevention Coalition

Joyce Matthews, Walton County Prevention Coalition

Susan Foster, CIL Disability Resource Center

Kelly Schultz, City of DeFuniak Springs

Kay Brady, Retired Professional

Latilda Hughes-Neel, City of Freeport

Emily Proctor, Caring and Sharing of South Walton

Sydney Harper, DOH-Okaloosa

Eva Wise, Catholic Charities of Northwest Florida

Jena Gilmore, UF/IFAS Extension Office

"The beauty of our environment is one of our community's greatest resources."

-Key Informant

2020 Progress and Successes

During the 2020 calendar year, the Walton Community Health Improvement Partnership (WCHIP) identified *Faithful Families* as a best practice for health promotion to implement locally and established a community partner to lead the initiative. Faith communities play a special role in supporting their community's health and decreasing health disparities.

WCHIP also started planning the Walton County Parks initiatives to promote parks that are designed for all ages and abilities. Criteria has been drafted and submitted for review by local government parks representatives to determine feasibility of criteria components.

Disruptions in domestic food supply chains, other circumstances affecting food production, and losses of incomes create strong tensions and food security risks in many households. In response to the COVID-19 pandemic, WCHIP partners such as the Matrix Community Outreach Center, Catholic Charities of Northwest Florida, Caring and Sharing of South Walton, and others, increased food distribution to combat food insecurity in the community.



Workgroup Focuses

- Built environment
- Age-friendly communities
- Healthy food access
- Removing barriers to health
- Faith-based partnerships
- Worksite wellness

Community Assets and Resources

- Healthy Walton Worksites
- Walton County Prevention Coalition's Not in My Lot Program
- Farmers' Markets and the Farmers' Market Nutrition Program for WIC clients and older adults.
- School-based programs:
 - Summer Food Service Programs/Summer BreakSpot by Feeding the Gulf Coast
 - Backpack Program-Food for Thought
- Healthy eating and physical activity programs
- Grocery store tours with Sacred Heart Hospital on the Emerald Coast
- Area food pantries
- OTHERS of Northwest Florida
- IMPACT 100 of Northwest Florida
- Local grocery stores donations
- Peanut butter challenge

GOAL 2.1: IMPROVE THE BUILT ENVIRONMENT TO SUPPORT HEALTHY LIFESTYLES OF INDIVIDUALS ACROSS THE LIFESPAN



Strategy 2.1.1: Identify practical improvements, new interventions, and health promotion enhancements to the built environment.	
Objective 2.1.1A: By December 31, 2022, recognize two local parks that meet the Healthy Walton Parks criteria. <i>Baseline: 0 (2019)</i>	Owner: Jill Breslawski, UF/IFAS Extension Office
Objective 2.1.1B: Annually, attend at least 75% of the scheduled Community Traffic Safety Team meetings to support local governments in traffic enhancement. <i>Baseline: 36% (2019)</i>	Owner: Ryan Mims, Florida Department of Health in Walton County

GOAL 2.2: INCREASE COLLABORATION ACROSS SECTORS TO REDUCE BARRIERS TO HEALTH



Strategy 2.2.1: Engage new partners to promote healthy places to live, learn, work, play and pray.	
Objective 2.2.1A: By December 31, 2022, recognize three local faith-based institutions that meet the Healthy Walton Faith criteria. <i>Baseline: 0 (2019)</i>	Owner: Judea Kring, Walton County Prevention Coalition
Objective 2.2.1B: By December 31, 2022, recognize ten local employers using the Healthy Walton Worksites criteria. <i>Baseline: 4 (2019)</i>	Owner: Jennifer Jordan, Florida Department of Health in Walton County
Objective 2.2.1C: By December 31, 2022, establish or enhance three partnerships that are addressing food insecurity in areas that have limited food access. <i>Baseline: 2 (2019)</i>	Owner: Jill Breslawski, UF/IFAS Extension Office
Objective 2.2.1D: By December 31, 2022, assist three city municipalities to apply for membership in the AARP Network of Age-Friendly States and Communities. <i>Baseline: 0 (2019)</i>	Owner: Kay Brady, Retired Professional

Icon Key:



PRIORITY 3: HEALTHY PEOPLE

Workgroup Lead

Kay Brady, Retired Professional

Workgroup Facilitator

Kathryn Barley, DOH-Walton

Workgroup Members

Kay Brady, Retired Professional

Kathryn Barley, DOH-Walton

Ardelle Bush, Healthy Start of Okaloosa and Walton Counties

Marlee Tucker, Early Learning Coalition of the Emerald Coast

Kurt Goodman, OASIS Florida

Judea Kring, Walton County Prevention Coalition

Adicia Williams, Early Learning Coalition of the Emerald Coast

Kim Bowman, Emerald Coast Hospice

Linsey Hall, Ascension Sacred Heart Hospital Emerald Coast

Keith Webster, PanCare Florida

Hillary Glenn, Point Washington Medical Clinic

Marti Hearn, Northwest Florida Area Agency on Aging

Christina Hutley, DOH-Escambia

Polly Bennett, DOH Children Medical Services

Randy Fleming, Florida Department of Children and Families

Donna Free, Walton County Emergency Management

2020 Progress and Successes

Most of the 2020 activities for this workgroup were postponed due to the community response to the COVID-19 pandemic. Members of DOH-Walton, Walton County Board of County Commissioners, Walton County Emergency Management, the Walton County School District, Walton County Fire Rescue, South Walton Fire District, the City of Defuniak Springs, Point Washington Medical Clinic, and Northwest Florida State College were involved in coordinating efforts to curb the spread of the novel coronavirus and provide testing locations easily accessible for the public.

The local public health system partners were required to be adaptable and quick to respond to the evolving information as the pandemic progressed. Response activities such as large-scale PCR testing and mask distribution were the result of successful collaboration throughout the whole community. During 2020, DOH-Walton helped to distribute over 40,000 face masks and administered over 10,000 COVID-19 tests throughout the county.



Workgroup Focuses

- Fall prevention
- Motor vehicle injury prevention
- HIV/AIDS
- Infant mortality
- Infectious diseases
- Vaccine hesitancy

Community Assets and Resources

- Senior fall prevention programs through home health/hospice agencies
- Tai Chi with AHEC
- New texting and driving law, school education programs
- Ongoing flu prevention activities seasonally
- Healthy Babies initiative
- Tobacco prevention (SWAT, Walton County Prevention Coalition, and AHEC)
- Walton County Sheriff's Office Teen Driving Program
- OASIS Florida with HIV prevention
- Car seat safety classes (Healthy Start, UF/IFAS)
- AARP CarFit Program

GOAL 3.1: PREVENT AND REDUCE UNINTENTIONAL INJURIES AND DEATHS



Strategy 3.1.1: Establish and coordinate injury prevention campaigns to reduce disparities in at-risk populations.

<p>Objective 3.1.1A: By December 31, 2022, reduce the motor vehicle crashes rate from 2,048.4 per 100,000 (2017) to 1,950.0 per 100,000. <i>Baseline: 2,048.4 (2017)</i></p>	<p>Owner: Kathryn Barley, Florida Department of Health in Walton County</p>
<p>Objective 3.1.1B: By December 31, 2022, reduce the unintentional falls death rate from 11.0 per 100,000 (2014-2016) to 9.5 per 100,000. <i>Baseline: 11.0 per 100,000 (2014-2016)</i></p>	<p>Owner: Kay Brady, Retired Professional</p>
<p>Objective 3.1.1C: By December 31, 2022, reduce the overall infant mortality rate from 4.4 per 1,000 live births (2014-2016) to 4.2 per 1,000 live births. <i>Baseline: 4.4 per 1,000 live births (2014-2016)</i></p>	<p>Owner: Ardelle Bush, Healthy Start of Okaloosa and Walton Counties</p>

GOAL 3.2: REDUCE THE SPREAD OF DISEASES THROUGH PREVENTION AND COMMUNITY EDUCATION



Strategy 3.2.1: Enhance community partnerships to identify, prevent, and reduce the spread of diseases and disparities in at-risk populations.

<p>Objective 3.2.1A: By December 31, 2022, partner with at least three community organizations in coordinating prevention efforts for infectious diseases. <i>Baseline: 0 (2019)</i></p>	<p>Owner: Kathryn Barley, Florida Department of Health in Walton County</p>
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Icon Key:

- Likely to Impact Health Disparities
- Policy Change Needed
- Aging Adults
- People Living in Poverty
- Community
- Schools
- Evidence-Based
- Some Evidence
- Expert Opinion

PRIORITY 4: HEALTHY BEHAVIORS

Workgroup Lead

Bryan Callahan, Walton County Prevention Coalition

Workgroup Facilitator

Tracy Leitner, DOH-Walton

Workgroup Members

Bryan Callahan, Walton County Prevention Coalition

Tracy Leitner, DOH-Walton

Tina Odom, Chautauqua Healthcare Services of Lakeview

Jud Boyd, Walton County Sheriff's Office

Miriam Lavandier, West Florida Area Health Education Center

Inez Cassidy, Tri-County Community Council

Stephanie King, Chautauqua Healthcare Services of Lakeview

Susan Foster, CIL-Disability Resource Center

Trecia Meadows, Walton County School District

Wyndy Crozier, Emerald Coast Technical College

Amanda Colwell, DOH-Okaloosa

Tracie Moorer, Big Bend Community Based Care

George Parsons, PanCare Florida

Lyvonnica Green, Walton Community Health Center

Marietta Scheer, Mental Health Association of Okaloosa-Walton

Tamara Bogle, Walton County Sheriff's Office

Emily Proctor, Caring and Sharing of South Walton

"Drug and alcohol-use needs to be addressed to improve the health and quality of life."

-Key Informant

2020 Progress and Successes

DOH-Walton and the Walton County Prevention Coalition coordinated local participation in the Drug Enforcement Administration's "National Takeback Day". This initiative addresses a vital public safety and public health issue by providing the public the opportunity to rid their homes of potentially dangerous expired, unused, and unwanted prescription drugs.

Medicines that languish in home cabinets are highly susceptible to diversion, misuse, and abuse. Rates of prescription drug abuse in the United States are alarmingly high, as are the number of accidental poisonings and overdoses due to these drugs. In addition to the drop box located at the Walton County Sheriff's Office, a new drop box location was made available at the DeFuniak Springs Police Department.



Workgroup Focuses

- Mental health
- Substance use
- Access to behavioral health services
- Tobacco use

Community Assets and Resources

- Substance use treatment in the county jail
- Opioid Abuse Resilience Support (OARS) support group
- NARCAN Community Program
- Community opioid training.
- Tobacco prevention in community (smoke-free worksites, SWAT, etc.)
- Local tobacco cessation classes
- Opening home at Santa Rosa Beach for addiction and sex trafficking
- Free prescription program for Medication-Assisted Treatment (MAT)
- PanCare expanding mental health services in Freeport
- Addiction resource list.
- Healthy Start Family Resource Directory
- Local peer support group for mental health diagnosis

GOAL 4.1: REDUCE SUBSTANCE USE THROUGH PREVENTION AND COMMUNITY EDUCATION



Strategy 4.1.1: Enhance community partnerships to identify, prevent, and reduce the substance use and disparities in at-risk populations.

Objective 4.1.1A: By December 31, 2022, increase the number of locations that the public can dispose of unused prescription drugs from zero (0) to three (3) locations. *Baseline: 0 (2019)*

Owner: Bryan Callahan, Walton County Prevention Coalition

Objective 4.1.1B: By December 31, 2022, assist a healthcare sector partner in developing a patient education program on prescription drug safety and disposal. *Baseline: 0 (2019)*

Owner: Wyndy Crozier, Emerald Coast Technical College

Objective 4.1.1C: By December 31, 2020, establish a behavior, mental, and spiritual care response team and policy for Walton County Emergency Management. *Baseline: 0 (2019)*

Owner: Emily Proctor, Caring and Sharing of South Walton

GOAL 4.2: INCREASE AWARENESS OF MENTAL HEALTH AND SUBSTANCE USE DISORDER SERVICES



Strategy 4.2.1: Disseminate and share local resources to improve access to care.

Objective 4.2.1A: Annually, revise the services listed on the Mental Health and Addiction Resource List. *Baseline: 1 (2019)*

Owner: Tracy Leitner, Florida Department of Health in Walton County

Objective 4.2.1B: By December 31, 2022, coordinate a community meeting with the school district that addresses the mental health services provided in schools. *Baseline: 0 (2019)*

Owner: Bryan Callahan, Walton County Prevention Coalition

GOAL 4.3: REDUCE ILLNESS, DISABILITY, AND DEATH RELATED TO TOBACCO USE



Strategy 4.3.1: Promote local tobacco cessation programs in community.

Objective 4.3.1A: By June 20, 2022, increase the number of healthcare referrals to tobacco cessation classes by 25%, from 44 (2018-2019) to 55 (2021-2022).

Owner: Miriam Lavandier, West Florida Area Health Education Center

Icon Key:

Likely to Impact Health Disparities

Policy Change Needed

Aging Adults

People Living in Poverty

Community

Schools

Evidence-Based

Some Evidence

Expert Opinion

APPENDICES



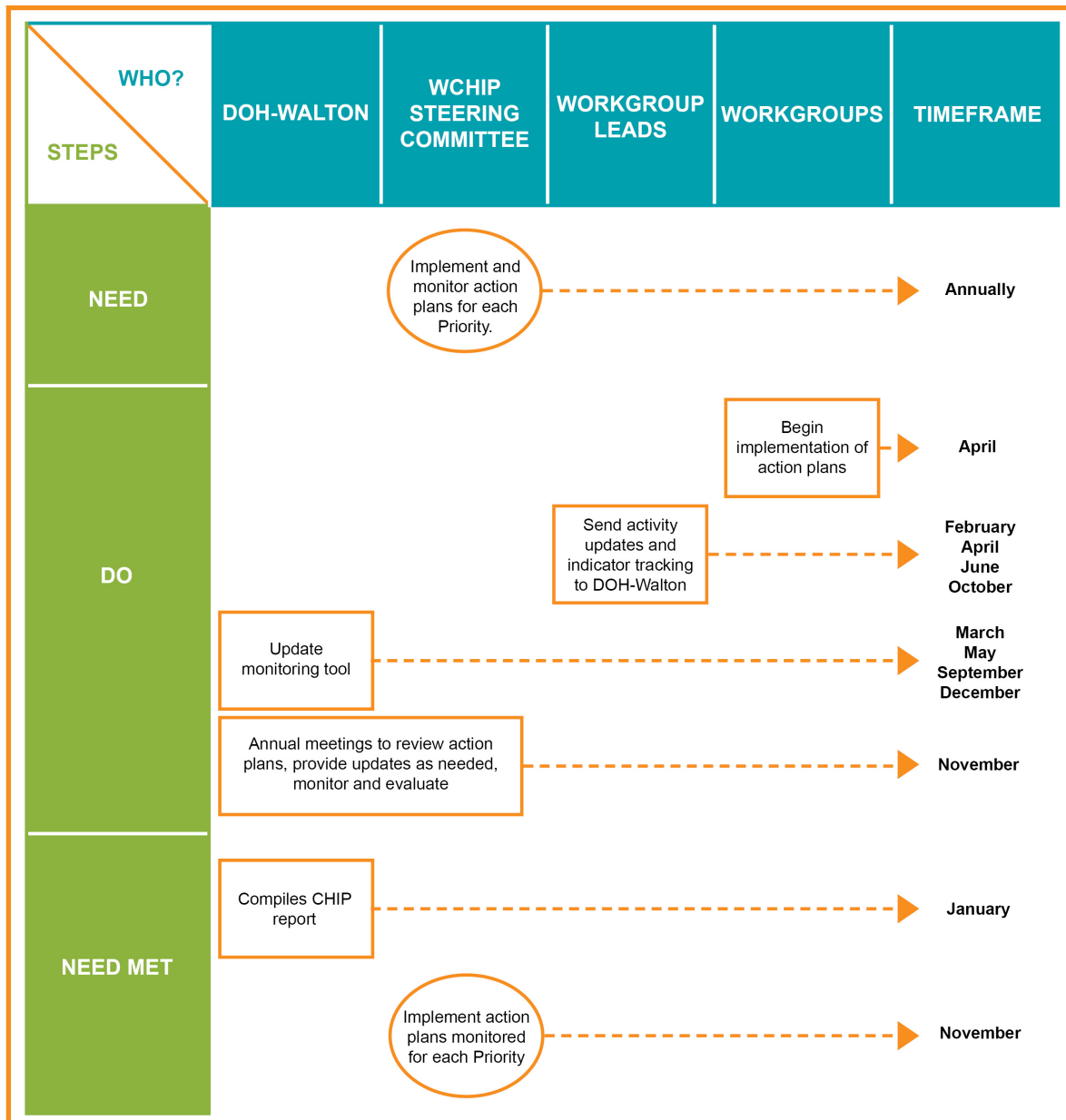


APPENDIX 1: MONITORING PLAN

To hold DOH-Walton staff and WCHIP partners accountable, the action plans will be monitored on a quarterly basis at scheduled WCHIP Steering Committee meetings. Workgroup leads and facilitators will work together to make sure action plans are up-to-date and include all vital information for tracking progress. This monitoring tool will reflect the status of each action step within each action plan, and will track progress on the process and outcome indicators.

Additionally, the WCHIP Steering Committee will host an annual review meeting each November to review the progress made on the action plans and to make amendments as needed. The WCHIP Steering Committee will update the CHIP annually based on the feedback from the annual review meeting. The internal DOH-Walton Performance Management Council will monitor progress of the CHIP action plans quarterly. Figure 1.1 provides an illustration of the CHIP implementation and monitoring process for the 3 year cycle (1/1/2020 – 12/31/2022). An example monitoring tool is included on the next page.

Figure 1.1: CHIP Implementation and Monitoring Process Map





Monitoring Tool

2020 Quarter 1 Report (January 1, 2020 – March 31, 2020)

Date: _____

- ___ Healthy Homes
- ___ Healthy Places
- ___ Healthy People
- ___ Healthy Behaviors

Goal:

Strategy:

Objective:

Action Steps	Action Status	Owner/Lead	Key Partners	Resources Needed	Outputs (Products)	Actual Start Date	Actual End Date	Progress Notes
1.	See status definitions below	Name of owner/lead for this action step	Names of partners, consultants, etc. who helped carry out the action step in Q1	List of needed resources to complete the action step.	Description of any products or results of the action completed during Q1	Actual start date of action step described	Actual finish/end date of action step described	Any information that would be helpful in knowing more about this action step's progress and activities in Q1
2.								
3.								
...								

Complete = Action Step is complete on or after the target date.

On Schedule = No changes/delays and no scope changes.

At Risk = Action Step needs some attention; milestones in action step are maybe being met, but results are not as anticipated.

Not On Schedule = It looks like the Action Step will not be met by the target date. Action Step may take longer to complete than originally anticipated.

Not Feasible = Action Step has been excluded from the Action Plan.

Please email completed form to wchip@flhealth.gov

APPENDIX 2: ALIGNMENT

Walton County CHIP	DOH-Walton Strategic Plan	Florida State Health Improvement Plan (SHIP)	Healthy People 2020
<p>Priority 1: Healthy Homes</p>	<p>HE1 – Eliminate health gaps between different communities.</p>	<p>HE2 – Strengthen the capacity of state and local agencies and other organizations to work collaboratively with communities to reduce disparities in SDOH and advance HE.; Goal HE3 – Strengthen the capacity of state and local agencies and other organizations to work collaboratively with communities and each other to support the specific needs of Florida’s most vulnerable populations.</p>	<p>SDOH-3 – Proportion of persons living in poverty.; SDOH-4 – Proportion of households that experience housing cost burden.</p>
<p>Priority 2: Healthy Places</p>	<p>HE1 – Eliminate health gaps between different communities.; LHL1 – Promote an age-friendly community.; LHL2 – Reduce prevalence of chronic diseases.; REHT – Promote tobacco-free environments.</p>	<p>HW1 – Improve the food environment and nutrition habits across the lifespan to increase healthy weight.; Goal CD1 – Increase cross-sector collaboration for the prevention, early detection, treatment and management of chronic diseases and conditions to improve health equity.; AD3 – Protect individuals with ADRD from further vulnerability.</p>	<p>PA-1 – Reduce the proportion of adults who engage in no leisure-time physical activity.; NWS-14 – Increase the contribution of fruits to the diets of the population aged 2 years and older.; NWS-15 – Increase the variety and contribution of vegetables to the diets of the population aged 2 years and older.; ECBP-8 – Increase the proportion of worksites that offer an employee health promotion program to their employees.; OA-6 – Increase the proportion of older adults with reduced physical or cognitive function who engage in light, moderate, or vigorous leisure-time physical activities.</p>

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<p>Priority 3: Healthy People</p>	<p>HE1 – Eliminate health gaps between different communities.; LHL4 – Reduce injury and improve infant mortality; LHL5 – increase vaccination rates for children, teens and adults.; LHL6 – Reduce incidence of sexually transmitted disease.; REHT1 – Reduce incidence of infectious diseases</p>	<p>MCH1 – Reduce infant mortality and related disparities.; IM1 – Increase access to immunizations for infants and pregnant women.; IM2 – Increase access to immunizations for vaccine preventable disease in children and teens.; ISV1 – Prevent and reduce intentional and unintentional injuries and deaths in Florida.; ID3 – Demonstrate readiness for existing and emerging infectious disease threats.</p>	<p>IVP-1 – Reduce fatal and nonfatal injuries.; IVP-2 – Reduce fatal and nonfatal traumatic brain injuries. IVP-9 – Prevent an increase in poisoning deaths.; IVP-10 – Prevent an increase in nonfatal poisonings.; IVP-11 – Reduce unintentional injury deaths. IVP-12 – Reduce nonfatal unintentional injuries.; IVP-13 – Reduce motor vehicle crash-related deaths.; IVP-14 – Reduce nonfatal motor vehicle crashrelated injuries.; IVP-18 – Reduce pedestrian deaths on public roads.; IVP-19 – Reduce nonfatal pedestrian injuries on public roads.; IVP-23 – Prevent an increase in fall-related deaths.; IID-1 – Reduce, eliminate, or maintain elimination of cases of vaccine-preventable diseases.; IID-10 – Maintain vaccination coverage levels for children in kindergarten.; IID-10 – Increase the percentage of children and adults who are vaccinated annually against seasonal influenza.</p>
<p>Priority 4: Healthy Behaviors</p>	<p>HE1 – Eliminate health gaps between different communities.; LHL3 – Improve mental health.; REHT – Promote tobacco-free environments.</p>	<p>BH3 – Reduce the number of opioid overdose deaths among individuals with opioid use disorders.</p>	<p>TU-1 – Reduce tobacco use by adults.; TU-4 – Increase smoking cessation attempts by all adults.; MHMD-12 – Increase the proportion of homeless adults with mental health problems who receive mental health services</p>

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