# Child Care Food Program
## Child Care Centers
## Fact Sheet

*Vision: To be the **Healthiest State** in the Nation!*

The Child Care Food Program provides reimbursement for nutritious meals and snacks served to children in child care settings.  This program is funded by the U.S. Department of Agriculture and is administered in Florida by the Department of Health, Bureau of Child Care Food Programs.

## Eligibility Requirements

- All programs must be licensed by the appropriate child care licensing authority or be legally exempt from such licensure.

- Programs must be public or private nonprofit organizations, or for-profit organizations whose enrollment or licensed capacity consists of at least 25% low-income children meeting specific criteria.

- Child care centers and outside-school-hours centers may participate in the program either with a sponsor or as independent centers. Family day care home providers who participate in the Child Care Food Program must be licensed and affiliated with a sponsoring organization.

## Funding

The Child Care Food Program will reimburse up to two meals and one snack or two snacks and one meal per child, per day.

- Reimbursable meals and snacks may be served to eligible children 12 years of age and younger; migrant children may be served through age 15 and children with disabilities may be served regardless of their age.

- Reimbursement is determined by the number of eligible enrolled participants who are served creditable meals, and the current reimbursement rates set by the U.S. Department of Agriculture.

- Reimbursement levels vary dependent on the income eligibility level of each child. Maximum reimbursement for FY 23-24 is $2.28 for breakfast, $4.55 for lunch and/or supper (includes cash-in lieu rate), and $1.17 for snack.

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## Record Keeping Requirements

Programs must keep attendance records, daily meal counts, menus and cost documentation to qualify for reimbursement.

## Nutrition Requirements

Meals and snacks served to children must meet specific U.S. Department of Agriculture meal pattern requirements.

To qualify for reimbursement, meals and snacks must include, at a minimum, food components in amounts specified by age.

Meals must contain:
- Fluid milk
- Fruit
- Vegetable
- Grain
- Meat and meat alternates

A sample menu is provided on the reverse side.

## For further information, telephone or write to:

Florida Department of Health
Division of Community Health Promotion
Bureau of Child Care Food Programs
4052 Bald Cypress Way, Bin #A-17
Tallahassee, FL 32399-1727
Phone: 850.245.4323  Fax: 850.414.1622
Email: ccfp@flhealth.gov
www.FloridaHealth.gov/CCFP

# Child Care Food Program
# Sample Child Care Center Menu

Refer to the Child Care Food Program Meal Pattern for Children when planning portion sizes for the different age groups.
Children age 1 must be served unflavored whole milk. Children ages 2-5 must be served unflavored lowfat (1%) or fat-free (skim) milk.
Children 6 years old and older must be served unflavored or flavored lowfat milk (1%) or fat-free (skim) milk.

|  | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
|---|---|---|---|---|---|
| **Breakfast** | Cinnamon raisin bagel<br>***Cream cheese***<br>Peaches<br>Milk | WG waffle<br>Applesauce<br>Turkey sausage<br>Milk | WG Cheerios<br>Banana<br>Milk | Egg and cheese biscuit<br>Strawberry slices<br>Milk | WG English muffin<br>***Butter***<br>Orange wedges<br>Milk |
| **Lunch or Supper** | Baked chicken<br>Mashed potatoes<br>WG roll<br>Broccoli<br>Seasonal fresh fruit<br>Milk | *Vegetable lasagna<br>Garlic bread<br>Green peas<br>Pears<br>Milk | Pork tenderloin<br>Egg noodles<br>Sweet potato<br>Mixed vegetables<br>Milk | *Bean and cheese quesadilla<br>WG tortilla<br>Corn<br>Apple slices<br>Milk | *Breaded fish<br>WG bun<br>Mixed greens salad<br>(Spinach, Romaine, Tomato, Cucumber)<br>***Italian dressing***<br>Roasted potato wedges<br>Milk |
| **Snack** | Mandarin oranges<br>String cheese | Grape juice<br>Pretzels | Bell pepper strips<br>***Ranch dressing***<br>Cheese crackers | Yogurt<br>Pineapple tidbits | Corn muffin<br>Milk |

*Requires a Child Nutrition Label, Product Formulation Statement, or standardized recipe
When a drink is not specifically listed with a snack, water is recommended as a beverage.  (Note: Water is NOT a creditable food item)

At least one serving of grains per day, across all eating occasions, must be 100% whole grain or whole grain-rich. Menus must clearly identify the whole grain or whole grain-rich item (e.g. "WG bread" or "WGR crackers").

Note: Additional sample menus can be found on our website: www.FloridaHealth.gov/ccfp

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