State Influenza and influenza-like illness (ILI) activity:

- **National influenza activity:**
  - Influenza activity continues to increase nationally.
  - Since October 1, 2014, the Centers for Disease Control and Prevention (CDC) has identified an antigenically drifted influenza A (H3N2) strain circulating that is different from the strain of influenza A (H3N2) contained in the current 2014-15 influenza vaccine formulations.
  - Vaccination still provides some protection against drifted viruses but some decreased effectiveness is expected.
  - The CDC recommends the use of neuraminidase inhibitor antiviral medications when indicated for treatment and prevention to influenza, as an adjunct to vaccination.

- **State Influenza and influenza-like illness (ILI) activity:**
  - The 2014-15 flu season is off to an early start this year in Florida.
  - While it is not uncommon for influenza and ILI activity levels to increase during this time of year, current activity levels are above levels seen during previous years at this time. **Influenza activity is highest in children but overall is widely spread throughout Florida.**
  - People who have not yet been vaccinated this season should get vaccinated now. The flu vaccine continues to be the best way to protect yourself and other from the flu.
  - Due to increases in influenza activity in all regions of the state, Florida reported widespread influenza activity to CDC in week 48.
  - This is the first week reporting widespread activity; this represents the geographic spread of influenza in Florida.
  - Most Florida counties report increasing influenza activity. In week 48, 42 counties reported increasing influenza activity; 21 counties indicated activity is at a plateau.
  - Emergency department (ED) and urgent care center (UCC) ILI visits are increasing in all regions.
  - The proportion of visits to EDs and UCCs with a chief complaint of ILI and the proportion of visits resulting in a discharge diagnosis of influenza for those 19 years and under are at or near what we typically see at the peak of flu season. Increased influenza activity in children typically comes ahead of increases in activity in adults and the elderly.
  - In the last week there has been an increase in the number of pregnant women presenting to EDs for care that is above expected levels for this time of year.
  - Pregnant women are among those at high risk for severe complications due to influenza infection. More information can be found here: [http://www.floridahealth.gov/diseases-and-conditions/influenza/](http://www.floridahealth.gov/diseases-and-conditions/influenza/)
  - In Florida, the most common influenza subtype detected at the Bureau of Public Health Laboratories (BPHL) in recent weeks has been influenza A (H3): In week 48, 20 of 26 (76.9%) specimens submitted for influenza testing at BPHL were PCR positive for influenza: 18 were positive for influenza A (H3) and 2 were positive for influenza B Yamagata lineage. These are seasonal strains of influenza.
  - None of the antigenically drifted influenza A (H3N2) viruses have been identified in Florida specimens so far in the 2014-15 influenza season.
  - Three outbreaks of influenza (epidemiologically-linked cases of influenza in a single setting) were reported to EpiCom in week 48.
  - No pediatric influenza-associated deaths were reported in week 48.
  - The preliminary estimated number of Florida deaths due to pneumonia or influenza in week 47 was below the excess threshold.

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- ILINet ILI-Statewide
- ESSENCE-FL Syndromic Surveillance
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- Summary-Regional
- Bureau of Public Health Laboratories Viral Surveillance
- County Influenza and ILI Activity
- Pediatric Influenza-Associated Mortality
- ESSENCE-FL Pneumonia and Influenza Mortality
- NREVSS Respiratory Virus Surveillance
- Influenza and ILI Outbreaks Reported in EpiCom
- Florida ILI Surveillance System
Descriptions of Florida influenza and ILI surveillance systems can be found on page 11.

<table>
<thead>
<tr>
<th>Measure</th>
<th>Difference from Previous Week</th>
<th>Current Week 48</th>
<th>Previous Week 47</th>
</tr>
</thead>
<tbody>
<tr>
<td>Overall statewide activity code reported to CDC</td>
<td>Increase</td>
<td>Widespread</td>
<td>Regional</td>
</tr>
<tr>
<td>Percent of visits to ILINet providers for ILI</td>
<td>▲ 0.8</td>
<td>3.5%</td>
<td>2.7%</td>
</tr>
<tr>
<td>Percent of ED and UCC visits (from ESSENCE-FL) due to ILI</td>
<td>▲ 0.7</td>
<td>4.3%</td>
<td>3.5%</td>
</tr>
<tr>
<td>Percent of laboratory specimens that were positive for influenza</td>
<td>▲ 11.7</td>
<td>76.9%</td>
<td>65.2%</td>
</tr>
<tr>
<td>Number of counties reporting moderate influenza activity</td>
<td>▼ 3</td>
<td>16</td>
<td>19</td>
</tr>
<tr>
<td>Number of counties reporting widespread influenza activity</td>
<td>No Change</td>
<td>0</td>
<td>0</td>
</tr>
<tr>
<td>Number of counties reporting increasing influenza activity</td>
<td>▲ 5</td>
<td>42</td>
<td>37</td>
</tr>
<tr>
<td>Number of counties reporting decreasing influenza activity</td>
<td>No Change</td>
<td>2</td>
<td>2</td>
</tr>
<tr>
<td>Number of ILI outbreaks reported in EpiCom</td>
<td>▲ 2</td>
<td>5</td>
<td>3</td>
</tr>
</tbody>
</table>

**TABLE 1: Summary of Florida Influenza-Like Illness (ILI) Activity for Week 48**

ILINet is a nationwide surveillance system composed of sentinel providers. Florida has 107 providers enrolled in ILINet who submit weekly ILI and total visit counts, as well as submit ILI specimens to the BPHL for confirmatory testing. For this season, the Bureau of Epidemiology (BOE) has designated 13 of these ILINet physicians’ offices as Super-Sentinels. These Super-Sentinels receive more active follow-up from BOE and participating county health departments (CHDs), with the goal of increasing data quality and surveillance specimen submission.

**FIGURE 1** shows the percentage of visits for ILI* reported by ILINet sentinel providers statewide.

The percent of visits to ILINet sentinel outpatient physicians for ILI is above levels seen at this time in previous years:

- Fifty-four of 107 ILINet providers reported visit counts as of 5:00 p.m., December 2, 2014.
- Eight of 13 ILINet Super-Sentinels reported visit counts as of 5:00 p.m., December 2, 2014.

**FIGURE 2** shows ILI visit counts reported by ILINet sentinel providers statewide by age group.

In week 48, the number of visits to ILINet sentinels for ILI decreased in the 0-4, 5-24, and 25-64 age groups. The number of visits in the 65+ age group increased in week 48.

*ILI = Influenza-like illness, fever >100°F AND sore throat and/or cough in the absence of another known cause.
†Data presented here are counts, not proportions as included in Figure 1. This is because age group denominator data is not available through ILINet.
ESSENCE-FL Syndromic Surveillance-Statewide

ESSENCE-FL collects data daily from 216 EDs and UCCs. These data are processed into 11 different syndrome categories based on the patient’s chief complaint. One of the categories is ILI, which is composed of chief complaints that include the words “influenza” or “flu,” or complaints that contain fever plus cough or sore throat.

**FIGURE 3** shows ESSENCE-FL data on ILI visits to EDs and UCCs as a percentage of all visits.

The percent of visits to EDs and UCCs for ILI is above levels seen in previous years at this time.

**FIGURE 4** shows percentage of ILI among all ED and UCC visits by age.

The percent of ED and UCC visits for ILI is above levels seen in previous years at this time for all age groups.

ESSENCE-FL Syndromic Surveillance-Regional

Map 3: Emergency Departments and Urgent Care Centers Reporting Data to ESSENCE-FL by Regional Domestic Security Task Force (RDSTF), December 3 (N=216)
FIGURE 5 - FIGURE 11 describe Emergency Department (ED) and Urgent Care Center (UCC) chief complaint data from ESSENCE-FL by Regional Domestic Security Task Force (RDSTF) regions.

- ED and UCC visits for ILI in RDSTF Regions 2, 4, 5, and 7 are above levels seen during previous years at this time.
- ED and UCC visits for ILI in RDSTF Regions 1, 3, and 6 are at or near levels seen during previous years at this time.

*There is no week 53 for the 2010-2011, 2011-2012, and 2013-2014 seasons; the week 53 data point for those seasons is an average of weeks 52 and 1.
TABLE 2 shows the number of specimens tested by BPHL, how many are influenza positive and their subtypes.

FIGURE 12 - FIGURE 13 use BPHL viral surveillance data to track the progress of influenza infection over time. They include weekly information on how many specimens are tested by the BPHL, what proportion of those test positive for influenza and what subtypes are identified.

- Influenza A (H3) and influenza B have been identified by BPHL this season.
- In recent weeks, influenza specimens submitted to BPHL tested positive for influenza A (H3) and influenza B Yamagata lineage.
- Influenza A (H3) has been the most common strain of influenza detected by BPHL so far in the 2014-2015 influenza season.

Table 2: Bureau of Public Health Laboratories (BPHL) Viral Surveillance for Week 48 by Lab Event Date* as reported by 4:00 p.m. December 3, 2014

<table>
<thead>
<tr>
<th></th>
<th>Current Week 48</th>
<th>Previous Week 47</th>
</tr>
</thead>
<tbody>
<tr>
<td>Total Specimens Tested</td>
<td>26</td>
<td>66</td>
</tr>
<tr>
<td>Influenza positive specimens (% of total)</td>
<td>20 (76.9%)</td>
<td>43 (65.2%)</td>
</tr>
<tr>
<td>Influenza A (2009 H1N1) (% of influenza positives)</td>
<td>-</td>
<td>-</td>
</tr>
<tr>
<td>Influenza A (H3) (% of influenza positives)</td>
<td>18 (90.0%)</td>
<td>37 (86.1%)</td>
</tr>
<tr>
<td>Influenza A not yet subtyped (% of influenza positives)</td>
<td>-</td>
<td>-</td>
</tr>
<tr>
<td>Influenza B Yamagata (% of influenza positives)</td>
<td>2 (10.0%)</td>
<td>6 (14.0%)</td>
</tr>
<tr>
<td>Influenza B Victoria (% of influenza positives)</td>
<td>-</td>
<td>-</td>
</tr>
<tr>
<td>Influenza B not yet subtyped (% of influenza positives)</td>
<td>-</td>
<td>-</td>
</tr>
</tbody>
</table>

*Please note that lab event date is defined as the earliest of the following dates associated with the lab: date specimen collected, date received by the laboratory, date reported or date inserted.

For county-specific laboratory data, please refer to the Flu Lab Report in Merlin.
County Influenza and ILI Activity

As of 11:30 a.m. December 3, 2014, a total of 67 (100%) counties reported their weekly level of influenza activity. Please note that data reported by counties after the deadline Tuesday at 5 p.m. are recorded but may not be included in the activity map for previous weeks.

### TABLE 3: Weekly County Influenza Activity for Week 48 (ending November 29, 2014) as Reported by 11:30 a.m. December 3, 2014

<table>
<thead>
<tr>
<th>Activity Level</th>
<th>Week 48 Number of Counties</th>
<th>Week 47 Number of Counties</th>
<th>Week 48 Counties</th>
</tr>
</thead>
<tbody>
<tr>
<td>No Report</td>
<td>0</td>
<td>0</td>
<td>-</td>
</tr>
<tr>
<td>No Activity</td>
<td>8</td>
<td>9</td>
<td>Columbia, Desoto, Dixie, Gilchrist, Hamilton, Jefferson, Madison, Sumter</td>
</tr>
<tr>
<td>Mild</td>
<td>43</td>
<td>39</td>
<td>Bay, Bradford, Brevard, Broward, Calhoun, Charlotte, Citrus, Clay, Collier, Dade, Duval, Escambia, Flagler, Gadsden, Hernando, Highlands, Holmes, Indian River, Jackson, Lafayette, Lake, Levy, Liberty, Manatee, Marion, Martin, Monroe, Nassau, Okaloosa, Okeechobee, Osceola, Palm Beach, Polk, Santa Rosa, Sarasota, St. Johns, St. Lucie, Suwannee, Taylor, Union, Volusia, Walton, Washington</td>
</tr>
<tr>
<td>Moderate</td>
<td>16</td>
<td>19</td>
<td>Alachua, Baker, Franklin, Glades, Gulf, Hardee, Hendry, Hillsborough, Lee, Leon, Orange, Pasco, Pinellas, Putnam, Seminole, Wakulla</td>
</tr>
<tr>
<td>Widespread</td>
<td>0</td>
<td>0</td>
<td>-</td>
</tr>
</tbody>
</table>

Sixteen counties reported moderate activity.

Forty-two counties reported increasing influenza and ILI activity.

County influenza activity data are reported to BOE through EpiGateway on a weekly basis by each county influenza coordinator. Specific information is requested about laboratory results, outbreak reports and surveillance system activity. Figures 14-23, displayed below, reflect a county’s assessment of influenza activity within their county as a whole as well as influenza activity within specific settings. For week 48, two counties indicated that activity was decreasing, 21 indicated activity was about the same as previous weeks and 45 indicated that activity was increasing.

**FIGURE 14** shows the assessment of the overall influenza activity trend in each county as reported by CHD influenza coordinators for week 48 as of 11:30 a.m. December 3, 2014.
Counties are asked to evaluate influenza activity in certain settings within their county. Each setting has a scale for activity that ranges from none or minimal activity to very high activity. What defines each of the values varies by facility type, but the example of the assessment in elementary, middle and high schools is included below. More detailed information on the meanings of the levels for each setting can be found on the webpage also included below.

No or very minimal activity -- Scattered cases of ILI with no increase in absenteeism or disruption of school activities.
Moderate activity -- Absenteeism elevated above baseline (in range of 10 to 25%) in some but fewer than half of schools where it is known; occasional children sent home because of ILI.
High activity -- Absenteeism elevated above baseline (in range of 10 to 25%) in more than half of schools; most schools sending several or many children home each day because of ILI.
Very high activity -- Absenteeism high enough to force curtailment of some or all school activities.

FIGURE 15 - FIGURE 18 show the activity levels in various facilities by county as reported by CHD influenza coordinators for week 48 as of 11:30 a.m., December 3, 2014.
**Pediatric Influenza-Associated Mortality**

No influenza-associated pediatric deaths were reported in week 48.

Two influenza-associated pediatric deaths have been reported so far in the 2014-15 influenza season.
Figure 24 shows the count of preliminary estimated pneumonia and influenza deaths for all Florida counties, the number of deaths predicted using a multi-year regression model and the upper bound of the 95% confidence interval for this prediction.

For week 47 (ending Nov 22, 2014):
- 164 preliminary estimated pneumonia and influenza deaths were reported.
- Upper bound of 95% confidence interval for prediction: 214 deaths.
- No excess deaths.

Figure 25 shows pneumonia and influenza deaths for all Florida counties, week 40, 2010 - week 48 2014, as reported into ESSENCE-FL. Deaths due to pneumonia and influenza are at or near levels seen during previous years at this time.

Figure 26 shows pneumonia and influenza deaths for all Florida counties by age group, week 40, 2012 through week 48, 2014, as reported into ESSENCE-FL.

Death records data reported into ESSENCE-FL are currently considered to be complete through week 47, 2014.
The National Respiratory and Enteric Virus Surveillance System (NREVSS) collects data from laboratories around the country on a weekly basis. NREVSS monitors temporal and geographic patterns of six common respiratory viruses. Eight Florida facilities reported in week 48.

**Influenza and ILI Outbreaks Reported in EpiCom**

In week 48, 2014, three outbreaks of influenza or ILI were reported into EpiCom.

**Jackson County**
- A long term care facility reported 23 residents ill with ILI. Seven residents tested positive for influenza A and one for influenza B by rapid antigen test. Fifteen more reported ill two days later but were not tested. All residents had received the 2014-15 influenza vaccine about a month previous. Infection control measures were discussed with facility leadership and oseltamivir were given to all contacts as prophylaxis. This investigation is ongoing.

**Pinellas County**
- A nursing home reported 16 residents with ILI. One of the ill residents tested positive for influenza A at their healthcare provider’s office. An additional influenza sample was taken by the facility physician and it will be sent for testing at BPHL. Infection control measures were discussed with facility leadership. This investigation is ongoing.
- A nursing home reported five residents with ILI. All five residents live in one unit of 14 total residents (36% attack rate). No staff members reported having ILI. No testing has been done at this time. Infection control measures were discussed with facility leadership. This investigation is ongoing.

**Map 6: Influenza and ILI outbreaks by county, Week 48, 2014 as Reported by 11:30 a.m., December 3, 2014**

**Sixteen** influenza outbreaks have been reported into EpiCom so far in the 2014-2015 season.
Florida ILINet
Measures trends in ILI visits to outpatient doctor’s offices
Network of volunteer healthcare providers who:
- Report ILI and total visit counts every week
- Submit specimens for confirmatory testing

ESSENCE-FL Syndromic Surveillance
Measures trends in ILI visits and hospital admissions from emergency departments and urgent care clinics
EDs and UCCs electronically transmit visit data into ESSENCE-FL daily
Visit data summarized in the Florida Flu Review include:
- Percent of ED/urgent care visits due to ILI
- Percent of ED/urgent care visitors with ILI who are admitted to the hospital

ESSENCE-FL Vital Statistics Portal
Measures influenza mortality by using death certificates with pneumonia or influenza listed as a cause of death.
Death certificate data from the Bureau of Vital Statistics can be accessed through ESSENCE-FL and are used for pneumonia and influenza mortality surveillance

County Influenza Activity in EpiGateway
Uses data provided by CHDs to create a county-by-county breakdown of influenza and ILI activity around the state
CHD epidemiologists report their county’s influenza and ILI surveillance data weekly into the EpiGateway website
Influenza activity is classified as: No Activity, Mild, Moderate or Widespread
Setting-specific influenza activity and influenza trend is also reported

Outbreak Reporting in EpiCom
Tracks influenza and ILI outbreak investigations by CHDs and shows what types of influenza are responsible for outbreaks and where outbreaks are occurring
CHD epidemiologists report outbreaks of influenza or ILI into EpiCom, Florida’s online disease communication system
Outbreaks are defined as two or more cases of influenza or ILI in a specific setting

BPHL
BPHL performs confirmatory testing and subtyping on surveillance specimens from ILINet sentinel providers, outbreak investigations, patients with severe or unusual influenza presentations and medical examiners

Case-Based Influenza Surveillance
Pediatric Influenza-Associated Mortality
Deaths in children with laboratory-confirmed influenza infection are reportable in Florida
Influenza due to Novel or Pandemic Strains
Patients with influenza infection due to novel or pandemic strains are reportable in Florida

National Respiratory and Enteric Virus Surveillance System (NREVSS)
Measures trends in different viruses that cause respiratory disease
Network of laboratories who report counts of test results for common respiratory viruses, including influenza, RSV, rhinovirus and others

**TABLE 4 : Summary of Florida Influenza and ILI Outbreaks by Facility Status, Week 40-48, 2014**

<table>
<thead>
<tr>
<th>Setting</th>
<th>Number of outbreaks</th>
<th>Implicated Viruses</th>
</tr>
</thead>
<tbody>
<tr>
<td>Schools</td>
<td>6</td>
<td>- One outbreak, due to influenza A unspecified and influenza B unspecified&lt;br&gt;- Three outbreaks, virus information not yet available&lt;br&gt;- Two outbreaks, due to influenza A unspecified</td>
</tr>
<tr>
<td>Colleges and universities</td>
<td>0</td>
<td>- No outbreaks</td>
</tr>
<tr>
<td>Daycares</td>
<td>3</td>
<td>- One outbreak, due to parainfluenza III&lt;br&gt;- One outbreak, due to RSV&lt;br&gt;- One outbreak, due to influenza A unspecified and influenza B unspecified</td>
</tr>
<tr>
<td>Private businesses</td>
<td>0</td>
<td>- No outbreaks</td>
</tr>
<tr>
<td>Local and state government offices</td>
<td>0</td>
<td>- No outbreaks</td>
</tr>
<tr>
<td>Jails and prisons</td>
<td>0</td>
<td>- No outbreaks</td>
</tr>
<tr>
<td>Retirement homes</td>
<td>0</td>
<td>- No outbreaks</td>
</tr>
<tr>
<td>Nursing homes and long term care facilities</td>
<td>7</td>
<td>- Two outbreaks, due to influenza A (H3)&lt;br&gt;- Three outbreaks, due to influenza A unspecified&lt;br&gt;- One outbreak, due to influenza A unspecified and influenza B unspecified&lt;br&gt;- One outbreak, virus information not yet available</td>
</tr>
<tr>
<td>Healthcare facilities</td>
<td>0</td>
<td>- No outbreaks</td>
</tr>
<tr>
<td>Other</td>
<td>0</td>
<td>- No outbreaks</td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td>16</td>
<td>- Three outbreaks, due to influenza A unspecified and influenza B unspecified&lt;br&gt;- Four outbreaks, virus information not yet available&lt;br&gt;- Five outbreaks, due to influenza A unspecified&lt;br&gt;- One outbreak, due to parainfluenza III&lt;br&gt;- One outbreak, due to RSV&lt;br&gt;- Two outbreaks, due to influenza A (H3)</td>
</tr>
</tbody>
</table>

Information on locating influenza vaccination can be found using the flu vaccine locator at: [http://flushot.healthmap.org/](http://flushot.healthmap.org/)