



**Florida Pediatric
Behavioral Health**
COLLABORATIVE

Navigating Your Child's **Behavioral Health Needs**

Caring for a child with mental or behavioral health challenges can feel overwhelming, but you don't have to do it alone.

Your child's doctor may be part of a special program with the Florida Pediatric Behavioral Health Collaborative. This means their doctor has had extra training and support to check for and treat common mental health concerns in kids. This includes **ADHD, anxiety, and depression**.

Your doctor can also refer you to a nearby behavioral health hub. A care coordinator at the hub can help connect you with a local mental health provider and other helpful services. They can also work with you and your child's doctor to make **a care plan that fits your child's needs and keeps everyone on the same page.**



**Don't wait
talk to your child's
doctor today.**

Many kids struggle with behavioral health issues. Research shows that getting help early makes a big difference.

Thousands of Florida families have found support just by talking to their child's doctor. **One conversation can lead to the help your child needs.**



About the Florida Pediatric Behavioral Health Collaborative

The collaborative is a program led by the Florida Department of Health. It was created to help with the growing number of mental and behavioral health concerns in children. The program helps kids get mental and behavioral health care from their regular doctor, and it's free for both providers and families.



Florida's Regional Behavioral Health Hubs

The Florida Pediatric Behavioral Health Collaborative works with top universities and medical institutions to operate behavioral health hubs throughout the state. These regional hubs offer three key services to doctors and families.

All regional hub services are offered at **no cost** to doctors or the families they serve.



Physician education, training, and support



Referrals to local mental and behavioral health resources



Coordinated care that supports every part of the child's health



To learn more about how we're working to address Florida's youth mental health crisis, visit [**FloridaHealth.gov/PediatricBehavioralHealth**](https://FloridaHealth.gov/PediatricBehavioralHealth).

