## 2021 Florida Behavioral Risk

## Factor Surveillance System

 Data Book

Florida Department of Health Division of Community Health Promotion Public Health Research Unit

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## Introduction

The Florida Department of Health is pleased to release the 2021 Florida Behavioral Risk Factor Surveillance System (BRFSS) State Data. The Florida BRFSS has been collecting and reporting health behavior data since 1986. The 2021 BRFSS Survey interviewed 7,942 Florida adults aged 18 years and older.

This statewide telephone survey is the only source of state-specific, population-based estimates of the prevalence of various health conditions and related risk behaviors among Florida residents aged 18 and older. The purpose of this survey is to gather information regarding personal health and risk behaviors, selected medical conditions, and preventive health care practices among Florida adults. These data can be used to: (1) determine priority health issues and identify populations at risk for illness, disability, and death; (2) plan and evaluate prevention programs; (3) educate the community and policy makers about disease prevention; and (4) support community policies that promote health and prevent disease.

The following data tables present the survey data on a variety of issues related to health status, health care access, lifestyle, chronic illnesses, and disease prevention practices. Each indicator was analyzed by sex, race/ethnicity, age, education, income, and marital status.

Since BRFSS respondents are randomly selected, measures of prevalence and mean are subject to random sample errors. Each measure listed in the data tables includes the 95\% confidence interval (CI). If the Cls overlap between subpopulations (e.g., males compared to females), there is no statistically significant difference in the prevalence rates. However, if the Cls do not overlap, there is a statistically significant difference. For example, if the Cl for men is $21.4 \%-24.5 \%$ and the Cl for women is $29.4 \%-32.5 \%$, then there is a statistically higher prevalence of women having that particular indicator compared to men as the two Cls do not overlap.

The Cls are determined by many factors, sample size in particular. As the data are divided for analysis by race/ethnicity, age, etc., the sample size for each group becomes smaller, the Cls become larger, and the estimates become less reliable. The significance of measures with very wide Cls should be interpreted with caution. Measures of prevalence and mean are excluded from the tables for any subpopulation with a sample size less than 30, which would yield statistically unreliable estimates.

The prevalence rates are adjusted, or "weighted," by the Centers for Disease Control and Prevention to represent all Florida adults. Weighting is a procedure that adjusts for the chance of an adult being selected to complete the survey and for discrepancies between the adults who completed the survey and the overall population of Florida adults. The data were weighted to the respondent's probability of selection by county, as well as age, sex, marital status, race/ethnicity, education level, and housing type.

Due to a change in weighting methodology and the inclusion of cellular telephone responses starting in 2011, data from 2021 may not be comparable to data collected before 2011.

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2021 Florida BRFSS Data

## Arthritis

Percentage of adults who have been told they have some form of arthritis, rheumatoid arthritis, gout, lupus, or fibromyalgia

|  |  | Measure | 95\% Cl |
| :---: | :---: | :---: | :---: |
| ALL | Overall | 28.6 | 26.5-30.7 |
| SEX | Men | 26.1 | 23.0-29.1 |
|  | Women | 30.9 | 28.0-33.9 |
| RACE/ETHNICITY | Non-Hisp. White | 34.0 | 31.5-36.4 |
|  | Non-Hisp. Black | 27.0 | 20.5-33.5 |
|  | Hispanic | 19.4 | 14.2-24.5 |
| SEX BY RACE/ETHNICITY | Non-Hisp. White Men | 31.3 | 27.8-34.8 |
|  | Non-Hisp. White Women | 36.4 | 33.0-39.8 |
|  | Non-Hisp. Black Men | 24.8 | 15.0-34.5 |
|  | Non-Hisp. Black Women | 28.9 | 20.2-37.6 |
|  | Hispanic Men | 17.8 | 10.2-25.4 |
|  | Hispanic Women | 20.7 | 13.6-27.9 |
| AGE GROUP | 18-44 | 9.3 | 6.9-11.8 |
|  | 45-64 | 32.5 | 28.4-36.6 |
|  | 65 \& Older | 52.9 | 49.1-56.6 |
| EDUCATION LEVEL | <High School | 39.0 | 29.5-48.4 |
|  | High School / GED | 28.5 | 24.6-32.5 |
|  | >High School | 26.8 | 24.4-29.1 |
| ANNUAL INCOME | <\$25,000 | 33.2 | 27.0-39.4 |
|  | \$25,000-\$49,999 | 29.0 | 24.6-33.3 |
|  | \$50,000 or More | 26.3 | 23.0-29.7 |
| MARITAL STATUS | Married/Couple | 30.4 | 27.3-33.4 |
|  | Not Married/Couple | 26.7 | 23.7-29.6 |

2021 Florida BRFSS Data

## Arthritis

Percentage of adults who are limited in any way in any usual activities because of arthritis


2021 Florida BRFSS Data

## Asthma

Percentage of adults who have ever been told they have asthma

|  |  | Measure | 95\% CI |
| :---: | :---: | :---: | :---: |
| ALL | Overall | 12.9 | 11.3-14.5 |
| SEX | Men | 10.7 | 8.5-12.8 |
|  | Women | 15.0 | 12.7-17.3 |
| RACE/ETHNICITY | Non-Hisp. White | 11.1 | 9.7-12.6 |
|  | Non-Hisp. Black | 17.8 | 12.1-23.5 |
|  | Hispanic | 14.4 | 10.3-18.6 |
| SEX BY RACE/ETHNICITY | Non-Hisp. White Men | 8.2 | 6.4-10.0 |
|  | Non-Hisp. White Women | 13.9 | 11.7-16.2 |
|  | Non-Hisp. Black Men | 15.4 | 7.4-23.5 |
|  | Non-Hisp. Black Women | 19.8 | 11.9-27.8 |
|  | Hispanic Men | 12.9 | 7.0-18.7 |
|  | Hispanic Women | 15.8 | 9.9-21.8 |
| AGE GROUP | 18-44 | 17.0 | 13.9-20.1 |
|  | 45-64 | 10.7 | 8.4-13.0 |
|  | 65 \& Older | 10.1 | 7.7-12.5 |
| EDUCATION LEVEL | <High School | 12.1 | 6.7 - 17.4 |
|  | High School / GED | 15.3 | 11.9-18.8 |
|  | >High School | 12.0 | 10.2-13.8 |
| ANNUAL INCOME | <\$25,000 | 18.7 | 13.6-23.8 |
|  | \$25,000-\$49,999 | 15.8 | 11.8-19.7 |
|  | \$50,000 or More | 10.6 | 8.4-12.9 |
| MARITAL STATUS | Married/Couple | 10.9 | 9.0-12.9 |
|  | Not Married/Couple | 15.2 | 12.6-17.8 |

2021 Florida BRFSS Data

## Asthma

Percentage of adults who currently have asthma

|  |  | Measure | 95\% CI |
| :---: | :---: | :---: | :---: |
| ALL | Overall | 8.4 | 7.1-9.7 |
| SEX | Men | 5.5 | $4.0-7.1$ |
|  | Women | 11.0 | 9.0-13.1 |
| RACE/ETHNICITY | Non-Hisp. White | 7.8 | $6.5-9.1$ |
|  | Non-Hisp. Black | 9.3 | 5.1-13.6 |
|  | Hispanic | 9.5 | $6.0-13.0$ |
| SEX BY RACE/ETHNICITY | Non-Hisp. White Men | 4.7 | $3.2-6.2$ |
|  | Non-Hisp. White Women | 10.8 | 8.7-12.8 |
|  | Non-Hisp. Black Men | 4.6 | $1.3-7.9$ |
|  | Non-Hisp. Black Women | 13.5 | 6.3-20.7 |
|  | Hispanic Men | 7.3 | 2.7-11.9 |
|  | Hispanic Women | 11.5 | 6.3-16.7 |
| AGE GROUP | 18-44 | 9.6 | 7.2-12.0 |
|  | 45-64 | 8.2 | 6.1-10.4 |
|  | 65 \& Older | 7.2 | 5.0-9.3 |
| EDUCATION LEVEL | <High School | 9.2 | 4.3-14.0 |
|  | High School / GED | 9.3 | 6.6-11.9 |
|  | >High School | 7.9 | $6.3-9.4$ |
| ANNUAL INCOME | <\$25,000 | 12.1 | 8.4-15.9 |
|  | \$25,000-\$49,999 | 10.7 | 7.3-14.1 |
|  | \$50,000 or More | 6.6 | 4.8-8.5 |
| MARITAL STATUS | Married/Couple | 7.6 | 5.9-9.2 |
|  | Not Married/Couple | 9.4 | 7.2-11.5 |

## 2021 Florida BRFSS Data

## Cancer Prevalence

Percentage of adults who have ever been told they had any other type of cancer except skin cancer


Percentage of adults who have ever been told they have had skin cancer

|  |  | Measure | 95\% CI |
| :---: | :---: | :---: | :---: |
| ALL | Overall | 8.6 | 7.6 - 9.5 |
| SEX | Men | 9.2 | 7.8-10.6 |
|  | Women | 8.0 | $6.7-9.3$ |
| RACE/ETHNICITY | Non-Hisp. White | 14.6 | 13.0-16.2 |
|  | Non-Hisp. Black | 0.4 | 0.0-1.1 |
|  | Hispanic | 1.4 | 0.1-2.6 |
| SEX BY RACE/ETHNICITY | Non-Hisp. White Men | 16.0 | 13.5-18.4 |
|  | Non-Hisp. White Women | 13.3 | 11.2-15.4 |
|  | Non-Hisp. Black Men | 0.0 | $0.0-0.1$ |
|  | Non-Hisp. Black Women | 0.8 | 0.0-2.0 |
|  | Hispanic Men | 0.5 | 0.0-1.1 |
|  | Hispanic Women | 2.1 | 0.0-4.5 |
| AGE GROUP | 18-44 | 0.8 | 0.4-1.2 |
|  | 45-64 | 6.9 | $5.0-8.7$ |
|  | 65 \& Older | 22.4 | 19.6-25.1 |
| EDUCATION LEVEL | <High School | 6.9 | $3.3-10.4$ |
|  | High School / GED | 7.4 | $5.8-8.9$ |
|  | >High School | 9.6 | 8.3-10.9 |
| ANNUAL INCOME | <\$25,000 | 6.8 | $4.3-9.2$ |
|  | \$25,000-\$49,999 | 9.3 | 6.8-11.9 |
|  | \$50,000 or More | 8.4 | $6.9-9.9$ |
| MARITAL STATUS | Married/Couple | 9.6 | $8.1-11.1$ |
|  | Not Married/Couple | 7.5 | $6.3-8.8$ |

[^0]
## 2021 Florida BRFSS Data

## Cardiovascular Disease

Percentage of adults who have ever been told they had a stroke


Percentage of adults who have ever been told they had angina or coronary heart disease

|  |  | Measure | 95\% CI |  |
| :---: | :---: | :---: | :---: | :---: |
| ALL | Overall | 4.5 | 3.4 | 5.5 |
| SEX | Men | 6.1 | 4.1 | 8.1 |
|  | Women | 2.9 | 2.1 | 3.7 |
| RACE/ETHNICITY | Non-Hisp. White | 5.6 | 4.5 | 6.8 |
|  | Non-Hisp. Black | 1.3 | 0.3 | 2.3 |
|  | Hispanic | 3.2 | 0.3 | 6.1 |
| SEX BY RACE/ETHNICITY | Non-Hisp. White Men | 7.2 | 5.3 | 9.1 |
|  | Non-Hisp. White Women | 4.2 | 2.9 | 5.5 |
|  | Non-Hisp. Black Men | 1.4 | 0.0 | 3.3 |
|  | Non-Hisp. Black Women | 1.2 | 0.2 | 2.3 |
|  | Hispanic Men | 5.4 | 0.0 | 11.3 |
|  | Hispanic Women | 1.2 | 0.0 | 2.7 |
| AGE GROUP | 18-44 | 0.6 | 0.0 | 1.2 |
|  | 45-64 | 4.2 | 2.5 | 6.0 |
|  | 65 \& Older | 11.0 | 7.8 | 14.1 |
| EDUCATION LEVEL | <High School | 8.3 | 1.8 | 14.7 |
|  | High School / GED | 4.3 | 2.9 | 5.7 |
|  | >High School | 3.8 | 2.8 | 4.8 |
| ANNUAL INCOME | <\$25,000 | 3.8 | 2.3 | 5.4 |
|  | \$25,000-\$49,999 | 4.6 | 2.6 | 6.7 |
|  | \$50,000 or More | 3.3 | 2.3 | 4.3 |
| MARITAL STATUS | Married/Couple | 5.3 | 3.5 | 7.2 |
|  | Not Married/Couple | 3.5 | 2.6 | 4.3 |

[^1]
## 2021 Florida BRFSS Data

## Cardiovascular Disease

Percentage of adults who have ever been told they had a heart attack

|  |  | Measure | 95\% CI |  |
| :---: | :---: | :---: | :---: | :---: |
| ALL | Overall | 4.6 | 3.8 - 5.4 | . 4 |
| SEX | Men | 5.3 | 4.1-6.4 | . 4 |
|  | Women | 4.0 | 2.8-5.2 | . 2 |
| RACE/ETHNICITY | Non-Hisp. White | 5.9 | 4.8-7.1 | . 1 |
|  | Non-Hisp. Black | 1.9 | 0.6-3.1 | . 1 |
|  | Hispanic | 2.9 | $1.0-4.9$ | . 9 |
| SEX BY RACE/ETHNICITY | Non-Hisp. White Men | 7.1 | $5.3-8.8$ | . 8 |
|  | Non-Hisp. White Women | 4.9 | 3.4-6.3 | . 3 |
|  | Non-Hisp. Black Men | 2.5 | 0.2-4.7 | . 7 |
|  | Non-Hisp. Black Women | 1.4 | 0.2-2.6 | . 6 |
|  | Hispanic Men | 2.9 | 0.7-5.1 | . 1 |
|  | Hispanic Women | 2.9 | $0.0-6.0$ | . 0 |
| AGE GROUP | 18-44 | 0.6 | 0.2-1.1 | . 1 |
|  | 45-64 | 3.9 | 2.7-5.1 | . 1 |
|  | 65 \& Older | 11.6 | 9.1-14.1 |  |
| EDUCATION LEVEL | <High School | 7.1 | 2.6-11.6 |  |
|  | High School / GED | 5.2 | $3.7-6.7$ | . 7 |
|  | >High School | 3.8 | $3.1-4.6$ | . 6 |
| ANNUAL INCOME | <\$25,000 | 6.7 | 4.2-9.3 | . 3 |
|  | \$25,000-\$49,999 | 5.7 | $3.7-7.8$ | . 8 |
|  | \$50,000 or More | 3.4 | 2.5-4.4 |  |
| MARITAL STATUS | Married/Couple | 4.8 | $3.7-5.9$ | .9 |
|  | Not Married/Couple | 4.4 | 3.2 - 5.6 | . 6 |

Percentage of adults who have ever been told they had coronary heart disease, heart attack, or stroke

|  |  | Measure | 95\% CI |
| :---: | :---: | :---: | :---: |
| ALL | Overall | 9.7 | 8.3-11.0 |
| SEX | Men | 11.3 | 9.0-13.6 |
|  | Women | 8.2 | $6.7-9.7$ |
| RACE/ETHNICITY | Non-Hisp. White | 12.0 | 10.4-13.6 |
|  | Non-Hisp. Black | 5.9 | $3.3-8.4$ |
|  | Hispanic | 6.2 | $2.7-9.6$ |
| SEX BY RACE/ETHNICITY | Non-Hisp. White Men | 13.6 | 11.1-16.0 |
|  | Non-Hisp. White Women | 10.5 | $8.5-12.5$ |
|  | Non-Hisp. Black Men | 5.4 | $1.6-9.2$ |
|  | Non-Hisp. Black Women | 6.3 | $2.9-9.7$ |
|  | Hispanic Men | 8.8 | 2.6-15.1 |
|  | Hispanic Women | 3.8 | 0.6-7.1 |
| AGE GROUP | 18-44 | 2.1 | $1.0-3.2$ |
|  | 45-64 | 7.6 | $5.5-9.7$ |
|  | 65 \& Older | 24.1 | 20.5-27.7 |
| EDUCATION LEVEL | <High School | 16.2 | 8.7-23.6 |
|  | High School / GED | 10.4 | $8.2-12.7$ |
|  | >High School | 8.1 | $6.8-9.4$ |
| ANNUAL INCOME | <\$25,000 | 12.6 | $9.2-16.1$ |
|  | \$25,000-\$49,999 | 10.8 | 8.0-13.7 |
|  | \$50,000 or More | 6.8 | $5.5-8.2$ |
| MARITAL STATUS | Married/Couple | 9.8 | 7.8-11.9 |
|  | Not Married/Couple | 9.6 | 7.8-11.3 |

[^2]
## 2021 Florida BRFSS Data

## Cholesterol Awareness

Percentage of adults who have ever been told that they have high blood cholesterol


Percentage of adults who have had their cholesterol checked in the past five years

|  |  | Measure | 95\% CI |
| :---: | :---: | :---: | :---: |
| ALL | Overall | 88.0 | 86.3-89.8 |
| SEX | Men | 85.5 | $82.8-88.3$ |
|  | Women | 90.4 | 88.1-92.7 |
| RACE/ETHNICITY | Non-Hisp. White | 88.7 | $86.6-90.7$ |
|  | Non-Hisp. Black | 89.8 | 85.0-94.6 |
|  | Hispanic | 85.6 | 80.9-90.3 |
| SEX BY RACE/ETHNICITY | Non-Hisp. White Men | 85.5 | $82.2-88.7$ |
|  | Non-Hisp. White Women | 91.6 | 89.2-94.0 |
|  | Non-Hisp. Black Men | 89.9 | 83.4-96.5 |
|  | Non-Hisp. Black Women | 89.7 | 82.6-96.8 |
|  | Hispanic Men | 82.6 | $75.3-89.9$ |
|  | Hispanic Women | 88.4 | 82.4-94.5 |
| AGE GROUP | 18-44 | 77.3 | $73.5-81.1$ |
|  | 45-64 | 92.6 | 90.1-95.2 |
|  | 65 \& Older | 97.3 | 95.9-98.7 |
| EDUCATION LEVEL | <High School | 77.7 | 68.8-86.6 |
|  | High School / GED | 85.2 | 81.6-88.8 |
|  | >High School | 91.3 | 89.7-93.0 |
| ANNUAL INCOME | <\$25,000 | 90.9 | 86.5 - 95.3 |
|  | \$25,000-\$49,999 | 84.3 | 79.6-89.0 |
|  | \$50,000 or More | 90.7 | 88.5-92.9 |
| MARITAL STATUS | Married/Couple | 91.6 | $89.5-93.7$ |
|  | Not Married/Couple | 83.9 | 80.8-86.9 |

[^3]
## Cholesterol Awareness

Percentage of adults who have ever been told that they have high blood cholesterol among adults who had their cholesterol checked within the past five years

|  |  | Measure | 95\% CI |
| :---: | :---: | :---: | :---: |
| ALL | Overall | 38.8 | 36.2-41.4 |
| SEX | Men | 40.1 | $36.2-44.0$ |
|  | Women | 37.6 | 34.2-41.1 |
| RACE/ETHNICITY | Non-Hisp. White | 42.8 | 40.1-45.5 |
|  | Non-Hisp. Black | 23.5 | 16.9-30.2 |
|  | Hispanic | 37.4 | $30.2-44.6$ |
| SEX BY RACE/ETHNICITY | Non-Hisp. White Men | 44.6 | 40.6-48.7 |
|  | Non-Hisp. White Women | 41.2 | $37.5-44.9$ |
|  | Non-Hisp. Black Men | 19.7 | 11.1-28.4 |
|  | Non-Hisp. Black Women | 27.0 | 17.3-36.8 |
|  | Hispanic Men | 42.9 | 32.0-53.9 |
|  | Hispanic Women | 32.7 | 23.5-41.9 |
| AGE GROUP | 18-44 | 17.9 | 13.7-22.0 |
|  | 45-64 | 46.0 | 41.3-50.7 |
|  | 65 \& Older | 54.1 | 50.2-57.9 |
| EDUCATION LEVEL | <High School | 46.9 | $35.2-58.5$ |
|  | High School / GED | 36.6 | 31.8-41.4 |
|  | >High School | 38.6 | $35.6-41.7$ |
| ANNUAL INCOME | <\$25,000 | 46.7 | $39.0-54.4$ |
|  | \$25,000-\$49,999 | 37.9 | $32.1-43.6$ |
|  | \$50,000 or More | 35.6 | $31.8-39.4$ |
| MARITAL STATUS | Married/Couple | 41.5 | 38.0-44.9 |
|  | Not Married/Couple | 35.6 | $31.6-39.5$ |

## Cholesterol Awareness

Percentage of adults who have had their cholesterol checked in the past two years

|  |  | Measure | 95\% CI |
| :---: | :---: | :---: | :---: |
| ALL | Overall | 82.1 | 80.0-84.1 |
| SEX | Men | 78.3 | 75.1-81.5 |
|  | Women | 85.6 | 83.0-88.3 |
| RACE/ETHNICITY | Non-Hisp. White | 84.1 | 81.9-86.3 |
|  | Non-Hisp. Black | 83.8 | 78.0-89.6 |
|  | Hispanic | 77.7 | 72.1-83.2 |
| SEX BY RACE/ETHNICITY | Non-Hisp. White Men | 79.9 | 76.4-83.4 |
|  | Non-Hisp. White Women | 88.0 | 85.4-90.6 |
|  | Non-Hisp. Black Men | 82.2 | 73.4-91.0 |
|  | Non-Hisp. Black Women | 85.3 | 77.4-93.1 |
|  | Hispanic Men | 74.3 | 65.7-83.0 |
|  | Hispanic Women | 80.7 | 73.5-87.9 |
| AGE GROUP | 18-44 | 66.7 | 62.4-71.0 |
|  | 45-64 | 88.9 | 86.1-91.6 |
|  | 65 \& Older | 95.6 | 94.0-97.2 |
| EDUCATION LEVEL | <High School | 72.6 | 63.5-81.8 |
|  | High School / GED | 78.5 | 74.4-82.6 |
|  | >High School | 85.5 | 83.3-87.7 |
| ANNUAL INCOME | <\$25,000 | 85.0 | 79.9-90.1 |
|  | \$25,000-\$49,999 | 75.6 | 70.1-81.2 |
|  | \$50,000 or More | 85.5 | 82.9-88.2 |
| MARITAL STATUS | Married/Couple | 86.9 | 84.6-89.3 |
|  | Not Married/Couple | 76.2 | 72.6-79.8 |

## 2021 Florida BRFSS Data

Chronic Obstructive Pulmonary Disease (COPD)
Percentage of adults who have ever been told they had chronic obstructive pulmonary disease, emphysema, or chronic bronchitis

|  |  | Measure | 95\% CI |
| :---: | :---: | :---: | :---: |
| ALL | Overall | 8.2 | 6.9-9.4 |
| SEX | Men | 6.8 | $5.2-8.4$ |
|  | Women | 9.4 | 7.5-11.3 |
| RACE/ETHNICITY | Non-Hisp. White | 9.5 | 8.1-10.9 |
|  | Non-Hisp. Black | 7.3 | 3.0-11.6 |
|  | Hispanic | 6.1 | $3.2-9.1$ |
| SEX BY RACE/ETHNICITY | Non-Hisp. White Men | 7.8 | 5.8-9.8 |
|  | Non-Hisp. White Women | 11.1 | 9.1-13.0 |
|  | Non-Hisp. Black Men | 7.9 | 2.0-13.8 |
|  | Non-Hisp. Black Women | 6.7 | 0.4-13.1 |
|  | Hispanic Men | 5.1 | 1.7-8.5 |
|  | Hispanic Women | 7.1 | $2.3-11.8$ |
| AGE GROUP | 18-44 | 4.0 | $2.2-5.8$ |
|  | 45-64 | 7.8 | $5.7-9.9$ |
|  | 65 \& Older | 14.9 | 12.1-17.7 |
| EDUCATION LEVEL | <High School | 13.6 | 8.0-19.3 |
|  | High School / GED | 10.2 | 7.7-12.6 |
|  | >High School | 6.1 | 4.8-7.5 |
| ANNUAL INCOME | <\$25,000 | 14.8 | 10.8-18.7 |
|  | \$25,000-\$49,999 | 10.9 | $7.7-14.1$ |
|  | \$50,000 or More | 5.3 | $3.6-7.1$ |
| MARITAL STATUS | Married/Couple | 6.9 | 5.4-8.4 |
|  | Not Married/Couple | 9.7 | 7.6-11.8 |

## Depression

Percentage of adults who have ever been told they had a depressive disorder

|  |  | Measure | 95\% CI |
| :---: | :---: | :---: | :---: |
| ALL | Overall | 18.0 | 16.2-19.8 |
| SEX | Men | 14.1 | 11.8-16.4 |
|  | Women | 21.7 | 18.9-24.5 |
| RACE/ETHNICITY | Non-Hisp. White | 19.6 | 17.5-21.7 |
|  | Non-Hisp. Black | 13.1 | 8.5-17.7 |
|  | Hispanic | 18.6 | 13.7-23.5 |
| SEX BY RACE/ETHNICITY | Non-Hisp. White Men | 14.0 | 11.5-16.5 |
|  | Non-Hisp. White Women | 24.8 | 21.6-28.0 |
|  | Non-Hisp. Black Men | 15.1 | 7.3-22.9 |
|  | Non-Hisp. Black Women | 11.4 | 6.1 - 16.6 |
|  | Hispanic Men | 14.4 | 8.8-20.0 |
|  | Hispanic Women | 22.5 | 14.9-30.1 |
| AGE GROUP | 18-44 | 21.7 | 18.3-25.1 |
|  | 45-64 | 17.4 | 14.1-20.7 |
|  | 65 \& Older | 14.1 | 11.7-16.5 |
| EDUCATION LEVEL | <High School | 17.5 | 11.2-23.8 |
|  | High School / GED | 18.9 | 15.3-22.6 |
|  | >High School | 17.9 | 15.7-20.1 |
| ANNUAL INCOME | <\$25,000 | 25.9 | 20.0-31.8 |
|  | \$25,000-\$49,999 | 21.4 | 17.1-25.7 |
|  | \$50,000 or More | 16.3 | 13.4-19.2 |
| MARITAL STATUS | Married/Couple | 14.4 | 12.1-16.7 |
|  | Not Married/Couple | 22.5 | 19.5-25.4 |

## 2021 Florida BRFSS Data

## Diabetes

Percentage of adults that have had a test for high blood sugar or diabetes with in the past 3 years


Percentage of adults who have ever been told they had pre-diabetes

|  |  | Measure | 95\% Cl |
| :---: | :---: | :---: | :---: |
| ALL | Overall | 11.1 | 9.3-13.0 |
| SEX | Men | 11.3 | $8.3-14.4$ |
|  | Women | 11.0 | $8.7-13.2$ |
| RACE/ETHNICITY | Non-Hisp. White | 10.4 | $8.7-12.2$ |
|  | Non-Hisp. Black | 13.7 | $8.1-19.3$ |
|  | Hispanic | 11.0 | $4.9-17.0$ |
| SEX BY RACE/ETHNICITY | Non-Hisp. White Men | 10.3 | $8.0-12.7$ |
|  | Non-Hisp. White Women | 10.5 | $8.0-13.1$ |
|  | Non-Hisp. Black Men | 12.2 | 4.3-20.1 |
|  | Non-Hisp. Black Women | 15.0 | 7.0-22.9 |
|  | Hispanic Men | 13.0 | 2.9-23.1 |
|  | Hispanic Women | 8.7 | $3.0-14.4$ |
| AGE GROUP | 18-44 | 5.4 | $3.0-7.7$ |
|  | 45-64 | 12.4 | 9.5-15.4 |
|  | 65 \& Older | 14.0 | 10.1-17.9 |
| EDUCATION LEVEL | <High School | 14.4 | $5.0-23.8$ |
|  | High School / GED | 7.9 | 5.4-10.4 |
|  | >High School | 12.1 | 10.0-14.2 |
| ANNUAL INCOME | <\$25,000 | 14.9 | 9.8-19.9 |
|  | \$25,000-\$49,999 | 8.2 | 5.1-11.2 |
|  | \$50,000 or More | 10.6 | $8.1-13.1$ |
| MARITAL STATUS | Married/Couple | 12.1 | 9.2-14.9 |
|  | Not Married/Couple | 9.7 | 7.4-12.1 |

[^4]
## 2021 Florida BRFSS Data

## Diabetes

Average age at which diabetes was diagnosed

|  |  | Measure | 95\% CI |
| :---: | :---: | :---: | :---: |
| ALL | Overall | 48.7 | 47.1-50.3 |
| SEX | Men | 49.0 | 46.7-51.3 |
|  | Women | 48.2 | 46.1-50.3 |
| RACE/ETHNICITY | Non-Hisp. White | 49.1 | 47.3-50.9 |
|  | Non-Hisp. Black | 41.6 | 35.8-47.3 |
|  | Hispanic | 51.1 | 48.5-53.7 |
| SEX BY RACE/ETHNICITY | Non-Hisp. White Men | 49.4 | 47.3-51.4 |
|  | Non-Hisp. White Women | 48.6 | 45.6-51.7 |
|  | Non-Hisp. Black Men | 43.5 | 30.9-56.1 |
|  | Non-Hisp. Black Women | 39.7 | 35.6-43.7 |
|  | Hispanic Men | 49.7 | 47.3-52.2 |
|  | Hispanic Women | 53.4 | 51.7-55.2 |
| AGE GROUP | 18-44 | 24.3 | 21.7-26.9 |
|  | 45-64 | 47.0 | 45.2-48.9 |
|  | 65 \& Older | 54.2 | 52.6-55.7 |
| EDUCATION LEVEL | <High School | 45.4 | 43.9-46.9 |
|  | High School / GED | 47.7 | 44.2-51.1 |
|  | >High School | 50.2 | 48.1-52.2 |
| ANNUAL INCOME | <\$25,000 | 48.5 | 46.1-50.8 |
|  | \$25,000-\$49,999 | 48.4 | 46.1-50.8 |
|  | \$50,000 or More | 48.4 | 45.2-51.5 |
| MARITAL STATUS | Married/Couple | 48.9 | 47.0-50.8 |
|  | Not Married/Couple | 48.5 | 45.7-51.2 |

Percentage of adults who have ever been told they had diabetes

|  |  | Measure | 95\% CI |
| :---: | :---: | :---: | :---: |
| ALL | Overall | 11.0 | 9.6-12.3 |
| SEX | Men | 12.7 | 10.6-14.7 |
|  | Women | 9.4 | 7.5-11.3 |
| RACE/ETHNICITY | Non-Hisp. White | 11.1 | $9.7-12.5$ |
|  | Non-Hisp. Black | 10.7 | 6.4-15.0 |
|  | Hispanic | 10.3 | 6.7-13.9 |
| SEX BY RACE/ETHNICITY | Non-Hisp. White Men | 14.1 | 11.7-16.5 |
|  | Non-Hisp. White Women | 8.3 | 6.8 - 9.7 |
|  | Non-Hisp. Black Men | 9.0 | 3.7 - 14.2 |
|  | Non-Hisp. Black Women | 12.2 | 5.6-18.8 |
|  | Hispanic Men | 11.9 | 6.5-17.4 |
|  | Hispanic Women | 8.8 | 4.0-13.6 |
| AGE GROUP | 18-44 | 2.3 | $1.2-3.4$ |
|  | 45-64 | 13.5 | 10.5-16.5 |
|  | 65 \& Older | 21.5 | 18.3-24.6 |
| EDUCATION LEVEL | <High School | 17.9 | 10.9-25.0 |
|  | High School / GED | 10.9 | 8.6-13.3 |
|  | >High School | 9.5 | $8.1-10.8$ |
| ANNUAL INCOME | <\$25,000 | 18.1 | 12.9-23.3 |
|  | \$25,000-\$49,999 | 12.2 | 9.1-15.3 |
|  | \$50,000 or More | 7.3 | 5.8-8.9 |
| MARITAL STATUS | Married/Couple | 11.6 | 9.7-13.4 |
|  | Not Married/Couple | 10.2 | $8.1-12.3$ |

[^5]
## 2021 Florida BRFSS Data

## Diabetes

Percentage of adults with diabetes who ever had diabetes self-management education

|  |  | Measure | 95\% CI |
| :---: | :---: | :---: | :---: |
| ALL | Overall | 55.4 | 49.2-61.6 |
| SEX | Men | 55.9 | 47.0-64.8 |
|  | Women | 54.8 | 46.4-63.3 |
| RACE/ETHNICITY | Non-Hisp. White | 55.2 | 48.8-61.6 |
|  | Non-Hisp. Black | 65.5 | 48.9-82.0 |
|  | Hispanic | 51.0 | 27.9-74.1 |
| SEX BY RACE/ETHNICITY | Non-Hisp. White Men | 56.1 | 47.1-65.1 |
|  | Non-Hisp. White Women | 53.8 | 44.5-63.2 |
|  | Non-Hisp. Black Men | 73.6 | 54.1-93.1 |
|  | Non-Hisp. Black Women | 59.4 | 36.2-82.7 |
|  | Hispanic Men | NA |  |
|  | Hispanic Women | NA |  |
| AGE GROUP | 18-44 | 44.5 | 11.0-78.0 |
|  | 45-64 | 64.7 | 52.8-76.5 |
|  | 65 \& Older | 50.8 | 43.4-58.3 |
| EDUCATION LEVEL | <High School | 45.2 | 25.2-65.1 |
|  | High School / GED | 52.6 | 42.7-62.5 |
|  | >High School | 60.5 | 52.0-68.9 |
| ANNUAL INCOME | <\$25,000 | 53.4 | 40.3-66.5 |
|  | \$25,000-\$49,999 | 56.4 | 41.5-71.3 |
|  | \$50,000 or More | 58.8 | 47.8-69.9 |
| MARITAL STATUS | Married/Couple | 59.7 | 51.1-68.4 |
|  | Not Married/Couple | 48.6 | 40.3-57.0 |

## Disability

Percentage of adults who are blind or have serious difficulty seeing, even when wearing glasses

|  |  | Measure | 95\% CI |
| :---: | :---: | :---: | :---: |
| ALL | Overall | 6.0 | 4.7-7.3 |
| SEX | Men | 4.5 | $3.2-5.8$ |
|  | Women | 7.4 | 5.2-9.5 |
| RACE/ETHNICITY | Non-Hisp. White | 6.2 | 4.5-7.9 |
|  | Non-Hisp. Black | 6.4 | $3.3-9.5$ |
|  | Hispanic | 4.6 | 1.8-7.5 |
| SEX BY RACE/ETHNICITY | Non-Hisp. White Men | 4.6 | 2.8-6.4 |
|  | Non-Hisp. White Women | 7.7 | 4.8-10.5 |
|  | Non-Hisp. Black Men | 6.0 | 1.5-10.4 |
|  | Non-Hisp. Black Women | 6.7 | 2.4-10.9 |
|  | Hispanic Men | 2.6 | 0.5-4.7 |
|  | Hispanic Women | 6.3 | 1.4-11.3 |
| AGE GROUP | 18-44 | 3.5 | 1.5-5.5 |
|  | 45-64 | 6.8 | 4.2 - 9.3 |
|  | 65 \& Older | 8.4 | 6.3-10.6 |
| EDUCATION LEVEL | <High School | 10.6 | 4.7-16.5 |
|  | High School / GED | 8.1 | 4.9-11.3 |
|  | >High School | 4.1 | 3.2-5.1 |
| ANNUAL INCOME | <\$25,000 | 15.4 | 9.0-21.8 |
|  | \$25,000-\$49,999 | 6.7 | 3.9 - 9.6 |
|  | \$50,000 or More | 3.7 | 2.5-4.8 |
| MARITAL STATUS | Married/Couple | 3.7 | $2.6-4.7$ |
|  | Not Married/Couple | 8.8 | 6.3-11.3 |

## Disability

Percentage of adults that have serious difficulty concentrating, remembering or making decisions due to a physical, mental, or emotional condition

|  |  | Measure | 95\% CI |
| :---: | :---: | :---: | :---: |
| ALL | Overall | 12.3 | 10.6-14.0 |
| SEX | Men | 13.3 | 10.5-16.1 |
|  | Women | 11.4 | 9.4-13.5 |
| RACE/ETHNICITY | Non-Hisp. White | 12.4 | 10.6-14.1 |
|  | Non-Hisp. Black | 11.6 | 6.3-16.9 |
|  | Hispanic | 12.5 | 7.8-17.2 |
| SEX BY RACE/ETHNICITY | Non-Hisp. White Men | 11.3 | 8.7-13.8 |
|  | Non-Hisp. White Women | 13.4 | 11.0-15.8 |
|  | Non-Hisp. Black Men | 11.3 | $3.5-19.1$ |
|  | Non-Hisp. Black Women | 11.9 | 4.7-19.0 |
|  | Hispanic Men | 18.2 | 9.9-26.5 |
|  | Hispanic Women | 7.4 | 2.8-12.0 |
| AGE GROUP | 18-44 | 12.6 | 10.0-15.2 |
|  | 45-64 | 11.4 | 8.2-14.5 |
|  | 65 \& Older | 13.3 | 9.8-16.8 |
| EDUCATION LEVEL | <High School | 23.1 | 13.9-32.2 |
|  | High School / GED | 15.3 | 11.8-18.8 |
|  | >High School | 9.0 | 7.5-10.4 |
| ANNUAL INCOME | <\$25,000 | 24.8 | 18.7-30.8 |
|  | \$25,000-\$49,999 | 13.8 | 10.1-17.4 |
|  | \$50,000 or More | 6.5 | 4.9-8.0 |
| MARITAL STATUS | Married/Couple | 10.2 | 7.7-12.7 |
|  | Not Married/Couple | 15.0 | 12.5-17.4 |

2021 Florida BRFSS Data

## Disability

## Percentage of adults who are deaf or have serious difficulty hearing

|  |  | Measure | 95\% Cl |
| :---: | :---: | :---: | :---: |
| ALL | Overall | 7.3 | 6.1-8.4 |
| SEX | Men | 8.8 | 7.1-10.5 |
|  | Women | 5.9 | 4.4-7.3 |
| RACE/ETHNICITY | Non-Hisp. White | 9.1 | 7.7-10.5 |
|  | Non-Hisp. Black | 4.5 | 1.5-7.6 |
|  | Hispanic | 3.9 | 1.4-6.5 |
| SEX BY RACE/ETHNICITY | Non-Hisp. White Men | 11.4 | 9.1-13.8 |
|  | Non-Hisp. White Women | 6.9 | $5.3-8.5$ |
|  | Non-Hisp. Black Men | 6.7 | 0.5-13.0 |
|  | Non-Hisp. Black Women | 2.7 | 0.7 - 4.8 |
|  | Hispanic Men | 2.9 | 0.9-5.0 |
|  | Hispanic Women | 4.9 | $0.4-9.3$ |
| AGE GROUP | 18-44 | 3.6 | 2.0 - 5.1 |
|  | 45-64 | 5.1 | $3.1-7.2$ |
|  | 65 \& Older | 15.0 | 12.6-17.5 |
| EDUCATION LEVEL | <High School | 11.9 | 6.2 - 17.7 |
|  | High School / GED | 7.0 | 4.9-9.0 |
|  | >High School | 6.6 | $5.4-7.7$ |
| ANNUAL INCOME | <\$25,000 | 11.4 | 6.6 - 16.1 |
|  | \$25,000-\$49,999 | 9.0 | 6.4-11.6 |
|  | \$50,000 or More | 5.0 | $3.7-6.3$ |
| MARITAL STATUS | Married/Couple | 6.9 | $5.4-8.4$ |
|  | Not Married/Couple | 7.8 | 6.0-9.6 |

## 2021 Florida BRFSS Data

## Disability

Percentage of adults that have difficulty dressing or bathing


Percentage of adults that have serious difficulty walking or climbing stairs

|  |  | Measure | 95\% CI |
| :---: | :---: | :---: | :---: |
| ALL | Overall | 15.3 | 13.6-16.9 |
| SEX | Men | 12.9 | 10.7-15.2 |
|  | Women | 17.4 | 14.9-19.9 |
| RACE/ETHNICITY | Non-Hisp. White | 16.0 | 14.1-17.9 |
|  | Non-Hisp. Black | 14.0 | $9.4-18.6$ |
|  | Hispanic | 14.0 | $9.6-18.3$ |
| SEX BY RACE/ETHNICITY | Non-Hisp. White Men | 15.4 | 12.3-18.5 |
|  | Non-Hisp. White Women | 16.6 | 14.3-18.9 |
|  | Non-Hisp. Black Men | 8.5 | 3.8-13.2 |
|  | Non-Hisp. Black Women | 18.2 | 11.1-25.4 |
|  | Hispanic Men | 9.9 | $5.0-14.8$ |
|  | Hispanic Women | 17.6 | 10.8-24.5 |
| AGE GROUP | 18-44 | 5.1 | $3.4-6.9$ |
|  | 45-64 | 17.1 | 13.4-20.9 |
|  | 65 \& Older | 28.1 | 24.7-31.5 |
| EDUCATION LEVEL | <High School | 29.8 | 21.1-38.6 |
|  | High School / GED | 18.0 | 14.6-21.4 |
|  | >High School | 11.3 | 9.8-12.9 |
| ANNUAL INCOME | <\$25,000 | 28.1 | 22.2-34.0 |
|  | \$25,000-\$49,999 | 19.5 | 15.4-23.7 |
|  | \$50,000 or More | 9.3 | 7.3-11.4 |
| MARITAL STATUS | Married/Couple | 12.4 | 10.4-14.4 |
|  | Not Married/Couple | 18.7 | 15.8-21.5 |

[^6]
## 2021 Florida BRFSS Data

## Disability

Percentage of adults that have difficulty doing errands alone such as visiting a doctor's office or shopping


Percentage of adults who have any disability

|  |  | Measure $\quad 95 \%$ Cl |  |
| :---: | :---: | :---: | :---: |
| ALL | Overall | 29.6 | 27.3-31.9 |
| SEX | Men | 28.8 | 25.5-32.1 |
|  | Women | 30.4 | 27.2-33.5 |
| RACE/ETHNICITY | Non-Hisp. White | 31.9 | 29.4-34.5 |
|  | Non-Hisp. Black | 26.6 | 19.9-33.4 |
|  | Hispanic | 25.5 | 19.8-31.3 |
| SEX BY RACE/ETHNICITY | Non-Hisp. White Men | 30.1 | 26.5-33.7 |
|  | Non-Hisp. White Women | 33.6 | 30.0-37.3 |
|  | Non-Hisp. Black Men | 23.9 | 14.1-33.7 |
|  | Non-Hisp. Black Women | 28.8 | 19.4-38.1 |
|  | Hispanic Men | 27.3 | 18.5-36.2 |
|  | Hispanic Women | 23.9 | 16.5-31.4 |
| AGE GROUP | 18-44 | 21.0 | 17.5-24.6 |
|  | 45-64 | 27.2 | 23.0-31.4 |
|  | 65 \& Older | 44.7 | 40.7-48.7 |
| EDUCATION LEVEL | <High School | 47.1 | 36.9-57.3 |
|  | High School / GED | 36.4 | 31.6-41.1 |
|  | >High School | 23.2 | 21.1-25.4 |
| ANNUAL INCOME | <\$25,000 | 48.3 | 41.2-55.5 |
|  | \$25,000-\$49,999 | 34.1 | 29.1-39.1 |
|  | \$50,000 or More | 19.6 | 17.0-22.3 |
| MARITAL STATUS | Married/Couple | 25.1 | 22.1-28.1 |
|  | Not Married/Couple | 35.0 | 31.5-38.6 |

[^7]
## Hypertension Awareness \& Control

Percentage of adults who have ever been told they had hypertension

|  |  | Measure | 95\% CI |
| :---: | :---: | :---: | :---: |
| ALL | Overall | 37.1 | 34.7-39.4 |
| SEX | Men | 39.5 | 36.1-43.0 |
|  | Women | 34.8 | 31.6-37.9 |
| RACE/ETHNICITY | Non-Hisp. White | 39.1 | 36.6-41.6 |
|  | Non-Hisp. Black | 38.6 | 31.4-45.8 |
|  | Hispanic | 32.2 | 26.1-38.3 |
| SEX BY RACE/ETHNICITY | Non-Hisp. White Men | 44.1 | 40.4-47.8 |
|  | Non-Hisp. White Women | 34.4 | 31.0-37.7 |
|  | Non-Hisp. Black Men | 39.2 | 28.1-50.3 |
|  | Non-Hisp. Black Women | 38.1 | 28.8-47.5 |
|  | Hispanic Men | 32.0 | 22.9-41.1 |
|  | Hispanic Women | 32.4 | 24.2-40.6 |
| AGE GROUP | 18-44 | 14.7 | 11.5-17.8 |
|  | 45-64 | 44.1 | 39.6-48.6 |
|  | 65 \& Older | 63.5 | 60.1-66.9 |
| EDUCATION LEVEL | <High School | 46.8 | 37.1-56.5 |
|  | High School / GED | 34.6 | 30.5-38.7 |
|  | >High School | 36.3 | 33.5-39.1 |
| ANNUAL INCOME | <\$25,000 | 40.5 | 33.9-47.2 |
|  | \$25,000-\$49,999 | 36.5 | 31.4-41.6 |
|  | \$50,000 or More | 35.4 | 31.7-39.2 |
| MARITAL STATUS | Married/Couple | 38.5 | 35.2-41.8 |
|  | Not Married/Couple | 35.4 | 31.9-38.8 |

Percentage of adults with hypertension who currently take high blood pressure medicine


[^8]
## Kidney Disease

Percentage of adults who have ever been told they had kidney disease


2021 Florida BRFSS Data

## Overweight \& Obesity

Percentage of adults who are obese

|  |  | Measure | 95\% CI |
| :---: | :---: | :---: | :---: |
| ALL | Overall | 30.0 | 27.6-32.4 |
| SEX | Men | 29.1 | 25.7-32.5 |
|  | Women | 31.0 | 27.5-34.5 |
| RACE/ETHNICITY | Non-Hisp. White | 28.6 | 26.0-31.2 |
|  | Non-Hisp. Black | 36.6 | 29.1-44.2 |
|  | Hispanic | 29.9 | 23.7-36.0 |
| SEX BY RACE/ETHNICITY | Non-Hisp. White Men | 29.0 | 25.5-32.4 |
|  | Non-Hisp. White Women | 28.2 | 24.3-32.1 |
|  | Non-Hisp. Black Men | 29.4 | 18.8-39.9 |
|  | Non-Hisp. Black Women | 43.4 | 32.8-54.1 |
|  | Hispanic Men | 28.7 | 20.0-37.4 |
|  | Hispanic Women | 31.0 | 22.3-39.7 |
| AGE GROUP | 18-44 | 29.7 | 25.3-34.2 |
|  | 45-64 | 32.8 | 28.5-37.1 |
|  | 65 \& Older | 28.6 | 24.9-32.2 |
| EDUCATION LEVEL | <High School | 32.1 | 22.7-41.6 |
|  | High School / GED | 33.4 | 28.5-38.2 |
|  | >High School | 28.0 | 25.2-30.9 |
| ANNUAL INCOME | <\$25,000 | 34.7 | 27.5-41.8 |
|  | \$25,000-\$49,999 | 35.1 | 29.8-40.4 |
|  | \$50,000 or More | 29.4 | 25.7-33.0 |
| MARITAL STATUS | Married/Couple | 30.8 | 27.6-34.0 |
|  | Not Married/Couple | 29.0 | 25.2-32.8 |

Percentage of adults who are overweight

|  |  | Measure | 95\% CI |
| :---: | :---: | :---: | :---: |
| ALL | Overall | 37.0 | 34.5-39.5 |
| SEX | Men | 43.5 | 39.9-47.1 |
|  | Women | 30.3 | 26.9-33.8 |
| RACE/ETHNICITY | Non-Hisp. White | 36.3 | 33.6-38.9 |
|  | Non-Hisp. Black | 35.5 | 27.9-43.2 |
|  | Hispanic | 39.2 | 32.6-45.7 |
| SEX BY RACE/ETHNICITY | Non-Hisp. White Men | 44.3 | 40.5-48.2 |
|  | Non-Hisp. White Women | 28.2 | 24.9-31.4 |
|  | Non-Hisp. Black Men | 44.8 | 33.2-56.5 |
|  | Non-Hisp. Black Women | 26.8 | 17.6-36.1 |
|  | Hispanic Men | 41.5 | 32.3-50.6 |
|  | Hispanic Women | 36.9 | 27.5-46.3 |
| AGE GROUP | 18-44 | 33.5 | 29.3-37.7 |
|  | 45-64 | 40.1 | 35.4-44.7 |
|  | 65 \& Older | 37.9 | 34.2-41.7 |
| EDUCATION LEVEL | <High School | 32.6 | 22.9-42.4 |
|  | High School / GED | 30.7 | 26.5-34.9 |
|  | >High School | 41.0 | 37.9-44.0 |
| ANNUAL INCOME | <\$25,000 | 30.1 | 23.3-36.9 |
|  | \$25,000-\$49,999 | 34.1 | 28.8-39.4 |
|  | \$50,000 or More | 41.2 | 37.4-45.1 |
| MARITAL STATUS | Married/Couple | 41.3 | 37.8-44.7 |
|  | Not Married/Couple | 32.3 | 28.7-35.8 |

[^9]2021 Florida BRFSS Data

## Overweight \& Obesity

Percentage of adults who are overweight or obese


Percentage of adults who have a healthy weight (BMI from 18.5 to 24.9)

|  |  | Measure | 95\% CI |
| :---: | :---: | :---: | :---: |
| ALL | Overall | 31.1 | 28.7-33.5 |
| SEX | Men | 26.2 | 22.8-29.6 |
|  | Women | 36.2 | 32.7-39.6 |
| RACE/ETHNICITY | Non-Hisp. White | 32.5 | 29.8-35.1 |
|  | Non-Hisp. Black | 26.6 | 19.3-33.9 |
|  | Hispanic | 30.8 | 24.6-37.1 |
| SEX BY RACE/ETHNICITY | Non-Hisp. White Men | 25.2 | 21.7-28.7 |
|  | Non-Hisp. White Women | 39.8 | $35.9-43.7$ |
|  | Non-Hisp. Black Men | 24.5 | 14.3-34.7 |
|  | Non-Hisp. Black Women | 28.5 | 18.3-38.7 |
|  | Hispanic Men | 29.7 | 20.2-39.2 |
|  | Hispanic Women | 32.0 | 23.6-40.3 |
| AGE GROUP | 18-44 | 34.6 | 30.3-38.9 |
|  | 45-64 | 25.6 | 21.4-29.9 |
|  | 65 \& Older | 31.8 | 28.0-35.6 |
| EDUCATION LEVEL | <High School | 30.8 | 20.2-41.5 |
|  | High School / GED | 33.6 | 28.8-38.5 |
|  | >High School | 29.9 | 27.3-32.5 |
| ANNUAL INCOME | <\$25,000 | 31.8 | 25.4-38.3 |
|  | \$25,000-\$49,999 | 28.8 | 24.0-33.5 |
|  | \$50,000 or More | 28.2 | 24.6-31.7 |
| MARITAL STATUS | Married/Couple | 26.7 | 23.5-30.0 |
|  | Not Married/Couple | 36.2 | 32.5-39.9 |

[^10]
## 2021 Florida BRFSS Data

## HIV/AIDS Screening

Percentage of adults less than 65 years old who have ever been tested for HIV

|  |  | Measure | 95\% CI |  |
| :---: | :---: | :---: | :---: | :---: |
| ALL | Overall | 50.3 | 47.0 | - 53.6 |
| SEX | Men | 48.1 | 43.4 | - 52.7 |
|  | Women | 52.5 | 47.8 | - 57.2 |
| RACE/ETHNICITY | Non-Hisp. White | 47.0 | 43.3 | - 50.8 |
|  | Non-Hisp. Black | 65.8 | 56.6 | - 74.9 |
|  | Hispanic | 50.2 | 43.0 | - 57.4 |
| SEX BY RACE/ETHNICITY | Non-Hisp. White Men | 44.8 | 39.6 | - 49.9 |
|  | Non-Hisp. White Women | 49.3 | 43.8 | - 54.9 |
|  | Non-Hisp. Black Men | 67.9 | 54.5 | - 81.3 |
|  | Non-Hisp. Black Women | 63.8 | 51.4 | - 76.2 |
|  | Hispanic Men | 46.9 | 36.3 | - 57.5 |
|  | Hispanic Women | 53.1 | 43.3 | - 63.0 |
| AGE GROUP | 18-44 | 53.5 | 48.9 | - 58.1 |
|  | 45-64 | 46.0 | 41.3 | - 50.7 |
| EDUCATION LEVEL | <High School | 28.6 | 18.5 | - 38.7 |
|  | High School / GED | 49.7 | 43.2 | - 56.2 |
|  | >High School | 54.5 | 50.6 | - 58.4 |
| ANNUAL INCOME | <\$25,000 | 56.3 | 46.5 | - 66.1 |
|  | \$25,000-\$49,999 | 49.7 | 42.4 | - 57.0 |
|  | \$50,000 or More | 52.4 | 47.8 | - 57.1 |
| MARITAL STATUS | Married/Couple | 52.3 | 47.8 | - 56.7 |
|  | Not Married/Couple | 47.9 | 43.0 | - 52.9 |

Percentage of adults who have ever been tested for HIV

|  |  | Measure | 95\% CI |
| :---: | :---: | :---: | :---: |
| ALL | Overall | 42.2 | 39.6-44.8 |
| SEX | Men | 42.5 | 38.8-46.2 |
|  | Women | 42.0 | 38.3-45.6 |
| RACE/ETHNICITY | Non-Hisp. White | 37.5 | $34.7-40.3$ |
|  | Non-Hisp. Black | 57.4 | 49.3-65.5 |
|  | Hispanic | 46.3 | 39.6-52.9 |
| SEX BY RACE/ETHNICITY | Non-Hisp. White Men | 38.4 | $34.5-42.3$ |
|  | Non-Hisp. White Women | 36.7 | $32.7-40.7$ |
|  | Non-Hisp. Black Men | 62.0 | 49.9-74.0 |
|  | Non-Hisp. Black Women | 53.7 | 42.7-64.7 |
|  | Hispanic Men | 43.8 | 34.2-53.4 |
|  | Hispanic Women | 48.6 | $39.4-57.7$ |
| AGE GROUP | 18-44 | 53.5 | 48.9-58.1 |
|  | 45-64 | 46.0 | 41.3-50.7 |
|  | 65 \& Older | 22.1 | 18.8-25.3 |
| EDUCATION LEVEL | <High School | 25.0 | 17.6-32.4 |
|  | High School / GED | 41.4 | 36.2-46.6 |
|  | >High School | 46.2 | 43.1-49.3 |
| ANNUAL INCOME | <\$25,000 | 48.5 | 41.1-55.9 |
|  | \$25,000-\$49,999 | 42.6 | $37.1-48.2$ |
|  | \$50,000 or More | 45.9 | 41.9-49.9 |
| MARITAL STATUS | Married/Couple | 43.0 | $39.5-46.5$ |
|  | Not Married/Couple | 41.3 | 37.4-45.2 |

CI=Confidence Interval NA=Not available due to respondent counts of less than 30.

## Immunization

Percentage of adults 65 years of age and older who received a flu shot in the past year


CI=Confidence Interval NA=Not available due to respondent counts of less than 30.

## Immunization

Percentage of adults 65 years of age and older who have ever received a pneumonia vaccination

|  |  | Measure | 95\% CI |
| :---: | :---: | :---: | :---: |
| ALL | Overall | 65.0 | 61.0-68.9 |
| SEX | Men | 58.7 | 52.2-65.1 |
|  | Women | 70.5 | 65.9-75.1 |
| RACE/ETHNICITY | Non-Hisp. White | 70.7 | 67.0-74.3 |
|  | Non-Hisp. Black | 44.6 | 27.6-61.5 |
|  | Hispanic | 52.8 | 34.8-70.9 |
| SEX BY RACE/ETHNICITY | Non-Hisp. White Men | 64.9 | 58.8-71.1 |
|  | Non-Hisp. White Women | 75.9 | 72.1-79.6 |
|  | Non-Hisp. Black Men | 39.6 | 17.0-62.2 |
|  | Non-Hisp. Black Women | 48.1 | 25.0-71.2 |
|  | Hispanic Men | 41.6 | 13.9-69.3 |
|  | Hispanic Women | 61.9 | 40.9-82.9 |
| AGE GROUP | 65 \& Older | 65.0 | 61.0-68.9 |
| EDUCATION LEVEL | <High School | 48.1 | 30.5-65.7 |
|  | High School / GED | 62.3 | 56.0-68.5 |
|  | >High School | 70.5 | 66.5-74.5 |
| ANNUAL INCOME | <\$25,000 | 55.6 | 45.7-65.5 |
|  | \$25,000-\$49,999 | 65.7 | 58.4-73.0 |
|  | \$50,000 or More | 69.1 | 63.5-74.7 |
| MARITAL STATUS | Married/Couple | 66.5 | 60.8-72.2 |
|  | Not Married/Couple | 63.0 | 57.2-68.9 |

Percentage of adults who have ever received a pneumonia vaccination

|  |  | Measure | 95\% CI |
| :---: | :---: | :---: | :---: |
| ALL | Overall | 31.0 | 28.8-33.3 |
| SEX | Men | 29.7 | 26.4-33.1 |
|  | Women | 32.2 | 29.1-35.3 |
| RACE/ETHNICITY | Non-Hisp. White | 38.9 | 36.3-41.6 |
|  | Non-Hisp. Black | 20.4 | 14.2-26.6 |
|  | Hispanic | 19.6 | 14.3-25.0 |
| SEX BY RACE/ETHNICITY | Non-Hisp. White Men | 37.1 | 33.2-40.9 |
|  | Non-Hisp. White Women | 40.7 | 36.9-44.4 |
|  | Non-Hisp. Black Men | 18.7 | 10.3-27.0 |
|  | Non-Hisp. Black Women | 21.9 | 13.0-30.9 |
|  | Hispanic Men | 21.8 | 13.0-30.5 |
|  | Hispanic Women | 17.8 | 11.4-24.2 |
| AGE GROUP | 18-44 | 14.9 | 11.5-18.4 |
|  | 45-64 | 18.4 | 15.3-21.5 |
|  | 65 \& Older | 65.0 | 60.8-69.1 |
| EDUCATION LEVEL | <High School | 24.4 | 16.3-32.5 |
|  | High School / GED | 29.0 | 24.9-33.1 |
|  | >High School | 33.3 | 30.6-36.1 |
| ANNUAL INCOME | <\$25,000 | 28.4 | 22.9-33.8 |
|  | \$25,000-\$49,999 | 34.5 | 29.1-39.8 |
|  | \$50,000 or More | 27.5 | 24.3-30.7 |
| MARITAL STATUS | Married/Couple | 32.4 | 29.3-35.5 |
|  | Not Married/Couple | 29.4 | 26.0-32.8 |

CI=Confidence Interval

2021 Florida BRFSS Data

## Alcohol Consumption

Percentage of adults who engage in heavy or binge drinking

|  |  | Measure | 95\% CI |
| :---: | :---: | :---: | :---: |
| ALL | Overall | 18.2 | 16.2-20.3 |
| SEX | Men | 20.6 | 17.5-23.6 |
|  | Women | 16.1 | 13.3-18.8 |
| RACE/ETHNICITY | Non-Hisp. White | 19.8 | 17.6-22.1 |
|  | Non-Hisp. Black | 11.5 | 6.9-16.2 |
|  | Hispanic | 20.5 | 14.9-26.1 |
| SEX BY RACE/ETHNICITY | Non-Hisp. White Men | 21.5 | 18.4-24.6 |
|  | Non-Hisp. White Women | 18.3 | 15.0-21.6 |
|  | Non-Hisp. Black Men | 8.7 | $3.3-14.0$ |
|  | Non-Hisp. Black Women | 13.9 | 6.8-20.9 |
|  | Hispanic Men | 26.8 | 17.9-35.8 |
|  | Hispanic Women | 14.8 | 8.0-21.7 |
| AGE GROUP | 18-44 | 24.2 | 20.3-28.2 |
|  | 45-64 | 19.3 | 15.8-22.8 |
|  | 65 \& Older | 8.8 | 6.7 - 10.8 |
| EDUCATION LEVEL | <High School | 15.5 | 9.0-22.0 |
|  | High School / GED | 18.3 | 14.3-22.4 |
|  | >High School | 18.9 | 16.4-21.4 |
| ANNUAL INCOME | <\$25,000 | 11.6 | 7.8-15.3 |
|  | \$25,000-\$49,999 | 19.1 | 14.0-24.1 |
|  | \$50,000 or More | 22.8 | 19.5-26.2 |
| MARITAL STATUS | Married/Couple | 18.3 | 15.6-21.1 |
|  | Not Married/Couple | 18.2 | 15.1-21.3 |

2021 Florida BRFSS Data
Physical Activity \& Nutrition
Percentage of adults who are sedentary

|  |  | Measure | 95\% CI |
| :---: | :---: | :---: | :---: |
| ALL | Overall | 26.2 | 23.9-28.4 |
| SEX | Men | 23.8 | 20.5-27.2 |
|  | Women | 28.4 | 25.3-31.4 |
| RACE/ETHNICITY | Non-Hisp. White | 22.4 | 20.3-24.6 |
|  | Non-Hisp. Black | 34.4 | 27.0-41.7 |
|  | Hispanic | 29.8 | 23.9-35.7 |
| SEX BY RACE/ETHNICITY | Non-Hisp. White Men | 21.3 | 18.0-24.6 |
|  | Non-Hisp. White Women | 23.5 | 20.6-26.3 |
|  | Non-Hisp. Black Men | 27.7 | 16.8-38.6 |
|  | Non-Hisp. Black Women | 40.1 | 30.1-50.1 |
|  | Hispanic Men | 27.7 | 18.8-36.6 |
|  | Hispanic Women | 31.7 | 23.8-39.6 |
| AGE GROUP | 18-44 | 22.3 | 18.5-26.0 |
|  | 45-64 | 27.9 | 23.6-32.2 |
|  | 65 \& Older | 29.4 | 25.8-33.0 |
| EDUCATION LEVEL | <High School | 39.2 | 29.6-48.8 |
|  | High School / GED | 32.5 | 28.0-37.0 |
|  | >High School | 20.3 | 18.1-22.6 |
| ANNUAL INCOME | <\$25,000 | 33.8 | 27.4-40.1 |
|  | \$25,000-\$49,999 | 33.5 | 28.3-38.6 |
|  | \$50,000 or More | 18.1 | 15.0-21.2 |
| MARITAL STATUS | Married/Couple | 23.6 | 20.5-26.7 |
|  | Not Married/Couple | 29.2 | 25.9-32.6 |

## 2021 Florida BRFSS Data

## Physical Activity \& Nutrition

Percentage of adults who consumed five or more servings of fruit or vegetables per day


Percentage of adults who consumed two or more servings of vegetables per day


[^11]2021 Florida BRFSS Data

## Tobacco Use \& Exposure

Percentage of adults who are current smokers

|  |  | Measure | 95\% CI |
| :---: | :---: | :---: | :---: |
| ALL | Overall | 13.0 | 11.3-14.8 |
| SEX | Men | 14.6 | 11.9-17.4 |
|  | Women | 11.5 | 9.3-13.8 |
| RACE/ETHNICITY | Non-Hisp. White | 14.8 | 12.8-16.8 |
|  | Non-Hisp. Black | 7.3 | 4.1-10.5 |
|  | Hispanic | 12.4 | 7.6-17.1 |
| SEX BY RACE/ETHNICITY | Non-Hisp. White Men | 15.7 | 12.8-18.6 |
|  | Non-Hisp. White Women | 14.0 | 11.2-16.7 |
|  | Non-Hisp. Black Men | 8.4 | $3.3-13.6$ |
|  | Non-Hisp. Black Women | 6.4 | 2.4-10.5 |
|  | Hispanic Men | 14.5 | 6.7-22.3 |
|  | Hispanic Women | 10.4 | 4.8-15.9 |
| AGE GROUP | 18-44 | 13.9 | 10.8-17.1 |
|  | 45-64 | 14.5 | 12.0-17.1 |
|  | 65 \& Older | 10.8 | 7.4-14.2 |
| EDUCATION LEVEL | <High School | 28.0 | 19.1-36.9 |
|  | High School / GED | 17.2 | 13.6-20.8 |
|  | >High School | 8.3 | 6.7 - 9.8 |
| ANNUAL INCOME | <\$25,000 | 20.1 | 15.2-25.0 |
|  | \$25,000-\$49,999 | 18.3 | 13.8-22.8 |
|  | \$50,000 or More | 9.7 | 7.4-12.0 |
| MARITAL STATUS | Married/Couple | 9.4 | 7.1 - 11.7 |
|  | Not Married/Couple | 17.7 | 14.9-20.4 |

Percentage of adults who are former smokers

|  |  | Measure | 95\% CI |
| :---: | :---: | :---: | :---: |
| ALL | Overall | 27.4 | 25.2-29.6 |
| SEX | Men | 32.1 | 28.6-35.5 |
|  | Women | 23.1 | 20.4-25.8 |
| RACE/ETHNICITY | Non-Hisp. White | 34.6 | 32.0-37.2 |
|  | Non-Hisp. Black | 12.1 | 8.0-16.2 |
|  | Hispanic | 19.7 | 14.1-25.3 |
| SEX BY RACE/ETHNICITY | Non-Hisp. White Men | 38.4 | 34.6-42.2 |
|  | Non-Hisp. White Women | 31.1 | 27.7-34.5 |
|  | Non-Hisp. Black Men | 15.5 | 8.2-22.9 |
|  | Non-Hisp. Black Women | 9.4 | 4.9-13.9 |
|  | Hispanic Men | 25.7 | 16.6-34.7 |
|  | Hispanic Women | 14.3 | 7.7-20.8 |
| AGE GROUP | 18-44 | 17.1 | 13.8-20.4 |
|  | 45-64 | 30.0 | 25.5-34.5 |
|  | 65 \& Older | 40.3 | 36.6-44.1 |
| EDUCATION LEVEL | <High School | 32.2 | 22.3-42.1 |
|  | High School / GED | 27.3 | 23.2-31.3 |
|  | >High School | 26.6 | 24.1-29.0 |
| ANNUAL INCOME | <\$25,000 | 20.3 | 15.2-25.5 |
|  | \$25,000-\$49,999 | 28.3 | 23.9-32.8 |
|  | \$50,000 or More | 30.2 | 26.5-33.8 |
| MARITAL STATUS | Married/Couple | 31.1 | 28.0-34.3 |
|  | Not Married/Couple | 22.5 | 19.5-25.6 |

[^12]2021 Florida BRFSS Data

## Tobacco Use \& Exposure

Percentage of adult current smokers who tried to quit smoking at least once in the past year

|  |  | Measure | 95\% CI |
| :---: | :---: | :---: | :---: |
| ALL | Overall | 53.9 | 47.6-60.1 |
| SEX | Men | 49.1 | 40.4-57.8 |
|  | Women | 59.7 | 50.7-68.7 |
| RACE/ETHNICITY | Non-Hisp. White | 54.3 | 47.5-61.1 |
|  | Non-Hisp. Black | 57.3 | 34.8-79.7 |
|  | Hispanic | 53.3 | 36.7-70.0 |
| SEX BY RACE/ETHNICITY | Non-Hisp. White Men | 49.0 | $38.1-59.9$ |
|  | Non-Hisp. White Women | 59.3 | 50.9-67.6 |
|  | Non-Hisp. Black Men | NA |  |
|  | Non-Hisp. Black Women | NA |  |
|  | Hispanic Men | NA |  |
|  | Hispanic Women | NA |  |
| AGE GROUP | 18-44 | 60.3 | 47.7-72.8 |
|  | 45-64 | 59.3 | 50.4-68.1 |
|  | 65 \& Older | 41.2 | 30.9-51.5 |
| EDUCATION LEVEL | <High School | 44.5 | $32.4-56.6$ |
|  | High School / GED | 51.5 | 42.2-60.7 |
|  | >High School | 62.2 | 52.1-72.2 |
| ANNUAL INCOME | <\$25,000 | 60.0 | 45.5-74.5 |
|  | \$25,000-\$49,999 | 64.1 | 52.6-75.6 |
|  | \$50,000 or More | 51.5 | 39.4-63.5 |
| MARITAL STATUS | Married/Couple | 50.8 | 41.4-60.2 |
|  | Not Married/Couple | 56.4 | 48.2-64.6 |

Percentage of adults who have never smoked


[^13]2021 Florida BRFSS Data

## Tobacco Use \& Exposure

Percentage of adults who are current e-cigarette users

|  |  | Measure | 95\% CI |
| :---: | :---: | :---: | :---: |
| ALL | Overall | 6.9 | 5.7 - 8.2 |
| SEX | Men | 8.9 | 6.7 - 11.0 |
|  | Women | 5.1 | 3.8 - 6.5 |
| RACE/ETHNICITY | Non-Hisp. White | 7.8 | $6.4-9.3$ |
|  | Non-Hisp. Black | 2.5 | 0.6-4.3 |
|  | Hispanic | 8.0 | 4.5-11.6 |
| SEX BY RACE/ETHNICITY | Non-Hisp. White Men | 8.6 | 6.2-10.9 |
|  | Non-Hisp. White Women | 7.2 | $5.4-9.0$ |
|  | Non-Hisp. Black Men | 4.3 | 0.4-8.2 |
|  | Non-Hisp. Black Women | 1.1 | 0.0-2.4 |
|  | Hispanic Men | 12.9 | 6.6-19.1 |
|  | Hispanic Women | 3.7 | 0.1-7.3 |
| AGE GROUP | 18-44 | 12.0 | 9.3-14.6 |
|  | 45-64 | 4.4 | $2.6-6.2$ |
|  | 65 \& Older | 2.5 | 1.1-4.0 |
| EDUCATION LEVEL | <High School | 8.7 | 3.5-13.9 |
|  | High School / GED | 10.0 | 6.9-13.0 |
|  | >High School | 5.1 | $4.0-6.3$ |
| ANNUAL INCOME | <\$25,000 | 8.6 | 4.6-12.5 |
|  | \$25,000-\$49,999 | 8.9 | 5.9-12.0 |
|  | \$50,000 or More | 6.9 | 4.9-8.9 |
| MARITAL STATUS | Married/Couple | 4.7 | 3.4-6.1 |
|  | Not Married/Couple | 9.6 | 7.3-11.8 |

## Tobacco Use \& Exposure

Percentage of adults who currently use chewing tobacco, snuff, or snus some days or every day

|  |  | Measure | 95\% CI |  |
| :---: | :---: | :---: | :---: | :---: |
| ALL | Overall | 2.0 | 1.4 | 2.5 |
| SEX | Men | 3.4 | 2.4 | 4.3 |
|  | Women | 0.6 | 0.2 | 1.0 |
| RACE/ETHNICITY | Non-Hisp. White | 2.8 | 2.0 | 3.6 |
|  | Non-Hisp. Black | 0.8 | 0.2 | 1.5 |
|  | Hispanic | 0.9 | 0.0 | 1.7 |
| SEX BY RACE/ETHNICITY | Non-Hisp. White Men | 5.1 | 3.5 | 6.7 |
|  | Non-Hisp. White Women | 0.7 | 0.3 | 1.1 |
|  | Non-Hisp. Black Men | 1.3 | 0.0 | 2.6 |
|  | Non-Hisp. Black Women | 0.5 | 0.0 | 0.9 |
|  | Hispanic Men | 1.0 | 0.0 |  |
|  | Hispanic Women | 0.8 | 0.0 | 2.0 |
| AGE GROUP | 18-44 | 1.9 | 1.1 | 2.6 |
|  | 45-64 | 2.4 | 1.5 |  |
|  | 65 \& Older | 1.7 | 0.6 | 2.8 |
| EDUCATION LEVEL | <High School | 4.3 | 1.5 | 7.1 |
|  | High School / GED | 2.1 | 1.2 | 2.9 |
|  | >High School | 1.5 | 0.9 | 2.0 |
| ANNUAL INCOME | <\$25,000 | 1.7 | 0.7 | 2.6 |
|  | \$25,000-\$49,999 | 3.2 | 1.4 | 4.9 |
|  | \$50,000 or More | 1.9 | 1.2 |  |
| MARITAL STATUS | Married/Couple | 1.5 | 0.9 | 2.1 |
|  | Not Married/Couple | 2.5 | 1.7 | 3.4 |

2021 Florida BRFSS Data

## Health Status \& Quality of Life

Percentage of adults said their overall health was "fair" or "poor"

|  |  | Measure | 95\% CI |  |
| :---: | :---: | :---: | :---: | :---: |
| ALL | Overall | 16.4 | 14.5 | - 18.3 |
| SEX | Men | 16.3 | 13.3 | - 19.2 |
|  | Women | 16.5 | 14.1 | - 19.0 |
| RACE/ETHNICITY | Non-Hisp. White | 14.0 | 12.4 | - 15.6 |
|  | Non-Hisp. Black | 17.4 | 11.4 | - 23.3 |
|  | Hispanic | 20.6 | 15.2 | - 26.1 |
| SEX BY RACE/ETHNICITY | Non-Hisp. White Men | 13.4 | 11.0 | - 15.8 |
|  | Non-Hisp. White Women | 14.5 | 12.4 | - 16.6 |
|  | Non-Hisp. Black Men | 20.8 | 10.9 | - 30.7 |
|  | Non-Hisp. Black Women | 14.4 | 7.6 | - 21.2 |
|  | Hispanic Men | 19.7 | 11.3 | - 28.2 |
|  | Hispanic Women | 21.4 | 14.5 | - 28.4 |
| AGE GROUP | 18-44 | 10.7 | 7.9 | - 13.5 |
|  | 45-64 | 18.7 | 15.0 | - 22.4 |
|  | 65 \& Older | 22.4 | 18.8 | - 25.9 |
| EDUCATION LEVEL | <High School | 37.1 | 27.7 | - 46.5 |
|  | High School / GED | 18.0 | 14.7 | - 21.2 |
|  | >High School | 11.2 | 9.4 | - 13.0 |
| ANNUAL INCOME | <\$25,000 | 29.7 | 23.5 | - 35.9 |
|  | \$25,000-\$49,999 | 22.3 | 17.4 | - 27.1 |
|  | \$50,000 or More | 8.1 | 6.1 | - 10.2 |
| MARITAL STATUS | Married/Couple | 14.3 | 11.8 | - 16.9 |
|  | Not Married/Couple | 18.9 | 16.0 | - 21.8 |

Percentage of adults who said their overall health was "good" to "excellent"

|  |  | Measure | 95\% CI |
| :---: | :---: | :---: | :---: |
| ALL | Overall | 83.6 | 81.7-85.5 |
| SEX | Men | 83.7 | 80.8-86.7 |
|  | Women | 83.5 | 81.0-85.9 |
| RACE/ETHNICITY | Non-Hisp. White | 86.0 | 84.4-87.6 |
|  | Non-Hisp. Black | 82.6 | 76.7-88.6 |
|  | Hispanic | 79.4 | 73.9 - 84.8 |
| SEX BY RACE/ETHNICITY | Non-Hisp. White Men | 86.6 | 84.2-89.0 |
|  | Non-Hisp. White Women | 85.5 | 83.4-87.6 |
|  | Non-Hisp. Black Men | 79.2 | 69.3-89.1 |
|  | Non-Hisp. Black Women | 85.6 | 78.8-92.4 |
|  | Hispanic Men | 80.3 | $71.8-88.7$ |
|  | Hispanic Women | 78.6 | $71.6-85.5$ |
| AGE GROUP | 18-44 | 89.3 | 86.5-92.1 |
|  | 45-64 | 81.3 | $77.6-85.0$ |
|  | 65 \& Older | 77.6 | 74.1-81.2 |
| EDUCATION LEVEL | <High School | 62.9 | 53.5-72.3 |
|  | High School / GED | 82.0 | 78.8-85.3 |
|  | >High School | 88.8 | $87.0-90.6$ |
| ANNUAL INCOME | <\$25,000 | 70.3 | 64.1-76.5 |
|  | \$25,000-\$49,999 | 77.7 | 72.9-82.6 |
|  | \$50,000 or More | 91.9 | 89.8-93.9 |
| MARITAL STATUS | Married/Couple | 85.7 | 83.1-88.2 |
|  | Not Married/Couple | 81.1 | 78.2-84.0 |

[^14]
## Health Status \& Quality of Life

Percentage of adults who had poor physical health on 14 or more of the past 30 days

|  |  | Measure | 95\% CI |
| :---: | :---: | :---: | :---: |
| ALL | Overall | 13.0 | 11.2-14.8 |
| SEX | Men | 11.9 | 9.5-14.3 |
|  | Women | 14.0 | 11.4-16.6 |
| RACE/ETHNICITY | Non-Hisp. White | 12.9 | 10.8-15.0 |
|  | Non-Hisp. Black | 13.5 | 8.1-18.8 |
|  | Hispanic | 13.3 | 9.0-17.7 |
| SEX BY RACE/ETHNICITY | Non-Hisp. White Men | 11.2 | $8.5-14.0$ |
|  | Non-Hisp. White Women | 14.5 | 11.3-17.7 |
|  | Non-Hisp. Black Men | 11.4 | 4.8-18.0 |
|  | Non-Hisp. Black Women | 15.3 | $7.2-23.3$ |
|  | Hispanic Men | 14.4 | 8.0-20.8 |
|  | Hispanic Women | 12.4 | $6.5-18.2$ |
| AGE GROUP | 18-44 | 10.2 | 7.4-13.0 |
|  | 45-64 | 15.3 | 11.7-19.0 |
|  | 65 \& Older | 14.7 | 11.8-17.5 |
| EDUCATION LEVEL | <High School | 25.7 | 17.0-34.3 |
|  | High School / GED | 14.6 | 10.9-18.2 |
|  | >High School | 9.7 | $8.1-11.3$ |
| ANNUAL INCOME | <\$25,000 | 27.1 | 20.0-34.2 |
|  | \$25,000-\$49,999 | 13.7 | 10.0-17.3 |
|  | \$50,000 or More | 6.7 | $5.1-8.3$ |
| MARITAL STATUS | Married/Couple | 11.2 | 9.1-13.2 |
|  | Not Married/Couple | 15.4 | 12.3-18.4 |

Percentage of adults with good physical health for the past 30 days

|  |  | Measure | 95\% CI |
| :---: | :---: | :---: | :---: |
| ALL | Overall | 87.0 | 85.2-88.8 |
| SEX | Men | 88.1 | 85.7-90.5 |
|  | Women | 86.0 | 83.4 - 88.6 |
| RACE/ETHNICITY | Non-Hisp. White | 87.1 | $85.0-89.2$ |
|  | Non-Hisp. Black | 86.5 | 81.2-91.9 |
|  | Hispanic | 86.7 | 82.3 - 91.0 |
| SEX BY RACE/ETHNICITY | Non-Hisp. White Men | 88.8 | 86.0-91.5 |
|  | Non-Hisp. White Women | 85.5 | $82.3-88.7$ |
|  | Non-Hisp. Black Men | 88.6 | 82.0-95.2 |
|  | Non-Hisp. Black Women | 84.7 | 76.7-92.8 |
|  | Hispanic Men | 85.6 | 79.2-92.0 |
|  | Hispanic Women | 87.6 | 81.8 - 93.5 |
| AGE GROUP | 18-44 | 89.8 | 87.0-92.6 |
|  | 45-64 | 84.7 | $81.0-88.3$ |
|  | 65 \& Older | 85.3 | $82.5-88.2$ |
| EDUCATION LEVEL | <High School | 74.3 | 65.7-83.0 |
|  | High School / GED | 85.4 | 81.8 - 89.1 |
|  | >High School | 90.3 | $88.7-91.9$ |
| ANNUAL INCOME | <\$25,000 | 72.9 | 65.8-80.0 |
|  | \$25,000-\$49,999 | 86.3 | 82.7 - 90.0 |
|  | \$50,000 or More | 93.3 | 91.7-94.9 |
| MARITAL STATUS | Married/Couple | 88.8 | 86.8-90.9 |
|  | Not Married/Couple | 84.6 | $81.6-87.7$ |

[^15]
## Health Status \& Quality of Life

Percentage of adults who had poor mental health on 14 or more of the past 30 days

|  |  | Measure | 95\% CI |
| :---: | :---: | :---: | :---: |
| ALL | Overall | 15.2 | 13.3-17.2 |
| SEX | Men | 12.5 | 10.1-14.9 |
|  | Women | 17.8 | 14.8-20.8 |
| RACE/ETHNICITY | Non-Hisp. White | 15.7 | 13.4-18.1 |
|  | Non-Hisp. Black | 15.4 | 9.5-21.2 |
|  | Hispanic | 15.3 | 10.6-19.9 |
| SEX BY RACE/ETHNICITY | Non-Hisp. White Men | 12.9 | 10.2-15.6 |
|  | Non-Hisp. White Women | 18.4 | 14.8-22.1 |
|  | Non-Hisp. Black Men | 18.4 | $8.3-28.6$ |
|  | Non-Hisp. Black Women | 12.7 | 6.5-18.9 |
|  | Hispanic Men | 8.7 | 4.2-13.3 |
|  | Hispanic Women | 21.0 | 13.6-28.4 |
| AGE GROUP | 18-44 | 20.4 | 16.8-24.0 |
|  | 45-64 | 14.0 | 10.6-17.5 |
|  | 65 \& Older | 8.6 | $6.6-10.7$ |
| EDUCATION LEVEL | <High School | 22.5 | 14.0-30.9 |
|  | High School / GED | 17.2 | 13.2-21.2 |
|  | >High School | 13.0 | 11.0-15.0 |
| ANNUAL INCOME | <\$25,000 | 27.9 | 20.7-35.0 |
|  | \$25,000-\$49,999 | 16.3 | 12.3-20.3 |
|  | \$50,000 or More | 13.3 | 10.3-16.3 |
| MARITAL STATUS | Married/Couple | 11.8 | 9.4-14.2 |
|  | Not Married/Couple | 19.4 | 16.2-22.5 |

Percentage of adults with good mental health for the past 30 days

|  |  | Measure | 95\% CI |
| :---: | :---: | :---: | :---: |
| ALL | Overall | 84.8 | 82.8-86.7 |
| SEX | Men | 87.5 | 85.1-89.9 |
|  | Women | 82.2 | 79.2-85.2 |
| RACE/ETHNICITY | Non-Hisp. White | 84.3 | 81.9-86.6 |
|  | Non-Hisp. Black | 84.6 | 78.8-90.5 |
|  | Hispanic | 84.7 | 80.1-89.4 |
| SEX BY RACE/ETHNICITY | Non-Hisp. White Men | 87.1 | 84.4-89.8 |
|  | Non-Hisp. White Women | 81.6 | 77.9-85.2 |
|  | Non-Hisp. Black Men | 81.6 | 71.4-91.7 |
|  | Non-Hisp. Black Women | 87.3 | 81.1-93.5 |
|  | Hispanic Men | 91.3 | 86.7-95.8 |
|  | Hispanic Women | 79.0 | 71.6-86.4 |
| AGE GROUP | 18-44 | 79.6 | $76.0-83.2$ |
|  | 45-64 | 86.0 | 82.5-89.4 |
|  | 65 \& Older | 91.4 | 89.3-93.4 |
| EDUCATION LEVEL | <High School | 77.5 | 69.1-86.0 |
|  | High School / GED | 82.8 | 78.8-86.8 |
|  | >High School | 87.0 | 85.0-89.0 |
| ANNUAL INCOME | <\$25,000 | 72.1 | 65.0-79.3 |
|  | \$25,000-\$49,999 | 83.7 | 79.7-87.7 |
|  | \$50,000 or More | 86.7 | $83.7-89.7$ |
| MARITAL STATUS | Married/Couple | 88.2 | 85.8-90.6 |
|  | Not Married/Couple | 80.6 | $77.5-83.8$ |

[^16]
## Health Status \& Quality of Life

Average number of unhealthy physical days in the past 30 days

|  |  | Measure | 95\% CI |  |
| :---: | :---: | :---: | :---: | :---: |
| ALL | Overall | 4.1 | 3.6 | 4.6 |
| SEX | Men | 3.7 | 3.1 | 4.4 |
|  | Women | 4.4 | 3.7 | 5.1 |
| RACE/ETHNICITY | Non-Hisp. White | 4.2 | 3.6 | 4.7 |
|  | Non-Hisp. Black | 4.2 | 3.1 | 5.2 |
|  | Hispanic | 4.0 | 2.9 | 5.1 |
| SEX BY RACE/ETHNICITY | Non-Hisp. White Men | 3.5 | 2.8 | 4.3 |
|  | Non-Hisp. White Women | 4.7 | 3.9 | 5.6 |
|  | Non-Hisp. Black Men | 4.2 | 2.7 | 5.6 |
|  | Non-Hisp. Black Women | 4.2 | 2.7 | 5.6 |
|  | Hispanic Men | 4.2 | 2.7 | 5.7 |
|  | Hispanic Women | 3.8 | 2.3 | 5.2 |
| AGE GROUP | 18-44 | 3.2 | 2.5 | 3.9 |
|  | 45-64 | 4.7 | 3.8 | 5.7 |
|  | 65 \& Older | 4.7 | 4.0 | 5.4 |
| EDUCATION LEVEL | <High School | 7.8 | 6.0 | 9.7 |
|  | High School / GED | 4.5 | 3.6 | 5.4 |
|  | >High School | 3.1 | 2.7 | 3.5 |
| ANNUAL INCOME | <\$25,000 | 7.5 | 5.6 | 9.5 |
|  | \$25,000-\$49,999 | 4.4 | 3.5 | 5.3 |
|  | \$50,000 or More | 2.5 | 2.1 | 2.9 |
| MARITAL STATUS | Married/Couple | 3.6 | 3.0 | 4.1 |
|  | Not Married/Couple | 4.7 | 3.9 | 5.6 |

## Health Status \& Quality of Life

Percentage of adults whose poor physical or mental health kept them from doing usual activities on 14 or more of the past 30 days

|  |  | Measure | 95\% CI |
| :---: | :---: | :---: | :---: |
| ALL | Overall | 18.4 | 15.7-21.1 |
| SEX | Men | 19.4 | 15.3-23.6 |
|  | Women | 17.6 | 14.1-21.1 |
| RACE/ETHNICITY | Non-Hisp. White | 17.0 | 14.0-20.0 |
|  | Non-Hisp. Black | 13.3 | 7.8-18.7 |
|  | Hispanic | 21.9 | 14.7-29.0 |
| SEX BY RACE/ETHNICITY | Non-Hisp. White Men | 18.1 | 12.8-23.4 |
|  | Non-Hisp. White Women | 16.2 | 12.9-19.6 |
|  | Non-Hisp. Black Men | 14.5 | 5.2-23.9 |
|  | Non-Hisp. Black Women | 12.2 | 5.9-18.5 |
|  | Hispanic Men | 20.8 | 11.6-29.9 |
|  | Hispanic Women | 22.8 | 12.4-33.2 |
| AGE GROUP | 18-44 | 13.7 | 10.0-17.4 |
|  | 45-64 | 22.4 | 16.6-28.1 |
|  | 65 \& Older | 21.0 | 16.4-25.6 |
| EDUCATION LEVEL | <High School | 29.2 | 17.5-41.0 |
|  | High School / GED | 20.1 | 15.0-25.2 |
|  | >High School | 15.4 | 12.5-18.3 |
| ANNUAL INCOME | <\$25,000 | 31.0 | 22.6-39.3 |
|  | \$25,000-\$49,999 | 24.3 | 17.9-30.8 |
|  | \$50,000 or More | 9.6 | 6.9-12.3 |
| MARITAL STATUS | Married/Couple | 17.1 | 13.4-20.8 |
|  | Not Married/Couple | 19.7 | 15.7-23.7 |

## Health Status \& Quality of Life

Average number of days where poor mental or physical health interferred with activities of daily living in the past 30 days (among adults who have had at least one day of poor mental or physical health)

|  |  | Measure | 95\% CI |  |
| :---: | :---: | :---: | :---: | :---: |
| ALL | Overall | 5.7 | 5.0 | 6.4 |
| SEX | Men | 6.3 | 5.3 | 7.4 |
|  | Women | 5.2 | 4.3 | 6.0 |
| RACE/ETHNICITY | Non-Hisp. White | 5.5 | 4.7 | 6.3 |
|  | Non-Hisp. Black | 4.6 | 3.4 | 5.8 |
|  | Hispanic | 6.1 | 4.4 | 7.9 |
| SEX BY RACE/ETHNICITY | Non-Hisp. White Men | 5.8 | 4.4 | 7.3 |
|  | Non-Hisp. White Women | 5.3 | 4.4 | 6.2 |
|  | Non-Hisp. Black Men | 5.6 | 3.5 | 7.8 |
|  | Non-Hisp. Black Women | 3.7 | 2.6 | 4.9 |
|  | Hispanic Men | 6.8 | 4.4 | 9.2 |
|  | Hispanic Women | 5.6 | 3.3 | 7.9 |
| AGE GROUP | 18-44 | 4.5 | 3.7 | 5.3 |
|  | 45-64 | 6.8 | 5.3 | 8.3 |
|  | 65 \& Older | 6.3 | 5.1 |  |
| EDUCATION LEVEL | <High School | 8.9 | 5.8 | 11.9 |
|  | High School / GED | 5.5 | 4.4 | 6.7 |
|  | >High School | 5.1 | 4.4 | 5.9 |
| ANNUAL INCOME | <\$25,000 | 9.0 | 6.9 | 11.2 |
|  | \$25,000-\$49,999 | 7.1 | 5.4 | 8.7 |
|  | \$50,000 or More | 3.6 | 3.0 | 4.1 |
| MARITAL STATUS | Married/Couple | 5.4 | 4.5 |  |
|  | Not Married/Couple | 6.0 | 4.9 |  |

## Health Status \& Quality of Life

Average number of unhealthy mental days in the past 30 days

|  |  | Measure | 95\% CI |  |
| :---: | :---: | :---: | :---: | :---: |
| ALL | Overall | 4.8 | 4.3 | 5.4 |
| SEX | Men | 4.1 | 3.4 | 4.7 |
|  | Women | 5.6 | 4.8 | 6.4 |
| RACE/ETHNICITY | Non-Hisp. White | 5.0 | 4.3 | 5.6 |
|  | Non-Hisp. Black | 4.6 | 3.1 | 6.0 |
|  | Hispanic | 5.1 | 3.8 | 6.4 |
| SEX BY RACE/ETHNICITY | Non-Hisp. White Men | 4.0 | 3.3 | 4.6 |
|  | Non-Hisp. White Women | 5.9 | 4.9 | 6.9 |
|  | Non-Hisp. Black Men | 5.3 | 2.6 | 8.0 |
|  | Non-Hisp. Black Women | 3.9 | 2.8 | 5.0 |
|  | Hispanic Men | 3.6 | 2.4 | 4.9 |
|  | Hispanic Women | 6.4 | 4.3 | 8.4 |
| AGE GROUP | 18-44 | 6.5 | 5.6 | 7.4 |
|  | 45-64 | 4.3 | 3.4 | 5.3 |
|  | 65 \& Older | 2.9 | 2.3 | 3.5 |
| EDUCATION LEVEL | <High School | 6.8 | 4.4 | 9.2 |
|  | High School / GED | 5.2 | 4.1 | 6.2 |
|  | >High School | 4.4 | 3.8 | 4.9 |
| ANNUAL INCOME | <\$25,000 | 8.0 | 6.0 | 9.9 |
|  | \$25,000-\$49,999 | 5.4 | 4.3 | 6.4 |
|  | \$50,000 or More | 4.3 | 3.5 | 5.1 |
| MARITAL STATUS | Married/Couple | 3.9 | 3.2 | 4.5 |
|  | Not Married/Couple | 6.0 | 5.2 | 6.8 |

## Health Care Access \& Coverage

Percentage of adults with any type of health care insurance coverage

|  |  | Measure | 95\% CI |
| :---: | :---: | :---: | :---: |
| ALL | Overall | 87.7 | 85.8-89.5 |
| SEX | Men | 86.4 | 83.6-89.3 |
|  | Women | 88.8 | 86.3-91.3 |
| RACE/ETHNICITY | Non-Hisp. White | 92.2 | 90.7-93.6 |
|  | Non-Hisp. Black | 87.2 | 81.6-92.8 |
|  | Hispanic | 78.5 | 73.1-84.0 |
| SEX BY RACE/ETHNICITY | Non-Hisp. White Men | 90.5 | 88.1-92.9 |
|  | Non-Hisp. White Women | 93.7 | 92.1-95.3 |
|  | Non-Hisp. Black Men | 88.0 | 80.1-95.9 |
|  | Non-Hisp. Black Women | 86.5 | 78.6-94.5 |
|  | Hispanic Men | 76.9 | 68.5-85.3 |
|  | Hispanic Women | 80.0 | 72.8-87.1 |
| AGE GROUP | 18-44 | 79.4 | 75.6-83.2 |
|  | 45-64 | 88.7 | 85.7-91.6 |
|  | 65 \& Older | 98.4 | 97.1-99.8 |
| EDUCATION LEVEL | <High School | 72.7 | 63.8-81.6 |
|  | High School / GED | 83.0 | 79.0-87.0 |
|  | >High School | 93.0 | 91.3-94.7 |
| ANNUAL INCOME | <\$25,000 | 79.2 | 72.9-85.6 |
|  | \$25,000-\$49,999 | 80.2 | 74.8-85.6 |
|  | \$50,000 or More | 94.4 | 92.6-96.1 |
| MARITAL STATUS | Married/Couple | 90.3 | 87.9-92.8 |
|  | Not Married/Couple | 84.8 | 81.9-87.8 |

## Health Care Access \& Coverage

Percentage of adults who could not see a doctor in the past year due to cost


Percentage of adults who have a personal doctor

|  |  | Measure | 95\% CI |
| :---: | :---: | :---: | :---: |
| ALL | Overall | 79.3 | 77.2-81.3 |
| SEX | Men | 77.3 | 74.3-80.3 |
|  | Women | 81.1 | 78.2-84.0 |
| RACE/ETHNICITY | Non-Hisp. White | 83.7 | 81.8-85.6 |
|  | Non-Hisp. Black | 80.5 | 74.5-86.5 |
|  | Hispanic | 68.7 | 62.8-74.6 |
| SEX BY RACE/ETHNICITY | Non-Hisp. White Men | 80.2 | 77.3-83.1 |
|  | Non-Hisp. White Women | 86.9 | 84.4-89.4 |
|  | Non-Hisp. Black Men | 83.0 | 75.5-90.6 |
|  | Non-Hisp. Black Women | 78.4 | 69.5-87.3 |
|  | Hispanic Men | 68.0 | 59.2-76.9 |
|  | Hispanic Women | 69.3 | 61.3-77.4 |
| AGE GROUP | 18-44 | 63.4 | 59.2-67.5 |
|  | 45-64 | 83.9 | 80.6-87.3 |
|  | 65 \& Older | 96.8 | 95.7-98.0 |
| EDUCATION LEVEL | <High School | 65.8 | 56.6-75.0 |
|  | High School / GED | 75.5 | 71.5-79.6 |
|  | >High School | 83.9 | 81.7-86.1 |
| ANNUAL INCOME | <\$25,000 | 69.0 | 61.9-76.1 |
|  | \$25,000-\$49,999 | 72.7 | 67.3-78.1 |
|  | \$50,000 or More | 85.0 | 82.5-87.5 |
| MARITAL STATUS | Married/Couple | 84.9 | 82.5-87.4 |
|  | Not Married/Couple | 72.6 | 69.1-76.1 |

[^17]
## Health Care Access \& Coverage

Percentage of adults who had a medical checkup in the past year

|  |  | Measure | 95\% CI |
| :---: | :---: | :---: | :---: |
| ALL | Overall | 77.7 | 75.6-79.8 |
| SEX | Men | 74.4 | 71.1-77.6 |
|  | Women | 80.8 | 78.1-83.6 |
| RACE/ETHNICITY | Non-Hisp. White | 78.4 | 76.1-80.8 |
|  | Non-Hisp. Black | 87.0 | 82.4-91.7 |
|  | Hispanic | 71.4 | 65.7-77.1 |
| SEX BY RACE/ETHNICITY | Non-Hisp. White Men | 75.9 | 72.4-79.4 |
|  | Non-Hisp. White Women | 80.8 | 77.8 - 83.9 |
|  | Non-Hisp. Black Men | 86.4 | 79.2-93.5 |
|  | Non-Hisp. Black Women | 87.6 | 81.6-93.6 |
|  | Hispanic Men | 66.3 | 57.4-75.2 |
|  | Hispanic Women | 76.0 | 68.7-83.3 |
| AGE GROUP | 18-44 | 63.3 | 59.2-67.4 |
|  | 45-64 | 81.9 | 78.5-85.3 |
|  | 65 \& Older | 93.9 | 92.2-95.6 |
| EDUCATION LEVEL | <High School | 69.2 | 60.1-78.2 |
|  | High School / GED | 74.8 | $70.7-79.0$ |
|  | >High School | 81.0 | 78.7-83.2 |
| ANNUAL INCOME | <\$25,000 | 79.3 | 73.2-85.4 |
|  | \$25,000-\$49,999 | 72.7 | 67.6-77.9 |
|  | \$50,000 or More | 78.7 | 75.7-81.8 |
| MARITAL STATUS | Married/Couple | 80.9 | 78.2-83.6 |
|  | Not Married/Couple | 73.6 | 70.3-77.0 |

## GLOSSARY

## 2021 Florida Behavioral Risk Factor Surveillance System Data

| Activities of Daily Living | Usual activities, such as self-care, work, or recreation. |
| :---: | :---: |
| Adult | Individual aged 18 years or older. |
| Angina | Most common symptom of coronary artery disease (CAD); chest pain or discomfort that occurs if an area of the heart muscle does not get enough oxygen-rich blood. |
| Arthritis | Joint inflammation; term used in the public health field to describe more than 100 rheumatic diseases and conditions that affect joints, the tissues which surround the joint, and other connective tissue; pattern, severity, and location of symptoms can vary. |
| Asthma | Disease that affects the lungs; causes repeated episodes of wheezing, breathlessness, chest tightness, and nighttime or early morning coughing. |
| Binge Drinking* | For women, consumption of 4 or more drinks during a single occasion in the past 30 days; for men, consumption of 5 or more drinks during a single occasion in the past 30 days. |
| Blood Glucose | Also called blood sugar; refers to the level of glucose, the main sugar the body makes from the food we eat, that is found in the bloodstream. |
| Blood Sugar | See Blood Glucose |
| Body Mass Index (BMI) | A number calculated from a person's height and weight; provides a reliable indicator of body fatness for most people; used to screen for weight categories that may lead to health problems. |
| Cancer | General name for a group of diseases; when cells in a part of the body begin to grow out of control, forming new, abnormal cells and sometimes invading (growing into) other tissues. |
| Cholesterol | A substance the body uses to produce hormones, vitamin D , and food-digesting acids. Too much cholesterol in the blood over an extended period can increase the risk of coronary heart disease, heart attack, or angina. |
| Chronic Bronchitis | A long-term condition in which the airways that carry air to the lungs become inflamed and produce too much mucus, making it difficult to get air into and out of the lungs. |
| Chronic Diseases | Diseases of long duration and generally slow progression (e.g., heart disease, stroke, cancer, diabetes); represent the leading causes of mortality worldwide. |
| Chronic Obstructive Pulmonary | Term that refers to a group of diseases that cause airflow blockage and breathingrelated problems, including emphysema and chronic bronchitis. |
| Coronary Artery Disease (CAD) | Most common type of heart disease; occurs when a substance called plaque builds up on the inner walls of the arteries that supply blood to the heart, called coronary arteries; most common cause of a heart attack. |
| Coronary Heart Disease (CHD) | See Coronary Artery Disease (CAD) |
| Current Smoker* | Combination of everyday smoker and some days smoker. |
| Depressive Disorders | Mental illnesses characterized by a profound and persistent feeling of sadness or despair and/or a loss of interest in things that once were pleasurable; disturbance in sleep, appetite, and mental processes are a common accompaniment. |
| Diabetes | General term for diabetes mellitus; disease in which blood glucose levels are above normal. |
| E-Cigarettes | An e-cigarette, also known as an electronic cigarette, is a device that allows a user to inhale nicotine and other vapors. |
| Emphysema | Long-term, progressive disease of the lungs that primarily causes shortness of breath; tissues necessary to support the physical shape and function of the lungs are destroyed. See also Chronic Obstructive Pulmonary Disease (COPD). |
| Everyday Smoker* | Adults who reported smoking at least 100 cigarettes in their lifetimes and reported smoking everyday now. |

## GLOSSARY

## 2021 Florida Behavioral Risk Factor Surveillance System Data

$\left.\left.\begin{array}{ll}\text { Exercise } & \begin{array}{l}\text { See Physical Activity }\end{array} \\ \text { Fibromyalgia } & \text { A musculoskeletal condition causing widespread muscle and joint pain and fatigue. }\end{array}\right] \begin{array}{l}\text { Contagious respiratory illness caused by influenza viruses; can cause mild to severe } \\ \text { illness, and at times can lead to death. } \\ \text { Influenza vaccine; an inactivated vaccine (containing killed virus) that is given with a } \\ \text { needle, usually in the arm. The flu vaccine can also be administered as an attenuated } \\ \text { vaccine (containing weakened, live virus) by a spray, mist, or drop in the nose. } \\ \text { Flu Shot } \\ \text { Adults who reported smoking at least 100 cigarettes in their lifetimes but reported not }\end{array}\right\}$

## GLOSSARY

## 2021 Florida Behavioral Risk Factor Surveillance System Data

| Non-Smoker* | Combination of former smoker and never smoked. |
| :---: | :---: |
| Obese | Having a body mass index (BMI) that is greater than or equal to $30.0 ; \mathrm{BMI}$ is calculated using self-reported height and weight. |
| Obesity | A condition characterized by being obese. |
| Overweight | Having a body mass index (BMI) ranging from 25.0 to 29.9 ; BMI is calculated using selfreported height and weight. |
| Personal Doctor | A health care provider that an adult identifies as their personal health care provider. |
| Physical Activity | Any bodily movement produced by the contraction of skeletal muscle that increases energy expenditure above basal level and that enhances or maintains physical fitness and overall health and wellness. |
| Pneumococcal Vaccination | Vaccine given with a needle, usually in the arm, to prevent pneumococcal pneumonia. |
| Pneumonia | Infection of the lungs, usually caused by bacteria or viruses, that can cause mild to severe illness. |
| Poor Mental Health | Adults who report that their mental health, which includes stress, depression, and problems with emotions, was not good on 14 or more of the previous 30 days. |
| Poor Physical Health | Adults who report that their physical health, which includes physical illness and injury, was not good on 14 or more of the previous 30 days. |
| Pre-Diabetes | A condition in which an individual's blood sugar is high, but not high enough to be diagnosed as diabetes. |
| Race/Ethnicity | A measure that combines an adult's ethnicity status (Hispanic/non-Hispanic) and race status (e.g., white; black; other); self-reported demographic variable. |
| Routine Checkup | A general physical exam; does not include exams conducted for a specific injury, illness, or condition. |
| Sedentary* | Participating in no leisure-time physical activity in the past 30 days. |
| Sex | The condition or character of being male or female; self-reported demographic variable. |
| Smoking | Inhalation of the smoke (gases and hydrocarbon vapors) generated by slowly burning tobacco. |
| Some Days Smoking* | Adults who reported smoking at least 100 cigarettes in their lifetime and reported smoking some days now. |
| Stroke | Sometimes called a brain attack; occurs when a clot blocks the blood supply to the brain or when a blood vessel in the brain bursts. |

## 2021 Florida Behavioral Risk Factor Surveillance System Data Report

## Healthy People 2030 Objectives

The U.S. Department of Health and Human Services, Office of Disease Prevention and Health Promotion's Healthy People initiative identifies public health priorities that can improve the health and well-being of individuals. Organizations and communities can use Healthy People objectives to help set and measure progress toward benchmarks. The Healthy People 2030 objectives listed in this appendix are directly or indirectly related to the data presented in this report.

## Alcohol Consumption

SU-10. Reduce the proportion of people aged 21 years and over who engaged in binge drinking in the past month

## Arthritis

A-02. Reduce the proportion of adults with arthritis whose arthritis limits their activities

## Cardiovascular Disease

HDS-01. Improve cardiovascular health in adults
HDS-02. Reduce coronary heart disease deaths
HDS-03. Reduce stroke deaths

## Cholesterol Awareness

HDS-06. Reduce cholesterol in adults

## Diabetes

D-01. Reduce the number of diabetes cases diagnosed yearly
D-06. Increase the proportion of people with diabetes who get formal diabetes education
D-07. Increase the proportion of adults with diabetes using insulin who monitor their blood sugar daily

## Family Planning

FP-01. Reduce the proportion of unintended pregnancies

## Hypertension Awareness \& Control

HDS-05. Increase control of high blood pressure in adults

## Immunization

IID-09. Increase the proportion of people who get the flu vaccine every year

## Kidney Disease

CKD-01. Reduce the proportion of adults with chronic kidney disease
CKD-02. Increase the proportion of adults with chronic kidney disease who know they have it

## Overweight \& Obesity

NWS-03. Reduce the proportion of adults with obesity
Physical Activity
PA-01. Reduce the proportion of adults who do no physical activity in their free time

## Healthy People 2030 Objectives

## Tobacco Use \& Exposure

TU-01. Reduce current tobacco use in adults
TU-02. Reduce current cigarette smoking in adults
TU-03. Reduce current cigarette, cigar, and pipe smoking in adults
TU-11. Increase past-year attempts to quit smoking in adults
TU-14. Increase successful quit attempts in adults who smoke
TU-15. Increase successful quit attempts in pregnant women who smoke


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[^0]:    Cl=Confidence Interval
    NA=Not available due to respondent counts of less than 30.

[^1]:    Cl=Confidence Interval
    NA=Not available due to respondent counts of less than 30.

[^2]:    Cl=Confidence Interval
    NA=Not available due to respondent counts of less than 30.

[^3]:    Cl=Confidence Interval
    NA=Not available due to respondent counts of less than 30.

[^4]:    Cl=Confidence Interval
    NA=Not available due to respondent counts of less than 30.

[^5]:    Cl=Confidence Interval
    NA=Not available due to respondent counts of less than 30.

[^6]:    CI=Confidence Interval
    NA=Not available due to respondent counts of less than 30.

[^7]:    Cl=Confidence Interval
    NA=Not available due to respondent counts of less than 30.

[^8]:    Cl=Confidence Interval
    NA=Not available due to respondent counts of less than 30.

[^9]:    Cl=Confidence Interval
    NA=Not available due to respondent counts of less than 30.

[^10]:    Cl=Confidence Interval
    NA=Not available due to respondent counts of less than 30.

[^11]:    Cl=Confidence Interval
    NA=Not available due to respondent counts of less than 30.

[^12]:    Cl=Confidence Interval
    NA=Not available due to respondent counts of less than 30.

[^13]:    Cl=Confidence Interval
    NA=Not available due to respondent counts of less than 30.

[^14]:    Cl=Confidence Interval
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[^15]:    Cl=Confidence Interval
    NA=Not available due to respondent counts of less than 30.

[^16]:    Cl=Confidence Interval
    NA=Not available due to respondent counts of less than 30.

[^17]:    Cl=Confidence Interval
    NA=Not available due to respondent counts of less than 30.

