Florida WIC Baby Foods

May 2026

Alimentos para Bebé

Mayo 2026

Manje Bebe

Me 2026

Cereal de Bebé

Caja o paquete de 8 oz o 16 oz.
No se permiten ingredientes añadidos como fruta o probióticos.

Baby Cereal

8 oz or 16 oz box or package
No baby cereal with added ingredients such as fruit or probiotics.

Sereyal Bebe

Bwat oswa pake de 8 ons oswa 16 ons.
Sa yo ajoute engredyan tankou fwi oswa probiotik.

Gerber
Baby Grits - Yellow Corn
MultiGrain
Oatmeal
Organic Oatmeal
Rice

Earth's Best Organic
MultiGrain
Oatmeal

Early On
MultiGrain
Oatmeal
Rice

Carnes de Bebé

Para bebés que son amamantados y no reciben fórmula de WIC.
Tarro (jar) de 2.5 oz solamente.
No se permiten palitos de carne.

Baby Meats

For breastfed babies who receive no formula from WIC.

2.5 oz jar only.
No meat sticks.

Vyann Bebe

Pou tibebe ki ap bwè lèt manman ki pa resevwa fòmil nan WIC. Bokal (jar) de 2.5 ons sèlman. Ti baton vyann pa ladan'n.

Gerber
Beef & gravy Chicken & gravy
Ham & gravy Turkey & gravy
10 oz sampler pack
30 oz variety pack

Beech-Nut
Beef & beef broth
Chicken & chicken broth
Turkey & turkey broth
30 oz variety pack

Frutas y Vegetales de Bebé

Usted puede comprar frutas y vegetales para bebés en cualquier combinación de paquetes o frascos que sumen el total de onzas (oz) que recibe por mes. No se permiten frutas ni vegetales para bebés en bolsas. No se permiten frutas ni vegetales con ingredientes añadidos como cereales, yogur, carne o azúcar. Vea el lado 2 de esta hoja para las frutas y verduras permitidas para bebés.

Baby Fruits and Vegetables

You can buy your baby fruits and vegetables with any combination of packages or jars that add up to the total ounces (oz) you receive per month. **Here are some examples of how to buy:**
64 ounces: 16 - 4 oz jars/packages OR 8 - 8 oz packages
128 ounces: 32 - 4 oz jars/packages OR 16 - 8 oz packages

No baby fruits and vegetables in pouches.
No fruits and vegetables with added ingredients such as grains, yogurt, meat, or sugar.

See side 2 of this sheet for allowed baby fruits and vegetables.

Fwi ak Legim Bebe

Ou kapab achte fwi ak legim tibebe-w avèk nenpòt konbinezon de pake oswa bokal ki totalize kantite de ons (oz) ou resevwa chak mwa a. Pa gen fwi ak légim ti bebe nan sak. Pa gen fwi ak légim ak engredyan ajoute tankou grenn, yogout, oswa vyann, oswa sik. Gade bò 2 fèy sa a pou wè fwi ak legim pou tibebe ki otorize.

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Enstitisyon sa a ofri tout moun menm opòtinite a.

FloridaHealth.gov/WIC

Florida HEALTH

Baby Fruits and Vegetables

Gerber Regular and Organic

1st or 2nd Foods

4, 8, 12, 64, 80, and 128 oz package; 4 oz jar

Apple
Apple Avocado
Apple Blueberry
Apple Wild Blueberry
Apple Cherry
Apple Cherry Berry
Apple Peach Squash
Apple Strawberry
Apple Strawberry Banana
Apple Sweet Potato Pear
Apple Zucchini Spinach
Banana
Banana Apple Pear
Banana Avocado Spinach
Banana Blackberry Blueberry
Banana Blueberry
Banana Carrot Mango
Banana Orange Medley
Banana Plum Grape
Butternut Squash
Butternut Squash Orange
Carrot
Carrot Sweet Potato Pea
Corn
Green Bean
Mango
Mango Guava
Mango Apple Banana
Pea
Pea Carrot Spinach
Peach
Pear
Pear Carrot Pea
Pear Pineapple
Pear Zucchini Corn
Pineapple
Prune
Prune Apple
Pumpkin
Sweet Potato
Sweet Potato Apple Pumpkin

Tippy Toes

Regular and Organic

4 oz tub

8 oz package

Apples
Apple Banana
Apple Banana Strawberry
Apple Berry
Apple Carrot Mango
Apple Mango
Apple Pear Banana
Apple Sweet Potato
Bananas

Early On

Regular and Organic

4 oz jar and 8 oz package

Beech-Nut Regular, Naturals, and Organics

Stage 1 or 2

4 oz jar, 32 oz package, and 64 oz package

Apple
Apple & Blackberries
Apple & Blueberries
Apple, Mango & Kiwi
Apple, Pea & Kiwi
Apple, Raspberry & Avocado
Banana
Banana, Blueberry & Green Beans
Banana, Orange & Pineapple
Banana, Strawberriy & Blueberry
Banana & Strawberries
Butternut Squash
Carrots
Carrots, Sweet Corn & Pumpkin
Green Beans
Guava, Pear & Strawberry
Mango
Mango, Apple & Avocado
Mango, Apple & Banana
Mango & Carrot
Mixed Vegetables
Peach
Pear
Pear, Mango & Strawberry
Pear & Blueberries
Pear & Pineapple
Pear & Raspberries
Peas, Green Beans & Asparagus
Pumpkin
Prunes
Prune & Pear
Spinach, Zucchini & Peas
Squash
Sweet Carrots
Sweet Corn & Green Beans
Sweet Peas
Sweet Potato

Parent's Choice

Regular and Organic

Stage 1 or 2

4 oz jar and 8 oz package

Apple
Apple, Banana & Strawberry
Apple & Spinach
Banana
Banana, Apple & Pear
Banana, Mixed Berry & Apple
Butternut Squash
Carrots
Mango
Pear
Pear & Blueberry
Sweet Corn & Green Beans
Sweet Potato

Good & Gather

4 oz tub

Apple
Apple, Carrot & Mango
Banana
Carrot
Banana, Peach & Apricot
Broccoli, Pea & Spinach
Butternut Squash
Cauliflower, Blueberry, Raspberry & Apple
Corn, Broccoli & Avocado
Mango
Pea
Pea, Zucchini, Kale & Thyme
Pear
Pear & Blueberry
Pear, Spinach & Avocado
Prune
Pumpkin
Sweet Potato

Yummy Organics

4 oz tub

Happy Baby Organics

Stage 1 or 2

4 oz jar

Apples & Spinach
Bananas & Strawberries
Bananas & Sweet Potatoes
Carrots
Carrots & Peas
Pears
Pears & Prunes
Sweet Potatoes

Mom's Organic Choice

8 oz package

Apple
Apple, Banana, Pear
Apple, Banana, Strawberry
Apple, Blueberry
Apple, Mango
Apple, Sweet Potato
Banana
Banana, Mixed Berry
Butternut Squash
Carrot
Carrot, Apple, Pear
Mango
Mixed Vegetables
Peas
Pear
Pear, Mango
Pear, Spinach, Pea
Sweet Potato

Once Upon A Farm

Organic 4 oz tub

Apple, Banana & Kale
Apple, Blueberry & Sweet Potato
Apple, Strawberry & Zucchini
Pear, Pumpkin & Mango
Pear, Strawberry & Carrot
Pear, Squash & Raspberry

Wild Harvest Organic

4 oz tub