**Diabetes Advisory Council Quarterly Meeting**

**September 10, 2021**

**1 PM – 2 PM**

1:00 PM – 1:10 PM Welcome and Roll Call ………………. Jennifer Wahby

* In attendance: Dr. Joseph Chebli, Dr. Leslene Gordon, Bridget Jennings, Dr. Jennifer Marks, Nancy Murphy, Dr. Chet Evans, Dr. Marlon Honeywell, Dr. Melvin Price, Bonnie Masterson, Betty Springer, Brittany Bruggeman, Dr. Janet Silverstein, Jennifer Sousa, Carmen Fabre Pedrero, and Jennifer Wahby.

1:10 PM – 1:20 PM Bureau Updates/ Program ………………. Jennifer Wahby

* New staff
  + Jennifer Wahby, new Diabetes Program Manager. Jennifer has been with the Department of Health since 2016 but began with Chronic Disease Prevention in May 2021.
  + Carmen Fabre-Pedrero, the Diabetes Program Analyst. Carmen has been with the program since March.
* 2022 Chronic Disease Prevention Summit
  + The Department is in the process of planning the next Chronic Disease Prevention Summit. The last Summit occurred on June 29 and 30th and was a huge success. In fact, the session on reducing the burden of diabetes through diabetes lifestyle change programs was the most attended and viewed session.
    - **Request** - If you have any speaker suggestions or topics you would like to recommend for the next Summit, please provide them to Jennifer Wahby and she will send the suggestions and topics to the planning committee.
* Youth Health Ambassador Program
  + The Diabetes Program is in collaboration with Healthiest Weight, Heart Disease, Tobacco Free Florida, and the School Health Program to create a youth health ambassador program to empower students to make healthier choices together.
* DAC Website
  + The DAC Website has received less activity compared to last year with 521 unique page views from January 2020 – December 2020 and this year 321 unique page views. Carmen and Jennifer are in the process of becoming web managers to update each page.
    - **Request** - Please review the DAC pages including the main page, Membership, Meetings, Reports and Publications, and Resources and we will begin updating with the most up-to-date information.
  + Suggested cheaper prescriptions
* Schedule next meetings
  + A Doodle Poll will be sent out for the next meeting. Most people are saying that Friday’s are a good day for meetings.
  + Q2 Oct – Dec: December 3, 2021 10:00 am
  + Q3 Jan – Mar: TBD
* DAC Chair meeting with the State Surgeon General (SSG)
  + A meeting request is routing to the State Surgeon General. During this meeting Dr. Silverstein and the SSG or his representative will discuss the previous DAC report and the upcoming 2023 report which is in the initial stages of being drafted.
    - **Request** – Look towards making some smart expectations for the DAC report and goals for this workgroup to include in the report.
* National Diabetes Awareness Month
  + November is National Diabetes Awareness Month. The Department is planning to promote it through a lunch and learn and educational materials. In addition, National Diabetes Alert day is in March which the DAC might want to promote.

1:20 PM – 1:40 PM Special Topics ………………. Dr. Janet Silverstein

* Outreach/Membership promotion
  + - Dr. Silverstein spoke with Dorothy Shulman who recommended Henry Rodriguez. Who is likely interested in joining. Brittany Bruggeman is also interested in joining and is on the call. Regarding physicians, the DAC is in good shape. There might be some other vacancies that need to be represented in the DAC. Joe Chebli recommended an adult diabetologist and someone who is progressive. Suggested Pennington Train or someone on the west coast. Dr. Chebli has reached out to a few individuals about joining. If the person is interested, they can send in their application to the DAC.
      * Jenny will send out the link for applications.
    - Nancy Murphy had a question regarding renewal and continuing to participate. It was discussed that reapplying for the DAC appointment would be a burden, therefore their terms should just continue unless a replacement is made by the Governor.
  + Youth Ambassador Program
    - Addition of older teenage pediatric age participants. Nancy Murphy signs her daughter up to participate in the youth health ambassador program. Dr. Silverstein recommended recruiting teenagers from camp. The teenagers who come to camp are extremely intelligent and responsible. If interested, someone from the planning committee could come and talk to the teens and find out who is interested in participating. Nancy recommended putting together a position description for the teens and would like to participate and work with the Department on this project.
  + DAC Website
    - The index is the most clicked on link with membership, reports and publications and resources less often. Dr. Silverstein recommended putting resources on the website.
      * **Request** – Any updates or resources for the website please email to [Jennifer.Wahby@flhealth.gov](mailto:Jennifer.Wahby@flhealth.gov).
  + In-person meetings
    - Currently, there’s no funding for in-person meetings for everyone to attend two meetings per year. The Department might be able to find funding for one meeting, but it will take time to identify the funding.
    - Everyone agreed that more work is done in-person and would like to try to schedule one in a central location such as Orlando or Tampa. Previous years in-person meetings occurred in Tampa at the airport Marriot.
    - Jenny will speak with leadership to determine whether this is possible.
  + Medicaid Coverage
    - Medicaid doesn’t cover bariatric surgery for children but there was a study looking at the long-term outcomes of bariatric surgery in youth versus adults. What was found is that for adults the bariatric surgery didn’t do much as far as reversing diabetes, but for the kids it did. Therefore, it would save the state money if we could reverse diabetes in children who are overweight because they wouldn’t develop type 2 diabetes.
    - Some new medications are not covered by Medicaid. So, we need to start the discussion on this. In the short term it will be expensive, but in the long term it will save money.
    - Jenny will find out who from Medicaid can join the meeting.
* Diabetes awareness month
  + - Dr. Silverstein’s son created a show on YouTube “Kara and the Diabeastie” for children who are diagnosed with diabetes, so they learn more about diabetes. This is something that is good for the schools because teachers assume type 2 diabetes when children mostly have tyle 1. Recommended that we can reach out to Parent Teacher Associations or the school board.
    - Nancy Murphy reaches out to her own representative and senator and is willing to reach out to others. It was recommended that everyone reach out to their representatives and senators to encourage participation in the DAC.
    - Previously, Audrey Gibson (senator) and 2 others participated in the past. Nancy will let the DAC know who was in attendance.
    - Brittany Bruggeman recommended Keith Perry since his daughter participates in her clinic.

1:40 PM – 1:50 PM Public Comment ………………...All

* Brittany Bruggeman – Asked if there was anyone on the DAC with type 2 diabetes. Bridget Jennings stated she has type 2 and is the designated diabetes educator.
* It was mentioned that it would be helpful to have joint meetings with nurses who take care of diabetes patients. Donna Ryan, Nina Clark and a few others can invite nurses that take care of diabetes patients.
* Brittany Bruggeman recommended a topic for the DAC could be looking at children’s PE or recess time. This might be a local issue, but it could be an interesting topic for the DAC in the future.
* Jennifer Sousa informed the DAC that the State Surgeon General’s last day is today. At this time we do not know who the delegate is or who might be selected as the next State Surgeon General.

1:50 PM – 2:00 PM Wrap-Up and Adjourn …………………Dr. Janet Silverstein

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