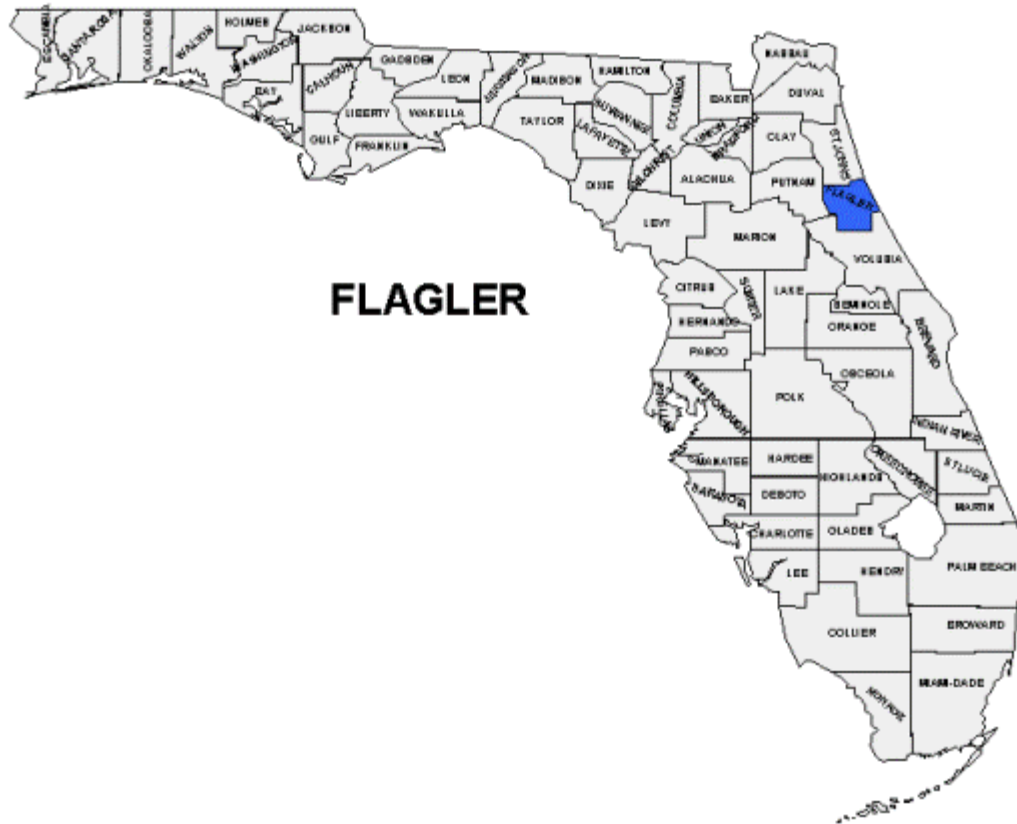


# FLORIDA BEHAVIORAL RISK FACTOR SURVEILLANCE SYSTEM (BRFSS) 2013 DATA



Florida Department of Health  
Division of Disease Control and Health Protection  
Bureau of Epidemiology  
Chronic Disease Epidemiology Section

Rick Scott  
Governor

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State Surgeon General & Secretary

# Introduction

The Florida Department of Health is pleased to release the 2013 Florida Behavioral Risk Factor Surveillance System (BRFSS) State and County Data. This historic surveillance effort would not have been possible without the support of Florida's 67 County Health Departments (CHDs).

The Florida BRFSS has been collecting and reporting health behavior data since 1986. This statewide telephone survey is the only source of state-specific, population-based estimates of the prevalence of various health conditions and related risk behaviors among Florida residents aged 18 and older. The purpose of this survey is to gather information regarding personal health and risk behaviors, selected medical conditions, and preventive health care practices among Florida adults.

The 2013 BRFSS was the fourth county-level survey conducted. It was previously conducted in 2002, 2007, and 2010. The 2013 county-level survey was developed in collaboration with state and local representatives and better designed to meet the needs of CHD programs by offering options to add county developed questions and increase sample sizes.

Over 34,000 interviews were completed statewide in the 2013 calendar year, with a target sample size of 500 completed surveys in each county.

Flagler County had approximately 80,964 adult residents in 2013, based on Florida CHARTS, and 433 adults responded to the 2013 county-level BRFSS survey.

The 2013 BRFSS provides counties and the state with a rich data source to estimate the prevalence of personal health behaviors that contribute to morbidity and mortality among adults in Florida. The following data tables present the survey data on a variety of issues related to health status, health care access, lifestyle, chronic illnesses, and disease prevention practice.

Because BRFSS respondents are randomly selected, measures of prevalence and mean are subject to random sample errors. Each measure listed in the data tables includes the 95% confidence interval (CI). If the confidence intervals overlap, there is no statistically significant difference in the prevalence rates. However, if the confidence intervals do not overlap, there is a statistically significant difference. The significance of measures with very wide confidence intervals should be interpreted with caution. Measures of prevalence and mean are excluded from the tables for any subpopulation with a sample size less than 30, which would yield statistically unreliable estimates.

The prevalence rates are adjusted, or "weighted," by the Centers for Disease Control and Prevention (CDC) to represent all Florida adults. Weighting is a procedure that adjusts for the chance of an adult being selected to complete the survey and for discrepancies between the adults who completed the survey and the overall population of Florida adults. The data were weighted to the respondent's probability of selection by county, as well as age, sex, marital status, race/ethnicity, education level, and housing type.

Due to a change in weighting methodology and the inclusion of cellular telephone responses starting in 2011, data from 2013 may not be comparable to data collected before 2011.

If any assistance is needed with interpretation or survey methods, please contact the Bureau of Epidemiology at (850) 245-4401.

# County Highlights

## Strengths\*

- High percentage of adults who said their overall health was "good" to "excellent"
- High percentage of adults with any type of health care insurance coverage
- Low percentage of adults who could not see a doctor in the past year due to cost

## Challenges\*

- Low percentage of adults who have never smoked

| <b>Selected Indicators**</b>                                | <b>Percentage (%)</b> | <b>Estimated affected adult population</b> |
|---|-----------------------|--|
| Adults who are current smokers                              | 20.6                  | 16,684                                     |
| Adults who are obese  | 22.1                  | 17,888                                     |
| Adults who are physically inactive or insufficiently active | 45.2                  | 36,617                                     |
| Adults who have ever been told they had diabetes            | 9.8                   | 7,969                                      |

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\* These selected strengths and challenges are significantly different compared with overall state data.

\*\* These four selected indicators were used in the America's Health Rankings Report (2013 Edition).

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## Arthritis

Percentage of adults who have ever been told they had some form of arthritis, rheumatoid arthritis, gout, lupus, or fibromyalgia

|                              |                       | 2013 County |             | 2013 State |             |
|------------------------------|-----------------------|-------------|-------------|------------|-------------|
|                              |                       | Measure     | 95% CI      | Measure    | 95% CI      |
| <b>ALL</b>                   | Overall               | 26.4        | 21.4 - 31.4 | 26.0       | 25.1 - 26.9 |
| <b>SEX</b>                   | Men                   | 22.6        | 15.3 - 29.9 | 22.0       | 20.7 - 23.3 |
|                              | Women                 | 29.7        | 22.9 - 36.5 | 29.8       | 28.5 - 31.1 |
| <b>RACE/ETHNICITY</b>        | Non-Hisp. White       | 31.1        | 25.2 - 36.9 | 32.1       | 31.1 - 33.2 |
|                              | Non-Hisp. Black       | NA          |             | 18.6       | 16.2 - 21.1 |
|                              | Hispanic              | NA          |             | 16.9       | 14.5 - 19.3 |
| <b>SEX BY RACE/ETHNICITY</b> | Non-Hisp. White Men   | 28.3        | 19.6 - 37.0 | 28.3       | 26.7 - 29.9 |
|                              | Non-Hisp. White Women | 33.3        | 25.2 - 41.4 | 35.8       | 34.4 - 37.2 |
|                              | Non-Hisp. Black Men   | NA          |             | 15.9       | 12.3 - 19.6 |
|                              | Non-Hisp. Black Women | NA          |             | 21.1       | 17.8 - 24.3 |
|                              | Hispanic Men          | NA          |             | 11.1       | 8.4 - 13.8  |
|                              | Hispanic Women        | NA          |             | 22.4       | 18.5 - 26.3 |
| <b>AGE GROUP</b>             | 18-44                 | 3.9         | 0.0 - 8.3   | 8.6        | 7.5 - 9.7   |
|                              | 45-64                 | 27.6        | 18.7 - 36.5 | 30.8       | 29.1 - 32.6 |
|                              | 65 & Older            | 48.4        | 40.4 - 56.3 | 51.1       | 49.3 - 52.9 |
| <b>EDUCATION LEVEL</b>       | <High School          | NA          |             | 30.4       | 27.1 - 33.7 |
|                              | High School / GED     | 30.4        | 20.9 - 39.9 | 27.2       | 25.4 - 29.0 |
|                              | >High School          | 24.1        | 18.2 - 30.0 | 24.2       | 23.1 - 25.3 |
| <b>ANNUAL INCOME</b>         | <\$25,000             | 25.7        | 16.2 - 35.2 | 29.9       | 28.0 - 31.9 |
|                              | \$25,000-\$49,999     | 25.8        | 16.0 - 35.7 | 26.8       | 24.9 - 28.7 |
|                              | \$50,000 or More      | 26.1        | 17.8 - 34.3 | 21.8       | 20.3 - 23.2 |
| <b>MARITAL STATUS</b>        | Married/Couple        | 27.8        | 21.2 - 34.3 | 27.2       | 25.9 - 28.4 |
|                              | Not Married/Couple    | 23.8        | 16.2 - 31.5 | 24.7       | 23.3 - 26.0 |

\* Indicates that the difference observed between the 2013 county and state measures is statistically significant.

CI=Confidence Interval

NA=Not available due to respondent counts of less than 30.

## Arthritis

## Percentage of adults who are limited in any way in any usual activities because of arthritis

|                              |                       | 2013 County |             | 2013 State |             |
|------------------------------|-----------------------|-------------|-------------|------------|-------------|
|                              |                       | Measure     | 95% CI      | Measure    | 95% CI      |
| <b>ALL</b>                   | Overall               | 13.9        | 10.2 - 17.6 | 12.8       | 12.1 - 13.5 |
| <b>SEX</b>                   | Men                   | 13.9        | 8.1 - 19.7  | 10.2       | 9.2 - 11.1  |
|                              | Women                 | 13.9        | 9.2 - 18.6  | 15.3       | 14.2 - 16.3 |
| <b>RACE/ETHNICITY</b>        | Non-Hisp. White       | 16.2        | 11.7 - 20.6 | 15.2       | 14.4 - 15.9 |
|                              | Non-Hisp. Black       | NA          |             | 9.6        | 7.7 - 11.5  |
|                              | Hispanic              | NA          |             | 9.5        | 7.5 - 11.6  |
| <b>SEX BY RACE/ETHNICITY</b> | Non-Hisp. White Men   | 16.9        | 9.9 - 24.0  | 12.7       | 11.5 - 13.8 |
|                              | Non-Hisp. White Women | 15.5        | 9.9 - 21.1  | 17.5       | 16.4 - 18.6 |
|                              | Non-Hisp. Black Men   | NA          |             | 7.6        | 4.9 - 10.3  |
|                              | Non-Hisp. Black Women | NA          |             | 11.4       | 8.8 - 13.9  |
|                              | Hispanic Men          | NA          |             | 5.6        | 3.5 - 7.7   |
|                              | Hispanic Women        | NA          |             | 13.3       | 10.0 - 16.7 |
| <b>AGE GROUP</b>             | 18-44                 | 2.0         | 0.0 - 4.5   | 4.3        | 3.5 - 5.1   |
|                              | 45-64                 | 18.9        | 11.3 - 26.6 | 17.2       | 15.7 - 18.7 |
|                              | 65 & Older            | 21.3        | 14.9 - 27.7 | 22.7       | 21.2 - 24.2 |
| <b>EDUCATION LEVEL</b>       | <High School          | NA          |             | 16.0       | 13.4 - 18.5 |
|                              | High School / GED     | 13.9        | 7.4 - 20.4  | 13.4       | 12.0 - 14.9 |
|                              | >High School          | 13.9        | 9.3 - 18.6  | 11.6       | 10.8 - 12.5 |
| <b>ANNUAL INCOME</b>         | <\$25,000             | 11.9        | 5.4 - 18.4  | 18.4       | 16.8 - 20.1 |
|                              | \$25,000-\$49,999     | 13.0        | 5.5 - 20.4  | 12.2       | 10.8 - 13.6 |
|                              | \$50,000 or More      | 16.2        | 9.7 - 22.7  | 9.0        | 8.0 - 10.0  |
| <b>MARITAL STATUS</b>        | Married/Couple        | 15.7        | 10.6 - 20.8 | 12.7       | 11.7 - 13.6 |
|                              | Not Married/Couple    | 11.1        | 6.0 - 16.1  | 13.1       | 12.0 - 14.1 |

\* Indicates that the difference observed between the 2013 county and state measures is statistically significant.

CI=Confidence Interval

NA=Not available due to respondent counts of less than 30.

## Asthma

## Percentage of adults who currently have asthma

|                              |                       | 2013 County |            | 2013 State |             |
|------------------------------|-----------------------|-------------|------------|------------|-------------|
|                              |                       | Measure     | 95% CI     | Measure    | 95% CI      |
| <b>ALL</b>                   | Overall               | 6.1         | 2.7 - 9.6  | 8.3        | 7.6 - 8.9   |
| <b>SEX</b>                   | Men                   | 4.2         | 0.0 - 8.8  | 5.7        | 4.8 - 6.5   |
|                              | Women                 | 7.8         | 2.8 - 12.9 | 10.7       | 9.7 - 11.7  |
| <b>RACE/ETHNICITY</b>        | Non-Hisp. White       | 4.3 *       | 2.0 - 6.7  | 8.3        | 7.6 - 9.0   |
|                              | Non-Hisp. Black       | NA          |            | 8.9        | 6.9 - 10.8  |
|                              | Hispanic              | NA          |            | 8.3        | 6.3 - 10.3  |
| <b>SEX BY RACE/ETHNICITY</b> | Non-Hisp. White Men   | 2.8         | 0.0 - 5.6  | 6.1        | 5.0 - 7.2   |
|                              | Non-Hisp. White Women | 5.6 *       | 2.0 - 9.3  | 10.4       | 9.5 - 11.3  |
|                              | Non-Hisp. Black Men   | NA          |            | 5.7        | 3.3 - 8.0   |
|                              | Non-Hisp. Black Women | NA          |            | 11.7       | 8.7 - 14.7  |
|                              | Hispanic Men          | NA          |            | 5.2        | 2.9 - 7.4   |
|                              | Hispanic Women        | NA          |            | 11.4       | 8.1 - 14.6  |
| <b>AGE GROUP</b>             | 18-44                 | 11.0        | 1.5 - 20.5 | 8.0        | 7.0 - 8.9   |
|                              | 45-64                 | 5.6         | 1.4 - 9.8  | 9.1        | 7.8 - 10.5  |
|                              | 65 & Older            | 2.1 *       | 0.3 - 3.9  | 7.8        | 6.8 - 8.8   |
| <b>EDUCATION LEVEL</b>       | <High School          | NA          |            | 12.5       | 9.7 - 15.3  |
|                              | High School / GED     | 5.4         | 1.3 - 9.6  | 7.3        | 6.3 - 8.3   |
|                              | >High School          | 6.8         | 1.7 - 11.8 | 7.7        | 7.0 - 8.4   |
| <b>ANNUAL INCOME</b>         | <\$25,000             | 11.4        | 1.7 - 21.1 | 12.4       | 10.8 - 14.0 |
|                              | \$25,000-\$49,999     | 5.4         | 0.1 - 10.8 | 6.9        | 5.7 - 8.0   |
|                              | \$50,000 or More      | 3.8         | 0.3 - 7.2  | 6.0        | 5.1 - 6.9   |
| <b>MARITAL STATUS</b>        | Married/Couple        | 3.6         | 1.1 - 6.1  | 6.7        | 6.0 - 7.5   |
|                              | Not Married/Couple    | 11.1        | 2.5 - 19.7 | 10.2       | 9.0 - 11.3  |

## Percentage of adults who have ever been told they had asthma

|                              |                       | 2013 County |            | 2013 State |             |
|------------------------------|-----------------------|-------------|------------|------------|-------------|
|                              |                       | Measure     | 95% CI     | Measure    | 95% CI      |
| <b>ALL</b>                   | Overall               | 10.4        | 5.9 - 14.8 | 13.5       | 12.7 - 14.4 |
| <b>SEX</b>                   | Men                   | 6.5         | 1.1 - 12.0 | 11.5       | 10.3 - 12.6 |
|                              | Women                 | 13.8        | 7.1 - 20.6 | 15.5       | 14.3 - 16.7 |
| <b>RACE/ETHNICITY</b>        | Non-Hisp. White       | 7.0 *       | 3.8 - 10.2 | 13.2       | 12.4 - 14.0 |
|                              | Non-Hisp. Black       | NA          |            | 14.2       | 11.7 - 16.8 |
|                              | Hispanic              | NA          |            | 14.6       | 12.0 - 17.1 |
| <b>SEX BY RACE/ETHNICITY</b> | Non-Hisp. White Men   | 6.0         | 1.0 - 11.0 | 11.5       | 10.3 - 12.8 |
|                              | Non-Hisp. White Women | 7.9 *       | 3.8 - 12.0 | 14.8       | 13.7 - 15.9 |
|                              | Non-Hisp. Black Men   | NA          |            | 13.3       | 9.2 - 17.4  |
|                              | Non-Hisp. Black Women | NA          |            | 15.1       | 11.9 - 18.3 |
|                              | Hispanic Men          | NA          |            | 10.8       | 7.8 - 13.8  |
|                              | Hispanic Women        | NA          |            | 18.1       | 14.1 - 22.2 |
| <b>AGE GROUP</b>             | 18-44                 | 13.0        | 2.9 - 23.2 | 14.8       | 13.3 - 16.2 |
|                              | 45-64                 | 7.9         | 2.9 - 13.0 | 13.9       | 12.4 - 15.4 |
|                              | 65 & Older            | 10.2        | 2.8 - 17.6 | 11.0       | 9.9 - 12.2  |
| <b>EDUCATION LEVEL</b>       | <High School          | NA          |            | 16.9       | 13.9 - 20.0 |
|                              | High School / GED     | 8.6         | 3.4 - 13.9 | 13.3       | 11.7 - 14.9 |
|                              | >High School          | 11.9        | 5.3 - 18.4 | 12.8       | 11.9 - 13.7 |
| <b>ANNUAL INCOME</b>         | <\$25,000             | 16.0        | 5.4 - 26.7 | 18.5       | 16.6 - 20.4 |
|                              | \$25,000-\$49,999     | 12.6        | 2.1 - 23.2 | 12.1       | 10.5 - 13.8 |
|                              | \$50,000 or More      | 5.2 *       | 1.5 - 9.0  | 10.5       | 9.3 - 11.6  |
| <b>MARITAL STATUS</b>        | Married/Couple        | 7.8         | 3.2 - 12.4 | 11.7       | 10.7 - 12.8 |
|                              | Not Married/Couple    | 15.5        | 6.1 - 24.9 | 15.8       | 14.4 - 17.1 |

\* Indicates that the difference observed between the 2013 county and state measures is statistically significant.

CI=Confidence Interval

NA=Not available due to respondent counts of less than 30.

## Cancer Prevalence

## Percentage of adults who have ever been told they had skin cancer

|                              |                       | 2013 County |             | 2013 State |             |
|------------------------------|-----------------------|-------------|-------------|------------|-------------|
|                              |                       | Measure     | 95% CI      | Measure    | 95% CI      |
| <b>ALL</b>                   | Overall               | 12.2        | 8.1 - 16.4  | 9.2        | 8.7 - 9.7   |
| <b>SEX</b>                   | Men                   | 10.2        | 5.4 - 15.1  | 9.5        | 8.8 - 10.3  |
|                              | Women                 | 14.0        | 7.5 - 20.5  | 8.9        | 8.3 - 9.5   |
| <b>RACE/ETHNICITY</b>        | Non-Hisp. White       | 15.9        | 10.7 - 21.2 | 14.8       | 14.1 - 15.5 |
|                              | Non-Hisp. Black       | NA          |             | 0.4        | 0.0 - 0.8   |
|                              | Hispanic              | NA          |             | 2.2        | 1.4 - 3.0   |
| <b>SEX BY RACE/ETHNICITY</b> | Non-Hisp. White Men   | 13.7        | 7.4 - 20.0  | 15.1       | 13.9 - 16.2 |
|                              | Non-Hisp. White Women | 17.8        | 9.7 - 25.8  | 14.6       | 13.6 - 15.5 |
|                              | Non-Hisp. Black Men   | NA          |             | 0.7        | 0.0 - 1.5   |
|                              | Non-Hisp. Black Women | NA          |             | 0.1        | 0.0 - 0.2   |
|                              | Hispanic Men          | NA          |             | 2.8        | 1.5 - 4.1   |
|                              | Hispanic Women        | NA          |             | 1.6        | 0.8 - 2.5   |
| <b>AGE GROUP</b>             | 18-44                 | 6.8         | 0.0 - 16.0  | 1.5        | 1.1 - 1.9   |
|                              | 45-64                 | 14.0        | 7.1 - 20.9  | 8.5        | 7.6 - 9.4   |
|                              | 65 & Older            | 15.5 *      | 10.6 - 20.3 | 24.1       | 22.7 - 25.4 |
| <b>EDUCATION LEVEL</b>       | <High School          | NA          |             | 6.4        | 5.1 - 7.7   |
|                              | High School / GED     | 13.5        | 4.3 - 22.7  | 8.7        | 7.9 - 9.6   |
|                              | >High School          | 12.1        | 7.8 - 16.4  | 10.3       | 9.6 - 10.9  |
| <b>ANNUAL INCOME</b>         | <\$25,000             | 8.5         | 0.0 - 18.3  | 6.7        | 5.9 - 7.5   |
|                              | \$25,000-\$49,999     | 15.0        | 7.5 - 22.6  | 9.8        | 8.9 - 10.8  |
|                              | \$50,000 or More      | 14.5        | 8.1 - 20.9  | 10.4       | 9.5 - 11.3  |
| <b>MARITAL STATUS</b>        | Married/Couple        | 14.0        | 8.0 - 19.9  | 10.7       | 10.0 - 11.5 |
|                              | Not Married/Couple    | 8.6         | 4.4 - 12.9  | 7.5        | 6.9 - 8.0   |

## Percentage of adults who have ever been told they had any other type of cancer except skin cancer

|                              |                       | 2013 County |             | 2013 State |             |
|------------------------------|-----------------------|-------------|-------------|------------|-------------|
|                              |                       | Measure     | 95% CI      | Measure    | 95% CI      |
| <b>ALL</b>                   | Overall               | 9.8         | 6.8 - 12.9  | 7.6        | 7.1 - 8.1   |
| <b>SEX</b>                   | Men                   | 9.1         | 4.8 - 13.4  | 6.7        | 6.0 - 7.3   |
|                              | Women                 | 10.5        | 6.3 - 14.7  | 8.4        | 7.6 - 9.1   |
| <b>RACE/ETHNICITY</b>        | Non-Hisp. White       | 12.0        | 8.3 - 15.8  | 10.0       | 9.4 - 10.6  |
|                              | Non-Hisp. Black       | NA          |             | 4.3        | 3.2 - 5.5   |
|                              | Hispanic              | NA          |             | 4.2        | 2.7 - 5.6   |
| <b>SEX BY RACE/ETHNICITY</b> | Non-Hisp. White Men   | 12.3        | 6.7 - 17.9  | 8.9        | 8.1 - 9.8   |
|                              | Non-Hisp. White Women | 11.8        | 6.9 - 16.8  | 10.9       | 10.1 - 11.8 |
|                              | Non-Hisp. Black Men   | NA          |             | 3.7        | 2.2 - 5.1   |
|                              | Non-Hisp. Black Women | NA          |             | 4.9        | 3.1 - 6.7   |
|                              | Hispanic Men          | NA          |             | 3.6        | 2.1 - 5.1   |
|                              | Hispanic Women        | NA          |             | 4.8        | 2.4 - 7.2   |
| <b>AGE GROUP</b>             | 18-44                 | 2.0         | 0.0 - 4.9   | 2.6        | 1.9 - 3.3   |
|                              | 45-64                 | 9.2         | 3.7 - 14.7  | 5.9        | 5.1 - 6.6   |
|                              | 65 & Older            | 18.0        | 12.3 - 23.7 | 18.8       | 17.5 - 20.1 |
| <b>EDUCATION LEVEL</b>       | <High School          | NA          |             | 6.7        | 5.1 - 8.3   |
|                              | High School / GED     | 7.4         | 3.0 - 11.8  | 7.3        | 6.3 - 8.3   |
|                              | >High School          | 11.1        | 7.0 - 15.3  | 7.9        | 7.3 - 8.5   |
| <b>ANNUAL INCOME</b>         | <\$25,000             | 7.6         | 2.6 - 12.6  | 7.0        | 6.0 - 7.9   |
|                              | \$25,000-\$49,999     | 10.1        | 3.9 - 16.3  | 8.2        | 7.0 - 9.4   |
|                              | \$50,000 or More      | 10.6        | 5.2 - 15.9  | 7.4        | 6.6 - 8.2   |
| <b>MARITAL STATUS</b>        | Married/Couple        | 9.5         | 5.7 - 13.2  | 8.6        | 7.8 - 9.4   |
|                              | Not Married/Couple    | 9.8         | 4.8 - 14.8  | 6.3        | 5.7 - 6.9   |

\* Indicates that the difference observed between the 2013 county and state measures is statistically significant.

CI=Confidence Interval

NA=Not available due to respondent counts of less than 30.



## Cardiovascular Disease

## Percentage of adults who have ever been told they had angina or coronary heart disease

|                              |                       | 2013 County |            | 2013 State |             |
|------------------------------|-----------------------|-------------|------------|------------|-------------|
|                              |                       | Measure     | 95% CI     | Measure    | 95% CI      |
| <b>ALL</b>                   | Overall               | 5.3         | 2.9 - 7.7  | 5.0        | 4.6 - 5.4   |
| <b>SEX</b>                   | Men                   | 9.2         | 4.3 - 14.0 | 6.3        | 5.6 - 7.0   |
|                              | Women                 | 1.9         | 0.4 - 3.4  | 3.8        | 3.3 - 4.2   |
| <b>RACE/ETHNICITY</b>        | Non-Hisp. White       | 6.5         | 3.4 - 9.5  | 6.5        | 5.9 - 7.0   |
|                              | Non-Hisp. Black       | NA          |            | 4.2        | 2.8 - 5.7   |
|                              | Hispanic              | NA          |            | 2.5        | 1.6 - 3.4   |
| <b>SEX BY RACE/ETHNICITY</b> | Non-Hisp. White Men   | 11.4        | 5.2 - 17.6 | 8.4        | 7.4 - 9.3   |
|                              | Non-Hisp. White Women | 2.4         | 0.5 - 4.3  | 4.7        | 4.2 - 5.3   |
|                              | Non-Hisp. Black Men   | NA          |            | 4.3        | 2.0 - 6.7   |
|                              | Non-Hisp. Black Women | NA          |            | 4.2        | 2.3 - 6.1   |
|                              | Hispanic Men          | NA          |            | 3.2        | 1.6 - 4.8   |
|                              | Hispanic Women        | NA          |            | 1.9        | 1.0 - 2.7   |
| <b>AGE GROUP</b>             | 18-44                 | 0.8         | 0.0 - 2.2  | 0.9        | 0.5 - 1.3   |
|                              | 45-64                 | 4.2         | 0.4 - 8.0  | 5.1        | 4.3 - 6.0   |
|                              | 65 & Older            | 11.3        | 5.6 - 17.0 | 12.3       | 11.3 - 13.4 |
| <b>EDUCATION LEVEL</b>       | <High School          | NA          |            | 6.8        | 5.0 - 8.6   |
|                              | High School / GED     | 4.2         | 1.1 - 7.3  | 4.6        | 4.0 - 5.3   |
|                              | >High School          | 4.4         | 1.8 - 7.1  | 4.8        | 4.3 - 5.3   |
| <b>ANNUAL INCOME</b>         | <\$25,000             | 5.0         | 0.7 - 9.4  | 6.8        | 5.8 - 7.8   |
|                              | \$25,000-\$49,999     | 3.4         | 0.3 - 6.6  | 4.9        | 4.1 - 5.8   |
|                              | \$50,000 or More      | 5.0         | 1.6 - 8.4  | 3.8        | 3.2 - 4.4   |
| <b>MARITAL STATUS</b>        | Married/Couple        | 5.5         | 2.3 - 8.6  | 5.1        | 4.5 - 5.7   |
|                              | Not Married/Couple    | 4.6         | 1.0 - 8.2  | 5.0        | 4.3 - 5.6   |

## Percentage of adults who have ever been told they had a heart attack

|                              |                       | 2013 County |            | 2013 State |             |
|------------------------------|-----------------------|-------------|------------|------------|-------------|
|                              |                       | Measure     | 95% CI     | Measure    | 95% CI      |
| <b>ALL</b>                   | Overall               | 4.8         | 2.4 - 7.1  | 5.6        | 5.1 - 6.1   |
| <b>SEX</b>                   | Men                   | 8.9         | 4.1 - 13.7 | 7.3        | 6.4 - 8.2   |
|                              | Women                 | 1.0 *       | 0.0 - 2.1  | 4.1        | 3.5 - 4.6   |
| <b>RACE/ETHNICITY</b>        | Non-Hisp. White       | 5.6         | 2.7 - 8.5  | 6.6        | 6.1 - 7.2   |
|                              | Non-Hisp. Black       | NA          |            | 4.2        | 2.8 - 5.5   |
|                              | Hispanic              | NA          |            | 4.6        | 3.1 - 6.1   |
| <b>SEX BY RACE/ETHNICITY</b> | Non-Hisp. White Men   | 11.4        | 5.3 - 17.6 | 9.1        | 8.1 - 10.2  |
|                              | Non-Hisp. White Women | 0.8 *       | 0.0 - 1.6  | 4.3        | 3.7 - 4.9   |
|                              | Non-Hisp. Black Men   | NA          |            | 5.6        | 3.1 - 8.0   |
|                              | Non-Hisp. Black Women | NA          |            | 2.9        | 1.7 - 4.1   |
|                              | Hispanic Men          | NA          |            | 4.7        | 2.4 - 7.1   |
|                              | Hispanic Women        | NA          |            | 4.5        | 2.5 - 6.5   |
| <b>AGE GROUP</b>             | 18-44                 | 0.0         |            | 1.0        | 0.6 - 1.4   |
|                              | 45-64                 | 3.9         | 0.0 - 7.9  | 6.5        | 5.4 - 7.6   |
|                              | 65 & Older            | 10.5        | 5.0 - 15.9 | 12.9       | 11.6 - 14.2 |
| <b>EDUCATION LEVEL</b>       | <High School          | NA          |            | 9.5        | 7.2 - 11.9  |
|                              | High School / GED     | 2.5 *       | 0.3 - 4.6  | 5.4        | 4.6 - 6.2   |
|                              | >High School          | 5.0         | 2.2 - 7.9  | 4.7        | 4.2 - 5.2   |
| <b>ANNUAL INCOME</b>         | <\$25,000             | 3.7         | 0.2 - 7.3  | 8.0        | 6.7 - 9.3   |
|                              | \$25,000-\$49,999     | 4.4         | 0.7 - 8.1  | 6.5        | 5.4 - 7.5   |
|                              | \$50,000 or More      | 5.5         | 1.5 - 9.5  | 3.3        | 2.7 - 3.8   |
| <b>MARITAL STATUS</b>        | Married/Couple        | 5.2         | 2.0 - 8.4  | 5.6        | 4.9 - 6.2   |
|                              | Not Married/Couple    | 4.2         | 0.9 - 7.4  | 5.8        | 4.9 - 6.6   |

\* Indicates that the difference observed between the 2013 county and state measures is statistically significant.

CI=Confidence Interval

NA=Not available due to respondent counts of less than 30.

## Cardiovascular Disease

## Percentage of adults who have ever been told they had a stroke

|                              |                       | 2013 County |           | 2013 State |           |
|------------------------------|-----------------------|-------------|-----------|------------|-----------|
|                              |                       | Measure     | 95% CI    | Measure    | 95% CI    |
| <b>ALL</b>                   | Overall               | 2.5         | 1.0 - 4.1 | 3.7        | 3.3 - 4.1 |
| <b>SEX</b>                   | Men                   | 3.4         | 0.6 - 6.2 | 3.7        | 3.1 - 4.2 |
|                              | Women                 | 1.7         | 0.2 - 3.3 | 3.7        | 3.2 - 4.2 |
| <b>RACE/ETHNICITY</b>        | Non-Hisp. White       | 3.2         | 1.2 - 5.2 | 4.3        | 3.8 - 4.7 |
|                              | Non-Hisp. Black       | NA          |           | 4.6        | 3.1 - 6.1 |
|                              | Hispanic              | NA          |           | 2.0        | 1.2 - 2.7 |
| <b>SEX BY RACE/ETHNICITY</b> | Non-Hisp. White Men   | 4.6         | 0.8 - 8.3 | 4.3        | 3.6 - 4.9 |
|                              | Non-Hisp. White Women | 2.0         | 0.1 - 4.0 | 4.2        | 3.7 - 4.8 |
|                              | Non-Hisp. Black Men   | NA          |           | 4.8        | 2.6 - 7.0 |
|                              | Non-Hisp. Black Women | NA          |           | 4.4        | 2.4 - 6.4 |
|                              | Hispanic Men          | NA          |           | 2.0        | 0.9 - 3.1 |
|                              | Hispanic Women        | NA          |           | 2.0        | 1.0 - 3.0 |
| <b>AGE GROUP</b>             | 18-44                 | 0.0         |           | 1.1        | 0.7 - 1.6 |
|                              | 45-64                 | 3.7         | 0.1 - 7.3 | 4.1        | 3.4 - 4.8 |
|                              | 65 & Older            | 3.8 *       | 0.9 - 6.7 | 7.8        | 6.9 - 8.7 |
| <b>EDUCATION LEVEL</b>       | <High School          | NA          |           | 5.2        | 3.9 - 6.5 |
|                              | High School / GED     | 3.3         | 0.3 - 6.2 | 3.7        | 3.0 - 4.3 |
|                              | >High School          | 2.1         | 0.2 - 3.9 | 3.3        | 2.9 - 3.8 |
| <b>ANNUAL INCOME</b>         | <\$25,000             | 4.4         | 0.3 - 8.6 | 5.7        | 4.8 - 6.5 |
|                              | \$25,000-\$49,999     | 1.3 *       | 0.0 - 3.3 | 4.1        | 3.3 - 4.9 |
|                              | \$50,000 or More      | 1.8         | 0.0 - 3.7 | 1.9        | 1.4 - 2.3 |
| <b>MARITAL STATUS</b>        | Married/Couple        | 2.0         | 0.3 - 3.6 | 3.3        | 2.8 - 3.8 |
|                              | Not Married/Couple    | 3.6         | 0.3 - 6.9 | 4.2        | 3.6 - 4.7 |

## Percentage of adults who have ever been told they had coronary heart disease, heart attack, or stroke

|                              |                       | 2013 County |             | 2013 State |             |
|------------------------------|-----------------------|-------------|-------------|------------|-------------|
|                              |                       | Measure     | 95% CI      | Measure    | 95% CI      |
| <b>ALL</b>                   | Overall               | 9.0         | 6.0 - 11.9  | 10.3       | 9.7 - 10.9  |
| <b>SEX</b>                   | Men                   | 13.8        | 8.1 - 19.6  | 11.9       | 10.8 - 12.9 |
|                              | Women                 | 4.6 *       | 2.2 - 7.1   | 8.8        | 8.0 - 9.6   |
| <b>RACE/ETHNICITY</b>        | Non-Hisp. White       | 10.8        | 7.1 - 14.6  | 12.2       | 11.5 - 12.9 |
|                              | Non-Hisp. Black       | NA          |             | 10.0       | 7.8 - 12.2  |
|                              | Hispanic              | NA          |             | 6.8        | 5.0 - 8.5   |
| <b>SEX BY RACE/ETHNICITY</b> | Non-Hisp. White Men   | 17.8        | 10.6 - 25.1 | 14.6       | 13.4 - 15.8 |
|                              | Non-Hisp. White Women | 5.1 *       | 2.2 - 8.0   | 9.9        | 9.1 - 10.8  |
|                              | Non-Hisp. Black Men   | NA          |             | 10.9       | 7.4 - 14.3  |
|                              | Non-Hisp. Black Women | NA          |             | 9.3        | 6.5 - 12.1  |
|                              | Hispanic Men          | NA          |             | 7.0        | 4.4 - 9.6   |
|                              | Hispanic Women        | NA          |             | 6.5        | 4.3 - 8.7   |
| <b>AGE GROUP</b>             | 18-44                 | 0.8         | 0.0 - 2.2   | 2.3        | 1.7 - 2.9   |
|                              | 45-64                 | 8.4         | 3.2 - 13.6  | 11.4       | 10.2 - 12.7 |
|                              | 65 & Older            | 18.1        | 11.7 - 24.6 | 23.4       | 21.8 - 25.0 |
| <b>EDUCATION LEVEL</b>       | <High School          | NA          |             | 15.2       | 12.6 - 17.9 |
|                              | High School / GED     | 8.9         | 4.2 - 13.5  | 10.0       | 8.9 - 11.1  |
|                              | >High School          | 7.5         | 4.2 - 10.9  | 9.2        | 8.5 - 10.0  |
| <b>ANNUAL INCOME</b>         | <\$25,000             | 9.8         | 4.2 - 15.4  | 14.3       | 12.7 - 15.8 |
|                              | \$25,000-\$49,999     | 6.5         | 2.0 - 11.0  | 11.4       | 10.0 - 12.7 |
|                              | \$50,000 or More      | 8.3         | 3.7 - 13.0  | 6.6        | 5.7 - 7.4   |
| <b>MARITAL STATUS</b>        | Married/Couple        | 8.7         | 4.8 - 12.6  | 10.1       | 9.3 - 11.0  |
|                              | Not Married/Couple    | 9.1         | 4.5 - 13.7  | 10.6       | 9.6 - 11.6  |

\* Indicates that the difference observed between the 2013 county and state measures is statistically significant.

CI=Confidence Interval

NA=Not available due to respondent counts of less than 30.

## Cholesterol Awareness

## Percentage of adults who have ever been told they had high blood cholesterol

|                              |                       | 2013 County |             | 2013 State |             |
|------------------------------|-----------------------|-------------|-------------|------------|-------------|
|                              |                       | Measure     | 95% CI      | Measure    | 95% CI      |
| <b>ALL</b>                   | Overall               | 35.3        | 29.2 - 41.4 | 33.4       | 32.3 - 34.4 |
| <b>SEX</b>                   | Men                   | 33.7        | 24.5 - 43.0 | 33.6       | 32.0 - 35.2 |
|                              | Women                 | 36.7        | 28.7 - 44.8 | 33.2       | 31.7 - 34.6 |
| <b>RACE/ETHNICITY</b>        | Non-Hisp. White       | 39.1        | 32.4 - 45.8 | 39.0       | 37.8 - 40.1 |
|                              | Non-Hisp. Black       | NA          |             | 24.5       | 21.6 - 27.4 |
|                              | Hispanic              | NA          |             | 27.5       | 24.4 - 30.6 |
| <b>SEX BY RACE/ETHNICITY</b> | Non-Hisp. White Men   | 42.7        | 32.2 - 53.2 | 39.0       | 37.2 - 40.8 |
|                              | Non-Hisp. White Women | 36.0        | 27.6 - 44.5 | 39.0       | 37.5 - 40.5 |
|                              | Non-Hisp. Black Men   | NA          |             | 27.4       | 22.4 - 32.3 |
|                              | Non-Hisp. Black Women | NA          |             | 21.8       | 18.6 - 25.1 |
|                              | Hispanic Men          | NA          |             | 25.6       | 21.3 - 29.9 |
|                              | Hispanic Women        | NA          |             | 29.3       | 24.8 - 33.7 |
| <b>AGE GROUP</b>             | 18-44                 | 10.0        | 1.8 - 18.3  | 13.6       | 12.2 - 15.0 |
|                              | 45-64                 | 40.6        | 30.6 - 50.5 | 42.4       | 40.4 - 44.4 |
|                              | 65 & Older            | 55.1        | 47.2 - 63.1 | 55.7       | 53.8 - 57.5 |
| <b>EDUCATION LEVEL</b>       | <High School          | NA          |             | 33.9       | 30.0 - 37.8 |
|                              | High School / GED     | 35.3        | 25.1 - 45.5 | 32.8       | 30.8 - 34.7 |
|                              | >High School          | 34.8        | 27.1 - 42.5 | 33.6       | 32.4 - 34.9 |
| <b>ANNUAL INCOME</b>         | <\$25,000             | 26.2        | 16.6 - 35.8 | 32.1       | 30.0 - 34.2 |
|                              | \$25,000-\$49,999     | 41.5        | 28.3 - 54.7 | 34.5       | 32.2 - 36.7 |
|                              | \$50,000 or More      | 39.2        | 29.1 - 49.3 | 34.0       | 32.2 - 35.7 |
| <b>MARITAL STATUS</b>        | Married/Couple        | 41.4        | 33.2 - 49.6 | 36.7       | 35.2 - 38.1 |
|                              | Not Married/Couple    | 25.6        | 17.8 - 33.4 | 29.6       | 28.0 - 31.2 |

\* Indicates that the difference observed between the 2013 county and state measures is statistically significant.

CI=Confidence Interval

NA=Not available due to respondent counts of less than 30.

## Chronic Obstructive Pulmonary Disease

Percentage of adults who have ever been told they had chronic obstructive pulmonary disease, emphysema, or chronic bronchitis

|                              |                       | 2013 County |            | 2013 State |             |
|------------------------------|-----------------------|-------------|------------|------------|-------------|
|                              |                       | Measure     | 95% CI     | Measure    | 95% CI      |
| <b>ALL</b>                   | Overall               | 7.2         | 4.5 - 9.8  | 7.4        | 6.9 - 7.9   |
| <b>SEX</b>                   | Men                   | 6.4         | 2.7 - 10.1 | 6.4        | 5.7 - 7.2   |
|                              | Women                 | 7.9         | 4.2 - 11.6 | 8.3        | 7.5 - 9.0   |
| <b>RACE/ETHNICITY</b>        | Non-Hisp. White       | 7.9         | 4.8 - 11.0 | 9.2        | 8.6 - 9.9   |
|                              | Non-Hisp. Black       | NA          |            | 5.1        | 3.5 - 6.7   |
|                              | Hispanic              | NA          |            | 4.6        | 3.3 - 5.9   |
| <b>SEX BY RACE/ETHNICITY</b> | Non-Hisp. White Men   | 7.2         | 2.8 - 11.6 | 8.2        | 7.3 - 9.2   |
|                              | Non-Hisp. White Women | 8.5         | 4.2 - 12.8 | 10.2       | 9.3 - 11.1  |
|                              | Non-Hisp. Black Men   | NA          |            | 4.6        | 2.1 - 7.2   |
|                              | Non-Hisp. Black Women | NA          |            | 5.5        | 3.6 - 7.4   |
|                              | Hispanic Men          | NA          |            | 3.5        | 1.8 - 5.2   |
|                              | Hispanic Women        | NA          |            | 5.6        | 3.6 - 7.7   |
| <b>AGE GROUP</b>             | 18-44                 | 1.1         | 0.0 - 3.4  | 3.0        | 2.3 - 3.7   |
|                              | 45-64                 | 9.9         | 4.1 - 15.7 | 8.5        | 7.5 - 9.4   |
|                              | 65 & Older            | 10.5        | 6.2 - 14.9 | 14.0       | 12.8 - 15.3 |
| <b>EDUCATION LEVEL</b>       | <High School          | NA          |            | 12.3       | 10.1 - 14.5 |
|                              | High School / GED     | 6.3         | 2.3 - 10.2 | 7.5        | 6.6 - 8.4   |
|                              | >High School          | 8.1         | 4.4 - 11.7 | 6.0        | 5.4 - 6.6   |
| <b>ANNUAL INCOME</b>         | <\$25,000             | 10.2        | 4.6 - 15.7 | 11.1       | 10.0 - 12.3 |
|                              | \$25,000-\$49,999     | 8.3         | 2.3 - 14.3 | 7.4        | 6.3 - 8.5   |
|                              | \$50,000 or More      | 3.0         | 0.0 - 6.3  | 3.9        | 3.2 - 4.6   |
| <b>MARITAL STATUS</b>        | Married/Couple        | 6.8         | 3.3 - 10.2 | 6.5        | 5.8 - 7.2   |
|                              | Not Married/Couple    | 8.2         | 3.9 - 12.5 | 8.5        | 7.7 - 9.3   |

\* Indicates that the difference observed between the 2013 county and state measures is statistically significant.

CI=Confidence Interval

NA=Not available due to respondent counts of less than 30.

## Depression

## Percentage of adults who have ever been told they had a depressive disorder

|                              |                       | 2013 County |             | 2013 State |             |
|------------------------------|-----------------------|-------------|-------------|------------|-------------|
|                              |                       | Measure     | 95% CI      | Measure    | 95% CI      |
| <b>ALL</b>                   | Overall               | 14.8        | 9.8 - 19.9  | 16.8       | 15.9 - 17.6 |
| <b>SEX</b>                   | Men                   | 8.5         | 3.4 - 13.5  | 12.1       | 11.0 - 13.1 |
|                              | Women                 | 20.6        | 12.5 - 28.6 | 21.2       | 19.9 - 22.4 |
| <b>RACE/ETHNICITY</b>        | Non-Hisp. White       | 18.1        | 12.0 - 24.3 | 18.6       | 17.6 - 19.5 |
|                              | Non-Hisp. Black       | NA          |             | 14.0       | 11.4 - 16.5 |
|                              | Hispanic              | NA          |             | 13.8       | 11.6 - 16.0 |
| <b>SEX BY RACE/ETHNICITY</b> | Non-Hisp. White Men   | 10.4        | 4.1 - 16.7  | 13.1       | 11.9 - 14.4 |
|                              | Non-Hisp. White Women | 24.7        | 15.0 - 34.3 | 23.6       | 22.2 - 25.0 |
|                              | Non-Hisp. Black Men   | NA          |             | 12.3       | 8.3 - 16.3  |
|                              | Non-Hisp. Black Women | NA          |             | 15.5       | 12.2 - 18.7 |
|                              | Hispanic Men          | NA          |             | 8.5        | 6.2 - 10.9  |
|                              | Hispanic Women        | NA          |             | 18.8       | 15.2 - 22.4 |
| <b>AGE GROUP</b>             | 18-44                 | 20.1        | 7.1 - 33.0  | 15.8       | 14.4 - 17.2 |
|                              | 45-64                 | 17.9        | 10.6 - 25.2 | 19.6       | 18.1 - 21.1 |
|                              | 65 & Older            | 6.6 *       | 3.5 - 9.6   | 14.6       | 13.4 - 15.9 |
| <b>EDUCATION LEVEL</b>       | <High School          | NA          |             | 20.9       | 17.9 - 24.0 |
|                              | High School / GED     | 17.7        | 6.6 - 28.7  | 15.8       | 14.3 - 17.3 |
|                              | >High School          | 14.0        | 8.8 - 19.2  | 16.3       | 15.3 - 17.3 |
| <b>ANNUAL INCOME</b>         | <\$25,000             | 28.1        | 15.0 - 41.3 | 23.8       | 21.9 - 25.6 |
|                              | \$25,000-\$49,999     | 12.2        | 4.4 - 19.9  | 16.5       | 14.8 - 18.2 |
|                              | \$50,000 or More      | 6.9         | 2.7 - 11.1  | 11.3       | 10.2 - 12.4 |
| <b>MARITAL STATUS</b>        | Married/Couple        | 13.7        | 7.7 - 19.7  | 14.0       | 13.0 - 15.0 |
|                              | Not Married/Couple    | 17.4        | 8.1 - 26.7  | 20.1       | 18.7 - 21.5 |

\* Indicates that the difference observed between the 2013 county and state measures is statistically significant.

CI=Confidence Interval

NA=Not available due to respondent counts of less than 30.

## Diabetes

## Percentage of adults who have ever been told they had diabetes

|                              |                       | 2013 County |             | 2013 State |             |
|------------------------------|-----------------------|-------------|-------------|------------|-------------|
|                              |                       | Measure     | 95% CI      | Measure    | 95% CI      |
| <b>ALL</b>                   | Overall               | 9.8         | 6.9 - 12.8  | 11.2       | 10.5 - 11.9 |
| <b>SEX</b>                   | Men                   | 11.6        | 6.5 - 16.8  | 12.3       | 11.2 - 13.4 |
|                              | Women                 | 8.2         | 5.0 - 11.4  | 10.1       | 9.2 - 11.0  |
| <b>RACE/ETHNICITY</b>        | Non-Hisp. White       | 11.2        | 7.7 - 14.8  | 11.4       | 10.7 - 12.2 |
|                              | Non-Hisp. Black       | NA          |             | 12.3       | 10.0 - 14.6 |
|                              | Hispanic              | NA          |             | 10.8       | 8.7 - 12.8  |
| <b>SEX BY RACE/ETHNICITY</b> | Non-Hisp. White Men   | 14.3        | 8.0 - 20.6  | 12.9       | 11.7 - 14.1 |
|                              | Non-Hisp. White Women | 8.7         | 5.0 - 12.3  | 10.0       | 9.1 - 10.9  |
|                              | Non-Hisp. Black Men   | NA          |             | 12.8       | 9.0 - 16.6  |
|                              | Non-Hisp. Black Women | NA          |             | 11.9       | 9.2 - 14.5  |
|                              | Hispanic Men          | NA          |             | 11.2       | 8.1 - 14.2  |
|                              | Hispanic Women        | NA          |             | 10.4       | 7.7 - 13.2  |
| <b>AGE GROUP</b>             | 18-44                 | 0.9         | 0.0 - 2.7   | 2.6        | 1.9 - 3.2   |
|                              | 45-64                 | 11.4        | 5.4 - 17.3  | 13.5       | 12.1 - 14.9 |
|                              | 65 & Older            | 16.8        | 11.4 - 22.3 | 23.5       | 21.8 - 25.3 |
| <b>EDUCATION LEVEL</b>       | <High School          | NA          |             | 18.0       | 14.9 - 21.1 |
|                              | High School / GED     | 10.4        | 5.1 - 15.7  | 11.5       | 10.3 - 12.6 |
|                              | >High School          | 9.4         | 5.7 - 13.1  | 9.2        | 8.4 - 9.9   |
| <b>ANNUAL INCOME</b>         | <\$25,000             | 10.8        | 5.0 - 16.5  | 14.8       | 13.1 - 16.4 |
|                              | \$25,000-\$49,999     | 9.0         | 3.6 - 14.5  | 11.9       | 10.4 - 13.4 |
|                              | \$50,000 or More      | 11.4        | 5.7 - 17.1  | 7.5        | 6.6 - 8.4   |
| <b>MARITAL STATUS</b>        | Married/Couple        | 10.4        | 6.5 - 14.4  | 11.8       | 10.8 - 12.8 |
|                              | Not Married/Couple    | 9.2         | 4.7 - 13.7  | 10.6       | 9.5 - 11.6  |

## Percentage of adults with diabetes who self-monitor blood glucose at least once a day on average

|                              |                       | 2013 County |             | 2013 State |             |
|------------------------------|-----------------------|-------------|-------------|------------|-------------|
|                              |                       | Measure     | 95% CI      | Measure    | 95% CI      |
| <b>ALL</b>                   | Overall               | 60.1        | 45.7 - 74.5 | 61.8       | 58.5 - 65.0 |
| <b>SEX</b>                   | Men                   | NA          |             | 56.5       | 51.9 - 61.2 |
|                              | Women                 | 76.9        | 62.9 - 91.0 | 67.4       | 63.0 - 71.9 |
| <b>RACE/ETHNICITY</b>        | Non-Hisp. White       | 58.7        | 43.2 - 74.2 | 58.9       | 55.3 - 62.5 |
|                              | Non-Hisp. Black       | NA          |             | 72.1       | 64.0 - 80.1 |
|                              | Hispanic              | NA          |             | 64.4       | 55.0 - 73.7 |
| <b>SEX BY RACE/ETHNICITY</b> | Non-Hisp. White Men   | NA          |             | 54.3       | 49.1 - 59.5 |
|                              | Non-Hisp. White Women | 78.1        | 63.4 - 92.9 | 64.3       | 59.4 - 69.2 |
|                              | Non-Hisp. Black Men   | NA          |             | 66.0       | 51.8 - 80.2 |
|                              | Non-Hisp. Black Women | NA          |             | 77.7       | 68.8 - 86.7 |
|                              | Hispanic Men          | NA          |             | 56.0       | 42.1 - 70.0 |
|                              | Hispanic Women        | NA          |             | 71.5       | 60.0 - 83.0 |
| <b>AGE GROUP</b>             | 18-44                 | NA          |             | 57.2       | 43.3 - 71.0 |
|                              | 45-64                 | NA          |             | 61.8       | 56.6 - 67.1 |
|                              | 65 & Older            | 51.6        | 34.6 - 68.6 | 62.6       | 58.4 - 66.8 |
| <b>EDUCATION LEVEL</b>       | <High School          | NA          |             | 64.3       | 55.4 - 73.2 |
|                              | High School / GED     | NA          |             | 65.2       | 60.2 - 70.2 |
|                              | >High School          | 58.0        | 39.4 - 76.7 | 58.1       | 53.9 - 62.3 |
| <b>ANNUAL INCOME</b>         | <\$25,000             | NA          |             | 65.7       | 60.1 - 71.3 |
|                              | \$25,000-\$49,999     | NA          |             | 60.7       | 54.2 - 67.2 |
|                              | \$50,000 or More      | NA          |             | 55.5       | 49.3 - 61.7 |
| <b>MARITAL STATUS</b>        | Married/Couple        | 55.5        | 36.3 - 74.6 | 59.5       | 55.1 - 63.9 |
|                              | Not Married/Couple    | NA          |             | 65.0       | 60.1 - 69.8 |

\* Indicates that the difference observed between the 2013 county and state measures is statistically significant.

CI=Confidence Interval

NA=Not available due to respondent counts of less than 30.

## Diabetes

## Percentage of adults with diabetes who had two A1C tests in the past year

|                              |                       | 2013 County |              | 2013 State |             |
|------------------------------|-----------------------|-------------|--------------|------------|-------------|
|                              |                       | Measure     | 95% CI       | Measure    | 95% CI      |
| <b>ALL</b>                   | Overall               | 81.2        | 68.5 - 93.8  | 69.3       | 65.8 - 72.9 |
| <b>SEX</b>                   | Men                   | NA          |              | 70.5       | 66.0 - 75.1 |
|                              | Women                 | 90.5 *      | 80.9 - 100.0 | 68.0       | 62.6 - 73.5 |
| <b>RACE/ETHNICITY</b>        | Non-Hisp. White       | 83.5        | 70.5 - 96.5  | 75.6       | 72.2 - 78.9 |
|                              | Non-Hisp. Black       | NA          |              | 68.6       | 58.9 - 78.3 |
|                              | Hispanic              | NA          |              | 52.6       | 41.4 - 63.9 |
| <b>SEX BY RACE/ETHNICITY</b> | Non-Hisp. White Men   | NA          |              | 73.9       | 68.8 - 79.1 |
|                              | Non-Hisp. White Women | NA          |              | 77.7       | 73.7 - 81.6 |
|                              | Non-Hisp. Black Men   | NA          |              | 65.5       | 49.7 - 81.3 |
|                              | Non-Hisp. Black Women | NA          |              | 71.6       | 59.8 - 83.4 |
|                              | Hispanic Men          | NA          |              | 64.5       | 50.5 - 78.4 |
|                              | Hispanic Women        | NA          |              | 41.2       | 26.9 - 55.5 |
| <b>AGE GROUP</b>             | 18-44                 | NA          |              | 52.3       | 38.6 - 65.9 |
|                              | 45-64                 | NA          |              | 66.2       | 60.4 - 72.1 |
|                              | 65 & Older            | 79.4        | 63.8 - 94.9  | 75.7       | 71.3 - 80.2 |
| <b>EDUCATION LEVEL</b>       | <High School          | NA          |              | 55.7       | 44.3 - 67.1 |
|                              | High School / GED     | NA          |              | 71.2       | 66.2 - 76.1 |
|                              | >High School          | 87.6        | 76.9 - 98.3  | 74.8       | 71.1 - 78.6 |
| <b>ANNUAL INCOME</b>         | <\$25,000             | NA          |              | 64.0       | 57.5 - 70.4 |
|                              | \$25,000-\$49,999     | NA          |              | 69.1       | 61.5 - 76.7 |
|                              | \$50,000 or More      | NA          |              | 78.3       | 73.3 - 83.2 |
| <b>MARITAL STATUS</b>        | Married/Couple        | NA          |              | 70.3       | 65.4 - 75.3 |
|                              | Not Married/Couple    | NA          |              | 68.0       | 62.9 - 73.0 |

## Percentage of adults with diabetes who had an annual foot exam

|                              |                       | 2013 County |             | 2013 State |             |
|------------------------------|-----------------------|-------------|-------------|------------|-------------|
|                              |                       | Measure     | 95% CI      | Measure    | 95% CI      |
| <b>ALL</b>                   | Overall               | 70.1        | 56.3 - 83.8 | 67.6       | 64.6 - 70.7 |
| <b>SEX</b>                   | Men                   | NA          |             | 70.3       | 66.0 - 74.5 |
|                              | Women                 | 66.6        | 48.7 - 84.5 | 64.8       | 60.4 - 69.2 |
| <b>RACE/ETHNICITY</b>        | Non-Hisp. White       | 68.6        | 53.8 - 83.4 | 68.6       | 65.2 - 71.9 |
|                              | Non-Hisp. Black       | NA          |             | 81.5       | 74.4 - 88.6 |
|                              | Hispanic              | NA          |             | 57.9       | 48.2 - 67.6 |
| <b>SEX BY RACE/ETHNICITY</b> | Non-Hisp. White Men   | NA          |             | 70.4       | 65.4 - 75.4 |
|                              | Non-Hisp. White Women | NA          |             | 66.4       | 61.9 - 70.9 |
|                              | Non-Hisp. Black Men   | NA          |             | 85.4       | 76.4 - 94.4 |
|                              | Non-Hisp. Black Women | NA          |             | 77.9       | 67.8 - 88.1 |
|                              | Hispanic Men          | NA          |             | 66.7       | 54.3 - 79.1 |
|                              | Hispanic Women        | NA          |             | 49.8       | 35.5 - 64.2 |
| <b>AGE GROUP</b>             | 18-44                 | NA          |             | 47.6       | 34.4 - 60.8 |
|                              | 45-64                 | NA          |             | 65.3       | 60.3 - 70.2 |
|                              | 65 & Older            | 71.1        | 56.0 - 86.2 | 73.2       | 69.5 - 76.9 |
| <b>EDUCATION LEVEL</b>       | <High School          | NA          |             | 66.3       | 57.8 - 74.7 |
|                              | High School / GED     | NA          |             | 66.7       | 61.6 - 71.8 |
|                              | >High School          | 77.4        | 62.8 - 92.1 | 69.1       | 65.2 - 73.0 |
| <b>ANNUAL INCOME</b>         | <\$25,000             | NA          |             | 66.2       | 60.8 - 71.6 |
|                              | \$25,000-\$49,999     | NA          |             | 69.5       | 63.5 - 75.5 |
|                              | \$50,000 or More      | NA          |             | 71.3       | 65.8 - 76.7 |
| <b>MARITAL STATUS</b>        | Married/Couple        | 65.6        | 46.8 - 84.3 | 68.8       | 64.8 - 72.8 |
|                              | Not Married/Couple    | NA          |             | 66.1       | 61.3 - 70.9 |

\* Indicates that the difference observed between the 2013 county and state measures is statistically significant.

CI=Confidence Interval

NA=Not available due to respondent counts of less than 30.

## Diabetes

## Percentage of adults with diabetes who had an annual eye exam

|                              |                       | 2013 County |              | 2013 State |             |
|------------------------------|-----------------------|-------------|--------------|------------|-------------|
|                              |                       | Measure     | 95% CI       | Measure    | 95% CI      |
| <b>ALL</b>                   | Overall               | 77.4        | 63.5 - 91.3  | 69.7       | 66.5 - 72.9 |
| <b>SEX</b>                   | Men                   | NA          |              | 71.6       | 67.3 - 75.9 |
|                              | Women                 | 78.5        | 61.8 - 95.3  | 67.7       | 63.0 - 72.4 |
| <b>RACE/ETHNICITY</b>        | Non-Hisp. White       | 76.6        | 61.7 - 91.6  | 71.4       | 68.0 - 74.7 |
|                              | Non-Hisp. Black       | NA          |              | 77.6       | 70.1 - 85.0 |
|                              | Hispanic              | NA          |              | 60.7       | 50.6 - 70.8 |
| <b>SEX BY RACE/ETHNICITY</b> | Non-Hisp. White Men   | NA          |              | 71.9       | 67.0 - 76.7 |
|                              | Non-Hisp. White Women | 74.6        | 55.2 - 93.9  | 70.8       | 66.3 - 75.4 |
|                              | Non-Hisp. Black Men   | NA          |              | 82.6       | 73.3 - 91.9 |
|                              | Non-Hisp. Black Women | NA          |              | 72.9       | 62.2 - 83.6 |
|                              | Hispanic Men          | NA          |              | 68.4       | 55.6 - 81.2 |
|                              | Hispanic Women        | NA          |              | 52.9       | 38.4 - 67.5 |
| <b>AGE GROUP</b>             | 18-44                 | NA          |              | 43.7       | 31.1 - 56.3 |
|                              | 45-64                 | NA          |              | 61.7       | 56.3 - 67.2 |
|                              | 65 & Older            | 95.6 *      | 90.5 - 100.0 | 80.9       | 77.5 - 84.3 |
| <b>EDUCATION LEVEL</b>       | <High School          | NA          |              | 63.3       | 54.1 - 72.6 |
|                              | High School / GED     | NA          |              | 70.7       | 65.9 - 75.5 |
|                              | >High School          | 77.5        | 58.3 - 96.7  | 72.7       | 68.8 - 76.6 |
| <b>ANNUAL INCOME</b>         | <\$25,000             | NA          |              | 68.5       | 63.3 - 73.7 |
|                              | \$25,000-\$49,999     | NA          |              | 65.7       | 58.5 - 73.0 |
|                              | \$50,000 or More      | NA          |              | 75.9       | 70.1 - 81.6 |
| <b>MARITAL STATUS</b>        | Married/Couple        | 80.4        | 64.5 - 96.2  | 69.2       | 64.8 - 73.7 |
|                              | Not Married/Couple    | NA          |              | 70.4       | 65.9 - 74.9 |

## Percentage of adults with diabetes who ever had diabetes self-management education

|                              |                       | 2013 County |             | 2013 State |             |
|------------------------------|-----------------------|-------------|-------------|------------|-------------|
|                              |                       | Measure     | 95% CI      | Measure    | 95% CI      |
| <b>ALL</b>                   | Overall               | 50.6        | 35.6 - 65.7 | 49.6       | 46.2 - 53.0 |
| <b>SEX</b>                   | Men                   | NA          |             | 47.1       | 42.3 - 51.9 |
|                              | Women                 | 47.5        | 28.4 - 66.6 | 52.4       | 47.6 - 57.1 |
| <b>RACE/ETHNICITY</b>        | Non-Hisp. White       | 52.5        | 36.4 - 68.6 | 53.1       | 49.5 - 56.6 |
|                              | Non-Hisp. Black       | NA          |             | 53.6       | 43.4 - 63.9 |
|                              | Hispanic              | NA          |             | 39.4       | 29.8 - 49.1 |
| <b>SEX BY RACE/ETHNICITY</b> | Non-Hisp. White Men   | NA          |             | 51.1       | 45.9 - 56.3 |
|                              | Non-Hisp. White Women | 49.6        | 28.5 - 70.7 | 55.4       | 50.6 - 60.1 |
|                              | Non-Hisp. Black Men   | NA          |             | 40.2       | 25.4 - 55.0 |
|                              | Non-Hisp. Black Women | NA          |             | 66.2       | 56.1 - 76.3 |
|                              | Hispanic Men          | NA          |             | 39.7       | 26.1 - 53.3 |
|                              | Hispanic Women        | NA          |             | 39.2       | 25.3 - 53.1 |
| <b>AGE GROUP</b>             | 18-44                 | NA          |             | 55.0       | 42.2 - 67.9 |
|                              | 45-64                 | NA          |             | 52.1       | 46.5 - 57.7 |
|                              | 65 & Older            | 55.4        | 38.3 - 72.4 | 46.7       | 42.3 - 51.1 |
| <b>EDUCATION LEVEL</b>       | <High School          | NA          |             | 34.3       | 25.3 - 43.2 |
|                              | High School / GED     | NA          |             | 48.9       | 43.6 - 54.2 |
|                              | >High School          | 63.1        | 44.2 - 82.0 | 58.5       | 54.3 - 62.6 |
| <b>ANNUAL INCOME</b>         | <\$25,000             | NA          |             | 42.3       | 36.5 - 48.2 |
|                              | \$25,000-\$49,999     | NA          |             | 52.1       | 45.3 - 59.0 |
|                              | \$50,000 or More      | NA          |             | 59.9       | 54.1 - 65.6 |
| <b>MARITAL STATUS</b>        | Married/Couple        | 47.0        | 27.8 - 66.3 | 50.7       | 46.2 - 55.2 |
|                              | Not Married/Couple    | NA          |             | 48.1       | 42.9 - 53.2 |

\* Indicates that the difference observed between the 2013 county and state measures is statistically significant.

CI=Confidence Interval

NA=Not available due to respondent counts of less than 30.



## Diabetes

## Percentage of adults who have ever been told they had pre-diabetes

|                              |                       | 2013 County |            | 2013 State |            |
|------------------------------|-----------------------|-------------|------------|------------|------------|
|                              |                       | Measure     | 95% CI     | Measure    | 95% CI     |
| <b>ALL</b>                   | Overall               | 8.0         | 5.0 - 11.0 | 7.1        | 6.6 - 7.7  |
| <b>SEX</b>                   | Men                   | 8.9         | 3.7 - 14.1 | 7.4        | 6.5 - 8.3  |
|                              | Women                 | 7.1         | 3.8 - 10.5 | 7.0        | 6.3 - 7.6  |
| <b>RACE/ETHNICITY</b>        | Non-Hisp. White       | 8.3         | 4.7 - 11.8 | 7.9        | 7.3 - 8.5  |
|                              | Non-Hisp. Black       | NA          |            | 8.3        | 6.2 - 10.5 |
|                              | Hispanic              | NA          |            | 4.8        | 3.5 - 6.2  |
| <b>SEX BY RACE/ETHNICITY</b> | Non-Hisp. White Men   | 10.4        | 4.0 - 16.8 | 8.4        | 7.4 - 9.4  |
|                              | Non-Hisp. White Women | 6.6         | 2.9 - 10.3 | 7.4        | 6.7 - 8.1  |
|                              | Non-Hisp. Black Men   | NA          |            | 8.6        | 4.8 - 12.5 |
|                              | Non-Hisp. Black Women | NA          |            | 8.0        | 5.9 - 10.2 |
|                              | Hispanic Men          | NA          |            | 4.8        | 2.7 - 6.8  |
|                              | Hispanic Women        | NA          |            | 4.9        | 3.3 - 6.6  |
| <b>AGE GROUP</b>             | 18-44                 | 4.2         | 0.0 - 9.3  | 4.9        | 3.9 - 5.8  |
|                              | 45-64                 | 7.3         | 2.7 - 12.0 | 7.9        | 7.0 - 8.8  |
|                              | 65 & Older            | 12.2        | 6.6 - 17.8 | 9.6        | 8.7 - 10.6 |
| <b>EDUCATION LEVEL</b>       | <High School          | NA          |            | 5.8        | 4.2 - 7.5  |
|                              | High School / GED     | 5.2         | 2.0 - 8.5  | 7.2        | 6.1 - 8.3  |
|                              | >High School          | 8.7         | 4.8 - 12.7 | 7.6        | 6.9 - 8.2  |
| <b>ANNUAL INCOME</b>         | <\$25,000             | 3.9         | 0.3 - 7.6  | 7.6        | 6.4 - 8.9  |
|                              | \$25,000-\$49,999     | 12.8        | 4.9 - 20.7 | 7.5        | 6.4 - 8.5  |
|                              | \$50,000 or More      | 6.6         | 2.5 - 10.7 | 6.7        | 5.8 - 7.5  |
| <b>MARITAL STATUS</b>        | Married/Couple        | 10.3        | 5.9 - 14.7 | 7.3        | 6.6 - 8.1  |
|                              | Not Married/Couple    | 4.0         | 1.2 - 6.9  | 7.0        | 6.1 - 7.8  |

\* Indicates that the difference observed between the 2013 county and state measures is statistically significant.

CI=Confidence Interval

NA=Not available due to respondent counts of less than 30.

## Disability

## Percentage of adults who are limited in any way in any activities because of physical, mental, or emotional problems

|                              |                       | 2013 County |             | 2013 State |             |
|------------------------------|-----------------------|-------------|-------------|------------|-------------|
|                              |                       | Measure     | 95% CI      | Measure    | 95% CI      |
| <b>ALL</b>                   | Overall               | 18.5        | 14.1 - 22.9 | 21.2       | 20.2 - 22.1 |
| <b>SEX</b>                   | Men                   | 17.1        | 10.6 - 23.6 | 20.2       | 18.9 - 21.6 |
|                              | Women                 | 19.8        | 13.9 - 25.6 | 22.1       | 20.7 - 23.4 |
| <b>RACE/ETHNICITY</b>        | Non-Hisp. White       | 20.5        | 15.5 - 25.6 | 23.2       | 22.2 - 24.2 |
|                              | Non-Hisp. Black       | NA          |             | 17.8       | 15.1 - 20.5 |
|                              | Hispanic              | NA          |             | 18.6       | 15.8 - 21.4 |
| <b>SEX BY RACE/ETHNICITY</b> | Non-Hisp. White Men   | 20.7        | 12.7 - 28.6 | 22.6       | 21.1 - 24.1 |
|                              | Non-Hisp. White Women | 20.4        | 13.9 - 27.0 | 23.8       | 22.5 - 25.1 |
|                              | Non-Hisp. Black Men   | NA          |             | 19.1       | 14.7 - 23.4 |
|                              | Non-Hisp. Black Women | NA          |             | 16.6       | 13.3 - 19.8 |
|                              | Hispanic Men          | NA          |             | 15.7       | 12.2 - 19.3 |
|                              | Hispanic Women        | NA          |             | 21.3       | 17.1 - 25.6 |
| <b>AGE GROUP</b>             | 18-44                 | 6.9         | 1.3 - 12.4  | 13.5       | 12.1 - 14.9 |
|                              | 45-64                 | 24.9        | 16.6 - 33.3 | 26.0       | 24.2 - 27.8 |
|                              | 65 & Older            | 23.8        | 16.9 - 30.7 | 28.6       | 26.9 - 30.2 |
| <b>EDUCATION LEVEL</b>       | <High School          | NA          |             | 28.7       | 25.0 - 32.3 |
|                              | High School / GED     | 16.2        | 9.3 - 23.2  | 21.8       | 20.1 - 23.6 |
|                              | >High School          | 19.3        | 13.7 - 24.9 | 18.9       | 17.8 - 19.9 |
| <b>ANNUAL INCOME</b>         | <\$25,000             | 20.8        | 12.3 - 29.4 | 30.7       | 28.5 - 32.8 |
|                              | \$25,000-\$49,999     | 18.1        | 9.0 - 27.1  | 20.4       | 18.5 - 22.3 |
|                              | \$50,000 or More      | 16.3        | 9.8 - 22.7  | 12.8       | 11.7 - 14.0 |
| <b>MARITAL STATUS</b>        | Married/Couple        | 18.4        | 12.8 - 24.0 | 18.7       | 17.5 - 19.9 |
|                              | Not Married/Couple    | 19.3        | 12.1 - 26.4 | 24.1       | 22.6 - 25.7 |

## Percentage of adults who use special equipment because of a health problem

|                              |                       | 2013 County |            | 2013 State |             |
|------------------------------|-----------------------|-------------|------------|------------|-------------|
|                              |                       | Measure     | 95% CI     | Measure    | 95% CI      |
| <b>ALL</b>                   | Overall               | 7.6         | 5.1 - 10.1 | 8.8        | 8.2 - 9.3   |
| <b>SEX</b>                   | Men                   | 9.2         | 4.7 - 13.8 | 8.3        | 7.5 - 9.1   |
|                              | Women                 | 6.1         | 3.5 - 8.7  | 9.2        | 8.4 - 10.0  |
| <b>RACE/ETHNICITY</b>        | Non-Hisp. White       | 8.2         | 5.2 - 11.1 | 9.8        | 9.2 - 10.4  |
|                              | Non-Hisp. Black       | NA          |            | 8.6        | 6.9 - 10.2  |
|                              | Hispanic              | NA          |            | 6.5        | 5.0 - 8.0   |
| <b>SEX BY RACE/ETHNICITY</b> | Non-Hisp. White Men   | 11.5        | 5.9 - 17.1 | 9.2        | 8.3 - 10.1  |
|                              | Non-Hisp. White Women | 5.4 *       | 2.7 - 8.1  | 10.3       | 9.5 - 11.2  |
|                              | Non-Hisp. Black Men   | NA          |            | 7.9        | 5.5 - 10.3  |
|                              | Non-Hisp. Black Women | NA          |            | 9.2        | 7.0 - 11.5  |
|                              | Hispanic Men          | NA          |            | 6.2        | 4.1 - 8.4   |
|                              | Hispanic Women        | NA          |            | 6.8        | 4.7 - 8.9   |
| <b>AGE GROUP</b>             | 18-44                 | 0.0         |            | 3.1        | 2.4 - 3.8   |
|                              | 45-64                 | 8.2         | 3.1 - 13.3 | 9.5        | 8.4 - 10.5  |
|                              | 65 & Older            | 14.6        | 9.5 - 19.7 | 18.1       | 16.8 - 19.4 |
| <b>EDUCATION LEVEL</b>       | <High School          | NA          |            | 13.2       | 11.0 - 15.4 |
|                              | High School / GED     | 6.7         | 2.6 - 10.8 | 8.4        | 7.4 - 9.4   |
|                              | >High School          | 8.0         | 4.7 - 11.3 | 7.8        | 7.2 - 8.5   |
| <b>ANNUAL INCOME</b>         | <\$25,000             | 6.8 *       | 2.4 - 11.1 | 13.5       | 12.2 - 14.9 |
|                              | \$25,000-\$49,999     | 9.7         | 3.8 - 15.6 | 7.9        | 6.9 - 8.8   |
|                              | \$50,000 or More      | 5.9         | 1.9 - 9.9  | 4.8        | 4.1 - 5.5   |
| <b>MARITAL STATUS</b>        | Married/Couple        | 8.1         | 4.6 - 11.7 | 7.7        | 7.0 - 8.5   |
|                              | Not Married/Couple    | 6.2 *       | 3.2 - 9.1  | 10.1       | 9.2 - 11.0  |

\* Indicates that the difference observed between the 2013 county and state measures is statistically significant.

CI=Confidence Interval

NA=Not available due to respondent counts of less than 30.

## Hypertension Awareness

## Percentage of adults who have ever been told they had hypertension

|                              |                       | 2013 County |             | 2013 State |             |
|------------------------------|-----------------------|-------------|-------------|------------|-------------|
|                              |                       | Measure     | 95% CI      | Measure    | 95% CI      |
| <b>ALL</b>                   | Overall               | 35.2        | 29.1 - 41.3 | 34.6       | 33.5 - 35.7 |
| <b>SEX</b>                   | Men                   | 35.8        | 26.2 - 45.4 | 37.2       | 35.6 - 38.9 |
|                              | Women                 | 34.6        | 26.8 - 42.3 | 32.1       | 30.7 - 33.5 |
| <b>RACE/ETHNICITY</b>        | Non-Hisp. White       | 34.7        | 28.6 - 40.9 | 38.4       | 37.3 - 39.5 |
|                              | Non-Hisp. Black       | NA          |             | 33.7       | 30.4 - 37.0 |
|                              | Hispanic              | NA          |             | 28.3       | 25.0 - 31.5 |
| <b>SEX BY RACE/ETHNICITY</b> | Non-Hisp. White Men   | 39.3        | 29.4 - 49.2 | 42.1       | 40.3 - 43.9 |
|                              | Non-Hisp. White Women | 30.8        | 23.3 - 38.4 | 35.0       | 33.6 - 36.4 |
|                              | Non-Hisp. Black Men   | NA          |             | 35.1       | 29.6 - 40.6 |
|                              | Non-Hisp. Black Women | NA          |             | 32.4       | 28.6 - 36.3 |
|                              | Hispanic Men          | NA          |             | 28.9       | 24.1 - 33.7 |
|                              | Hispanic Women        | NA          |             | 27.6       | 23.1 - 32.1 |
| <b>AGE GROUP</b>             | 18-44                 | 6.8         | 0.0 - 15.6  | 13.8       | 12.4 - 15.2 |
|                              | 45-64                 | 35.6        | 26.1 - 45.2 | 41.1       | 39.1 - 43.2 |
|                              | 65 & Older            | 62.4        | 55.0 - 69.8 | 62.8       | 61.1 - 64.6 |
| <b>EDUCATION LEVEL</b>       | <High School          | NA          |             | 42.3       | 38.2 - 46.3 |
|                              | High School / GED     | 34.6        | 24.5 - 44.7 | 35.8       | 33.8 - 37.9 |
|                              | >High School          | 34.9        | 27.1 - 42.7 | 31.9       | 30.7 - 33.1 |
| <b>ANNUAL INCOME</b>         | <\$25,000             | 24.3 *      | 15.2 - 33.5 | 37.5       | 35.3 - 39.7 |
|                              | \$25,000-\$49,999     | 45.5        | 31.6 - 59.3 | 36.9       | 34.6 - 39.2 |
|                              | \$50,000 or More      | 37.8        | 28.2 - 47.4 | 30.7       | 29.0 - 32.5 |
| <b>MARITAL STATUS</b>        | Married/Couple        | 35.4        | 27.8 - 43.0 | 35.8       | 34.4 - 37.3 |
|                              | Not Married/Couple    | 36.2        | 25.6 - 46.8 | 33.5       | 31.8 - 35.2 |

\* Indicates that the difference observed between the 2013 county and state measures is statistically significant.

CI=Confidence Interval

NA=Not available due to respondent counts of less than 30.

## Kidney Disease

## Percentage of adults who have ever been told they had kidney disease

|                              |                       | 2013 County |           | 2013 State |           |
|------------------------------|-----------------------|-------------|-----------|------------|-----------|
|                              |                       | Measure     | 95% CI    | Measure    | 95% CI    |
| <b>ALL</b>                   | Overall               | 2.6         | 0.9 - 4.3 | 3.5        | 3.0 - 3.9 |
| <b>SEX</b>                   | Men                   | 3.6         | 0.5 - 6.8 | 3.3        | 2.7 - 3.8 |
|                              | Women                 | 1.7         | 0.2 - 3.3 | 3.6        | 3.0 - 4.3 |
| <b>RACE/ETHNICITY</b>        | Non-Hisp. White       | 3.3         | 1.1 - 5.4 | 3.5        | 3.0 - 4.0 |
|                              | Non-Hisp. Black       | NA          |           | 2.4        | 1.5 - 3.2 |
|                              | Hispanic              | NA          |           | 4.2        | 2.7 - 5.7 |
| <b>SEX BY RACE/ETHNICITY</b> | Non-Hisp. White Men   | 5.0         | 0.8 - 9.2 | 3.7        | 2.9 - 4.5 |
|                              | Non-Hisp. White Women | 1.8         | 0.0 - 3.7 | 3.3        | 2.9 - 3.8 |
|                              | Non-Hisp. Black Men   | NA          |           | 2.0        | 0.8 - 3.1 |
|                              | Non-Hisp. Black Women | NA          |           | 2.7        | 1.5 - 3.9 |
|                              | Hispanic Men          | NA          |           | 3.1        | 1.8 - 4.4 |
|                              | Hispanic Women        | NA          |           | 5.2        | 2.7 - 7.8 |
| <b>AGE GROUP</b>             | 18-44                 | 0.0         |           | 1.9        | 1.2 - 2.6 |
|                              | 45-64                 | 4.4         | 0.0 - 8.8 | 3.6        | 2.7 - 4.4 |
|                              | 65 & Older            | 3.5         | 1.3 - 5.7 | 5.9        | 5.2 - 6.7 |
| <b>EDUCATION LEVEL</b>       | <High School          | NA          |           | 4.6        | 3.1 - 6.2 |
|                              | High School / GED     | 3.1         | 0.0 - 6.5 | 4.0        | 2.9 - 5.0 |
|                              | >High School          | 2.5         | 0.5 - 4.5 | 2.9        | 2.5 - 3.3 |
| <b>ANNUAL INCOME</b>         | <\$25,000             | 3.7         | 0.0 - 7.6 | 5.0        | 4.0 - 6.0 |
|                              | \$25,000-\$49,999     | 2.5         | 0.0 - 6.6 | 3.5        | 2.4 - 4.6 |
|                              | \$50,000 or More      | 2.5         | 0.6 - 4.5 | 2.1        | 1.6 - 2.5 |
| <b>MARITAL STATUS</b>        | Married/Couple        | 1.7         | 0.0 - 3.4 | 3.4        | 2.8 - 4.0 |
|                              | Not Married/Couple    | 4.5         | 0.9 - 8.1 | 3.6        | 2.9 - 4.2 |

\* Indicates that the difference observed between the 2013 county and state measures is statistically significant.

CI=Confidence Interval

NA=Not available due to respondent counts of less than 30.

## Overweight &amp; Obesity

## Percentage of adults who are overweight

|                              |                       | 2013 County |             | 2013 State |             |
|------------------------------|-----------------------|-------------|-------------|------------|-------------|
|                              |                       | Measure     | 95% CI      | Measure    | 95% CI      |
| <b>ALL</b>                   | Overall               | 35.0        | 28.6 - 41.4 | 36.4       | 35.2 - 37.6 |
| <b>SEX</b>                   | Men                   | 44.0        | 33.7 - 54.3 | 42.9       | 41.1 - 44.7 |
|                              | Women                 | 27.2        | 19.5 - 34.9 | 30.0       | 28.5 - 31.5 |
| <b>RACE/ETHNICITY</b>        | Non-Hisp. White       | 40.0        | 32.8 - 47.1 | 35.8       | 34.6 - 36.9 |
|                              | Non-Hisp. Black       | NA          |             | 36.9       | 33.0 - 40.8 |
|                              | Hispanic              | NA          |             | 38.6       | 34.9 - 42.2 |
| <b>SEX BY RACE/ETHNICITY</b> | Non-Hisp. White Men   | 49.6        | 38.8 - 60.5 | 43.5       | 41.6 - 45.3 |
|                              | Non-Hisp. White Women | 31.5        | 22.4 - 40.6 | 28.1       | 26.7 - 29.5 |
|                              | Non-Hisp. Black Men   | NA          |             | 39.7       | 33.6 - 45.8 |
|                              | Non-Hisp. Black Women | NA          |             | 34.3       | 29.4 - 39.1 |
|                              | Hispanic Men          | NA          |             | 44.4       | 39.0 - 49.7 |
|                              | Hispanic Women        | NA          |             | 32.9       | 28.1 - 37.7 |
| <b>AGE GROUP</b>             | 18-44                 | 28.6        | 13.8 - 43.4 | 31.5       | 29.5 - 33.6 |
|                              | 45-64                 | 37.2        | 27.1 - 47.2 | 39.4       | 37.3 - 41.5 |
|                              | 65 & Older            | 38.4        | 30.6 - 46.3 | 40.6       | 38.7 - 42.4 |
| <b>EDUCATION LEVEL</b>       | <High School          | NA          |             | 38.4       | 34.1 - 42.8 |
|                              | High School / GED     | 34.3        | 23.1 - 45.5 | 35.4       | 33.2 - 37.6 |
|                              | >High School          | 36.1        | 28.2 - 44.1 | 36.5       | 35.1 - 37.9 |
| <b>ANNUAL INCOME</b>         | <\$25,000             | 30.7        | 17.9 - 43.6 | 34.8       | 32.4 - 37.2 |
|                              | \$25,000-\$49,999     | 31.6        | 20.0 - 43.2 | 37.1       | 34.7 - 39.6 |
|                              | \$50,000 or More      | 40.4        | 30.0 - 50.8 | 37.8       | 35.9 - 39.8 |
| <b>MARITAL STATUS</b>        | Married/Couple        | 34.9        | 27.3 - 42.5 | 39.5       | 37.9 - 41.1 |
|                              | Not Married/Couple    | 34.9        | 23.4 - 46.5 | 32.9       | 31.0 - 34.7 |

## Percentage of adults who are obese

|                              |                       | 2013 County |             | 2013 State |             |
|------------------------------|-----------------------|-------------|-------------|------------|-------------|
|                              |                       | Measure     | 95% CI      | Measure    | 95% CI      |
| <b>ALL</b>                   | Overall               | 22.1        | 16.8 - 27.4 | 26.4       | 25.3 - 27.4 |
| <b>SEX</b>                   | Men                   | 26.4        | 17.5 - 35.4 | 27.5       | 25.9 - 29.0 |
|                              | Women                 | 18.3        | 12.4 - 24.2 | 25.3       | 23.9 - 26.7 |
| <b>RACE/ETHNICITY</b>        | Non-Hisp. White       | 21.5        | 15.8 - 27.2 | 25.1       | 24.1 - 26.2 |
|                              | Non-Hisp. Black       | NA          |             | 34.2       | 30.6 - 37.8 |
|                              | Hispanic              | NA          |             | 26.4       | 23.4 - 29.4 |
| <b>SEX BY RACE/ETHNICITY</b> | Non-Hisp. White Men   | 27.0        | 17.4 - 36.5 | 27.5       | 25.8 - 29.2 |
|                              | Non-Hisp. White Women | 16.7        | 10.6 - 22.9 | 22.8       | 21.5 - 24.1 |
|                              | Non-Hisp. Black Men   | NA          |             | 29.6       | 24.3 - 34.9 |
|                              | Non-Hisp. Black Women | NA          |             | 38.6       | 33.7 - 43.4 |
|                              | Hispanic Men          | NA          |             | 27.9       | 23.5 - 32.4 |
|                              | Hispanic Women        | NA          |             | 24.9       | 20.8 - 29.0 |
| <b>AGE GROUP</b>             | 18-44                 | 13.9        | 5.1 - 22.7  | 24.2       | 22.4 - 26.0 |
|                              | 45-64                 | 32.7        | 22.4 - 43.0 | 30.3       | 28.5 - 32.2 |
|                              | 65 & Older            | 18.9        | 12.8 - 24.9 | 24.8       | 23.3 - 26.4 |
| <b>EDUCATION LEVEL</b>       | <High School          | NA          |             | 29.4       | 25.7 - 33.0 |
|                              | High School / GED     | 25.9        | 15.6 - 36.3 | 28.4       | 26.4 - 30.5 |
|                              | >High School          | 21.0        | 14.8 - 27.2 | 24.5       | 23.3 - 25.7 |
| <b>ANNUAL INCOME</b>         | <\$25,000             | 23.8        | 13.4 - 34.2 | 29.9       | 27.7 - 32.1 |
|                              | \$25,000-\$49,999     | 21.2        | 11.4 - 31.0 | 27.7       | 25.5 - 29.8 |
|                              | \$50,000 or More      | 25.3        | 15.8 - 34.8 | 24.6       | 22.9 - 26.3 |
| <b>MARITAL STATUS</b>        | Married/Couple        | 24.5        | 17.6 - 31.4 | 27.9       | 26.4 - 29.3 |
|                              | Not Married/Couple    | 18.0        | 10.1 - 25.9 | 24.7       | 23.1 - 26.2 |

\* Indicates that the difference observed between the 2013 county and state measures is statistically significant.

CI=Confidence Interval

NA=Not available due to respondent counts of less than 30.

## Overweight &amp; Obesity

## Percentage of adults who are overweight or obese

|                              |                       | 2013 County |             | 2013 State |             |
|------------------------------|-----------------------|-------------|-------------|------------|-------------|
|                              |                       | Measure     | 95% CI      | Measure    | 95% CI      |
| <b>ALL</b>                   | Overall               | 57.1        | 49.9 - 64.3 | 62.8       | 61.6 - 64.0 |
| <b>SEX</b>                   | Men                   | 70.4        | 59.6 - 81.2 | 70.4       | 68.7 - 72.0 |
|                              | Women                 | 45.5        | 36.4 - 54.6 | 55.3       | 53.6 - 56.9 |
| <b>RACE/ETHNICITY</b>        | Non-Hisp. White       | 61.5        | 53.9 - 69.0 | 60.9       | 59.7 - 62.1 |
|                              | Non-Hisp. Black       | NA          |             | 71.1       | 67.5 - 74.7 |
|                              | Hispanic              | NA          |             | 64.9       | 61.4 - 68.5 |
| <b>SEX BY RACE/ETHNICITY</b> | Non-Hisp. White Men   | 76.6        | 66.8 - 86.4 | 71.0       | 69.3 - 72.6 |
|                              | Non-Hisp. White Women | 48.3        | 38.1 - 58.4 | 50.9       | 49.3 - 52.5 |
|                              | Non-Hisp. Black Men   | NA          |             | 69.3       | 63.5 - 75.2 |
|                              | Non-Hisp. Black Women | NA          |             | 72.8       | 68.6 - 77.1 |
|                              | Hispanic Men          | NA          |             | 72.3       | 67.5 - 77.1 |
|                              | Hispanic Women        | NA          |             | 57.8       | 52.6 - 62.9 |
| <b>AGE GROUP</b>             | 18-44                 | 42.5        | 26.0 - 59.0 | 55.7       | 53.5 - 57.9 |
|                              | 45-64                 | 69.8        | 60.5 - 79.2 | 69.7       | 68.0 - 71.5 |
|                              | 65 & Older            | 57.3        | 49.0 - 65.6 | 65.4       | 63.7 - 67.1 |
| <b>EDUCATION LEVEL</b>       | <High School          | NA          |             | 67.8       | 63.8 - 71.7 |
|                              | High School / GED     | 60.2        | 47.7 - 72.8 | 63.8       | 61.5 - 66.1 |
|                              | >High School          | 57.2        | 48.3 - 66.0 | 61.0       | 59.6 - 62.4 |
| <b>ANNUAL INCOME</b>         | <\$25,000             | 54.5        | 39.8 - 69.2 | 64.7       | 62.4 - 66.9 |
|                              | \$25,000-\$49,999     | 52.8        | 38.7 - 66.9 | 64.8       | 62.4 - 67.2 |
|                              | \$50,000 or More      | 65.7        | 55.3 - 76.2 | 62.4       | 60.5 - 64.4 |
| <b>MARITAL STATUS</b>        | Married/Couple        | 59.4        | 50.6 - 68.2 | 67.4       | 65.9 - 68.8 |
|                              | Not Married/Couple    | 52.9        | 40.4 - 65.5 | 57.5       | 55.6 - 59.5 |

## Percentage of adults who have a healthy weight

|                              |                       | 2013 County |             | 2013 State |             |
|------------------------------|-----------------------|-------------|-------------|------------|-------------|
|                              |                       | Measure     | 95% CI      | Measure    | 95% CI      |
| <b>ALL</b>                   | Overall               | 41.9        | 34.6 - 49.1 | 35.0       | 33.8 - 36.1 |
| <b>SEX</b>                   | Men                   | 29.6        | 18.8 - 40.4 | 28.4       | 26.7 - 30.1 |
|                              | Women                 | 52.6 *      | 43.4 - 61.8 | 41.4       | 39.8 - 43.1 |
| <b>RACE/ETHNICITY</b>        | Non-Hisp. White       | 37.2        | 29.7 - 44.8 | 36.3       | 35.1 - 37.5 |
|                              | Non-Hisp. Black       | NA          |             | 27.6       | 24.1 - 31.2 |
|                              | Hispanic              | NA          |             | 33.8       | 30.2 - 37.3 |
| <b>SEX BY RACE/ETHNICITY</b> | Non-Hisp. White Men   | 23.4        | 13.6 - 33.2 | 27.7       | 26.0 - 29.3 |
|                              | Non-Hisp. White Women | 49.3        | 39.0 - 59.6 | 44.9       | 43.3 - 46.5 |
|                              | Non-Hisp. Black Men   | NA          |             | 29.5       | 23.7 - 35.3 |
|                              | Non-Hisp. Black Women | NA          |             | 25.8       | 21.6 - 30.0 |
|                              | Hispanic Men          | NA          |             | 27.1       | 22.3 - 31.9 |
|                              | Hispanic Women        | NA          |             | 40.3       | 35.1 - 45.4 |
| <b>AGE GROUP</b>             | 18-44                 | 57.5        | 41.0 - 74.0 | 41.5       | 39.3 - 43.7 |
|                              | 45-64                 | 28.6        | 19.4 - 37.9 | 28.5       | 26.8 - 30.2 |
|                              | 65 & Older            | 41.3        | 33.0 - 49.7 | 32.5       | 30.8 - 34.1 |
| <b>EDUCATION LEVEL</b>       | <High School          | NA          |             | 30.0       | 26.1 - 33.8 |
|                              | High School / GED     | 37.2        | 24.6 - 49.9 | 34.4       | 32.1 - 36.7 |
|                              | >High School          | 42.6        | 33.7 - 51.5 | 36.5       | 35.1 - 37.9 |
| <b>ANNUAL INCOME</b>         | <\$25,000             | 44.3        | 29.5 - 59.1 | 33.4       | 31.2 - 35.6 |
|                              | \$25,000-\$49,999     | 47.0        | 32.9 - 61.1 | 33.0       | 30.6 - 35.3 |
|                              | \$50,000 or More      | 33.2        | 22.8 - 43.6 | 35.6       | 33.6 - 37.6 |
| <b>MARITAL STATUS</b>        | Married/Couple        | 39.5        | 30.7 - 48.3 | 30.9       | 29.5 - 32.4 |
|                              | Not Married/Couple    | 46.3        | 33.7 - 58.8 | 39.6       | 37.7 - 41.5 |

\* Indicates that the difference observed between the 2013 county and state measures is statistically significant.

CI=Confidence Interval

NA=Not available due to respondent counts of less than 30.

## Vision Impairment

## Percentage of adults who are blind or have serious difficulty seeing, even when wearing glasses

|                              |                       | 2013 County |            | 2013 State |            |
|------------------------------|-----------------------|-------------|------------|------------|------------|
|                              |                       | Measure     | 95% CI     | Measure    | 95% CI     |
| <b>ALL</b>                   | Overall               | 3.2         | 1.0 - 5.3  | 5.2        | 4.7 - 5.8  |
| <b>SEX</b>                   | Men                   | 3.2         | 0.0 - 6.8  | 4.9        | 4.2 - 5.7  |
|                              | Women                 | 3.1         | 0.7 - 5.5  | 5.5        | 4.8 - 6.3  |
| <b>RACE/ETHNICITY</b>        | Non-Hisp. White       | 2.3         | 0.6 - 4.1  | 4.0        | 3.5 - 4.5  |
|                              | Non-Hisp. Black       | NA          |            | 7.5        | 5.7 - 9.3  |
|                              | Hispanic              | NA          |            | 7.2        | 5.4 - 8.9  |
| <b>SEX BY RACE/ETHNICITY</b> | Non-Hisp. White Men   | 2.3         | 0.0 - 5.2  | 3.7        | 2.9 - 4.5  |
|                              | Non-Hisp. White Women | 2.3         | 0.3 - 4.4  | 4.3        | 3.7 - 4.8  |
|                              | Non-Hisp. Black Men   | NA          |            | 7.5        | 4.9 - 10.1 |
|                              | Non-Hisp. Black Women | NA          |            | 7.5        | 4.9 - 10.1 |
|                              | Hispanic Men          | NA          |            | 6.1        | 3.8 - 8.3  |
|                              | Hispanic Women        | NA          |            | 8.3        | 5.6 - 10.9 |
| <b>AGE GROUP</b>             | 18-44                 | 0.0         |            | 3.4        | 2.7 - 4.2  |
|                              | 45-64                 | 5.0         | 0.0 - 10.1 | 7.4        | 6.2 - 8.5  |
|                              | 65 & Older            | 3.9         | 0.4 - 7.3  | 5.6        | 4.8 - 6.3  |
| <b>EDUCATION LEVEL</b>       | <High School          | NA          |            | 11.2       | 8.8 - 13.6 |
|                              | High School / GED     | 2.4         | 0.0 - 5.2  | 5.6        | 4.6 - 6.7  |
|                              | >High School          | 3.8         | 0.7 - 6.8  | 3.4        | 3.0 - 3.9  |
| <b>ANNUAL INCOME</b>         | <\$25,000             | 4.5         | 0.0 - 9.0  | 10.1       | 8.6 - 11.5 |
|                              | \$25,000-\$49,999     | 0.6 *       | 0.0 - 1.5  | 3.9        | 3.1 - 4.7  |
|                              | \$50,000 or More      | 4.3         | 0.0 - 9.0  | 1.9        | 1.4 - 2.3  |
| <b>MARITAL STATUS</b>        | Married/Couple        | 2.6         | 0.0 - 5.2  | 3.9        | 3.3 - 4.5  |
|                              | Not Married/Couple    | 4.3         | 0.3 - 8.2  | 6.9        | 5.9 - 7.8  |

\* Indicates that the difference observed between the 2013 county and state measures is statistically significant.

CI=Confidence Interval

NA=Not available due to respondent counts of less than 30.

## Alcohol Consumption

## Percentage of adults who engage in heavy or binge drinking

|                              |                       | 2013 County |             | 2013 State |             |
|------------------------------|-----------------------|-------------|-------------|------------|-------------|
|                              |                       | Measure     | 95% CI      | Measure    | 95% CI      |
| <b>ALL</b>                   | Overall               | 21.6        | 14.9 - 28.3 | 17.6       | 16.6 - 18.6 |
| <b>SEX</b>                   | Men                   | 30.0        | 19.2 - 40.9 | 23.4       | 21.7 - 25.1 |
|                              | Women                 | 14.0        | 6.2 - 21.9  | 12.2       | 11.2 - 13.3 |
| <b>RACE/ETHNICITY</b>        | Non-Hisp. White       | 20.5        | 13.6 - 27.4 | 17.6       | 16.6 - 18.5 |
|                              | Non-Hisp. Black       | NA          |             | 14.0       | 11.1 - 17.0 |
|                              | Hispanic              | NA          |             | 19.6       | 16.4 - 22.8 |
| <b>SEX BY RACE/ETHNICITY</b> | Non-Hisp. White Men   | 24.7        | 14.8 - 34.6 | 21.4       | 19.8 - 23.0 |
|                              | Non-Hisp. White Women | 17.0        | 7.4 - 26.6  | 14.0       | 12.9 - 15.1 |
|                              | Non-Hisp. Black Men   | NA          |             | 19.8       | 14.5 - 25.2 |
|                              | Non-Hisp. Black Women | NA          |             | 8.8        | 6.4 - 11.3  |
|                              | Hispanic Men          | NA          |             | 30.1       | 24.8 - 35.3 |
|                              | Hispanic Women        | NA          |             | 9.7        | 6.2 - 13.1  |
| <b>AGE GROUP</b>             | 18-44                 | 34.3        | 18.0 - 50.5 | 24.2       | 22.3 - 26.1 |
|                              | 45-64                 | 19.7        | 10.6 - 28.8 | 16.9       | 15.3 - 18.5 |
|                              | 65 & Older            | 10.3        | 5.7 - 14.9  | 7.2        | 6.4 - 8.0   |
| <b>EDUCATION LEVEL</b>       | <High School          | NA          |             | 18.6       | 14.7 - 22.4 |
|                              | High School / GED     | 27.6        | 15.1 - 40.2 | 16.3       | 14.6 - 18.1 |
|                              | >High School          | 19.7        | 11.6 - 27.7 | 18.0       | 16.8 - 19.2 |
| <b>ANNUAL INCOME</b>         | <\$25,000             | 24.1        | 10.3 - 37.9 | 16.3       | 14.5 - 18.1 |
|                              | \$25,000-\$49,999     | 25.8        | 10.3 - 41.2 | 17.9       | 15.7 - 20.1 |
|                              | \$50,000 or More      | 22.8        | 13.2 - 32.3 | 20.3       | 18.6 - 22.0 |
| <b>MARITAL STATUS</b>        | Married/Couple        | 16.7        | 9.7 - 23.6  | 14.9       | 13.8 - 16.0 |
|                              | Not Married/Couple    | 28.4        | 15.4 - 41.3 | 20.9       | 19.1 - 22.6 |

\* Indicates that the difference observed between the 2013 county and state measures is statistically significant.

CI=Confidence Interval

NA=Not available due to respondent counts of less than 30.



## Tobacco Use &amp; Exposure

## Percentage of adults who are current smokers

|                              |                       | 2013 County |             | 2013 State |             |
|------------------------------|-----------------------|-------------|-------------|------------|-------------|
|                              |                       | Measure     | 95% CI      | Measure    | 95% CI      |
| <b>ALL</b>                   | Overall               | 20.6        | 14.6 - 26.6 | 16.8       | 15.9 - 17.7 |
| <b>SEX</b>                   | Men                   | 23.3        | 13.5 - 33.0 | 19.5       | 18.0 - 21.0 |
|                              | Women                 | 18.2        | 10.9 - 25.5 | 14.4       | 13.3 - 15.4 |
| <b>RACE/ETHNICITY</b>        | Non-Hisp. White       | 21.1        | 14.5 - 27.7 | 18.6       | 17.6 - 19.5 |
|                              | Non-Hisp. Black       | NA          |             | 14.4       | 11.7 - 17.1 |
|                              | Hispanic              | NA          |             | 13.9       | 11.4 - 16.5 |
| <b>SEX BY RACE/ETHNICITY</b> | Non-Hisp. White Men   | 21.9        | 11.7 - 32.2 | 19.7       | 18.2 - 21.3 |
|                              | Non-Hisp. White Women | 20.4        | 11.8 - 29.1 | 17.4       | 16.2 - 18.6 |
|                              | Non-Hisp. Black Men   | NA          |             | 19.3       | 14.6 - 24.1 |
|                              | Non-Hisp. Black Women | NA          |             | 9.9        | 7.3 - 12.4  |
|                              | Hispanic Men          | NA          |             | 18.8       | 14.6 - 23.0 |
|                              | Hispanic Women        | NA          |             | 9.3        | 6.4 - 12.1  |
| <b>AGE GROUP</b>             | 18-44                 | 25.5        | 10.9 - 40.1 | 19.2       | 17.5 - 20.8 |
|                              | 45-64                 | 25.1        | 16.5 - 33.8 | 19.8       | 18.4 - 21.3 |
|                              | 65 & Older            | 11.0        | 5.0 - 17.0  | 8.7        | 7.4 - 9.9   |
| <b>EDUCATION LEVEL</b>       | <High School          | NA          |             | 24.8       | 21.4 - 28.3 |
|                              | High School / GED     | 27.5        | 16.2 - 38.9 | 19.8       | 18.1 - 21.5 |
|                              | >High School          | 14.2        | 8.2 - 20.1  | 13.1       | 12.2 - 14.1 |
| <b>ANNUAL INCOME</b>         | <\$25,000             | 30.4        | 17.1 - 43.6 | 22.3       | 20.4 - 24.2 |
|                              | \$25,000-\$49,999     | 25.5        | 13.6 - 37.3 | 17.7       | 15.9 - 19.5 |
|                              | \$50,000 or More      | 7.9         | 1.9 - 13.8  | 11.8       | 10.5 - 13.1 |
| <b>MARITAL STATUS</b>        | Married/Couple        | 19.6        | 12.2 - 27.0 | 13.6       | 12.5 - 14.6 |
|                              | Not Married/Couple    | 20.2        | 10.6 - 29.8 | 20.8       | 19.2 - 22.3 |

## Percentage of adults who are former smokers (currently quit smoking)

|                              |                       | 2013 County |             | 2013 State |             |
|------------------------------|-----------------------|-------------|-------------|------------|-------------|
|                              |                       | Measure     | 95% CI      | Measure    | 95% CI      |
| <b>ALL</b>                   | Overall               | 33.6        | 27.4 - 39.9 | 28.1       | 27.1 - 29.2 |
| <b>SEX</b>                   | Men                   | 32.7        | 23.4 - 42.0 | 31.6       | 30.0 - 33.2 |
|                              | Women                 | 34.5        | 26.0 - 42.9 | 24.9       | 23.7 - 26.2 |
| <b>RACE/ETHNICITY</b>        | Non-Hisp. White       | 40.2        | 33.1 - 47.3 | 35.6       | 34.5 - 36.7 |
|                              | Non-Hisp. Black       | NA          |             | 14.0       | 11.7 - 16.3 |
|                              | Hispanic              | NA          |             | 19.3       | 16.5 - 22.0 |
| <b>SEX BY RACE/ETHNICITY</b> | Non-Hisp. White Men   | 39.8        | 29.6 - 50.0 | 39.3       | 37.5 - 41.1 |
|                              | Non-Hisp. White Women | 40.5        | 30.7 - 50.3 | 32.2       | 30.7 - 33.6 |
|                              | Non-Hisp. Black Men   | NA          |             | 17.0       | 13.4 - 20.7 |
|                              | Non-Hisp. Black Women | NA          |             | 11.2       | 8.4 - 14.0  |
|                              | Hispanic Men          | NA          |             | 22.5       | 18.2 - 26.7 |
|                              | Hispanic Women        | NA          |             | 16.2       | 12.5 - 19.8 |
| <b>AGE GROUP</b>             | 18-44                 | 23.1        | 9.0 - 37.2  | 15.6       | 14.1 - 17.1 |
|                              | 45-64                 | 31.2        | 21.7 - 40.6 | 30.3       | 28.5 - 32.2 |
|                              | 65 & Older            | 46.4        | 38.4 - 54.4 | 47.4       | 45.6 - 49.2 |
| <b>EDUCATION LEVEL</b>       | <High School          | NA          |             | 25.7       | 22.1 - 29.2 |
|                              | High School / GED     | 36.9        | 24.8 - 49.1 | 27.7       | 25.9 - 29.5 |
|                              | >High School          | 33.2        | 25.9 - 40.5 | 29.1       | 27.9 - 30.3 |
| <b>ANNUAL INCOME</b>         | <\$25,000             | 37.7        | 23.8 - 51.5 | 23.9       | 22.1 - 25.7 |
|                              | \$25,000-\$49,999     | 27.1        | 17.2 - 36.9 | 31.9       | 29.6 - 34.3 |
|                              | \$50,000 or More      | 35.4        | 25.8 - 45.0 | 30.0       | 28.4 - 31.7 |
| <b>MARITAL STATUS</b>        | Married/Couple        | 34.5        | 26.9 - 42.2 | 32.0       | 30.6 - 33.3 |
|                              | Not Married/Couple    | 33.2        | 22.0 - 44.4 | 23.7       | 22.3 - 25.2 |

\* Indicates that the difference observed between the 2013 county and state measures is statistically significant.

CI=Confidence Interval

NA=Not available due to respondent counts of less than 30.

## Tobacco Use &amp; Exposure

## Percentage of adults who have never smoked

|                              |                       | 2013 County |             | 2013 State |             |
|------------------------------|-----------------------|-------------|-------------|------------|-------------|
|                              |                       | Measure     | 95% CI      | Measure    | 95% CI      |
| <b>ALL</b>                   | Overall               | 45.7 *      | 38.7 - 52.8 | 55.0       | 53.8 - 56.2 |
| <b>SEX</b>                   | Men                   | 44.0        | 32.9 - 55.1 | 48.9       | 47.1 - 50.8 |
|                              | Women                 | 47.3 *      | 38.3 - 56.3 | 60.7       | 59.2 - 62.2 |
| <b>RACE/ETHNICITY</b>        | Non-Hisp. White       | 38.7        | 31.7 - 45.8 | 45.8       | 44.6 - 47.1 |
|                              | Non-Hisp. Black       | NA          |             | 71.6       | 68.3 - 74.9 |
|                              | Hispanic              | NA          |             | 66.8       | 63.4 - 70.2 |
| <b>SEX BY RACE/ETHNICITY</b> | Non-Hisp. White Men   | 38.2        | 27.6 - 48.9 | 40.9       | 39.1 - 42.8 |
|                              | Non-Hisp. White Women | 39.1 *      | 29.7 - 48.5 | 50.4       | 48.8 - 52.0 |
|                              | Non-Hisp. Black Men   | NA          |             | 63.6       | 58.0 - 69.2 |
|                              | Non-Hisp. Black Women | NA          |             | 78.9       | 75.2 - 82.6 |
|                              | Hispanic Men          | NA          |             | 58.7       | 53.5 - 63.9 |
|                              | Hispanic Women        | NA          |             | 74.6       | 70.2 - 78.9 |
| <b>AGE GROUP</b>             | 18-44                 | 51.4        | 34.8 - 68.0 | 65.2       | 63.2 - 67.2 |
|                              | 45-64                 | 43.7        | 33.2 - 54.2 | 49.8       | 47.8 - 51.9 |
|                              | 65 & Older            | 42.6        | 34.3 - 50.9 | 43.9       | 42.1 - 45.8 |
| <b>EDUCATION LEVEL</b>       | <High School          | NA          |             | 49.5       | 45.3 - 53.7 |
|                              | High School / GED     | 35.5 *      | 24.6 - 46.4 | 52.5       | 50.2 - 54.8 |
|                              | >High School          | 52.6        | 44.0 - 61.3 | 57.8       | 56.4 - 59.2 |
| <b>ANNUAL INCOME</b>         | <\$25,000             | 32.0 *      | 19.3 - 44.7 | 53.8       | 51.4 - 56.1 |
|                              | \$25,000-\$49,999     | 47.5        | 33.4 - 61.5 | 50.4       | 47.9 - 52.9 |
|                              | \$50,000 or More      | 56.7        | 46.4 - 67.0 | 58.1       | 56.2 - 60.0 |
| <b>MARITAL STATUS</b>        | Married/Couple        | 45.8        | 37.1 - 54.6 | 54.5       | 52.9 - 56.0 |
|                              | Not Married/Couple    | 46.6        | 34.4 - 58.9 | 55.5       | 53.6 - 57.4 |

## Percentage of adult current smokers who tried to quit smoking at least once in the past year

|                              |                       | 2013 County |             | 2013 State |             |
|------------------------------|-----------------------|-------------|-------------|------------|-------------|
|                              |                       | Measure     | 95% CI      | Measure    | 95% CI      |
| <b>ALL</b>                   | Overall               | 66.2        | 50.8 - 81.6 | 61.1       | 58.3 - 63.9 |
| <b>SEX</b>                   | Men                   | 75.8        | 60.0 - 91.7 | 60.3       | 56.0 - 64.5 |
|                              | Women                 | 55.2        | 31.8 - 78.5 | 62.1       | 58.5 - 65.8 |
| <b>RACE/ETHNICITY</b>        | Non-Hisp. White       | 59.2        | 41.2 - 77.2 | 57.9       | 55.0 - 60.8 |
|                              | Non-Hisp. Black       | NA          |             | 71.1       | 61.8 - 80.3 |
|                              | Hispanic              | NA          |             | 62.6       | 53.1 - 72.1 |
| <b>SEX BY RACE/ETHNICITY</b> | Non-Hisp. White Men   | NA          |             | 57.9       | 53.4 - 62.4 |
|                              | Non-Hisp. White Women | 50.8        | 25.9 - 75.8 | 57.9       | 54.1 - 61.7 |
|                              | Non-Hisp. Black Men   | NA          |             | 64.6       | 51.4 - 77.8 |
|                              | Non-Hisp. Black Women | NA          |             | 82.8       | 75.3 - 90.3 |
|                              | Hispanic Men          | NA          |             | 61.3       | 48.9 - 73.7 |
|                              | Hispanic Women        | NA          |             | 65.2       | 50.4 - 80.1 |
| <b>AGE GROUP</b>             | 18-44                 | NA          |             | 65.8       | 61.4 - 70.3 |
|                              | 45-64                 | 57.5        | 38.8 - 76.2 | 58.2       | 54.3 - 62.2 |
|                              | 65 & Older            | NA          |             | 52.7       | 44.7 - 60.8 |
| <b>EDUCATION LEVEL</b>       | <High School          | NA          |             | 58.6       | 50.8 - 66.4 |
|                              | High School / GED     | 56.8        | 31.4 - 82.3 | 61.9       | 57.5 - 66.3 |
|                              | >High School          | 69.1        | 51.3 - 86.8 | 61.8       | 57.9 - 65.6 |
| <b>ANNUAL INCOME</b>         | <\$25,000             | 61.5        | 34.7 - 88.4 | 63.9       | 59.3 - 68.5 |
|                              | \$25,000-\$49,999     | NA          |             | 61.8       | 56.6 - 66.9 |
|                              | \$50,000 or More      | NA          |             | 57.1       | 51.4 - 62.8 |
| <b>MARITAL STATUS</b>        | Married/Couple        | 63.2        | 41.5 - 84.8 | 60.9       | 56.9 - 64.9 |
|                              | Not Married/Couple    | 66.4        | 45.5 - 87.4 | 61.2       | 57.3 - 65.2 |

\* Indicates that the difference observed between the 2013 county and state measures is statistically significant.

CI=Confidence Interval

NA=Not available due to respondent counts of less than 30.

## Physical Activity &amp; Nutrition

## Percentage of adults who are sedentary

|                              |                       | 2013 County |             | 2013 State |             |
|------------------------------|-----------------------|-------------|-------------|------------|-------------|
|                              |                       | Measure     | 95% CI      | Measure    | 95% CI      |
| <b>ALL</b>                   | Overall               | 23.4        | 17.1 - 29.8 | 27.7       | 26.6 - 28.9 |
| <b>SEX</b>                   | Men                   | 23.5        | 12.4 - 34.5 | 25.3       | 23.6 - 27.0 |
|                              | Women                 | 23.4        | 16.4 - 30.4 | 30.0       | 28.5 - 31.6 |
| <b>RACE/ETHNICITY</b>        | Non-Hisp. White       | 20.0        | 14.7 - 25.3 | 25.1       | 24.0 - 26.2 |
|                              | Non-Hisp. Black       | NA          |             | 30.2       | 26.6 - 33.9 |
|                              | Hispanic              | NA          |             | 31.6       | 28.1 - 35.1 |
| <b>SEX BY RACE/ETHNICITY</b> | Non-Hisp. White Men   | 17.6        | 9.4 - 25.8  | 22.9       | 21.3 - 24.4 |
|                              | Non-Hisp. White Women | 21.9        | 14.9 - 28.9 | 27.2       | 25.7 - 28.6 |
|                              | Non-Hisp. Black Men   | NA          |             | 26.0       | 20.8 - 31.3 |
|                              | Non-Hisp. Black Women | NA          |             | 34.0       | 29.1 - 39.0 |
|                              | Hispanic Men          | NA          |             | 29.0       | 23.9 - 34.2 |
|                              | Hispanic Women        | NA          |             | 34.1       | 29.2 - 38.9 |
| <b>AGE GROUP</b>             | 18-44                 | 24.5        | 9.2 - 39.8  | 24.1       | 22.1 - 26.0 |
|                              | 45-64                 | 23.9        | 15.0 - 32.7 | 29.5       | 27.5 - 31.4 |
|                              | 65 & Older            | 22.3 *      | 15.7 - 29.0 | 32.2       | 30.3 - 34.0 |
| <b>EDUCATION LEVEL</b>       | <High School          | NA          |             | 40.5       | 36.2 - 44.9 |
|                              | High School / GED     | 25.3        | 15.1 - 35.5 | 31.2       | 29.0 - 33.4 |
|                              | >High School          | 22.0        | 13.5 - 30.5 | 22.4       | 21.2 - 23.7 |
| <b>ANNUAL INCOME</b>         | <\$25,000             | 27.9        | 15.6 - 40.2 | 37.1       | 34.7 - 39.5 |
|                              | \$25,000-\$49,999     | 21.9        | 12.0 - 31.9 | 28.8       | 26.5 - 31.2 |
|                              | \$50,000 or More      | 11.5        | 5.1 - 17.8  | 18.1       | 16.5 - 19.6 |
| <b>MARITAL STATUS</b>        | Married/Couple        | 21.8        | 13.7 - 29.8 | 26.4       | 24.9 - 27.9 |
|                              | Not Married/Couple    | 27.5        | 16.7 - 38.2 | 29.1       | 27.3 - 30.9 |

## Percentage of adults who consumed five or more servings of fruits or vegetables per day

|                              |                       | 2013 County |             | 2013 State |             |
|------------------------------|-----------------------|-------------|-------------|------------|-------------|
|                              |                       | Measure     | 95% CI      | Measure    | 95% CI      |
| <b>ALL</b>                   | Overall               | 17.1        | 12.3 - 21.8 | 18.3       | 17.3 - 19.4 |
| <b>SEX</b>                   | Men                   | 11.9        | 5.4 - 18.3  | 16.1       | 14.5 - 17.6 |
|                              | Women                 | 21.7        | 14.9 - 28.5 | 20.4       | 19.0 - 21.8 |
| <b>RACE/ETHNICITY</b>        | Non-Hisp. White       | 15.8        | 10.8 - 20.7 | 16.3       | 15.4 - 17.3 |
|                              | Non-Hisp. Black       | NA          |             | 22.4       | 18.9 - 26.0 |
|                              | Hispanic              | NA          |             | 19.8       | 16.8 - 22.9 |
| <b>SEX BY RACE/ETHNICITY</b> | Non-Hisp. White Men   | 10.7        | 4.7 - 16.8  | 14.0       | 12.6 - 15.5 |
|                              | Non-Hisp. White Women | 19.9        | 12.5 - 27.3 | 18.5       | 17.2 - 19.7 |
|                              | Non-Hisp. Black Men   | NA          |             | 18.2       | 13.0 - 23.4 |
|                              | Non-Hisp. Black Women | NA          |             | 26.3       | 21.5 - 31.0 |
|                              | Hispanic Men          | NA          |             | 19.0       | 14.5 - 23.5 |
|                              | Hispanic Women        | NA          |             | 20.6       | 16.5 - 24.7 |
| <b>AGE GROUP</b>             | 18-44                 | 16.4        | 6.3 - 26.4  | 19.9       | 18.0 - 21.7 |
|                              | 45-64                 | 14.0        | 6.6 - 21.5  | 17.9       | 16.3 - 19.5 |
|                              | 65 & Older            | 19.8        | 13.2 - 26.5 | 16.2       | 14.6 - 17.9 |
| <b>EDUCATION LEVEL</b>       | <High School          | NA          |             | 18.7       | 15.1 - 22.3 |
|                              | High School / GED     | 10.4        | 4.4 - 16.4  | 14.5       | 12.6 - 16.3 |
|                              | >High School          | 20.5        | 13.9 - 27.2 | 20.4       | 19.1 - 21.6 |
| <b>ANNUAL INCOME</b>         | <\$25,000             | 15.1        | 6.3 - 24.0  | 17.7       | 15.6 - 19.8 |
|                              | \$25,000-\$49,999     | 19.2        | 9.8 - 28.6  | 19.0       | 16.8 - 21.2 |
|                              | \$50,000 or More      | 17.5        | 9.6 - 25.5  | 19.7       | 18.1 - 21.3 |
| <b>MARITAL STATUS</b>        | Married/Couple        | 15.8        | 10.2 - 21.5 | 19.4       | 18.0 - 20.8 |
|                              | Not Married/Couple    | 19.9        | 11.0 - 28.8 | 17.0       | 15.6 - 18.5 |

\* Indicates that the difference observed between the 2013 county and state measures is statistically significant.

CI=Confidence Interval

NA=Not available due to respondent counts of less than 30.

## Physical Activity &amp; Nutrition

## Percentage of adults who are inactive or insufficiently active

|                              |                       | 2013 County |             | 2013 State |             |
|------------------------------|-----------------------|-------------|-------------|------------|-------------|
|                              |                       | Measure     | 95% CI      | Measure    | 95% CI      |
| <b>ALL</b>                   | Overall               | 45.2        | 37.9 - 52.6 | 52.9       | 51.6 - 54.3 |
| <b>SEX</b>                   | Men                   | 45.6        | 33.9 - 57.2 | 51.1       | 49.0 - 53.1 |
|                              | Women                 | 44.9        | 35.7 - 54.2 | 54.5       | 52.8 - 56.3 |
| <b>RACE/ETHNICITY</b>        | Non-Hisp. White       | 40.7        | 33.3 - 48.0 | 48.8       | 47.5 - 50.1 |
|                              | Non-Hisp. Black       | NA          |             | 56.9       | 52.6 - 61.3 |
|                              | Hispanic              | NA          |             | 59.3       | 55.2 - 63.4 |
| <b>SEX BY RACE/ETHNICITY</b> | Non-Hisp. White Men   | 38.5        | 27.7 - 49.4 | 46.3       | 44.2 - 48.3 |
|                              | Non-Hisp. White Women | 42.5        | 32.6 - 52.5 | 51.0       | 49.3 - 52.7 |
|                              | Non-Hisp. Black Men   | NA          |             | 54.2       | 47.1 - 61.2 |
|                              | Non-Hisp. Black Women | NA          |             | 59.4       | 54.0 - 64.7 |
|                              | Hispanic Men          | NA          |             | 59.3       | 53.3 - 65.4 |
|                              | Hispanic Women        | NA          |             | 59.3       | 53.7 - 64.9 |
| <b>AGE GROUP</b>             | 18-44                 | 56.2        | 38.9 - 73.4 | 54.3       | 51.7 - 56.8 |
|                              | 45-64                 | 44.7        | 34.0 - 55.5 | 55.2       | 53.0 - 57.3 |
|                              | 65 & Older            | 35.0 *      | 27.1 - 42.9 | 47.5       | 45.5 - 49.4 |
| <b>EDUCATION LEVEL</b>       | <High School          | NA          |             | 64.2       | 59.9 - 68.6 |
|                              | High School / GED     | 45.5        | 33.3 - 57.7 | 55.6       | 53.0 - 58.1 |
|                              | >High School          | 45.9        | 36.5 - 55.3 | 48.4       | 46.8 - 50.0 |
| <b>ANNUAL INCOME</b>         | <\$25,000             | 52.3        | 37.8 - 66.7 | 61.0       | 58.4 - 63.6 |
|                              | \$25,000-\$49,999     | 45.0        | 31.3 - 58.7 | 56.2       | 53.5 - 58.9 |
|                              | \$50,000 or More      | 35.0        | 24.3 - 45.6 | 43.5       | 41.3 - 45.7 |
| <b>MARITAL STATUS</b>        | Married/Couple        | 41.3        | 32.3 - 50.4 | 50.5       | 48.7 - 52.2 |
|                              | Not Married/Couple    | 54.2        | 41.6 - 66.9 | 55.8       | 53.7 - 57.9 |

## Percentage of adults who meet aerobic recommendations

|                              |                       | 2013 County |             | 2013 State |             |
|------------------------------|-----------------------|-------------|-------------|------------|-------------|
|                              |                       | Measure     | 95% CI      | Measure    | 95% CI      |
| <b>ALL</b>                   | Overall               | 55.2        | 47.9 - 62.5 | 50.2       | 48.9 - 51.5 |
| <b>SEX</b>                   | Men                   | 55.1        | 43.5 - 66.7 | 52.0       | 50.0 - 54.0 |
|                              | Women                 | 55.3        | 46.1 - 64.5 | 48.6       | 46.9 - 50.4 |
| <b>RACE/ETHNICITY</b>        | Non-Hisp. White       | 59.6        | 52.3 - 66.9 | 53.8       | 52.5 - 55.1 |
|                              | Non-Hisp. Black       | NA          |             | 46.8       | 42.5 - 51.1 |
|                              | Hispanic              | NA          |             | 45.0       | 41.0 - 49.0 |
| <b>SEX BY RACE/ETHNICITY</b> | Non-Hisp. White Men   | 61.7        | 50.9 - 72.5 | 56.3       | 54.3 - 58.2 |
|                              | Non-Hisp. White Women | 57.8        | 47.9 - 67.7 | 51.7       | 50.0 - 53.3 |
|                              | Non-Hisp. Black Men   | NA          |             | 48.8       | 41.9 - 55.6 |
|                              | Non-Hisp. Black Women | NA          |             | 45.0       | 39.7 - 50.4 |
|                              | Hispanic Men          | NA          |             | 45.3       | 39.4 - 51.2 |
|                              | Hispanic Women        | NA          |             | 44.8       | 39.4 - 50.2 |
| <b>AGE GROUP</b>             | 18-44                 | 44.6        | 27.6 - 61.7 | 50.7       | 48.2 - 53.1 |
|                              | 45-64                 | 55.3        | 44.5 - 66.0 | 47.6       | 45.4 - 49.7 |
|                              | 65 & Older            | 65.5 *      | 57.8 - 73.3 | 53.6       | 51.7 - 55.5 |
| <b>EDUCATION LEVEL</b>       | <High School          | NA          |             | 38.8       | 34.4 - 43.2 |
|                              | High School / GED     | 54.5        | 42.3 - 66.7 | 47.7       | 45.2 - 50.2 |
|                              | >High School          | 54.8        | 45.5 - 64.1 | 54.7       | 53.1 - 56.2 |
| <b>ANNUAL INCOME</b>         | <\$25,000             | 48.5        | 34.2 - 62.8 | 42.3       | 39.7 - 44.9 |
|                              | \$25,000-\$49,999     | 55.0        | 41.3 - 68.7 | 47.8       | 45.1 - 50.4 |
|                              | \$50,000 or More      | 65.4        | 54.8 - 75.9 | 59.2       | 57.1 - 61.3 |
| <b>MARITAL STATUS</b>        | Married/Couple        | 59.0        | 50.0 - 67.9 | 52.5       | 50.7 - 54.2 |
|                              | Not Married/Couple    | 46.6        | 34.0 - 59.1 | 47.6       | 45.5 - 49.6 |

\* Indicates that the difference observed between the 2013 county and state measures is statistically significant.

CI=Confidence Interval

NA=Not available due to respondent counts of less than 30.

## Physical Activity &amp; Nutrition

## Percentage of adults who meet muscle strengthening recommendations

|                              |                       | 2013 County |             | 2013 State |             |
|------------------------------|-----------------------|-------------|-------------|------------|-------------|
|                              |                       | Measure     | 95% CI      | Measure    | 95% CI      |
| <b>ALL</b>                   | Overall               | 30.4        | 23.4 - 37.4 | 29.6       | 28.4 - 30.7 |
| <b>SEX</b>                   | Men                   | 37.4        | 26.0 - 48.7 | 36.0       | 34.1 - 37.8 |
|                              | Women                 | 24.3        | 15.9 - 32.8 | 23.6       | 22.2 - 25.0 |
| <b>RACE/ETHNICITY</b>        | Non-Hisp. White       | 31.5        | 24.0 - 39.1 | 29.3       | 28.1 - 30.4 |
|                              | Non-Hisp. Black       | NA          |             | 35.0       | 31.0 - 38.9 |
|                              | Hispanic              | NA          |             | 28.0       | 24.6 - 31.4 |
| <b>SEX BY RACE/ETHNICITY</b> | Non-Hisp. White Men   | 33.9        | 22.6 - 45.3 | 34.1       | 32.2 - 36.0 |
|                              | Non-Hisp. White Women | 29.6        | 19.5 - 39.6 | 24.8       | 23.4 - 26.2 |
|                              | Non-Hisp. Black Men   | NA          |             | 45.0       | 38.7 - 51.4 |
|                              | Non-Hisp. Black Women | NA          |             | 25.9       | 21.5 - 30.3 |
|                              | Hispanic Men          | NA          |             | 37.0       | 31.7 - 42.3 |
|                              | Hispanic Women        | NA          |             | 19.4       | 15.4 - 23.5 |
| <b>AGE GROUP</b>             | 18-44                 | 45.5        | 28.9 - 62.1 | 37.4       | 35.2 - 39.5 |
|                              | 45-64                 | 24.6        | 15.6 - 33.5 | 25.4       | 23.6 - 27.2 |
|                              | 65 & Older            | 20.2        | 14.1 - 26.3 | 21.8       | 20.2 - 23.3 |
| <b>EDUCATION LEVEL</b>       | <High School          | NA          |             | 20.7       | 16.8 - 24.6 |
|                              | High School / GED     | 20.5        | 10.0 - 31.0 | 26.2       | 24.0 - 28.5 |
|                              | >High School          | 35.1        | 26.2 - 44.0 | 33.8       | 32.3 - 35.2 |
| <b>ANNUAL INCOME</b>         | <\$25,000             | 30.1        | 16.3 - 44.0 | 23.6       | 21.5 - 25.7 |
|                              | \$25,000-\$49,999     | 24.4        | 9.7 - 39.1  | 27.1       | 24.9 - 29.4 |
|                              | \$50,000 or More      | 37.2        | 26.5 - 47.9 | 37.3       | 35.2 - 39.3 |
| <b>MARITAL STATUS</b>        | Married/Couple        | 25.5        | 17.9 - 33.1 | 28.1       | 26.6 - 29.6 |
|                              | Not Married/Couple    | 40.7        | 27.5 - 53.9 | 31.3       | 29.5 - 33.2 |

\* Indicates that the difference observed between the 2013 county and state measures is statistically significant.

CI=Confidence Interval

NA=Not available due to respondent counts of less than 30.

## Cancer Screening/Breast

## Percentage of women aged 40 to 74 years who received a mammogram in the past year

|                              |                       | 2013 County |             | 2013 State |             |
|------------------------------|-----------------------|-------------|-------------|------------|-------------|
|                              |                       | Measure     | 95% CI      | Measure    | 95% CI      |
| <b>ALL</b>                   | Overall               | 67.9        | 57.5 - 78.2 | 57.5       | 55.3 - 59.6 |
| <b>SEX</b>                   | Women                 | 67.9        | 57.5 - 78.2 | 57.5       | 55.3 - 59.6 |
| <b>RACE/ETHNICITY</b>        | Non-Hisp. White       | 70.1 *      | 60.5 - 79.6 | 56.2       | 54.2 - 58.2 |
|                              | Non-Hisp. Black       | NA          |             | 61.0       | 54.4 - 67.6 |
|                              | Hispanic              | NA          |             | 61.0       | 54.2 - 67.7 |
| <b>SEX BY RACE/ETHNICITY</b> | Non-Hisp. White Women | 70.1 *      | 60.5 - 79.6 | 56.2       | 54.2 - 58.2 |
|                              | Non-Hisp. Black Women | NA          |             | 61.0       | 54.4 - 67.6 |
|                              | Hispanic Women        | NA          |             | 61.0       | 54.2 - 67.7 |
| <b>AGE GROUP</b>             | 18-44                 | NA          |             | 44.0       | 37.6 - 50.3 |
|                              | 45-64                 | 74.4 *      | 63.1 - 85.6 | 57.0       | 54.2 - 59.8 |
|                              | 65 & Older            | 70.5        | 51.9 - 89.0 | 67.5       | 64.3 - 70.7 |
| <b>EDUCATION LEVEL</b>       | <High School          | NA          |             | 49.3       | 40.5 - 58.1 |
|                              | High School / GED     | 70.5        | 56.2 - 84.7 | 58.0       | 54.1 - 61.8 |
|                              | >High School          | 65.6        | 51.6 - 79.6 | 59.0       | 56.6 - 61.5 |
| <b>ANNUAL INCOME</b>         | <\$25,000             | 59.5        | 41.6 - 77.3 | 52.4       | 47.8 - 57.0 |
|                              | \$25,000-\$49,999     | 59.6        | 35.5 - 83.8 | 50.9       | 46.5 - 55.2 |
|                              | \$50,000 or More      | 71.3        | 56.1 - 86.5 | 64.8       | 61.7 - 67.9 |
| <b>MARITAL STATUS</b>        | Married/Couple        | 69.6        | 56.1 - 83.1 | 59.9       | 57.3 - 62.6 |
|                              | Not Married/Couple    | 63.8        | 48.9 - 78.8 | 53.6       | 50.1 - 57.2 |

## Percentage of women 18 years of age and older who had a clinical breast exam in the past year

|                              |                       | 2013 County |             | 2013 State |             |
|------------------------------|-----------------------|-------------|-------------|------------|-------------|
|                              |                       | Measure     | 95% CI      | Measure    | 95% CI      |
| <b>ALL</b>                   | Overall               | 58.0        | 48.3 - 67.7 | 56.0       | 54.2 - 57.7 |
| <b>SEX</b>                   | Women                 | 58.0        | 48.3 - 67.7 | 56.0       | 54.2 - 57.7 |
| <b>RACE/ETHNICITY</b>        | Non-Hisp. White       | 57.3        | 46.6 - 68.0 | 57.8       | 56.2 - 59.4 |
|                              | Non-Hisp. Black       | NA          |             | 59.3       | 54.2 - 64.5 |
|                              | Hispanic              | NA          |             | 50.2       | 44.7 - 55.6 |
| <b>SEX BY RACE/ETHNICITY</b> | Non-Hisp. White Women | 57.3        | 46.6 - 68.0 | 57.8       | 56.2 - 59.4 |
|                              | Non-Hisp. Black Women | NA          |             | 59.3       | 54.2 - 64.5 |
|                              | Hispanic Women        | NA          |             | 50.2       | 44.7 - 55.6 |
| <b>AGE GROUP</b>             | 18-44                 | 38.7        | 18.2 - 59.2 | 50.7       | 47.5 - 54.0 |
|                              | 45-64                 | 69.7        | 57.1 - 82.3 | 60.1       | 57.3 - 62.9 |
|                              | 65 & Older            | 66.2        | 56.1 - 76.3 | 58.1       | 55.7 - 60.4 |
| <b>EDUCATION LEVEL</b>       | <High School          | NA          |             | 45.6       | 39.2 - 52.0 |
|                              | High School / GED     | 47.7        | 30.7 - 64.8 | 51.2       | 47.9 - 54.5 |
|                              | >High School          | 65.0        | 53.4 - 76.5 | 60.9       | 58.9 - 62.9 |
| <b>ANNUAL INCOME</b>         | <\$25,000             | 47.6        | 29.5 - 65.7 | 48.4       | 45.1 - 51.7 |
|                              | \$25,000-\$49,999     | 57.0        | 37.9 - 76.2 | 52.6       | 49.1 - 56.1 |
|                              | \$50,000 or More      | 63.3        | 49.1 - 77.6 | 67.8       | 65.0 - 70.5 |
| <b>MARITAL STATUS</b>        | Married/Couple        | 62.1        | 49.9 - 74.3 | 60.6       | 58.3 - 62.8 |
|                              | Not Married/Couple    | 52.2        | 37.2 - 67.1 | 51.4       | 48.8 - 54.0 |

\* Indicates that the difference observed between the 2013 county and state measures is statistically significant.

CI=Confidence Interval

NA=Not available due to respondent counts of less than 30.

## Cancer Screening/Cervical

## Percentage of women 18 years of age and older who received a Pap test in the past year

|                              |                       | 2013 County |             | 2013 State |             |
|------------------------------|-----------------------|-------------|-------------|------------|-------------|
|                              |                       | Measure     | 95% CI      | Measure    | 95% CI      |
| <b>ALL</b>                   | Overall               | 50.2        | 38.5 - 62.0 | 51.4       | 49.3 - 53.5 |
| <b>SEX</b>                   | Women                 | 50.2        | 38.5 - 62.0 | 51.4       | 49.3 - 53.5 |
| <b>RACE/ETHNICITY</b>        | Non-Hisp. White       | 45.8        | 33.0 - 58.7 | 49.3       | 47.3 - 51.4 |
|                              | Non-Hisp. Black       | NA          |             | 56.3       | 50.2 - 62.4 |
|                              | Hispanic              | NA          |             | 53.5       | 47.5 - 59.4 |
| <b>SEX BY RACE/ETHNICITY</b> | Non-Hisp. White Women | 45.8        | 33.0 - 58.7 | 49.3       | 47.3 - 51.4 |
|                              | Non-Hisp. Black Women | NA          |             | 56.3       | 50.2 - 62.4 |
|                              | Hispanic Women        | NA          |             | 53.5       | 47.5 - 59.4 |
| <b>AGE GROUP</b>             | 18-44                 | 51.0        | 28.8 - 73.1 | 56.6       | 53.3 - 59.8 |
|                              | 45-64                 | 58.3        | 41.6 - 75.1 | 52.3       | 49.0 - 55.6 |
|                              | 65 & Older            | 41.5        | 24.8 - 58.1 | 34.3       | 30.9 - 37.7 |
| <b>EDUCATION LEVEL</b>       | <High School          | NA          |             | 48.0       | 40.6 - 55.5 |
|                              | High School / GED     | 38.9        | 19.0 - 58.8 | 46.3       | 42.1 - 50.4 |
|                              | >High School          | 58.3        | 44.6 - 72.0 | 54.6       | 52.2 - 57.0 |
| <b>ANNUAL INCOME</b>         | <\$25,000             | 50.0        | 28.1 - 72.0 | 48.3       | 44.5 - 52.1 |
|                              | \$25,000-\$49,999     | 37.0        | 12.6 - 61.3 | 43.7       | 39.4 - 47.9 |
|                              | \$50,000 or More      | 58.3        | 41.6 - 75.0 | 61.2       | 57.8 - 64.5 |
| <b>MARITAL STATUS</b>        | Married/Couple        | 53.8        | 38.9 - 68.7 | 55.3       | 52.5 - 58.0 |
|                              | Not Married/Couple    | 45.2        | 27.0 - 63.3 | 47.4       | 44.3 - 50.5 |

\* Indicates that the difference observed between the 2013 county and state measures is statistically significant.

CI=Confidence Interval

NA=Not available due to respondent counts of less than 30.

## Cancer Screening/Colorectal

## Percentage of adults 50 years of age and older who received a stool blood test in the past year

|                              |                       | 2013 County |             | 2013 State |             |
|------------------------------|-----------------------|-------------|-------------|------------|-------------|
|                              |                       | Measure     | 95% CI      | Measure    | 95% CI      |
| <b>ALL</b>                   | Overall               | 20.8 *      | 15.2 - 26.4 | 13.9       | 12.8 - 15.0 |
| <b>SEX</b>                   | Men                   | 24.6 *      | 14.7 - 34.5 | 13.0       | 11.5 - 14.5 |
|                              | Women                 | 17.9        | 11.8 - 24.0 | 14.7       | 13.2 - 16.1 |
| <b>RACE/ETHNICITY</b>        | Non-Hisp. White       | 22.0 *      | 15.8 - 28.2 | 13.6       | 12.7 - 14.6 |
|                              | Non-Hisp. Black       | NA          |             | 14.4       | 10.3 - 18.5 |
|                              | Hispanic              | NA          |             | 13.9       | 9.7 - 18.1  |
| <b>SEX BY RACE/ETHNICITY</b> | Non-Hisp. White Men   | 26.4 *      | 15.8 - 37.0 | 13.4       | 12.0 - 14.8 |
|                              | Non-Hisp. White Women | 18.2        | 11.5 - 25.0 | 13.9       | 12.7 - 15.1 |
|                              | Non-Hisp. Black Men   | NA          |             | 13.9       | 6.8 - 21.0  |
|                              | Non-Hisp. Black Women | NA          |             | 14.9       | 10.6 - 19.2 |
|                              | Hispanic Men          | NA          |             | 10.9       | 5.2 - 16.5  |
|                              | Hispanic Women        | NA          |             | 16.2       | 10.2 - 22.2 |
| <b>AGE GROUP</b>             | 45-64                 | 13.2        | 5.2 - 21.3  | 9.3        | 7.9 - 10.6  |
|                              | 65 & Older            | 26.9        | 19.2 - 34.6 | 19.2       | 17.6 - 20.9 |
| <b>EDUCATION LEVEL</b>       | <High School          | NA          |             | 14.0       | 9.6 - 18.4  |
|                              | High School / GED     | 17.2        | 8.7 - 25.8  | 14.4       | 12.6 - 16.2 |
|                              | >High School          | 21.7        | 14.8 - 28.7 | 13.7       | 12.5 - 14.9 |
| <b>ANNUAL INCOME</b>         | <\$25,000             | 27.0        | 15.1 - 38.9 | 15.9       | 13.3 - 18.4 |
|                              | \$25,000-\$49,999     | 18.0        | 7.8 - 28.2  | 13.4       | 11.6 - 15.3 |
|                              | \$50,000 or More      | 16.8        | 8.5 - 25.0  | 12.9       | 11.3 - 14.6 |
| <b>MARITAL STATUS</b>        | Married/Couple        | 23.2        | 15.6 - 30.7 | 14.3       | 12.9 - 15.8 |
|                              | Not Married/Couple    | 15.8        | 9.1 - 22.5  | 13.2       | 11.7 - 14.8 |

## Percentage of adults 50 years of age and older who received a sigmoidoscopy or colonoscopy in the past five years

|                              |                       | 2013 County |             | 2013 State |             |
|------------------------------|-----------------------|-------------|-------------|------------|-------------|
|                              |                       | Measure     | 95% CI      | Measure    | 95% CI      |
| <b>ALL</b>                   | Overall               | 57.1        | 50.0 - 64.1 | 55.3       | 53.7 - 56.9 |
| <b>SEX</b>                   | Men                   | 55.1        | 43.6 - 66.5 | 57.1       | 54.7 - 59.6 |
|                              | Women                 | 58.5        | 49.8 - 67.3 | 53.7       | 51.6 - 55.8 |
| <b>RACE/ETHNICITY</b>        | Non-Hisp. White       | 55.5        | 48.2 - 62.8 | 56.6       | 55.2 - 58.1 |
|                              | Non-Hisp. Black       | NA          |             | 57.1       | 51.4 - 62.8 |
|                              | Hispanic              | NA          |             | 50.7       | 44.4 - 57.1 |
| <b>SEX BY RACE/ETHNICITY</b> | Non-Hisp. White Men   | 54.8        | 43.2 - 66.5 | 58.6       | 56.3 - 61.0 |
|                              | Non-Hisp. White Women | 56.1        | 46.9 - 65.2 | 54.9       | 53.1 - 56.8 |
|                              | Non-Hisp. Black Men   | NA          |             | 61.0       | 52.1 - 69.9 |
|                              | Non-Hisp. Black Women | NA          |             | 53.5       | 46.5 - 60.5 |
|                              | Hispanic Men          | NA          |             | 48.5       | 38.5 - 58.6 |
|                              | Hispanic Women        | NA          |             | 52.3       | 44.2 - 60.5 |
| <b>AGE GROUP</b>             | 45-64                 | 50.7        | 39.0 - 62.4 | 46.8       | 44.4 - 49.3 |
|                              | 65 & Older            | 62.2        | 53.7 - 70.6 | 65.1       | 63.3 - 66.9 |
| <b>EDUCATION LEVEL</b>       | <High School          | NA          |             | 47.5       | 41.4 - 53.7 |
|                              | High School / GED     | 45.3        | 33.6 - 57.0 | 53.7       | 51.0 - 56.5 |
|                              | >High School          | 65.9        | 57.7 - 74.1 | 58.4       | 56.6 - 60.2 |
| <b>ANNUAL INCOME</b>         | <\$25,000             | 45.2        | 31.8 - 58.6 | 49.0       | 45.7 - 52.4 |
|                              | \$25,000-\$49,999     | 57.3        | 42.9 - 71.7 | 53.2       | 49.9 - 56.5 |
|                              | \$50,000 or More      | 66.0        | 55.3 - 76.8 | 61.2       | 58.7 - 63.6 |
| <b>MARITAL STATUS</b>        | Married/Couple        | 62.5        | 53.9 - 71.2 | 58.6       | 56.7 - 60.6 |
|                              | Not Married/Couple    | 45.6        | 34.7 - 56.4 | 50.0       | 47.4 - 52.7 |

\* Indicates that the difference observed between the 2013 county and state measures is statistically significant.

CI=Confidence Interval

NA=Not available due to respondent counts of less than 30.



## HIV/AIDS Screening

## Percentage of adults who have ever been tested for HIV

|                              |                       | 2013 County |             | 2013 State |             |
|------------------------------|-----------------------|-------------|-------------|------------|-------------|
|                              |                       | Measure     | 95% CI      | Measure    | 95% CI      |
| <b>ALL</b>                   | Overall               | 36.8        | 29.1 - 44.4 | 42.6       | 41.4 - 43.9 |
| <b>SEX</b>                   | Men                   | 37.3        | 25.4 - 49.2 | 41.2       | 39.3 - 43.1 |
|                              | Women                 | 36.3        | 26.5 - 46.1 | 43.9       | 42.2 - 45.6 |
| <b>RACE/ETHNICITY</b>        | Non-Hisp. White       | 34.6        | 26.8 - 42.5 | 34.4       | 33.2 - 35.6 |
|                              | Non-Hisp. Black       | NA          |             | 65.8       | 62.1 - 69.5 |
|                              | Hispanic              | NA          |             | 48.7       | 44.9 - 52.5 |
| <b>SEX BY RACE/ETHNICITY</b> | Non-Hisp. White Men   | 34.4        | 22.8 - 46.1 | 35.3       | 33.4 - 37.2 |
|                              | Non-Hisp. White Women | 34.8        | 24.2 - 45.4 | 33.5       | 32.0 - 35.1 |
|                              | Non-Hisp. Black Men   | NA          |             | 62.0       | 55.9 - 68.0 |
|                              | Non-Hisp. Black Women | NA          |             | 69.3       | 64.7 - 73.8 |
|                              | Hispanic Men          | NA          |             | 44.9       | 39.5 - 50.4 |
|                              | Hispanic Women        | NA          |             | 52.3       | 47.0 - 57.6 |
| <b>AGE GROUP</b>             | 18-44                 | 62.4        | 46.2 - 78.6 | 56.9       | 54.7 - 59.2 |
|                              | 45-64                 | 29.3 *      | 19.2 - 39.3 | 42.7       | 40.6 - 44.8 |
|                              | 65 & Older            | 16.2        | 10.5 - 22.0 | 15.9       | 14.3 - 17.6 |
| <b>EDUCATION LEVEL</b>       | <High School          | NA          |             | 39.4       | 35.0 - 43.7 |
|                              | High School / GED     | 23.7 *      | 11.1 - 36.2 | 39.8       | 37.4 - 42.3 |
|                              | >High School          | 43.5        | 34.1 - 52.9 | 45.0       | 43.5 - 46.5 |
| <b>ANNUAL INCOME</b>         | <\$25,000             | 51.3        | 36.6 - 66.1 | 48.8       | 46.3 - 51.3 |
|                              | \$25,000-\$49,999     | 25.4        | 11.8 - 38.9 | 40.8       | 38.2 - 43.4 |
|                              | \$50,000 or More      | 35.5        | 24.3 - 46.6 | 41.7       | 39.6 - 43.8 |
| <b>MARITAL STATUS</b>        | Married/Couple        | 30.4        | 21.1 - 39.7 | 39.9       | 38.2 - 41.6 |
|                              | Not Married/Couple    | 49.9        | 37.1 - 62.8 | 46.1       | 44.1 - 48.1 |

\* Indicates that the difference observed between the 2013 county and state measures is statistically significant.

CI=Confidence Interval

NA=Not available due to respondent counts of less than 30.

## Immunization

## Percentage of adults who received a flu shot in the past year

|                              |                       | 2013 County |             | 2013 State |             |
|------------------------------|-----------------------|-------------|-------------|------------|-------------|
|                              |                       | Measure     | 95% CI      | Measure    | 95% CI      |
| <b>ALL</b>                   | Overall               | 32.8        | 26.8 - 38.9 | 30.7       | 29.6 - 31.8 |
| <b>SEX</b>                   | Men                   | 31.2        | 21.8 - 40.7 | 29.5       | 27.9 - 31.2 |
|                              | Women                 | 34.2        | 26.5 - 42.0 | 31.8       | 30.3 - 33.3 |
| <b>RACE/ETHNICITY</b>        | Non-Hisp. White       | 35.8        | 29.2 - 42.5 | 36.6       | 35.5 - 37.8 |
|                              | Non-Hisp. Black       | NA          |             | 17.9       | 15.2 - 20.6 |
|                              | Hispanic              | NA          |             | 26.1       | 22.6 - 29.5 |
| <b>SEX BY RACE/ETHNICITY</b> | Non-Hisp. White Men   | 34.9        | 24.9 - 44.9 | 35.3       | 33.6 - 37.0 |
|                              | Non-Hisp. White Women | 36.6        | 27.7 - 45.4 | 37.8       | 36.3 - 39.3 |
|                              | Non-Hisp. Black Men   | NA          |             | 16.6       | 12.7 - 20.5 |
|                              | Non-Hisp. Black Women | NA          |             | 19.1       | 15.4 - 22.7 |
|                              | Hispanic Men          | NA          |             | 25.5       | 20.6 - 30.4 |
|                              | Hispanic Women        | NA          |             | 26.6       | 21.8 - 31.4 |
| <b>AGE GROUP</b>             | 18-44                 | 9.9         | 2.0 - 17.9  | 18.6       | 17.0 - 20.3 |
|                              | 45-64                 | 34.4        | 24.0 - 44.7 | 29.5       | 27.6 - 31.4 |
|                              | 65 & Older            | 55.4        | 46.7 - 64.2 | 54.6       | 52.7 - 56.5 |
| <b>EDUCATION LEVEL</b>       | <High School          | NA          |             | 26.5       | 22.5 - 30.5 |
|                              | High School / GED     | 30.8        | 20.5 - 41.0 | 28.8       | 26.7 - 30.8 |
|                              | >High School          | 33.8        | 26.2 - 41.4 | 32.8       | 31.6 - 34.1 |
| <b>ANNUAL INCOME</b>         | <\$25,000             | 23.8        | 13.6 - 34.0 | 25.4       | 23.3 - 27.5 |
|                              | \$25,000-\$49,999     | 32.7        | 21.1 - 44.3 | 31.3       | 29.0 - 33.5 |
|                              | \$50,000 or More      | 37.3        | 27.4 - 47.2 | 34.0       | 32.2 - 35.8 |
| <b>MARITAL STATUS</b>        | Married/Couple        | 37.3        | 29.3 - 45.2 | 34.2       | 32.7 - 35.7 |
|                              | Not Married/Couple    | 26.1        | 17.0 - 35.3 | 26.7       | 25.1 - 28.4 |

## Percentage of adults 65 years of age and older who received a flu shot in the past year

|                              |                       | 2013 County |             | 2013 State |             |
|------------------------------|-----------------------|-------------|-------------|------------|-------------|
|                              |                       | Measure     | 95% CI      | Measure    | 95% CI      |
| <b>ALL</b>                   | Overall               | 55.4        | 46.6 - 64.2 | 54.6       | 52.7 - 56.5 |
| <b>SEX</b>                   | Men                   | 58.8        | 45.6 - 71.9 | 54.4       | 51.2 - 57.5 |
|                              | Women                 | 53.3        | 41.8 - 64.8 | 54.7       | 52.4 - 57.1 |
| <b>RACE/ETHNICITY</b>        | Non-Hisp. White       | 58.6        | 50.3 - 66.9 | 58.5       | 56.9 - 60.2 |
|                              | Non-Hisp. Black       | NA          |             | 34.3       | 26.6 - 41.9 |
|                              | Hispanic              | NA          |             | 46.6       | 37.1 - 56.0 |
| <b>SEX BY RACE/ETHNICITY</b> | Non-Hisp. White Men   | 58.6        | 45.1 - 72.1 | 57.7       | 55.0 - 60.4 |
|                              | Non-Hisp. White Women | 58.6        | 48.2 - 68.9 | 59.2       | 57.1 - 61.4 |
|                              | Non-Hisp. Black Men   | NA          |             | 27.5       | 16.3 - 38.7 |
|                              | Non-Hisp. Black Women | NA          |             | 39.4       | 29.8 - 49.0 |
|                              | Hispanic Men          | NA          |             | 53.4       | 37.0 - 69.8 |
|                              | Hispanic Women        | NA          |             | 41.0       | 30.9 - 51.2 |
| <b>AGE GROUP</b>             | 65 & Older            | 55.4        | 46.6 - 64.2 | 54.6       | 52.7 - 56.5 |
| <b>EDUCATION LEVEL</b>       | <High School          | NA          |             | 49.0       | 41.6 - 56.4 |
|                              | High School / GED     | 51.7        | 37.0 - 66.4 | 53.3       | 50.3 - 56.3 |
|                              | >High School          | 56.7        | 45.5 - 67.9 | 57.0       | 54.9 - 59.2 |
| <b>ANNUAL INCOME</b>         | <\$25,000             | 60.8        | 43.7 - 78.0 | 48.2       | 43.7 - 52.7 |
|                              | \$25,000-\$49,999     | 48.3        | 30.7 - 66.0 | 56.4       | 53.2 - 59.7 |
|                              | \$50,000 or More      | 53.4        | 39.4 - 67.3 | 59.1       | 56.1 - 62.1 |
| <b>MARITAL STATUS</b>        | Married/Couple        | 54.9        | 43.6 - 66.3 | 55.6       | 53.0 - 58.2 |
|                              | Not Married/Couple    | 58.2        | 45.9 - 70.5 | 53.2       | 50.4 - 56.0 |

\* Indicates that the difference observed between the 2013 county and state measures is statistically significant.

CI=Confidence Interval

NA=Not available due to respondent counts of less than 30.

## Immunization

## Percentage of adults who have ever received a pneumococcal vaccination

|                              |                       | 2013 County |             | 2013 State |             |
|------------------------------|-----------------------|-------------|-------------|------------|-------------|
|                              |                       | Measure     | 95% CI      | Measure    | 95% CI      |
| <b>ALL</b>                   | Overall               | 38.8        | 32.1 - 45.5 | 33.1       | 32.0 - 34.3 |
| <b>SEX</b>                   | Men                   | 37.7        | 27.3 - 48.1 | 32.9       | 31.1 - 34.7 |
|                              | Women                 | 39.8        | 31.2 - 48.4 | 33.3       | 31.8 - 34.8 |
| <b>RACE/ETHNICITY</b>        | Non-Hisp. White       | 37.9        | 31.2 - 44.5 | 38.2       | 37.0 - 39.4 |
|                              | Non-Hisp. Black       | NA          |             | 28.9       | 25.0 - 32.8 |
|                              | Hispanic              | NA          |             | 24.6       | 21.3 - 28.0 |
| <b>SEX BY RACE/ETHNICITY</b> | Non-Hisp. White Men   | 35.4        | 25.6 - 45.1 | 38.0       | 36.1 - 39.9 |
|                              | Non-Hisp. White Women | 40.0        | 30.9 - 49.1 | 38.3       | 36.8 - 39.9 |
|                              | Non-Hisp. Black Men   | NA          |             | 29.7       | 23.0 - 36.4 |
|                              | Non-Hisp. Black Women | NA          |             | 28.2       | 23.7 - 32.7 |
|                              | Hispanic Men          | NA          |             | 24.6       | 19.8 - 29.5 |
|                              | Hispanic Women        | NA          |             | 24.6       | 20.0 - 29.2 |
| <b>AGE GROUP</b>             | 18-44                 | 14.1        | 1.3 - 26.9  | 19.7       | 17.7 - 21.7 |
|                              | 45-64                 | 30.3        | 20.2 - 40.4 | 24.4       | 22.6 - 26.2 |
|                              | 65 & Older            | 67.2        | 58.9 - 75.4 | 66.2       | 64.2 - 68.1 |
| <b>EDUCATION LEVEL</b>       | <High School          | NA          |             | 29.6       | 25.7 - 33.4 |
|                              | High School / GED     | 36.7        | 25.5 - 47.9 | 34.0       | 31.8 - 36.3 |
|                              | >High School          | 40.6        | 32.0 - 49.3 | 33.6       | 32.2 - 35.0 |
| <b>ANNUAL INCOME</b>         | <\$25,000             | 31.7        | 20.2 - 43.1 | 32.7       | 30.4 - 34.9 |
|                              | \$25,000-\$49,999     | 54.6 *      | 39.1 - 70.1 | 34.5       | 32.1 - 36.8 |
|                              | \$50,000 or More      | 32.9        | 23.4 - 42.4 | 30.0       | 28.1 - 31.9 |
| <b>MARITAL STATUS</b>        | Married/Couple        | 40.6        | 32.3 - 48.8 | 33.4       | 31.8 - 34.9 |
|                              | Not Married/Couple    | 35.1        | 23.6 - 46.6 | 32.8       | 31.0 - 34.5 |

## Percentage of adults 65 years of age and older who have ever received a pneumococcal vaccination

|                              |                       | 2013 County |             | 2013 State |             |
|------------------------------|-----------------------|-------------|-------------|------------|-------------|
|                              |                       | Measure     | 95% CI      | Measure    | 95% CI      |
| <b>ALL</b>                   | Overall               | 67.2        | 58.8 - 75.5 | 66.2       | 64.2 - 68.1 |
| <b>SEX</b>                   | Men                   | 62.3        | 48.4 - 76.2 | 62.7       | 59.4 - 66.1 |
|                              | Women                 | 70.3        | 60.7 - 79.9 | 69.0       | 66.6 - 71.3 |
| <b>RACE/ETHNICITY</b>        | Non-Hisp. White       | 68.5        | 59.9 - 77.0 | 71.0       | 69.4 - 72.6 |
|                              | Non-Hisp. Black       | NA          |             | 49.1       | 40.3 - 57.9 |
|                              | Hispanic              | NA          |             | 47.4       | 37.6 - 57.3 |
| <b>SEX BY RACE/ETHNICITY</b> | Non-Hisp. White Men   | 62.4        | 47.9 - 76.8 | 67.5       | 64.9 - 70.1 |
|                              | Non-Hisp. White Women | 73.4        | 64.2 - 82.7 | 73.9       | 72.0 - 75.8 |
|                              | Non-Hisp. Black Men   | NA          |             | 42.6       | 27.9 - 57.4 |
|                              | Non-Hisp. Black Women | NA          |             | 53.8       | 43.8 - 63.8 |
|                              | Hispanic Men          | NA          |             | 45.1       | 27.9 - 62.2 |
|                              | Hispanic Women        | NA          |             | 49.4       | 38.3 - 60.5 |
| <b>AGE GROUP</b>             | 65 & Older            | 67.2        | 58.8 - 75.5 | 66.2       | 64.2 - 68.1 |
| <b>EDUCATION LEVEL</b>       | <High School          | NA          |             | 55.3       | 47.5 - 63.1 |
|                              | High School / GED     | 71.6        | 57.7 - 85.4 | 68.6       | 65.8 - 71.5 |
|                              | >High School          | 70.0        | 60.8 - 79.2 | 68.2       | 66.0 - 70.4 |
| <b>ANNUAL INCOME</b>         | <\$25,000             | 75.0        | 59.3 - 90.6 | 60.6       | 55.8 - 65.3 |
|                              | \$25,000-\$49,999     | 70.9        | 56.6 - 85.2 | 67.3       | 64.1 - 70.5 |
|                              | \$50,000 or More      | 62.0        | 47.7 - 76.2 | 69.4       | 66.4 - 72.3 |
| <b>MARITAL STATUS</b>        | Married/Couple        | 65.2        | 54.4 - 75.9 | 67.0       | 64.4 - 69.6 |
|                              | Not Married/Couple    | 71.3        | 60.4 - 82.3 | 64.9       | 61.8 - 68.0 |

\* Indicates that the difference observed between the 2013 county and state measures is statistically significant.

CI=Confidence Interval

NA=Not available due to respondent counts of less than 30.

## Immunization

## Percentage of adults who have received a tetanus shot since 2005

|                              |                       | 2013 County |             | 2013 State |             |
|------------------------------|-----------------------|-------------|-------------|------------|-------------|
|                              |                       | Measure     | 95% CI      | Measure    | 95% CI      |
| <b>ALL</b>                   | Overall               | 51.8        | 44.4 - 59.2 | 51.2       | 49.9 - 52.5 |
| <b>SEX</b>                   | Men                   | 59.4        | 48.6 - 70.2 | 54.9       | 52.9 - 56.9 |
|                              | Women                 | 45.5        | 35.5 - 55.4 | 47.7       | 45.9 - 49.4 |
| <b>RACE/ETHNICITY</b>        | Non-Hisp. White       | 51.8        | 44.0 - 59.7 | 52.0       | 50.7 - 53.3 |
|                              | Non-Hisp. Black       | NA          |             | 47.5       | 43.3 - 51.6 |
|                              | Hispanic              | NA          |             | 42.8       | 38.9 - 46.8 |
| <b>SEX BY RACE/ETHNICITY</b> | Non-Hisp. White Men   | 57.0        | 45.8 - 68.2 | 57.0       | 55.1 - 59.0 |
|                              | Non-Hisp. White Women | 47.6        | 36.7 - 58.6 | 47.3       | 45.6 - 49.0 |
|                              | Non-Hisp. Black Men   | NA          |             | 54.8       | 48.5 - 61.2 |
|                              | Non-Hisp. Black Women | NA          |             | 41.0       | 35.8 - 46.2 |
|                              | Hispanic Men          | NA          |             | 42.1       | 36.5 - 47.8 |
|                              | Hispanic Women        | NA          |             | 43.6       | 38.0 - 49.1 |
| <b>AGE GROUP</b>             | 18-44                 | 61.6        | 45.0 - 78.2 | 57.0       | 54.7 - 59.3 |
|                              | 45-64                 | 51.5        | 40.4 - 62.6 | 49.1       | 47.0 - 51.3 |
|                              | 65 & Older            | 43.6        | 34.8 - 52.3 | 43.5       | 41.5 - 45.5 |
| <b>EDUCATION LEVEL</b>       | <High School          | NA          |             | 45.9       | 41.3 - 50.6 |
|                              | High School / GED     | 53.3        | 40.3 - 66.2 | 49.7       | 47.2 - 52.2 |
|                              | >High School          | 50.9        | 41.7 - 60.0 | 53.5       | 52.0 - 55.1 |
| <b>ANNUAL INCOME</b>         | <\$25,000             | 51.5        | 36.9 - 66.0 | 48.3       | 45.7 - 50.8 |
|                              | \$25,000-\$49,999     | 50.1        | 34.8 - 65.4 | 49.6       | 47.0 - 52.2 |
|                              | \$50,000 or More      | 56.8        | 45.7 - 68.0 | 55.4       | 53.3 - 57.5 |
| <b>MARITAL STATUS</b>        | Married/Couple        | 49.1        | 40.0 - 58.1 | 51.1       | 49.4 - 52.8 |
|                              | Not Married/Couple    | 56.3        | 44.1 - 68.5 | 51.1       | 49.0 - 53.1 |

\* Indicates that the difference observed between the 2013 county and state measures is statistically significant.

CI=Confidence Interval

NA=Not available due to respondent counts of less than 30.

## Injury Prevention

## Percentage of adults who always or nearly always use a seatbelt when riding in a car

|                              |                       | 2013 County |              | 2013 State |             |
|------------------------------|-----------------------|-------------|--------------|------------|-------------|
|                              |                       | Measure     | 95% CI       | Measure    | 95% CI      |
| <b>ALL</b>                   | Overall               | 92.0        | 86.6 - 97.5  | 94.2       | 93.5 - 94.9 |
| <b>SEX</b>                   | Men                   | 88.4        | 78.4 - 98.5  | 91.9       | 90.7 - 93.1 |
|                              | Women                 | 95.2        | 90.3 - 100.0 | 96.3       | 95.6 - 97.0 |
| <b>RACE/ETHNICITY</b>        | Non-Hisp. White       | 95.6        | 92.9 - 98.4  | 94.7       | 94.0 - 95.4 |
|                              | Non-Hisp. Black       | NA          |              | 91.8       | 89.2 - 94.4 |
|                              | Hispanic              | NA          |              | 94.1       | 92.2 - 95.9 |
| <b>SEX BY RACE/ETHNICITY</b> | Non-Hisp. White Men   | 94.4        | 90.0 - 98.8  | 92.2       | 90.9 - 93.4 |
|                              | Non-Hisp. White Women | 96.6        | 93.1 - 100.0 | 97.1       | 96.5 - 97.7 |
|                              | Non-Hisp. Black Men   | NA          |              | 89.2       | 84.9 - 93.5 |
|                              | Non-Hisp. Black Women | NA          |              | 94.1       | 91.1 - 97.1 |
|                              | Hispanic Men          | NA          |              | 92.3       | 89.2 - 95.4 |
|                              | Hispanic Women        | NA          |              | 95.7       | 93.8 - 97.7 |
| <b>AGE GROUP</b>             | 18-44                 | 84.4        | 69.9 - 99.0  | 91.8       | 90.5 - 93.1 |
|                              | 45-64                 | 97.0        | 93.8 - 100.0 | 95.6       | 94.6 - 96.6 |
|                              | 65 & Older            | 94.7        | 90.8 - 98.7  | 96.4       | 95.7 - 97.2 |
| <b>EDUCATION LEVEL</b>       | <High School          | NA          |              | 89.5       | 86.7 - 92.2 |
|                              | High School / GED     | 96.7        | 93.5 - 99.9  | 94.1       | 92.9 - 95.2 |
|                              | >High School          | 89.4        | 81.1 - 97.8  | 95.4       | 94.7 - 96.2 |
| <b>ANNUAL INCOME</b>         | <\$25,000             | 91.7        | 83.3 - 100.0 | 91.7       | 90.1 - 93.3 |
|                              | \$25,000-\$49,999     | 92.5        | 81.0 - 100.0 | 94.6       | 93.4 - 95.8 |
|                              | \$50,000 or More      | 97.5        | 94.5 - 100.0 | 96.2       | 95.3 - 97.1 |
| <b>MARITAL STATUS</b>        | Married/Couple        | 94.7        | 88.4 - 100.0 | 95.8       | 95.1 - 96.5 |
|                              | Not Married/Couple    | 87.5        | 77.1 - 97.9  | 92.3       | 91.1 - 93.6 |

\* Indicates that the difference observed between the 2013 county and state measures is statistically significant.

CI=Confidence Interval

NA=Not available due to respondent counts of less than 30.

## Health-Related Quality of Life

## Percentage of adults who said their overall health was "good" to "excellent"

|                              |                       | 2013 County |              | 2013 State |             |
|------------------------------|-----------------------|-------------|--------------|------------|-------------|
|                              |                       | Measure     | 95% CI       | Measure    | 95% CI      |
| <b>ALL</b>                   | Overall               | 86.6 *      | 82.3 - 90.8  | 80.5       | 79.5 - 81.4 |
| <b>SEX</b>                   | Men                   | 87.7        | 81.3 - 94.0  | 81.6       | 80.2 - 83.0 |
|                              | Women                 | 85.6        | 79.9 - 91.3  | 79.4       | 78.1 - 80.8 |
| <b>RACE/ETHNICITY</b>        | Non-Hisp. White       | 88.3 *      | 84.5 - 92.0  | 82.3       | 81.4 - 83.2 |
|                              | Non-Hisp. Black       | NA          |              | 80.3       | 77.3 - 83.2 |
|                              | Hispanic              | NA          |              | 76.0       | 73.1 - 78.9 |
| <b>SEX BY RACE/ETHNICITY</b> | Non-Hisp. White Men   | 88.1        | 82.0 - 94.3  | 82.4       | 80.9 - 83.8 |
|                              | Non-Hisp. White Women | 88.4 *      | 83.8 - 93.0  | 82.2       | 81.0 - 83.4 |
|                              | Non-Hisp. Black Men   | NA          |              | 81.8       | 77.3 - 86.3 |
|                              | Non-Hisp. Black Women | NA          |              | 78.8       | 75.1 - 82.6 |
|                              | Hispanic Men          | NA          |              | 80.5       | 76.7 - 84.2 |
|                              | Hispanic Women        | NA          |              | 71.7       | 67.4 - 76.1 |
| <b>AGE GROUP</b>             | 18-44                 | 91.5        | 82.4 - 100.0 | 86.9       | 85.5 - 88.4 |
|                              | 45-64                 | 86.1 *      | 79.9 - 92.2  | 76.3       | 74.5 - 78.2 |
|                              | 65 & Older            | 82.3        | 75.7 - 88.8  | 74.6       | 72.9 - 76.2 |
| <b>EDUCATION LEVEL</b>       | <High School          | NA          |              | 63.3       | 59.5 - 67.2 |
|                              | High School / GED     | 85.2        | 77.3 - 93.0  | 79.3       | 77.5 - 81.1 |
|                              | >High School          | 88.7        | 83.9 - 93.6  | 85.8       | 84.8 - 86.8 |
| <b>ANNUAL INCOME</b>         | <\$25,000             | 78.7 *      | 68.6 - 88.8  | 66.3       | 64.0 - 68.5 |
|                              | \$25,000-\$49,999     | 85.9        | 76.4 - 95.5  | 82.2       | 80.3 - 84.2 |
|                              | \$50,000 or More      | 94.2        | 90.8 - 97.7  | 91.9       | 90.9 - 92.9 |
| <b>MARITAL STATUS</b>        | Married/Couple        | 90.1 *      | 85.9 - 94.2  | 82.5       | 81.2 - 83.7 |
|                              | Not Married/Couple    | 82.6        | 74.6 - 90.6  | 78.0       | 76.4 - 79.5 |

## Percentage of adults who had poor physical health on 14 or more of the past 30 days

|                              |                       | 2013 County |             | 2013 State |             |
|------------------------------|-----------------------|-------------|-------------|------------|-------------|
|                              |                       | Measure     | 95% CI      | Measure    | 95% CI      |
| <b>ALL</b>                   | Overall               | 13.0        | 8.4 - 17.5  | 14.1       | 13.3 - 15.0 |
| <b>SEX</b>                   | Men                   | 11.1        | 5.5 - 16.8  | 13.0       | 11.8 - 14.3 |
|                              | Women                 | 14.6        | 7.7 - 21.5  | 15.2       | 14.0 - 16.4 |
| <b>RACE/ETHNICITY</b>        | Non-Hisp. White       | 14.7        | 9.1 - 20.2  | 13.9       | 13.0 - 14.7 |
|                              | Non-Hisp. Black       | NA          |             | 12.4       | 9.8 - 15.0  |
|                              | Hispanic              | NA          |             | 15.9       | 13.3 - 18.5 |
| <b>SEX BY RACE/ETHNICITY</b> | Non-Hisp. White Men   | 13.3        | 6.3 - 20.3  | 12.6       | 11.4 - 13.8 |
|                              | Non-Hisp. White Women | 15.8        | 7.6 - 24.1  | 15.0       | 13.9 - 16.2 |
|                              | Non-Hisp. Black Men   | NA          |             | 13.5       | 8.9 - 18.1  |
|                              | Non-Hisp. Black Women | NA          |             | 11.4       | 8.6 - 14.2  |
|                              | Hispanic Men          | NA          |             | 12.9       | 9.7 - 16.1  |
|                              | Hispanic Women        | NA          |             | 18.9       | 14.9 - 22.9 |
| <b>AGE GROUP</b>             | 18-44                 | 11.4        | 1.0 - 21.7  | 9.7        | 8.5 - 11.0  |
|                              | 45-64                 | 13.6        | 6.9 - 20.2  | 18.3       | 16.6 - 20.0 |
|                              | 65 & Older            | 14.0        | 8.1 - 19.9  | 16.6       | 15.2 - 18.0 |
| <b>EDUCATION LEVEL</b>       | <High School          | NA          |             | 24.7       | 21.0 - 28.3 |
|                              | High School / GED     | 16.9        | 6.9 - 26.9  | 14.6       | 13.1 - 16.1 |
|                              | >High School          | 10.0        | 5.8 - 14.2  | 11.2       | 10.3 - 12.0 |
| <b>ANNUAL INCOME</b>         | <\$25,000             | 23.8        | 12.0 - 35.7 | 24.2       | 22.2 - 26.2 |
|                              | \$25,000-\$49,999     | 10.6        | 3.6 - 17.5  | 13.2       | 11.5 - 15.0 |
|                              | \$50,000 or More      | 5.9         | 1.9 - 10.0  | 6.8        | 5.9 - 7.7   |
| <b>MARITAL STATUS</b>        | Married/Couple        | 12.5        | 6.3 - 18.7  | 12.9       | 11.9 - 14.0 |
|                              | Not Married/Couple    | 14.5        | 7.9 - 21.2  | 15.5       | 14.2 - 16.8 |

\* Indicates that the difference observed between the 2013 county and state measures is statistically significant.

CI=Confidence Interval

NA=Not available due to respondent counts of less than 30.

## Health-Related Quality of Life

## Percentage of adults who had poor mental health on 14 or more of the past 30 days

|                              |                       | 2013 County |             | 2013 State |             |
|------------------------------|-----------------------|-------------|-------------|------------|-------------|
|                              |                       | Measure     | 95% CI      | Measure    | 95% CI      |
| <b>ALL</b>                   | Overall               | 11.4        | 6.3 - 16.4  | 12.7       | 11.9 - 13.6 |
| <b>SEX</b>                   | Men                   | 4.6 *       | 1.1 - 8.1   | 10.9       | 9.7 - 12.2  |
|                              | Women                 | 17.4        | 8.8 - 25.9  | 14.4       | 13.2 - 15.6 |
| <b>RACE/ETHNICITY</b>        | Non-Hisp. White       | 12.8        | 6.9 - 18.8  | 11.9       | 11.1 - 12.8 |
|                              | Non-Hisp. Black       | NA          |             | 14.7       | 11.7 - 17.6 |
|                              | Hispanic              | NA          |             | 13.1       | 10.6 - 15.7 |
| <b>SEX BY RACE/ETHNICITY</b> | Non-Hisp. White Men   | 6.3         | 1.6 - 11.1  | 9.7        | 8.6 - 10.9  |
|                              | Non-Hisp. White Women | 18.2        | 8.6 - 27.8  | 14.0       | 12.8 - 15.2 |
|                              | Non-Hisp. Black Men   | NA          |             | 14.8       | 9.8 - 19.7  |
|                              | Non-Hisp. Black Women | NA          |             | 14.6       | 11.0 - 18.1 |
|                              | Hispanic Men          | NA          |             | 10.7       | 7.2 - 14.3  |
|                              | Hispanic Women        | NA          |             | 15.5       | 11.7 - 19.2 |
| <b>AGE GROUP</b>             | 18-44                 | 17.3        | 4.0 - 30.5  | 12.6       | 11.2 - 14.0 |
|                              | 45-64                 | 12.6        | 6.4 - 18.8  | 16.0       | 14.2 - 17.7 |
|                              | 65 & Older            | 4.0 *       | 1.0 - 6.9   | 8.4        | 7.2 - 9.5   |
| <b>EDUCATION LEVEL</b>       | <High School          | NA          |             | 19.7       | 16.1 - 23.3 |
|                              | High School / GED     | 15.7        | 4.5 - 27.0  | 13.5       | 12.0 - 15.1 |
|                              | >High School          | 9.3         | 4.4 - 14.1  | 10.4       | 9.5 - 11.3  |
| <b>ANNUAL INCOME</b>         | <\$25,000             | 24.2        | 10.4 - 37.9 | 20.1       | 18.2 - 22.0 |
|                              | \$25,000-\$49,999     | 8.4         | 1.7 - 15.0  | 13.0       | 11.0 - 14.9 |
|                              | \$50,000 or More      | 3.5         | 0.7 - 6.3   | 6.7        | 5.7 - 7.6   |
| <b>MARITAL STATUS</b>        | Married/Couple        | 9.2         | 3.5 - 14.8  | 10.5       | 9.4 - 11.5  |
|                              | Not Married/Couple    | 15.7        | 5.7 - 25.7  | 15.4       | 13.9 - 16.8 |

## Average number of unhealthy physical days in the past 30 days

|                              |                       | 2013 County |            | 2013 State |           |
|------------------------------|-----------------------|-------------|------------|------------|-----------|
|                              |                       | Measure     | 95% CI     | Measure    | 95% CI    |
| <b>ALL</b>                   | Overall               | 4.0         | 2.8 - 5.3  | 4.5        | 4.3 - 4.7 |
| <b>SEX</b>                   | Men                   | 3.4         | 1.9 - 4.9  | 4.2        | 3.8 - 4.5 |
|                              | Women                 | 4.6         | 2.7 - 6.5  | 4.8        | 4.5 - 5.1 |
| <b>RACE/ETHNICITY</b>        | Non-Hisp. White       | 4.5         | 2.9 - 6.0  | 4.5        | 4.2 - 4.7 |
|                              | Non-Hisp. Black       | NA          |            | 4.2        | 3.5 - 4.9 |
|                              | Hispanic              | NA          |            | 4.8        | 4.2 - 5.5 |
| <b>SEX BY RACE/ETHNICITY</b> | Non-Hisp. White Men   | 4.2         | 2.2 - 6.1  | 4.1        | 3.8 - 4.4 |
|                              | Non-Hisp. White Women | 4.7         | 2.4 - 7.0  | 4.8        | 4.5 - 5.1 |
|                              | Non-Hisp. Black Men   | NA          |            | 4.4        | 3.2 - 5.6 |
|                              | Non-Hisp. Black Women | NA          |            | 4.1        | 3.4 - 4.8 |
|                              | Hispanic Men          | NA          |            | 3.9        | 3.1 - 4.7 |
|                              | Hispanic Women        | NA          |            | 5.7        | 4.7 - 6.8 |
| <b>AGE GROUP</b>             | 18-44                 | 3.8         | 0.8 - 6.8  | 3.4        | 3.0 - 3.7 |
|                              | 45-64                 | 3.8         | 2.1 - 5.4  | 5.6        | 5.2 - 6.0 |
|                              | 65 & Older            | 4.5         | 2.8 - 6.2  | 5.1        | 4.8 - 5.4 |
| <b>EDUCATION LEVEL</b>       | <High School          | NA          |            | 7.4        | 6.4 - 8.3 |
|                              | High School / GED     | 5.0         | 2.2 - 7.9  | 4.7        | 4.3 - 5.1 |
|                              | >High School          | 3.2         | 2.1 - 4.3  | 3.7        | 3.5 - 3.9 |
| <b>ANNUAL INCOME</b>         | <\$25,000             | 6.9         | 3.6 - 10.1 | 7.2        | 6.7 - 7.7 |
|                              | \$25,000-\$49,999     | 3.3         | 1.4 - 5.2  | 4.2        | 3.8 - 4.7 |
|                              | \$50,000 or More      | 2.2         | 1.2 - 3.1  | 2.5        | 2.3 - 2.7 |
| <b>MARITAL STATUS</b>        | Married/Couple        | 4.0         | 2.3 - 5.7  | 4.2        | 3.9 - 4.4 |
|                              | Not Married/Couple    | 4.3         | 2.6 - 6.0  | 4.9        | 4.6 - 5.2 |

\* Indicates that the difference observed between the 2013 county and state measures is statistically significant.

CI=Confidence Interval

NA=Not available due to respondent counts of less than 30.

## Health-Related Quality of Life

## Average number of unhealthy mental days in the past 30 days

|                              |                       | 2013 County |            | 2013 State |           |
|------------------------------|-----------------------|-------------|------------|------------|-----------|
|                              |                       | Measure     | 95% CI     | Measure    | 95% CI    |
| <b>ALL</b>                   | Overall               | 3.6         | 2.4 - 4.9  | 4.1        | 3.8 - 4.3 |
| <b>SEX</b>                   | Men                   | 2.2         | 1.1 - 3.3  | 3.5        | 3.2 - 3.9 |
|                              | Women                 | 4.9         | 2.8 - 7.0  | 4.6        | 4.3 - 4.9 |
| <b>RACE/ETHNICITY</b>        | Non-Hisp. White       | 3.8         | 2.4 - 5.2  | 3.8        | 3.6 - 4.0 |
|                              | Non-Hisp. Black       | NA          |            | 4.5        | 3.8 - 5.2 |
|                              | Hispanic              | NA          |            | 4.4        | 3.7 - 5.1 |
| <b>SEX BY RACE/ETHNICITY</b> | Non-Hisp. White Men   | 2.4         | 1.0 - 3.8  | 3.2        | 2.9 - 3.5 |
|                              | Non-Hisp. White Women | 5.0         | 2.8 - 7.2  | 4.3        | 4.0 - 4.6 |
|                              | Non-Hisp. Black Men   | NA          |            | 4.5        | 3.2 - 5.8 |
|                              | Non-Hisp. Black Women | NA          |            | 4.5        | 3.8 - 5.3 |
|                              | Hispanic Men          | NA          |            | 3.5        | 2.5 - 4.5 |
|                              | Hispanic Women        | NA          |            | 5.2        | 4.2 - 6.2 |
| <b>AGE GROUP</b>             | 18-44                 | 5.3         | 1.9 - 8.6  | 4.2        | 3.9 - 4.6 |
|                              | 45-64                 | 4.0         | 2.4 - 5.7  | 4.9        | 4.4 - 5.4 |
|                              | 65 & Older            | 1.5 *       | 0.7 - 2.3  | 2.6        | 2.3 - 2.9 |
| <b>EDUCATION LEVEL</b>       | <High School          | NA          |            | 6.1        | 5.1 - 7.1 |
|                              | High School / GED     | 4.6         | 2.0 - 7.2  | 4.2        | 3.8 - 4.6 |
|                              | >High School          | 3.2         | 1.9 - 4.6  | 3.5        | 3.2 - 3.7 |
| <b>ANNUAL INCOME</b>         | <\$25,000             | 6.9         | 3.5 - 10.3 | 6.0        | 5.5 - 6.5 |
|                              | \$25,000-\$49,999     | 3.4         | 1.5 - 5.4  | 4.3        | 3.7 - 4.8 |
|                              | \$50,000 or More      | 1.4 *       | 0.7 - 2.1  | 2.4        | 2.1 - 2.6 |
| <b>MARITAL STATUS</b>        | Married/Couple        | 2.7         | 1.6 - 3.8  | 3.3        | 3.0 - 3.6 |
|                              | Not Married/Couple    | 5.1         | 2.1 - 8.0  | 5.0        | 4.6 - 5.4 |

\* Indicates that the difference observed between the 2013 county and state measures is statistically significant.

CI=Confidence Interval

NA=Not available due to respondent counts of less than 30.



## Health-Related Quality of Life

Average number of days where poor mental or physical health interfered with activities of daily living in the past 30 days (Among adults who have had at least one day of poor mental or physical health)

|                              |                       | 2013 County |        |     | 2013 State |        |     |
|------------------------------|-----------------------|-------------|--------|-----|------------|--------|-----|
|                              |                       | Measure     | 95% CI |     | Measure    | 95% CI |     |
| <b>ALL</b>                   | Overall               | 4.3         | 3.1    | 5.5 | 5.1        | 4.8    | 5.4 |
| <b>SEX</b>                   | Men                   | 5.1         | 2.7    | 7.5 | 5.2        | 4.7    | 5.7 |
|                              | Women                 | 3.7         | 2.3    | 5.1 | 5.1        | 4.7    | 5.5 |
| <b>RACE/ETHNICITY</b>        | Non-Hisp. White       | 4.4         | 3.0    | 5.9 | 5.5        | 5.1    | 5.8 |
|                              | Non-Hisp. Black       | NA          |        |     | 3.8        | 3.2    | 4.4 |
|                              | Hispanic              | NA          |        |     | 5.1        | 4.2    | 6.1 |
| <b>SEX BY RACE/ETHNICITY</b> | Non-Hisp. White Men   | 5.9         | 3.2    | 8.7 | 5.5        | 4.9    | 6.0 |
|                              | Non-Hisp. White Women | 3.4 *       | 2.0    | 4.7 | 5.4        | 5.0    | 5.8 |
|                              | Non-Hisp. Black Men   | NA          |        |     | 3.6        | 2.8    | 4.4 |
|                              | Non-Hisp. Black Women | NA          |        |     | 3.9        | 3.1    | 4.8 |
|                              | Hispanic Men          | NA          |        |     | 5.1        | 3.8    | 6.4 |
|                              | Hispanic Women        | NA          |        |     | 5.2        | 3.9    | 6.4 |
| <b>AGE GROUP</b>             | 18-44                 | 2.1         | 0.4    | 3.8 | 3.7        | 3.3    | 4.1 |
|                              | 45-64                 | 5.9         | 3.4    | 8.4 | 6.8        | 6.1    | 7.4 |
|                              | 65 & Older            | 5.1         | 2.9    | 7.3 | 5.7        | 5.2    | 6.2 |
| <b>EDUCATION LEVEL</b>       | <High School          | NA          |        |     | 7.4        | 6.1    | 8.6 |
|                              | High School / GED     | 4.5         | 2.2    | 6.9 | 5.3        | 4.8    | 5.8 |
|                              | >High School          | 4.2         | 2.6    | 5.8 | 4.3        | 4.0    | 4.6 |
| <b>ANNUAL INCOME</b>         | <\$25,000             | 6.2         | 3.5    | 8.8 | 7.7        | 7.1    | 8.4 |
|                              | \$25,000-\$49,999     | 4.5         | 1.6    | 7.4 | 3.8        | 3.4    | 4.2 |
|                              | \$50,000 or More      | 2.4         | 0.9    | 4.0 | 3.0        | 2.6    | 3.3 |
| <b>MARITAL STATUS</b>        | Married/Couple        | 3.7         | 2.2    | 5.1 | 4.8        | 4.4    | 5.2 |
|                              | Not Married/Couple    | 5.8         | 3.2    | 8.3 | 5.5        | 5.0    | 5.9 |

\* Indicates that the difference observed between the 2013 county and state measures is statistically significant.

CI=Confidence Interval

NA=Not available due to respondent counts of less than 30.

## Health Care Access &amp; Coverage

## Percentage of adults with any type of health care insurance coverage

|                              |                       | 2013 County |              | 2013 State |             |
|------------------------------|-----------------------|-------------|--------------|------------|-------------|
|                              |                       | Measure     | 95% CI       | Measure    | 95% CI      |
| <b>ALL</b>                   | Overall               | 86.3 *      | 80.9 - 91.8  | 77.1       | 76.0 - 78.2 |
| <b>SEX</b>                   | Men                   | 81.2        | 71.1 - 91.2  | 74.5       | 72.8 - 76.2 |
|                              | Women                 | 91.0 *      | 86.5 - 95.5  | 79.6       | 78.2 - 81.1 |
| <b>RACE/ETHNICITY</b>        | Non-Hisp. White       | 90.6        | 85.8 - 95.3  | 85.5       | 84.6 - 86.3 |
|                              | Non-Hisp. Black       | NA          |              | 69.2       | 65.4 - 73.0 |
|                              | Hispanic              | NA          |              | 64.0       | 60.6 - 67.4 |
| <b>SEX BY RACE/ETHNICITY</b> | Non-Hisp. White Men   | 87.7        | 78.7 - 96.7  | 83.2       | 81.8 - 84.6 |
|                              | Non-Hisp. White Women | 93.0 *      | 88.9 - 97.1  | 87.6       | 86.5 - 88.6 |
|                              | Non-Hisp. Black Men   | NA          |              | 67.8       | 61.9 - 73.7 |
|                              | Non-Hisp. Black Women | NA          |              | 70.4       | 65.5 - 75.4 |
|                              | Hispanic Men          | NA          |              | 59.7       | 54.6 - 64.7 |
|                              | Hispanic Women        | NA          |              | 68.1       | 63.6 - 72.6 |
| <b>AGE GROUP</b>             | 18-44                 | 71.9        | 57.3 - 86.4  | 66.5       | 64.4 - 68.5 |
|                              | 45-64                 | 87.0 *      | 80.1 - 93.8  | 76.4       | 74.6 - 78.3 |
|                              | 65 & Older            | 99.9 *      | 99.6 - 100.0 | 97.5       | 96.7 - 98.2 |
| <b>EDUCATION LEVEL</b>       | <High School          | NA          |              | 60.1       | 56.0 - 64.2 |
|                              | High School / GED     | 82.1        | 71.9 - 92.3  | 72.1       | 69.9 - 74.2 |
|                              | >High School          | 90.1        | 84.6 - 95.6  | 84.7       | 83.5 - 85.8 |
| <b>ANNUAL INCOME</b>         | <\$25,000             | 72.4        | 59.5 - 85.2  | 61.2       | 58.9 - 63.6 |
|                              | \$25,000-\$49,999     | 85.1        | 74.5 - 95.8  | 76.0       | 73.5 - 78.4 |
|                              | \$50,000 or More      | 98.9 *      | 96.9 - 100.0 | 92.6       | 91.5 - 93.8 |
| <b>MARITAL STATUS</b>        | Married/Couple        | 93.1 *      | 88.2 - 98.1  | 82.1       | 80.8 - 83.5 |
|                              | Not Married/Couple    | 76.3        | 65.1 - 87.5  | 71.1       | 69.2 - 72.9 |

## Percentage of adults who have a personal doctor

|                              |                       | 2013 County |             | 2013 State |             |
|------------------------------|-----------------------|-------------|-------------|------------|-------------|
|                              |                       | Measure     | 95% CI      | Measure    | 95% CI      |
| <b>ALL</b>                   | Overall               | 70.6        | 63.1 - 78.1 | 73.2       | 72.1 - 74.4 |
| <b>SEX</b>                   | Men                   | 68.2        | 56.8 - 79.6 | 67.8       | 66.0 - 69.5 |
|                              | Women                 | 72.7        | 62.8 - 82.6 | 78.4       | 76.9 - 79.8 |
| <b>RACE/ETHNICITY</b>        | Non-Hisp. White       | 76.3        | 68.5 - 84.1 | 79.8       | 78.7 - 80.8 |
|                              | Non-Hisp. Black       | NA          |             | 71.8       | 68.2 - 75.4 |
|                              | Hispanic              | NA          |             | 59.7       | 56.2 - 63.2 |
| <b>SEX BY RACE/ETHNICITY</b> | Non-Hisp. White Men   | 78.2        | 67.4 - 89.1 | 75.1       | 73.3 - 76.8 |
|                              | Non-Hisp. White Women | 74.7        | 63.6 - 85.7 | 84.2       | 83.0 - 85.5 |
|                              | Non-Hisp. Black Men   | NA          |             | 67.4       | 61.7 - 73.0 |
|                              | Non-Hisp. Black Women | NA          |             | 75.7       | 71.1 - 80.4 |
|                              | Hispanic Men          | NA          |             | 52.1       | 46.9 - 57.4 |
|                              | Hispanic Women        | NA          |             | 67.0       | 62.3 - 71.6 |
| <b>AGE GROUP</b>             | 18-44                 | 33.2 *      | 17.9 - 48.4 | 57.0       | 54.9 - 59.1 |
|                              | 45-64                 | 81.3        | 72.5 - 90.1 | 78.0       | 76.2 - 79.9 |
|                              | 65 & Older            | 96.6        | 93.9 - 99.4 | 95.5       | 94.7 - 96.4 |
| <b>EDUCATION LEVEL</b>       | <High School          | NA          |             | 59.9       | 55.8 - 64.0 |
|                              | High School / GED     | 68.4        | 55.2 - 81.6 | 71.2       | 69.0 - 73.4 |
|                              | >High School          | 72.1        | 63.0 - 81.3 | 78.0       | 76.8 - 79.3 |
| <b>ANNUAL INCOME</b>         | <\$25,000             | 51.5        | 37.2 - 65.8 | 61.7       | 59.3 - 64.0 |
|                              | \$25,000-\$49,999     | 69.5        | 54.2 - 84.8 | 73.2       | 70.7 - 75.7 |
|                              | \$50,000 or More      | 82.4        | 72.6 - 92.3 | 85.1       | 83.7 - 86.5 |
| <b>MARITAL STATUS</b>        | Married/Couple        | 82.3        | 73.8 - 90.8 | 79.1       | 77.7 - 80.5 |
|                              | Not Married/Couple    | 51.1 *      | 38.9 - 63.2 | 66.5       | 64.6 - 68.3 |

\* Indicates that the difference observed between the 2013 county and state measures is statistically significant.

CI=Confidence Interval

NA=Not available due to respondent counts of less than 30.

## Health Care Access &amp; Coverage

## Percentage of adults who could not see a doctor in the past year due to cost

|                              |                       | 2013 County |            | 2013 State |             |
|------------------------------|-----------------------|-------------|------------|------------|-------------|
|                              |                       | Measure     | 95% CI     | Measure    | 95% CI      |
| <b>ALL</b>                   | Overall               | 11.2 *      | 7.5 - 14.9 | 20.8       | 19.7 - 21.8 |
| <b>SEX</b>                   | Men                   | 10.2 *      | 4.7 - 15.8 | 18.3       | 16.9 - 19.8 |
|                              | Women                 | 12.1 *      | 7.2 - 17.0 | 23.1       | 21.5 - 24.6 |
| <b>RACE/ETHNICITY</b>        | Non-Hisp. White       | 11.5        | 7.3 - 15.7 | 14.7       | 13.8 - 15.5 |
|                              | Non-Hisp. Black       | NA          |            | 25.1       | 21.6 - 28.6 |
|                              | Hispanic              | NA          |            | 30.9       | 27.6 - 34.2 |
| <b>SEX BY RACE/ETHNICITY</b> | Non-Hisp. White Men   | 11.1        | 4.5 - 17.6 | 13.5       | 12.2 - 14.9 |
|                              | Non-Hisp. White Women | 11.9        | 6.6 - 17.2 | 15.7       | 14.5 - 16.9 |
|                              | Non-Hisp. Black Men   | NA          |            | 21.2       | 16.0 - 26.4 |
|                              | Non-Hisp. Black Women | NA          |            | 28.5       | 23.9 - 33.2 |
|                              | Hispanic Men          | NA          |            | 26.4       | 22.2 - 30.6 |
|                              | Hispanic Women        | NA          |            | 35.2       | 30.4 - 40.1 |
| <b>AGE GROUP</b>             | 18-44                 | 13.0 *      | 5.1 - 20.9 | 27.6       | 25.6 - 29.6 |
|                              | 45-64                 | 17.2        | 9.8 - 24.6 | 23.4       | 21.7 - 25.1 |
|                              | 65 & Older            | 3.1         | 0.6 - 5.7  | 4.9        | 4.0 - 5.8   |
| <b>EDUCATION LEVEL</b>       | <High School          | NA          |            | 30.0       | 26.3 - 33.7 |
|                              | High School / GED     | 11.6 *      | 5.5 - 17.7 | 22.4       | 20.3 - 24.5 |
|                              | >High School          | 11.7        | 6.8 - 16.6 | 17.3       | 16.1 - 18.5 |
| <b>ANNUAL INCOME</b>         | <\$25,000             | 17.6 *      | 8.9 - 26.3 | 35.2       | 32.9 - 37.4 |
|                              | \$25,000-\$49,999     | 13.3        | 5.0 - 21.7 | 21.3       | 19.1 - 23.5 |
|                              | \$50,000 or More      | 6.9         | 1.9 - 11.8 | 8.9        | 7.5 - 10.3  |
| <b>MARITAL STATUS</b>        | Married/Couple        | 9.7 *       | 5.1 - 14.2 | 17.8       | 16.4 - 19.1 |
|                              | Not Married/Couple    | 14.4 *      | 7.8 - 21.1 | 24.6       | 22.9 - 26.3 |

## Percentage of adults who had a medical checkup in the past year

|                              |                       | 2013 County |             | 2013 State |             |
|------------------------------|-----------------------|-------------|-------------|------------|-------------|
|                              |                       | Measure     | 95% CI      | Measure    | 95% CI      |
| <b>ALL</b>                   | Overall               | 71.1        | 64.2 - 78.1 | 70.3       | 69.1 - 71.4 |
| <b>SEX</b>                   | Men                   | 66.6        | 55.3 - 78.0 | 65.6       | 63.8 - 67.3 |
|                              | Women                 | 75.1        | 67.0 - 83.3 | 74.7       | 73.2 - 76.1 |
| <b>RACE/ETHNICITY</b>        | Non-Hisp. White       | 75.3        | 68.4 - 82.2 | 73.0       | 71.9 - 74.1 |
|                              | Non-Hisp. Black       | NA          |             | 72.4       | 68.8 - 75.9 |
|                              | Hispanic              | NA          |             | 64.7       | 61.2 - 68.1 |
| <b>SEX BY RACE/ETHNICITY</b> | Non-Hisp. White Men   | 75.8        | 65.1 - 86.5 | 69.9       | 68.1 - 71.6 |
|                              | Non-Hisp. White Women | 74.8        | 65.9 - 83.8 | 76.0       | 74.6 - 77.3 |
|                              | Non-Hisp. Black Men   | NA          |             | 67.4       | 61.8 - 73.1 |
|                              | Non-Hisp. Black Women | NA          |             | 76.8       | 72.3 - 81.3 |
|                              | Hispanic Men          | NA          |             | 56.9       | 51.8 - 62.0 |
|                              | Hispanic Women        | NA          |             | 72.0       | 67.4 - 76.5 |
| <b>AGE GROUP</b>             | 18-44                 | 44.7        | 28.0 - 61.4 | 57.7       | 55.6 - 59.7 |
|                              | 45-64                 | 73.8        | 64.6 - 82.9 | 71.6       | 69.7 - 73.5 |
|                              | 65 & Older            | 94.3        | 91.0 - 97.6 | 91.1       | 90.1 - 92.1 |
| <b>EDUCATION LEVEL</b>       | <High School          | NA          |             | 65.1       | 61.1 - 69.2 |
|                              | High School / GED     | 70.0        | 58.1 - 81.8 | 69.9       | 67.8 - 72.1 |
|                              | >High School          | 72.5        | 63.9 - 81.1 | 72.0       | 70.6 - 73.3 |
| <b>ANNUAL INCOME</b>         | <\$25,000             | 61.0        | 46.6 - 75.4 | 64.6       | 62.3 - 66.9 |
|                              | \$25,000-\$49,999     | 65.6        | 51.4 - 79.8 | 67.7       | 65.2 - 70.1 |
|                              | \$50,000 or More      | 80.3        | 70.7 - 89.9 | 76.4       | 74.7 - 78.1 |
| <b>MARITAL STATUS</b>        | Married/Couple        | 81.0        | 74.0 - 88.0 | 74.6       | 73.2 - 76.0 |
|                              | Not Married/Couple    | 54.9        | 42.4 - 67.4 | 65.0       | 63.2 - 66.9 |

\* Indicates that the difference observed between the 2013 county and state measures is statistically significant.

CI=Confidence Interval

NA=Not available due to respondent counts of less than 30.

## 2013 Florida Behavioral Risk Factor Surveillance System Data

### GLOSSARY

|   |   |
|---|---|
| <b>A1C</b>  | Medical test that sums up how much glucose has been sticking to the hemoglobin molecule in the bloodstream during the past three to four months.  |
| <b>Activities of Daily Living</b>                   | Usual activities, such as self-care, work, or recreation.   |
| <b>Adult</b>  | Individual aged 18 years or older.  |
| <b>Aerobic Recommendations*</b>                     | Performance of at least 150 minutes of moderate aerobic activity or 75 minutes of vigorous aerobic activity per week in the past 30 days.   |
| <b>Angina</b>                                       | Most common symptom of coronary artery disease (CAD); chest pain or discomfort that occurs if an area of the heart muscle does not get enough oxygen-rich blood.  |
| <b>Arthritis</b>                                    | Joint inflammation; term used in the public health field to describe more than 100 rheumatic diseases and conditions that affect joints, the tissues which surround the joint, and other connective tissue; pattern, severity, and location of symptoms can vary. |
| <b>Asthma</b>                                       | Disease that affects the lungs; causes repeated episodes of wheezing, breathlessness, chest tightness, and nighttime or early morning coughing.   |
| <b>Binge Drinking*</b>                              | For women, consumption of 4 or more drinks during a single occasion in the past 30 days; for men, consumption of 5 or more drinks during a single occasion in the past 30 days.   |
| <b>Blood Glucose</b>                                | Also called blood sugar; refers to the level of glucose, the main sugar the body makes from the food we eat, that is found in the bloodstream.  |
| <b>Blood Pressure</b>                               | The force of the blood against the artery walls; two levels of blood pressure measured, the highest, or systolic, occurs when the heart pumps blood into the blood vessels, and the lowest, or diastolic, occurs when the heart rests.                            |
| <b>Blood Sugar</b>                                  | See Blood Glucose   |
| <b>Body Mass Index (BMI)</b>                        | Body Mass Index (BMI) is a number calculated from a person's height and weight; provides a reliable indicator of body fatness for most people; used to screen for weight categories that may lead to health problems.   |
| <b>Cancer</b>                                       | General name for a group of diseases; when cells in a part of the body begin to grow out of control, forming new, abnormal cells and sometimes invading (growing into) other tissues.   |
| <b>Cholesterol</b>                                  | A substance the body uses to produce hormones, vitamin D, and food-digesting acids. Too much cholesterol in the blood over an extended period can increase the risk of coronary heart disease, heart attack, or angina.   |
| <b>Chronic Bronchitis</b>                           | A long-term condition in which the airways that carry air to the lungs become inflamed and produce too much mucus, making it difficult to get air into and out of the lungs.  |
| <b>Chronic Diseases</b>                             | Diseases of long duration and generally slow progression (e.g., heart disease; stroke; cancer; diabetes); represent the leading causes of mortality worldwide.  |
| <b>Chronic Obstructive Pulmonary Disease (COPD)</b> | Term that refers to a group of diseases that cause airflow blockage and breathing-related problems, including emphysema and chronic bronchitis.   |
| <b>Coronary Heart Disease (CHD)</b>                 | See Coronary Artery Disease (CAD)   |
| <b>Current Smoker*</b>                              | Combination of everyday smoker and some day smoker.   |

\*This term is defined using BRFSS standards.

## 2013 Florida Behavioral Risk Factor Surveillance System Data

### GLOSSARY

|                               |   |
|-------------------------------|---|
| <b>Depressive Disorders</b>   | Mental illnesses characterized by a profound and persistent feeling of sadness or despair and/or a loss of interest in things that once were pleasurable; disturbance in sleep, appetite, and mental processes are a common accompaniment.                                      |
| <b>Diabetes</b>               | General term for diabetes mellitus; disease in which the blood glucose levels are above normal.   |
| <b>Emphysema</b>              | Long-term, progressive disease of the lungs that primarily causes shortness of breath; tissues necessary to support the physical shape and function of the lungs are destroyed. See also Chronic Obstructive Pulmonary Disease (COPD)   |
| <b>Everday Smoker*</b>        | Adults who reported smoking at least 100 cigarettes in their lifetime and reported smoking everyday now.  |
| <b>Exercise</b>               | See Physical Activity   |
| <b>Fibromyalgia</b>           | A musculoskeletal condition causing widespread muscle and joint pain and fatigue.   |
| <b>Flu</b>                    | Contagious respiratory illness caused by influenza viruses; can cause mild to severe illness, and at times can lead to death.   |
| <b>Flu Shot</b>               | Influenza vaccine; an inactivated vaccine (containing killed virus) that is given with a needle, usually in the arm. The flu vaccine can also be administered as an attenuated vaccine (containing weakened, live virus) by a spray, mist, or drop in the nose called FluMist™. |
| <b>Former Smoker</b>          | Adults who reported smoking at least 100 cigarettes in their lifetime but reported not smoking now.   |
| <b>Gout</b>                   | A form of arthritis caused by too much uric acid in the blood that causes pain, stiffness, and swelling of a joint.   |
| <b>Health Behavior</b>        | An action taken by a person to maintain, attain, or regain good health and to prevent illness.  |
| <b>Health Care Coverage</b>   | Example: health insurance, pre-paid plans such as HMO's, government plans such as Medicare.   |
| <b>Health Care Provider</b>   | A person who by education, training, certification, or licensure is qualified to and is engaged in providing health care to patients (e.g., medical doctor; nurse practitioner; physician assistant; registered nurse).   |
| <b>Health Risk Behavior</b>   | An action taken by a person that is associated with higher than average rates of morbidity or mortality (e.g., lack of physical activity; poor nutrition; tobacco use; excessive alcohol consumption).  |
| <b>Healthy Weight</b>         | Having a body mass index (BMI) ranging from 18.5 to 24.9; BMI is calculated using self-reported height and weight.  |
| <b>Heart Attack</b>           | Most commonly caused by coronary artery disease (CAD); occurs when a section of the heart muscle dies or gets damaged because of reduced blood supply.  |
| <b>Heavy Drinking*</b>        | For women, consumption of more than 1 drink per day on average in the past 30 days; for men, consumption of more than 2 drinks per day on average in the past 30 days.  |
| <b>High Blood Cholesterol</b> | Condition where there is too much cholesterol in the blood for an extended period of time; increases the risk of coronary heart disease, heart attack, or angina.   |
| <b>High Blood Pressure</b>    | Condition where the blood circulates through the arteries with too much force; tires the heart, harms the arteries, and increases the risk of heart attack, stroke, and kidney problems.  |

\*This term is defined using BRFSS standards.

## 2013 Florida Behavioral Risk Factor Surveillance System Data

### GLOSSARY

|  |   |
|--|---|
| <b>Hispanic</b>                              | Adults of Cuban, Mexican, Puerto Rican, South or Central American, or other Spanish culture or origin, regardless of race; self-reported demographic variable.  |
| <b>HIV</b>                                   | Human immunodeficiency virus (HIV) damages a person's body by destroying immune system cells, which are crucial to helping the body fight diseases; can lead to acquired immune deficiency syndrome (AIDS).                   |
| <b>Hypertension</b>                          | See High Blood Pressure   |
| <b>Hysterectomy</b>                          | An operation to remove the uterus (womb) in women.  |
| <b>Inactive*</b>                             | No leisure-time physical activity, performance of aerobic activity for less than 10 minutes at a time, or performance of only non-aerobic activities in the past 30 days.   |
| <b>Influenza</b>                             | See Flu   |
| <b>Insufficiently Active*</b>                | Performance of less than 150 minutes of moderate aerobic activity or 75 minutes of vigorous aerobic activity per week in the past 30 days.  |
| <b>Kidney Disease</b>                        | Also called renal disease; general term for any damage that reduces the functioning of the kidney.  |
| <b>Lupus</b>                                 | A chronic inflammatory disease resulting from an attack by the body's own immune system.  |
| <b>Mammogram</b>                             | Mammography is the process of using low-energy X-rays to examine the human breast; this test is ordered to detect tumors and differentiate between benign and malignant disease.  |
| <b>Mental Health</b>                         | A state of well-being in which the individual realizes his or her own abilities, can cope with the normal stresses of life, can work productively and fruitfully, and is able to make a contribution to his or her community. |
| <b>Muscle Strengthening Recommendations*</b> | Performance of muscle-strengthening activities, such as activities using body weight, weight machines, free weights, or elastic bands, at least two times per week in the past 30 days.                                       |
| <b>Never Smoked*</b>                         | Adults who reported smoking less than 100 cigarettes in their lifetime.   |
| <b>Non-Hispanic Black</b>                    | Adults not of Hispanic culture or origins reporting membership in only the Black race category; self-reported demographic variable.   |
| <b>Non-Hispanic White</b>                    | Adults not of Hispanic culture or origins reporting membership in only the White race category; self-reported demographic variable.   |
| <b>Non-smoker*</b>                           | Combination of former smoker and never smoked.  |
| <b>Obese</b>                                 | Having a body mass index (BMI) that is greater than or equal to 30.0; BMI is calculated using self-reported height and weight.  |
| <b>Obesity</b>                               | A condition characterized by being obese.   |
| <b>Overweight</b>                            | Having a body mass index (BMI) ranging from 25.0 to 29.9; BMI is calculated using self-reported height and weight.  |
| <b>Pap Test</b>                              | A cervical cancer screening test in which surface cells from the cervix are examined for cancer or pre-cancer characteristics.  |
| <b>Personal Doctor</b>                       | A health care provider that an adult identifies as their personal health care provider.   |
| <b>Pneumococcal Vaccination</b>              | Vaccine given with a needle, usually in the arm, to prevent pneumococcal pneumonia.   |
| <b>Pneumonia</b>                             | Infection of the lungs, usually caused by bacteria or viruses, that can cause mild to severe illness.   |

\*This term is defined using BRFSS standards.

## 2013 Florida Behavioral Risk Factor Surveillance System Data

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### GLOSSARY

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|                                  |  |
|----------------------------------|--|
| <b>Poor Mental Health</b>        | Adults who report that their mental health, which includes stress, depression, and problems with emotions, was not good on 14 or more of the previous 30 days. |
| <b>Poor Physical Health</b>      | Adults who report that their physical health, which includes physical illness and injury, was not good on 14 or more of the previous 30 days.                  |
| <b>Race/Ethnicity</b>            | A measure that combines an adult's ethnicity status (Hispanic/non-Hispanic) and race status (e.g., white; black; other); self-reported demographic variable.   |
| <b>Routine Checkup</b>           | A general physical exam; does not include exams conducted for a specific injury, illness, or condition.  |
| <b>Sedentary*</b>                | Participating in no leisure-time physical activity in the past 30 days.  |
| <b>Sex</b>                       | The condition or character of being male or female; self-reported demographic variable.  |
| <b>Sigmoidoscopy/Colonoscopy</b> | Exams in which a tube is inserted in the rectum to view the colon for signs of cancer or other health problems.  |
| <b>Smoking</b>                   | Inhalation of the smoke (gases and hydrocarbon vapors) generated by slowly burning tobacco.  |
| <b>Some Day Smoking*</b>         | Adults who reported smoking at least 100 cigarettes in their lifetime and reported smoking some days now.  |
| <b>Stool Blood Test</b>          | A test that may use a special kit at home to determine whether the stool contains blood.   |
| <b>Stroke</b>                    | Sometimes called a brain attack; occurs when a clot blocks the blood supply to the brain or when a blood vessel in the brain bursts.                           |
| <b>Tetanus</b>                   | A bacterial infection that affects the central nervous system and can result in painful muscle spasms, stiff jaw, and potentially death.                       |
| <b>Tetanus Shot</b>              | Tetanus vaccine; vaccine given with a needle, usually in the shoulder muscle; a booster tetanus vaccine should be received every ten years.                    |

\*This term is defined using BRFSS standards.

# 2013 Florida Behavioral Risk Factor Surveillance System Data

## Healthy People 2020 Objectives

### Alcohol Consumption

SA-14. Reduce the proportion of persons engaging in binge drinking of alcoholic beverages

SA-15. Reduce the proportion of adults who drank excessively in the previous 30 days

### Arthritis

AOCBC-2. Reduce the proportion of adults with doctor-diagnosed arthritis who experience a limitation in activity due to arthritis or joint symptoms

### Asthma

RD-6. Increase the proportion of persons with current asthma who receive formal patient education

RD-7. Increase the proportion of persons with current asthma who receive appropriate asthma care according to National Asthma Education and Prevention Program (NAEPP) guidelines

### Cancer Screening

C-15. Increase the proportion of women who receive a cervical cancer screening based on the most recent guidelines

C-16. Increase the proportion of adults who receive a colorectal cancer screening based on the most recent guidelines

C-17. Increase the proportion of women who receive a breast cancer screening based on the most recent guidelines

### Cardiovascular Disease

HDS-1. (Developmental) Increase overall cardiovascular health in the U.S. population

HDS-2. Reduce coronary heart disease deaths

HDS-3. Reduce stroke deaths

### Cholesterol Awareness

HDS-7. Reduce the proportion of adults with high total blood cholesterol levels

### Diabetes

D-1. Reduce the annual number of new cases of diagnosed diabetes in the population

D-5. Improve glycemic control among the population with diagnosed diabetes

D-9. Increase the proportion of adults with diabetes who have at least an annual foot examination

D-10. Increase the proportion of adults with diabetes who have an annual dilated eye examination

D-11. Increase the proportion of adults with diabetes who have a glycosylated hemoglobin (A1C) measurement at least twice a year

D-13. Increase the proportion of adults with diabetes who perform self-blood glucose-monitoring at least once daily

D-14. Increase the proportion of persons with diagnosed diabetes who receive formal diabetes education

### Disability

DH-13. (Developmental) Increase the proportion of people with disabilities who participate in social, spiritual, recreational, community, and civic activities to the degree that they wish



## 2013 Florida Behavioral Risk Factor Surveillance System Data

### Healthy People 2020 Objectives

#### Health Care Access & Coverage

AHS-1. Increase the proportion of persons with medical insurance

AHS-3. Increase the proportion of persons with a usual primary care provider

AHS-6. Reduce the proportion of individuals who are unable to obtain or delay in obtaining necessary medical care, dental care, or prescription medicines

#### Health-Related Quality of Life

HRQOL/WB-1.1. Increase the proportion of adults who self-report good or better physical health

HRQOL/WB-1.2. Increase the proportion of adults who self-report good or better mental health

#### HIV/AIDS Screening

HIV-14. Increase the proportion of adolescents and adults who have been tested for HIV in the past 12 months

HIV-14.1. Increase the proportion of adolescents and adults who have ever been tested for HIV

#### Hypertension Awareness

HDS-5. Reduce the proportion of persons in the population with hypertension

#### Immunization

IID-12.12. Increase the percentage of children and adults who are vaccinated annually against seasonal influenza

IID-13. Increase the percentage of adults who are vaccinated against pneumococcal disease

IID-13.1. Increase the percentage of noninstitutionalized adults aged 65 years and older who are vaccinated against pneumococcal disease

#### Injury Prevention

IVP-15. Increase use of safety belts in motor vehicles

#### Overweight & Obesity

NWS-8. Increase the proportion of adults who are at a healthy weight

NWS-9. Reduce the proportion of adults who are obese

#### Physical Activity & Nutrition

PA-1. Reduce the proportion of adults who engage in no leisure-time physical activity

PA-2. Increase the proportion of adults who meet current federal physical activity guidelines for aerobic physical activity and for muscle-strengthening activity

#### Tobacco Use & Exposure

TU-1. Reduce tobacco smoking by adults

TU-4. Increase smoking cessation attempts by adult smokers

#### Vision Impairment

V-5. Reduce visual impairment

***The Healthy People 2020 objectives listed in this appendix are directly or indirectly related to the data presented.***



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