This is the nineteenth weekly Florida influenza surveillance report for the 2008-09 season. Influenza surveillance in Florida consists of seven surveillance components*: 1) Florida Sentinel Physician Influenza Surveillance Network (FSPISN); 2) Florida Pneumonia & Influenza Mortality Surveillance System; 3) State laboratory viral surveillance; 4) County influenza activity levels; 5) Notifiable Disease Reports: Influenza-associated deaths in children & post-influenza infection encephalitis; 6) Influenza or ILLI outbreaks; 7) Syndromic surveillance.

During week 5 (02/01/09-02/07/09), the proportion of patient visits for influenza-like illness (ILI) as reported by the Florida Sentinel Physician Influenza Surveillance Network was 3.70 percent. This is above the state threshold for moderate activity of 2.98 percent for the first time this season. Seventeen of the thirty ILI specimens tested by Bureau of Laboratories were positive for influenza. Three counties reported widespread activity and eight counties reported localized activity. Twenty-one counties reported sporadic activity and 12 counties reported no activity. Twenty-three counties did not report. The graph below shows the progression of the 2007-08 & 2008-09 Florida influenza seasons as monitored by three** of seven surveillance systems.

Each week an activity code for the state as a whole is reported to the Centers for Disease Control and Prevention (CDC). There are five possible categories: No Activity, Sporadic, Local, Regional, or Widespread. Regional activity has been reported in Florida for this reporting week (week 5). Florida meets the CDC regional activity definition. The CDC definition for regional activity is: Outbreaks of influenza or increases in ILI cases and recent laboratory-confirmed influenza in a at least two but less than half the regions of the state. The CDC report can be viewed at http://www.cdc.gov/flu/weekly/usmap.htm.

*The purposes of these surveillance systems are to determine when and where influenza activity is occurring, to identify circulating viruses, to detect changes in the circulating influenza viruses, to track patterns of influenza-associated morbidity and mortality and estimate the overall impact of influenza in the state of Florida.

**1) FSPISN, 2) State Laboratory Viral Surveillance, and 3) County Activity Levels.
During week 5, 3.70%* of patient visits to Florida sentinel providers were due to ILI. This percentage is above the statewide threshold for moderate activity of 2.98%** for the first time this season. The percentage of visits ranged from 1.19% in the Northeast to 5.23% in the Southeast region.

*FSPISN reporting is incomplete for this week (57% of providers reported). Numbers may change as more reports are received. Data displayed is weighted to the state population.

**The 2008—09 threshold for moderate activity is calculated from FSPISN data. The threshold for moderate activity is the mean percentage of patient visits for ILI during influenza weeks for the previous three seasons plus two standard deviations. Only weeks with 10% or greater of laboratory specimens testing positive are included in the calculation. Due to wide variability in regional level data, it is not appropriate to apply the state baseline to regional data.

^ There was no week 53 during the 2006-07 and 2007-08 seasons; the week 53 data point for those seasons is an average of weeks 52 and 1.

III. FLORIDA PNEUMONIA AND INFLUENZA MORTALITY SURVEILLANCE

Please refer to the most recent national data compiled by the CDC below. Three major metropolitan locations participate in the national 122 Cities Mortality Reporting System. Florida is currently in the process of updating the Florida Pneumonia and Influenza Mortality Surveillance System (FPIMSS). Twenty-three counties participate in the FPIMSS. During week 5, one county did not report. Data from all participating counties are required to accurately display the data in this report.

Pneumonia and Influenza (P&I) Mortality Surveillance: During week 5, 7.2% of all deaths reported through the 122-Cities Mortality Reporting System were due to P&I. This percentage is below the epidemic threshold of 7.9% for week 5.
During week 5, Florida Department of Health Bureau of Laboratories tested a total of 32 specimens for influenza viruses. Seventeen (53%) of 32 were positive for influenza. Eight were influenza AH1, one was influenza A H3, one was influenza A unknown and 7 were influenza B Malaysia. This is the first influenza A H3 identified this season. The Bureau of Laboratories have tested a total of 317 specimens so far this season. Out of the 317 tested, 135 (43%) isolates were positive. Of the 135 positive isolates 64 (47%) were influenza A and 71 (53%) were influenza B isolates. Laboratory information is preliminary and may change as additional results are received. Totals from previous weeks will be adjusted to reflect correct specimen numbers.

*Please note that the graph displays positive influenza isolates in each county reported during week 5. Totals will be adjusted to reflect actual week of positive specimen.
The table below shows the weighted ILI activity by region as reported by Florida sentinel physicians for the 2007-08 & 2008-09 seasons. The graphs below include ILI activity as reported by sentinel physicians and FDOH laboratory data.

<table>
<thead>
<tr>
<th>REGION</th>
<th>2008-09 ILI %</th>
<th>2007-08 ILI %</th>
</tr>
</thead>
<tbody>
<tr>
<td>Centraleast</td>
<td>4.01%</td>
<td>1.83%</td>
</tr>
<tr>
<td>Centralwest</td>
<td>2.28%</td>
<td>0.21%</td>
</tr>
<tr>
<td>Northcentral</td>
<td>1.67%</td>
<td>2.83%</td>
</tr>
<tr>
<td>Northeast</td>
<td>1.19%</td>
<td>0.49%</td>
</tr>
<tr>
<td>Northwest</td>
<td>2.87%</td>
<td>1.14%</td>
</tr>
<tr>
<td>Southeast</td>
<td>5.23%</td>
<td>1.84%</td>
</tr>
<tr>
<td>Southwest</td>
<td>3.59%</td>
<td>1.21%</td>
</tr>
</tbody>
</table>

The graphs below include ILI activity as reported by sentinel physicians and FDOH laboratory data.

- **Influenza A specimens FDOH Laboratories**
- **Influenza B specimens FDOH Laboratories**
- **% of visits for ILI, reported by sentinel providers**
During week 5, three counties reported widespread activity (Alachua, Broward, Hillsborough). Eight counties reported localized activity (Collier, Duval, Escambia, Pinellas, Polk, Santa Rosa, Sarasota, Seminole). Twenty-one counties (Baker, Brevard, Clay, Miami-Dade, Hernando, Indian River, Lake, Manatee, Marion, Martin, Nassau, Okaloosa, Orange, Osceola, Palm Beach, Pasco, Putnam, St. Lucie, Suwannee, Volusia, Walton) reported sporadic activity. Twelve counties reported no activity. Twenty-three counties did not report. Please note: data reported from counties reporting after the deadline are recorded but are not included in the activity map below.
COUNTY INFLUENZA ACTIVITY LEVEL DEFINITIONS

0 = No Activity:
Overall clinical activity remains low with no laboratory confirmed cases† in the county.

1 = Sporadic:
And/or
- a. Isolated cases of laboratory confirmed influenza† in the county.
- b. An ILI§ outbreak in a single setting‡ in the county. (No detection of decreased ILI§ activity by surveillance systems*)

2 = Localized:
And/or
- a. ILI§ activity detected by a single surveillance system* within the county.
  - ILI§ activity has not been detected by multiple ILI surveillance systems.
- b. Two or more outbreaks (ILI§ or lab confirmed†) detected in a single setting‡ in the county.
  AND
- c. Recent (within past three weeks) laboratory evidence† of influenza activity in the county.

3 = Widespread:
And/or
- a. An increase in ILI§ activity detected in ≥2 surveillance systems in the county.
- b. Two or more outbreaks ((ILI§ or laboratory confirmed†) detected in multiple settings‡ in the county.

No Report: (No report was received from the county at the time of publication)
† Laboratory confirmed case = case confirmed by rapid diagnostic test, antigen detection, culture, or PCR.
§ILI = Influenza-like illness, fever ≥ 100°F AND sore throat and/or cough in the absence of another known cause.
*ILI surveillance system activity can be assessed using a variety of surveillance systems including sentinel providers, school/workplace absenteeism, long-term care facility (LTCF) surveillance, correctional institution surveillance, hospital emergency department surveillance and laboratory surveillance.
‡Settings include institutional settings (LTCFs, hospitals, prisons, schools, companies) & the community.

VII. REPORTS OF INFLUENZA OR INFLUENZA-LIKE ILLNESS (ILI) OUTBREAKS

During week 5, an influenza-like illness (ILI) outbreak was reported by a correctional facility in Jackson County. A total of 41 inmates were ill. Nine had cough and a fever of greater than or equal to 100.4 degrees Fahrenheit. The remaining inmates had a fever equal to or greater than 99.0 degrees Fahrenheit. Symptom onsets ranged from Wednesday, January 28th, 2009 to Saturday, February 1st. Nasal swabs were collected and sent to a private lab for analysis. None of the samples submitted for testing were positive for influenza.

County Health Department epidemiologists should report Influenza and ILI outbreaks via EpiCom at: https://fdens.com/vabtrs/GateStart.aspx within the Influenza Forum.

VIII. NOTIFIABLE DISEASE REPORTS: INFLUENZA-ASSOCIATED DEATHS AMONG CHILDREN (<18 YEARS) & POST-INFLUENZA INFECTION ENCEPHALITIS

As of the week ending February 1, 2009, there was on influenza-associated death among those <18 years of age and/or post-influenza infection encephalitis reported in the state of Florida.

<table>
<thead>
<tr>
<th>Reportable Disease</th>
<th># of Cases 08-09 Influenza Season</th>
</tr>
</thead>
<tbody>
<tr>
<td>Influenza-associated deaths among those &lt;18 years of age</td>
<td>1</td>
</tr>
<tr>
<td>Post-influenza infection encephalitis</td>
<td>0</td>
</tr>
</tbody>
</table>

Influenza-associated deaths among those <18 years of age and/or post-influenza infection encephalitis are reportable; case report forms can be accessed at: http://www.doh.state.fl.us/disease_ctr/epi/topicscrforms.htm.
Syndromic surveillance ILI data as monitored through the ESSENCE system is a newly added component of the overall state influenza surveillance program. Florida uses the Electronic Surveillance System for the Early Notification of Community-based Epidemics (ESSENCE) for syndromic surveillance, which currently collects data from 92* hospitals. These data are processed into 11 different syndrome categories based on the patient's chief complaint. One of the categories is influenza-like illness (ILI), which is composed of chief complaints that include the words "influenza" or "flu", or either fever and cough or sore throat. The data are collected on a daily basis from participating hospital emergency departments (ED) across the state. Displayed below are the percentage of ILI visits to local EDs from 2006 to 2009 by week.

*The total number of facilities participating in ESSENCE has increased steadily from 2006 to 2009. In 2007 ESSENCE was implemented as the state syndromic surveillance system. Please note that numbers may change as facility data is updated.
Since the outbreak activity began at the end of December 2003, there have been a total of 405 confirmed human cases and 254 deaths. Cases and deaths have occurred in the following nations: Azerbaijan 8 cases and 5 deaths; Bangladesh 1 case 0 deaths; Cambodia 8 cases and 7 deaths; China 38 cases and 25 deaths; Djibouti 1 case 0 deaths; Egypt 54 cases and 23 deaths; Indonesia 141 cases and 115 deaths; Iraq 3 cases and 2 deaths; Lao People’s Democratic Republic 2 cases and 2 deaths; Myanmar 1 case and 0 deaths; Nigeria 1 case and 1 death; Pakistan 3 cases and 1 death; Thailand 25 cases and 17 deaths; Turkey 12 cases and 4 deaths; and, Vietnam 107 cases and 52 deaths. For a complete analysis and summary of WHO confirmed human cases of H5N1 from 12/1/2003 to current, please visit: http://www.who.int/csr/disease/avian_influenza/ai_timeline/en/index.html


During week 5, the Ministry of Health and Population of Egypt announced a new human case of avian influenza A (H5N1) virus infection. The case is a 2-year-old male from the Suez Governorate. His symptoms began on February 2nd, 2009 and he was hospitalized at the Suez Fever Hospital the following day. The patient is currently in stable condition. A recent history of contact with dead poultry was noted as a possible source of infection.

The Ministry of Health in China announced a new confirmed human case of avian influenza A (H5N1) virus infection. The case was a 21-year-old female from the Hunan province. She developed symptoms on January 23rd, 2009, and is currently hospitalized in stable condition. Investigation into the source of infection indicate possible exposure to sick and dead poultry.

The current phase of alert as defined by the WHO global influenza preparedness plan is phase 3, which states that human infections with a new subtype are occurring, but no human-to-human spread, or at most rare instances of spread to a close contact. At the present time the WHO is not recommending restrictions on travel to areas affected by H5N1 avian influenza, but is suggesting that travelers to these areas avoid contact with live animal markets and poultry farms, and any free-ranging or caged poultry. Evidence suggests that the primary route of infection at this time is associated with direct contact with infected poultry, or surfaces and objects contaminated by their droppings.

More information about these cases can be found at http://www.who.int/csr/disease/avian_influenza/updates/en/index.html

Human cases of influenza due to infection from novel or pandemic strains are reportable in Florida. Reports should be made to the Department 24/7 upon initial suspicion.