

Lifeguard and Swimming Instructor Equivalency Advisory  
Approved by Florida Department of Health  
As of June 2025

**Lifeguard and Swimming Instructor Equivalency Advisory**  
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**As of May 22, 2026**

American Aquatics and Safety Training  
Approved Lifeguard Instructor Course  
Website: <https://lifeguardandsafetytraining.com>  
<https://lifeguardandsafetytraining.com/LifeguardTraining/Florida>

AQUAfin Swim School  
Approved Swimming Instructor Course  
Attn: Nimrod Shapira, Director of Operation  
2006 St Johns Bluff Road South  
Jacksonville, Florida 32246 904-775-9400  
Website: [www.aquafinswimschool.com](http://www.aquafinswimschool.com)

Aqua-Tots Swim Schools  
Approved Swimming Instructor Course  
Instructor Training & Certification  
Attn.: Craig Wright, Chief Executive Officer  
1122 S. Greenfield Road  
Mesa, AZ 85206  
Phone: 480-621-3226  
Fax: 480-649-2897  
[www.aqua-tots.com](http://www.aqua-tots.com)

American Red Cross Lifeguard Training  
Approved Lifeguard Instructor Course  
Instructor Training & Certification  
Website: [www.redcross.org/take-a-class/lifeguarding](http://www.redcross.org/take-a-class/lifeguarding)  
[www.redcross.org/take-a-class/swimming](http://www.redcross.org/take-a-class/swimming)

Baby Otter Swim School, Swimming Instruction Program  
Approved Swimming Instructor Course  
Attn: Ms. Mindy York, President  
Baby Otter Swim School Inc.  
6511 Nova Drive #159  
Davie, FL 33317  
Phone: 954-704-0080  
Website: [www.babyotterandredawson.com](http://www.babyotterandredawson.com)

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FAST Swim Program  
Approved Swimming Instructor Course  
Attn: Linda Bolger  
4509 E. Seneca Drive  
St. Johns, FL 32259  
Phone: 609-680-9700 Fax: 904-395-9049  
Website: [www.fastswimprogram.com](http://www.fastswimprogram.com)

Gus and Goldie Learn to Swim, JaxParks Aquatics  
Approved Swimming Instructor Course  
Attn: Ronald R Watson  
Jacksonville Dept. of Parks, Recreation, and Entertainment  
851 N Market St.  
Jacksonville, FL 32202-2742  
Phone: 904-255-6777  
Email: [SplashSquad@coj.net](mailto:SplashSquad@coj.net)

Infant Swimming Resource  
Approved Swimming Instructor Course  
3415 West Lake Mary Blvd.  
Lake Mary, FL 32746  
Website: [www.infantswim.com](http://www.infantswim.com)  
Email: [customerservice@infantswim.com](mailto:customerservice@infantswim.com)

International Lifeguard Training Program (ILTP®)  
Approved Lifeguard Instructor Course  
Attn: Ms. Bethany Gilley, JES Program Manager  
Jeff Ellis and Associates, Inc.  
508 Goldenmoss Loop  
Ocoee, FL 34761  
Phone: 407-401-7136 Fax: 800-903-0097  
Website: [www.jellis.com](http://www.jellis.com)

Jeff Ellis Swim Program  
Approved Swimming Instructor Course  
Attn: Ms. Bethany Gilley, JES Program Manager  
Jeff Ellis and Associates, Inc.  
508 Goldenmoss Loop  
Ocoee, FL 34761  
Phone: 407-401-7136 Fax: 800-903-0097  
Website: [www.jellis.com](http://www.jellis.com)

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Lifeguard-Pro, Lifeguard Training Program  
Approved Lifeguard Instructor Course  
2840 Northeast 14th Street A101  
Pompano Beach, FL 33062  
Phone: 954-607-2282  
Website: [www.lifeguard-pro.org](http://www.lifeguard-pro.org)

Miracle Swimming, Swimming Instruction Program  
Approved Swimming Instructor Course  
Attn: Ms. M. Ellen Dash  
Miracle Swimming School for Adults, LLC  
2404 Hibiscus St.  
Sarasota, FL 34239  
Phone: 941-921-6420  
Website: [www.miracleswimming.com](http://www.miracleswimming.com)  
Email: [steph@miracleswimming.com](mailto:steph@miracleswimming.com)

National Aquatic Safety Company, Lifeguard Training  
Approved Lifeguard Instructor Course  
Attn: NASCO- National Aquatic Safety Company  
1002 Avenue L  
Dickinson, Texas 77539  
Phone: 281-337-5628 Fax: 281-337-0043  
Website: [www.nascoaquatics.com](http://www.nascoaquatics.com)  
Email: [info@nascoaquatics.com](mailto:info@nascoaquatics.com)

PediaSwim  
Approved Swimming Instructor Course  
Attn: Joy McGinty  
205 Windermere Road  
Winter Garden, FL 34787  
Phone: 407-905-0999 Fax: 407-905-5268  
Website: [www.pediaswim.com](http://www.pediaswim.com)  
Email: [info@pediaswim.com](mailto:info@pediaswim.com)

SafeSplash & Swimtastic Swim School  
Approved Swimming Instructor Courses  
Streamline Brands, Attn: Robert Saalfeld, General Manager  
12240 Lioness Way  
Parker, Colorado 80134  
Phone: 239-471-3035 Website: [swimtastic.com](http://swimtastic.com)

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Serenity Swim Network  
Approved Swimming Instructor Course  
Attn: Rob and Kathy McKay  
1298 Southwest 15th Street  
Boca Raton, Florida 33486  
Phone: 561-362-5490  
Websites: <https://serenityswimnetwork.com/>  
<https://lifestyleswimschool.com/>  
Email: [mckayswim@aol.com](mailto:mckayswim@aol.com)

StarGuard Elite  
Approved Lifeguard Instructor Course  
Attn: Wess Long, President  
13506 Summerport Village Parkway, #810  
Windemere, Florida 34786  
Phone: 407-624-5913  
Website: [www.starguardelite.com](http://www.starguardelite.com)  
Email: [info@starguardelite.com](mailto:info@starguardelite.com)

Starfish Swim School, Learn to Swim Program  
Approved Swimming Instructor Course  
Attn: Leslie Donovan, President  
Starfish Aquatics Institute  
1 Diamond Causeway Suite 21-226  
Savannah, GA 31406  
Phone: 877-465-4545  
Website: [www.starfishaquatics.org](http://www.starfishaquatics.org)  
Email: [Info@sai-intl.org](mailto:Info@sai-intl.org)

SwimAmerica  
Approved Swimming Instructor Course  
5101 NW 21st Ave, Suite 530  
Ft. Lauderdale, FL 33309  
Phone: 1-800-356-2722  
Website: [www.swimamerica.org](http://www.swimamerica.org)

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Swim Babies Swim Florida  
Approved Swimming Instructor Course  
Attn: Ms. Tracey Smith  
16403 Ruby Lake  
Weston, FL 33331  
Phone: 954-292-3845  
Website: [www.swimbabiesswimflorida.com](http://www.swimbabiesswimflorida.com)  
Email: [swimbabiesswim@aol.com](mailto:swimbabiesswim@aol.com)

Swim Lesson University, Swimming Instruction Program  
Approved Swimming Instructor Course  
Attn: Mr. Jim Reiser, Executive Director  
Swim Lesson University  
P.O. Box 290760  
Columbia, SC 29229  
Phone: 803-865-2629  
Fax: 803-699-9736  
Website: [www.swimlessonsuniversity.com](http://www.swimlessonsuniversity.com)  
Email: [jreiser@swimprofessor.com](mailto:jreiser@swimprofessor.com)

Swim Life, Swimming Instruction Program  
Approved Swimming Instructor Course  
Attn: Ms. Kelly Whittemore, President  
251 Gordon Street  
Sanford, FL 32771  
Phone: 407-878-4352  
Website: [www.myswimlife.com](http://www.myswimlife.com)  
Email: [info@myswimlife.com](mailto:info@myswimlife.com)

The Superstar Method  
Approved Swimming Instructor Course  
Attn: Mr. Nimrod Shapira, CEO  
8201 Narcoossee Park Drive  
Orlando, FL 32822  
Phone: (888) 651-6518  
Website: <https://fintasticswimacademy.com/>  
Email: [info@fintasticswimacademy.com](mailto:info@fintasticswimacademy.com)

U Can Swim, Inc.  
Approved Lifeguard Training and Swimming Instructor Course  
Attn: Mr. Benjamin Sparks, Chief Executive Officer

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28450 SW 212th Avenue  
Homestead, FL 33030  
Phone: 786-512-4827

YMCA

Approved Lifeguard Training and Swimming Instructor Course  
801 Corporate Center Dr. Suite 200  
Raleigh, NC 27607  
Phone: 919-719-9622

Website: [www.ymcatriangle.org/programs-services/swimming/lifeguard-training](http://www.ymcatriangle.org/programs-services/swimming/lifeguard-training)

World Academy of Safety & Health (WASH)

Approved Lifeguard Training

- Pool Lifeguard
- Waterfront Lifeguard
- Waterpark Lifeguard
- Surf Rescue

Attn: Jeffrey Dudley, President

World Academy of Safety & Health

Post Office Box 311

Riderwood, Maryland 21139

Website: [www.lifeguardcertifications.com](http://www.lifeguardcertifications.com)

END