Summary

The Florida Department of Health (FDOH) uses many different surveillance systems to measure influenza activity. A summary of all these systems can be found on page 11.

- **Most Florida county health departments report Mild or No influenza activity.** Seven counties reported Moderate influenza activity.
- **Forty counties reported that influenza activity has plateaued** (flat activity that is neither increasing nor decreasing), the highest number of counties reporting flat activity since October. Four counties reported increasing influenza activity, a decrease from eight last week.
- **Emergency department influenza-like illness (ILI) visits have decreased in recent weeks.** In emergency departments reporting to ESSENCE-FL, the statewide percent of emergency department visits that are for ILI is between 3 and 4%.
  - In Southwest Florida, ILI visits increased in week 6, but are lower than peak levels.
  - In the Panhandle, Northeast, Central, and Southeast Florida, emergency department visits for ILI continue to decline.
- **Nationally, the most common subtype of influenza detected is influenza A H3, followed by influenza B.** Florida is showing the same trend.
  - In Florida, around half of the specimens that have been submitted for influenza testing at BPHL in recent weeks are testing positive for influenza. Most of these are influenza A H3, but influenza B is also circulating, and small numbers of 2009 influenza A H1N1 specimens have also been reported. All of these are seasonal strains of influenza.
  - Specimen submission and percent positive have declined in recent weeks.
  - Influenza virus is circulating in all regions of the state.
  - Nationally (including Florida) almost all circulating influenza is a good match for the vaccine.
- **Influenza outbreaks (epidemiologically linked cases of influenza in a single setting) continue to be reported by counties around the state.** Most of these are caused by influenza A and are occurring in skilled nursing facilities, nursing homes, and other long-term care facilities.
- **No pediatric influenza-associated mortalities were reported in week 6, 2013.** Five pediatric influenza-associated mortalities have been reported in the 2012-2013 season.
- **The preliminary estimated number of Florida deaths due to pneumonia or influenza in week 5 is higher than the seasonal baseline, based on previous years’ data.** Estimated deaths due to pneumonia and influenza are identified using preliminary death certificate data.
  - Nationwide data from CDC show higher than expected numbers of pneumonia and influenza deaths for week 5.
  - This is the second week in the 2012-2013 influenza season that the preliminary estimated pneumonia and influenza deaths were higher than the seasonal baseline.

Week 6: February 3-9, 2013

**County Influenza Activity Week 6, 2013**

- Sixty counties reported mild or moderate influenza activity. For more information, see page 6.

**Influenza Outbreaks Week 40, 2012 – Week 6, 2013**

- Forty-four outbreaks of influenza or ILI have been reported since October, 2012 (five in week 6, 2013). For more information, see page 10.

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- **ESSENCE-FL Pneumonia and Influenza Mortality Data**
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- **Influenza and ILI Outbreaks Reported in EpiCom**
- **Florida ILI Surveillance System Summary**
ILINet is a nationwide surveillance system composed of sentinel providers. Florida has 110 providers enrolled in ILINet who submit weekly ILI and total visit counts, as well as submitting ILI specimens to the Bureau of Public Health Laboratories (BPHL) for confirmatory testing. For this season, the Bureau of Epidemiology (BOE) has designated 14 of these ILINet physicians’ offices as Super-Sentinels. These Super-Sentinels will receive more active follow-up from BOE and participating county health departments, with the goal of increasing data quality and surveillance specimen submission.

**FIGURE 1** shows the percentage of visits for ILI* reported by ILINet Sentinel Providers statewide.

The percent of visits to sentinel outpatient physicians for ILI has increased slightly in the last three weeks after declining for several weeks. 66 of 110 ILINet Sentinel Providers reported visit counts as of 12:00 p.m., February 13, 2013. 10 of 13 ILINet Super-Sentinels reported visit counts as of 12:00 p.m., February 13, 2013.

**FIGURE 2** shows ILI visit counts reported by ILINet sentinel providers statewide by age group.

In week 6, the number of visits to sentinel outpatient physicians decreased in the 5-64 age group, and stayed flat in the 0-4 and 65+ age groups.

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**TABLE 1: Summary of Florida Influenza-Like Illness (ILI) Activity for Week 6**

<table>
<thead>
<tr>
<th>Measure</th>
<th>Difference from Previous Week</th>
<th>Current Week 6</th>
<th>Previous Week 5</th>
<th>Page of Report</th>
</tr>
</thead>
<tbody>
<tr>
<td>Overall statewide activity code reported to CDC</td>
<td>No Change</td>
<td>Widespread</td>
<td>Widespread</td>
<td>1</td>
</tr>
<tr>
<td>Percent of visits to ILINet providers for ILI</td>
<td>▲ 0.1%</td>
<td>2.4%</td>
<td>2.3%</td>
<td>2</td>
</tr>
<tr>
<td>Percent of emergency department visits (from ESSENCE-FL) due to ILI</td>
<td>▼ 0.4%</td>
<td>3.3%</td>
<td>3.7%</td>
<td>3</td>
</tr>
<tr>
<td>Percent of laboratory specimens that were positive for influenza</td>
<td>▼ 15.4%</td>
<td>34.1%</td>
<td>49.5%</td>
<td>5</td>
</tr>
<tr>
<td>Number of counties reporting moderate influenza activity</td>
<td>▼ 9</td>
<td>7</td>
<td>16</td>
<td>6</td>
</tr>
<tr>
<td>Number of counties reporting widespread influenza activity</td>
<td>No Change</td>
<td>0</td>
<td>0</td>
<td>6</td>
</tr>
<tr>
<td>Number of counties reporting increasing influenza activity</td>
<td>▼ 4</td>
<td>4</td>
<td>8</td>
<td>7</td>
</tr>
<tr>
<td>Number of counties reporting decreasing influenza activity</td>
<td>▲ 2</td>
<td>19</td>
<td>17</td>
<td>7</td>
</tr>
<tr>
<td>Number of ILI outbreaks reported in EpiCom</td>
<td>No Change</td>
<td>4</td>
<td>4</td>
<td>10</td>
</tr>
</tbody>
</table>

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**ILINet Influenza-Like Illness-Statewide**

ILINet is a nationwide surveillance system composed of sentinel providers. Florida has 110 providers enrolled in ILINet who submit weekly ILI and total visit counts, as well as submitting ILI specimens to the Bureau of Public Health Laboratories (BPHL) for confirmatory testing. For this season, the Bureau of Epidemiology (BOE) has designated 14 of these ILINet physicians’ offices as Super-Sentinels. These Super-Sentinels will receive more active follow-up from BOE and participating county health departments, with the goal of increasing data quality and surveillance specimen submission.

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*ILI = Influenza-like illness, fever >100°F AND sore throat and/or cough in the absence of another known cause.

†There is no week 53 during the 2009-2010, 2010-2011, and 2011-12 seasons; the week 53 data point for those seasons is an average of weeks 52 and 1.

Data presented here are counts, not proportions as included in Figure 2. This is because age group denominator data is not available through ILINet.
ESSENCE-FL Syndromic Surveillance Summary-Statewide

ESSENCE-FL collects data daily from 174 hospital emergency departments (ED). These data are processed into 11 different syndrome categories based on the patient's chief complaint. One of the categories is ILI, which is composed of chief complaints that include the words "influenza" or "flu," or complaints that contain fever plus cough or sore throat.

**FIGURE 3** shows ESSENCE-FL data on ILI visits to EDs as a percentage of all ED Visits.

The percent of visits to emergency departments for ILI has declined in recent weeks.

**FIGURE 4** shows percentage of ILI among all ED visits by age group.

In week 6, the percent of visits to emergency departments for ILI decreased in the 0-55+ age groups.

One hundred five ESSENCE-FL participating facilities are able to provide discharge disposition data for their ED visits going back to week 40, 2010. Using this information, the percent of ED visits for ILI that result in hospitalization can be calculated. The highest percentage of admissions is in the 55+ years old age group. The low number of visits in the 55+ age group causes variability in the ILI admission percentage from week to week.

**FIGURE 5** shows the percentage of ED visits for ILI that resulted in hospitalization, by age group.

Of persons 55 years and older that visited the emergency department for complaints of ILI, between 20% and 30% were admitted.

*There is no week 53 for the 2007-2008, 2009-2010, and 2010-2011 seasons; the week 53 data point for those seasons is an average of weeks 52 and 1.*
The percent of emergency department visits for ILI increased in Region 6, stayed flat in Region 1 and decreased in Regions 2-5.

*There is no week 53 for the 2009-2010, 2010-2011 and 2011-2012 seasons; the week 53 data point for those seasons is an average of weeks 52 and 1.

**Historical data for region 2 is only available beginning week 1, 2009
Recent influenza specimens submitted to BPHL tested positive for influenza A H3, 2009 H1N1, and influenza B.

In recent weeks, influenza A H3 has been the most common strain detected by BPHL. Influenza B was the most common strain type in the early weeks of the 2012-2013 influenza season.

In addition to PCR testing, BPHL also cultures for influenza specimens, including those positive for influenza B.

There are two distinct antigenic lineages of influenza B, known as Victoria and Yamagata. Both have circulated in Florida in the past year.

At BPHL this season, 12 specimens have tested positive for Victoria lineage influenza B and one specimen has tested positive for Yamagata lineage influenza B. Last year’s 2011-12 vaccine included a Victoria lineage virus, while this year’s 2012-2013 vaccine includes a Yamagata lineage virus. Influenza viruses that circulate at the beginning of the flu season may be different than those that circulate later in the year, and these specimens represent a very small sample of statewide influenza activity. Not all flu positive specimens are cultured. FDOH will continue to monitor subtype and lineage for influenza viruses.

*Please note that lab event date is defined as the earliest of the following dates associated with the lab: date collected, date received by the laboratory, date reported, or date inserted.

For county-specific laboratory data, please refer to the Flu Lab Report in Merlin.

County Influenza Activity

As of 10:00 a.m. February 13, 2013 a total of 67 (100%) counties had reported their weekly level of influenza activity. Please note that data reported by counties after the deadline Tuesday at 5 p.m. are recorded but may not be included in the activity map for previous weeks.

TABLE 3: Weekly County Influenza Activity for Week 6 (ending February 9, 2013) as Reported by 10:00 a.m. February 13, 2013

<table>
<thead>
<tr>
<th>Activity Level</th>
<th>Week 5 Number of Counties</th>
<th>Week 6 Number of Counties</th>
<th>Week 6 Counties</th>
</tr>
</thead>
<tbody>
<tr>
<td>No Report</td>
<td>-</td>
<td>-</td>
<td>-</td>
</tr>
<tr>
<td>No Activity</td>
<td>10</td>
<td>13</td>
<td>Bradford, Calhoun, Columbia, Franklin, Gilchrist, Glades, Gulf, Hamilton, Hardee, Jefferson, Liberty, Madison, Union</td>
</tr>
<tr>
<td>Moderate</td>
<td>16</td>
<td>7</td>
<td>Dixie, Duval, Indian River, Lake, Marion, Orange, St. Lucie</td>
</tr>
<tr>
<td>Widespread</td>
<td>-</td>
<td>-</td>
<td>-</td>
</tr>
</tbody>
</table>

Most counties report mild or moderate activity. Seven counties report moderate activity.

County influenza activity data is reported to the BOE through EpiGateway on a weekly basis by the county influenza coordinator. Specific information is requested about laboratory results, outbreak reports, and surveillance system activity. Figures 16-25 displayed below reflect a county’s assessment of influenza activity within their county as a whole as well as influenza activity within specific settings. For week 6, 2013 nineteen counties indicated that activity was decreasing, 40 indicated it was about the same as previous weeks, and 4 indicated that activity was increasing.

FIGURE 16 shows the assessment of the overall influenza activity trend in each county as reported by county health department flu coordinators for week 6 as of 10:00 a.m. February 13, 2013.

Definitions for the County Influenza Activity Trends are available at: http://www.doh.state.fl.us/disease_ctrl/epi/CountyInfluenzaTrendGuide.html
Counties are asked to evaluate influenza activity in certain settings within their county. Each setting has a scale for activity that ranges from none or minimal activity to very high activity. What defines each of the values varies by facility type, but the example of the assessment in elementary, middle, and high schools is included below. More detailed information on the meanings of the levels for each setting can be found on the webpage also included below.

No or very minimal activity -- Scattered cases of ILI with no increase in absenteeism or disruption of school activities.

Moderate activity -- Absenteeism elevated above baseline (in range of 10 to 25%) in some but fewer than half of schools where it is known; occasional children sent home because of ILI.

High activity -- Absenteeism elevated above baseline (in range of 10 to 25%) in more than half of schools; most schools sending several or many children home each day because of ILI.

Very high activity -- Absenteeism high enough to force curtailment of some or all school activities.

County influenza settings assessment guides are available at: http://www.doh.state.fl.us/disease_ctrl/epi/FluAssessment.htm

FIGURE 17 - FIGURE 20 show the activity levels in various facilities by county as reported by county health department flu coordinators for week 6 as of 10:00 a.m. February 13, 2013.
FIGURE 21 - FIGURE 25 show the activity levels in various facilities by county as reported by county health department flu coordinators for week 6 as of 10:00 a.m. February 13, 2013.

Pediatric Influenza-Associated Mortality

In week 6, 2013 there were no reported influenza-associated pediatric mortalities in Florida.

Five influenza-associated pediatric mortalities have been reported in Florida since October, 2012.
Over the past year, the FDOH Bureau of Vital Statistics and county health departments have been rolling out an electronic death record system for Florida. ESSENCE-FL now displays electronic vital statistics death record data from all 67 Florida counties. For pneumonia and influenza surveillance, death record literals are queried in ESSENCE-FL using a free-text query that searches for references to pneumonia and influenza on death certificates. Any mention of pneumonia or influenza in the death certificate literals, with certain exceptions, is counted as a pneumonia and influenza death. Current season pneumonia and influenza death numbers are preliminary estimates, and may change as more data are received. The most recent data available are displayed here. ESSENCE-FL vital statistics death records data are currently considered to be complete through week 5, 2013.

**FIGURE 26** shows the reported count of preliminary estimated pneumonia and influenza deaths for all Florida counties, the number of deaths predicted using a multi-year regression model, and the upper bound of the 95% confidence interval for this prediction.

For week 5 (ending February 2, 2013) there were:
- 240 preliminary estimated pneumonia and influenza deaths reported
- Upper bound of 95% confidence interval for prediction: 231 deaths

This is the second week this season that the provisional deaths have exceeded predicted seasonal baseline levels.

The majority of the deaths are in those aged 75 years and older.

**FIGURE 27** shows pneumonia and influenza deaths for all Florida counties, Week 40, 2010 - Week 7, 2013, as reported into ESSENCE-FL.

**FIGURE 28** shows pneumonia and influenza deaths for all Florida counties by age group, Week 40, 2010 - Week 7, 2013, as reported into ESSENCE-FL.

*Death records data reported into ESSENCE-FL are currently considered to be complete through week 5, 2013.*
**Influenza and ILI Outbreaks**

In week 6, 2013 there were four influenza and ILI outbreaks reported in EpiCom.

**Hillsborough County:**
- An elementary school reported 23 students and five teachers with ILI. Five affected students tested rapid antigen positive for influenza A. Vaccination status is unknown at this time.
- An elementary school reported 56 students and four staff with ILI. One student tested rapid antigen positive for influenza B and was hospitalized but has since recovered. Eleven affected students tested positive for influenza B by rapid and antigen test. Another student tested positive for influenza A and B by rapid antigen test. Vaccination status of the affected students and staff is unknown at this time.

**Collier County:**
- A long-term care facility reported residents with ILI. Four specimens were collected and sent to BPHL for testing. All specimens tested positive by PCR at BPHL for influenza A-H3. Vaccination status is unknown at this time.

**Okaloosa County:**
- A long-term care facility reported nine residents and five staff with ILI. One resident tested positive for influenza A at the local emergency department. All affected residents have been prophylaxed. Vaccination status is unknown at this time.

Forty-four influenza or ILI outbreaks have been reported into EpiCom in the 2012-2013 season.
Influenza and ILI Outbreaks

<table>
<thead>
<tr>
<th>Setting</th>
<th>Number of outbreaks</th>
<th>Implicated Viruses</th>
</tr>
</thead>
</table>
| Correctional facility or jail   | 4                   | - Two outbreaks due to influenza A H3  
- One outbreak was due to influenza B  
- One outbreak was due to influenza A (subtype not identified) |
| Domestic violence shelter       | 1                   | - One outbreak was due to influenza that was not typed as influenza A or B |
| Facility for persons with disability | 1               | - One outbreak was due to influenza A H3 |
| Nursing home                    | 10                  | - Three outbreaks were due to influenza that was not typed as influenza A or B  
- Six outbreaks were due to influenza A (subtype not identified)  
- One outbreak was due to influenza A (subtype not identified) and influenza B |
| Long-term care facility         | 8                   | - One outbreak was due to influenza A H3  
- One outbreak was due to influenza B  
- Six outbreaks were due to influenza A (subtype not identified) |
| Assisted living facility        | 6                   | - Five outbreaks were due to influenza A (subtype not identified)  
- One outbreak was due to influenza that was not typed as influenza A or B |
| Short-term rehabilitation facility | 1               | - One outbreak was due to influenza A (subtype not identified) |
| School                          | 13                  | - Six outbreaks were due to influenza A (subtype not identified)  
- Two outbreaks were due to influenza B  
- Two outbreaks were due to influenza A (subtype not identified) and influenza B  
- Three outbreaks were due to influenza that was not typed as influenza A or B |
| Total                           | 44                  | - Twenty-two outbreaks were due to influenza A (subtype not identified)  
- Four outbreaks were due to influenza B  
- Four outbreaks were due to influenza A H3  
- Eight outbreaks were due to influenza that was not typed as influenza A or B  
- Four outbreaks were due to influenza A (subtype not identified) and influenza B |

Florida Surveillance System Summary

Florida ILINet

- Measures trends in ILI visits to outpatient doctor’s offices  
- Doctors submit specimens from ill patients for influenza testing  
- Network of volunteer healthcare providers who:  
  - Report ILI and total visit counts every week  
  - Submit specimens for confirmatory testing

ESSENCE-FL Syndromic Surveillance

- Measures trends in ILI visits and hospital admissions from emergency departments and urgent care clinics  
- Visit data summarized in the Florida Flu Review include:  
  - Percent of ED/urgent care visits due to ILI  
  - Percent of ED/urgent care visitors with ILI who are admitted to the hospital

ESSENCE-FL Vital Statistics Portal

- Death certificates with pneumonia or influenza listed as a cause of death are used as a proxy to measure influenza mortality  
- Vital statistics data in ESSENCE are used for pneumonia and influenza mortality surveillance

County Influenza Activity in EpiGateway

- Uses data provided by CHDs to create a county-by-county breakdown of influenza and ILI activity around the state  
- CHD epidemiologists report outbreaks of influenza or ILI into EpiCom, Florida’s online disease communication system  
- Setting-specific influenza activity and influenza trend is also reported

Outbreak Reporting in EpiCom

- Tracks influenza and ILI outbreak investigations by CHDs  
- Shows what types of influenza are responsible for outbreaks and where outbreaks are occurring  
- Outbreaks are defined as two or more cases of influenza or ILI in a specific setting

BPHL Viral Surveillance

- BPHL performs confirmatory testing and subtyping on surveillance specimens  
- Surveillance specimens come from ILINet sentinel providers, outbreak investigations, patients with severe or unusual influenza presentations, and medical examiners

Case-Based Influenza Surveillance

- Pediatric Influenza-Associated Mortality  
  - Deaths in children with laboratory-confirmed influenza infection are reportable in Florida  
  - Influenza due to Novel or Pandemic Strains

- Patients with influenza infection due to novel or pandemic strains are reportable in Florida

NREVSS

- Measures trends in different viruses that cause respiratory disease  
- Network of laboratories who report counts of test results for common respiratory viruses, including influenza, RSV, rhinovirus, and others

Information on locating influenza vaccination can be found using the flu vaccine locator at: [http://flushot.healthmap.org/](http://flushot.healthmap.org/)