Florida FLU REVIEW 2010-2011 season

Week 1: January 2, 2011-January 8, 2011

Summary
The Florida Department of Health (FDOH) monitors multiple surveillance systems such as the Electronic Surveillance System for the Early Notification of Community-based Epidemics (ESSENCE), the Florida Pneumonia and Influenza Mortality Surveillance System (FPIMSS), notifiable disease reports (Merlin), EpiCom, and Florida ILINet in order to track influenza activity in the state.

National:
- CDC reported moderate levels of influenza around the country during week 52. The CDC calculated low ILI for the state of Florida using Florida's ILINet sentinel surveillance data.

State:
- Influenza-like illness (ILI) activity is moderate and increasing in many of our monitoring systems. This week one county reported widespread activity, and fifteen counties reported moderate activity. Twenty-six counties reported increasing influenza activity.
- ESSENCE and ILINet ILI data are elevated over previous years, especially in the southern and central regions of Florida.
- Current influenza strains circulating in Florida are primarily influenza A H3, with some 2009 H1N1 and influenza B. Other viruses known to be currently circulating, potentially causing influenza-like illness, include adenovirus, rhinovirus, parainfluenza and RSV. RSV activity is currently elevated, as is expected during the RSV season. RSV can cause severe respiratory illness in infants.
- There were four influenza or ILI outbreaks and one respiratory illness outbreak reported into EpiCom during week 1. There have been eight influenza or ILI outbreaks and two respiratory disease outbreaks reported in the 2010-11 influenza season. The majority of these outbreaks have been in nursing homes and long-term care facilities, and influenza A H3 has been implicated in all PCR confirmed influenza outbreaks.

Weekly state influenza activity: Regional
Florida is currently reporting Regional influenza activity statewide, due to moderate influenza activity levels reported across Florida, continued high percent positive for influenza specimens, and elevated and increasing ILI levels in ESSENCE and ILINet.

Pediatric influenza Mortality
No pediatric influenza mortalities were reported in week one. There has been one pediatric influenza mortality reported in the 2010-11 season. Influenza-associated deaths among those less than 18 years old are reportable in Florida. The case definition is available at: http://www.cdc.gov/ncphi/disss/nndss/casedef/Influenza-Associated_current.htm

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<th>Measure</th>
<th>Difference from previous week</th>
<th>Current week 1</th>
<th>Previous week 52</th>
<th>Page of Report</th>
</tr>
</thead>
<tbody>
<tr>
<td>Overall statewide activity code reported to CDC</td>
<td>No Change</td>
<td>Regional</td>
<td>Regional</td>
<td>1</td>
</tr>
<tr>
<td>Number of ILI outbreaks reported in Epi Com</td>
<td>▲ 3</td>
<td>4</td>
<td>1</td>
<td>1</td>
</tr>
<tr>
<td>Percent of visits to ILINet providers for ILI</td>
<td>▼ 0.2</td>
<td>2.8%</td>
<td>3.0%</td>
<td>2</td>
</tr>
<tr>
<td>Percent of emergency department visits (from ESSENCE) due to ILI</td>
<td>▼ 0.1</td>
<td>3.9%</td>
<td>4.0%</td>
<td>4</td>
</tr>
<tr>
<td>Percent of hospital admissions (from ESSENCE) due to ILI</td>
<td>▼ 0.3</td>
<td>0.8%</td>
<td>1.1%</td>
<td>4</td>
</tr>
<tr>
<td>Percent of laboratory specimens that were positive for influenza</td>
<td>▼ 11.9</td>
<td>47.1%</td>
<td>59.0%</td>
<td>6</td>
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<tr>
<td>Number of counties reporting moderate influenza activity</td>
<td>▲ 1</td>
<td>15</td>
<td>14</td>
<td>7</td>
</tr>
<tr>
<td>Number of counties reporting widespread influenza activity</td>
<td>▲ 1</td>
<td>1</td>
<td>0</td>
<td>7</td>
</tr>
<tr>
<td>Number of counties reporting increasing influenza activity</td>
<td>▼ 15</td>
<td>26</td>
<td>41</td>
<td>8</td>
</tr>
<tr>
<td>Number of counties reporting decreasing influenza activity</td>
<td>▲ 1</td>
<td>2</td>
<td>1</td>
<td>8</td>
</tr>
</tbody>
</table>
The National Respiratory and Enteric Virus Surveillance System (NREVSS) collects data from laboratory facilities around the country on a weekly basis. NREVSS monitors temporal and geographic patterns of respiratory syncytial virus (RSV), human parainfluenza viruses (HPIV), respiratory and enteric adenoviruses and rotavirus. Florida has over 30 participating laboratory facilities.

**FIGURE 1** shows the percentage of positive tests for multiple respiratory viruses reported by NREVSS-participating laboratories in Florida.

The six respiratory viruses summarized in Figure 1 are:
- RSV
- Parainfluenza 1-3 (HPIV)
- Adenovirus
- Human Metapneumo Virus
- Rhinovirus
- Influenza

**FIGURE 2** shows the percentage of visits for influenza-like illness* reported by ILINet Sentinel Providers statewide.

ILI activity is near the moderate threshold and above previous pandemic and non-pandemic influenza seasons at this time.

**FIGURE 3** shows influenza-like illness (ILI) visit counts reported by ILINet sentinel providers statewide by age group.

Recent ILI increases have been in those 24-64 years.

*ILI = Influenza-like illness, fever >100°F AND sore throat and/or cough in the absence of another known cause.

**The 2009—2010 threshold for moderate activity is calculated from ILINet data. The threshold for moderate activity is the mean percentage of patient visits for ILI during influenza weeks for the previous three seasons plus two standard deviations. Only weeks with 10% or greater of laboratory specimens testing positive are included in the calculation. Due to wide variability in regional level data, it is not appropriate to apply the state baseline to regional data.

^There is no week 53 during the 2006-2007, 2007-2008, and 2009-2010 seasons; the week 53 data point for those seasons is an average of weeks 52 and 1.

*ILI = Influenza-like illness, fever >100°F AND sore throat and/or cough in the absence of another known cause.

†Data presented here are counts, not proportions as included in Figure 2. This is because age group denominator data is not available through ILINet.
TABLE 2 shows the ILI activity by Regional Domestic Security Task Force (RDSTF) as reported by Florida ILINet physicians for week 1 (ending January 8, 2011).

FIGURE 4 - FIGURE 10 include ILI activity as reported by sentinel physicians for the 2007-2008, 2008-2009, 2009-2010, 2010-2011 seasons.

Regions 1 is showing no ILI activity this week while region 4 is showing an increase higher than non-pandemic years. Regions 2-7 have decreased ILI activity this week after large increases in the previous weeks, but activity in these regions is still elevated. Data should be interpreted with caution due to the low number of providers reporting in some regions. Numbers will change as more data are received.

Percentage of Visits for Influenza-Like Illness Reported by ILINet Sentinel Providers by RDSTF Region, 2007-2008 (Weeks 40-20), 2008-2009 (Weeks 40-39), and 2009-10 (Weeks 40-39) and 2010-2011 (Weeks 40-1) as Reported by 5:00 p.m. January 11, 2011.
Florida uses the Electronic Surveillance System for the Early Notification of Community-based Epidemics (ESSENCE) for syndromic surveillance, which currently collects data daily from 163 hospital emergency departments (ED). These data are processed into 11 different syndrome categories based on the patient's chief complaint. One of the categories is influenza-like illness (ILI), which is composed of chief complaints that include the words "influenza" or "flu," or either fever and cough or sore throat. Ninety-five facilities participating in ESSENCE have been able to provide historical admissions data and are included here.

**FIGURE 11** shows ESSENCE data on ILI visits to Emergency Departments as a percentage of all ED Visits.

Overall activity for influenza-like illness reported in ESSENCE is elevated above levels during the same time period in the 2009-10 pandemic influenza season.

The majority of the increase in ED visits is occurring in younger age groups.

**FIGURE 12** shows percentage of ILI among all ED visits by age group.

Age-specific trends show that there are increases in ILI activity for younger age groups (<1-19), with smaller increases in the older age groups.

**FIGURE 13** shows hospital admissions due to ILI as a percentage of all hospital admissions.

Ninety-five facilities participating in ESSENCE have been able to provide historical admissions data and are included here. The percentage of admissions for ILI is highest in those less than 20 years old, but the small numerators and denominators in this age group result in high variability. Overall, the percentage of admissions due to ILI is very low. These data are based on the patient’s chief complaint when presenting to the emergency department and may not reflect the actual diagnosis.

**FIGURE 14** shows hospital admissions due to ILI as a percentage of all hospital admissions.
Regions 1, 2, and 7 show increases in ESSENCE ILI activity, and all Florida regions show percent ILI levels in ESSENCE that are greater than previous, non-pandemic years, and are also above levels seen during the same time period during the 2009-10 pandemic influenza season.

*There is no week 53 for the 2006-2007, 2007-2008, or 2009-2010 seasons; the week 53 data point for those seasons is an average of weeks 52 and 1.

**Historical data for region 2 is only available beginning week 1, 2009

Map 2: Hospitals Reporting Emergency Department (ED) Data to Florida ESSENCE, January 12, 2011 (N=163)
Bureau of Laboratories Viral Surveillance

**In recent weeks the Bureau of Laboratories has had specimens test positive for 2009 H1N1 influenza A, H3 seasonal influenza A, and influenza B unspecified.**

The majority of influenza seen in Florida is influenza A H3, with fewer specimens testing positive for influenza B and 2009 H1N1 influenza A.

A subset of BOL influenza specimens are forwarded to CDC for further strain analysis. Of these specimens, 46 of 46 influenza A specimens and 10 of 11 influenza B specimens matched the strains included in the 2010-11 influenza vaccine.

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### Influenza and ILI Outbreaks

In week 1 there were four influenza or ILI outbreaks and one respiratory disease outbreak reported in Florida.

- **Citrus County:** A skilled nursing facility (SNF) outbreak, in which 39/107 residents and 10/193 staff experienced ILI symptoms. Three patients were hospitalized. One specimen was collected, and was rapid-test negative for influenza.
- **Hillsborough County:** An SNF outbreak of respiratory illness. 53 total residents reported respiratory symptoms, primarily cough. Five respiratory swabs from acutely ill patients were PCR-tested for influenza A & B, and other respiratory pathogens. One was PCR-positive for Rhinovirus, the rest were PCR-negative for all pathogens.
- **Palm Beach County:** Two SNFs and one independent living facility (ILF) reported influenza-like illness outbreaks.

A total of eight influenza or ILI outbreaks and two respiratory disease outbreaks have been reported into EpiCom in the 2010-11 influenza season. Influenza A H3 has been isolated in all PCR-confirmed influenza outbreaks.

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*Please note that lab event date is defined as the earliest of the following dates associated with the lab: date collected, date received by the laboratory, date reported, or date inserted.

For county-specific laboratory data, please refer to the Flu Lab Report in Merlin.

As of 10:00 a.m. January 12, 2011 a total of 67 (100%) counties had reported their weekly level of influenza activity. We have achieved 100% reporting for the fourteenth consecutive week, due to enhanced follow-up with counties. Please note that data reported by counties after the deadline Tuesday at 5 p.m. are recorded but may not be included in the activity map for previous weeks.

**TABLE 4: Weekly County Influenza Activity for Week 1 (ending January 8, 2011) as Reported by 10:00 a.m. January 12, 2011**

<table>
<thead>
<tr>
<th>Activity Level</th>
<th>Week 52 Number of Counties</th>
<th>Week 1 Number of Counties</th>
<th>Week 1 Counties</th>
</tr>
</thead>
<tbody>
<tr>
<td>No Report</td>
<td>0</td>
<td>0</td>
<td>-</td>
</tr>
<tr>
<td>No Activity</td>
<td>17</td>
<td>18</td>
<td>Bradford, Calhoun, Columbia, Desoto, Gadsden, Glades, Gulf, Hamilton, Holmes, Jackson, Jefferson, Liberty, Madison, Monroe, Sumter, Suwannee, Union, Walton</td>
</tr>
<tr>
<td>Moderate</td>
<td>14</td>
<td>15</td>
<td>Alachua, Charlotte, Collier, Dixie, Gilchrist, Hernando, Lake, Lee, Marion, Okaloosa, Palm Beach, Putnam, Santa Rosa, Seminole, St. Lucie</td>
</tr>
<tr>
<td>Widespread</td>
<td>0</td>
<td>1</td>
<td>Franklin</td>
</tr>
</tbody>
</table>

*there is no week 53 in 2009 or 2010.
† As of Week 40 2010, the influenza activity code categorizations have changed. Please see [http://www.doh.state.fl.us/disease_ctrl/epi/FluActivityDef.htm](http://www.doh.state.fl.us/disease_ctrl/epi/FluActivityDef.htm) for explanations of previous year activity code interpretations.

**FIGURE 23** shows the number of counties reporting localized or widespread activity, 2008-2009, 2009-2010, and 2010-2011.
County influenza activity data is reported to the Bureau of Epidemiology through EpiGateway on a weekly basis by the county influenza coordinator. Specific information is requested about laboratory results, outbreak reports, and surveillance system activity. Figures 24-33 displayed below reflect a county's assessment of influenza activity within their county as a whole as well as influenza activity within specific settings. For the week ending January 8th, 2 counties indicated that activity was decreasing, 33 indicated it was about the same, and 26 indicated that activity was increasing.

**FIGURE 24** shows the assessment of Overall Influenza Activity Trend in County as Reported by County Health Department Flu Coordinators for week 1 as of 10:00 a.m. January 12, 2011.

Definitions for the County Influenza Activity Trends are available at: [http://www.doh.state.fl.us/disease_crt_epi/CountyInfluenzaTrendGuide.html](http://www.doh.state.fl.us/disease_crt_epi/CountyInfluenzaTrendGuide.html)

Counties are asked to evaluate influenza activity in certain settings within their county. Each setting has a scale for activity that ranges from none or minimal activity to very high activity. What defines each of the values varies by facility type, but the example of the assessment in elementary, middle, and high schools is included below. More detailed information on the meanings of the levels for each setting can be found on the webpage also included below.

- **No or very minimal activity** -- Scattered cases of ILI with no increase in absenteeism or disruption of school activities.
- **Moderate activity** -- Absenteeism elevated above baseline (in range of 10 to 25%) in some but fewer than half of schools where it is known; occasional children sent home because of ILI.
- **High activity** -- Absenteeism elevated above baseline (in range of 10 to 25%) in more than half of schools; most schools sending several or many children home each day because of ILI.
- **Very high activity** -- Absenteeism high enough to force curtailment of some or all school activities.

County influenza settings assessment guides are available at: [http://www.doh.state.fl.us/disease_crt_epi/FluAssessment.htm](http://www.doh.state.fl.us/disease_crt_epi/FluAssessment.htm)

**FIGURE 25** - **FIGURE 26** show the activity levels in various facilities by county as reported by county health department flu coordinators for week 1 as of 10:00 a.m. January 12, 2011.
FIGURE 27 - FIGURE 32 show the activity levels in Various Facilities by county as reported by county health department flu coordinators week 1 as of 10:00 a.m. January 12, 2011.
The Florida Department of Health started the Florida Pneumonia and Influenza Mortality Surveillance System (FPIMSS) in 2006 in order to more timely assess the number of pneumonia and influenza deaths occurring in the state. This system was modeled on the CDC’s 122 cities surveillance system. Each week, the vital statistics office in the 24 most populous counties in Florida manually reviews the death certificates received for the previous week. Any mention of pneumonia or influenza on the death certificate, with certain prescribed exceptions, is counted as a pneumonia or influenza death. These counts, by age group, are then reported to the state via the EpiGateway web-interface.

For week 52 (ending January 1) there were:
- 190 deaths reported
- Upper bound of 95% confidence interval for prediction: 182 deaths
- Eight excess deaths

The majority of the deaths are in those aged 75 years and older.
24 of 24 counties reported data for week 52.


For week 52 (ending January 1) there were:
- 190 deaths reported
- Upper bound of 95% confidence interval for prediction: 182 deaths
- Eight excess deaths

The majority of the deaths are in those aged 75 years and older.
24 of 24 counties reported data for week 52.

**FIGURE 35** shows Pneumonia and Influenza Deaths for 24 Florida Counties, week 1, 2008 - week 52, 2010 as reported to FPIMSS by 5:00 p.m. January 11, 2011

**FIGURE 36** shows the reported count of pneumonia and influenza deaths for 24 Florida counties, the number of deaths predicted using the Serfling Model, and the upper bound of the 95% confidence interval for this prediction.

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*There is no week 53 for the 2006-2007, 2007-2008, or 2009-2010 seasons; the week 53 data point for those seasons is an average of weeks 52 and 1.*