Creditable Milks/Milk Substitutions in the Child Care Food Program

Creditable Milks

The following milks may be served as part of a reimbursable meal with no extra documentation needed:

- Breastmilk
- Pasteurized Cow or Goat Milk
- Lactose-Free or Lactose-Reduced Milk
- UHT (Ultra High Temperature) Milk
- Acidified or Cultured Milk
- Organic Milk

Non-Creditable Non-Dairy Beverages

These do not meet the USDA nutrient requirements and are not creditable without a completed Medical Statement.

- Almond Milk
- Cashew Milk
- Coconut Milk
- Hemp Milk
- Oat Milk
- Rice Milk
- Any other non-dairy beverage not listed (i.e. water, juice)

Milk Substitutions: Creditable Non-Dairy Beverages

What is a Creditable Non-Dairy Beverage?

Meets USDA nutrient standards for fluid milk substitutes and may be requested by either parent note or Dietary Preference Form.

Non-dairy beverages are not required to be low-fat or fat-free. When served to children 1-5 years old, they must be unflavored.

Nutrients (1 cup cow's milk)	Requirement per cup (8 fluid oz.)	% DV
Protein	8g	16%
Calcium	276mg	28%
Vitamin A	150mcg	10%
Vitamin D	2.5mcg	25%
Magnesium	24mg	6%
Phosphorus	222mg	23%
Potassium	349mg	10%
Riboflavin	.44mg	26%
Vitamin B-12	1.1mcg	19%

Creditable Non-Dairy Beverages Approved for Use in the CCFP

Find these on store shelves: (shelf-stable)

For Children Ages 1-5 (Unflavored Only)

Kikkoman Pearl Organic Soymilk Smart Original

Silk Original Soymilk

Pacific Ultra Soy Original

Ripple Original Dairy Free Milk

Sunrich Naturals Original Soymilk

For Children Ages 6 and Older (Flavored)

Kikkoman Pearl Organic Soymilk Smart Vanilla

Kikkoman Pearl Organic Soymilk Smart Chocolate

Ripple Vanilla Dairy Free Milk

Ripple Chocolate Dairy Free Milk

Sunrich Naturals Soymilk Vanilla

Silk Soymilk Very Vanilla

Silk Soymilk Chocolate

Find these in the refrigerated section:

Silk Original Soymilk

Walmart Bettergoods Original Soymilk

8th Continent Soymilk Original

8th Continent Soymilk Vanilla

For more information, visit FloridaHealth.gov/CCFP or call 850-245-4323.

August 2025